

VELKOMMEN TIL BEITOSPRINTEN 2022

Langrenn:



Kombinert:



Information from OC

- Parking
- Accreditation

Schedule

FRIDAY 18.NOV

08:00-16:00	Race Office open
11:30	CC Sprint CLA Para + W/M prolog
13:00	CC Sprint CLA Para standing Finale
13:05	CC Sprint CLA Para sit Finale
13:15	CC Sprint CLA W/M Finale
16:00-18:00	Courses open

SATURDAY 19.NOV

08:00-16:00	Race Office open
09:15	CC Para Sit 5km
10:00	CC 10km CLA Women + Para
11:30	CC 10km CLA Men
14:15	NC Women Gundersen 5 km
14:55	NC Men Gundersen 10 km
16:00-18:00	Courses open

SUNDAY 20.NOV

08:00-16:00	Race Office open
10:00	NC Women Gundersen 2,5 km
10:25	NC Men Gundersen 5 km
11:45	CC 10km FREE Women
13:15	CC 10km FREE Men

Langrenn:



Kombinert:



Jury



TD

Kenneth Holth

TD ass

Marte A. Trondsen

TD ass

Rennleder

Torbjørn Broks Pettersen

Langrenn:



Kombinert:



Startlists

- Startlist according to FIS points
- Withdrawals to:
vigdis@idrettsforbundet.no
with in 16:00 Friday/Saturday
- Public on web-site and WhatsApp

< siwidata >
[SPORT: INFORMATION: TECHNOLOGY]

Langrenn:



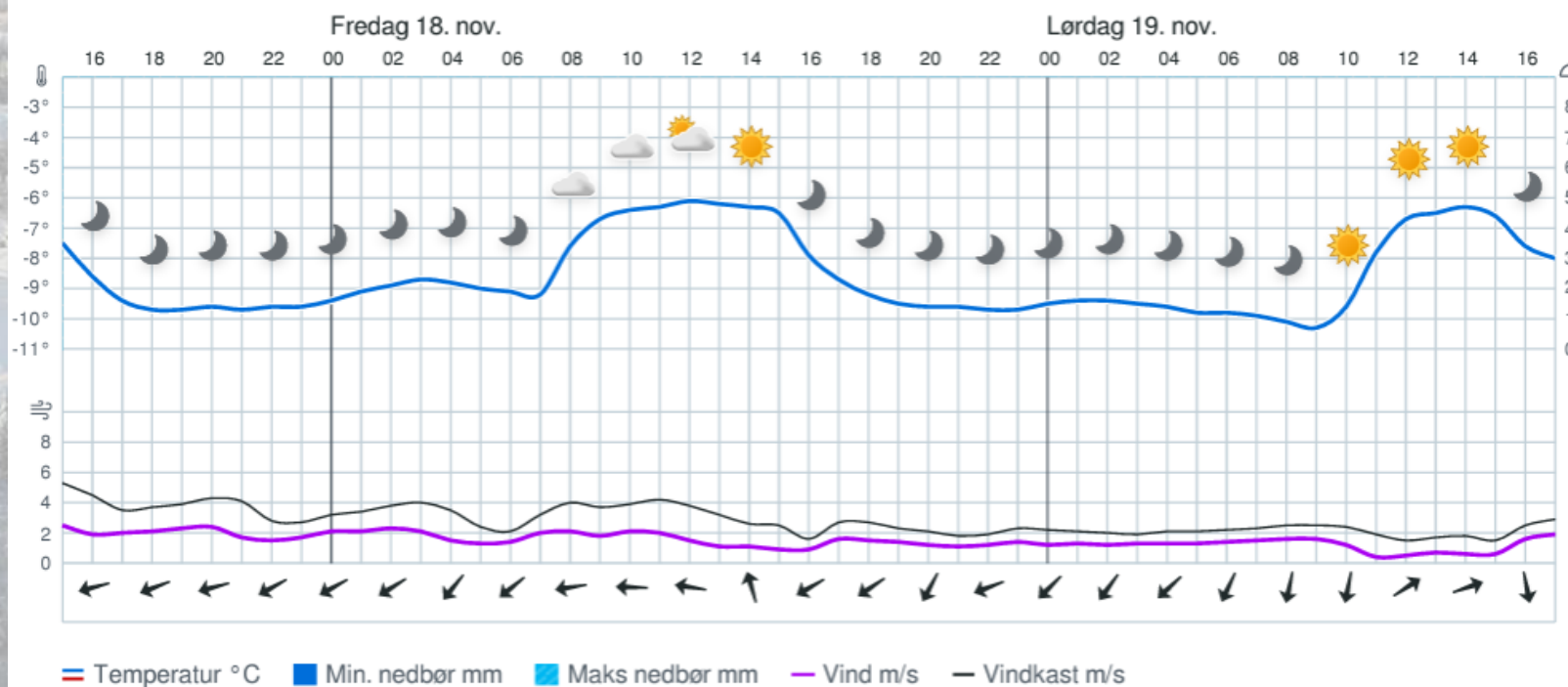
Kombinert:



