

# KM Stafett

28.01.2024

## Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
<b>G 11/12 år</b>							
1	<b>Steinkjer SK lag 6</b>			<b>11:44,4</b>			<b>56</b>
	1 Gard Finstad	06:03,1 4	00:32,7	06:03,1 4	00:32,7		
	2 Sigurd Aalberg	05:41,3 2	00:17,6	11:44,4 1	00:00,0	3	
2	<b>Frol IL - Ski lag 1</b>			<b>12:00,4</b>	<b>00:16,0</b>		<b>53</b>
	1 Ville Sandstad Skjeset	06:36,7 6	01:06,3	06:36,7 6	01:06,3		
	2 Sverre Sivertsen	05:23,7 1	00:00,0	12:00,4 2	00:16,0	4	
3	<b>Steinkjer SK lag 7</b>			<b>12:07,6</b>	<b>00:23,2</b>		<b>57</b>
	1 Ask Ivarsønn	05:34,8 2	00:04,4	05:34,8 2	00:04,4		
	2 Iver Asp Evjen	06:32,8 4	01:09,1	12:07,6 3	00:23,2	-1	
4	<b>Steinkjer SK lag 8</b>			<b>12:16,1</b>	<b>00:31,7</b>		<b>58</b>
	1 Sondre Rochmann Haldorsen	05:58,7 3	00:28,3	05:58,7 3	00:28,3		
	2 Anton Sandhaugen	06:17,4 3	00:53,7	12:16,1 4	00:31,7	-1	
5	<b>Leksvik IL lag 2</b>			<b>12:43,3</b>	<b>00:58,9</b>		<b>54</b>
	1 Odin Johannes Berg	06:09,2 5	00:38,8	06:09,2 5	00:38,8		
	2 Håkon Klefsåsvold Sætre	06:34,1 5	01:10,4	12:43,3 5	00:58,9	0	
6	<b>Vinne Skilag - Ski lag 1</b>			<b>13:04,0</b>	<b>01:19,6</b>		<b>52</b>
	1 Theodor Hestegrei Høknes	05:30,4 1	00:00,0	05:30,4 1	00:00,0		
	2 Christoffer Molde Nesjan	07:33,6 6	02:09,9	13:04,0 6	01:19,6	-5	
7	<b>Inderøy IL - Ski lag 1</b>			<b>14:50,2</b>	<b>03:05,8</b>		<b>51</b>
	1 Per Sakshaug Kristensen	06:51,7 7	01:21,3	06:51,7 7	01:21,3		
	2 Sverre Berfjord	07:58,5 7	02:34,8	14:50,2 7	03:05,8	0	
<b>DNS</b>	<b>Steinkjer SK lag 5</b>						<b>55</b>
	1 Per Even Grøseth Heistad						
	2 Sverre Igelsrud Saursaunet						
<b>DNS</b>	<b>Leksdal IL lag 1</b>						<b>59</b>
	1 Brage Eggen Vatne						
	2						

