

**Menn senior 30 km Klassisk
Startlist**

Jury/Competition management		Data of course	
Technical Delegate	PETERSEN Torbjørn Broks	Name of course	Lygna 5 km red
FIS Race Director		Height Difference (HD)	59
Assistand Technical Delegate	HOLTH Kenneth	Maximum climb (MM)	42
Assistant TD Nat.	KREGNES Olav	Total Climb (MT)	145
Chief of Competition	NILSEN Terje	Laps	6
		Laplength	5040

Startno	Fis code	Name	Team	Nation	Starttime	Gpr	YOB	Fis Points
1	3421779	Simen Hegstad Krüger	Lyn Ski	NOR	09:45:00	9	1993	0,09
2	3422819	Johannes Høsflo Klæbo	Byåsen IL	NOR	09:45:00		1996	1,6
3	3420605	Sjur Røthe	Voss IL	NOR	09:45:00		1988	1,72
4	3421154	Martin Løwstrøm Nyenget	Lillehammer Skiklub	NOR	09:45:00		1992	5,18
5	3420909	Pål Golberg	Gol IL	NOR	09:45:00		1990	8,14
6	3420228	Martin Johnsrud Sundby	Røa	NOR	09:45:00		1984	11,75
7	3420994	Didrik Tønseth	Byåsen IL	NOR	09:45:00		1991	14,81
8	3422619	Erik Valnes	Bardufoss og	NOR	09:45:00		1996	20,3
9	3422521	Eirik Sverdrup Augdal	Ringkollen SK	NOR	09:45:00		1995	20,7
10	3421269	Daniel Stock	Vadsø SK	NOR	09:45:00		1992	20,96
11	3423264	Harald Østberg Amundsen	Asker SK	NOR	09:45:00		1998	22,93
12	3422028	Magne Haga	Åsen IL	NOR	09:45:00		1994	24,69
13	3422474	Ole Jørgen Bruvoll	Lierne IL	NOR	09:45:00		1995	24,88
14	3422186	Vebjørn Turtveit	Voss IL	NOR	09:45:00		1994	25,84
15	3422021	Johan Tjelle	Lyn Ski	NOR	09:45:00		1994	30,72
16	3422029	Johan Hoel	Åsen IL	NOR	09:45:00		1994	32,25
17	3422263	Gaute Kvåle	Røldal IL	NOR	09:45:00		1995	32,89
18	3420672	Simen Andreas Sveen	Ring IL	NOR	09:45:00		1988	32,97
19	3422245	Jørgen Sæternes Ulvang	IL Varden Meråker	NOR	09:45:00		1994	34,89
20	3420577	Niklas Dyrhaug	Tydal IL	NOR	09:45:00		1987	35,91
21	3423534	Jon Rolf Skamo Hope	Hyen IL	NOR	09:45:00		1998	36,71
22	3421849	Eirik Mysen	Oseberg Skilag	NOR	09:45:00		1993	36,91
23	3420922	Vetle Thyli	Raufoss IL	NOR	09:45:00		1989	37,12
24	3422651	Erland Kvisle	Asker SK	NOR	09:45:00		1996	41,04
25	3421578	Karstein Johaug Jr	Røa	NOR	09:45:00		1992	41,13
26	3423183	Thomas Qvist Bucher-Johannessen	Fossum IF	NOR	09:45:00		1997	42,15
27	3424611	Martin Kirkeberg Mørk	Drammens Ballklubb	NOR	09:45:00		2001	45,5
28	3422161	Kasper Stadaas	Heming, IL	NOR	09:45:00		1994	45,59
29	3422712	Henrik Dønnestad	Gulset IF	NOR	09:45:00		1996	47,27
30	3423088	Petter Stakston	Søre Ål IL	NOR	09:45:00		1997	47,81
31	3423298	Patrick Fossum Kristoffersen	Gjerdrum IL	NOR	09:45:00		1998	49,47
32	3424057	Andreas Kirkeng	Idrettslaget Ros	NOR	09:45:00		2000	50,85
33	3530835	Zak Ketterson	USA	USA	09:45:00		1997	51,25
34	3421645	Lars Ove Aunli	Strindheim IL	NOR	09:45:00		1993	51,87
35	3422841	Joachim Aurland	Kjellmyra IL	NOR	09:45:00		1996	52,32
36	3422333	Maximilian Von Selchow Bie	Bardufoss og	NOR	09:45:00		1995	54,1
37	3424534	Lars Agnar Hjølmeset	Gjelleråsen IF	NOR	09:45:00		2001	54,71

