

Junior NM Stafett  
Resultatliste

18.03.2012

Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
<b>Herrer 4*5 km</b>							
<b>1</b>	<b>Sogn og Fjordane lag 1 (6)</b>			<b>40:50,2</b>			
	1 Mats Bjørnar Leirdal	09:59,2 24	00:13,7	09:59,2 24	00:13,7		
	2 Gjørán Tefre	09:58,1 2	00:01,9	19:57,3 1	00:00,0	23	
	3 Håvard Bogetveit	10:18,5 1	00:00,0	30:15,8 1	00:00,0	0	
	4 Johannes Bø	10:34,4 1	00:00,0	40:50,2 1	00:00,0	0	
<b>2</b>	<b>Akershus lag 1 (1)</b>			<b>41:20,5</b>	<b>00:30,3</b>		
	1 Petter Reistad	09:52,2 16	00:06,7	09:52,2 16	00:06,7		
	2 Magne Haga	10:11,1 5	00:14,9	20:03,3 5	00:06,0	11	
	3 Martin Løvstrøm Nyenget	10:19,4 2	00:00,9	30:22,7 2	00:06,9	3	
	4 Sindre Bjørnstad Skar	10:57,8 5	00:23,4	41:20,5 2	00:30,3	0	
<b>3</b>	<b>Oppland lag 1 (4)</b>			<b>41:25,2</b>	<b>00:35,0</b>		
	1 Vegard B. Nilssen	09:51,7 15	00:06,2	09:51,7 15	00:06,2		
	2 Even S. Hippe	10:05,9 3	00:09,7	19:57,6 2	00:00,3	13	
	3 Erik Hoffsbakken	10:34,1 9	00:15,6	30:31,7 4	00:15,9	-2	
	4 Håvard S. Taugbøl	10:53,5 3	00:19,1	41:25,2 3	00:35,0	1	
<b>4</b>	<b>Oslo lag 1 (5)</b>			<b>41:36,8</b>	<b>00:46,6</b>		
	1 Fredrik Schwencke	09:52,8 17	00:07,3	09:52,8 17	00:07,3		
	2 Jørgen Grav	10:12,9 6	00:16,7	20:05,7 6	00:08,4	11	
	3 Simen Hegstad Kruger	10:32,6 8	00:14,1	30:38,3 6	00:22,5	0	
	4 Mathias Borgnes	10:58,5 6	00:24,1	41:36,8 4	00:46,6	2	
<b>5</b>	<b>Hedmark lag 1 (10)</b>			<b>41:37,5</b>	<b>00:47,3</b>		
	1 Håvard Nymoen	10:00,4 27	00:14,9	10:00,4 27	00:14,9		
	2 Tore Leren	10:19,6 11	00:23,4	20:20,0 18	00:22,7	9	
	3 Torstein Vestli	10:28,1 5	00:09,6	30:48,1 8	00:32,3	10	
	4 Kristian Græsli	10:49,4 2	00:15,0	41:37,5 5	00:47,3	3	
<b>6</b>	<b>Oslo lag 2 (20)</b>			<b>41:44,8</b>	<b>00:54,6</b>		
	1 Erlend Moian Nydal	09:46,6 3	00:01,1	09:46,6 3	00:01,1		
	2 Dag Frode Trollebø	10:32,6 26	00:36,4	20:19,2 17	00:21,9	-14	
	3 Lars Maukon Muren	10:30,2 6	00:11,7	30:49,4 9	00:33,6	8	
	4 Kasper Stadaas	10:55,4 4	00:21,0	41:44,8 6	00:54,6	3	
<b>7</b>	<b>Sør-Trøndelag lag 1 (2)</b>			<b>41:46,7</b>	<b>00:56,5</b>		
	1 Hallvard Løfald	09:46,4 2	00:00,9	09:46,4 2	00:00,9		
	2 Severin Lilleberg	10:13,7 7	00:17,5	20:00,1 3	00:02,8	-1	
	3 Martin Riseth	10:23,9 4	00:05,4	30:24,0 3	00:08,2	0	
	4 Sondre Engan	11:22,7 18	00:48,3	41:46,7 7	00:56,5	-4	
<b>8</b>	<b>Buskerud lag 1 (8)</b>			<b>41:48,8</b>	<b>00:58,6</b>		
	1 Andrew Young	09:47,4 6	00:01,9	09:47,4 6	00:01,9		
	2 Chrisander Skjønberg Holth	10:39,6 32	00:43,4	20:27,0 20	00:29,7	-14	
	3 Eirik Sverdrup Augdal	10:20,8 3	00:02,3	30:47,8 7	00:32,0	13	
	4 Vetle Sjøstad Christiansen	11:01,0 8	00:26,6	41:48,8 8	00:58,6	-1	
<b>9</b>	<b>Troms lag 1 (11)</b>			<b>41:49,3</b>	<b>00:59,1</b>		
	1 Marius Hol	09:48,9 10	00:03,4	09:48,9 10	00:03,4		
	2 Eirik Farstad	10:24,2 17	00:28,0	20:13,1 13	00:15,8	-3	
	3 Torgeir Hovland	10:37,3 10	00:18,8	30:50,4 10	00:34,6	3	
	4 Eivind Krane Heimdal	10:58,9 7	00:24,5	41:49,3 9	00:59,1	1	
<b>10</b>	<b>Telemark og Vestfold lag 1 (14)</b>			<b>42:08,8</b>	<b>01:18,6</b>		
	1 Petter Rind Øverland	09:50,4 12	00:04,9	09:50,4 12	00:04,9		
	2 Eivind Rombert Kvaale	10:09,8 4	00:13,6	20:00,2 4	00:02,9	8	
	3 Sindre Høgset	10:31,8 7	00:13,3	30:32,0 5	00:16,2	-1	
	4 Runar Skaug Mathisen	11:36,8 32	01:02,4	42:08,8 10	01:18,6	-5	

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<b>Herrer 4*5 km</b>							
<b>11</b>	<b>Sør-Trøndelag lag 2 (21)</b>			<b>42:09,0</b>	<b>01:18,8</b>		
	1 Magnus Stenås	09:48,7 8	00:03,2	09:48,7 8	00:03,2		
	2 Joakim Hjeldnes	10:21,2 13	00:25,0	20:09,9 8	00:12,6 0		
	3 Torleif Syrstad	10:43,1 12	00:24,6	30:53,0 11	00:37,2 -3		
	4 Anders Stensås	11:16,0 12	00:41,6	42:09,0 11	01:18,8 0		
<b>12</b>	<b>Østfold lag 1 (9)</b>			<b>42:14,3</b>	<b>01:24,1</b>		
	1 Markus Johansen Westgaard	09:50,0 11	00:04,5	09:50,0 11	00:04,5		
	2 Sindre Odberg Palm	10:26,7 19	00:30,5	20:16,7 16	00:19,4 -5		
	3 Henrik Lippert	10:45,7 13	00:27,2	31:02,4 12	00:46,6 4		
	4 Jonas Udjus Frorud	11:11,9 11	00:37,5	42:14,3 12	01:24,1 0		
<b>13</b>	<b>Nord-Trøndelag lag 1 (3)</b>			<b>42:22,0</b>	<b>01:31,8</b>		
	1 Jonas Wold	09:51,3 13	00:05,8	09:51,3 13	00:05,8		
	2 Johan Hundseth	10:19,6 11	00:23,4	20:10,9 9	00:13,6 4		
	3 Hallvard Riseth Fjone	11:01,3 26	00:42,8	31:12,2 16	00:56,4 -7		
	4 Pål Trøan Aune	11:09,8 10	00:35,4	42:22,0 13	01:31,8 3		
<b>14</b>	<b>Hordaland lag 1 (13)</b>			<b>42:27,6</b>	<b>01:37,4</b>		
	1 Vebjørn Turtveit	09:48,7 8	00:03,2	09:48,7 8	00:03,2		
	2 Gaute Kvåle	10:23,2 14	00:27,0	20:11,9 10	00:14,6 -2		
	3 Lars Andre Møen	10:53,9 18	00:35,4	31:05,8 13	00:50,0 -3		
	4 Sturla Lie	11:21,8 16	00:47,4	42:27,6 14	01:37,4 -1		
<b>15</b>	<b>Akershus lag 2 (17)</b>			<b>42:29,4</b>	<b>01:39,2</b>		
	1 Sindre Sætre Hammerlund	09:51,6 14	00:06,1	09:51,6 14	00:06,1		
	2 Fredrik Løvstrøm Nyenget	10:23,3 16	00:27,1	20:14,9 15	00:17,6 -1		
	3 Marius Borge Heir	10:52,2 17	00:33,7	31:07,1 14	00:51,3 1		
	4 Johan Hoel	11:22,3 17	00:47,9	42:29,4 15	01:39,2 -1		
<b>16</b>	<b>Hedmark lag 2 (23)</b>			<b>42:30,2</b>	<b>01:40,0</b>		
	1 Vegard Bjørn Gjermundshaug	09:47,0 5	00:01,5	09:47,0 5	00:01,5		
	2 Oliver Sugaren	10:45,0 35	00:48,8	20:32,0 25	00:34,7 -20		
	3 Hans Yngvar Haugrud	10:49,6 16	00:31,1	31:21,7 19	01:05,9 6		
	4 Karstein Jr Johaug	11:08,5 9	00:34,1	42:30,2 16	01:40,0 3		
<b>17</b>	<b>Oslo lag 5 (36)</b>			<b>42:43,4</b>	<b>01:53,2</b>		
	1 Rolf Christian Hermanrud	09:56,0 20	00:10,5	09:56,0 20	00:10,5		
	2 Carl Theodor Gustavsson	10:40,5 33	00:44,3	20:36,5 30	00:39,2 -10		
	3 Erland Vedeler Stubbe	10:46,2 14	00:27,7	31:22,7 20	01:06,9 10		
	4 Håkon Hjelstuen	11:20,7 14	00:46,3	42:43,4 17	01:53,2 3		
<b>18</b>	<b>Sør-Trøndelag lag 3 (37)</b>			<b>42:46,8</b>	<b>01:56,6</b>		
	1 Tor Håkon Skogstad	09:56,5 21	00:11,0	09:56,5 21	00:11,0		
	2 Per Harald Skogstad	10:15,8 9	00:19,6	20:12,3 11	00:15,0 10		
	3 Even Moholt	11:03,8 28	00:45,3	31:16,1 18	01:00,3 -7		
	4 Thomas Ekren	11:30,7 24	00:56,3	42:46,8 18	01:56,6 0		
<b>19</b>	<b>Agder og Rogaland lag 2 (25)</b>			<b>42:46,9</b>	<b>01:56,7</b>		
	1 Ingvar Folkvord	10:02,2 30	00:16,7	10:02,2 30	00:16,7		
	2 Andreas Døble	10:23,2 14	00:27,0	20:25,4 19	00:28,1 11		
	3 Ole Holbæk	10:46,9 15	00:28,4	31:12,3 17	00:56,5 2		
	4 Eivind Rosseland Stokke	11:34,6 29	01:00,2	42:46,9 19	01:56,7 -2		
<b>20</b>	<b>Sogn og Fjordane lag 2 (24)</b>			<b>43:04,3</b>	<b>02:14,1</b>		
	1 Thomas Evjestad	09:45,5 1	00:00,0	09:45,5 1	00:00,0		
	2 Jarle Gjørven	10:49,8 39	00:53,6	20:35,3 29	00:38,0 -28		
	3 Roger Pollen	11:07,6 31	00:49,1	31:42,9 28	01:27,1 1		
	4 Ole Martin Erdal	11:21,4 15	00:47,0	43:04,3 20	02:14,1 8		

