



EQUINOR NC Gåå Sprinf F

Gåå

2022-11-25



FH Menn senior stående Startlist

Jury/Competition management

Technical Delegate Fridtjof Rannem
FIS Race Director
Assistand Technical Delegate
Assistant TD Nat.
Chief of Competition Audun Skattebo

Data of course

Name of course
Height Difference (HD)
Maximum climb (MM)
Total Climb (MT)
Laps
Laplength

Startno	Fis code	Name	Team	Nation	Starttime	Ecard	Gpr	YOB	Fis Points
301	8420443	Thomas Karbøl Oxaal	Sauda IL	NOR	09:00:15	0	0	1999	0
302	8420038	Trygve Steinar Toskedal Larsen	Trysil IL	NOR	09:00:30	2129	0	1972	0





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Assistant TD Nat.
Chief of Competition Audun Skattebo

Data of course

Name of course
Height Difference (HD)
Maximum climb (MM)
Total Climb (MT)
Laps
Laplength

Startno	Fis code	Name	Team	Nation	Starttime	Ecard	Gpr	YOB	Fis Points
303	8421281	Endre Lykken	Vind IL	NOR	09:00:45	4162152	0	2006	0





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Data of course

Name of course
Height Difference (HD)
Maximum climb (MM)
Total Climb (MT)
Laps
Laplength

Startno	Fis code	Name	Team	Nation	Starttime	Ecard	Gpr	YOB	Fis Points
308	8421307	Emanuel Lunde	Lillehammer Skiklub	NOR	09:02:00	0	0	2000	0



Equinor
Norgescup

equinor

VI STØTTER
MORGENDAGENS
HELTER



EQUINOR NC Gåå Sprinf F

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2022-11-25



FH Kvinner senior sittende Startlist

Jury/Competition management

Technical Delegate Fridtjof Rannem
FIS Race Director
Assistand Technical Delegate
Assistant TD Nat.
Chief of Competition Audun Skattebo

Data of course

Name of course
Height Difference (HD)
Maximum climb (MM)
Total Climb (MT)
Laps
Laplength

Startno	Fis code	Name	Team	Nation	Starttime	Ecard	Gpr	YOB	Fis Points
309	0	Isabell Katharina Valen	Innstranda IL	NOR	09:02:15	4254538	0	1994	0



Equinor
Norgescup

equinor

VI STØTTER
MORGENDAGENS
HELTER

Kvinner senior Startlist

Jury/Competition management		Data of course	
Technical Delegate	Fridtjof Rannem	Name of course	
FIS Race Director		Height Difference (HD)	14
Assistand Technical Delegate		Maximum climb (MM)	15
Assistant TD Nat.		Total Climb (MT)	30
Chief of Competition	Audun Skattebo	Laps	1
		Laplength	1170