Weather



Meteogram 17. nov. kl. 15:00 – 19. nov. kl. 17:00



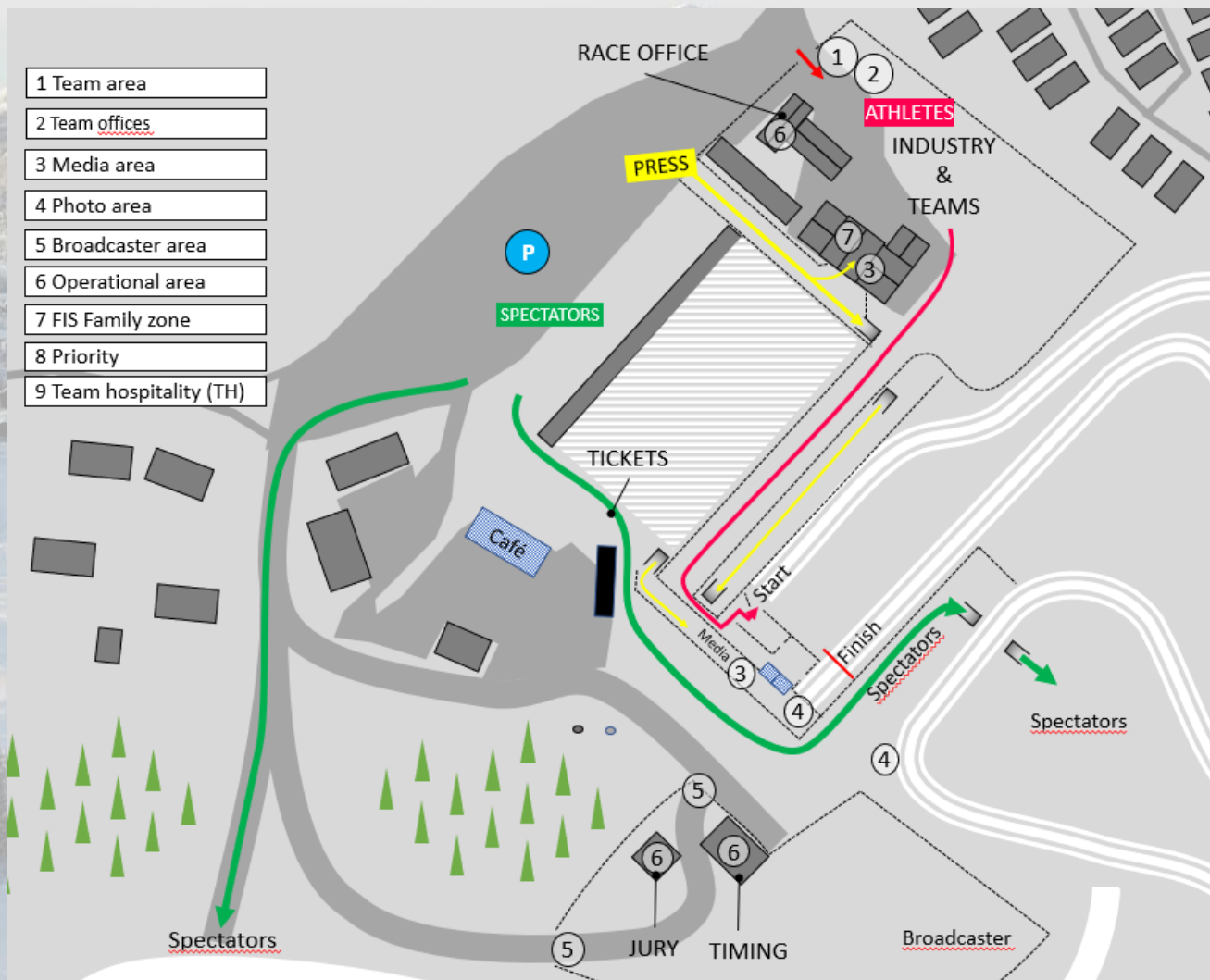
Langrenn:



Kombinert:



Stadium



Langrenn:



Kombinert:



Courses



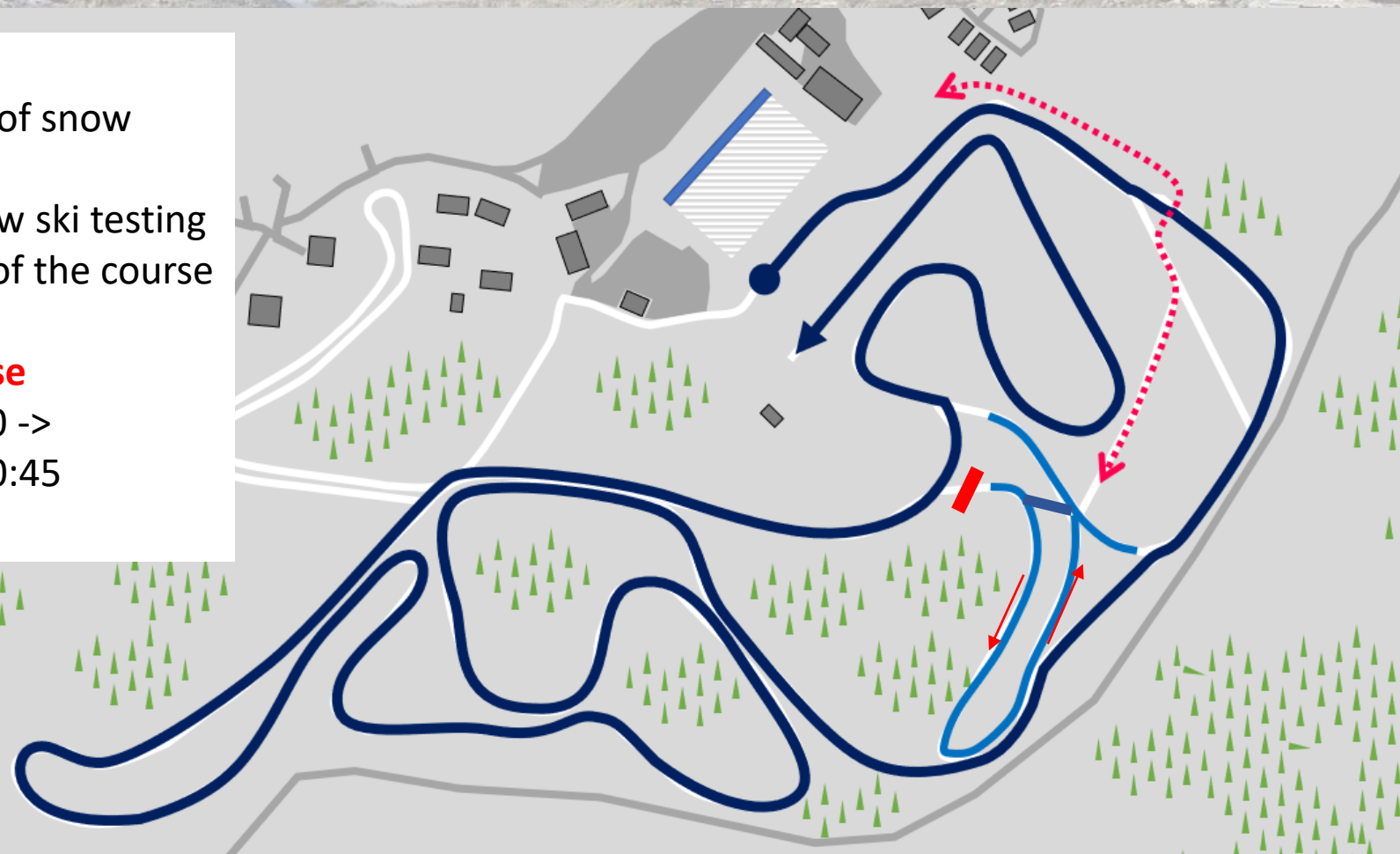
Not a lot of snow

We'll allow ski testing
on parts of the course

NOT in use

Sat. 13:30 ->

Sun. -> 10:45



Langrenn:



equinor

VVS EKSPERTEN

DHL

ELDORADO

SPAR

DAIKIN

ALI

bilias

RIIS
BILGLASS

MESTER
GRØNN

Kombinert:

OBOS
Block Watne

HELGELAND
KRAFT

Opplysningen®
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FRIDAY



GENERAL INFO

Friday: 1,3km C SPRINT
Sprint W/M

08:00 - 16:00	Race Office open
09:00 - 11:25	Courses open
11:30	CC Sprint C Prolog W + M
12:15 - 12:50	Courses open
12:45	BIB handout Women
13:00	BIB handout Men
13:00	CC PARA Sprint C Finals
13:15	CC Sprint C Finals
15:30	Sponsor Mix-Relay



Langrenn:



Kombinert:



FRIDAY



13:15 1/4 W		
13:20 1/4 W	14:05 1/2 W	
13:25 1/4 W		14:35 Final W
13:30 1/4 W	14:10 1/2 W	
13:35 1/4 W		
13:40 1/4 M		
13:45 1/4 M	14:15 1/2 M	
13:50 1/4 M		14:45 Final M
13:55 1/4 M	14:20 1/2 M	
14:00 1/4 M		



Langrenn:



Kombinert:



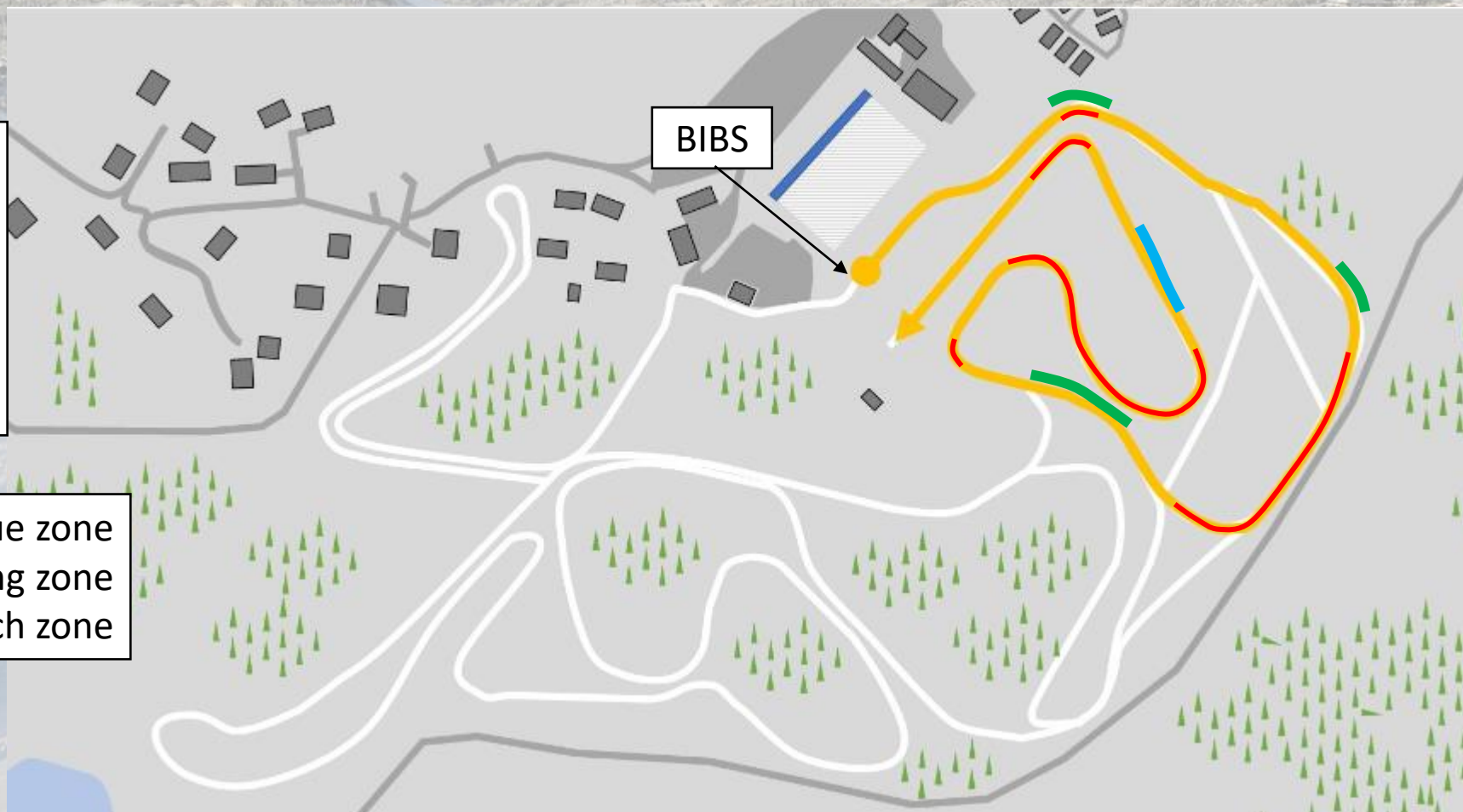
FRIDAY



Friday: 1,3km C
Sprint W/M

3 tracks on course

-  Technique zone
-  Coaching zone
-  Turning Tech zone



Langrenn:



Kombinert:

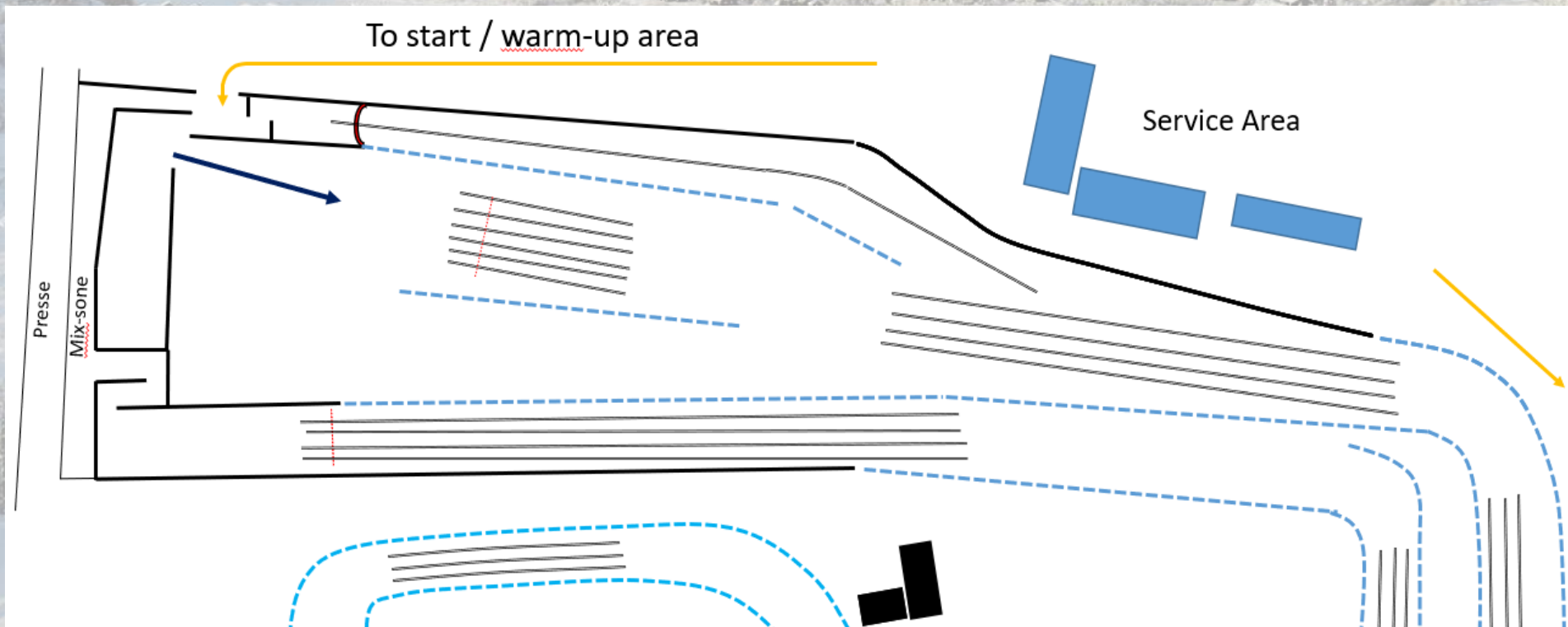


FRIDAY



Friday: 1,3km C
Sprint W/M

3 tracks on course



Langrenn:



Kombinert:



FRIDAY



Friday: 1,3km C
Sprint W/M

— Test and warm-up



Langrenn:



equinor

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SPAR

DAIKIN

Ali

bilia



MESTER GRØNN

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SATURDAY



GENERAL INFO:

Saturday: 10km CLA

08:30 - 09:55	Courses open
09:15	CC PARA sit-ski 4,5 km
09:55	Courses closed
10:00	CC Women 10 km classic (+PARA standing)
11:10-11:25	Courses open
11:30	CC Men 10 km classic
13:30 - 13:45	Regrooming
13:45 - 14:10	Course open for NC
14:15	NC Women 5km
14:55	NC Men 10km



Langrenn:



Kombinert:



