

KM stafett  
Midterfjellet  
25.01.2020  
**Resultatliste**

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
<b>G 11-12 år</b>							
<b>1</b>	<b>Leirådal IL lag 1</b>			<b>23:56</b>			<b>32</b>
	1 Ovid Baglo Bjørkeng	07:38 5	00:45	07:38 5	00:45		
	2 Tobias Flyum	07:57 1	00:00	15:35 1	00:00	4	
	3 Peder Bjørkeng	08:21 5	00:56	23:56 1	00:00	0	
<b>2</b>	<b>Inderøy IL lag 3</b>			<b>24:58</b>	<b>01:02</b>		<b>39</b>
	1 Andreas Haugan Rannem	07:59 8	01:06	07:59 8	01:06		
	2 Ludvik Grønnesby Bragstad	09:34 12	01:37	17:33 8	01:58	0	
	3 Sindre Skei Mjømen	07:25 1	00:00	24:58 2	01:02	6	
<b>3</b>	<b>Leksvik IL lag 1</b>			<b>24:59</b>	<b>01:03</b>		<b>30</b>
	1 Jonas Løkken Olsen	07:24 2	00:31	07:24 2	00:31		
	2 Astrid Ramdal	08:52 7	00:55	16:16 4	00:41	-2	
	3 Vetle Ramdal Farbu	08:43 8	01:18	24:59 3	01:03	1	
<b>4</b>	<b>Inderøy IL lag 2</b>			<b>25:07</b>	<b>01:11</b>		<b>38</b>
	1 Alfred Haavik Dretvik	07:39 6	00:46	07:39 6	00:46		
	2 Philip Noel Bach	08:41 5	00:44	16:20 5	00:45	1	
	3 Ole Christian Sagen	08:47 9	01:22	25:07 4	01:11	1	
<b>5</b>	<b>Sp.kl. Nessegutten lag 1</b>			<b>25:08</b>	<b>01:12</b>		<b>31</b>
	1 Petter Hjulstad Aarøe	08:08 9	01:15	08:08 9	01:15		
	2 Nikolai Hakonsen Støp	09:00 9	01:03	17:08 6	01:33	3	
	3 Sivert Løvås Valstad	08:00 2	00:35	25:08 5	01:12	1	
<b>6</b>	<b>Vinne/Helgådal lag 1</b>			<b>25:12</b>	<b>01:16</b>		<b>40</b>
	1 Aron Rotmo	07:56 7	01:03	07:56 7	01:03		
	2 Hågen Østraat Røkke	08:01 2	00:04	15:57 3	00:22	4	
	3 Erik Rånes	09:15 12	01:50	25:12 6	01:16	-3	
<b>7</b>	<b>Vinne Skilag lag 1</b>			<b>25:23</b>	<b>01:27</b>		<b>33</b>
	1 Sivert Gudding Barli	06:53 1	00:00	06:53 1	00:00		
	2 Emil Thingstad	08:43 6	00:46	15:36 2	00:01	-1	
	3 Marius Musum	09:47 14	02:22	25:23 7	01:27	-5	
<b>8</b>	<b>Stjørdals-Blink, IL lag 1</b>			<b>26:09</b>	<b>02:13</b>		<b>29</b>
	1 Petter Skulbørstad	08:54 15	02:01	08:54 15	02:01		
	2 Sigurd Sævik	08:55 8	00:58	17:49 11	02:14	4	
	3 Oliver Meldal	08:20 4	00:55	26:09 8	02:13	3	

