



Fagmøte langrenn 16. Oktober 2021

Rapport fra FIS aktuelle saker



NEW PRESIDENT – NEW SECRETARY GENERAL



President: Johan Eliasch



Secretary General: Michel Vion



Director: Philippe Gueisbulher

WORKING GROUPS

- Mange digitale møter gjennom sommeren
- Mange nordmenn har bidratt
Klæbo, Monsen, Weng,
Hetland, Aune.....

CALENDAR

RACE FORMATS

PARTICIPATION

ECONOMY

RULES/ JURY DECISIONS

Nytt fra høstmøtet

- Kalender frem til 2027
- Ny regler for oppførsel i felt
- Jr Vm/ U 23 flyttet fra Polen
 - Toblach eller Lygna





CALENDAR PLANNING

Long term plan until 2027

Dates	22-23
26-27.11	Ruka
03-04.12	Falun
10-11.12	Lillehammer
17-18.12	Davos
24-25.12	
31.12 08.01	Tour de Ski SUI/GER/ITA
14-15.01	
21-22.01	Milano*
28-29.01	Les Rousses*
04-05.02	Nove Mesto
11-12.02	
18-19.02	Toblach
21.02 05.03	WSC Planica
11-12.03	Oslo/Drammen**
18-19.03	Lahti (Tallinn?)**

* Possibility to swap

** Issue with BT/SJ/NC in Oslo

Dates	23-24
25-26.11	Ruka
02-03.12	SWE
09-10.12	Trondheim
16-17.12	SUI
23-24.12	
30.12 07.01	Tour de Ski SUI/GER/ITA
13-14.01	
20-21.01	Tbc*
27-28.01	Oberhof*
03-04.02	
10-11.02	Canmore
17-18.02	Minneapolis
24-25.02	Cable
02-03.03	Falun
09-10.03	Oslo/Drammen
16-17.03	Tyumen

* Possibility to swap

Dates	24-25
30.11-01.12	Ruka
07-08.12	Lillehammer
14-15.12	Davos
21-22.12	
28.12 05.01	Tour de Ski SUI/GER/ITA
11-12.01	
18-19.01	Milano*
25-26.01	Les Rousses*
01-02.02	Nove Mesto**
08-09.02	Oberhof**
15-16.02	
22-23.02	SWE?
25.02 09.03	WSC Trondheim
15-16.03	Lahti (Tallinn?)***
22-23.03	Falun***

* Possibility to swap

** Possibility to swap

*** Swapped (CC/NC/SJ in Lahti)

Dates	25-26
29-30.11	Ruka
06-07.12	Trondheim
13-14.12	SUI
20-21.12	
27.12 04.01	Tour de Ski SUI/GER/ITA
10-11.01	
17-18.01	Oberhof
24-25.01	
31.01-01.02	Planica
06.02	OWG Milano Cortina
22.02	ITA
28.02-01.03	Sprint WE tbc???
07-08.03	Falun
14-15.03	Oslo/Drammen
21-22.03	Tyumen

* Possibility to swap

** Possibility to swap

*** Swapped (CC/NC/SJ in Lahti)

Attention: subjected to approval by FIS Council and Nordic Future Vision Working Group

Prinsipper for god adferd

- Du skal ikke hindre andre
- Første mann har rett til å velge beste/raskeste linje, men har ikke rett til å hindre/obstruere
- Ved forbigåing skal du ikke hindre/ forstyrre andre
- Delt ansvar/ plikt for ikke å hindre andre når du går side om side
- Paragrafer må veies mot hverandre



