



Equinor NC dag 1

Veldre sag

2020-02-28



FH Menn senior sittende Startlist

| Jury/Competition management | | Data of course | |
|------------------------------|------------------------------------|------------------------|--------------------|
| Technical Delegate | Sylvi Helen Broks Pettersen Ofstad | Name of course | 10 km PARA classic |
| FIS Race Director | Trond Opsal | Height Difference (HD) | 45 |
| Assistand Technical Delegate | Anita Østmoe | Maximum climb (MM) | 32 |
| Assistant TD Nat. | Gunnar Alfred Smiseth | Total Climb (MT) | 69 |
| Chief of Competition | | Laps | 2 |
| | | Laplength | 4581 |

| Startno | Fis code | Name | Team | Nation | Starttime | Ecard | Gpr | YOB | Fis Points |
|---------|----------|----------------|-------------|--------|-----------|---------|-----|------|------------|
| 1 | 0 | Jon-Einar Sand | Viking, TIF | NOR | 11:00:30 | 4074191 | 0 | 1984 | 9999,99 |
| 2 | 0 | Jens Olstad | Sør-Fron IL | NOR | 11:01:00 | 0 | 0 | 1985 | 9999,99 |

Kvinner senior Startlist

| Jury/Competition management | | Data of course | |
|------------------------------|------------------------------------|------------------------|---------------|
| Technical Delegate | Sylvi Helen Broks Pettersen Ofstad | Name of course | 10 km classic |
| FIS Race Director | Trond Opsal | Height Difference (HD) | 50 |
| Assistand Technical Delegate | Anita Østmoe | Maximum climb (MM) | 39 |
| Assistant TD Nat. | Gunnar Alfred Smiseth | Total Climb (MT) | 168 |
| Chief of Competition | | Laps | 2 |
| | | Laplength | 5026 |