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<b>Herrer 4*5 km</b>							
<b>21</b>	<b>Finnmark lag 1 (7)</b>			<b>43:06,1</b>	<b>02:15,9</b>		
	1 Peter Andersen	09:47,9 7	00:02,4	09:47,9 7	00:02,4		
	2 Audun Erikstad	10:54,6 44	00:58,4	20:42,5 31	00:45,2	-24	
	3 Pierra Tobiassen	10:59,8 24	00:41,3	31:42,3 27	01:26,5	4	
	4 Jørgen Ullvang	11:23,8 19	00:49,4	43:06,1 21	02:15,9	6	
<b>22</b>	<b>Oppland lag 3 (42)</b>			<b>43:08,4</b>	<b>02:18,2</b>		
	1 Markus Emas Holm	10:00,0 25	00:14,5	10:00,0 25	00:14,5		
	2 Glenn Bakkum	10:30,2 23	00:34,0	20:30,2 24	00:32,9	1	
	3 Amund Holtklampen	11:00,4 25	00:41,9	31:30,6 23	01:14,8	1	
	4 Kritian Kjonerud	11:37,8 33	01:03,4	43:08,4 22	02:18,2	1	
<b>23</b>	<b>Nord-Trøndelag lag 5 (77)</b>			<b>43:10,7</b>	<b>02:20,5</b>		
	1 Mats Iversen	10:02,7 31	00:17,2	10:02,7 31	00:17,2		
	2 Johann Talihårm	10:25,3 18	00:29,1	20:28,0 21	00:30,7	10	
	3 Espen Sonflå	10:42,2 11	00:23,7	31:10,2 15	00:54,4	6	
	4 Truls Torvik	12:00,5 47	01:26,1	43:10,7 23	02:20,5	-8	
<b>24</b>	<b>Oslo lag 3 (34)</b>			<b>43:11,2</b>	<b>02:21,0</b>		
	1 Fredrik Skirbekk Vister	10:00,5 28	00:15,0	10:00,5 28	00:15,0		
	2 Henrik Bakke	10:28,3 21	00:32,1	20:28,8 23	00:31,5	5	
	3 Fredrik Ole Oldereid Andersen	11:10,6 33	00:52,1	31:39,4 26	01:23,6	-3	
	4 Thorstein Wang	11:31,8 26	00:57,4	43:11,2 24	02:21,0	2	
<b>25</b>	<b>Oppland lag 2 (19)</b>			<b>43:11,3</b>	<b>02:21,1</b>		
	1 Øystein Ulekleiv	10:03,9 33	00:18,4	10:03,9 33	00:18,4		
	2 Eivind Fosshheim	10:30,2 23	00:34,0	20:34,1 28	00:36,8	5	
	3 Roberth Granseth	11:04,8 30	00:46,3	31:38,9 25	01:23,1	3	
	4 Anders Bøe Jevnaker	11:32,4 27	00:58,0	43:11,3 25	02:21,1	0	
<b>26</b>	<b>Troms lag 2 (26)</b>			<b>43:12,2</b>	<b>02:22,0</b>		
	1 Rune Strømholt	10:01,7 29	00:16,2	10:01,7 29	00:16,2		
	2 Sturla Einarson	10:31,2 25	00:35,0	20:32,9 26	00:35,6	3	
	3 Daniel Eikrem	10:59,5 23	00:41,0	31:32,4 24	01:16,6	2	
	4 Eirik Mikkelsen	11:39,8 34	01:05,4	43:12,2 26	02:22,0	-2	
<b>27</b>	<b>Oppland lag 4 (47)</b>			<b>43:17,0</b>	<b>02:26,8</b>		
	1 Erling Tofte	09:58,1 22	00:12,6	09:58,1 22	00:12,6		
	2 Tormod Stikbakke	10:52,6 42	00:56,4	20:50,7 33	00:53,4	-11	
	3 Sondre Ramsrud	10:56,3 20	00:37,8	31:47,0 30	01:31,2	3	
	4 Christian Gulbrandsen	11:30,0 23	00:55,6	43:17,0 27	02:26,8	3	
<b>28</b>	<b>Telemark og Vestfold lag 2 (30)</b>			<b>43:17,4</b>	<b>02:27,2</b>		
	1 Aksel Rosenvinge	09:46,8 4	00:01,3	09:46,8 4	00:01,3		
	2 Michael Gunnulfsen	10:27,7 20	00:31,5	20:14,5 14	00:17,2	-10	
	3 Sivert Halfdan Bergan	11:12,6 34	00:54,1	31:27,1 21	01:11,3	-7	
	4 Kjell Einar Erikstein	11:50,3 42	01:15,9	43:17,4 28	02:27,2	-7	
<b>29</b>	<b>Agder og Rogaland lag 1 (12)</b>			<b>43:30,1</b>	<b>02:39,9</b>		
	1 Håkon Svaland	10:08,0 35	00:22,5	10:08,0 35	00:22,5		
	2 Sindre Folkvord	10:35,0 28	00:38,8	20:43,0 32	00:45,7	3	
	3 Magnus Lian Aarrestad	11:04,6 29	00:46,1	31:47,6 31	01:31,8	1	
	4 Lars Aasheim Svaland	11:42,5 37	01:08,1	43:30,1 29	02:39,9	2	
<b>30</b>	<b>Buskerud lag 2 (18)</b>			<b>43:33,0</b>	<b>02:42,8</b>		
	1 Ole Vidar Eriksrud	09:52,9 18	00:07,4	09:52,9 18	00:07,4		
	2 Martin Sulland	10:19,4 10	00:23,2	20:12,3 11	00:15,0	7	
	3 Jørgen Dahl Paule	11:32,8 56	01:14,3	31:45,1 29	01:29,3	-18	
	4 Kjetil Andre Bjerkerheim	11:47,9 39	01:13,5	43:33,0 30	02:42,8	-1	

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<b>Herrer 4*5 km</b>							
<b>31</b>	<b>Akershus lag 3 (32)</b>			<b>43:37,2</b>	<b>02:47,0</b>		
	1 Eirik Bruland	10:27,3 52	00:41,8	10:27,3 52	00:41,8		
	2 Aleksander Dyrberg Ek	10:36,8 30	00:40,6	21:04,1 38	01:06,8	14	
	3 Sindre Tungesvik	10:59,3 22	00:40,8	32:03,4 33	01:47,6	5	
	4 Håvard Haga	11:33,8 28	00:59,4	43:37,2 31	02:47,0	2	
<b>32</b>	<b>Oslo lag 6 (40)</b>			<b>43:48,4</b>	<b>02:58,2</b>		
	1 Jørgen Haugen Madslie	09:54,2 19	00:08,7	09:54,2 19	00:08,7		
	2 Johannes Sørli Hagerup	10:14,3 8	00:18,1	20:08,5 7	00:11,2	12	
	3 Sondre Grønvold	11:20,0 40	01:01,5	31:28,5 22	01:12,7	-15	
	4 Fredrik Grøvdal	12:19,9 64	01:45,5	43:48,4 32	02:58,2	-10	
<b>33</b>	<b>Hedmark lag 3 (44)</b>			<b>43:48,6</b>	<b>02:58,4</b>		
	1 Stian Berg	10:03,5 32	00:18,0	10:03,5 32	00:18,0		
	2 Espen Honganvik Holen	10:48,8 38	00:52,6	20:52,3 34	00:55,0	-2	
	3 Odd Erlend Hansen Berg	11:19,8 39	01:01,3	32:12,1 36	01:56,3	-2	
	4 Remi Trøen	11:36,5 31	01:02,1	43:48,6 33	02:58,4	3	
<b>34</b>	<b>USA lag 1 (33)</b>			<b>43:52,5</b>	<b>03:02,3</b>		
	1 John Hegman	10:21,3 46	00:35,8	10:21,3 46	00:35,8		
	2 Kevin Bolger	10:35,0 28	00:38,8	20:56,3 35	00:59,0	11	
	3 Thomas Rabon	11:29,7 51	01:11,2	32:26,0 38	02:10,2	-3	
	4 Ben Saxton	11:26,5 20	00:52,1	43:52,5 34	03:02,3	4	
<b>35</b>	<b>Sør-Trøndelag lag 4 (45)</b>			<b>43:52,6</b>	<b>03:02,4</b>		
	1 Lars Ove Aunli	10:20,0 44	00:34,5	10:20,0 44	00:34,5		
	2 Martin Hovin	10:55,1 45	00:58,9	21:15,1 44	01:17,8	0	
	3 Ingebrigt Eid	11:17,2 35	00:58,7	32:32,3 41	02:16,5	3	
	4 Sivert Grøtan Eriksen	11:20,3 13	00:45,9	43:52,6 35	03:02,4	6	
<b>36</b>	<b>Oslo lag 4 (35)</b>			<b>43:55,7</b>	<b>03:05,5</b>		
	1 Sigurd Lund Røer	10:22,3 47	00:36,8	10:22,3 47	00:36,8		
	2 Erik Olsvik Dengerud	10:48,3 37	00:52,1	21:10,6 42	01:13,3	5	
	3 Lars Falsen Habostad	10:55,3 19	00:36,8	32:05,9 34	01:50,1	8	
	4 Morten Nævestad	11:49,8 41	01:15,4	43:55,7 36	03:05,5	-2	
<b>37</b>	<b>Finnmark lag 2 (28)</b>			<b>44:06,3</b>	<b>03:16,1</b>		
	1 Magne Henriksen	10:05,4 34	00:19,9	10:05,4 34	00:19,9		
	2 Sigurd J Gundersen	11:05,6 54	01:09,4	21:11,0 43	01:13,7	-9	
	3 Tore Skardal	11:08,1 32	00:49,6	32:19,1 37	02:03,3	6	
	4 Odin Eikeland	11:47,2 38	01:12,8	44:06,3 37	03:16,1	0	
<b>38</b>	<b>Akershus lag 5 (39)</b>			<b>44:11,9</b>	<b>03:21,7</b>		
	1 Anders Magnus W. Liberg	10:15,8 38	00:30,3	10:15,8 38	00:30,3		
	2 Hallvar Kristoffer Boland Haugen	10:47,6 36	00:51,4	21:03,4 37	01:06,1	1	
	3 Erik Lippestad Thorstensen	11:39,2 62	01:20,7	32:42,6 42	02:26,8	-5	
	4 Mads Kristoffer Waaler	11:29,3 22	00:54,9	44:11,9 38	03:21,7	4	
<b>39</b>	<b>Nordland lag 1 (16)</b>			<b>44:12,0</b>	<b>03:21,8</b>		
	1 Eirik Solvang	09:58,4 23	00:12,9	09:58,4 23	00:12,9		
	2 Markus Norum Nilsen	10:30,1 22	00:33,9	20:28,5 22	00:31,2	1	
	3 Andreas Sandnes Olsen	11:40,3 64	01:21,8	32:08,8 35	01:53,0	-13	
	4 Joakim Vangen Thomassen	12:03,2 50	01:28,8	44:12,0 39	03:21,8	-4	
<b>40</b>	<b>Østfold lag 2 (29)</b>			<b>44:19,0</b>	<b>03:28,8</b>		
	1 Vetle Juliussen	10:00,1 26	00:14,6	10:00,1 26	00:14,6		
	2 Martin Thon	10:32,8 27	00:36,6	20:32,9 26	00:35,6	0	
	3 Hans Ola Frøshaug	11:24,9 45	01:06,4	31:57,8 32	01:42,0	-6	
	4 Marcus Syversen	12:21,2 66	01:46,8	44:19,0 40	03:28,8	-8	