- 343.9 n As a general rule applying to all competitions, competitors shall not obstruct other competitors.
- 343.10 Passing of other competitors
- 343.10.1 Process of passing during interval starts:
Competitors who are being passed must give way on first demand. This applies to classic technique courses even when there are more sets of tracks. It also applies to free technique courses even when the competitor being passed will have to restrict his/her skiing movements.
- 343.10.2 Process of passing during other competition formats
- 343.10.2.1 Competitors in front have the right to choose their best line.
Explanatory note: The provision reflects the reality that competitors in front generally do not see competitors coming from behind, and that competitors behind generally direct their course according to the positioning of the competitor in front. However, this right is not unrestricted, see the next provisions
- 343.10.2.2 Competitors in front shall not obstruct competitors coming from behind.
Explanatory note: The provision reflects restrictions in freedom of the competitor being front, meaning that this privilege shall not be abused to the detriment of other competitors, e.g. by abruptly changing the line or by unduly persisting in a line chosen.]
- 343.10.2.3 Competitors intending to pass shall do so without obstructing the competitor being passed.
Explanatory note: The provision reflects the spirit and intent of the preceding ones, meaning that a competitor intending to pass shall not initiate a pass if he/she realizes or ought to realize that there is not, or will not be, sufficient room to complete the pass without obstructing the competitor intended to be passed.
- 343.10.2.4 When competitors are alongside they have mutual duties not to obstruct each other's movements.
Explanatory note: The provision reflects the idea that when competitors are skiing side-by-side, there is no privilege of anyone being in front, as set out in the preceding provisions. It is connected to 4.3 e.g. in the sense that a skier coming from behind shall not be allowed to 'force' his/her way into a situation of mutual duties
- 343.10.2.5 A process of passing is considered completed when the passing skier has his/her body at the front of the ski-tips of the skier being passed, which means that that skier obtains the position as set out in 4.1 and 4.2
- Explanatory note: The process of passing needs some guideline as to when that process is completed so as to determine when the passing skier obtains the position described in 4.1 and 4.2. The decisive criterion is, as a main rule, the point in time when the body – if need be, measured at the position of the boots – is ahead of the ski-tips of the skier being passed.

NRK
Sport

2:20.0

5 Johannes Hoesflot KLAEBO NOR



40.0

km/h

38.9



RUS



Sergey USTIUGOV 2



0:01 / 0:35

Konkurranser formater

- **Hvordan skal vi konkurrere?**
 - Distanser og teknikker
 - Løyper/ homologering
- Argumenter:
 - Diskusjonen preges ofte av hva som favoriserer egne egenskaper/ mine løpere.
 - Har det betydning for rekrutteringa?
 - Løser nye formater Mellom Europas utfordringer?
 - Historie/ tradisjon / nyheter
 - Hva gir god underholdning? Hva passer best til TV formatet?

Hva skjer rundt oss

- IOC
 - Kvinne kombinert og Ski mountaineering kan gi enda lavere kvoter
 - Færre øvelser?
- Samme øvelser for kvinner og menn?
- Mix stafetter
 - Bytte med en ekstra sprintøvelse?
 - Test i Falun til vinteren