| Startno | Fis code | Name | Team | Nation | Starttime | Ecard | Gpr | YOB | Fis Points |
|---------|----------|--------------------------------------|---------------------|--------|-----------|---------|-----|------|------------|
| 31 | 3425508 | Trine Lise Strøm | Hamar SK | NOR | 11:15:30 | 3013604 | 1 | 1990 | 9999,99 |
| 32 | 3125206 | Kun Zhang | Lillehammer Skiklub | NOR | 11:16:00 | 0 | 2 | 1999 | 285,99 |
| 33 | 3426656 | Elin Uppstad | Valle IL | NOR | 11:16:30 | 4021804 | 2 | 1999 | 219,66 |
| 34 | 3426702 | Anniken Ravnå | Viking, TIF | NOR | 11:17:00 | 3954757 | 2 | 1999 | 229,4 |
| 35 | 3426734 | Franziska Skogsholm | Aslia Skilag | NOR | 11:17:30 | 3957842 | 2 | 1999 | 188,31 |
| 36 | 3045097 | Ellen Søhol Lie | Heming, IL | NOR | 11:18:00 | 4028478 | 2 | 1994 | 202,3 |
| 37 | 3426379 | Martine Slokvik | Lyn Ski | NOR | 11:18:30 | 3409919 | 2 | 1997 | 183,93 |
| 38 | 3426719 | Tina Rusten | Bækkelaget SK | NOR | 11:19:00 | 3574605 | 2 | 1999 | 208,68 |
| 39 | 3425179 | Marthe Kristine Hafsaal Karset | Vang | NOR | 11:19:30 | 3731304 | 2 | 1985 | 159,31 |
| 40 | 3426648 | Sigrid Stakston | Søre Ål IL | NOR | 11:20:00 | 3555638 | 2 | 1999 | 150,79 |
| 41 | 3426684 | Ragnhild Sivertsen | Henning Skilag | NOR | 11:20:30 | 3495777 | 2 | 1999 | 178,89 |
| 42 | 3426537 | Amalie Honerud Olsen | Mjøndalen IF | NOR | 11:21:00 | 4068698 | 2 | 1998 | 233,16 |
| 43 | 3426520 | Johanne Heimdal | Bardu IL | NOR | 11:21:30 | 4029484 | 2 | 1998 | 163,2 |
| 44 | 3426414 | Nora Lian Aarrestad | Sandnes IL | NOR | 11:22:00 | 3857331 | 2 | 1997 | 154,61 |
| 45 | 3426532 | Katrine Seim | Hol IL | NOR | 11:22:30 | 3809928 | 2 | 1998 | 154,07 |
| 46 | 3426049 | Mathilde Hagen Rønning | Vikersund IF | NOR | 11:23:00 | 3974375 | 2 | 1995 | 167,6 |
| 47 | 3426506 | Sigrid Flatås Aune | Henning Skilag | NOR | 11:23:30 | 4068250 | 2 | 1998 | 166,6 |
| 48 | 3426700 | Betine Bakken | Jevnaker | NOR | 11:24:00 | 4021762 | 2 | 1999 | 218,58 |
| 49 | 3426375 | Gina Flugstad Øistuen | Lyn Ski | NOR | 11:24:30 | 3944006 | 2 | 1997 | 189,01 |
| 50 | 3125246 | Ju Li | Lillehammer Skiklub | NOR | 11:25:00 | 0 | 2 | 1999 | 262,78 |
| 51 | 3426232 | Marte Nordlunde | Follebu SK | NOR | 11:25:30 | 3857513 | 2 | 1996 | 180,84 |
| 52 | 3426046 | Caroline Madsen | Konnerud IL | NOR | 11:26:00 | 3767274 | 3 | 1995 | 104,59 |
| 53 | 3426762 | Eivor Vestrheim Skjerven | Bulken IL | NOR | 11:26:30 | 3570637 | 3 | 1999 | 95,88 |
| 54 | 3426234 | Ingrid Mathisen | Fauske IL Langrenn | NOR | 11:27:00 | 3808086 | 3 | 1996 | 84,6 |
| 55 | 3426490 | Mari Nordlunde | Follebu SK | NOR | 11:27:30 | 3857430 | 3 | 1998 | 103,64 |
| 56 | 3426356 | Julie Victoria Berg | Leksvik IL | NOR | 11:28:00 | 3811023 | 3 | 1997 | 109,95 |
| 57 | 3426608 | Ragnhild Mogstad | Strindheim IL | NOR | 11:28:30 | 3965613 | 3 | 1999 | 107 |
| 58 | 3426638 | Dorthe Ballangrud Seierstad | Raufoss IL | NOR | 11:29:00 | 3803335 | 3 | 1999 | 111,89 |
| 59 | 3426689 | Hanna Kristine Gunlaugsdatter Larsen | Heddal IL | NOR | 11:29:30 | 4031472 | 3 | 1999 | 121,02 |
| 60 | 3426278 | Margrete Røssum Dyrhovd | Krødsherad IL | NOR | 11:30:00 | 3986775 | 3 | 1993 | 87,55 |
| 61 | 3426562 | Martine Stina Astrid Engebretsen | Heming, IL | NOR | 11:30:30 | 3922424 | 3 | 1998 | 89,67 |
| 62 | 3426516 | Vilde Elisabet Flatland | Heddal IL | NOR | 11:31:00 | 3916327 | 3 | 1998 | 132,95 |
| 63 | 3426793 | Karen Marie Håkonsen | Kjellmyra IL | NOR | 11:31:30 | 4079109 | 3 | 1999 | 148,57 |
| 64 | 3055136 | Katharina Brudermann | IL Varden Meråker | NOR | 11:32:00 | 4078655 | 3 | 1999 | 144,23 |
| 65 | 3426153 | Guro Bostad | Strindheim IL | NOR | 11:32:30 | 3642477 | 3 | 1996 | 99,59 |
| 66 | 3426641 | Julie Waltenberg | Lyngen/Karnes IL | NOR | 11:33:00 | 3964673 | 3 | 1999 | 91,91 |
| 67 | 3426112 | Ane Appelkvist Stenseth | Grong IL | NOR | 11:33:30 | 4020657 | 3 | 1995 | 123,38 |