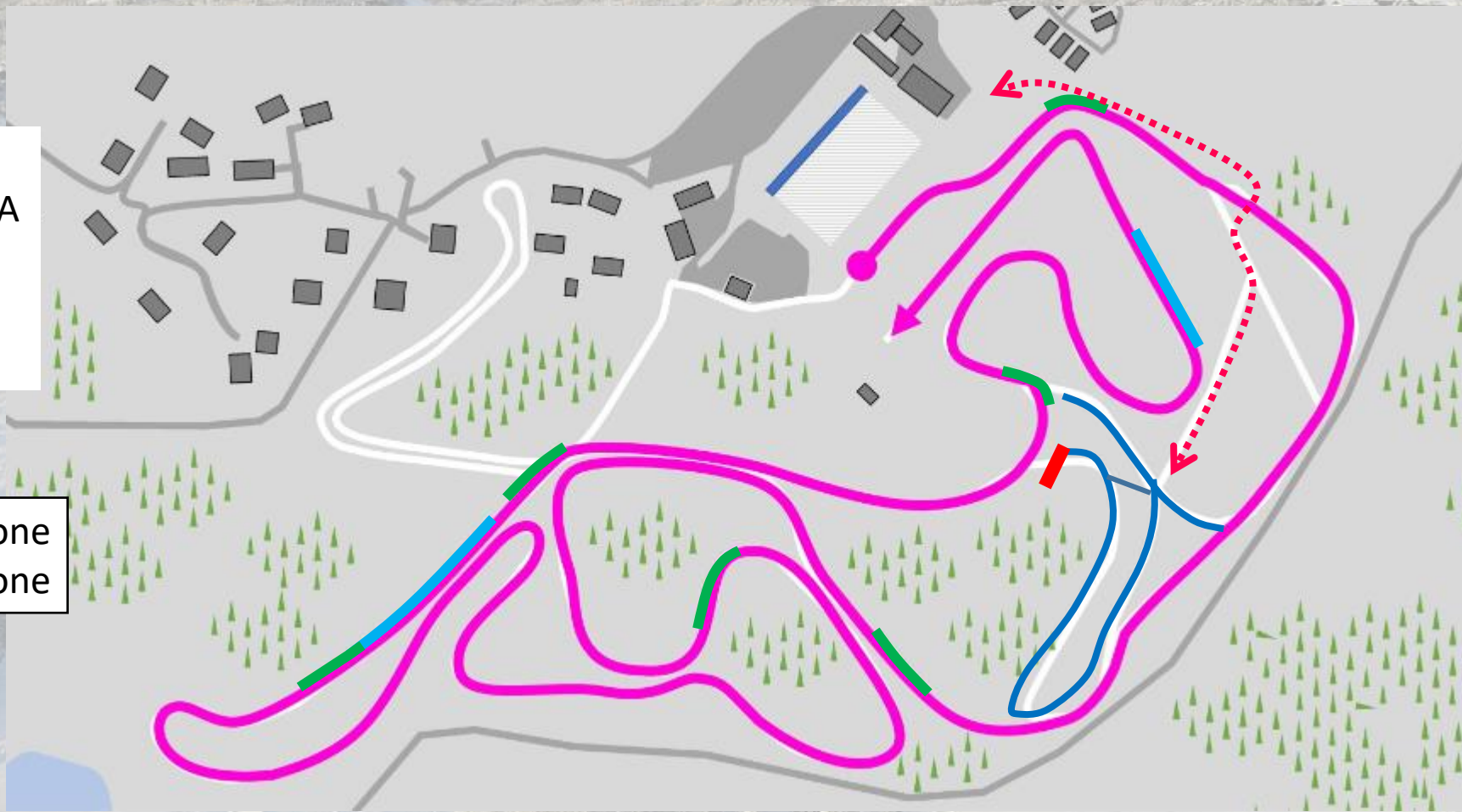
SATURDAY



Saturday: 10km CLA

2 tracks on course

- Technique zone
- Coaching zone



Langrenn:



Kombinert:



Courses



Nordic Combined

Saturday: 5/10km

Sunday: 2,5/5km



Langrenn:



Kombinert:



SUNDAY



GENERAL INFO:

Sunday: 10km FREE

08:00-09:55	Courses open
10:00	NC Women 2,5km
10:25	NC Men 5km
11:00 - 11:40	Courses open
11:45	CC Women 10 km Free
12:55 - 13:10	Courses open
13:15	CC Men 10 km Free



Langrenn:



Kombinert:



SUNDAY



Sunday: 10km FREE

 Coaching zone



Langrenn:



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ALI

bilias



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Information from TD / Jury

ICR 310.2.1 – Technique Zone

ICR 343.2 / 344.4 – Follow course direction

ICR 343.10 – Overtaking rule

Icey conditions – be aware

Langrenn:



Kombinert:



Results:
[fis-ski.com](https://www.fis-ski.com)
[beitoworldcup.com](https://www.beitoworldcup.com)
WhatsApp

Lykke til !