Innspill fra arbeidsgruppe

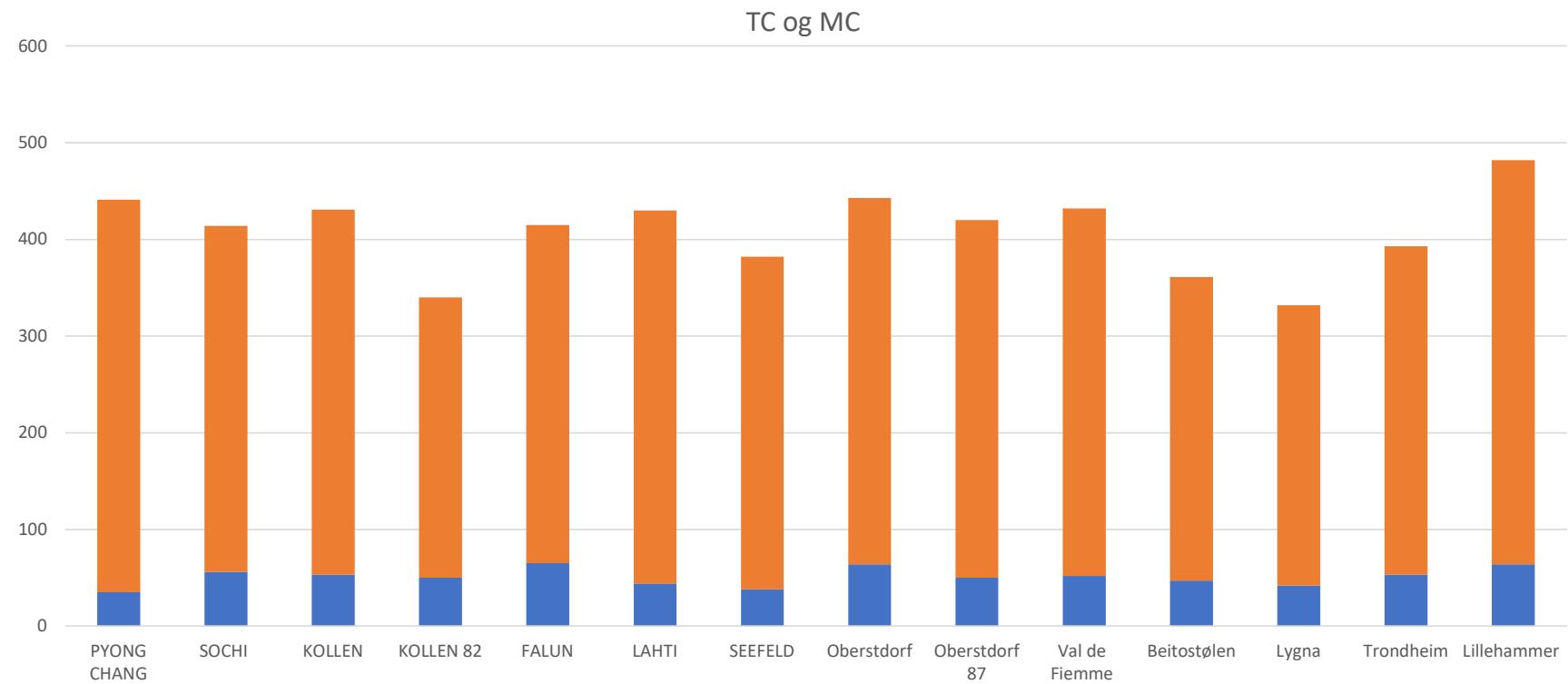
- Like distanser for kvinner og menn
- Sprint -10 – 20 - 50 – Mix stafetter
- Argumenter:
 - TV vinduet for WC er ca 1 og en halv time
 - 75% av distansene i dag er 10 og 15km
 - Kun to femmiler i året
 - Vår første øvelse – siden 1888
 - Vår mest sette/ populære øvelse
 - På tide og rette opp historiske urett mot jentene
 - Store avstander og få løpere i toppen er ikke noe argument
 - Mange vil være mot endringer-fremmer andre egenskaper.
- Første mulige endring 2025
 - Beslutning vår 22- 23