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<b>1</b>	<b>Leksdal IL lag 1</b>			<b>09:33,5</b>			<b>79</b>
	1 Njord Hallem-Berg	04:26,8 1	00:00,0	04:26,8 1	00:00,0		
	2 Ada Bjugan	05:06,7 3	00:04,5	09:33,5 1	00:00,0	0	
<b>2</b>	<b>Inderøy IL - Ski lag 1</b>			<b>09:59,9</b>	<b>00:26,4</b>		<b>72</b>
	1 Ole Værdal	04:57,7 3	00:30,9	04:57,7 3	00:30,9		
	2 Philip Bach	05:02,2 1	00:00,0	09:59,9 2	00:26,4	1	
<b>3</b>	<b>Inderøy IL - Ski lag 2</b>			<b>10:15,9</b>	<b>00:42,4</b>		<b>77</b>
	1 Aksel Farbu	05:11,6 6	00:44,8	05:11,6 6	00:44,8		
	2 Johannes Lyngsaunet Værdal	05:04,3 2	00:02,1	10:15,9 3	00:42,4	3	
<b>4</b>	<b>Leksvik IL lag 1</b>			<b>10:24,8</b>	<b>00:51,3</b>		<b>73</b>
	1 Magnar Neverås	04:43,2 2	00:16,4	04:43,2 2	00:16,4		
	2 Jon Moan	05:41,6 4	00:39,4	10:24,8 4	00:51,3	-2	
<b>5</b>	<b>Frol IL - Ski lag 1</b>			<b>10:50,6</b>	<b>01:17,1</b>		<b>76</b>
	1 Even Sivertsen	04:58,2 4	00:31,4	04:58,2 4	00:31,4		
	2 Aksel Sandstad Skjeset	05:52,4 7	00:50,2	10:50,6 5	01:17,1	-1	
<b>6</b>	<b>IL Aasguten - Ski lag 1</b>			<b>11:06,1</b>	<b>01:32,6</b>		<b>75</b>
	1 Even Almlid	05:08,9 5	00:42,1	05:08,9 5	00:42,1		
	2 Jonas Almlid	05:57,2 8	00:55,0	11:06,1 6	01:32,6	-1	
<b>7</b>	<b>Inderøy IL - Ski lag 3</b>			<b>11:23,8</b>	<b>01:50,3</b>		<b>78</b>
	1 William Sund Bjørhusdahl	05:39,1 8	01:12,3	05:39,1 8	01:12,3		
	2 Lavrans Haavik Dretvik	05:44,7 6	00:42,5	11:23,8 7	01:50,3	1	
<b>8</b>	<b>Spillum IL - Ski lag 1</b>			<b>11:24,7</b>	<b>01:51,2</b>		<b>71</b>
	1 Sebastian Aakervik Westum	05:43,1 9	01:16,3	05:43,1 9	01:16,3		
	2 Henrik Indermo Solhaug	05:41,6 4	00:39,4	11:24,7 8	01:51,2	1	
<b>9</b>	<b>Vinne Skilag - Ski lag 1</b>			<b>11:25,7</b>	<b>01:52,2</b>		<b>74</b>
	1 Tor-Ivar Green	05:24,3 7	00:57,5	05:24,3 7	00:57,5		
	2 Johannes Gudding	06:01,4 9	00:59,2	11:25,7 9	01:52,2	-2	

