

SCHEDULE, LILLEHAMMER

	Start	Interval min:sec
Friday:		
Skandinavisk cup og Statoil Norges Cup Senior		
Ladies: Sprint (K)	09:00:15	00:15
Men: Sprint (K)	09:22:00	00:15
Q1 - ladies	10:20:00	05:00
Q2 - ladies	10:25:00	05:00
Q3 - adies	10:30:00	05:00
Q4 - ladies	10:35:00	05:00
Q5 - ladies	10:40:00	05:00
Q1 - men	10:45:00	05:00
Q2 - men	10:50:00	05:00
Q3 - men	10:55:00	05:00
Q4 - men	11:00:00	05:00
Q5 - men	11:05:00	05:00
Semi final1 - ladies	11:10:00	05:00
Semi final2 - ladies	11:15:00	05:00
Semi final1 - men	11:30:00	25:00
Semi final2 - men	11:35:00	05:00
Final - women	11:40:00	25:00
Final - men	12:00:00	25:00
VM-mønstring junior 19/20:		
Ladies: Sprint (C)	12:30:15	00:15
Men: Sprint (C)	12:43:00	00:15
Q1 - ladies	13:35:00	04:00
Q2 - ladies	13:39:00	04:00
Q3 - adies	13:43:00	04:00
Q4 - ladies	13:47:00	04:00
Q5 - ladies	13:51:00	04:00
Q1 - men	13:55:00	04:00
Q2 - men	13:59:00	04:00
Q3 - men	14:03:00	04:00
Q4 - men	14:07:00	04:00
Q5 - men	14:11:00	04:00
Semi final1 - ladies	14:15:00	04:00
Semi final2 - ladies	14:19:00	04:00
Semi final1 - men	14:36:00	25:00
Semi final2 - men	14:40:00	04:00
Final - ladies	14:44:00	25:00
Final - men	15:05:00	25:00
Saturday:		
Skandinavisk Cup og Statoil Norgescup Senior		
Women senior 5 km (F)	09:00:30	00:30
Men senior 10 km (F)	09:55:30	00:30
VM-mønstring junior 19/20:		
Women 5 km (F)	12:30:00	00:15
Men 10 km (F)	13:20:00	00:15
Sunday:		
Skandinavisk Cup og Statoil Norgescup Senior:		
Ladies: 15km (C) mass-start	09:00:00	00:00
Men: 30 km (C) mass-start	10:10:00	00:00
VM-mønstring junior 19/20:		
Ladies: 5 km + 5 km pursuit	12:30:00	00:00
Men: 10 km + 10 km pursuit	13:30:00	00:00