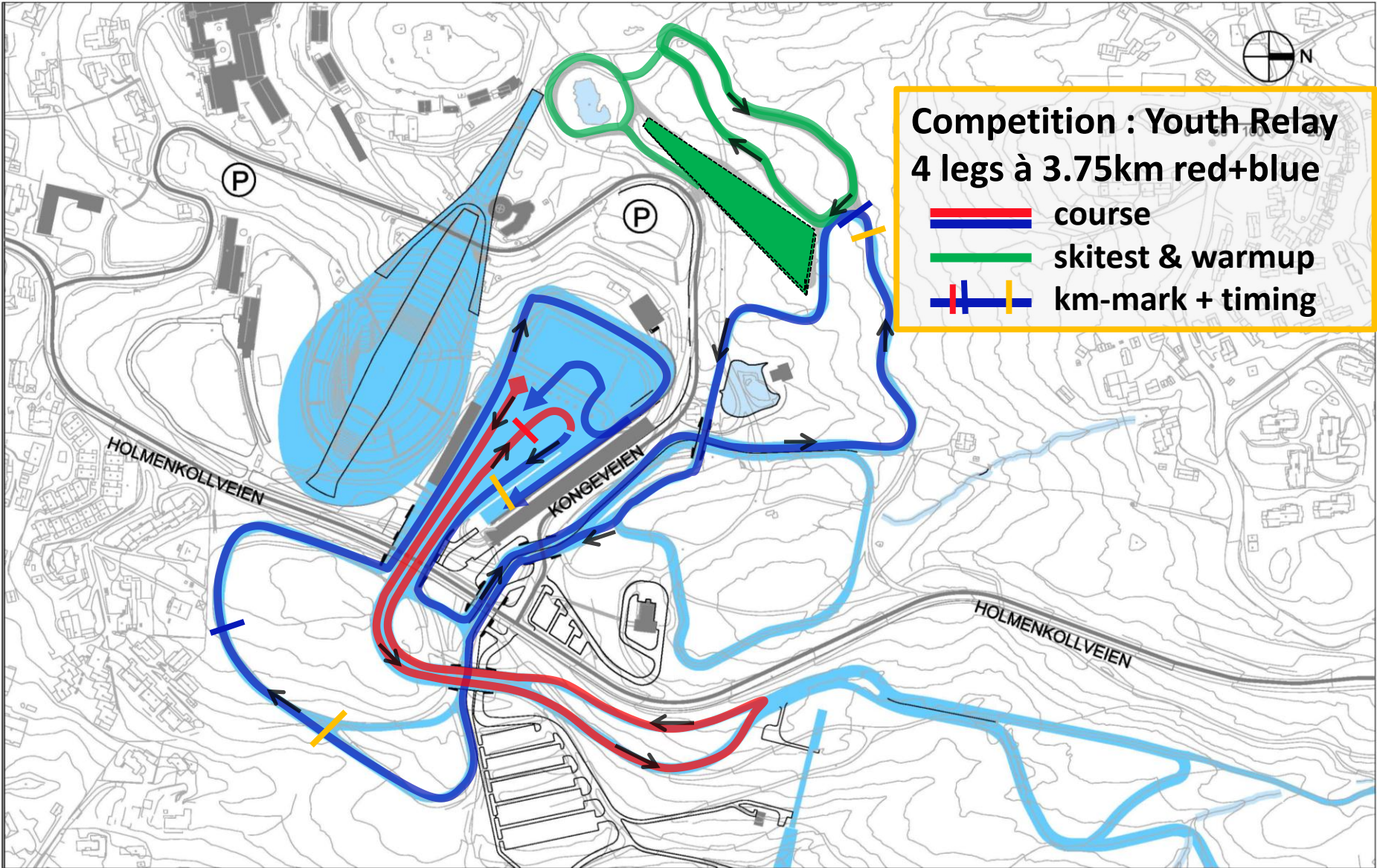





**Competition : Youth Relay**  
**4 legs à 3.75km