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<b>Herrer 4*5 km</b>							
<b>41</b>	<b>Hordaland lag 2 (31)</b>			<b>44:20,7</b>	<b>03:30,5</b>		
	1 Tarjei Ammundsen	10:30,6 57	00:45,1	10:30,6 57	00:45,1		
	2 Olav Haugo	10:39,2 31	00:43,0	21:09,8 40	01:12,5	17	
	3 Sondre Tysseland	11:43,8 69	01:25,3	32:53,6 48	02:37,8	-8	
	4 Eirik Finne	11:27,1 21	00:52,7	44:20,7 41	03:30,5	7	
<b>42</b>	<b>Buskerud lag 4 (61)</b>			<b>44:21,7</b>	<b>03:31,5</b>		
	1 Kristian Tobias Andersen	10:26,1 51	00:40,6	10:26,1 51	00:40,6		
	2 Lars Hagelsteen Vik	10:43,9 34	00:47,7	21:10,0 41	01:12,7	10	
	3 Kristian Svalestuen Piippo	11:18,0 36	00:59,5	32:28,0 39	02:12,2	2	
	4 Jørgen J. Borgersen	11:53,7 45	01:19,3	44:21,7 42	03:31,5	-3	
<b>43</b>	<b>Buskerud lag 3 (43)</b>			<b>44:22,4</b>	<b>03:32,2</b>		
	1 Anders Fjell	10:10,4 36	00:24,9	10:10,4 36	00:24,9		
	2 Marcus Braathen	11:15,9 67	01:19,7	21:26,3 48	01:29,0	-12	
	3 Marcus Fjeldheim	11:25,3 46	01:06,8	32:51,6 45	02:35,8	3	
	4 Anders Sommerstad Juveli	11:30,8 25	00:56,4	44:22,4 43	03:32,2	2	
<b>44</b>	<b>Nord-Trøndelag lag 2 (22)</b>			<b>44:24,3</b>	<b>03:34,1</b>		
	1 Ole Jørgen Bruvoll	10:38,5 61	00:53,0	10:38,5 61	00:53,0		
	2 Andreas Veerpalu	10:50,8 40	00:54,6	21:29,3 50	01:32,0	11	
	3 Espen Sundsvik	10:58,7 21	00:40,2	32:28,0 39	02:12,2	11	
	4 Anders Sætherø	11:56,3 46	01:21,9	44:24,3 44	03:34,1	-5	
<b>45</b>	<b>Akershus lag 4 (38)</b>			<b>44:24,5</b>	<b>03:34,3</b>		
	1 Vegard Antonsen	10:23,2 48	00:37,7	10:23,2 48	00:37,7		
	2 Fredrik Bergsjø	11:00,8 50	01:04,6	21:24,0 46	01:26,7	2	
	3 Håvard Berteig	11:19,4 38	01:00,9	32:43,4 43	02:27,6	3	
	4 Henrik Gifstad	11:41,1 35	01:06,7	44:24,5 45	03:34,3	-2	
<b>46</b>	<b>Sør-Trøndelag lag 5 (46)</b>			<b>44:43,2</b>	<b>03:53,0</b>		
	1 Even Northug	10:18,4 41	00:32,9	10:18,4 41	00:32,9		
	2 Ole Nicolaisen	11:30,8 79	01:34,6	21:49,2 59	01:51,9	-18	
	3 Fredrik Riseth	11:03,3 27	00:44,8	32:52,5 47	02:36,7	12	
	4 Johannes Svendsen	11:50,7 43	01:16,3	44:43,2 46	03:53,0	1	
<b>47</b>	<b>Nord-Trøndelag lag 3 (54)</b>			<b>44:45,8</b>	<b>03:55,6</b>		
	1 Frode Aastrandvik	10:16,2 39	00:30,7	10:16,2 39	00:30,7		
	2 Vegard Hoem	11:09,5 63	01:13,3	21:25,7 47	01:28,4	-8	
	3 Anders Johan Sandberg	11:31,9 55	01:13,4	32:57,6 51	02:41,8	-4	
	4 Ludvig Østerås Bøgseth	11:48,2 40	01:13,8	44:45,8 47	03:55,6	4	
<b>48</b>	<b>Telemark og Vestfold lag 3 (72)</b>			<b>45:10,5</b>	<b>04:20,3</b>		
	1 Sigmund A. F.kvammen	10:43,9 70	00:58,4	10:43,9 70	00:58,4		
	2 Joachim Granlund Skaug	11:20,4 71	01:24,2	22:04,3 67	02:07,0	3	
	3 Halvor Dagsøn Landsverk	11:31,6 54	01:13,1	33:35,9 61	03:20,1	6	
	4 Aslak Nenseter	11:34,6 29	01:00,2	45:10,5 48	04:20,3	13	
<b>49</b>	<b>Troms lag 3 (73)</b>			<b>45:12,6</b>	<b>04:22,4</b>		
	1 Torbjørn Remmen	10:24,7 50	00:39,2	10:24,7 50	00:39,2		
	2 Fredrik Mack Rørvik	11:07,8 59	01:11,6	21:32,5 52	01:35,2	-2	
	3 Edvin Frost	11:31,1 53	01:12,6	33:03,6 54	02:47,8	-2	
	4 Simen Bekkevoll	12:09,0 53	01:34,6	45:12,6 49	04:22,4	5	
<b>50</b>	<b>Oppland lag 6 (59)</b>			<b>45:13,3</b>	<b>04:23,1</b>		
	1 Kristoffer Hestetræet	10:12,8 37	00:27,3	10:12,8 37	00:27,3		
	2 Anders Skaarseth	10:51,8 41	00:55,6	21:04,6 39	01:07,3	-2	
	3 Christian Øveråsen	11:50,5 76	01:32,0	32:55,1 49	02:39,3	-10	
	4 Oddgeir Haukås Bjerke	12:18,2 62	01:43,8	45:13,3 50	04:23,1	-1	

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<b>Herrer 4*5 km</b>							
<b>51</b>	<b>Oppland lag 5 (52)</b>			<b>45:13,5</b>		<b>04:23,3</b>	
	1 Vegard Hamnes	10:18,5 42	00:33,0	10:18,5 42	00:33,0		
	2 Henrik Kjærnsli	10:59,1 48	01:02,9	21:17,6 45	01:20,3	-3	
	3 Håkon Knotten	11:34,2 58	01:15,7	32:51,8 46	02:36,0	-1	
	4 Henrik Bye Øren	12:21,7 67	01:47,3	45:13,5 51	04:23,3	-5	
<b>51</b>	<b>Møre og Romsdal lag 1 (15)</b>			<b>45:13,5</b>		<b>04:23,3</b>	
	1 Trond Marius Vad	10:34,8 59	00:49,3	10:34,8 59	00:49,3		
	2 Bjørn Lundanes	10:58,8 47	01:02,6	21:33,6 53	01:36,3	6	
	3 Helge Kvam Karbø	11:25,4 47	01:06,9	32:59,0 53	02:43,2	0	
	4 Pål Nerbøberg	12:14,5 57	01:40,1	45:13,5 51	04:23,3	2	
<b>53</b>	<b>Akershus lag 7 (50)</b>			<b>45:16,4</b>		<b>04:26,2</b>	
	1 Thomas Wilskog	10:30,1 56	00:44,6	10:30,1 56	00:44,6		
	2 Sverre Austgulen Fosnæs	11:07,5 57	01:11,3	21:37,6 57	01:40,3	-1	
	3 Mattis Sjøli	11:56,7 80	01:38,2	33:34,3 60	03:18,5	-3	
	4 Thomas Berge Foyen	11:42,1 36	01:07,7	45:16,4 53	04:26,2	7	
<b>54</b>	<b>Sør-Trøndelag lag 8 (66)</b>			<b>45:16,5</b>		<b>04:26,3</b>	
	1 Martin Lysø Sommersteth	10:42,4 68	00:56,9	10:42,4 68	00:56,9		
	2 Erik Simonsen	10:53,0 43	00:56,8	21:35,4 55	01:38,1	13	
	3 Sondre Bjørkli	11:49,0 75	01:30,5	33:24,4 57	03:08,6	-2	
	4 Vegard Mandal Johansen	11:52,1 44	01:17,7	45:16,5 54	04:26,3	3	
<b>55</b>	<b>Sør-Trøndelag lag 7 (60)</b>			<b>45:20,7</b>		<b>04:30,5</b>	
	1 Gjermund Løfald	10:19,3 43	00:33,8	10:19,3 43	00:33,8		
	2 Endre Blikra	11:08,6 61	01:12,4	21:27,9 49	01:30,6	-6	
	3 Erling Engesvold Flataker	11:18,4 37	00:59,9	32:46,3 44	02:30,5	5	
	4 Aleksander Riseth	12:34,4 74	02:00,0	45:20,7 55	04:30,5	-11	
<b>56</b>	<b>Oppland lag 8 (82)</b>			<b>45:20,9</b>		<b>04:30,7</b>	
	1 Ørjan Staff	10:27,7 54	00:42,2	10:27,7 54	00:42,2		
	2 Endre Aamodt	11:04,7 53	01:08,5	21:32,4 51	01:35,1	3	
	3 Ole Gunnar Wangensteen	11:25,7 48	01:07,2	32:58,1 52	02:42,3	-1	
	4 Jens Waage	12:22,8 68	01:48,4	45:20,9 56	04:30,7	-4	
<b>57</b>	<b>Agder og Rogaland lag 3 (49)</b>			<b>45:37,3</b>		<b>04:47,1</b>	
	1 Endre Hauge Paulsen	10:38,5 61	00:53,0	10:38,5 61	00:53,0		
	2 Jarle Nordtveit Åsheim	11:29,7 78	01:33,5	22:08,2 71	02:10,9	-10	
	3 Endre Nyberg Håland	11:28,4 50	01:09,9	33:36,6 63	03:20,8	8	
	4 Kjell Kristoffer Watne Moe	12:00,7 48	01:26,3	45:37,3 57	04:47,1	6	
<b>58</b>	<b>Nord-Trøndelag lag 8 (109)</b>			<b>45:38,0</b>		<b>04:47,8</b>	
	1 Martin Aune	10:46,3 73	01:00,8	10:46,3 73	01:00,8		
	2 Georg Lande	11:07,8 59	01:11,6	21:54,1 62	01:56,8	11	
	3 Sondre Reitan	11:39,5 63	01:21,0	33:33,6 59	03:17,8	3	
	4 Håkon Livik	12:04,4 51	01:30,0	45:38,0 58	04:47,8	1	
<b>59</b>	<b>Sør-Trøndelag lag 6 (55)</b>			<b>45:40,3</b>		<b>04:50,1</b>	
	1 Ola Nesvold	10:20,9 45	00:35,4	10:20,9 45	00:35,4		
	2 Bjørn Sundset Moe	11:45,2 89	01:49,0	22:06,1 70	02:08,8	-25	
	3 Anton Killi Ringen	11:20,0 40	01:01,5	33:26,1 58	03:10,3	12	
	4 Sondre Stormo	12:14,2 56	01:39,8	45:40,3 59	04:50,1	-1	
<b>60</b>	<b>Troms lag 4 (89)</b>			<b>45:49,5</b>		<b>04:59,3</b>	
	1 Simon Gundersen	10:45,9 72	01:00,4	10:45,9 72	01:00,4		
	2 Marius Waltenberg	11:06,3 55	01:10,1	21:52,2 60	01:54,9	12	
	3 Vebjørn Kjerstad	11:30,0 52	01:11,5	33:22,2 56	03:06,4	4	
	4 Erlend Nyhus	12:27,3 70	01:52,9	45:49,5 60	04:59,3	-4	