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| | | | | | | | | | |
|----|---------|-------------------------|---------------------|-----|----------|---------|---|------|--------|
| 68 | 3426709 | Sigrid Bye | Eidsvold Værks | NOR | 11:34:00 | 3244746 | 3 | 1999 | 146,22 |
| 69 | 3505981 | Maria Jonasson | Norges Skiforbund | SWE | 11:34:30 | 4074753 | 3 | 1996 | 112,68 |
| 70 | 3426658 | Mari Folkvord | Sandnes IL | NOR | 11:35:00 | 3743218 | 3 | 1999 | 131,12 |
| 71 | 3426182 | Amalie Håkonsen Ous | Nes Ski | NOR | 11:35:30 | 3300761 | 3 | 1996 | 93,33 |
| 72 | 3426650 | Tuva Bakkemo | Gjøvik SK | NOR | 11:36:00 | 3952926 | 4 | 1999 | 72,62 |
| 73 | 3425772 | Marthe Bjørnsgaard | Lillehammer Skiklub | NOR | 11:36:30 | 0 | 4 | 1993 | 63,13 |
| 74 | 3425397 | Kathrine Rolsted Harsem | IL Varden Meråker | NOR | 11:37:00 | 4103842 | 4 | 1989 | 49,56 |
| 75 | 3426676 | Astrid Stav | IL Varden Meråker | NOR | 11:37:30 | 3824174 | 4 | 1999 | 62,72 |
| 76 | 3426444 | Alise Einmo | Strindheim IL | NOR | 11:38:00 | 4012217 | 4 | 1998 | 83,81 |
| 77 | 3426423 | Martine Lorgen Øvrebust | Stordal IL | NOR | 11:38:30 | 4029955 | 4 | 1997 | 69,24 |
| 78 | 3425355 | Silje Øyre Slind | Oppdal IL | NOR | 11:39:00 | 3027620 | 4 | 1988 | 42,47 |
| 79 | 3426175 | Sofie Nordsveen Hustad | Kjelsås IL | NOR | 11:39:30 | 3996246 | 4 | 1996 | 83,33 |
| 80 | 3426110 | Magni Smedås | Lillehammer Skiklub | NOR | 11:40:00 | 3934825 | 4 | 1995 | 40,54 |
| 81 | 3425703 | Kari Øyre Slind | Oppdal IL | NOR | 11:40:30 | 3025061 | 4 | 1991 | 53,75 |
| 82 | 3425669 | Anne Kjersti Kalvå | Lundamo IL | NOR | 11:41:00 | 3634607 | 4 | 1992 | 35,68 |
| 83 | 3426431 | Karoline Simpson-Larsen | Vargar IL | NOR | 11:41:30 | 3854460 | 4 | 1997 | 57,66 |
| 84 | 3425530 | Maren Wangensteen | Øystre Slidre IL | NOR | 11:42:00 | 3733961 | 4 | 1991 | 68,46 |
| 85 | 3426370 | Marte Mæhlum Johansen | Østre Toten Skilag | NOR | 11:42:30 | 4068201 | 4 | 1997 | 64,46 |
| 86 | 3426524 | Synne Arnesen | Tromsø SK | NOR | 11:43:00 | 3814084 | 4 | 1998 | 69,38 |
| 87 | 3425896 | Silje Theodorsen | Kvaløysletta Skilag | NOR | 11:43:30 | 3141116 | 4 | 1994 | 47,26 |
| 88 | 3425827 | Berit Mogstad | Strindheim IL | NOR | 11:44:00 | 4079083 | 4 | 1993 | 72,07 |
| 89 | 3425863 | Anikken Gjerde Alnæs | Rustad IL | NOR | 11:44:30 | 4076667 | 4 | 1994 | 70,82 |
| 90 | 3426376 | Susann Sagstuen | Gjøvik SK | NOR | 11:45:00 | 4079299 | 4 | 1997 | 75,93 |
| 91 | 3426149 | Marte Skaanes | Strindheim IL | NOR | 11:45:30 | 4105524 | 4 | 1996 | 61,32 |



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FH Menn senior stående Startlist

| Jury/Competition management | | Data of course | |
|------------------------------|------------------------------------|------------------------|---------------|
| Technical Delegate | Sylvi Helen Broks Pettersen Ofstad | Name of course | 15 km classic |
| FIS Race Director | Trond Opsal | Height Difference (HD) | 60 |
| Assistand Technical Delegate | Anita Østmoe | Maximum climb (MM) | 57 |
| Assistant TD Nat. | Gunnar Alfred Smiseth | Total Climb (MT) | 240 |
| Chief of Competition | | Laps | 2 |
| | | Laplength | 7464 |

| Startno | Fis code | Name | Team | Nation | Starttime | Ecard | Gpr | YOB | Fis Points |
|---------|----------|--------------------------------|-----------------|--------|-----------|---------|-----|------|------------|
| 101 | 8420443 | Thomas Karbøl Oxaal | Sauda IL | NOR | 12:30:30 | 3903648 | 0 | 1999 | 325,92 |
| 102 | 0 | Trygve Steinar Toskedal Larsen | Trysilgutten IL | NOR | 12:31:00 | 2129 | 0 | 1972 | 9999,99 |

Menn senior Startlist

| Jury/Competition management | | Data of course | |
|------------------------------|------------------------------------|------------------------|---------------|
| Technical Delegate | Sylvi Helen Broks Pettersen Ofstad | Name of course | 15 km classic |
| FIS Race Director | Trond Opsal | Height Difference (HD) | 60 |
| Assistand Technical Delegate | Anita Østmoe | Maximum climb (MM) | 57 |
| Assistant TD Nat. | Gunnar Alfred Smiseth | Total Climb (MT) | 240 |
| Chief of Competition | | Laps | 2 |
| | | Laplength | 7464 |