38	3180565	Heikki Sakari Korpela	Northern Fish	FIN	09:45:00	1990	56
39	3423317	Jørgen Lippert	Trøsken IL	NOR	09:45:00	1998	56
40	3422940	Ole Morten Engesvold Flataker	Hommelvik IL	NOR	09:45:00	1997	56,04
41	3423235	Martin Julian Buvarp	Byåsen IL	NOR	09:45:00	1998	56,91
42	3422762	Ola Jordheim	Hemsedal IL	NOR	09:45:00	1996	57,34
43	3390167	Alvar Johannes Alev	Heming, IL	EST	09:45:00	1993	58,59
44	3423006	Amund Hoel	Asen IL	NOR	09:45:00	1997	58,98
45	3423660	Sivert Leander Johansen	Drammens Ballklubb	NOR	09:45:00	1999	59,27
46	3424690	Jonas Vika	MjøsSki	NOR	09:45:00	2001	59,62
47	3423894	Sjur Kvisle	Asker SK	NOR	09:45:00	1999	59,78
48	3421655	Gjermund Løfald	Rindal IL	NOR	09:45:00	1993	60,46
49	3423627	Håkon Skaanes	Strindheim IL	NOR	09:45:00	1999	61,06
50	3424190	Amund August Korsæth	Trøsken IL	NOR	09:45:00	2000	61,47
51	3421316	Pål Trøan Aune	Steinkjer SK	NOR	09:45:00	1992	63,49
52	3423371	Vegard Sivertsgård	Tydal IL	NOR	09:45:00	1998	63,51
53	3421199	Simen Engebretsen Nordli	Vang	NOR	09:45:00	1991	64,68
54	3421685	Eirik Asdøl	IL Jardar	NOR	09:45:00	1993	66,85
55	3423881	Håvard Hovde	MjøsSki	NOR	09:45:00	1999	66,87
56	3422058	Vinjar Skogsholm	Aslia Skilag	NOR	09:45:00	1994	67,08
57	3423548	Kristian Skjeldal	Bulken IL	NOR	09:45:00	1998	68,05
58	3422291	Edvin Kristoffer Frost	Tromsø SK	NOR	09:45:00	1995	68,76
59	3421939	Kjetil Andre Bjerkheim	Bromma IL	NOR	09:45:00	1993	69,31
60	3423669	Albert Sunde Øhlschlägel	Sjåstad/Vestre Lier	NOR	09:45:00	1999	69,47
61	3422358	Harald Astrup Arnesen	Heming, IL	NOR	09:45:00	1995	70,83
62	3422016	Mattis Sjøli	Halmsås og Omegn	NOR	09:45:00	1994	72,48
63	3423101	Fredrik Helgestad	Hamar SK	NOR	09:45:00	1997	72,54
64	3424337	Petter Myhr	Bygdø IL	NOR	09:45:00	2000	73,29
65	3423824	Petter Stokkeland	Bygdø IL	NOR	09:45:00	1999	73,31
66	3423370	Vebjørn Moen	Tverlandet IL	NOR	09:45:00	1998	74,34
67	3423502	Tor Olav Nesheim Hægeland	Rustad IL	NOR	09:45:00	1998	74,46
68	3423629	Kristoffer Berset	Strindheim IL	NOR	09:45:00	1999	74,74
69	3423375	Geir Kristian Hoås	Lånke IL	NOR	09:45:00	1998	75,39
70	3422644	Mathias Aas Rolid	Heming, IL	NOR	09:45:00	1996	76,62
71	3423503	Lars Sørensen	Rustad IL	NOR	09:45:00	1998	77,32
72	3424466	Karsten Andre Vestad	Molde og Omegn IF	NOR	09:45:00	2001	78,17
73	3422417	Mikkel Arntsen	Sortland og Omegn	NOR	09:45:00	1995	78,28
74	3422898	Aslak Ole Rognerud Eira	Tverrelvdalen IL	NOR	09:45:00	1996	78,64
75	3424269	Ansgar Evensen	Vind IL	NOR	09:45:00	2000	79,11
76	3423681	Bjørnar Stensrud Tyribakken	Bromma IL	NOR	09:45:00	1999	81,79
77	3423684	Emil Sørgård	Ringkollen SK	NOR	09:45:00	1999	83,87
78	3424663	Edvard Sandvik	Kjelsås IL	NOR	09:45:00	2001	85,67
79	3423497	Øyvind Rikheim Haugan	Heming, IL	NOR	09:45:00	1998	88,23
80	3423402	Kristoffer Liset	Ivrig, IL	NOR	09:45:00	1998	88,65
81	3424094	Magnus Harr Lian	Klæbu IL	NOR	09:45:00	2000	89,1
82	3424232	Amund Riege	Rustad IL	NOR	09:45:00	2000	90,5
83	3424380	Andreas Tronsli	Lier IL	NOR	09:45:00	2000	94,38
84	3424288	Andreas Lillemoen Treffen	Sjåstad/Vestre Lier	NOR	09:45:00	2000	96
85	3423718	Marius Viken Vesterås	Varde IL	NOR	09:45:00	1999	97,85
86	3423540	Eirik Bergene Aabrekk	Runar, IL	NOR	09:45:00	1998	98,25