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<b>Herrer 4*5 km</b>							
<b>61</b>	<b>Hedmark lag 4 (53)</b>			<b>45:53,0</b>	<b>05:02,8</b>		
	1 Mikael Lillestu	10:59,4 80	01:13,9	10:59,4 80	01:13,9		
	2 Stian Storsveen	10:59,7 49	01:03,5	21:59,1 63	02:01,8	17	
	3 Anders Kampenhøy	11:37,2 60	01:18,7	33:36,3 62	03:20,5	1	
	4 Kristian Jevanord	12:16,7 59	01:42,3	45:53,0 61	05:02,8	1	
<b>62</b>	<b>Hordaland lag 4 (81)</b>			<b>45:55,2</b>	<b>05:05,0</b>		
	1 Eivind Blindheim	10:51,7 77	01:06,2	10:51,7 77	01:06,2		
	2 Torstein Dagestad	11:07,7 58	01:11,5	21:59,4 64	02:02,1	13	
	3 Emil Hosøy	11:37,5 61	01:19,0	33:36,9 64	03:21,1	0	
	4 Håvard Drivenes	12:18,3 63	01:43,9	45:55,2 62	05:05,0	2	
<b>63</b>	<b>Sogn og Fjordane lag 3 (58)</b>			<b>45:57,6</b>	<b>05:07,4</b>		
	1 Johannes Lund	10:32,1 58	00:46,6	10:32,1 58	00:46,6		
	2 Kjetil Strømmen	11:01,6 51	01:05,4	21:33,7 54	01:36,4	4	
	3 Torstein Bu	11:21,8 43	01:03,3	32:55,5 50	02:39,7	4	
	4 Anders Bjørk	13:02,1 91	02:27,7	45:57,6 63	05:07,4	-13	
<b>64</b>	<b>Sør-Trøndelag lag 10 (100)</b>			<b>46:05,0</b>	<b>05:14,8</b>		
	1 Vegard Kvam	10:58,8 78	01:13,3	10:58,8 78	01:13,3		
	2 Sindre Øwre Haugan	11:37,0 84	01:40,8	22:35,8 84	02:38,5	-6	
	3 Sindre Grønflaten	11:20,9 42	01:02,4	33:56,7 70	03:40,9	14	
	4 Martin Pettersen	12:08,3 52	01:33,9	46:05,0 64	05:14,8	6	
<b>65</b>	<b>Oslo lag 7 (41)</b>			<b>46:05,6</b>	<b>05:15,4</b>		
	1 Bendik Bang Pedersen	10:49,7 76	01:04,2	10:49,7 76	01:04,2		
	2 Gaute Wiig Nordby	11:28,0 76	01:31,8	22:17,7 75	02:20,4	1	
	3 Einar Kjelland-Mørdre	11:45,4 72	01:26,9	34:03,1 73	03:47,3	2	
	4 Sverre Turtur Sandvold	12:02,5 49	01:28,1	46:05,6 65	05:15,4	8	
<b>66</b>	<b>Nordland lag 2 (27)</b>			<b>46:17,3</b>	<b>05:27,1</b>		
	1 Isak Sætermo	10:17,8 40	00:32,3	10:17,8 40	00:32,3		
	2 Marcus Johnsen	11:29,4 77	01:33,2	21:47,2 58	01:49,9	-18	
	3 Isak Nordeng Jensen	12:15,3 91	01:56,8	34:02,5 72	03:46,7	-14	
	4 Tobias Thørnquist Jacobsen	12:14,8 58	01:40,4	46:17,3 66	05:27,1	6	
<b>67</b>	<b>Telemark og Vestfold lag 4 (83)</b>			<b>46:18,8</b>	<b>05:28,6</b>		
	1 Arne Moen Lid	10:58,8 78	01:13,3	10:58,8 78	01:13,3		
	2 Kristian Dahl	11:06,5 56	01:10,3	22:05,3 68	02:08,0	10	
	3 Knut Halvor Erikstein	11:42,5 66	01:24,0	33:47,8 67	03:32,0	1	
	4 Gunnar Johannessen	12:31,0 73	01:56,6	46:18,8 67	05:28,6	0	
<b>68</b>	<b>Hedmark lag 6 (75)</b>			<b>46:19,3</b>	<b>05:29,1</b>		
	1 Sander Baksjøberget	10:39,7 63	00:54,2	10:39,7 63	00:54,2		
	2 Erlend Fjeld	11:26,3 75	01:30,1	22:06,0 69	02:08,7	-6	
	3 Vegard Osvold	11:55,6 79	01:37,1	34:01,6 71	03:45,8	-2	
	4 Jørgen Elisenberg	12:17,7 60	01:43,3	46:19,3 68	05:29,1	3	
<b>69</b>	<b>Akershus lag 9 (67)</b>			<b>46:28,8</b>	<b>05:38,6</b>		
	1 Martin Hasle	11:07,2 85	01:21,7	11:07,2 85	01:21,7		
	2 Kristoffer Lamøy	11:15,0 65	01:18,8	22:22,2 77	02:24,9	8	
	3 Steffen Grue Ulsrud	11:55,0 78	01:36,5	34:17,2 75	04:01,4	2	
	4 Jørgen Stange Sørnum	12:11,6 54	01:37,2	46:28,8 69	05:38,6	6	
<b>70</b>	<b>Sør-Trøndelag lag 11 (104)</b>			<b>46:31,3</b>	<b>05:41,1</b>		
	1 Joakim Danielsen	10:28,2 55	00:42,7	10:28,2 55	00:42,7		
	2 Tarjei Bakken	11:25,3 74	01:29,1	21:53,5 61	01:56,2	-6	
	3 Jon Kristian Trøen	11:53,2 77	01:34,7	33:46,7 66	03:30,9	-5	
	4 Olav Kregnes	12:44,6 84	02:10,2	46:31,3 70	05:41,1	-4	

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<b>Herrer 4*5 km</b>							
<b>71</b>	<b>Agder og Rogaland lag 4 (84)</b>			<b>46:34,5</b>	<b>05:44,3</b>		
	1 Thomas Hetland	11:02,7 82	01:17,2	11:02,7 82	01:17,2		
	2 Gjermund Steinsland	11:18,7 69	01:22,5	22:21,4 76	02:24,1	6	
	3 Sondre Handeland	11:33,1 57	01:14,6	33:54,5 68	03:38,7	8	
	4 Ådne Mannsåker	12:40,0 81	02:05,6	46:34,5 71	05:44,3	-3	
<b>72</b>	<b>Nord-Trøndelag lag 4 (69)</b>			<b>46:35,3</b>	<b>05:45,1</b>		
	1 Sindre Stiklestad	10:49,0 75	01:03,5	10:49,0 75	01:03,5		
	2 Hallgeir Aspli	11:20,0 70	01:23,8	22:09,0 72	02:11,7	3	
	3 Petter Lunde Husby	12:14,2 90	01:55,7	34:23,2 79	04:07,4	-7	
	4 Ole Skrove	12:12,1 55	01:37,7	46:35,3 72	05:45,1	7	
<b>73</b>	<b>Oslo lag 13 (97)</b>			<b>46:44,3</b>	<b>05:54,1</b>		
	1 Hermann Brodin	10:45,0 71	00:59,5	10:45,0 71	00:59,5		
	2 Kristian Bakøy Mæland	11:52,8 94	01:56,6	22:37,8 86	02:40,5	-15	
	3 Jostein Gjevre	11:45,9 73	01:27,4	34:23,7 80	04:07,9	6	
	4 Petter Langaard Solberg	12:20,6 65	01:46,2	46:44,3 73	05:54,1	7	
<b>74</b>	<b>Buskerud lag 6 (74)</b>			<b>46:45,0</b>	<b>05:54,8</b>		
	1 Petter Sturla Ludvigsen	10:42,1 67	00:56,6	10:42,1 67	00:56,6		
	2 Stian Lie	11:47,1 90	01:50,9	22:29,2 80	02:31,9	-13	
	3 Ole Sollien Hulbak	11:57,7 82	01:39,2	34:26,9 82	04:11,1	-2	
	4 Didrik Hopen	12:18,1 61	01:43,7	46:45,0 74	05:54,8	8	
<b>75</b>	<b>Akershus lag 8 (51)</b>			<b>46:54,1</b>	<b>06:03,9</b>		
	1 Svein Erik Sandsnes	10:41,3 65	00:55,8	10:41,3 65	00:55,8		
	2 Øyvind Sveen	11:21,9 72	01:25,7	22:03,2 66	02:05,9	-1	
	3 Ole Anders Ek Lundby	12:11,0 86	01:52,5	34:14,2 74	03:58,4	-8	
	4 Markus Lien Oftebro	12:39,9 80	02:05,5	46:54,1 75	06:03,9	-1	
<b>76</b>	<b>Oslo lag 9 (64)</b>			<b>46:54,7</b>	<b>06:04,5</b>		
	1 Harald Bergwitz-Larsen Wright	10:27,5 53	00:42,0	10:27,5 53	00:42,0		
	2 Torgeir Moe	11:33,8 82	01:37,6	22:01,3 65	02:04,0	-12	
	3 Eivind Høydal	12:17,6 93	01:59,1	34:18,9 77	04:03,1	-12	
	4 Asbjørn Madsstuen	12:35,8 78	02:01,4	46:54,7 76	06:04,5	1	
<b>77</b>	<b>Nordland lag 3 (80)</b>			<b>46:55,2</b>	<b>06:05,0</b>		
	1 André Johnsen Navjord	10:48,9 74	01:03,4	10:48,9 74	01:03,4		
	2 Johan Vangberg Jensen	11:47,6 91	01:51,4	22:36,5 85	02:39,2	-11	
	3 August Nordeng	11:44,3 70	01:25,8	34:20,8 78	04:05,0	7	
	4 Christian Staurbakk	12:34,4 74	02:00,0	46:55,2 77	06:05,0	1	
<b>78</b>	<b>Sogn og Fjordane lag 4 (137)</b>			<b>46:56,1</b>	<b>06:05,9</b>		
	1 Oddne Munkvold	10:42,7 69	00:57,2	10:42,7 69	00:57,2		
	2 Eirik Hovland	11:42,6 88	01:46,4	22:25,3 79	02:28,0	-10	
	3 Bendik Grimsbø	12:05,5 84	01:47,0	34:30,8 84	04:15,0	-5	
	4 Lars Gjærven	12:25,3 69	01:50,9	46:56,1 78	06:05,9	6	
<b>79</b>	<b>Akershus lag 6 (48)</b>			<b>47:01,1</b>	<b>06:10,9</b>		
	1 Eirik Ek Hagen	10:24,0 49	00:38,5	10:24,0 49	00:38,5		
	2 Andreas Andersen Sauge	11:13,0 64	01:16,8	21:37,0 56	01:39,7	-7	
	3 Johan Tjelle	11:34,2 58	01:15,7	33:11,2 55	02:55,4	1	
	4 Magnus Hatlestad Hovland	13:49,9 102	03:15,5	47:01,1 79	06:10,9	-24	
<b>80</b>	<b>Oslo lag 8 (57)</b>			<b>47:01,6</b>	<b>06:11,4</b>		
	1 Andreas Kjølstad Sandberg	10:40,6 64	00:55,1	10:40,6 64	00:55,1		
	2 Jørgen Tveita	11:32,0 80	01:35,8	22:12,6 74	02:15,3	-10	
	3 Halvor Grepperud	11:26,5 49	01:08,0	33:39,1 65	03:23,3	9	
	4 John Sindre Aas	13:22,5 98	02:48,1	47:01,6 80	06:11,4	-15	