| Startno | Fis code | Name | Team | Nation | Starttime | Ecard | Gpr | YOB | Fis Points |
|---------|----------|--------------------------------|---------------------|--------|-----------|---------|-----|------|------------|
| 103 | 3423439 | Sivert Bjørnebo Langerud | Lier IL | NOR | 12:31:30 | 3513157 | 1 | 1998 | 9999,99 |
| 104 | 3422698 | Stian Christoffersen | Runar, IL | NOR | 12:32:00 | 3321403 | 1 | 1996 | 9999,99 |
| 105 | 3510687 | Matthias Leibundgut | Lillehammer Skiklub | SUI | 12:32:30 | 3857364 | 2 | 1996 | 154,42 |
| 106 | 3423869 | Sondre Albrigtsen Bjørnstad | Nesodden IF - Ski | NOR | 12:33:00 | 4038774 | 2 | 1999 | 163,27 |
| 107 | 3423646 | Marius Moe Renå | Hommelvik IL | NOR | 12:33:30 | 3993219 | 2 | 1999 | 153,1 |
| 108 | 3423597 | Bjørn Erik Langstein | Tomrefjord IL | NOR | 12:34:00 | 3808946 | 2 | 1998 | 153,09 |
| 109 | 3501204 | Måns Sunesson | Sellnäs IF | NOR | 12:34:30 | 3772225 | 2 | 1994 | 151,18 |
| 110 | 3423365 | Adrian Sandnes Lillevoll | Valnesfjord IL | NOR | 12:35:00 | 4059937 | 2 | 1998 | 190,47 |
| 111 | 3423630 | Jens Christian Grymyr | Asker SK | NOR | 12:35:30 | 3787231 | 2 | 1999 | 121,22 |
| 112 | 3423807 | Sigurd Landsem Melhus | Henning Skilag | NOR | 12:36:00 | 4028890 | 2 | 1999 | 299,89 |
| 113 | 3423892 | Hans Bernhard Burud | Sande Sportsklubb | NOR | 12:36:30 | 4078192 | 2 | 1999 | 150,35 |
| 114 | 3423563 | Per Ivar Sølve Reinemo | Hamar SK | NOR | 12:37:00 | 4021077 | 2 | 1998 | 132,47 |
| 115 | 3423149 | Sivert Hansen Hauan | Tromsø SK | NOR | 12:37:30 | 3948049 | 2 | 1997 | 174,42 |
| 116 | 3423640 | Axel Andersson | Ranheim SK | NOR | 12:38:00 | 3965126 | 2 | 1999 | 133,79 |
| 117 | 3423308 | Sebastian Kristoffer Endrestad | Bækkelagets SK | NOR | 12:38:30 | 4069571 | 2 | 1998 | 234,58 |
| 118 | 3423932 | Hermann Skram Botterud | Bærum Skiklub | NOR | 12:39:00 | 3953700 | 2 | 1999 | 349,98 |
| 119 | 3120203 | Nuerbolati Xiateke | Lillehammer Skiklub | CHN | 12:39:30 | 0 | 2 | 1998 | 237,41 |
| 120 | 3423868 | Ole Tobias Utne Bjerke | Gjerdrum IL | NOR | 12:40:00 | 3395001 | 2 | 1999 | 329,52 |
| 121 | 3422700 | Krister Saastad | Høybråten og | NOR | 12:40:30 | 3808599 | 2 | 1996 | 162,53 |
| 122 | 3423314 | Ole Haldor Ensrud | Strindheim IL | NOR | 12:41:00 | 3995248 | 2 | 1998 | 155,25 |
| 123 | 3423696 | Fredrik Fuglerud Flugstad | Gjøvik SK | NOR | 12:41:30 | 3821394 | 2 | 1999 | 126,53 |
| 124 | 3423998 | Mads Greni Arnesen | Hamar SK | NOR | 12:42:00 | 4020889 | 2 | 1999 | 232,6 |
| 125 | 3423491 | Jostein Tandberg | Kjelsås IL | NOR | 12:42:30 | 3880846 | 2 | 1998 | 165,69 |
| 126 | 3422004 | Erik Lippestad Thorstensen | Asker SK | NOR | 12:43:00 | 3810447 | 2 | 1994 | 121,72 |
| 127 | 3423843 | Anders Lervik | Asker SK | NOR | 12:43:30 | 3926367 | 2 | 1999 | 152,95 |
| 128 | 3423087 | Ola Nygård Snellingen | Svea Skilag | NOR | 12:44:00 | 3970753 | 2 | 1997 | 125,35 |
| 129 | 3422375 | Sigurd Lund Røer | Bækkelagets SK | NOR | 12:44:30 | 3811775 | 2 | 1995 | 136,95 |
| 130 | 3422854 | Daniel May Instanes | Fana IL | DEN | 12:45:00 | 3405370 | 2 | 1996 | 118,22 |
| 131 | 3423638 | Andreas Talseth Bostad | Ranheim SK | NOR | 12:45:30 | 3951316 | 2 | 1999 | 150,54 |
| 132 | 3220051 | Joseph Rosenfeld | GBR | GBR | 12:46:00 | 0 | 2 | 2001 | 244,92 |
| 133 | 3423589 | Emil Håkon Lier | Asker SK | NOR | 12:46:30 | 3380847 | 2 | 1997 | 226,71 |
| 134 | 3423884 | Lars-Martin Fossgard | Asker SK | NOR | 12:47:00 | 4012639 | 2 | 1999 | 119,27 |
| 135 | 3423570 | Skjalg Espeland | Jondal IL | NOR | 12:47:30 | 4006912 | 2 | 1998 | 137,37 |
| 136 | 3423887 | Bård Eskil Bjørndalen | Magnor UL | NOR | 12:48:00 | 4041125 | 2 | 1999 | 159,51 |
| 137 | 3423751 | Tore André Melberg | Gjesdal IL | NOR | 12:48:30 | 3961315 | 2 | 1999 | 120,11 |
| 138 | 3423974 | Asle Grøthe | Torpo IL | NOR | 12:49:00 | 3918356 | 2 | 1999 | 140,41 |
| 139 | 3422286 | Eirik Tvedt Aastvedt | Osterøy IL | NOR | 12:49:30 | 3809050 | 2 | 1995 | 182,55 |