Startno	Fis code	Name	Team	Nation	Starttime	Ecard	Gpr YOB	Fis Points
1	3155324	Katarina Janatova	Tsjekkia	CZE	09:10:15	0	1997	35,79
2	3426163	Julie Myhre	Byåsen IL	NOR	09:10:30	4272498	1996	44,99
3	3426456	Hedda Østberg Amundsen	Asker SK	NOR	09:10:45	4253407	1998	46,74
4	3426182	Amalie Håkonsen Ous	Nes Ski	NOR	09:11:00	4340659	1996	50,3
5	3426110	Magni Smedås	Lillehammer Skiklub	NOR	09:11:15	4340329	1995	54,31
6	3515252	Alina Meier	SUI	SUI	09:11:30	0	1996	57,38
7	3426811	Hanne Wilberg Rofstad	Byåsen IL	NOR	09:11:45	4167029	2000	59,71
8	3515273	Lea Fischer	Henning Skilag	SUI	09:12:00	0	1998	65,16
9	3426921	Ingrid Andréa Gulbrandsen	Bardufoss og	NOR	09:12:15	3962917	2000	77,43
10	3426849	Kristin Austgulen Fosnæs	Fossum IF	NOR	09:12:30	4011912	2000	82,11
11	3427148	Sigrid Leseth Føyen	Kjelsås IL	NOR	09:12:45	3944279	2001	83,4
12	3427121	Hedda Bakkemo	Gjøvik SK	NOR	09:13:00	4102539	2001	87,71
13	3425397	Kathrine Rolsted Harsem	IL Varden Meråker	NOR	09:13:15	4103842	1989	91,79
14	3426712	Julie Bjervig Drivenes	Lommedalens IL	NOR	09:13:30	4011524	1999	95,25
15	3395131	Kaidy Kaasiku	Estonia	EST	09:13:45	0	2001	97,6
16	3426650	Tuva Bakkemo	Gjøvik SK	NOR	09:14:00	3952926	1999	104,42
17	3427113	Mari Landro Svingheim	Konnerud IL	NOR	09:14:15	4074530	2001	109,32
18	3395132	Keidy Kaasiku	Estonia	EST	09:14:30	0	2001	116,12
19	3426873	Thea Sørum	Lillehammer Skiklub	NOR	09:14:45	3960606	2000	116,64
20	3426383	Johanne Hauge Harviken	Strandbygda IL	NOR	09:15:00	4068540	1997	119,07
21	3427398	Anna Heggen	Svea Skilag	NOR	09:15:15	4078796	2002	119,49
22	3427099	Ida Ramstad	Lillehammer Skiklub	NOR	09:15:30	3962644	2001	119,72
23	3427376	Ingrid Bergene Aabrekk	Runar, IL	NOR	09:15:45	4011979	2002	122,56
24	3426482	Maiken Min Midtskogen	Stor-Elvdal SK	NOR	09:16:00	4338901	1998	124,26
25	3426638	Dorthe Ballangrud Seierstad	Raufoss IL	NOR	09:16:15	4266433	1999	125,73
26	3426278	Margrete Røssum Dyrhovd	Krødsherad IL	NOR	09:16:30	3986775	1993	130,06
27	3505655	Moa Maria Olivia Larsson	Henning Skilag	SWE	09:16:45	4127312	1992	148,39
28	3427187	Ragnhild Aarekol	Vindafjord IL	NOR	09:17:00	4299228	2001	151,05
29	3426270	Guro Jordheim	Kjelsås IL	NOR	09:17:15	4161303	1996	151,66
30	3425530	Maren Wangensteen	Øystre Slidre IL	NOR	09:17:30	4272837	1991	164,2
31	3426356	Julie Victoria Berg	Leksvik IL	NOR	09:17:45	4253266	1997	174,84
32	3426049	Mathilde Hagen Rønning	Vikersund IF	NOR	09:18:00	4338455	1995	182,39
33	3426969	Maren Smulan Sagland	Henning Skilag	NOR	09:18:15	4260907	2000	193,52
34	3426984	Susann Fedreheim Lyngnes	Hamar SK	NOR	09:18:30	3953957	2000	202,29
35	3427029	Karoline Grøtting	Lillehammer Skiklub	NOR	09:18:45	4019667	2001	202,82
36	3427066	Thea Snorheimsmoen	Vestre Slidre IL	NOR	09:19:00	3997657	2001	207,21
37	3427401	Sigrid Jørnli Sundgaard	Søre AI IL	NOR	09:19:15	4073409	2002	208,97



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38	3426928	Ronja Håkenstad Evertsen	Øystre Slidre IL	NOR	09:19:30	4012001	2000	221,08
39	3427397	Mathilde Fossum-Bjerge	Lillehammer Skiklub	NOR	09:19:45	4127379	2002	226,96
40	3426815	Runa Nykkelmo Ulvang	Kjelsås IL	NOR	09:20:00	4015277	2001	239,36
41	3045087	Phoebe Cridland	Australia	AUS	09:20:15	0	2001	240,01
42	3427337	Hanna Eckhardt Andersen	Lyn Ski	NOR	09:20:30	4083432	2002	263,23
43	3427090	Julie Sofie Franksdatter Aas	Jutul IL	NOR	09:20:45	4009767	2001	263,54
44	3427056	Carina Sveen	Strandbygda IL	NOR	09:21:00	4105086	2001	266,07
45	3426609	Hanne Sæther Garberg	Orkdal IL	NOR	09:21:15	4331617	1999	286,26
46	3427438	Ellisif Luytkis Holstrøm	Fossum IF	NOR	09:21:30	4247888	2002	293,91
47	3427396	Tuva Johnsen	Raufoss IL	NOR	09:21:45	4042644	2002	305,97
48	3305302	Moeko Kobayashi	Japan	JPN	09:22:00	0	2000	316,73
49	3427391	Janne Ballangrud Seierstad	Raufoss IL	NOR	09:22:15	4075545	2002	325,13
50	3427260	Christine Louise Stavnum Arnkvern	Rustad IL	NOR	09:22:30	4297214	2002	330,22
51	3427390	Caroline Plukkerud	Øyer-Tretten IF	NOR	09:22:45	3911583	2002	379,41
52	3427095	Maren Navarrete Aaberg	Lørenskog SK	NOR	09:23:00	4095337	2001	427,85
53	3427373	Andrea Eie Svendsen	Lillehammer Skiklub	NOR	09:23:15	4022687	2002	431,13
54	3427452	Mariell Stavnes Hansen	Tverlandet IL	NOR	09:23:30	4051736	2002	439,78
55	3427308	Julie Meinicke	Jutul IL	NOR	09:23:45	4282554	2002	9999
56	3427448	Stina Hillestad	Hafslo IL	NOR	09:24:00	4032421	2002	9999