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<b>1</b>	<b>Inderøy IL - Ski lag 6</b>			<b>07:21,8</b>			<b>31</b>
	1 Iver Kvalvik	03:15,3 1	00:00,0	03:15,3 1	00:00,0		
	2 Iver Grønnesby Bragstad	04:06,5 1	00:00,0	07:21,8 1	00:00,0	0	
<b>2</b>	<b>Vinne Skilag - Ski lag 1</b>			<b>09:44,5</b>	<b>02:22,7</b>		<b>22</b>
	1 Alfred Hestegrei Høknes	04:19,6 2	01:04,3	04:19,6 2	01:04,3		
	2 Alexander Molde Nesjan	05:24,9 4	01:18,4	09:44,5 2	02:22,7	0	
<b>3</b>	<b>Inderøy IL - Ski lag 4</b>			<b>10:10,8</b>	<b>02:49,0</b>		<b>29</b>
	1 Anton Iversen Klepp	04:37,9 4	01:22,6	04:37,9 4	01:22,6		
	2 Iver Ystgård	05:32,9 6	01:26,4	10:10,8 3	02:49,0	1	
<b>4</b>	<b>Inderøy IL - Ski lag 2</b>			<b>10:15,3</b>	<b>02:53,5</b>		<b>27</b>
	1 Olav Álmo Jørstad	05:12,9 7	01:57,6	05:12,9 7	01:57,6		
	2 Anton Elias Norum	05:02,4 2	00:55,9	10:15,3 4	02:53,5	3	
<b>5</b>	<b>Fjellørnen IL - Ski lag 1</b>			<b>10:50,4</b>	<b>03:28,6</b>		<b>21</b>
	1 Adrian Klingen Skalmerås	04:48,2 5	01:32,9	04:48,2 5	01:32,9		
	2 Isak Bakøy	06:02,2 8	01:55,7	10:50,4 5	03:28,6	0	
<b>6</b>	<b>Inderøy IL - Ski lag 1</b>			<b>11:36,3</b>	<b>04:14,5</b>		<b>30</b>
	1 Edvard Aspli Sakshaug	04:49,1 6	01:33,8	04:49,1 6	01:33,8		
	2 Viktor Kirknes	06:47,2 9	02:40,7	11:36,3 6	04:14,5	0	
<b>7</b>	<b>Inderøy IL - Ski lag 1</b>			<b>11:41,2</b>	<b>04:19,4</b>		<b>23</b>
	1 Henrik Sakshaug Kristensen	06:24,4 9	03:09,1	06:24,4 9	03:09,1		
	2 Iver Stølan Bye	05:16,8 3	01:10,3	11:41,2 7	04:19,4	2	
<b>8</b>	<b>Leksvik IL lag 2</b>			<b>11:53,0</b>	<b>04:31,2</b>		<b>32</b>
	1 Karoline Hovstein	04:34,0 3	01:18,7	04:34,0 3	01:18,7		
	2 Petter Lysvand	07:19,0 11	03:12,5	11:53,0 8	04:31,2	-5	
<b>9</b>	<b>Inderøy IL - Ski lag 3</b>			<b>12:17,8</b>	<b>04:56,0</b>		<b>28</b>
	1 August Paulus Lindstrøm Elnan	06:48,6 10	03:33,3	06:48,6 10	03:33,3		
	2 Tobias Hovland Værdal	05:29,2 5	01:22,7	12:17,8 9	04:56,0	1	
<b>10</b>	<b>Leksdal IL lag 1</b>			<b>12:26,5</b>	<b>05:04,7</b>		<b>26</b>
	1 Nora Olivia Rotmo	05:30,9 8	02:15,6	05:30,9 8	02:15,6		
	2 Ivo Ansgar Gjeldvold Reitan	06:55,6 10	02:49,1	12:26,5 10	05:04,7	-2	
<b>11</b>	<b>Byåsen IL lag 1</b>			<b>13:36,1</b>	<b>06:14,3</b>		<b>25</b>
	1 Peder Skei Rasmussen	07:38,3 11	04:23,0	07:38,3 11	04:23,0		
	2 Yngvar Rennemo	05:57,8 7	01:51,3	13:36,1 11	06:14,3	0	
<b>DNS</b>	<b>Steinkjer SK lag 2</b>						<b>24</b>
	1 Ludvig Fossum Skjevik	05:44,0	02:28,7	05:44,0	02:28,7		
	2 Abel Håpnes Sormul						

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<b>G15/16 år</b>							
<b>1</b>	<b>Inderøy IL - Ski lag 1</b>			<b>11:27,8</b>			<b>92</b>
	1 Alfred Haavik Dretvik	05:47,1 1	00:00,0	05:47,1 1	00:00,0		
	2 Sindre Skei Mjømen	05:40,7 1	00:00,0	11:27,8 1	00:00,0	0	
<b>2</b>	<b>Inderøy IL - Ski lag 2</b>			<b>11:58,0</b>	<b>00:30,2</b>		<b>95</b>
	1 Even Våset Agle	06:07,6 5	00:20,5	06:07,6 5	00:20,5		
	2 Sverre Kvalvik	05:50,4 2	00:09,7	11:58,0 2	00:30,2	3	
<b>3</b>	<b>Steinkjer SK lag 1</b>			<b>11:58,2</b>	<b>00:30,4</b>		<b>96</b>
	1 Sindre Aalberg	05:55,7 2	00:08,6	05:55,7 2	00:08,6		
	2 Leander Helland Iversen	06:02,5 3	00:21,8	11:58,2 3	00:30,4	-1	
<b>4</b>	<b>Frol IL/Spillum lag 1</b>			<b>12:03,5</b>	<b>00:35,7</b>		<b>97</b>
	1 Odin Fosshem	05:56,1 3	00:09,0	05:56,1 3	00:09,0		
	2 Eirik Gravdal Zetterström	06:07,4 4	00:26,7	12:03,5 4	00:35,7	-1	
<b>5</b>	<b>Lånke IL - Ski lag 1</b>			<b>12:33,1</b>	<b>01:05,3</b>		<b>91</b>
	1 Gustav Standal	06:00,3 4	00:13,2	06:00,3 4	00:13,2		
	2 Edvard Hagen Kvål	06:32,8 5	00:52,1	12:33,1 5	01:05,3	-1	
<b>6</b>	<b>Leksdal IL lag 1</b>			<b>14:14,4</b>	<b>02:46,6</b>		<b>93</b>
	1 Aron Alexander Rotmo	06:50,9 6	01:03,8	06:50,9 6	01:03,8		
	2 Torje Eggen Vatne	07:23,5 6	01:42,8	14:14,4 6	02:46,6	0	
<b>DNS</b>	<b>Vinne Skilag - Ski lag 1</b>						<b>94</b>
	1 Magnus Dalen Nordberg						
	2 Sivert Gudding Barli						