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|-----|---------|---------------------------------|---------------------|-----|----------|---------|---|------|--------|
| 140 | 3423645 | Sander Øvre Haugan | Hommelvik IL | NOR | 12:50:00 | 3903838 | 2 | 1999 | 134,61 |
| 141 | 3423360 | Ole Jacob Forsmo | Halsøy IL - Ski | NOR | 12:50:30 | 3990405 | 2 | 1998 | 120,45 |
| 142 | 3422636 | Sindre Andre Winther Torbergsen | Medkila Skilag | NOR | 12:51:00 | 4004701 | 2 | 1996 | 160,05 |
| 143 | 3423882 | Kristian Larsen | MjøsSki | NOR | 12:51:30 | 3832375 | 2 | 1999 | 472,07 |
| 144 | 3422550 | Håkon Myrmo | Rennebu IL | NOR | 12:52:00 | 3652161 | 2 | 1995 | 127,98 |
| 145 | 3423263 | Herman Andreas Andersen | Bækkelagets SK | NOR | 12:52:30 | 3485265 | 2 | 1998 | 138,6 |
| 146 | 3423687 | Sigve Bornø Novstad | Medkila Skilag | NOR | 12:53:00 | 3691888 | 2 | 1999 | 127,49 |
| 147 | 3423430 | Vegard Myklemyr | Bromma IL | NOR | 12:53:30 | 4011334 | 2 | 1998 | 133,75 |
| 148 | 3422731 | Vegard Gjelsnes Ødegården | Rustad IL | NOR | 12:54:00 | 3808912 | 2 | 1995 | 248,54 |
| 149 | 3423070 | Magnus Sivertsen | Henning Skilag | NOR | 12:54:30 | 4006565 | 2 | 1997 | 120,56 |
| 150 | 3423957 | Brynjar Kvernstad | Kyrksæterøra IL | NOR | 12:55:00 | 3968583 | 2 | 1999 | 158,77 |
| 151 | 3423896 | Vegard Ek Hagen | Lillehammer Skiklub | NOR | 12:55:30 | 3803806 | 2 | 1999 | 159,42 |
| 152 | 3423163 | Eirik Haug | Lyn Ski | NOR | 12:56:00 | 3857687 | 2 | 1997 | 129,35 |
| 153 | 3423632 | Peter John Martin Haddon | Byåsen IL | NOR | 12:56:30 | 4021283 | 2 | 1999 | 118,75 |
| 154 | 3423307 | Even Olaus Seeberg | Nittedal IL | NOR | 12:57:00 | 3928066 | 2 | 1998 | 143,88 |
| 155 | 3422725 | Andreas Faanes | NTNUI | NOR | 12:57:30 | 4010674 | 2 | 1996 | 146,7 |
| 156 | 3423824 | Petter Stokkeland | Bygdø IL | NOR | 12:58:00 | 4107975 | 3 | 1999 | 73,87 |
| 157 | 3422669 | Kristoffer By Vollset | Klæbu IL | NOR | 12:58:30 | 3858313 | 3 | 1996 | 92,2 |
| 158 | 3423684 | Emil Sjørgård | Ringkollen SK | NOR | 12:59:00 | 3963873 | 3 | 1999 | 88,96 |
| 159 | 3423101 | Fredrik Helgestad | Hamar SK | NOR | 12:59:30 | 3858206 | 3 | 1997 | 77,47 |
| 160 | 3422266 | Torgeir Sulen Hovland | Kvaløysletta Skilag | NOR | 13:00:00 | 3822251 | 3 | 1995 | 74,74 |
| 161 | 3423433 | Emil Intelhus Brøto | Gol IL | NOR | 13:00:30 | 3854437 | 3 | 1998 | 108,45 |
| 162 | 3423065 | Marius Landsem Melhus | Henning Skilag | NOR | 13:01:00 | 3500618 | 3 | 1997 | 109,47 |
| 163 | 3423053 | Emil Wiik | Asker SK | NOR | 13:01:30 | 4078382 | 3 | 1997 | 99,33 |
