Invitation Scandinavian Cup, Spar NC & Jr. VM Selection Trondheim 2026

In cooperation with the Norwegian Ski Federation, Strindheim Ski and Norway Events are pleased to welcome you to Trondheim for the Scandinavian Cup, the SPAR Norwegian Cup for Seniors, and the Junior World Championships selection races.

We look forward to welcoming athletes for an exciting weekend of cross-country skiing at the state-of-the-art Granåsen ski venue.

General information:

Location: Granåsen Ski Centre
Address: Smistadvegen 13, 7026 Trondheim

Driving distances and times:

- From Quality Panorama 6 km – 7 minutes
- From Trondheim city centre: 11 km – 12 minutes
- From Trondheim Airport: 40 km – 35 minutes
- From Trondheim Central Station: 10 km – 13 minutes

Parking:

Parking costs NOK 100 per day, or NOK 300 for a weekend pass.
Parking passes are sold at the entrance to the venue.

Payment can be made via Vipps to #527716 or credit card on terminal when arrival. To avoid queues, please have a screenshot or other proof of payment ready when you arrive.

Entries:

For entries, visit iSonen by clicking this link: ENTRIES

Entry deadline is Monday 14.12.2026. For foreign athletes/teams, FIS-entry form must be sent to kenneth@norwayevents.no before entry deadline.

License:
All athletes must have signed the FIS Athletes' Declaration and hold valid insurance/a ski licence.

Helseattest:
For norske løpere må utøver ha gyldig helseattest for å kunne delta. Mer informasjon her: HELSEATTEST

Start lists:

Start lists will be posted on the event website once they are finalised following any corrections. The start list for Friday's competition will be published after Thursday's team captains' meeting. Please send all changes and withdrawals to: rennkontor@strindheimski.no

Competition program

Download the proram here: PROGRAM

Thursday 17. december:

Kl. 12.00-14:00 Official training sprint & 10km
Kl. 19:00 TCM (Teams)

Friday 18. december:

Kl. 09:30 Scancup/Spar NC women 10km F interval start
Kl. 10:45 Scancup/Spar NC men 10km F interval start
Kl. 12:40 Junior women 10km F interval start
Kl. 13:45 Junior men 10km F interval start

Saturday 19. december:

Kl. 09:30 Scancup/Spar NC women Prologue sprint C
Kl. 10:06 Scancup/Spar NC men Prologue sprint C
Kl. 11:00 Scancup/Spar NC women Q1-Q5 sprint C
Kl. 11:25 Scancup/Spar NC men Q1-Q5 sprint C
Kl. 11:50 Scancup/Spar NC women Semi final 1-2 sprint C
Kl. 12:05 Scancup/Spar NC men Semi final 1-2 sprint C
Kl. 12:15 Scancup/Spar NC women Final sprint C
Kl. 12:30 Scancup/Spar NC men Final sprint C

Kl. 12:45 Junior women Prologue sprint C
Kl. 13:03 Junior men Prologue sprint C
Kl. 13:45 Junior women Q1-Q5 sprint C
Kl. 14:05 Junior men Q1-Q5 sprint C
Kl. 14:26 Junior women semi final 1-2 sprint C
Kl. 14:36 Junior men semi final 1-2 sprint C
Kl. 14:46 Junior women Final sprint C
Kl. 14:56 Junior men Final sprint C

Sunday 20. december:

Kl. 09:00 Scancup/Spar NC women 20km C mass start
Kl. 10:00 Scancup/Spar NC men 20km C mass start
Kl. 11:00 Junior women 15km C mass start
Kl. 12:00 Junior men 20km C mass start

Official training:

Thursday 17th of December:
12:00 – 14:00 10km F – Sprint C – Mass start C

Race course open:

Thursday 17. December: 12:00–14:00 (official training)
Thursday 17. December: 14:00–18:00
Friday 18. December: 08:30-09:25 - 16:00–19:00
Saturday 19. December: 08:00-19:00 (Except sprint course & stadium)
Saturday 19. December: 08:30-09:25 – 09:50-10:05 (sprint course & stadium)
Saturday 19. December: 10:35-10:55 (sprint course & stadium - Race bibs only)
Saturday 19. December: 12:35-12:40 (sprint course & stadium)
Saturday 19. December: 13:35-13:40 (sprint course & stadium - Race bibs only)
Sunday 20. December: 08:00-08:55

Course maps:

Downlod the course maps here: DOWNLOAD

Timing and fluortest:

The NSF-timing system will be used during the event. Please remember to bring your own timing chip. If you need to borrow one, chips can be rented from the raceoffice for NOK 125 per day. Any chip that is not returned will be charged to the relevant ski association.