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
<b>J 11/12 år</b>							
<b>1</b>	<b>Vinne Skilag - Ski lag 2</b>			<b>12:24,5</b>			<b>43</b>
	1 Heidi Rånes	05:25,3 2	00:00,8	05:25,3 2	00:00,8		
	2 Mari-Pauline Green	06:59,2 1	00:00,0	12:24,5 1	00:00,0	1	
<b>2</b>	<b>Vinne Skilag - Ski lag 1</b>			<b>13:17,7</b>	<b>00:53,2</b>		<b>41</b>
	1 Ingrid Gudding	05:24,5 1	00:00,0	05:24,5 1	00:00,0		
	2 Mathea Barli	07:53,2 2	00:54,0	13:17,7 2	00:53,2	-1	
<b>3</b>	<b>IL Aasguten - Ski lag 1</b>			<b>14:41,2</b>	<b>02:16,7</b>		<b>42</b>
	1 Mille Bollerud	06:35,2 3	01:10,7	06:35,2 3	01:10,7		
	2 Alde Thun Tunset	08:06,0 4	01:06,8	14:41,2 3	02:16,7	0	
<b>4</b>	<b>IL Aasguten - Ski lag 2</b>			<b>15:08,0</b>	<b>02:43,5</b>		<b>44</b>
	1 Malin Ledal Brønne	07:02,6 4	01:38,1	07:02,6 4	01:38,1		
	2 Helle Thun Tunset	08:05,4 3	01:06,2	15:08,0 4	02:43,5	0	
<b>5</b>	<b>Leksdal IL lag 1</b>			<b>15:39,2</b>	<b>03:14,7</b>		<b>46</b>
	1 Pernille Bruheim Sagøy	07:31,8 5	02:07,3	07:31,8 5	02:07,3		
	2 Lotte Bruheim Sagøy	08:07,4 5	01:08,2	15:39,2 5	03:14,7	0	