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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
<b>Herrer 4*5 km</b>							
<b>81</b>	<b>Oppland lag 7 (79)</b>			<b>47:01,8</b>	<b>06:11,6</b>		
	1 Pål Bilit Sveen	11:03,7 83	01:18,2	11:03,7 83	01:18,2		
	2 Mikael Welinder	11:38,6 86	01:42,4	22:42,3 88	02:45,0	-5	
	3 Jon Bjone	11:42,4 65	01:23,9	34:24,7 81	04:08,9	7	
	4 Einar Fossøy Gulbrandsen	12:37,1 79	02:02,7	47:01,8 81	06:11,6	0	
<b>82</b>	<b>Nord-Trøndelag lag 7 (99)</b>			<b>47:01,9</b>	<b>06:11,7</b>		
	1 Lars Erik Sundgot Grande	11:03,8 84	01:18,3	11:03,8 84	01:18,3		
	2 Sture Ramdal	09:56,2 1	00:00,0	21:00,0 36	01:02,7	48	
	3 Tor Gunnar Brembu	13:26,9 108	03:08,4	34:26,9 82	04:11,1	-46	
	4 Lars Kristian Tronstad	12:35,0 76	02:00,6	47:01,9 82	06:11,7	0	
<b>83</b>	<b>Sør-Trøndelag lag 9 (70)</b>			<b>47:11,5</b>	<b>06:21,3</b>		
	1 Stian Aune	11:26,4 100	01:40,9	11:26,4 100	01:40,9		
	2 Øyvind Larsen	11:08,8 62	01:12,6	22:35,2 83	02:37,9	17	
	3 Simon Larsen Mikaelen	11:43,0 67	01:24,5	34:18,2 76	04:02,4	7	
	4 Martin Andreas Grøning Rindalsholt	12:53,3 87	02:18,9	47:11,5 83	06:21,3	-7	
<b>84</b>	<b>Oslo lag 12 (86)</b>			<b>47:19,7</b>	<b>06:29,5</b>		
	1 Markus Skåttun	11:39,2 106	01:53,7	11:39,2 106	01:53,7		
	2 Jostein Sollihagen Mauer	11:02,3 52	01:06,1	22:41,5 87	02:44,2	19	
	3 Håkon Dager	11:56,8 81	01:38,3	34:38,3 85	04:22,5	2	
	4 Lars Messel	12:41,4 83	02:07,0	47:19,7 84	06:29,5	1	
<b>85</b>	<b>Hedmark lag 5 (56)</b>			<b>47:19,8</b>	<b>06:29,6</b>		
	1 Ulrik Leinan Baksjøberget	10:37,4 60	00:51,9	10:37,4 60	00:51,9		
	2 Sivert Dæhli	11:53,8 96	01:57,6	22:31,2 81	02:33,9	-21	
	3 Inge Brennmoen Tollan	12:19,7 94	02:01,2	34:50,9 87	04:35,1	-6	
	4 Jonas Ellingsen	12:28,9 71	01:54,5	47:19,8 85	06:29,6	2	
<b>86</b>	<b>Hordaland lag 3 (62)</b>			<b>47:41,0</b>	<b>06:50,8</b>		
	1 Magnus Bigelow	11:11,0 88	01:25,5	11:11,0 88	01:25,5		
	2 Øyvind Mjelde	10:58,0 46	01:01,8	22:09,0 72	02:11,7	16	
	3 Eirik Mjelde	11:47,0 74	01:28,5	33:56,0 69	03:40,2	3	
	4 Pettrer Blindheim	13:45,0 100	03:10,6	47:41,0 86	06:50,8	-17	
<b>87</b>	<b>Telemark og Vestfold lag 5 (95)</b>			<b>47:44,5</b>	<b>06:54,3</b>		
	1 Didrik Fjeld	11:12,2 90	01:26,7	11:12,2 90	01:26,7		
	2 Hans Kristian Bonden	11:21,9 72	01:25,7	22:34,1 82	02:36,8	8	
	3 Mathias Almeningen	12:23,6 95	02:05,1	34:57,7 89	04:41,9	-7	
	4 Henrik Teien	12:46,8 86	02:12,4	47:44,5 87	06:54,3	2	
<b>88</b>	<b>Akershus lag 11 (78)</b>			<b>47:48,3</b>	<b>06:58,1</b>		
	1 Johan Grundnes	11:12,0 89	01:26,5	11:12,0 89	01:26,5		
	2 Lars Treekrem	12:06,3 100	02:10,1	23:18,3 95	03:21,0	-6	
	3 Eirik Asdøl	11:24,4 44	01:05,9	34:42,7 86	04:26,9	9	
	4 Jonas Myklebost	13:05,6 92	02:31,2	47:48,3 88	06:58,1	-2	
<b>89</b>	<b>Agder og Rogaland lag 5 (88)</b>			<b>47:52,6</b>	<b>07:02,4</b>		
	1 Øyvind Ulset	11:09,3 87	01:23,8	11:09,3 87	01:23,8		
	2 Stian Grastveit	11:50,2 92	01:54,0	22:59,5 92	03:02,2	-5	
	3 Preben Liland	12:13,0 88	01:54,5	35:12,5 91	04:56,7	1	
	4 Vegard Myhre	12:40,1 82	02:05,7	47:52,6 89	07:02,4	2	
<b>90</b>	<b>Hordaland lag 5 (94)</b>			<b>47:55,2</b>	<b>07:05,0</b>		
	1 Erlend Nysæter	11:25,7 99	01:40,2	11:25,7 99	01:40,2		
	2 Eystein Bye	11:33,4 81	01:37,2	22:59,1 91	03:01,8	8	
	3 Ola Reigstad	12:10,4 85	01:51,9	35:09,5 90	04:53,7	1	
	4 Magnus Færø	12:45,7 85	02:11,3	47:55,2 90	07:05,0	0	

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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
<b>Herrer 4*5 km</b>							
<b>91</b>	<b>Nord-Trøndelag lag 10 (131)</b>			<b>48:15,3</b>		<b>07:25,1</b>	
	1 Eivind Haugen Furunes	11:07,2 85	01:21,7	11:07,2 85	01:21,7		
	2 Ola Raaen Jansen	11:16,9 68	01:20,7	22:24,1 78	02:26,8	7	
	3 Didrik Pettersen	12:32,9 101	02:14,4	34:57,0 88	04:41,2	-10	
	4 John Gunnar Hoås	13:18,3 96	02:43,9	48:15,3 91	07:25,1	-3	
<b>92</b>	<b>Akershus lag 10 (68)</b>			<b>48:15,7</b>		<b>07:25,5</b>	
	1 Kristian Grue	11:33,4 104	01:47,9	11:33,4 104	01:47,9		
	2 Mads Bentstuen Nordby	11:15,1 66	01:18,9	22:48,5 89	02:51,2	15	
	3 Ferdinand Aagenæs	12:26,7 99	02:08,2	35:15,2 92	04:59,4	-3	
	4 Hans Christian Tungesvik	13:00,5 90	02:26,1	48:15,7 92	07:25,5	0	
<b>93</b>	<b>Troms lag 5 (115)</b>			<b>48:24,1</b>		<b>07:33,9</b>	
	1 Ole Martin Myre Nesvold	11:31,6 103	01:46,1	11:31,6 103	01:46,1		
	2 Elias Valøy	11:40,7 87	01:44,5	23:12,3 94	03:15,0	9	
	3 Vegard Johnsen	12:13,8 89	01:55,3	35:26,1 96	05:10,3	-2	
	4 Benjamin Helgesen	12:58,0 89	02:23,6	48:24,1 93	07:33,9	3	
<b>94</b>	<b>Buskerud lag 5 (71)</b>			<b>48:26,1</b>		<b>07:35,9</b>	
	1 Øyvind Rishoff	11:17,1 94	01:31,6	11:17,1 94	01:31,6		
	2 Inge Fjeldstad Ravnås	11:37,4 85	01:41,2	22:54,5 90	02:57,2	4	
	3 Kristoffer Knigge	13:01,3 105	02:42,8	35:55,8 101	05:40,0	-11	
	4 Vebjørn Evjen	12:30,3 72	01:55,9	48:26,1 94	07:35,9	7	
<b>95</b>	<b>Agder og Rogaland lag 6 (103)</b>			<b>48:30,1</b>		<b>07:39,9</b>	
	1 Sondre Verdal	11:45,3 110	01:59,8	11:45,3 110	01:59,8		
	2 Arild Sangesland	11:51,9 93	01:55,7	23:37,2 104	03:39,9	6	
	3 Fredrik Sverdrup Lilleeng	11:43,7 68	01:25,2	35:20,9 94	05:05,1	10	
	4 Marius Hodne	13:09,2 94	02:34,8	48:30,1 95	07:39,9	-1	
<b>96</b>	<b>Nordland lag 4 (110)</b>			<b>48:32,0</b>		<b>07:41,8</b>	
	1 Peter Skarheim	11:16,6 93	01:31,1	11:16,6 93	01:31,1		
	2 Rolf Martin Jensen	12:28,7 107	02:32,5	23:45,3 106	03:48,0	-13	
	3 Ian Moor	12:11,0 86	01:52,5	35:56,3 102	05:40,5	4	
	4 Jack Steele	12:35,7 77	02:01,3	48:32,0 96	07:41,8	6	
<b>97</b>	<b>Oslo lag 10 (65)</b>			<b>48:48,4</b>		<b>07:58,2</b>	
	1 Lars Bergendahl	12:00,1 111	02:14,6	12:00,1 111	02:14,6		
	2 Sigmund Langedal Breivik	11:36,5 83	01:40,3	23:36,6 103	03:39,3	8	
	3 Anders Falsen Habostad	11:45,0 71	01:26,5	35:21,6 95	05:05,8	8	
	4 Jon Bergerøy Ryssdal	13:26,8 99	02:52,4	48:48,4 97	07:58,2	-2	
<b>98</b>	<b>Telemark og Vestfold lag 6 (114)</b>			<b>48:55,9</b>		<b>08:05,7</b>	
	1 Håkon Li	11:40,1 107	01:54,6	11:40,1 107	01:54,6		
	2 Øivind Øilo Markussen	11:53,9 97	01:57,7	23:34,0 101	03:36,7	6	
	3 Eirik Andreas Johansen	12:26,8 100	02:08,3	36:00,8 103	05:45,0	-2	
	4 Magnus Håkonsen	12:55,1 88	02:20,7	48:55,9 98	08:05,7	5	
<b>99</b>	<b>Nord-Trøndelag lag 9 (119)</b>			<b>49:06,7</b>		<b>08:16,5</b>	
	1 Sebastian Benonisen	11:21,8 97	01:36,3	11:21,8 97	01:36,3		
	2 Truls Trøan Aune	12:06,1 99	02:09,9	23:27,9 99	03:30,6	-2	
	3 Håkon Vikhagen	12:25,7 97	02:07,2	35:53,6 100	05:37,8	-1	
	4 Thomas Hjalmar Westgård	13:13,1 95	02:38,7	49:06,7 99	08:16,5	1	
<b>100</b>	<b>Oslo lag 14 (101)</b>			<b>49:08,8</b>		<b>08:18,6</b>	
	1 Jon Breivik Smebye	11:14,0 91	01:28,5	11:14,0 91	01:28,5		
	2 Sverre Gunnar Warlo	12:10,1 101	02:13,9	23:24,1 97	03:26,8	-6	
	3 Gaute Aksnes Tønseth	12:26,3 98	02:07,8	35:50,4 98	05:34,6	-1	
	4 Torgeir Holmøy	13:18,4 97	02:44,0	49:08,8 100	08:18,6	-2	

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<b>Herrer 4*5 km</b>							
<b>101</b>	<b>Oslo lag 11 (76)</b>			<b>49:24,3</b>	<b>08:34,1</b>		
	1 Martin Thorland Jutkvam	11:21,2 96	01:35,7	11:21,2 96	01:35,7		
	2 Even Wiborg Nordsletten	12:18,3 103	02:22,1	23:39,5 105	03:42,2	-9	
	3 Thomas Dowling Næss	11:58,9 83	01:40,4	35:38,4 97	05:22,6	8	
	4 Einar Nicolai Jenssen	13:45,9 101	03:11,5	49:24,3 101	08:34,1	-4	
<b>102</b>	<b>Akershus lag 12 (85)</b>			<b>50:04,2</b>	<b>09:14,0</b>		
	1 Marius Pettersen	11:15,0 92	01:29,5	11:15,0 92	01:29,5		
	2 Erlend Ekern	12:33,7 109	02:37,5	23:48,7 107	03:51,4	-15	
	3 Trym Granerud Nygaard	13:07,9 106	02:49,4	36:56,6 107	06:40,8	0	
	4 Espen Rokkerud	13:07,6 93	02:33,2	50:04,2 102	09:14,0	5	
<b>103</b>	<b>Sør-Trøndelag lag 12 (113)</b>			<b>50:04,3</b>	<b>09:14,1</b>		
	1 Andreas Helgemo	11:01,9 81	01:16,4	11:01,9 81	01:16,4		
	2 Jonas Berg	12:25,7 105	02:29,5	23:27,6 98	03:30,3	-17	
	3 Thomas Asphaug	12:24,9 96	02:06,4	35:52,5 99	05:36,7	-1	
	4 Terje Magnus Sørensen	14:11,8 105	03:37,4	50:04,3 103	09:14,1	-4	
<b>104</b>	<b>Hordaland lag 6 (108)</b>			<b>51:15,1</b>	<b>10:24,9</b>		
	1 Leif Malvin Hjelmevoll	11:41,0 108	01:55,5	11:41,0 108	01:55,5		
	2 Eirik Aastvedt	12:30,4 108	02:34,2	24:11,4 108	04:14,1	0	
	3 Sondre Øvre Helland	12:59,8 104	02:41,3	37:11,2 108	06:55,4	0	
	4 Lars Tveito	14:03,9 103	03:29,5	51:15,1 104	10:24,9	4	
<b>105</b>	<b>Nord-Trøndelag lag 6 (98)</b>			<b>52:06,7</b>	<b>11:16,5</b>		
	1 Vegard Valstadsve	11:44,7 109	01:59,2	11:44,7 109	01:59,2		
	2 Jonas Riseth	12:26,9 106	02:30,7	24:11,6 109	04:14,3	0	
	3 John Marius Aagård	13:44,0 110	03:25,5	37:55,6 110	07:39,8	-1	
	4 Adrian Thorsen	14:11,1 104	03:36,7	52:06,7 105	11:16,5	5	
<b>106</b>	<b>Akershus lag 13 (90)</b>			<b>52:07,3</b>	<b>11:17,1</b>		
	1 Erlend Isachsen	11:24,6 98	01:39,1	11:24,6 98	01:39,1		
	2 Sondre Olsson	12:11,2 102	02:15,0	23:35,8 102	03:38,5	-4	
	3 Sebastian Agnes	13:40,6 109	03:22,1	37:16,4 109	07:00,6	-7	
	4 Alexander Jensen Engseth	14:50,9 106	04:16,5	52:07,3 106	11:17,1	3	
<b>107</b>	<b>Oppland lag 9 (111)</b>			<b>52:41,8</b>	<b>11:51,6</b>		
	1 Sivert Sliper	11:27,9 101	01:42,4	11:27,9 101	01:42,4		
	2 Steinar Riksaasen	11:55,6 98	01:59,4	23:23,5 96	03:26,2	5	
	3 Hans Bjørnsgård	12:42,5 103	02:24,0	36:06,0 104	05:50,2	-8	
	4 Ole Eirik Ekrem Fuglehaug	16:35,8 108	06:01,4	52:41,8 107	11:51,6	-3	
<b>108</b>	<b>Akershus lag 14 (93)</b>			<b>55:37,3</b>	<b>14:47,1</b>		
	1 Eirik Nordtorp	11:20,2 95	01:34,7	11:20,2 95	01:34,7		
	2 Matias Gjestvang Brandt	14:10,7 111	04:14,5	25:30,9 111	05:33,6	-16	
	3 Martin Gadderud Holth	14:40,2 111	04:21,7	40:11,1 111	09:55,3	0	
	4 Åsmund Vette Solli	15:26,2 107	04:51,8	55:37,3 108	14:47,1	3	
<b>109</b>	<b>Finnmark lag 3 (63)</b>			<b>35:18,4</b>			
	1 Håkon A Nilsen	10:41,6 66	00:56,1	10:41,6 66	00:56,1		
	2 Glenn Tommy Johansen	12:19,7 104	02:23,5	23:01,3 93	03:04,0	-27	
	3 Patrick Lønhaug	12:17,1 92	01:58,6	35:18,4 93	05:02,6	0	
	4						
<b>110</b>	<b>Telemark og Vestfold lag 7 (121)</b>			<b>36:50,2</b>			
	1 Kristoffer Vatnar	11:28,4 102	01:42,9	11:28,4 102	01:42,9		
	2 Simen F B. Fredriksen	12:43,7 110	02:47,5	24:12,1 110	04:14,8	-8	
	3 Hans Gunnar Gravningen	12:38,1 102	02:19,6	36:50,2 105	06:34,4	5	
	4						