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FIS Race Director		Height Difference (HD)	15
Assistand Technical Delegate		Maximum climb (MM)	32
Assistant TD Nat.		Total Climb (MT)	14
Chief of Competition	Audun Skattebo	Laps	1
		Laplength	1480

Startno	Fis code	Name	Team	Nation	Starttime	Ecard	Gpr YOB	Fis Points
101	3220033	James Matthieu Clugnet	Røa	GBR	09:28:30	4002168	1996	30,77
102	3422358	Harald Astrup Arnesen	Heming, IL	NOR	09:28:45	4075776	1995	36,32
103	3421316	Pål Trøan Aune	Steinkjer SK	NOR	09:29:00	3028206	1992	39,3
104	3423291	Thomas Helland Larsen	Fossum IF	NOR	09:29:15	4079828	1998	45,72
105	3423627	Håkon Skaanes	Strindheim IL	NOR	09:29:30	3909207	1999	46,09
106	3501587	Gustaf Berglund	Sverige	SWE	09:29:45	4279550	1998	47,42
107	3422115	Gjoran Holstad Tefre	Førde IL	NOR	09:30:00	0	1994	48,04
108	3501252	Olof Jonsson	Sverige	SWE	09:30:15	0	1995	48,06
109	3423482	Simen Myhre	Heming, IL	NOR	09:30:30	4293387	1998	49,62
110	3420961	Finn-Hågen Krogh	Tverrelvdalen IL	NOR	09:30:45	0	1990	55,91
111	3424269	Ansgar Evensen	Vind IL	NOR	09:31:00	4064143	2000	57,55
112	3050256	Michael Föttinger	Austria	AUT	09:31:15	0	1997	58,06
113	3423853	Magnus Øyaas Håbrekke	Byåsen IL	NOR	09:31:30	4293049	1999	59,76
114	3422795	Simen Christopher Bratberg Ramstad	Vind IL	NOR	09:31:45	4069167	1996	63,37
115	3423006	Amund Hoel	Åsen IL	NOR	09:32:00	4298253	1997	65,4
116	3424685	Matz William Jenssen	Njård	NOR	09:32:15	4026589	2001	67,79
117	3423008	Herman Martens Meyer	Åsen IL	NOR	09:32:30	4255600	1997	69,37
118	3423749	Aron Åkre Rysstad	Valle IL	NOR	09:32:45	0	1999	71,45
119	3423258	Sondre Skomedal Ramse	Otra IL	NOR	09:33:00	3916988	1998	71,96
120	3423303	Håkon Asdøl	IL Jardar	NOR	09:33:15	4298931	1998	76,42
121	3423629	Kristoffer Berset	Strindheim IL	NOR	09:33:30	3959442	1999	78,72
122	3424892	Nikolai Elde Holmboe	Bærums Verk	NOR	09:33:45	4075560	2002	81,3
123	3423235	Martin Julian Buvarp	Byåsen IL	NOR	09:34:00	4068623	1998	84,56
124	3424663	Edvard Sandvik	Kjelsås IL	NOR	09:34:15	3953684	2001	86,09
125	3423881	Håvard Hovde	MjøsSki	NOR	09:34:30	4339644	1999	86,66
126	3424694	Mikkel Waldeland Gautvik	Molde og Omegn IF	NOR	09:34:45	4256137	2001	90,13
127	3424893	Aleksander Elde Holmboe	Bærums Verk	NOR	09:35:00	4074282	2002	95,95
128	3424613	Christian Hartz Melling	Konnerud IL	NOR	09:35:15	3999596	2001	96,34
129	3422291	Edvin Kristoffer Frost	Tromsø SK	NOR	09:35:30	4180311	1995	97,09
130	3422613	Jan Thomas Jenssen	Hommelvik IL	NOR	09:35:45	4069258	1996	97,97
131	3424998	Armann Saastad Haugan	Lyn Ski	NOR	09:36:00	3935434	2002	99,15
132	3424190	Amund August Korsæth	Trøsken IL	NOR	09:36:15	3936846	2000	99,55
133	3424944	Ola Spigseth	Nes Ski	NOR	09:36:30	4078689	2002	101,66
134	3424683	Lars Young Vik	Njård	AUS	09:36:45	4195632	2001	102,67
135	3424227	David Thorvik	Kjelsås IL	NOR	09:37:00	4023784	2000	103,47
136	3423084	Mårten Soleng Skinstad	Vind IL	NOR	09:37:15	4267258	1997	105,4
137	3190437	Camille Bernard Olivier Laude	Bygdø IL	FRA	09:37:30	4334132	1998	106,66