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<b>1</b>	<b>Steinkjer SK lag 2</b>			<b>11:08,5</b>			<b>65</b>
	1 Live Ivardatter	05:10,0 1	00:00,0	05:10,0 1	00:00,0		
	2 Lilja Finstad	05:58,5 3	00:22,4	11:08,5 1	00:00,0	0	
<b>2</b>	<b>IL Aasguten - Ski lag 1</b>			<b>11:22,1</b>	<b>00:13,6</b>		<b>62</b>
	1 Live Thun Tunset	05:29,4 2	00:19,4	05:29,4 2	00:19,4		
	2 Vilde Tangstad Husby	05:52,7 2	00:16,6	11:22,1 2	00:13,6	0	
<b>3</b>	<b>Vinne Skilag - Ski lag 1</b>			<b>11:48,6</b>	<b>00:40,1</b>		<b>63</b>
	1 Ingeborg Grande Gudding	06:12,5 5	01:02,5	06:12,5 5	01:02,5		
	2 Johanne Gudding Barli	05:36,1 1	00:00,0	11:48,6 3	00:40,1	2	
<b>4</b>	<b>IL Aasguten - Ski lag 2</b>			<b>11:57,7</b>	<b>00:49,2</b>		<b>64</b>
	1 Amalie Ledal Brønne	05:35,3 3	00:25,3	05:35,3 3	00:25,3		
	2 Sofia Meyer-Ekle	06:22,4 4	00:46,3	11:57,7 4	00:49,2	-1	
<b>5</b>	<b>Kvam IL - Ski lag 1</b>			<b>12:37,5</b>	<b>01:29,0</b>		<b>61</b>
	1 Kari Elise Modell Langlid	05:43,6 4	00:33,6	05:43,6 4	00:33,6		
	2 Ylva Belbo Ringseth	06:53,9 5	01:17,8	12:37,5 5	01:29,0	-1	
<b>6</b>	<b>Skogn IL lag 1</b>			<b>14:42,5</b>	<b>03:34,0</b>		<b>66</b>
	1 Hedda Hoven	07:05,8 6	01:55,8	07:05,8 6	01:55,8		
	2 Frida Rønning	07:36,7 6	02:00,6	14:42,5 6	03:34,0	0	

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
<b>J 15/16 år</b>							
<b>1</b>	<b>Inderøy IL - Ski lag 2</b>			<b>13:38,9</b>			<b>83</b>
	1 Signe Farbu	06:45,0 1	00:00,0	06:45,0 1	00:00,0		
	2 Emelie Øksnes Jørstad	06:53,9 1	00:00,0	13:38,9 1	00:00,0	0	
<b>2</b>	<b>Inderøy IL - Ski lag 1</b>			<b>14:39,9</b>	<b>01:01,0</b>		<b>82</b>
	1 Mali Vist	07:08,7 2	00:23,7	07:08,7 2	00:23,7		
	2 Christine Hoem	07:31,2 3	00:37,3	14:39,9 2	01:01,0	0	
<b>3</b>	<b>Steinkjer SK lag 1</b>			<b>14:46,1</b>	<b>01:07,2</b>		<b>84</b>
	1 Vilde Aunli	07:35,6 3	00:50,6	07:35,6 3	00:50,6		
	2 Ingrid Skjevik Gjerv	07:10,5 2	00:16,6	14:46,1 3	01:07,2	0	
<b>4</b>	<b>Leksvik IL lag 1</b>			<b>17:10,3</b>	<b>03:31,4</b>		<b>81</b>
	1 Astrid Ramdal	08:35,9 4	01:50,9	08:35,9 4	01:50,9		
	2 Oda Elisabeth Neverås	08:34,4 4	01:40,5	17:10,3 4	03:31,4	0	