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<b>G 11-12 år</b>							
<b>9</b>	<b>Vinne Skilag lag 2</b>			<b>26:31</b>	<b>02:35</b>		<b>37</b>
	1 Lukas Stene Trøen Haugan	08:26 12	01:33	08:26 12	01:33		
	2 Petter Green Karlsen	09:15 11	01:18	17:41 9	02:06	3	
	3 Magnus Dalen Nordberg	08:50 10	01:25	26:31 9	02:35	0	
<b>10</b>	<b>Skatval Skilag lag 1</b>			<b>26:50</b>	<b>02:54</b>		<b>27</b>
	1 John Petter Hallan	08:13 10	01:20	08:13 10	01:20		
	2 Sigmund Daling	09:58 13	02:01	18:11 12	02:36	-2	
	3 Oskar Wangberg	08:39 7	01:14	26:50 10	02:54	2	
<b>11</b>	<b>Inderøy IL lag 1</b>			<b>26:51</b>	<b>02:55</b>		<b>34</b>
	1 Even Våset Agle	07:30 4	00:37	07:30 4	00:37		
	2 Konrad Skjellegrind	10:15 15	02:18	17:45 10	02:10	-6	
	3 Magnus Mollan	09:06 11	01:41	26:51 11	02:55	-1	
<b>12</b>	<b>Steinkjer SK lag 2</b>			<b>27:13</b>	<b>03:17</b>		<b>36</b>
	1 Sondre Rygg	09:32 17	02:39	09:32 17	02:39		
	2 Noah Eriksen Hegge	09:10 10	01:13	18:42 16	03:07	1	
	3 Leander Helland Iversen	08:31 6	01:06	27:13 12	03:17	4	
<b>13</b>	<b>Spillum IL lag 1</b>			<b>28:09</b>	<b>04:13</b>		<b>26</b>
	1 Odin Fossheim	08:39 14	01:46	08:39 14	01:46		
	2 Ola Mælen	08:35 3	00:38	17:14 7	01:39	7	
	3 Milan Furre	10:55 18	03:30	28:09 13	04:13	-6	
<b>14</b>	<b>Snåsa IL lag 1</b>			<b>28:22</b>	<b>04:26</b>		<b>35</b>
	1 Mattias Aassve-Rohde	08:35 13	01:42	08:35 13	01:42		
	2 Ask Viljar Belbo	10:08 14	02:11	18:43 17	03:08	-4	
	3 Olve Holmberg	09:39 13	02:14	28:22 14	04:26	3	
<b>15</b>	<b>Ogndal IL lag 1</b>			<b>28:23</b>	<b>04:27</b>		<b>24</b>
	1 Johannes Hanem Bolås	09:58 18	03:05	09:58 18	03:05		
	2 Andreas Bragstad Overrein	08:35 3	00:38	18:33 13	02:58	5	
	3 Eirik Kjesbu	09:50 15	02:25	28:23 15	04:27	-2	
<b>16</b>	<b>Beitstad IL lag 1</b>			<b>28:39</b>	<b>04:43</b>		<b>23</b>
	1 Sindre Aalberg	08:21 11	01:28	08:21 11	01:28		
	2 Birk Vennes	10:19 16	02:22	18:40 15	03:05	-4	
	3 Håkon Jørgensen Slørdal	09:59 16	02:34	28:39 16	04:43	-1	

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<b>G 11-12 år</b>							
<b>17</b>	<b>Skjelstadmark IL lag 1</b>			<b>28:43</b>	<b>04:47</b>		<b>41</b>
	1 Albert Kråkenes	07:25 3	00:32	07:25 3	00:32		
	2 Henrik Raaen Opgård	11:11 17	03:14	18:36 14	03:01	-11	
	3 Kevin Bremseth	10:07 17	02:42	28:43 17	04:47	-3	
<b>18</b>	<b>Steinkjer SK lag 1</b>			<b>30:02</b>	<b>06:06</b>		<b>25</b>
	1 Halvar Rochmann Haldorsen	08:58 16	02:05	08:58 16	02:05		
	2 Tord Guin	13:01 18	05:04	21:59 18	06:24	-2	
	3 Jonathan Inderberg Vekseth	08:03 3	00:38	30:02 18	06:06	0	

