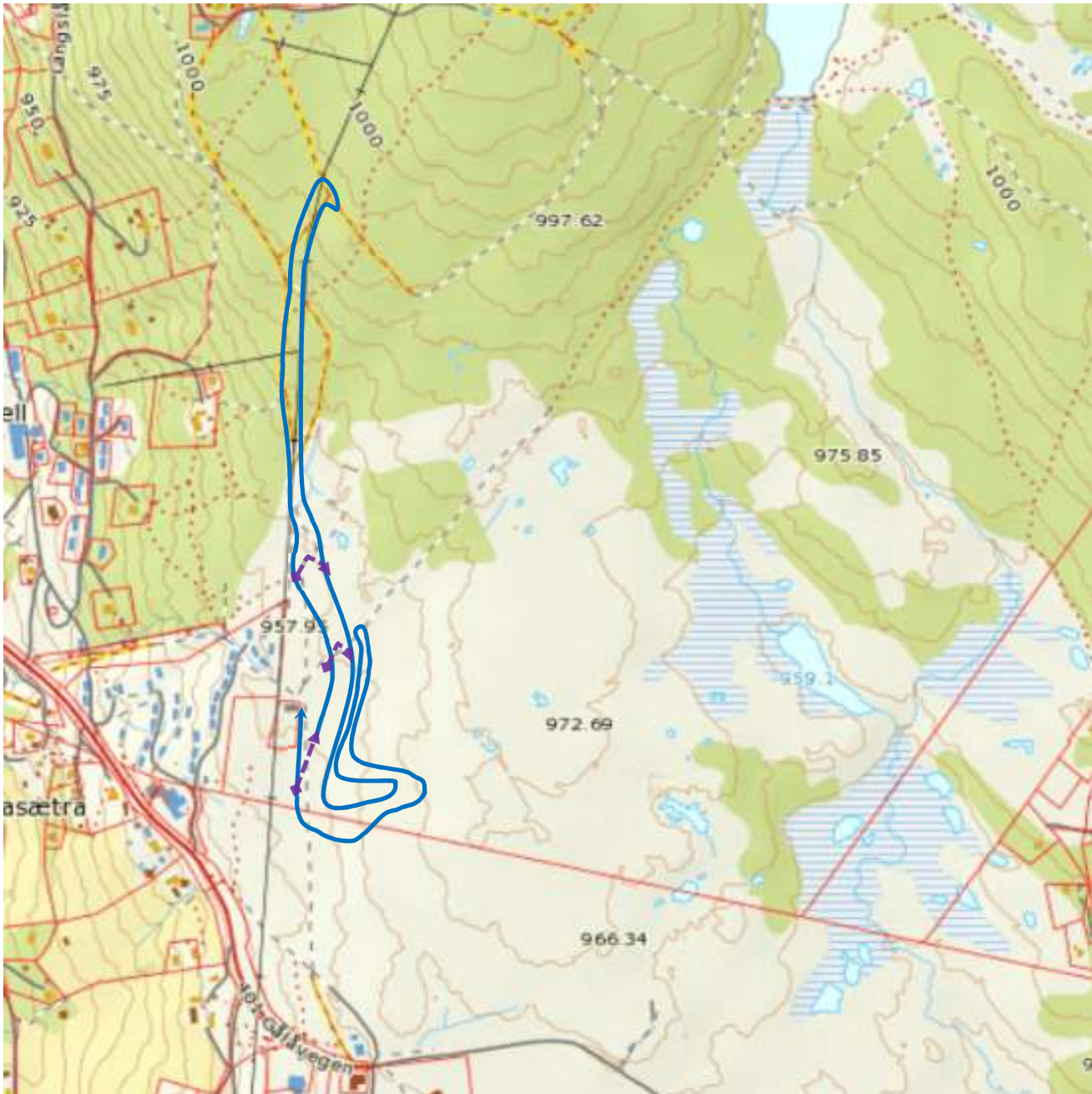


GålaSPRINTEN



Løpekart Peer Gynt stadion 2021



Aktuell løypebruk

Sprint damer - 1 140 m

Sprint herrer - 1 450 m