| 164 | 3421760 | Ingvar Folkvord | Sandnes IL | NOR | 13:02:00 | 3130028 | 3 | 1993 | 89,11 |
| 165 | 3422717 | Alexander Løvik Nyheim | Henning Skilag | NOR | 13:02:30 | 3857166 | 3 | 1996 | 112,63 |
| 166 | 3423844 | Ola Jakob Lier | Asker SK | NOR | 13:03:00 | 3384864 | 3 | 1999 | 92,62 |
| 167 | 3423375 | Geir Kristian Hoås | Lånke IL | NOR | 13:03:30 | 3812260 | 3 | 1998 | 90,51 |
| 168 | 3423370 | Vebjørn Moen | Tverlandet IL | NOR | 13:04:00 | 3881745 | 3 | 1998 | 86,09 |
| 169 | 3780033 | Tautvydas Strolia | Sekmes Trasa | LTU | 13:04:30 | 0 | 3 | 1995 | 105,49 |
| 170 | 3423881 | Håvard Hovde | MjøsSki | NOR | 13:05:00 | 3929296 | 3 | 1999 | 76,37 |
| 171 | 3423371 | Vegard Sivertsgård | Tydal IL | NOR | 13:05:30 | 4040820 | 3 | 1998 | 79,21 |
| 172 | 3422774 | Jonas Austad | Henning Skilag | NOR | 13:06:00 | 3974771 | 3 | 1996 | 94,62 |
| 173 | 3423681 | Bjørnar Stensrud Tyribakken | Bromma IL | NOR | 13:06:30 | 4075859 | 3 | 1999 | 80,25 |
| 174 | 3423540 | Eirik Bergene Aabrekk | Runar, IL | NOR | 13:07:00 | 3504198 | 3 | 1998 | 98,25 |
| 175 | 3423084 | Mårten Soleng Skinstad | Vind IL | NOR | 13:07:30 | 3809258 | 3 | 1997 | 110,15 |
| 176 | 3423826 | Jan-Henrik Melbø | Bygdø IL | NOR | 13:08:00 | 4040499 | 3 | 1999 | 105,56 |
| 177 | 3423544 | Sivert Moen | Bardufoss og | NOR | 13:08:30 | 4104394 | 3 | 1998 | 102,83 |
| 178 | 3423300 | Hans Kristian Holmbro | Strindheim IL | NOR | 13:09:00 | 3925021 | 3 | 1998 | 83,45 |
| 179 | 3422291 | Edvin Kristoffer Frost | Tromsø SK | NOR | 13:09:30 | 3823077 | 3 | 1995 | 77,99 |
| 180 | 3423500 | Simen Munch Wahl | Bækkelagets SK | NOR | 13:10:00 | 4101382 | 3 | 1998 | 112,2 |
| 181 | 3423633 | Johan Tøndel Hammer | Børsa IL | NOR | 13:10:30 | 3905122 | 3 | 1999 | 117,26 |
| 182 | 3423986 | Johan Henri Olsen Bjørtomt | Gjerdrum IL | NOR | 13:11:00 | 3802535 | 3 | 1999 | 108,33 |
| 183 | 3423497 | Øyvind Rikheim Haugan | Heming, IL | NOR | 13:11:30 | 4029997 | 3 | 1998 | 95,48 |
| 184 | 3423503 | Lars Sørensen | Rustad IL | NOR | 13:12:00 | 3909454 | 3 | 1998 | 84,56 |
| 185 | 3423167 | Jostein Schlytter Strandbråten | Begna IL | NOR | 13:12:30 | 3812740 | 3 | 1997 | 104,84 |
| 186 | 3422898 | Aslak Ole Rognerud Eira | Nordreisa IL | NOR | 13:13:00 | 4076618 | 3 | 1996 | 78,64 |
| 187 | 3422512 | Erling Engesvold Flataker | Hommelvik IL | NOR | 13:13:30 | 3941473 | 3 | 1995 | 112,72 |
| 188 | 3423374 | Jesper Abelsen Andreassen | Halsøy IL - Ski | NOR | 13:14:00 | 3936267 | 3 | 1998 | 102,43 |
| 189 | 3423050 | Knut Skrindo | Gol IL | NOR | 13:14:30 | 4012571 | 3 | 1997 | 79,98 |