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<b>G 11-12 år</b>							
<b>G 13-14 år</b>							
<b>1</b>	<b>Inderøy IL lag 1</b>			<b>20:34</b>			<b>56</b>
	1 Sigve Vist	06:20 1	00:00	06:20 1	00:00		
	2 Fredrik Mollan	07:05 1	00:00	13:25 1	00:00	0	
	3 Peder Grønnesby Bragstad	07:09 2	00:13	20:34 1	00:00	0	
<b>2</b>	<b>Steinkjer SK lag 1</b>			<b>22:00</b>	<b>01:26</b>		<b>51</b>
	1 Anders Henrik Lillefjell	07:22 3	01:02	07:22 3	01:02		
	2 Theo Inderberg Vekseth	07:42 2	00:37	15:04 2	01:39	1	
	3 Emil Rygg	06:56 1	00:00	22:00 2	01:26	0	
<b>3</b>	<b>Sp.kl. Nessegutten lag 1</b>			<b>23:48</b>	<b>03:14</b>		<b>54</b>
	1 Hallvard Steffenrem	07:31 5	01:11	07:31 5	01:11		
	2 Bernard Heimro-Sunde	08:13 5	01:08	15:44 6	02:19	-1	
	3 Ole Andreas Rinnan Veske	08:04 3	01:08	23:48 3	03:14	3	
<b>4</b>	<b>Leksvik IL lag 1</b>			<b>24:01</b>	<b>03:27</b>		<b>53</b>
	1 Kasper Ramdal Farbu	07:19 2	00:59	07:19 2	00:59		
	2 Johannes Svanem Rolitrø	08:12 4	01:07	15:31 3	02:06	-1	
	3 Rikke Emilie Berg Finsmyr	08:30 5	01:34	24:01 4	03:27	-1	
<b>5</b>	<b>Spillum IL lag 1</b>			<b>24:07</b>	<b>03:33</b>		<b>52</b>
	1 Per Ole Klingen	07:25 4	01:05	07:25 4	01:05		
	2 Gustav Devik	08:13 5	01:08	15:38 5	02:13	-1	
	3 Julie Røthe Lysberg	08:29 4	01:33	24:07 5	03:33	0	
<b>6</b>	<b>Vinne Skilag lag 1</b>			<b>24:48</b>	<b>04:14</b>		<b>55</b>
	1 Iver Grande Gudding	07:42 6	01:22	07:42 6	01:22		
	2 Børge Sørli Sørholt	07:53 3	00:48	15:35 4	02:10	2	
	3 Noa Høydal	09:13 6	02:17	24:48 6	04:14	-2	
<b>N/C</b>	<b>Elva-Namskogan/Røyrvik/Inderøy lag 1</b>			<b>00:00</b>			<b>58</b>
	1 Martin Staldevik Wallervand	06:19	-00:01	06:19	-00:01		
	2 Olav Svestad	07:37	00:32	13:56	00:31	0	
	3 Andreas Hamnes	07:55	00:59	21:51	01:17	0	
<b>N/C</b>	<b>Leksdal/Helgådal lag 1</b>			<b>00:00</b>			<b>57</b>
	1 Vinjar Eggen Vatne	07:00	00:40	07:00	00:40		
	2 Sivert Gudding Barli	07:19	00:14	14:19	00:54	0	
	3 Jesper Marelius Rotmo	07:31	00:35	21:50	01:16	0	

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<b>G 13-14 år</b>							
<b>G 15-16 år</b>							
<b>1</b>	<b>Steinkjer SK lag 1</b>			<b>31:48</b>			<b>66</b>
	1 Marius Lukas Lillefjell	10:42 2	00:02	10:42 2	00:02		
	2 Vegar Læggran Bratsve	10:23 1	00:00	21:05 1	00:00	1	
	3 Espen Skrattalsrud	10:43 2	00:04	31:48 1	00:00	0	
<b>2</b>	<b>Leirådal IL lag 1</b>			<b>32:28</b>	<b>00:40</b>		<b>69</b>
	1 Fredrik Sivertsen	10:40 1	00:00	10:40 1	00:00		
	2 Sigve Havik Nysæter	11:09 2	00:46	21:49 2	00:44	-1	
	3 Johannes Sivertsen	10:39 1	00:00	32:28 2	00:40	0	
<b>3</b>	<b>Skjelstadmark IL lag 1</b>			<b>37:49</b>	<b>06:01</b>		<b>68</b>
	1 Martin Fossen	12:29 4	01:49	12:29 4	01:49		
	2 Viktor Kråkenes	12:23 3	02:00	24:52 3	03:47	1	
	3 Magnus Hallan	12:57 4	02:18	37:49 3	06:01	0	
<b>4</b>	<b>Vinne Skilag lag 1</b>			<b>38:18</b>	<b>06:30</b>		<b>70</b>
	1 Tobias Bjørken	11:25 3	00:45	11:25 3	00:45		
	2 Tobias Wehn Langnes	14:11 4	03:48	25:36 4	04:31	-1	
	3 Simon Green Karlsen	12:42 3	02:03	38:18 4	06:30	0	
<b>N/C</b>	<b>Spillum IL lag 1</b>			<b>00:00</b>			<b>67</b>
	1 Are Fossheim	10:41	00:01	10:41	00:01		
	2 Are Estil Brissach	11:07	00:44	21:48	00:43	0	
	3 Sondre Aasen Lande	12:47	02:08	34:35	02:47	0	