5 km intervall = 2 x 2,5 km blå

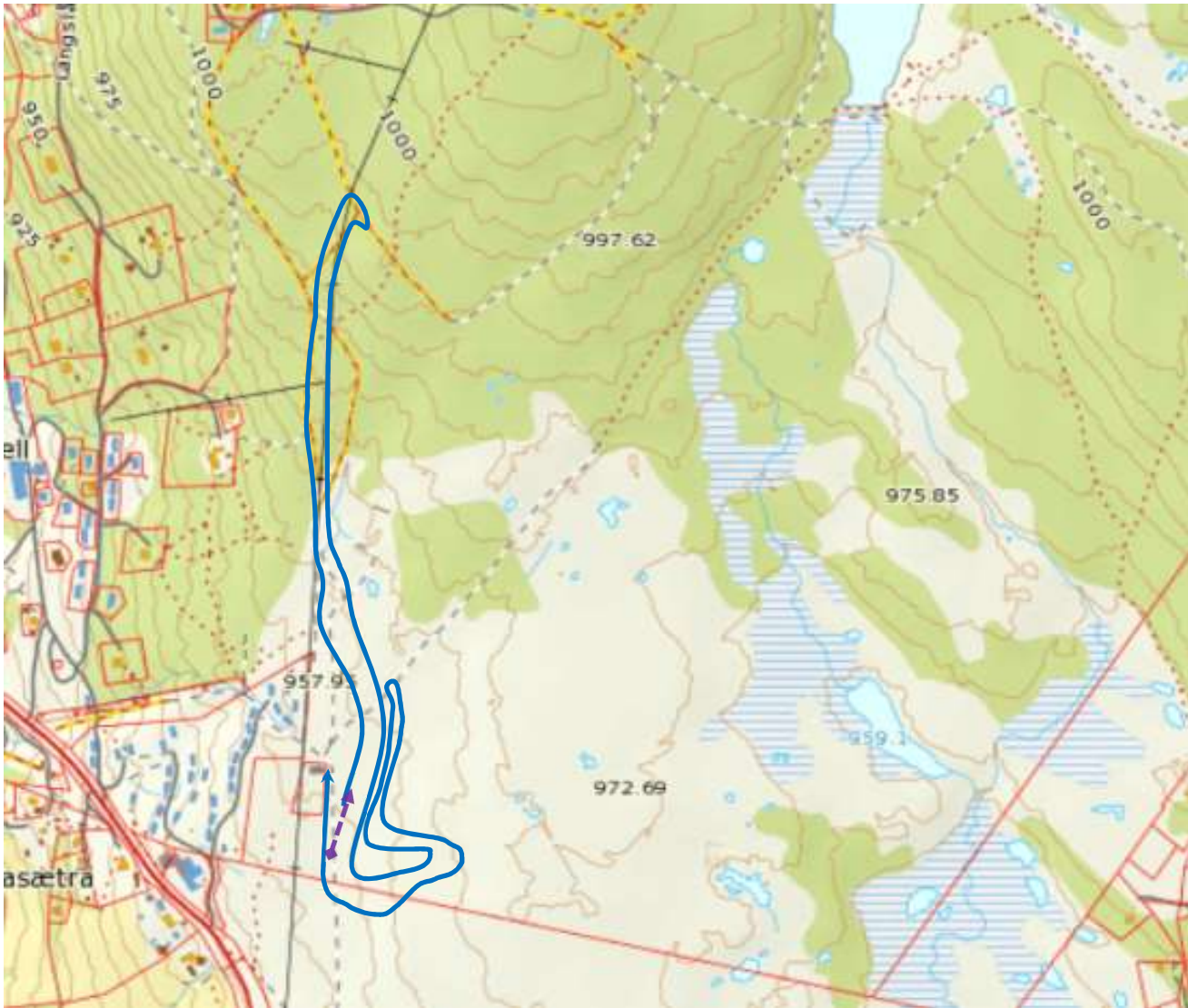
10 km intervall = 4 x 2,5 km blå

15 km intervall = 6 x 2,5 km blå

GålaSPRINTEN



Løypekart 2021 – 2,5 km