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
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**Herrer 4\*5 km**

<b>111</b>	<b>Troms lag 6 (122)</b>			<b>36:52,5</b>			
	1 Jacob Derås Grimsgård	11:37,4 105	01:51,9	11:37,4 105	01:51,9		
	2 Arnfinn Fosse Sivertsen	11:53,6 95	01:57,4	23:31,0 100	03:33,7	5	
	3 Tobias Bjørkli	13:21,5 107	03:03,0	36:52,5 106	06:36,7	-6	
	4						

**DNS Akershus lag 18 (117)**

- 1
- 2
- 3
- 4

**DNS Oslo lag 17 (124)**

- 1
- 2
- 3
- 4

**DNS Agder og Rogaland lag 7 (105)**

- 1 Sondre Verdal
- 2 Erik Vik
- 3 Tor Jøran Ravndal
- 4 Marius Hodne

**DNS Buskerud lag 7 (107)**

- 1 Andreas Haverstad
- 2 Vette Fuglerud
- 3 Kristian Børnick
- 4 Anders Øverby

**DNS Buskerud lag 9 (123)**

- 1
- 2
- 3
- 4

**DNS Telemark og Vestfold lag 9 (130)**

- 1
- 2
- 3
- 4

**DNS Oslo lag 16 (120)**

- 1
- 2
- 3
- 4

**DNS Oslo lag 15 (112)**

- 1
- 2
- 3
- 4

**DNS Hedmark lag 7 (87)**

- 1
- 2
- 3
- 4

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
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## Herrer 4\*5 km

### DNS Akershus lag 17 (106)

1  
2  
3  
4

### DNS Oppland lag 10 (125)

1 Bjørnar Kvåle  
2  
3  
4

### DNS Sør-Trøndelag lag 13 (129)

1  
2  
3 Sondre Stenersen Ziel Michler  
4 Ruben Helgemo

### DNS Oppland lag 12 (136)

1  
2  
3  
4

### DNS Sør-Trøndelag lag 14 (134)

1  
2  
3  
4

### DNS Telemark og Vestfold lag 8 (126)

1 Simen F Brunvand Fredriksen  
2 Brian Otterdal Kristiansen  
3 Henrik S. Tanum  
4

### DNS Akershus lag 16 (102)

1  
2  
3  
4

### DNS Telemark og Vestfold lag 10 (135)

1  
2  
3  
4

### DNS Finnmark lag 4 (91)

1  
2  
3  
4

### DNS Oppland lag 11 (132)

1  
2  
3  
4

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
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**Herrer 4\*5 km**

**DNS Buskerud lag 8 (118)**

1  
2  
3  
4

**DNS Buskerud lag 10 (127)**

1  
2  
3  
4

**DNS Hedmark lag 8 (92)**

1  
2  
3  
4

**DNS Oslo lag 19 (133)**

1  
2  
3  
4

**DNS Akershus lag 15 (96)**

1  
2  
3  
4

**DNS Agder og Rogaland lag 8 (116)**

1  
2  
3  
4

**DNS Oslo lag 18 (128)**

1  
2  
3  
4

# Junior NM Stafett

## Resultatliste

18.03.2012

Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
<b>Damer 4*3.75 km</b>							
<b>1</b>	<b>Troms lag 1 (209)</b>			<b>32:23,5</b>			
	1 Marit Robertsen	07:57,6 7	00:06,7	07:57,6 7	00:06,7		
	2 Frida Strand Kristoffersen	08:11,5 4	00:19,4	16:09,1 5	00:02,4	2	
	3 Lovice Heimdal	08:09,9 3	00:23,8	24:19,0 4	00:00,9	1	
	4 Silje Theodorsen	08:04,5 2	00:02,1	32:23,5 1	00:00,0	3	
<b>2</b>	<b>Oslo lag 1 (201)</b>			<b>32:24,8</b>	<b>00:01,3</b>		
	1 Mille Bøhm Syversen	08:20,8 19	00:29,9	08:20,8 19	00:29,9		
	2 Selma Ahlsand	08:11,5 4	00:19,4	16:32,3 11	00:25,6	8	
	3 Linn Eriksen	07:46,1 1	00:00,0	24:18,4 2	00:00,3	9	
	4 Anne-Tine Markset	08:06,4 4	00:04,0	32:24,8 2	00:01,3	0	
<b>3</b>	<b>Oppland lag 1 (202)</b>			<b>32:25,7</b>	<b>00:02,2</b>		
	1 Barbro Kvåle	07:50,9 1	00:00,0	07:50,9 1	00:00,0		
	2 Siri Sandsengen	08:16,1 8	00:24,0	16:07,0 2	00:00,3	-1	
	3 Julie Vollum Bø	08:12,6 6	00:26,5	24:19,6 5	00:01,5	-3	
	4 Thea Krokan Murud	08:06,1 3	00:03,7	32:25,7 3	00:02,2	2	
<b>4</b>	<b>Akershus lag 1 (205)</b>			<b>32:30,8</b>	<b>00:07,3</b>		
	1 Sylvia Thorson Nordskar	07:53,4 3	00:02,5	07:53,4 3	00:02,5		
	2 Ane Blomseth Johnsen	08:13,3 6	00:21,2	16:06,7 1	00:00,0	2	
	3 Ingeborg Treu Røe	08:12,0 5	00:25,9	24:18,7 3	00:00,6	-2	
	4 Anikken Gjerde Alnæs	08:12,1 5	00:09,7	32:30,8 4	00:07,3	-1	
<b>5</b>	<b>Hedmark lag 1 (204)</b>			<b>33:03,4</b>	<b>00:39,9</b>		
	1 Britt Thorshaug Granrud	07:58,4 8	00:07,5	07:58,4 8	00:07,5		
	2 Hilde Losgård Landheim	08:09,7 2	00:17,6	16:08,1 3	00:01,4	5	
	3 Ragnhild Hafsaal Karset	08:10,0 4	00:23,9	24:18,1 1	00:00,0	2	
	4 Kine Hagelund Svendby	08:45,3 9	00:42,9	33:03,4 5	00:39,9	-4	
<b>6</b>	<b>Buskerud lag 1 (206)</b>			<b>33:22,6</b>	<b>00:59,1</b>		
	1 Emilie Slåtto Gomnes	07:53,8 5	00:02,9	07:53,8 5	00:02,9		
	2 Marte Mestvedthagen	08:30,8 16	00:38,7	16:24,6 9	00:17,9	-4	
	3 Emilie Fleten	08:03,0 2	00:16,9	24:27,6 6	00:09,5	3	
	4 Maren Aasheim	08:55,0 13	00:52,6	33:22,6 6	00:59,1	0	
<b>7</b>	<b>Sør-Trøndelag lag 1 (203)</b>			<b>33:32,0</b>	<b>01:08,5</b>		
	1 Ingeranne Strøm Nakstad	09:00,0 45	01:09,1	09:00,0 45	01:09,1		
	2 Madelene Wanvik Hollum	07:52,0 1	00:00,0	16:52,0 15	00:45,3	30	
	3 Martine Ranum Lehn	08:37,5 17	00:51,4	25:29,6 16	01:11,5	-1	
	4 Anne Kjersti Kalvå	08:02,4 1	00:00,0	33:32,0 7	01:08,5	9	
<b>8</b>	<b>Oppland lag 2 (216)</b>			<b>33:43,2</b>	<b>01:19,7</b>		
	1 Lena Jansson	07:58,9 9	00:08,0	07:58,9 9	00:08,0		
	2 Kristine Torgersen K.	08:23,2 10	00:31,1	16:22,1 6	00:15,4	3	
	3 Marthe Bjørnsgaard	08:22,4 8	00:36,3	24:44,5 7	00:26,4	-1	
	4 Eirin C. Udnæs R.	08:58,7 15	00:56,3	33:43,2 8	01:19,7	-1	
<b>9</b>	<b>Telemark og Vestfold lag 1 (212)</b>			<b>33:55,5</b>	<b>01:32,0</b>		
	1 Hedda Lundberg Aas	08:15,2 12	00:24,3	08:15,2 12	00:24,3		
	2 Inger Bonden	08:10,7 3	00:18,6	16:25,9 10	00:19,2	2	
	3 Marte Skaug	08:35,3 16	00:49,2	25:01,2 9	00:43,1	1	
	4 Pia Sofie Måbø	08:54,3 12	00:51,9	33:55,5 9	01:32,0	0	
<b>10</b>	<b>Hedmark lag 2 (218)</b>			<b>33:57,3</b>	<b>01:33,8</b>		
	1 Oda Hovelstuen Blystad	08:14,6 11	00:23,7	08:14,6 11	00:23,7		
	2 Anna Emilie Kant	08:23,7 11	00:31,6	16:38,3 13	00:31,6	-2	
	3 Magni Smedås	08:22,3 7	00:36,2	25:00,6 8	00:42,5	5	
	4 Marte Kristin Kant	08:56,7 14	00:54,3	33:57,3 10	01:33,8	-2	