Timing chips will be tested at the entrance to the pre-start area.

Fluor testing will take place after the finish only, so all athletes must submit their skis for testing immediately after finishing.

Team captains meeting:

Team captains meeting will be held on Thursday at 19:00 at Quality Panorama Hotel. The meeting will cover all three competitions. It will also be possible to join via Teams. Link will be published in WhatsApp.

Summary will be published on the event website and shared on WhatsApp after the meeting.

Results:

Official results will be posted on the event website and shared on WhatsApp as soon as they are available.

Contact: Erik Husby, +47 454 50 297

Jury:

Protests must be submitted in writing to the race office using the designated form.

The jury consists of the following members:

- TD: Sanna Peterson Hallberg
- Ass. TD: Fred Arne Jacobsen
- Chief of Competition: Morten Vannebo
- Ass. Chief of Competition:
- Jury member: Erik Husby

Anti-doping:

Doping tests and blood tests may be carried out in accordance with the regulations of the NSA & FIS rules.

Medic:

Medical personnel will be present throughout the event. The doctor is **XX**. The medical office is located on Level 1 of the arena building.

Changing area/Team lounge:

Changing rooms and facilities are available on the ground floor of the arena building. The entrance is in the middle of the building, directly from the stadium. Signs will direct you to the changing rooms. The team lounge is placed in a tent, right behind the pre-start area.

Waxing facilities:

The organiser has waxing cabins available for rent. In according to the Scandinavian Cup Rules the OC offer one free wax cabin free of charge per nation in the Scandinavian region. In alle cases each nation need to book a wax cabin within the deadline 15th of November.

The cabins are available from Wednesday 16th of December to Sunday 20th of December.

Facility:
Waxing cabin (12-15m2) NOK 9,000
Place/area for waxing trailer 5,000
All prices includes VAT.

Book by using this link: BOOKING or by email to kenneth@norwayevents.no

Booking deadline is 15th of November 2026. Bookings recieved after the deadline will incur a 20% surcharge.

Tenants are responsible for ensuring that extension cables and electrical equipment are free from faults and defects. Teams bringing their own waxing van are personally responsible for ensuring that the electrical installation and all other electrical equipment are approved and free from faults. Equipment with insulation faults will be disconnected.

For questions regarding the service area, please contact:
Kenneth Tanem – kenneth@norwayevents.no - +47 93039902

Race office:

The race office is located on Level 2 of the arena building, with access from the car park. All essential information and start lists will be published on the event website. Start lists will also be posted outside the race office.

Competitors can collect their race bibs from the outdoor tent next to the race office, starting 45 minutes before their individual start time. Please check your bib number before collecting it. Race bibs must be returned immediately after

the finish. A fee of NOK 800 will be charged for any bib that is not returned. Timing chips will be checked in the pre-start area.

Opening hours:

- Thursday: 11:00 - 13:30
- Friday: 07:30 – 16:00
- Saturday: 07:30 – 15:00
- Sunday: 07:30 – 13:30

For enquiries about the race office, please contact:
Signe Danielsen – rennkontor@strindheimski.no – +47 936 26 293

Cafè:

Refreshments will be available for purchase from the kiosks on all race days and during official training on Thursday. Payment can be made via Vipps to #825001.

The kiosks will be open at the following times:

Stadium:

- Thursday: 11:00 - 16:00
- Friday: 09:00 – 16:00
- Saturday: 09:00 – 16:00
- Sunday: 09:00 – 15:00

Team area:

- Thursday: 08:00 - 17:30
- Friday: 08:00 – 17:30
- Saturday: 08:00 – 17:30
- Sunday: 08:00 – 15:00

Contacts LOC:

Download the contact list here: DOWNLOAD