Data

Lengde – 2 500m

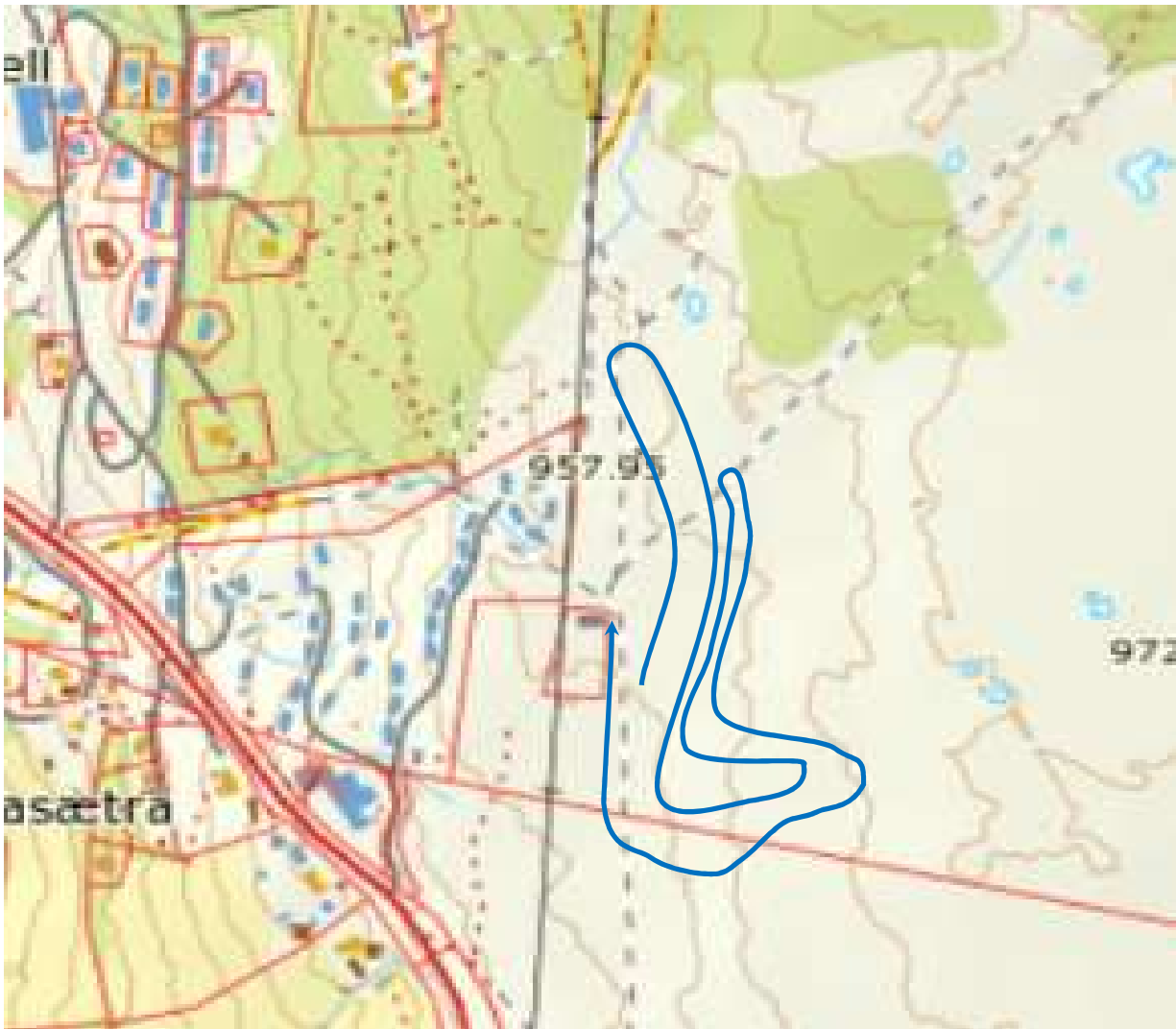
Total stigning – 75m



GålaSPRINTEN



Løypekart 2021 – Sprint herrer



Data

Lengde – 1 450 m