**Kvinner senior 15 km Klassisk
Startlist**

Jury/Competition management		Data of course	
Technical Delegate	PETTERSEN Torbjørn Broks	Name of course	Lygna 5 km red
FIS Race Director		Height Difference (HD)	59
Assistand Technical Delegate	HOLTH Kenneth	Maximum climb (MM)	42
Assistant TD Nat.	KREGNES Olav	Total Climb (MT)	145
Chief of Competition	NILSEN Terje	Laps	3
		Laplength	5040

Startno	Fis code	Name	Team	Nation	Starttime	Gpr	YOB	Fis Points
1	3425301	Therese Johaug	Nansen, IL	NOR	13:40:00	0	1988	0
2	3425499	Heidi Weng	Bul IL	NOR	13:40:00		1991	9,35
3	3427109	Helene Marie Fossesholm	Eiker SK	NOR	13:40:00		2001	25,47
4	3426201	Tiril Udnes Weng	Nes Ski	NOR	13:40:00		1996	26,61
5	3425669	Anne Kjersti Kalvå	Lundamo IL	NOR	13:40:00		1992	31,04
6	3425896	Silje Theodorsen	Kvaløysletta Skilag	NOR	13:40:00		1994	33,11
7	3425397	Kathrine Rolsted Harsem	IL Varden Meråker	NOR	13:40:00		1989	36,77
8	3425355	Silje Øyre Slind	Oppdal IL	NOR	13:40:00		1988	36,91
9	3425421	Ragnhild Haga	Asen IL	NOR	13:40:00		1991	36,98
10	3426200	Lotta Udnes Weng	Nes Ski	NOR	13:40:00		1996	41,87
11	3426110	Magni Smedås	Lillehammer Skiklub	NOR	13:40:00		1995	42,2
12	3425381	Anna Svendsen	Tromsø SK	NOR	13:40:00		1990	42,39
13	3426149	Marte Skaanes	Strindheim IL	NOR	13:40:00		1996	50,75
14	3426456	Hedda Østberg Amundsen	Asker SK	NOR	13:40:00		1998	52,58
15	3426270	Guro Jordheim	Kjelsås IL	NOR	13:40:00		1996	54,4
16	3426370	Marte Mæhlum Johansen	Østre Toten Skilag	NOR	13:40:00		1997	57,11
17	3426535	Tiril Liverud Knudsen	Konnerud IL	NOR	13:40:00		1998	59,97
18	3426383	Johanne Hauge Harviken	Strandbygda IL	NOR	13:40:00		1997	63,13
19	3425863	Anikken Gjerde Alnæs	Rustad IL	NOR	13:40:00		1994	65,96
20	3426524	Synne Arnesen	Tromsø SK	NOR	13:40:00		1998	66,97
21	3125103	Yilamujiang Dinigeer	Kjelsås IL	CHN	13:40:00		2001	68,87
22	3535718	Sophie Ireland Laukli	Konnerud IL	NOR	13:40:00		2000	71,27
23	3426175	Sofie Nordsveen Hustad	Kjelsås IL	NOR	13:40:00		1996	71,89
24	3426423	Martine Lorgen Øvrebust	Stordal IL	NOR	13:40:00		1997	73,24
25	3425827	Berit Mogstad	Strindheim IL	NOR	13:40:00		1993	75,63
26	3426376	Susann Sagstuen	Gjøvik SK	NOR	13:40:00		1997	75,93
27	3426444	Alise Einmo	Strindheim IL	NOR	13:40:00		1998	82,51
28	3426234	Ingrid Mathisen	Fauske IL Langrenn	NOR	13:40:00		1996	84,78
29	3425365	Maiken Caspersen Falla	Strandbygda IL	NOR	13:40:00		1990	89,37
30	3426762	Eivor Vestrheim Skjerven	Voss IL	NOR	13:40:00		1999	91,06
31	3426046	Caroline Madsen	Konnerud IL	NOR	13:40:00		1995	93,17
32	3426849	Kristin Austgulen Fosnæs	Fossum IF	NOR	13:40:00		2000	93,55
33	3426278	Margrete Røssum Dyrhovd	Krødsherad IL	NOR	13:40:00		1993	96,65
34	3426153	Guro Bostad	Strindheim IL	NOR	13:40:00		1996	97,08
35	3426921	Ingrid Andréa Gulbrandsen	Bardufoss og	NOR	13:40:00		2000	97,57
36	3426112	Ane Appelkvist Stenseth	Grong IL	NOR	13:40:00		1995	99,87
37	3427126	Margrethe Bergane	Konnerud IL	NOR	13:40:00		2001	101,56