red+blue**

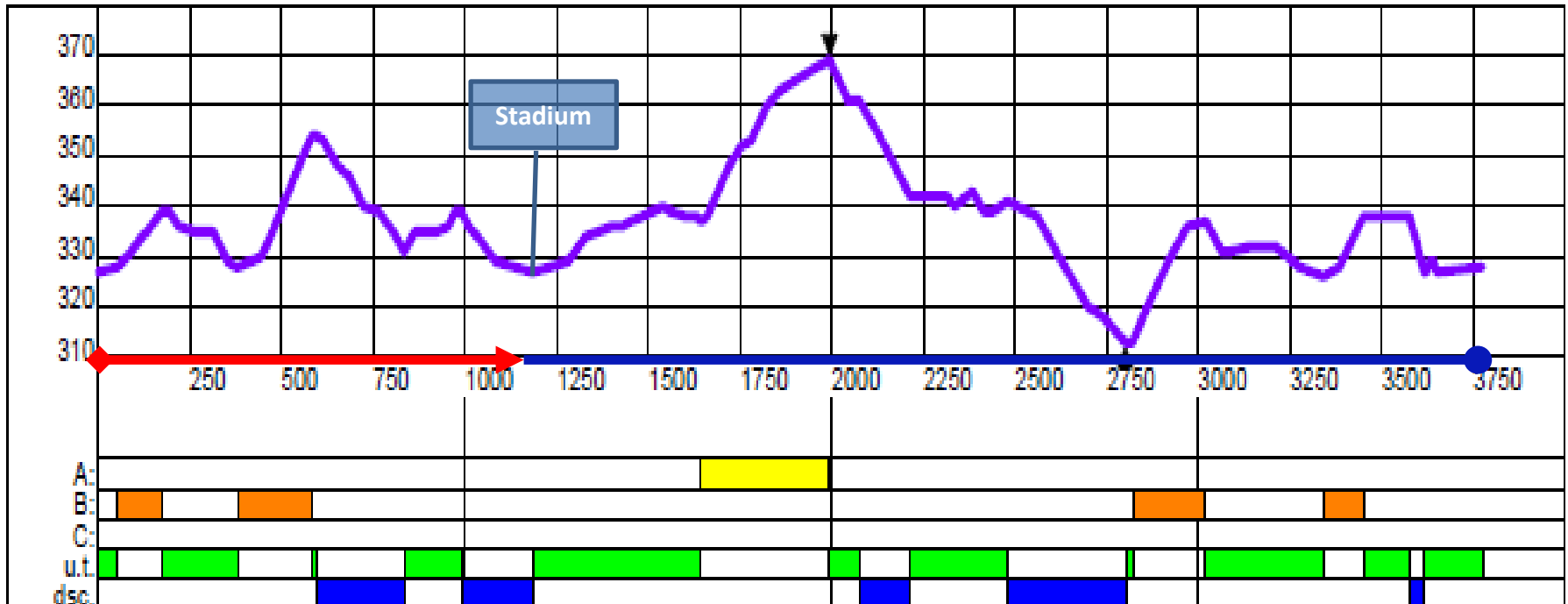
-  course
-  skitest & warmup
-  km-mark + timing