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<b>G 15-16 år</b>							
<b>G 8-10 år</b>							
	<b>Beitstad IL lag 1</b>						<b>12</b>
	1 Aksel Almlid						
	2 Sigurd Aalberg						
	3 Emil Sagvik-Bartnes						
	<b>Steinkjer SK lag 1</b>						<b>13</b>
	1 Kasper Aunan Bardal						
	2 Aksel Korssjøen Susegg						
	3 Thomas Opheim Bardal						
	<b>Spillum IL lag 1</b>						<b>14</b>
	1 Jakob Mælen						
	2 Lukas Olsen Pedersen						
	3 Henrik Skille Laugen						
	<b>Leksvik IL lag 1</b>						<b>15</b>
	1 Rebekka Berg Finsmyr						
	2 Emma Løkken Olsen						
	3 Jon Moan						
	<b>Leksdal IL lag 1</b>						<b>16</b>
	1 Njord Hallem-Berg						
	2 Brage Eggen Vatne						
	3 Lian Leander Bulling Valstad						
	<b>Vinne Skilag lag 1</b>						<b>17</b>
	1 Erlend Dalen Nordberg						
	2 Noah Røiseng						
	3 Johanne Gudding Barli						
	<b>Inderøy IL lag 1</b>						<b>18</b>
	1 Ole Værdal						
	2 Johannes Lyngsaunet Værdal						
	3 Lavrans Haavik Dretvik						
	<b>Steinkjer SK lag 2</b>						<b>19</b>
	1 Filip Bentzen Opdahl						
	2 Alexander van der Linden						
	3 Alexander Storm Kjøren						