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<b>J 8/10 år</b>							
<b>1</b>	<b>Inderøy IL - Ski lag 1</b>			<b>09:30,5</b>			<b>11</b>
	1 Anne Mali Fjæran	05:19,7 6	01:40,6	05:19,7 6	01:40,6		
	2 Inga Ålmo Jørstad	04:10,8 1	00:00,0	09:30,5 1	00:00,0	5	
<b>2</b>	<b>Steinkjer SK lag 4</b>			<b>10:05,4</b>	<b>00:34,9</b>		<b>7</b>
	1 Mie Inderberg Vekseth	04:34,8 3	00:55,7	04:34,8 3	00:55,7		
	2 Elise Opheim Bardal	05:30,6 4	01:19,8	10:05,4 2	00:34,9	1	
<b>3</b>	<b>Steinkjer SK lag 2</b>			<b>10:22,4</b>	<b>00:51,9</b>		<b>5</b>
	1 Mildrid Finstad	05:02,0 4	01:22,9	05:02,0 4	01:22,9		
	2 Sigrid Igelsrud Saurset	05:20,4 2	01:09,6	10:22,4 3	00:51,9	1	
<b>4</b>	<b>Leksvik IL lag 3</b>			<b>10:29,5</b>	<b>00:59,0</b>		<b>6</b>
	1 Anna Oline Moan	03:39,1 1	00:00,0	03:39,1 1	00:00,0		
	2 Liv Olava Strømsli Bjørvik	06:50,4 5	02:39,6	10:29,5 4	00:59,0	-3	
<b>5</b>	<b>Byåsen IL lag 1</b>			<b>10:44,7</b>	<b>01:14,2</b>		<b>8</b>
	1 Ellen Skei Rasmussen	05:15,5 5	01:36,4	05:15,5 5	01:36,4		
	2 Elsa Rennemo	05:29,2 3	01:18,4	10:44,7 5	01:14,2	0	
<b>6</b>	<b>Inderøy IL - Ski lag 2</b>			<b>13:19,2</b>	<b>03:48,7</b>		<b>10</b>
	1 Tuva Gausen Løseth	05:58,5 7	02:19,4	05:58,5 7	02:19,4		
	2 Agnes Ystgård	07:20,7 7	03:09,9	13:19,2 6	03:48,7	1	
<b>7</b>	<b>Leksvik IL lag 1</b>			<b>13:24,8</b>	<b>03:54,3</b>		<b>2</b>
	1 Mali Ramdal Farbu	04:07,9 2	00:28,8	04:07,9 2	00:28,8		
	2 Ronja Melting Kleiven	09:16,9 8	05:06,1	13:24,8 7	03:54,3	-5	
<b>8</b>	<b>Inderøy IL - Ski lag 1</b>			<b>15:58,5</b>	<b>06:28,0</b>		<b>3</b>
	1 Elise Gausen Løseth	08:58,0 8	05:18,9	08:58,0 8	05:18,9		
	2 Tale Berfjord	07:00,5 6	02:49,7	15:58,5 8	06:28,0	0	
<b>DNS</b>	<b>Byåsen IL lag 2</b>						<b>9</b>
	1 Elsa Rennemo						
	2 Mali Olsø-Aune						
<b>DNS</b>	<b>Fjellønnen IL - Ski lag 1</b>						<b>1</b>
	1 Hanna Skånøy Grønflaten						
	2 Marie Berg						



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## Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
<b>1</b>	<b>Inderøy IL - Ski lag 1</b>			<b>25:53,5</b>			<b>152</b>
	1 Jenny Farbu	12:43,5 1	00:00,0	12:43,5 1	00:00,0		
	2 Ingeborg Skei Mjømen	13:10,0 1	00:00,0	25:53,5 1	00:00,0	0	
<b>2</b>	<b>Inderøy IL - Ski lag 2</b>			<b>27:24,5</b>	<b>01:31,0</b>		<b>153</b>
	1 Maren Skei Mjømen	13:08,4 2	00:24,9	13:08,4 2	00:24,9		
	2 Berit Haugan Rannem	14:16,1 2	01:06,1	27:24,5 2	01:31,0	0	
<b>3</b>	<b>Markabygda IL lag 1</b>			<b>28:07,9</b>	<b>02:14,4</b>		<b>154</b>
	1 Ingri Svendgård	13:28,1 3	00:44,6	13:28,1 3	00:44,6		
	2 Mia Skjerve	14:39,8 3	01:29,8	28:07,9 3	02:14,4	0	
<b>DNS</b>	<b>Spillum IL - Ski lag 1</b>						<b>151</b>
	1 Hannah Fossheim						
	2 Anette Kvalvik						

