









# Rules for FIS Continental Cups - Scandinavia 2016/2017

Rules updated: October 11<sup>th</sup> and October 28<sup>th</sup>, 2016 Updates in red letters!

#### 1. General rules

The Scandinavian Cup consists of one series of FIS competitions in Scandinavia (Latvia, Estonia, Finland, Sweden and Norway).

The competitions are for ladies and men near WC level.

FIS and responsible Ski Associations give informations about the cup.

Each of the 5 national federations will appoint the technical organiser.

Each organizer needs a substitute place where it is possible to organize event on the same date. If jury decides to cancel competitions, an expert commission will decide about new date. The expert commission consists of one member of each country mentioned above.

# 2. Number of participants

The cup is open for all skiers with FIS license from all nations. All skiers placing top 30 will get points, this is valid also for skiers outside Scandinavia.

If the race contains juniorclasses or other classes, the Scandinavian Cup should have the best starting time. The last racing day must have an early starting time and evening races shall be avoided.

# 3. Quota and carrying cost

The organiser should offer accommodation possibilities for World Cup prices (CHF 125/day full board), which the nations can choose.

All athletes and leaders have to pay for accommodation and for the valid starting fee. The entry fee must not exceed 20 € per athlete per race.

# 4. Final scoring for individuals

In the final scoring all races will count (season 2016/2017: 9 races).

If at end of all the events, a number of competitiors are placed equally within the top six (6) positions in the overall classification, then they shall be placed according to the number of their  $1^{st}$  places, then their  $2^{nd}$  places,  $3^{rd}$  places, etc.

If they cannot be classified by this system, they will each receive the medals corresponding to their placing.

#### 5. Sprint race

At least two of the races will be sprint races. The sprint races will be organised according to the current ICR rules.

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### 6. Calculation of points

The same points as for World Cup.

30 best get points as follows: 50, 46, 43, 40, 37, 34, 32, 30, 28, 26, 24, 22, 20, 18, 16, 15, 14, 13,12,11,10,9,8,7,6,5,4,3,2,1.

### 7. Seedingrules for individuals

The Basis for the seeding and grouping will be at the ICR art 334. In dependence to ICR art 334, the following recommendations are valid for the Scandinavian Cup:

In sprint qualifications the starting order will be according to the FIS sprint points: The athletes with lowest points will have startnumber 1, and so on. Athletes with no FIS sprintpoints but with overall points will start thereafter, and finally athletes with no FIS points (order is drawn).

In mass start races the starting order will be according to the same principles as the sprint qualifications. The order will be based upon the FIS distance points.

In individual races the athletes will be divided into 4 groups:

Group 1, athletes with no FIS-points (order is drawn).

Group 2, 3 and 4 consists of athletes with FIS-points. These 3 groups are equal in size. Group 4 is for the athletes with the lowest FIS-distance points, and group 2 for athletes with the highest FIS-distance points. If there are athletes with only sprintpoints, they will be put into group 2.

The starting order withing each group will be drawn. The normal starting order will be group 1-2-3-4.

# 8. Jury and TD

The TD will be appointed from the neighbouring country, i.e FIN-EST and SWE-NOR

## 9. FIS-points

The Organizer has to send correct resultlist with FIS code and TD must calculate the penalty. Every Organizer should calculate the FIS points.

#### 10. FIS/ICR rules are valid

### 11. FIS-Homologation of courses

The organiser should have homologated courses.

### **12.** Temperature limits:

For Scandinavian Cup we have agreed for 2016-2017 to use minus  $17^{\circ}$ C as limit for the jury to cancel the race.

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#### 13. The winners

The price ceremony will take place immediately after each race. Each organiser and organising Federation pay money price for each race: No 1 = 6.000 SEK, - No 2 = 4.000 SEK, - No 3 = 2.000 SEK. The cost is divided 50% from the organiser and 50% from the organising ski federation.

In the season 2016/2017 there will be a money prize for the overall winners ladies and men: The 3 best in the total cup after the last race in Madona, will receive SEK 7.000 - 5.000 - 3.000. (Financed by the 3 organising federations NOR-FIN and LAT).

Addition: If the winner of the "sprint" cup and/or the "distance" cup is outside the 3 best in the total cup, this winner will receive NOK 2.000 (financed by NOR). This system will be evaluated after the season 2016-2017.

The overall winner, sprint winner and "distance" winner (women and men) will receive a trophy (purchased by NOR) after the last race. The 3 best overall women and men will receive a medal purchased by FIS.

The leaders (male and female) of Scandinavian Cup at the following dates have the right to start in World Cup competitions during the next World Cup period:

- 1 st World Cup Period 2016-17: Winners season 2015-16
- 2 nd World Cup Period 2016-17 (incl. Tour de Ski): Leaders at 28th of December 2016
- 3 rd World Cup Period 2016-17: Leaders at 13th of February 2017
- 4 th World Cup Period 2016-17: Leaders at 6 th of March 2017

A valid list of these qualified athletes will be published on the FIS website. These additional quotas are nominative, i.e. the athletes can not be substituted if they can not start due to force majeure.

#### 14. Results

Official results and ranking from every race must directly be available on the internet immediately after the race. Norway is responsible for the points list after each race.

Immediately after approval of the Technical Delegate, the Organisers must transmit the official results and penalty calculation as well as combined standing electronically in FIS Data format by e-mail to:

# AlpineResults@fisski.ch

Direct Phone concerning FIS points (Judith Lessing) +47 (33) 244 61 05 FIS Office: Phone + 41 (33) 244 61 71 E-mail: <a href="mailto:lessing@fisski.ch">lessing@fisski.ch</a>
Software for FIS format: <a href="mailto:ftp://ftp.fisski.ch">ftp://ftp.fisski.ch</a>

#### 15. Waxing facilities

Sufficient and lockable waxing facilities must be suitable for all national teams (maximum 6+6) without cost. The size of this should be according to the FIS rules.

More waxing facilities are to be paid for. The organiser and the participating nations MUST pay attention to this, and book waxing facilities in due time.

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### 16. Official languages by the organiser

The organiser <u>must use</u> at least English language in addition to the country's own language. This means also the speaker at the stadium and the team captains' meeting.

### 17. Transport

On request the organiser will offer adequate transport for national teams to acceptable price.

### 18. Juniors

Juniors principally start in the senior class, if the number of participants does not exceed 150. Juniors selected in an official national team and are entered to an event in the Scandinavian cup are allowed to start even if the number of athletes are higher than 150.

## 19. Mini-Tours (if organised)

If some of the Scandinavian Cup-wekends are organised as "mini-tours" the following rules are valid:

Each of the first two races will give 50-46-43-40 points (and so on). If you do not enter a competition, you do not lose points.

To take part at the final race, the athlete must have fulfilled the first two races.

The final race will be handicap start. The first skier to cross the finish line is winner of the "mini-tour". The finish order in the final race gives 50-46-43-40 points (and so on). Additionally there will be also 50-46-43-40 points (and so on) for the times of the day (individual time results).

This means that one skier can obtain up to 200 points for the "mini-tour" of 3 days. The prize money for the last day (6.000-4.000-2.000) will be given to the 3 best of the "mini-tour" (3 first to cross the finish line).

For the "Tours" we will use bonus system for sprint races, like in World Cup tours. This is to calculate the start times in the handicap start.

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