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**G 8-10 år**

**Inderøy IL lag 2**

**20**

- 1 Aksel Farbu
- 2 Oskar Lundås Sagen
- 3 ingen navn

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
<b>G 8-10 år</b>							
<b>J 11-12 år</b>							
<b>1</b>	<b>Inderøy IL lag 1</b>			<b>25:26</b>			<b>46</b>
	1 Signe Farbu	07:25 2	00:15	07:25 2	00:15		
	2 Kristine Iversen Klepp	09:16 3	00:15	16:41 2	00:25	0	
	3 Mali Vist	08:45 1	00:00	25:26 1	00:00	1	
<b>2</b>	<b>Inderøy IL lag 2</b>			<b>25:38</b>	<b>00:12</b>		<b>49</b>
	1 Emelie Øksnes Jørstad	07:10 1	00:00	07:10 1	00:00		
	2 Lisa Bragstad Rannem	09:06 2	00:05	16:16 1	00:00	0	
	3 Christine Hoem	09:22 4	00:37	25:38 2	00:12	-1	
<b>3</b>	<b>Stjørdals-Blink, IL lag 1</b>			<b>26:55</b>	<b>01:29</b>		<b>45</b>
	1 Sara Sesseng	08:55 4	01:45	08:55 4	01:45		
	2 Nicoline Steig Hamre	09:01 1	00:00	17:56 3	01:40	1	
	3 Ida Dullum	08:59 2	00:14	26:55 3	01:29	0	
<b>4</b>	<b>Spillum IL lag 1</b>			<b>28:35</b>	<b>03:09</b>		<b>44</b>
	1 Andrea Brobakken	08:17 3	01:07	08:17 3	01:07		
	2 Klara Lovisa Eliasdottir	11:07 4	02:06	19:24 4	03:08	-1	
	3 Mina Aasen Lande	09:11 3	00:26	28:35 4	03:09	0	
<b>5</b>	<b>Steinkjer SK lag 2</b>			<b>31:34</b>	<b>06:08</b>		<b>48</b>
	1 Aurora Kløvjan	10:01 6	02:51	10:01 6	02:51		
	2 Julie Solberg Sand	11:22 6	02:21	21:23 6	05:07	0	
	3 Live Ivarsdatter	10:11 5	01:26	31:34 5	06:08	1	
<b>6</b>	<b>Snåsa IL lag 1</b>			<b>33:06</b>	<b>07:40</b>		<b>47</b>
	1 Anette Kristine Røsholt-Belbo	10:02 7	02:52	10:02 7	02:52		
	2 Annelie Tamar Pijl	12:51 8	03:50	22:53 8	06:37	-1	
	3 Embla Kristine Gederaas Belbo	10:13 6	01:28	33:06 6	07:40	2	
<b>7</b>	<b>Rygg IL lag 1</b>			<b>33:11</b>	<b>07:45</b>		<b>42</b>
	1 Ingebjørg Guin	10:04 8	02:54	10:04 8	02:54		
	2 Ida Sivertsen Øksnes	12:02 7	03:01	22:06 7	05:50	1	
	3 Ragne Belbo Ringseth	11:05 7	02:20	33:11 7	07:45	0	
<b>8</b>	<b>Steinkjer SK lag 1</b>			<b>20:12</b>			<b>43</b>
	1 Ingrid Skevik Gjørsv	08:59 5	01:49	08:59 5	01:49		
	2 Anna Opheim Bardal	11:13 5	02:12	20:12 5	03:56	0	
	3						



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<b>J 11-12 år</b>							
<b>J 13-14 år</b>							
<b>1</b>	<b>Leksdal IL lag 1</b>			<b>21:43</b>			<b>62</b>
	1 Greta Osk Kolberg Hakonardottir	06:53 3	00:26	06:53 3	00:26		
	2 Alma Eir Kolberg Hakonardottir	07:25 1	00:00	14:18 1	00:00	2	
	3 Johanne Bjugan	07:25 1	00:00	21:43 1	00:00	0	
<b>2</b>	<b>Inderøy IL lag 2</b>			<b>23:38</b>	<b>01:55</b>		<b>65</b>
	1 Jenny Farbu	06:27 1	00:00	06:27 1	00:00		
	2 Hanna Marie Benjaminsen	09:01 4	01:36	15:28 2	01:10	-1	
	3 Ulla Bøe Skutberg	08:10 4	00:45	23:38 2	01:55	0	
<b>3</b>	<b>Inderøy IL lag 1</b>			<b>24:05</b>	<b>02:22</b>		<b>64</b>
	1 Ingeborg Skei Mjømen	06:33 2	00:06	06:33 2	00:06		
	2 Ida Kvam Dragland	09:50 5	02:25	16:23 4	02:05	-2	
	3 Berit Haugan Rannem	07:42 2	00:17	24:05 3	02:22	1	
<b>4</b>	<b>Lierne IL lag 1</b>			<b>24:31</b>	<b>02:48</b>		<b>59</b>
	1 Martine Gjertsås	08:14 5	01:47	08:14 5	01:47		
	2 Miliann Raudsepp Stuenes	08:21 2	00:56	16:35 5	02:17	0	
	3 Isa Gjertsås Larsen	07:56 3	00:31	24:31 4	02:48	1	
<b>5</b>	<b>Vinne Skilag lag 1</b>			<b>26:36</b>	<b>04:53</b>		<b>63</b>
	1 Ane Sørлие Sørholt	06:55 4	00:28	06:55 4	00:28		
	2 Hanna Skjerve	08:48 3	01:23	15:43 3	01:25	1	
	3 Malin Wehn Langnes	10:53 5	03:28	26:36 5	04:53	-2	
<b>6</b>	<b>Beitstad IL lag 1</b>			<b>32:47</b>	<b>11:04</b>		<b>60</b>
	1 Ragnhild Saugestad	08:56 6	02:29	08:56 6	02:29		
	2 Rikke Modell Almlid	12:28 6	05:03	21:24 6	07:06	0	
	3 Hannah Ness Schjefte	11:23 6	03:58	32:47 6	11:04	0	
<b>N/C</b>	<b>Rygg IL lag 1</b>			<b>00:00</b>			<b>61</b>
	1 Ingrid Sofie Modell Langlid	08:27	02:00	08:27	02:00		
	2 Therese Håpnes Kjerkol	09:55	02:30	18:22	04:04	0	
	3 Sigrid Trongmo Hognes	09:16	01:51	27:38	05:55	0	