138	3422669	Kristoffer By Vollset	NTNUI	NOR	09:37:45	4273405	1996	106,89
139	8420049	Johannes Lønnestad Flaaten	Seljord IL	NOR	09:38:00	4106910	2002	107,9
140	3424552	Magnus Perger	Haslum IL	NOR	09:38:15	4050738	2001	108,62
141	3423314	Ole Haldor Ensrud	Strindheim IL	NOR	09:38:30	3995248	1998	109,32
142	3424466	Karsten Andre Vestad	Molde og Omegn IF	NOR	09:38:45	3953130	2001	110,89
143	3424846	Preben Horven	Bossmo og Ytteren	NOR	09:39:00	4178463	2002	121,16
144	3423932	Hermann Skram Botterud	Bærums Skiklub	NOR	09:39:15	3953700	1999	122,12
145	3424104	Nikolai Solem Eiterjord	Innstranda IL	NOR	09:39:30	4160677	2000	123,59
146	3424241	Erik Nicolaisen	Senja Ski	NOR	09:39:45	4101861	2000	124,96
147	3423669	Albert Sunde Øhlschlägel	Lillehammer Skiklub	NOR	09:40:00	4023537	1999	130,16
148	3423681	Bjørnar Stensrud Tyribakken	Bromma IL	NOR	09:40:15	4075859	1999	130,36
149	3421269	Daniel Stock	Vadsø SK	NOR	09:40:30	3121530	1992	131,41
150	3424641	Mats Opsal	MjøSki	NOR	09:40:45	4106845	2001	131,82
151	3150812	Jachym Cenek	Slovakia	SVK	09:41:00	3988060	2002	137,51
152	3424640	Edvin Ingebrigtsen	Bratsberg IL	NOR	09:41:15	0	2001	139,19
153	3424513	Espen Aakervik	Fet SK	NOR	09:41:30	3968179	2001	140,96
154	3424289	Adrian Orellana Hellerud	Hokksund IL	NOR	09:41:45	3953791	2000	142,08
155	3424235	Iver Tildheim Andersen	Rustad IL	NOR	09:42:00	4020574	2000	142,28
156	3424499	Jens Marcus Dyrberg Ek	Bærums Verk	NOR	09:42:15	4020822	2001	143,22
157	3424484	Andreas Bergsland	Trøsken IL	NOR	09:42:30	3962149	2001	152,3
158	3700116	Andrej Renda	Slovakia	NOR	09:42:45	0	2000	154,37
159	3424717	Elias Mostraum	Osterøy IL	NOR	09:43:00	4080602	2001	159,89
160	3424840	Jørgen Schjølberg	Tynset IF	NOR	09:43:15	4283156	2002	162,28
161	3424723	Sander Eggen Kjelstad	Støren Sportsklubb	NOR	09:43:30	3938677	2001	163
162	3424936	Kasper Engeset	IL Jardar	NOR	09:43:45	4078473	2002	167,08
163	3424656	Birk Møller Gundersen	Lyn Ski	NOR	09:44:00	4021226	2001	168,06
164	3424509	Fredrik Gerardo Fodstad	Lillehammer Skiklub	COL	09:44:15	4065322	2001	169,92
165	8420036	Oskar Myrvang Olsen	Runar, IL	NOR	09:44:30	4105318	2002	170,78
166	3424181	Jonas Hammelow Fridlund	Lillehammer Skiklub	NOR	09:44:45	3962370	2000	172,62
167	3700122	Denis Tilesch	Slovakia	SVK	09:45:00	0	2002	174,98
168	3424199	Jan Marcus Nielsen Solheim	Bygdø IL	NOR	09:45:15	3961067	2000	177,16
169	3300759	Sho Kasahara	Japan	NOR	09:45:30	0	2002	182,89
170	8420127	Erik Mathisen	Tromsø SK	NOR	09:45:45	4046363	2002	183,22
171	3424829	August Bertheussen Falkanger	Byåsen IL	NOR	09:46:00	3935731	2002	186,66
172	3424568	Petter Thorslund Aadland	Lyn Ski	NOR	09:46:15	4076923	2001	188,3
173	3424767	Jørgen Slind	Selbu IL	NOR	09:46:30	4271839	2001	193,18
174	3424614	Kasper Andersson Herland	Hemsedal IL	NOR	09:46:45	3961133	2001	199,94
175	3100500	Gabriel Winston Gledhill	Lillehammer Skiklub	GBR	09:47:00	4274247	2002	201,42
176	3424521	Nils Henrik Kvale	Østre Toten Skilag	NOR	09:47:15	3647906	2001	212,78
177	3423502	Tor Olav Nesheim Hægeland	Rustad IL	NOR	09:47:30	3927068	1998	218,2
178	3424652	Bastian Karlsen Antonsen	Lyn Ski	NOR	09:47:45	4023123	2001	219,18
179	8420044	Ivar Nistad	Førde IL	NOR	09:48:00	4290805	2002	221,66
180	3424407	Eskil Hov	Kaupanger IL	NOR	09:48:15	3961836	2000	224,82
181	3424540	Magnus Nikolai Sedeniussen	Lyn Ski	NOR	09:48:30	4226106	2001	225,56
182	3424128	Sondre Bjørkeng Pedersen	Nes Ski	NOR	09:48:45	4011904	2000	226,39
183	3424664	Benjamin Gunnarsen	Kjelsås IL	NOR	09:49:00	3961265	2001	231,41
184	3424854	Magnus Martinsen Stensby	Lillehammer Skiklub	NOR	09:49:15	4056719	2002	234,81
185	3424686	Frederik Arent Rogstad	Njård	NOR	09:49:30	3641560	2001	235,55
186	3424375	Sander Lillebudal	Leik, IL	NOR	09:49:45	4066403	2000	239,14
187	3424922	Brage Buseth Hammerstad	Haslum IL	NOR	09:50:00	4073029	2002	240,02