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|-----|---------|-------------------------------|---------------------|-----|----------|---------|---|------|--------|
| 190 | 3422771 | Torstein Buan Røvik | IL Varden Meråker | NOR | 13:15:00 | 3809381 | 3 | 1996 | 75,32 |
| 191 | 3423482 | Simen Myhre | Heming, IL | NOR | 13:15:30 | 3802584 | 3 | 1998 | 87,15 |
| 192 | 3423923 | Eirik Andreas Mortensbakke | Asker SK | NOR | 13:16:00 | 4013603 | 3 | 1999 | 83,68 |
| 193 | 3423833 | Vebjørn Weldingh Nilsen | Gulset IF | NOR | 13:16:30 | 3669470 | 3 | 1999 | 114,79 |
| 194 | 3422016 | Mattis Sjøli | Halmsås og Omegn | NOR | 13:17:00 | 3775723 | 3 | 1994 | 77,95 |
| 195 | 3423006 | Amund Hoel | Åsen IL | NOR | 13:17:30 | 3821261 | 3 | 1997 | 75,6 |
| 196 | 3181268 | Emil Talsi | SWE | SWE | 13:18:00 | 0 | 3 | 1999 | 91,24 |
| 197 | 3423995 | Jørgen Stigen | Hamar SK | NOR | 13:18:30 | 4020384 | 3 | 1999 | 117,5 |
| 198 | 3423410 | Aksel Bru-Hemmingby | Heming, IL | NOR | 13:19:00 | 4033072 | 3 | 1998 | 87,17 |
| 199 | 3422986 | Jonas Aasbø | Sumnadal IL | NOR | 13:19:30 | 3982014 | 3 | 1997 | 113,67 |
| 200 | 3423629 | Kristoffer Berset | Strindheim IL | NOR | 13:20:00 | 3959442 | 3 | 1999 | 79,67 |
| 201 | 3423179 | Henrik Sørli Haug | Lyn Ski | NOR | 13:20:30 | 3828407 | 3 | 1997 | 103,8 |
| 202 | 3423750 | Ludvig Vartdal | Emblem IL | NOR | 13:21:00 | 4069092 | 3 | 1999 | 112,66 |
| 203 | 3423897 | Henrik Vik Tolo | Asker SK | NOR | 13:21:30 | 4011086 | 3 | 1999 | 99,26 |
| 204 | 3423718 | Marius Viken Vesterås | Varde IL | NOR | 13:22:00 | 4010443 | 3 | 1999 | 102,05 |
| 205 | 3423561 | Johannes Bordal | MjøsSki | NOR | 13:22:30 | 3941614 | 3 | 1998 | 93,01 |
| 206 | 3421849 | Eirik Mysen | Oseberg Skilag | NOR | 13:23:00 | 3829017 | 4 | 1993 | 38,08 |
| 207 | 3421645 | Lars Ove Aunli | Strindheim IL | NOR | 13:23:30 | 4104998 | 4 | 1993 | 52,27 |
| 208 | 3423894 | Sjur Kvisle | Asker SK | NOR | 13:24:00 | 4012019 | 4 | 1999 | 62,19 |
| 209 | 3422028 | Magne Haga | Åsen IL | NOR | 13:24:30 | 3947470 | 4 | 1994 | 27,34 |
| 210 | 3423669 | Albert Sunde Øhlschlägel | Sjåstad/Vestre Lier | NOR | 13:25:00 | 4023537 | 4 | 1999 | 66,43 |
| 211 | 3422651 | Erland Kvisle | Asker SK | NOR | 13:25:30 | 3802733 | 4 | 1996 | 38,46 |
| 212 | 3421655 | Gjermund Løfald | Rindal IL | NOR | 13:26:00 | 4068664 | 4 | 1993 | 63,47 |
| 213 | 3421665 | Magnus Stensås | Tydal IL | NOR | 13:26:30 | 3742111 | 4 | 1993 | 31,47 |
| 214 | 3422186 | Vebjørn Turtveit | Voss IL | NOR | 13:27:00 | 3768397 | 4 | 1994 | 22,29 |
| 215 | 3423317 | Jørgen Lippert | Trøsken IL | NOR | 13:27:30 | 3918430 | 4 | 1998 | 61,21 |
| 216 | 3422264 | Eirik Mikkelsen | Medkila Skilag | NOR | 13:28:00 | 4078044 | 4 | 1995 | 70,44 |
| 217 | 3422521 | Eirik Sverdrup Augdal | Ringkollen SK | NOR | 13:28:30 | 3836798 | 4 | 1995 | 28,61 |
| 218 | 3421939 | Kjetil Andre Bjerkheim | Nesbyen IL | NOR | 13:29:00 | 4009759 | 4 | 1993 | 67,15 |
| 219 | 3422712 | Henrik Dønnestad | Gulset IF | NOR | 13:29:30 | 3329133 | 4 | 1996 | 48,73 |
| 220 | 3422613 | Jan Thomas Jenssen | Hommelvik IL | NOR | 13:30:00 | 3656261 | 4 | 1996 | 18,21 |
| 221 | 3423291 | Thomas Helland Larsen | Fossum IF | NOR | 13:30:30 | 4079828 | 4 | 1998 | 45,48 |
| 222 | 3423298 | Patrick Fossum Kristoffersen | Gjerdrum IL | NOR | 13:31:00 | 3928280 | 4 | 1998 | 57,88 |
| 223 | 3422498 | Sindre Grønflaten | Fjellørnen IL | NOR | 13:31:30 | 3812716 | 4 | 1995 | 35,12 |
| 224 | 3423660 | Sivert Leander Johansen | Drammens Ballklubb | NOR | 13:32:00 | 3997509 | 4 | 1999 | 68 |
| 225 | 3422621 | John Magnus Haugen | IL Varden Meråker | NOR | 13:32:30 | 3821295 | 4 | 1996 | 58,8 |
| 226 | 3421882 | Vegard Hamnes | Lillehammer Skiklub | NOR | 13:33:00 | 3321338 | 4 | 1993 | 66,86 |
| 227 | 3420614 | Per Kristian Nygård | Vestre Spone IF | NOR | 13:33:30 | 4073508 | 4 | 1987 | 46,55 |
| 228 | 3423258 | Sondre Skomedal Ramse | Otra IL | NOR | 13:34:00 | 3916988 | 4 | 1998 | 60,07 |
| 229 | 3423657 | Kristen Mikkelsplass | Bromma IL | NOR | 13:34:30 | 3909439 | 4 | 1999 | 69,16 |
| 230 | 3422841 | Joachim Aurland | Kjellmyra IL | NOR | 13:35:00 | 4081006 | 4 | 1996 | 62,02 |
| 231 | 3423548 | Kristian Skjeldal | Bulken IL | NOR | 13:35:30 | 3857489 | 4 | 1998 | 73,43 |
| 232 | 3500879 | Gustav ERIKSSON | IFK Mora | SWE | 13:36:00 | 3779840 | 4 | 1991 | 56,74 |
| 233 | 3422063 | Torstein Vestli | Strandbygda IL | NOR | 13:36:30 | 4078697 | 4 | 1994 | 65,69 |
| 234 | 3422940 | Ole Morten Engesvold Flataker | Hommelvik IL | NOR | 13:37:00 | 4013488 | 4 | 1997 | 53,1 |
| 235 | 3421269 | Daniel Stock | Vadsø SK | NOR | 13:37:30 | 3121530 | 4 | 1992 | 24,95 |
| 236 | 3422029 | Johan Hoel | Åsen IL | NOR | 13:38:00 | 3691714 | 4 | 1994 | 25,71 |
| 237 | 3423627 | Håkon Skaanes | Strindheim IL | NOR | 13:38:30 | 3909207 | 4 | 1999 | 54,49 |
| 238 | 3422263 | Gaute Kvåle | Røldal IL | NOR | 13:39:00 | 3857646 | 4 | 1995 | 30,8 |
| 239 | 3422021 | Johan Tjelle | Lyn Ski | NOR | 13:39:30 | 4074985 | 4 | 1994 | 27,73 |