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<b>J 13-14 år</b>							
<b>J 15-16 år</b>							
<b>1</b>	<b>IL Aasguten lag 1</b>			<b>38:27</b>			<b>74</b>
	1 Andrine Rønning	12:18 2	00:07	12:18 2	00:07		
	2 Guro Hegstad	13:15 1	00:00	25:33 1	00:00	1	
	3 Anniken Evenhus	12:54 1	00:00	38:27 1	00:00	0	
<b>2</b>	<b>Spillum IL lag 1</b>			<b>40:37</b>	<b>02:10</b>		<b>71</b>
	1 Hannah Fossheim	12:11 1	00:00	12:11 1	00:00		
	2 Anette Kvalvik	14:02 2	00:47	26:13 2	00:40	-1	
	3 Ingri Nyborg Enge	14:24 2	01:30	40:37 2	02:10	0	
<b>N/C</b>	<b>Leirådal IL lag 1</b>			<b>00:00</b>			<b>75</b>
	1 Fredrikke Baglo Bjørkeng	12:15	00:04	12:15	00:04		
	2 Anna Sagvold	13:42	00:27	25:57	00:24	0	
	3 Klara Sofie Steinsli	13:39	00:45	39:36	01:09	0	
<b>N/C</b>	<b>Skogn IL lag 1</b>			<b>00:00</b>			<b>73</b>
	1 Ingrid Veske	12:59	00:48	12:59	00:48		
	2 Kine Reitan	14:34	01:19	27:33	02:00	0	
	3 Ingrid Sørliie Fallan	14:15	01:21	41:48	03:21	0	
<b>N/C</b>	<b>Skjelstadmark IL lag 1</b>			<b>00:00</b>			<b>72</b>
	1 Linnea Hansen Gederaas	12:02	-00:09	12:02	-00:09		
	2 Ingrid Dullum	13:31	00:16	25:33	00:00	0	
	3 Marion Raaen Opgård	12:27	-00:27	38:00	-00:27	0	
<b>N/C</b>	<b>Markabygda/Skogn lag 1</b>			<b>00:00</b>			<b>76</b>
	1 Ingri Svendgård	12:42	00:31	12:42	00:31		
	2 Mia Skjerve	13:31	00:16	26:13	00:40	0	
	3 Mari Sørliie Fallan	14:26	01:32	40:39	02:12	0	

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
<b>J 15-16 år</b>							
<b>J 8-10 år</b>							
	<b>Kvam IL lag 1</b>						<b>1</b>
	1 Kari Elise Modell Langlid						
	2 Heidi Sofie Buhaug						
	3 Ylva Belbo Ringseth						
	<b>Beitstad IL lag 1</b>						<b>2</b>
	1 Mina Johanne Lillefuhr Haugan						
	2 Helene Bergh Finstad						
	3 Johanna Tverås Steinkjer						
	<b>Steinkjer SK lag 1</b>						<b>3</b>
	1 Andrea Strøm						
	2 Live Ivarsdatter						
	3 Evelyn Friederike Rudel						
	<b>IL Aasguten lag 1</b>						<b>4</b>
	1 Vilde Tangstad Husby						
	2 Amalie Ledal Brønne						
	3 Mari Reitan						
	<b>Leksdal IL lag 1</b>						<b>5</b>
	1 Magritt Ravlo-Morland						
	2 Maren Musum						
	3 Agnes Run Kolberg Håkonardottir						
	<b>Vinne Skilag lag 1</b>						<b>6</b>
	1 Ingeborg Grande Gudding						
	2 Heidi Rånes						
	3 Oda Høydal						
	<b>Beitstad IL lag 2</b>						<b>7</b>
	1 Andrine Brørs						
	2 Rebekka Saugestad						
	3 Sigrid Serine Ressem-Folden						
	<b>Steinkjer SK lag 2</b>						<b>8</b>
	1 Vilde Lovise Rochmann Haldorsen						
	2 Mathilde Landsem						
	3 Malin Grande-Johannessen						