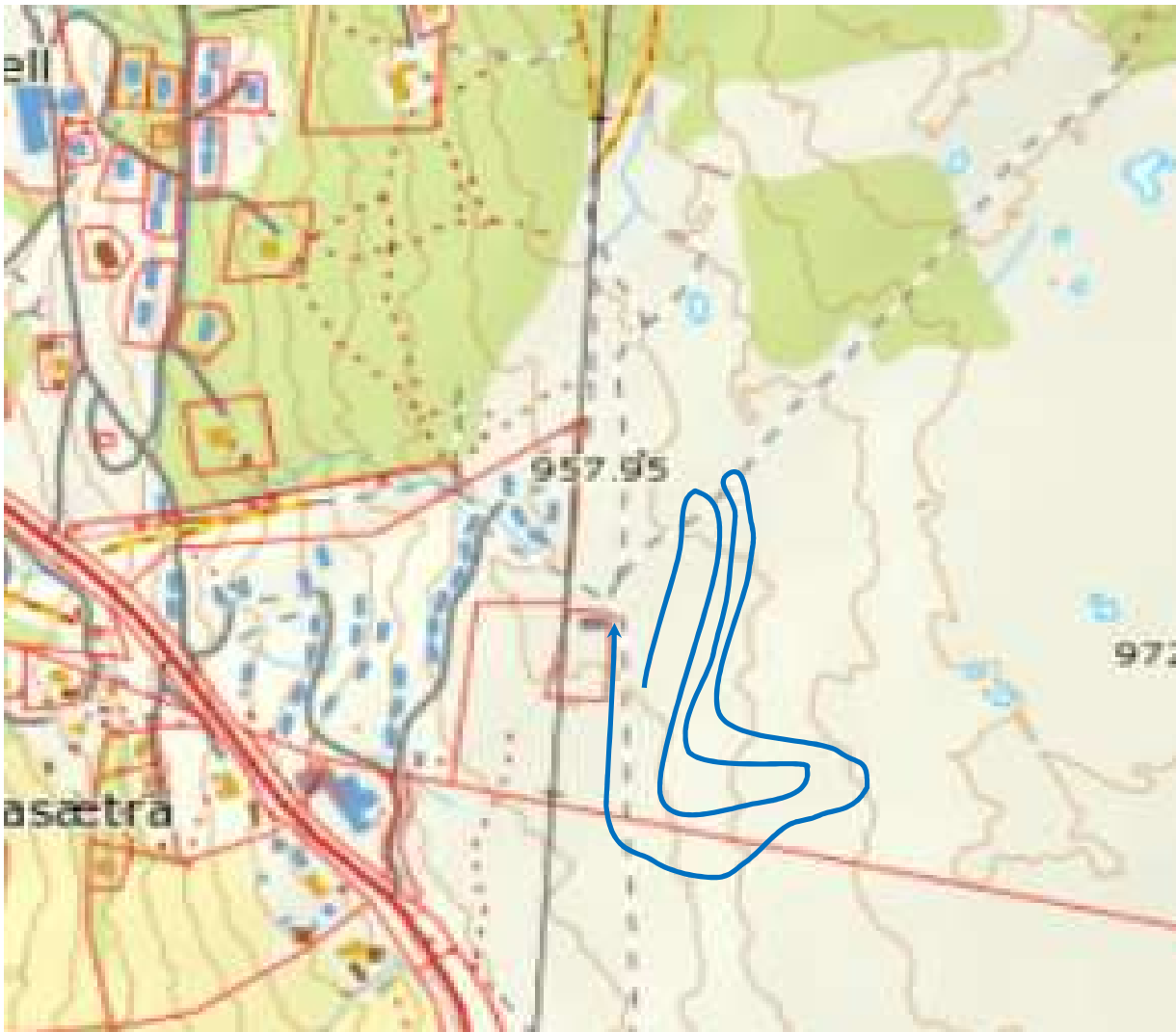
Total stigning – 32 m



GålaSPRINTEN



Løypekart 2021 – Sprint damer/sprint para stående



Data

Lengde – 1 140 m