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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
<b>Damer 4*3.75 km</b>							
<b>11</b>	<b>Troms lag 2 (221)</b>			<b>34:02,3</b>	<b>01:38,8</b>		
	1 Merethe Myrseth	07:53,4 3	00:02,5	07:53,4 3	00:02,5		
	2 Lovice Grape	08:29,2 15	00:37,1	16:22,6 7	00:15,9	-4	
	3 Eline Hemdal	09:01,6 28	01:15,5	25:24,2 15	01:06,1	-8	
	4 Ida Marie Strømseng Eriksen	08:38,1 7	00:35,7	34:02,3 11	01:38,8	4	
<b>12</b>	<b>Nord-Trøndelag lag 1 (210)</b>			<b>34:09,3</b>	<b>01:45,8</b>		
	1 Anne Lise Grubbmo	08:13,5 10	00:22,6	08:13,5 10	00:22,6		
	2 Anniken Jørgensen	08:46,4 23	00:54,3	16:59,9 18	00:53,2	-8	
	3 Vilde Haugan Buhrkall	08:23,5 9	00:37,4	25:23,4 14	01:05,3	4	
	4 Hanne Bøgseth	08:45,9 10	00:43,5	34:09,3 12	01:45,8	2	
<b>13</b>	<b>Akershus lag 2 (220)</b>			<b>34:09,4</b>	<b>01:45,9</b>		
	1 Ingvild Kildal	08:18,3 16	00:27,4	08:18,3 16	00:27,4		
	2 Trine Breen	08:36,7 17	00:44,6	16:55,0 16	00:48,3	0	
	3 Emilie Kongsten	08:24,5 10	00:38,4	25:19,5 12	01:01,4	4	
	4 Ida Sofie Snorheim	08:49,9 11	00:47,5	34:09,4 13	01:45,9	-1	
<b>14</b>	<b>Oslo lag 2 (219)</b>			<b>34:11,8</b>	<b>01:48,3</b>		
	1 Pia Helene Paulsen	08:16,3 14	00:25,4	08:16,3 14	00:25,4		
	2 Agnes Karlseng	09:00,3 30	01:08,2	17:16,6 24	01:09,9	-10	
	3 Andrine Benjaminsen	08:38,0 18	00:51,9	25:54,6 21	01:36,5	3	
	4 Thekla Brun-Lie	08:17,2 6	00:14,8	34:11,8 14	01:48,3	7	
<b>15</b>	<b>Sør-Trøndelag lag 2 (217)</b>			<b>34:15,4</b>	<b>01:51,9</b>		
	1 Trude Nonstad Fornes	08:18,7 17	00:27,8	08:18,7 17	00:27,8		
	2 Pauline Sjøvold	08:38,5 18	00:46,4	16:57,2 17	00:50,5	0	
	3 Karoline Wollan	08:33,0 15	00:46,9	25:30,2 17	01:12,1	0	
	4 Kristin Haugland	08:45,2 8	00:42,8	34:15,4 15	01:51,9	2	
<b>16</b>	<b>Hordaland lag 1 (211)</b>			<b>34:28,2</b>	<b>02:04,7</b>		
	1 Hilde Fenne	07:51,9 2	00:01,0	07:51,9 2	00:01,0		
	2 Hege Djukatein	08:16,5 9	00:24,4	16:08,4 4	00:01,7	-2	
	3 Annvor Nestås	08:53,0 23	01:06,9	25:01,4 10	00:43,3	-6	
	4 Randi Tveito	09:26,8 28	01:24,4	34:28,2 16	02:04,7	-6	
<b>17</b>	<b>Agder og Rogaland lag 1 (208)</b>			<b>34:29,7</b>	<b>02:06,2</b>		
	1 Lisa Kvamme	07:56,6 6	00:05,7	07:56,6 6	00:05,7		
	2 Anne Vatnedalen	08:26,8 12	00:34,7	16:23,4 8	00:16,7	-2	
	3 Maria Cathrine Berg Rolke	08:58,8 27	01:12,7	25:22,2 13	01:04,1	-5	
	4 Ingvild Sangesland	09:07,5 19	01:05,1	34:29,7 17	02:06,2	-4	
<b>18</b>	<b>Møre og Romsdal lag 1 (214)</b>			<b>34:44,4</b>	<b>02:20,9</b>		
	1 Mari Støen Gussiås	08:17,4 15	00:26,5	08:17,4 15	00:26,5		
	2 Ingvild Øye	08:15,5 7	00:23,4	16:32,9 12	00:26,2	3	
	3 Fredrikke Pettersen	08:29,0 11	00:42,9	25:01,9 11	00:43,8	1	
	4 Kristin Solberg	09:42,5 34	01:40,1	34:44,4 18	02:20,9	-7	
<b>19</b>	<b>Oppland lag 3 (229)</b>			<b>34:54,5</b>	<b>02:31,0</b>		
	1 Sigrid Nordgården	08:24,5 24	00:33,6	08:24,5 24	00:33,6		
	2 Maria Nyeng	08:51,0 24	00:58,9	17:15,5 23	01:08,8	1	
	3 Anikken Sofie Riksaasen	08:31,0 13	00:44,9	25:46,5 20	01:28,4	3	
	4 Marie Renee Sørnum Gangsø	09:08,0 20	01:05,6	34:54,5 19	02:31,0	1	
<b>20</b>	<b>Finnmark lag 1 (207)</b>			<b>35:12,0</b>	<b>02:48,5</b>		
	1 Ine Løvlien	08:32,4 31	00:41,5	08:32,4 31	00:41,5		
	2 Henriette H. Mikkelsen	08:41,3 19	00:49,2	17:13,7 22	01:07,0	9	
	3 Elisabeth Wilsgård	08:57,5 25	01:11,4	26:11,2 22	01:53,1	0	
	4 Ida Kristine Thomassen	09:00,8 16	00:58,4	35:12,0 20	02:48,5	2	

# Junior NM Stafett

## Resultatliste

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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
<b>Damer 4*3.75 km</b>							
<b>21</b>	<b>Oppland lag 4 (234)</b>			<b>35:12,1</b>	<b>02:48,6</b>		
	1 Mari Lauvhaug Rye	08:24,7 25	00:33,8	08:24,7 25	00:33,8		
	2 Siri Østensen	08:27,2 13	00:35,2	16:52,0 14	00:45,3	11	
	3 Agnes Holstad	08:47,1 22	01:01,0	25:39,1 18	01:21,0	-4	
	4 Hege Snartheimsmoen	09:33,0 30	01:30,6	35:12,1 21	02:48,6	-3	
<b>22</b>	<b>Telemark og Vestfold lag 2 (225)</b>			<b>35:20,9</b>	<b>02:57,4</b>		
	1 Anna Ulvensøen	08:15,6 13	00:24,7	08:15,6 13	00:24,7		
	2 Larissa Kristiansen	08:44,4 20	00:52,3	17:00,0 19	00:53,3	-6	
	3 Marta Ulvensøen	08:46,0 21	00:59,9	25:46,0 19	01:27,9	0	
	4 Marte Jensen	09:34,9 31	01:32,5	35:20,9 22	02:57,4	-3	
<b>23</b>	<b>Oslo lag 7 (259)</b>			<b>35:29,0</b>	<b>03:05,5</b>		
	1 Heidi Halvorsen	08:37,2 33	00:46,3	08:37,2 33	00:46,3		
	2 Kristin Hjelstuen	08:28,5 14	00:36,4	17:05,7 20	00:59,0	13	
	3 Pernille Skarpenes	09:09,4 35	01:23,3	26:15,1 23	01:57,0	-3	
	4 Oda Solvoll	09:13,9 23	01:11,5	35:29,0 23	03:05,5	0	
<b>24</b>	<b>Akershus lag 3 (240)</b>			<b>35:30,5</b>	<b>03:07,0</b>		
	1 Camilla Hengebøl	08:50,7 40	00:59,8	08:50,7 40	00:59,8		
	2 Inger Clem	08:53,7 25	01:01,6	17:44,4 33	01:37,7	7	
	3 Elise Langkaas	08:30,7 12	00:44,6	26:15,1 23	01:57,0	10	
	4 Elise Røer Drabløs	09:15,4 24	01:13,0	35:30,5 24	03:07,0	-1	
<b>25</b>	<b>Akershus lag 4 (243)</b>			<b>35:38,6</b>	<b>03:15,1</b>		
	1 Nikoline Asdøl	08:25,8 27	00:34,9	08:25,8 27	00:34,9		
	2 Kristin Faye Eriksen	08:55,8 27	01:03,7	17:21,6 26	01:14,9	1	
	3 Kristina Hovland Berg	09:05,6 33	01:19,5	26:27,2 26	02:09,1	0	
	4 Solveig Benum Vestre	09:11,4 22	01:09,0	35:38,6 25	03:15,1	1	
<b>26</b>	<b>Nord-Trøndelag lag 2 (222)</b>			<b>35:38,9</b>	<b>03:15,4</b>		
	1 Tonje Lerfald Nilsen	08:30,1 30	00:39,2	08:30,1 30	00:39,2		
	2 Charlotte Myhre	09:03,6 32	01:11,5	17:33,7 28	01:27,0	2	
	3 Mia Govassmark	08:58,6 26	01:12,5	26:32,3 28	02:14,2	0	
	4 Ingeborg Eian	09:06,6 18	01:04,2	35:38,9 26	03:15,4	2	
<b>27</b>	<b>Nordland lag 1 (215)</b>			<b>35:44,0</b>	<b>03:20,5</b>		
	1 Christina Rolandsen	08:21,6 20	00:30,7	08:21,6 20	00:30,7		
	2 Trine Sønsteli	09:03,3 31	01:11,2	17:24,9 27	01:18,2	-7	
	3 Sara Winther	09:09,5 36	01:23,4	26:34,4 29	02:16,3	-2	
	4 Anette Kjellbergvik	09:09,6 21	01:07,2	35:44,0 27	03:20,5	2	
<b>28</b>	<b>Telemark og Vestfold lag 3 (248)</b>			<b>36:02,5</b>	<b>03:39,0</b>		
	1 Ida Emilie Herfoss	08:24,2 22	00:33,3	08:24,2 22	00:33,3		
	2 Ingerid Fredriksen	09:10,0 36	01:17,9	17:34,2 30	01:27,5	-8	
	3 Maren Nenseter	09:26,0 42	01:39,9	27:00,2 36	02:42,1	-6	
	4 Amalie Næss Amundsen	09:02,3 17	00:59,9	36:02,5 28	03:39,0	8	
<b>29</b>	<b>Hedmark lag 3 (239)</b>			<b>36:06,0</b>	<b>03:42,5</b>		
	1 Ellen Merethe Schjelderup Skarpenes	08:33,0 32	00:42,1	08:33,0 32	00:42,1		
	2 Anne Leren	08:45,5 22	00:53,4	17:18,5 25	01:11,8	7	
	3 Sigrid Sugaren	09:02,1 29	01:16,0	26:20,6 25	02:02,5	0	
	4 Marianne Byfuglien	09:45,4 36	01:43,0	36:06,0 29	03:42,5	-4	
<b>30</b>	<b>Oslo lag 5 (247)</b>			<b>36:09,2</b>	<b>03:45,7</b>		
	1 Rikke Bergsvand	08:50,8 41	00:59,9	08:50,8 41	00:59,9		
	2 Pia Skyttersæter Iversen	09:16,8 41	01:24,7	18:07,6 41	02:00,9	0	
	3 Karianne Jevne	08:43,6 20	00:57,5	26:51,2 32	02:33,1	9	
	4 Camilla Brautaset	09:18,0 25	01:15,6	36:09,2 30	03:45,7	2	