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
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**J 8-10 år**

**Leksdal IL lag 2**

- 1 Ada Bjugan
- 2 Angelica Charlotte Fjeldvær-Sliper
- 3 Oliva Ravlo-Morland

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**Steinkjer SK lag 3**

- 1 Ella Almlid-Larsen
- 2 Emilie Lund Børøsdund
- 3 Iben Hatling-Bartnes

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**Steinkjer SK lag 4**

- 1 Lilja Finstad
- 2 Sofie Skevik Gjørø
- 3 Vilma Trøgstad Storli

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**Resultatliste**

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
<b>J 8-10 år</b>							
<b>Kvinner junior</b>							
<b>1</b>	<b>Henning Skilag lag 1</b>			<b>39:46</b>			<b>77</b>
	1 Vilde Austad	12:47 1	00:00	12:47 1	00:00		
	2 Maren Smulan Sagland	13:39 1	00:00	26:26 1	00:00	0	
	3 Tale Bruheim Breding	13:20 1	00:00	39:46 1	00:00	0	
<b>2</b>	<b>Beitstad IL lag 1</b>			<b>43:44</b>	<b>03:58</b>		<b>78</b>
	1 Astrid Haugen Kleppa	14:23 2	01:36	14:23 2	01:36		
	2 Ingrid Lie Brørs	14:26 2	00:47	28:49 2	02:23	0	
	3 Julie Folden Estensen	14:55 2	01:35	43:44 2	03:58	0	
<b>N/C</b>	<b>Inderøy/Steinkjer lag 1</b>			<b>00:00</b>			<b>79</b>
	1 Maren Kjølstad Røflo	14:22	01:35	14:22	01:35		
	2 Mari Austheim	14:48	01:09	29:10	02:44	0	
	3 Kaisa Bergin Holtan	14:50	01:30	44:00	04:14	0	

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**Resultatliste**

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
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**Kvinner junior**

**Kvinner senior**

<b>1</b>	<b>Henning Skilag lag 1</b>			<b>40:48</b>			<b>80</b>
	1 Sigrid Flatås Aune	11:14 1	00:00	11:14 1	00:00		
	2 Mariann Landsem Melhus	16:16 1	00:00	27:30 1	00:00	0	
	3 Ragnhild Sivertsen	13:18 1	00:00	40:48 1	00:00	0	