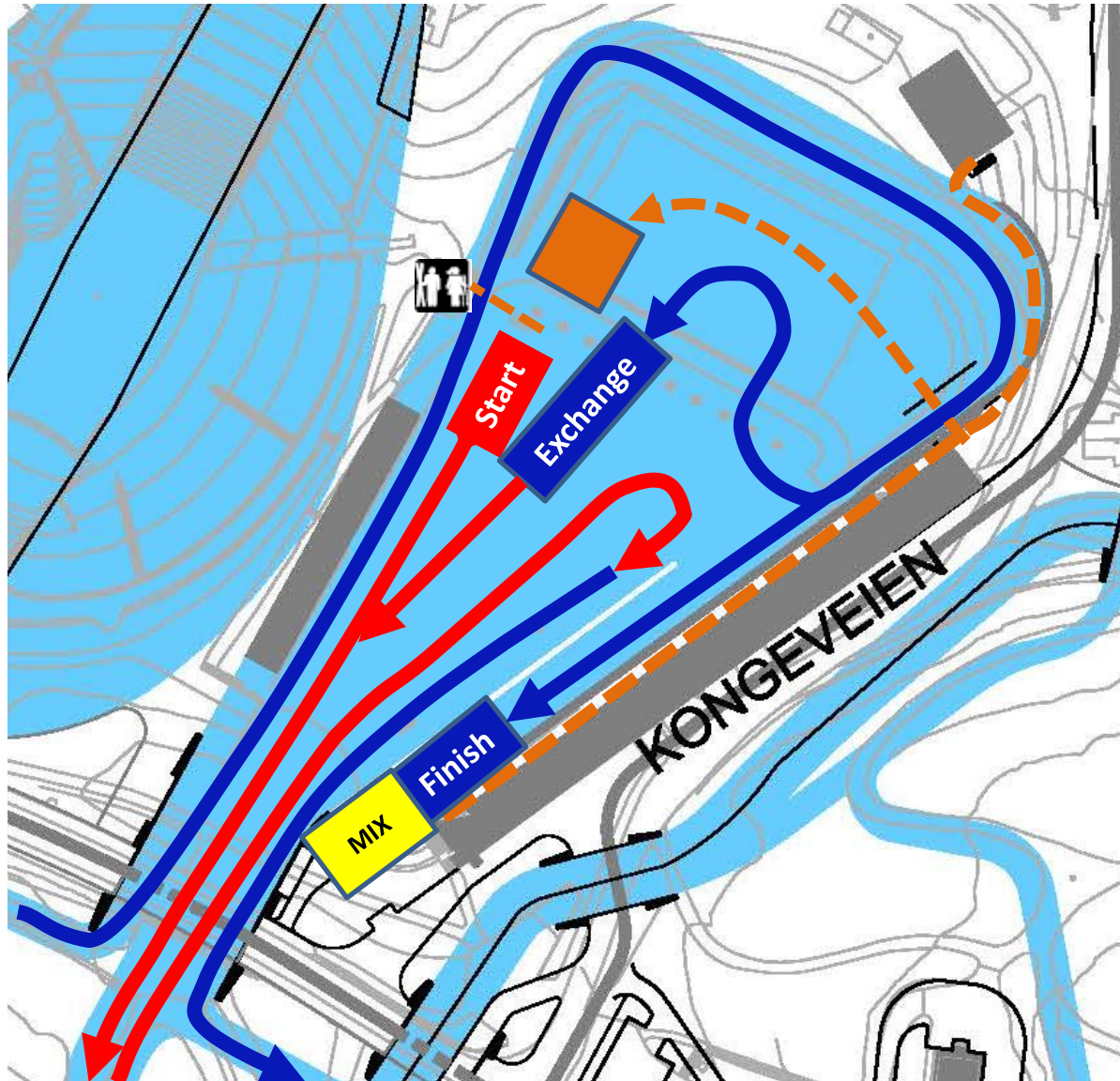
## Course Profile 3.75 km red/blue - Holmenkollen

Kollen15km NC nov-11

	Course length:	3775m	Height Difference (HD):	56m	Lowest point:	313m
	Category:	D	Maximum Climb (MC):	32m	Highest point:	369m
	Competition Level:	WC	Total Climb (TC):	136m		



## Stadium Layout Youth Relay (4 x 3.75km)



**"No Coaching"  
Youth Relay 2014**

**"No Coaching"  
In Stadium**

**Competition : Youth Relay**  
4 legs à 3.75km red+blue

-  course
-  skitest & warmup
-  km-mark + timing
-  No-coaching
-  Coaching Stadium