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188	3424246	Teodor Kruse Sørensen	Tromsø SK	NOR	09:50:15	3633575	2000	245,74
189	3424193	Filip Glittenberg Holt	Nes Ski	NOR	09:50:30	4074019	2000	246,15
190	3300371	Takahiro Suzuki	JPN	JPN	09:50:45	2104	1993	249,39
191	3430316	Michal Piotr Boreczek	Kjelsås IL	POL	09:51:00	4104444	2000	253,96
192	8420059	Jakob Fredrik Degerstrøm Hanssen	Tromsø SK	NOR	09:51:15	4065942	2002	258,51
193	3424675	Jonas Dyrli Thoresen	Røa	NOR	09:51:30	4097929	2001	260,19
194	3424082	Erlend Lindland Sletten	Oddersjaa SSK	NOR	09:51:45	3963584	2000	264,51
195	3424866	Henrik Valør Wist	Byaasen Skiklub	NOR	09:52:00	4008090	2002	267,43
196	8420055	Vetle Svanes Strand	Stavanger SK	NOR	09:52:15	4015038	2002	281,75
197	3424001	Herman Møller Gløersen	Bygdø IL	NOR	09:52:30	3591716	1999	285,6
198	3424706	Joakim Skadal	Utleira IL	NOR	09:52:45	3936200	2001	291,89
199	8420009	Sander Teisbekk	Idrettslaget Ros	NOR	09:53:00	4006599	2002	295,2
200	3424844	Erik Løfald	Rindal IL	NOR	09:53:15	4012084	2002	307,59
201	3300669	Kosei Kobayashi	Japan	JPN	09:53:30	0	2001	311,58
202	3423109	Brian Nymo Holmstrøm	Valnesfjord IL	NOR	09:53:45	3937836	1997	327,39
203	3424879	Oskar Lockert Skjold	Åsen IL	NOR	09:54:00	3994886	2002	328,32
204	3424926	Mikkel Jebens Katla	Haslum IL	NOR	09:54:15	4015384	2002	343,01
205	8420007	Mats Høyenes Rustad	Konnerud IL	NOR	09:54:30	0	2002	345,4
206	3424924	Benjamin Jarinn Holm	Haslum IL	NOR	09:54:45	4100871	2002	349,3
207	8420027	Erik Brostigen Ringhus	Rein, IL	NOR	09:55:00	4093548	2002	377,76
208	8420424	Tony André Höfler Kristiansen	IL Pioner Ski	NOR	09:55:15	4068979	2002	419,38
209	3424383	Kevin Bjerkeli Krohn	Molde og Omegn IF	NOR	09:55:30	0	2000	534,39
210	3300607	Keigo Nagaya	Japan	NOR	09:55:45	0	2000	9999
211	3423548	Kristian Skjeldal	Bulken IL	NOR	09:56:00	4340634	1998	9999