KM stafett  
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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
<b>Kvinner senior</b>							
<b>Menn junior</b>							
<b>1</b>	<b>Spillum IL lag 1</b>			<b>36:01</b>			<b>315</b>
	1 Vemund Trebostad Viken	11:22 1	00:00	11:22 1	00:00		
	2 Martin Reppen	12:22 3	00:27	23:44 1	00:00	0	
	3 Jonathan Devik	12:17 2	00:13	36:01 1	00:00	0	
<b>2</b>	<b>Spillum IL lag 2</b>			<b>36:40</b>	<b>00:39</b>		<b>318</b>
	1 Torkil Klingen	11:54 3	00:32	11:54 3	00:32		
	2 Tobias Bergslid	11:55 1	00:00	23:49 2	00:05	1	
	3 Johan Kvalvik	12:51 4	00:47	36:40 2	00:39	0	
<b>3</b>	<b>Steinkjer SK lag 1</b>			<b>36:54</b>	<b>00:53</b>		<b>314</b>
	1 Niklas Landsem Melhus	11:53 2	00:31	11:53 2	00:31		
	2 Haakon Andreas Lillefjell	12:57 4	01:02	24:50 4	01:06	-2	
	3 August Helland Iversen	12:04 1	00:00	36:54 3	00:53	1	
<b>4</b>	<b>Vinne Skilag lag 1</b>			<b>37:24</b>	<b>01:23</b>		<b>317</b>
	1 Olav Gjedrem Lund	12:08 4	00:46	12:08 4	00:46		
	2 Iver Gjedrem Lund	12:12 2	00:17	24:20 3	00:36	1	
	3 Torstein Gjedrem Lund	13:04 5	01:00	37:24 4	01:23	-1	
<b>5</b>	<b>Sp.kl. Nessegutten lag 1</b>			<b>39:01</b>	<b>03:00</b>		<b>316</b>
	1 Mathias Kjørstad Ukkelberg	12:50 5	01:28	12:50 5	01:28		
	2 Aksel Rinnan Veske	13:39 5	01:44	26:29 5	02:45	0	
	3 Kaare Markus Haaland Sandberg	12:32 3	00:28	39:01 5	03:00	0	
<b>N/C</b>	<b>Frol/Jøa/Drøbak lag 1</b>			<b>00:00</b>			<b>319</b>
	1 Mats Tranås	11:30	00:08	11:30	00:08		
	2 Håkon Mjøen Grønndalen	11:27	-00:28	22:57	-00:47	0	
	3 Oddmund Haugnes	11:33	-00:31	34:30	-01:31	0	

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<b>Plass</b>	<b>Lag</b>	<b>Etappe Tid</b>	<b>Etter</b>	<b>Total Tid</b>	<b>Etter</b>	<b>Endring</b>	<b>Startnr/ Status</b>
<b>Menn junior</b>							
<b>Menn senior</b>							
<b>1</b>	<b>Henning Skilag lag 1</b>			<b>52:12</b>			<b>310</b>
	1 Jonas Austad	16:48 1	00:00	16:48 1	00:00		
	2 Sindre Finne	17:26 1	00:00	34:14 1	00:00	0	
	3 Isak Stianson Pedersen	17:58 2	00:23	52:12 1	00:00	0	
<b>2</b>	<b>Henning Skilag lag 2</b>			<b>52:20</b>	<b>00:08</b>		<b>312</b>
	1 Jonas Austmo Kolstad	17:16 2	00:28	17:16 2	00:28		
	2 Marius Landsem Melhus	17:29 2	00:03	34:45 2	00:31	0	
	3 Magnus Sivertsen	17:35 1	00:00	52:20 2	00:08	0	
<b>3</b>	<b>Henning Skilag lag 3</b>			<b>1:00:44</b>	<b>08:32</b>		<b>313</b>
	1 Sigurd Landsem Melhus	18:19 3	01:31	18:19 3	01:31		
	2 Frode Lillefjell	18:29 3	01:03	36:48 3	02:34	0	
	3 Trond Marius Ressem Fornes	23:56 3	06:21	1:00:44 3	08:32	0	
<b>DNS</b>	<b>Skogn IL lag 1</b>						<b>311</b>
	1 Trym Nergård Rønning						
	2 Bjørn Helge Sandberg						
	3 Anders Johan Sandberg						



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<b>Plass</b>	<b>Lag</b>	<b>Etappe Tid</b>	<b>Etter</b>	<b>Total Tid</b>	<b>Etter</b>	<b>Endring</b>	<b>Startnr/ Status</b>
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**Menn senior**

**Menn veteran**

<b>1</b>	<b>Leirådal IL lag 1</b>			<b>39:01</b>			<b>340</b>
	1 Arild Olav Sagvold	11:53 1	00:00	11:53 1	00:00		
	2 Stein Otto Bjørkeng	13:43 1	00:00	25:36 1	00:00	0	
	3 Geir Martin Bjørkeng	13:25 1	00:00	39:01 1	00:00	0	

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<b>Plass</b>	<b>Lag</b>	<b>Etappe Tid</b>	<b>Etter</b>	<b>Total Tid</b>	<b>Etter</b>	<b>Endring</b>	<b>Startnr/ Status</b>
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**Menn veteran**