Equinor NC dag 1

Veldre sag

2020-02-28



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| 240 | 3423034 | Bendik Skjønberg Holth | Birkebeineren, IF | NOR | 13:40:00 | 3822996 | 4 | 1997 | 60,85 |
| 241 | 3421685 | Eirik Asdøl | Asker SK | NOR | 13:40:30 | 3857497 | 4 | 1993 | 73,04 |
| 242 | 3423212 | Eivind Kjennerud | Sande Sportsklubb | NOR | 13:41:00 | 3857539 | 4 | 1997 | 65,36 |
| 243 | 3423088 | Petter Stakston | Søre Ål IL | NOR | 13:41:30 | 3802832 | 4 | 1997 | 47,48 |
| 244 | 3420672 | Simen Andreas Sveen | Ring IL | NOR | 13:42:00 | 4072369 | 4 | 1988 | 37,5 |
| 245 | 3422474 | Ole Jørgen Bruvoll | Lierne IL | NOR | 13:42:30 | 4102562 | 4 | 1995 | 27,06 |
| 246 | 3421578 | Karstein Johaug Jr | Røa IL | NOR | 13:43:00 | 4041109 | 4 | 1992 | 42,18 |
| 247 | 3422323 | Sindre Folkvord | Sandnes IL | NOR | 13:43:30 | 3164258 | 4 | 1995 | 72,23 |
| 248 | 3423235 | Martin Julian Buvarp | Byåsen IL | NOR | 13:44:00 | 4068623 | 4 | 1998 | 66,7 |
| 249 | 3423008 | Herman Martens Meyer | Åsen IL | NOR | 13:44:30 | 3812021 | 4 | 1997 | 54,71 |
| 250 | 3421845 | Mikael Gunnulfsen | Ørn, IF | NOR | 13:45:00 | 3807039 | 4 | 1993 | 21,36 |