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## Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
<b>1</b>	<b>Vinne Skilag - Ski lag 1</b>			<b>26:32,5</b>			<b>163</b>
	1 Ane Sørli Sørholt	13:24,7 2	00:52,0	13:24,7 2	00:52,0		
	2 Maren Smulan Sagland	13:07,8 1	00:00,0	26:32,5 1	00:00,0	1	
<b>2</b>	<b>Leksvik IL lag 1</b>			<b>26:32,6</b>	<b>00:00,1</b>		<b>161</b>
	1 Julie Victoria Berg	12:32,7 1	00:00,0	12:32,7 1	00:00,0		
	2 Oda Elise Berg	13:59,9 2	00:52,1	26:32,6 2	00:00,1	-1	
<b>3</b>	<b>Inderøy IL - Ski lag 1</b>			<b>31:10,1</b>	<b>04:37,6</b>		<b>162</b>
	1 Maren Kjølstad Røflo	15:46,8 3	03:14,1	15:46,8 3	03:14,1		
	2 Elise Kvalvik	15:23,3 3	02:15,5	31:10,1 3	04:37,6	0	
<b>4</b>	<b>Leksvik IL lag 2</b>			<b>40:17,5</b>	<b>13:45,0</b>		<b>164</b>
	1 Mette Rian Berg	17:05,9 4	04:33,2	17:05,9 4	04:33,2		
	2 Maren Sofie Berg	23:11,6 4	10:03,8	40:17,5 4	13:45,0	0	

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## Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
<b>1</b>	<b>Inderøy IL - Ski lag 2</b>			<b>23:52,5</b>			<b>174</b>
	1 Sigve Vist	11:38,7 2	00:20,4	11:38,7 2	00:20,4		
	2 Emil Rygg	12:13,8 1	00:00,0	23:52,5 1	00:00,0	1	
<b>2</b>	<b>Inderøy IL - Ski lag 1</b>			<b>23:54,4</b>	<b>00:01,9</b>		<b>172</b>
	1 Fredrik Mollan	11:18,3 1	00:00,0	11:18,3 1	00:00,0		
	2 Sigurd Kvalvik	12:36,1 3	00:22,3	23:54,4 2	00:01,9	-1	
<b>3</b>	<b>Leksdal IL lag 1</b>			<b>25:02,9</b>	<b>01:10,4</b>		<b>171</b>
	1 Jesper Marelius Rotmo	12:35,0 4	01:16,7	12:35,0 4	01:16,7		
	2 Vinjar Eggen Vatne	12:27,9 2	00:14,1	25:02,9 3	01:10,4	1	
<b>4</b>	<b>Leksvik IL lag 1</b>			<b>27:20,9</b>	<b>03:28,4</b>		<b>173</b>
	1 Kasper Ramdal Farbu	11:58,1 3	00:39,8	11:58,1 3	00:39,8		
	2 Arne Ramdal	15:22,8 4	03:09,0	27:20,9 4	03:28,4	-1	

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## Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
<b>1</b>	<b>Spillum IL - Ski lag 1</b>			<b>35:22,4</b>			<b>181</b>
	1 Are Fossheim	17:31,7 1	00:00,0	17:31,7 1	00:00,0		
	2 Martin Reppen	17:50,7 2	00:15,4	35:22,4 1	00:00,0	0	
<b>2</b>	<b>Henning Skilag lag 2</b>			<b>35:46,4</b>	<b>00:24,0</b>		<b>184</b>
	1 Jonas Austad	18:11,1 2	00:39,4	18:11,1 2	00:39,4		
	2 Marius Landsem Melhus	17:35,3 1	00:00,0	35:46,4 2	00:24,0	0	
<b>3</b>	<b>Henning Skilag lag 1</b>			<b>38:33,9</b>	<b>03:11,5</b>		<b>183</b>
	1 Petter Joakim Heistad	19:33,4 4	02:01,7	19:33,4 4	02:01,7		
	2 Sigurd Landsem Melhus	19:00,5 3	01:25,2	38:33,9 3	03:11,5	1	
<b>4</b>	<b>Spillum IL - Ski lag 2</b>			<b>39:17,4</b>	<b>03:55,0</b>		<b>182</b>
	1 Vemund Trebostad Viken	18:43,8 3	01:12,1	18:43,8 3	01:12,1		
	2 Per Ole Klingen	20:33,6 4	02:58,3	39:17,4 4	03:55,0	-1	