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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
<b>Damer 4*3.75 km</b>							
<b>31</b>	<b>Troms lag 3 (237)</b>			<b>36:26,5</b>		<b>04:03,0</b>	
	1 Kathrine Kvernmo	08:38,5 34	00:47,6	08:38,5 34	00:47,6		
	2 Hilde Espnes	08:57,7 28	01:05,6	17:36,2 31	01:29,5	3	
	3 Ellen Gyllan Hanssen	09:03,3 31	01:17,2	26:39,5 30	02:21,4	1	
	4 Runa Blix	09:47,0 38	01:44,6	36:26,5 31	04:03,0	-1	
<b>32</b>	<b>Agder og Rogaland lag 2 (224)</b>			<b>36:27,0</b>		<b>04:03,5</b>	
	1 Renate Bergset Tjetland	08:46,0 37	00:55,1	08:46,0 37	00:55,1		
	2 Ingunn Jegteberg	09:18,8 42	01:26,7	18:04,8 40	01:58,1	-3	
	3 Åsne Salte Håland	08:56,2 24	01:10,1	27:01,0 38	02:42,9	2	
	4 Helene Salte Håland	09:26,0 27	01:23,6	36:27,0 32	04:03,5	6	
<b>33</b>	<b>Sør-Trøndelag lag 4 (232)</b>			<b>36:30,2</b>		<b>04:06,7</b>	
	1 Ida Uvsløkk Normann	08:23,2 21	00:32,3	08:23,2 21	00:32,3		
	2 Elisabeth Børset	09:10,6 37	01:18,5	17:33,8 29	01:27,1	-8	
	3 Hanne Løseth	09:17,2 39	01:31,1	26:51,0 31	02:32,9	-2	
	4 Susanne Wivesoll	09:39,2 32	01:36,8	36:30,2 33	04:06,7	-2	
<b>34</b>	<b>Oslo lag 3 (231)</b>			<b>36:34,6</b>		<b>04:11,1</b>	
	1 Elise Rivenes Hagen	08:29,9 29	00:39,0	08:29,9 29	00:39,0		
	2 Kaja Norheim Morken	09:20,1 43	01:28,0	17:50,0 35	01:43,3	-6	
	3 Elise Øien Sørnes	08:41,1 19	00:55,0	26:31,1 27	02:13,0	8	
	4 Solveig Hegstad Kruger	10:03,5 44	02:01,1	36:34,6 34	04:11,1	-7	
<b>35</b>	<b>Oslo lag 4 (233)</b>			<b>36:42,4</b>		<b>04:18,9</b>	
	1 Linn Baarlid	08:51,8 42	01:00,9	08:51,8 42	01:00,9		
	2 Marte Helene Halvorsen	08:59,0 29	01:06,9	17:50,8 37	01:44,1	5	
	3 Sylvi Sommer	09:03,8 32	01:17,7	26:54,6 33	02:36,5	4	
	4 Vilde Naja Moi	09:47,8 40	01:45,4	36:42,4 35	04:18,9	-2	
<b>36</b>	<b>Oppland lag 6 (258)</b>			<b>36:43,5</b>		<b>04:20,0</b>	
	1 Stine Skaarseth	08:28,8 28	00:37,9	08:28,8 28	00:37,9		
	2 Marthe C. Udnæs R.	09:08,0 34	01:15,9	17:36,8 32	01:30,1	-4	
	3 Nathalie Skyttermoen	09:20,4 41	01:34,3	26:57,2 35	02:39,1	-3	
	4 Karoline Strømsvåg	09:46,3 37	01:43,9	36:43,5 36	04:20,0	-1	
<b>37</b>	<b>Akershus lag 5 (250)</b>			<b>36:43,9</b>		<b>04:20,4</b>	
	1 Andrea Boutera	08:20,0 18	00:29,1	08:20,0 18	00:29,1		
	2 Marte Kjærnet	09:25,7 45	01:33,6	17:45,7 34	01:39,0	-16	
	3 Anniken Mossefin	09:10,9 37	01:24,8	26:56,6 34	02:38,5	0	
	4 Ingrid Sørnum	09:47,3 39	01:44,9	36:43,9 37	04:20,4	-3	
<b>38</b>	<b>Hedmark lag 4 (245)</b>			<b>37:03,4</b>		<b>04:39,9</b>	
	1 Tina Andersen	08:47,3 38	00:56,4	08:47,3 38	00:56,4		
	2 Marte Engebretsen Nordli	09:28,8 46	01:36,7	18:16,1 43	02:09,4	-5	
	3 Ida Meli Narbuvooll	09:18,9 40	01:32,8	27:35,0 40	03:16,9	3	
	4 Tonje Roaldstveit	09:28,4 29	01:26,0	37:03,4 38	04:39,9	2	
<b>39</b>	<b>Buskerud lag 2 (223)</b>			<b>37:03,8</b>		<b>04:40,3</b>	
	1 Mathilde Rønning	09:06,6 46	01:15,7	09:06,6 46	01:15,7		
	2 Marie Rokke Jagland	09:30,6 47	01:38,5	18:37,2 48	02:30,5	-2	
	3 Thea Fleten	09:05,8 34	01:19,7	27:43,0 43	03:24,9	5	
	4 Caroline Madsen	09:20,8 26	01:18,4	37:03,8 39	04:40,3	4	
<b>40</b>	<b>Nord-Trøndelag lag 3 (235)</b>			<b>37:27,5</b>		<b>05:04,0</b>	
	1 Helen Albertsen Dahlen	08:52,1 43	01:01,2	08:52,1 43	01:01,2		
	2 Ida Sonflå	09:08,0 34	01:15,9	18:00,1 38	01:53,4	5	
	3 Tatjana Albertsen	09:35,5 44	01:49,4	27:35,6 41	03:17,5	-3	
	4 Guro Gresseth	09:51,9 41	01:49,5	37:27,5 40	05:04,0	1	

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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
<b>Damer 4*3.75 km</b>							
<b>41</b>	<b>Nordland lag 2 (227)</b>			<b>37:28,4</b>	<b>05:04,9</b>		
	1 Emilie Ness Olsen	08:57,7 44	01:06,8	08:57,7 44	01:06,8		
	2 Marte Johanne Sørmo	09:10,7 38	01:18,6	18:08,4 42	02:01,7	2	
	3 Marte Pedersen	09:27,6 43	01:41,5	27:36,0 42	03:17,9	0	
	4 Tine Bergkvist	09:52,4 43	01:50,0	37:28,4 41	05:04,9	1	
<b>42</b>	<b>Oppland lag 5 (236)</b>			<b>37:41,4</b>	<b>05:17,9</b>		
	1 Silje Skjelsvik	09:21,9 49	01:31,0	09:21,9 49	01:31,0		
	2 Oda Nerdrum	08:55,2 26	01:03,1	18:17,1 45	02:10,4	4	
	3 Kristiane Vollum Bø	09:16,2 38	01:30,1	27:33,3 39	03:15,2	6	
	4 Nikoline Hilleren S.	10:08,1 45	02:05,7	37:41,4 42	05:17,9	-3	
<b>43</b>	<b>Buskerud lag 3 (244)</b>			<b>37:42,0</b>	<b>05:18,5</b>		
	1 Kristine Klægstad Moen	08:44,9 36	00:54,0	08:44,9 36	00:54,0		
	2 Sunniva Brox	09:44,4 48	01:52,4	18:29,3 47	02:22,6	-11	
	3 Mina Dahl Paule	08:31,5 14	00:45,4	27:00,9 37	02:42,8	10	
	4 Katinka J. Brurberg	10:41,1 48	02:38,7	37:42,0 43	05:18,5	-6	
<b>44</b>	<b>Nord-Trøndelag lag 4 (238)</b>			<b>37:57,9</b>	<b>05:34,4</b>		
	1 Ingebjørg Øksnes	08:48,0 39	00:57,1	08:48,0 39	00:57,1		
	2 Ingvild Aksne	09:12,4 39	01:20,3	18:00,4 39	01:53,7	0	
	3 Martine Aalberg	10:05,5 46	02:19,4	28:05,9 46	03:47,8	-7	
	4 Vilde Schei Bakkhaug	09:52,0 42	01:49,6	37:57,9 44	05:34,4	2	
<b>45</b>	<b>Oslo lag 6 (256)</b>			<b>37:58,0</b>	<b>05:34,5</b>		
	1 Synne Myhre	08:44,0 35	00:53,1	08:44,0 35	00:53,1		
	2 Hannah Osberg Andresen	09:57,2 50	02:05,1	18:41,2 49	02:34,5	-14	
	3 Karin Assev Øyen	09:02,2 30	01:16,1	27:43,4 44	03:25,3	5	
	4 Madeleine Heiberg	10:14,6 46	02:12,2	37:58,0 45	05:34,5	-1	
<b>46</b>	<b>Nord-Trøndelag lag 6 (246)</b>			<b>38:46,5</b>	<b>06:23,0</b>		
	1 Elise Kristoffersen	09:11,0 47	01:20,1	09:11,0 47	01:20,1		
	2 Kristine Svendsen	09:05,8 33	01:13,7	18:16,8 44	02:10,1	3	
	3 Tina Ringstad	09:48,1 45	02:02,0	28:04,9 45	03:46,8	-1	
	4 Kaja Knipenberg	10:41,6 49	02:39,2	38:46,5 46	06:23,0	-1	
<b>47</b>	<b>Troms lag 4 (249)</b>			<b>38:54,2</b>	<b>06:30,7</b>		
	1 Susanne Sollid	09:11,8 48	01:20,9	09:11,8 48	01:20,9		
	2 Charlotte Sollid	09:12,9 40	01:20,8	18:24,7 46	02:18,0	2	
	3 Torun Eriksen	10:47,8 49	03:01,7	29:12,5 47	04:54,4	-1	
	4 Ann Henriette Reinås	09:41,7 33	01:39,3	38:54,2 47	06:30,7	0	
<b>48</b>	<b>Nordland lag 3 (252)</b>			<b>39:28,9</b>	<b>07:05,4</b>		
	1 Julie Kristoffersen	09:28,3 50	01:37,4	09:28,3 50	01:37,4		
	2 Marie Hansen Evjenth	09:50,6 49	01:58,5	19:18,9 50	03:12,2	0	
	3 Mette Bjune Sveen	10:27,5 48	02:41,4	29:46,4 48	05:28,3	2	
	4 Sigrid Lid Byggland	09:42,5 34	01:40,1	39:28,9 48	07:05,4	0	
<b>49</b>	<b>Hedmark lag 5 (255)</b>			<b>40:42,6</b>	<b>08:19,1</b>		
	1 Marianne Stenseth	10:09,3 51	02:18,4	10:09,3 51	02:18,4		
	2 Eline Sund	10:04,4 51	02:12,3	20:13,7 51	04:07,0	0	
	3 Ingeborg Ellegård Melby	10:08,2 47	02:22,1	30:21,9 49	06:03,8	2	
	4 Marte Fallbakken Berge	10:20,7 47	02:18,3	40:42,6 49	08:19,1	0	
<b>50</b>	<b>Sør-Trøndelag lag 3 (230)</b>			<b>17:09,0</b>			
	1 Heidi Hyttehaug	08:24,3 23	00:33,4	08:24,3 23	00:33,4		
	2 Mari Stenvold Wik	08:44,7 21	00:52,6	17:09,0 21	01:02,3	2	
	3						
	4						

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
<b>Damer 4*3.75 km</b>							
51	<b>Nord-Trøndelag lag 5 (241)</b>			<b>17:50,0</b>			
	1 Ane Appelvist Stenseth	08:25,3 26	00:34,4	08:25,3 26	00:34,4		
	2 Katrine Hovd	09:24,7 44	01:32,6	17:50,0 35	01:43,3	-9	
	3						
	4						
DNF	<b>Oppland lag 7 (260)</b>						
	1 Berit Haugen K.	10:29,3	02:38,4	10:29,3	02:38,4		
	2 Marie Roko Kallager	10:25,2	02:33,1	20:54,5	04:47,8	0	
	3 Åsta Eikeland Foldvik	09:59,4	02:13,3	30:53,9	06:35,8	0	
	4						
DNS	<b>Akershus lag 6 (254)</b>						
	1						
	2						
	3						
	4						
DNS	<b>Buskerud lag 4 (251)</b>						
	1						
	2						
	3						
	4						
DNS	<b>Hordaland lag 2 (226)</b>						
	1						
	2						
	3						
	4						
DNS	<b>Telemark og Vestfold lag 4 (253)</b>						
	1 Marie Roko Kallager						
	2 Kristine R. Tufte						
	3						
	4						
DNS	<b>Sogn og Fjordane lag 1 (213)</b>						
	1						
	2						
	3						
	4						
DNS	<b>Agder og Rogaland lag 3 (242)</b>						
	1						
	2						
	3						
	4						
DNS	<b>Finnmark lag 2 (228)</b>						
	1 Tine Andersen						
	2 Susanne M Wivesoll						
	3						
	4 Karianne Larsen						
DNS	<b>Nord-Trøndelag lag 7 (257)</b>						
	1						
	2						
	3						
	4						

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<b>Plass</b>	<b>Lag</b>	<b>Etappe Tid</b>	<b>Etter</b>	<b>Total Tid</b>	<b>Etter</b>	<b>Endring</b>	<b>Status</b>
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