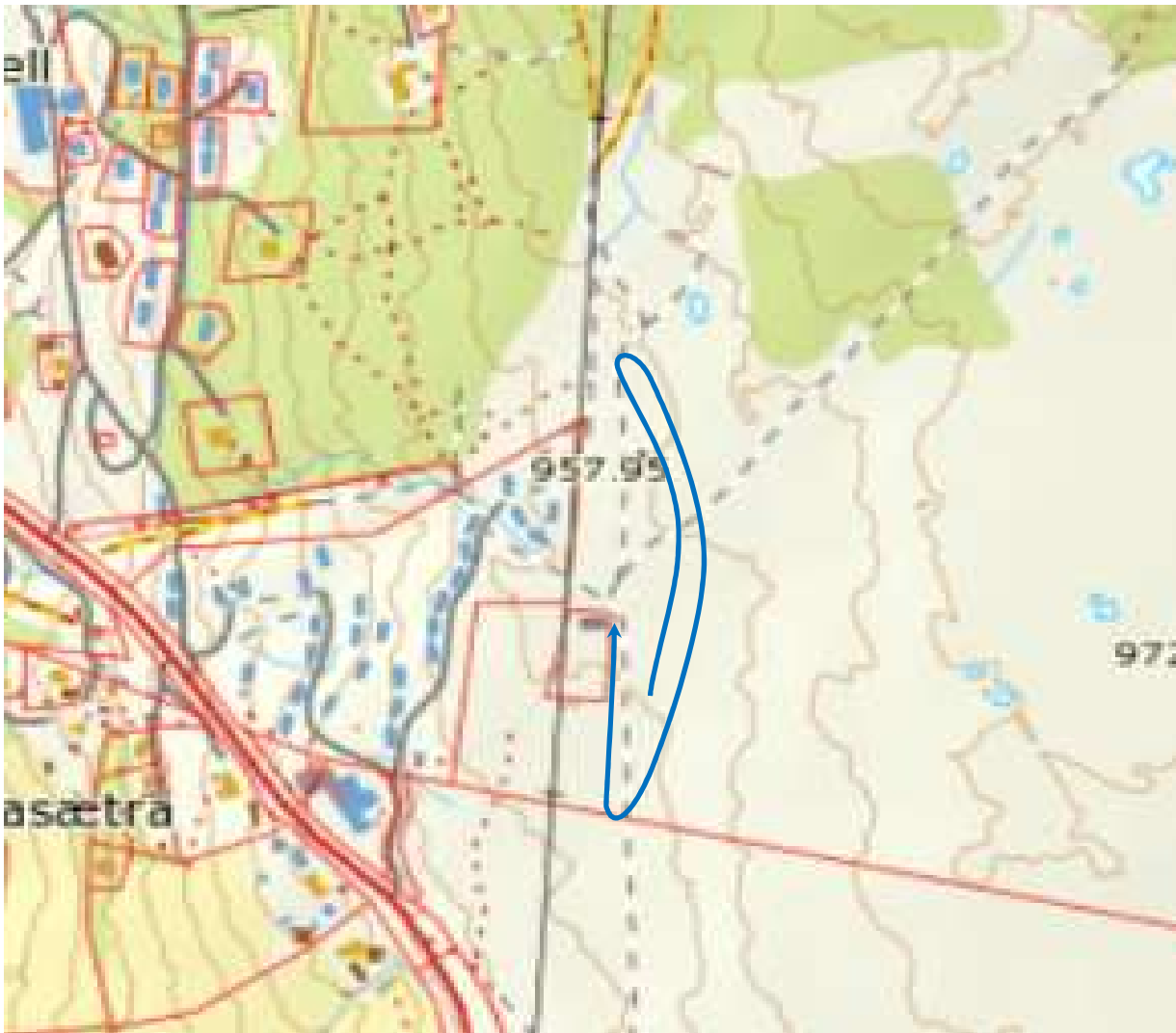
Total stigning – 30 m



GålaSPRINTEN



Løypekart 2021 – Para sittende



Data

Lengde – 600 m

Sprint – 1 runde

3 km – 5 runder

5 km – 8 runder