38	3426712	Julie Bjervig Drivenes	Lommedalens IL	NOR	13:40:00	1999	102,1
39	3426608	Ragnhild Mogstad	Strindheim IL	NOR	13:40:00	1999	102,78
40	3427044	Tuva Lislevand	Oddersjaa SSK	NOR	13:40:00	2001	108,98
41	3426356	Julie Victoria Berg	Leksvik IL	NOR	13:40:00	1997	110,34
42	3426811	Hanne Wilberg Rofstad	Byåsen IL	NOR	13:40:00	2000	113,09
43	3426658	Mari Folkvord	Sandnes IL	NOR	13:40:00	1999	117,96
44	3426815	Runa Nykkelmo Ulvang	Kjelsås IL	NOR	13:40:00	2001	118,92
45	3426902	Nora Sanness	Kjelsås IL	NOR	13:40:00	2000	122,59
46	3535463	Nichole Marie Bathe	Heming, IL	NOR	13:40:00	1995	123,78
47	3426532	Katrine Seim	Hol IL	NOR	13:40:00	1998	138,62
48	3055136	Katharina Brudermann	IL Varden Meråker	AUT	13:40:00	1999	141,39
49	3426715	Eline Bergundhaugen	Mesnali Skilag	NOR	13:40:00	1999	144,28
50	3426793	Karen Marie Håkonsen	Kjellmyra IL	NOR	13:40:00	1999	146,21
51	3426648	Sigrid Stakston	Søre AI IL	NOR	13:40:00	1999	147,6
52	3425179	Marthe Kristine Hafsahl Karset	Vang	NOR	13:40:00	1985	148,1
53	3426886	Malin Einmo	Strindheim IL	NOR	13:40:00	2000	148,87



EQUINOR NC Lygna Fellesstart

2021-01-10



FH Kvinner senior stående Startlist

Jury/Competition management				Data of course			
Technical Delegate	PETERSEN Torbjørn Broks			Name of course			
FIS Race Director				Height Difference (HD)			
Assistand Technical Delegate	HOLTH Kenneth			Maximum climb (MM)			
Assistant TD Nat.	KREGNES Olav			Total Climb (MT)			
Chief of Competition	NILSEN Terje			Laps			
				Laplength			

Startno	Fis code	Name	Team	Nation	Starttime	Gpr YOB	Fis Points
154	3427678	Vilde Nilsen	Kvaløysletta Skilag	NOR	14:45:00	2001	320,43

FH Menn senior stående Startlist

Jury/Competition management		Data of course
Technical Delegate	PETTERSEN Torbjørn Broks	Name of course
FIS Race Director		Height Difference (HD)
Assistand Technical Delegate	HOLTH Kenneth	Maximum climb (MM)
Assistant TD Nat.	KREGNES Olav	Total Climb (MT)
Chief of Competition	NILSEN Terje	Laps
		Laplength

Startno	Fis code	Name	Team	Nation	Starttime	Gpr YOB	Fis Points
155	8420443	Thomas Karbøl Oxaal	Sauda IL	NOR	14:45:30	1999	325,92
156	8420038	Trygve Steinar Toskedal Larsen	Trysilgutten IL	NOR	14:46:00	1972	9999,99

**FH Kvinner senior sittende
Startlist**

Jury/Competition management		Data of course
Technical Delegate	PETTERSEN Torbjørn Broks	Name of course
FIS Race Director		Height Difference (HD)
Assistand Technical Delegate	HOLTH Kenneth	Maximum climb (MM)
Assistant TD Nat.	KREGNES Olav	Total Climb (MT)
Chief of Competition	NILSEN Terje	Laps
		Laplength

Startno	Fis code	Name	Team	Nation	Starttime	Gpr YOB	Fis Points
157	0	Indira Milena Hopsdal Liseth	Fana IL	NOR	14:46:30	1986	9999,99
158	0	Birgit Lovise Røkkum Skarstein	Frol IL	NOR	14:47:00	1989	9999,99



EQUINOR NC Lygna Fellesstart

2021-01-10



FH Menn senior sittende Startlist

Jury/Competition management				Data of course			
Technical Delegate	PETERSEN Torbjørn Broks			Name of course			
FIS Race Director				Height Difference (HD)			
Assistand Technical Delegate	HOLTH Kenneth			Maximum climb (MM)			
Assistant TD Nat.	KREGNES Olav			Total Climb (MT)			
Chief of Competition	NILSEN Terje			Laps			
				Laplength			

Startno	Fis code	Name	Team	Nation	Starttime	Gpr YOB	Fis Points
159	0	Andreas Skår Bjørnstad	Svelvik IF	NOR	14:47:30	1997	9999,99