Løyper og vektutfordinger

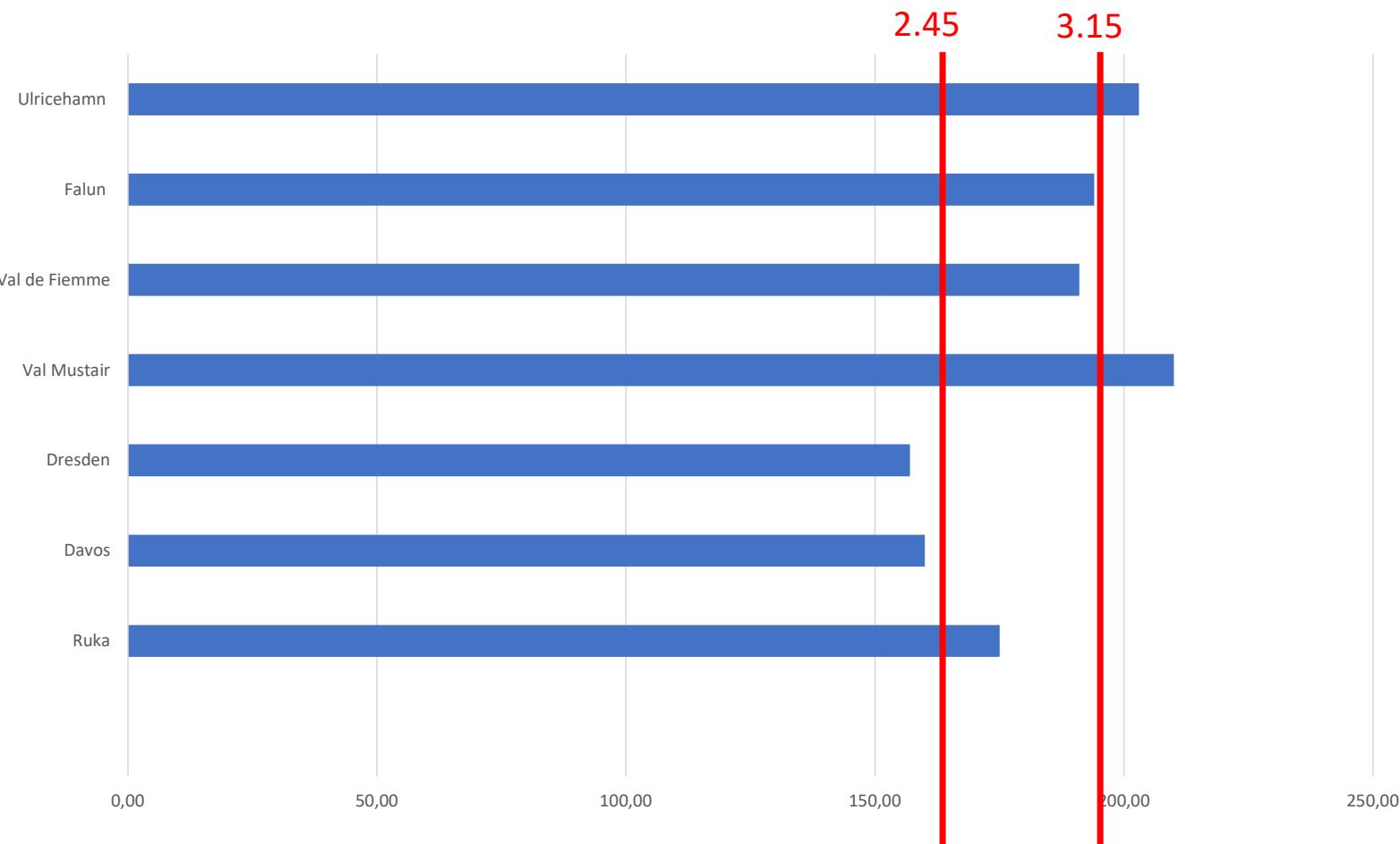
Fra homologeringsmanualen

Course distance (loop length)	Minimum climb (in PHD m)*2	HD	MC (in PTC m)	TC
Sprint F	-	max. 50 m	0 – 30 m	0 – 60 m
Sprint C	1 climb > 15 m	max. 50 m	15 – 40 m	20 – 60 m
2.5 km	1 climb > 25 m	max. 50 m	25 – 50 m	75 – 105 m
3.3 km	1 climb > 25 m	max. 65 m	25 – 65 m	100 – 140 m
3.75 km	1 climb > 30 m	max. 80 m	30 – 80 m	110 – 160 m
5 km	1 climb > 30 m	max. 100 m	30 – 80 m	150 – 210 m
7.5 km	2 climbs > 30 m	max. 125 m	30 – 80 m	200 – 315 m
8.3 km	3 climbs > 30 m	max. 125 m	30 – 80 m	210 – 330 m
10 km	3 climbs > 30 m	max. 125 m	30 – 80 m	250 – 420 m

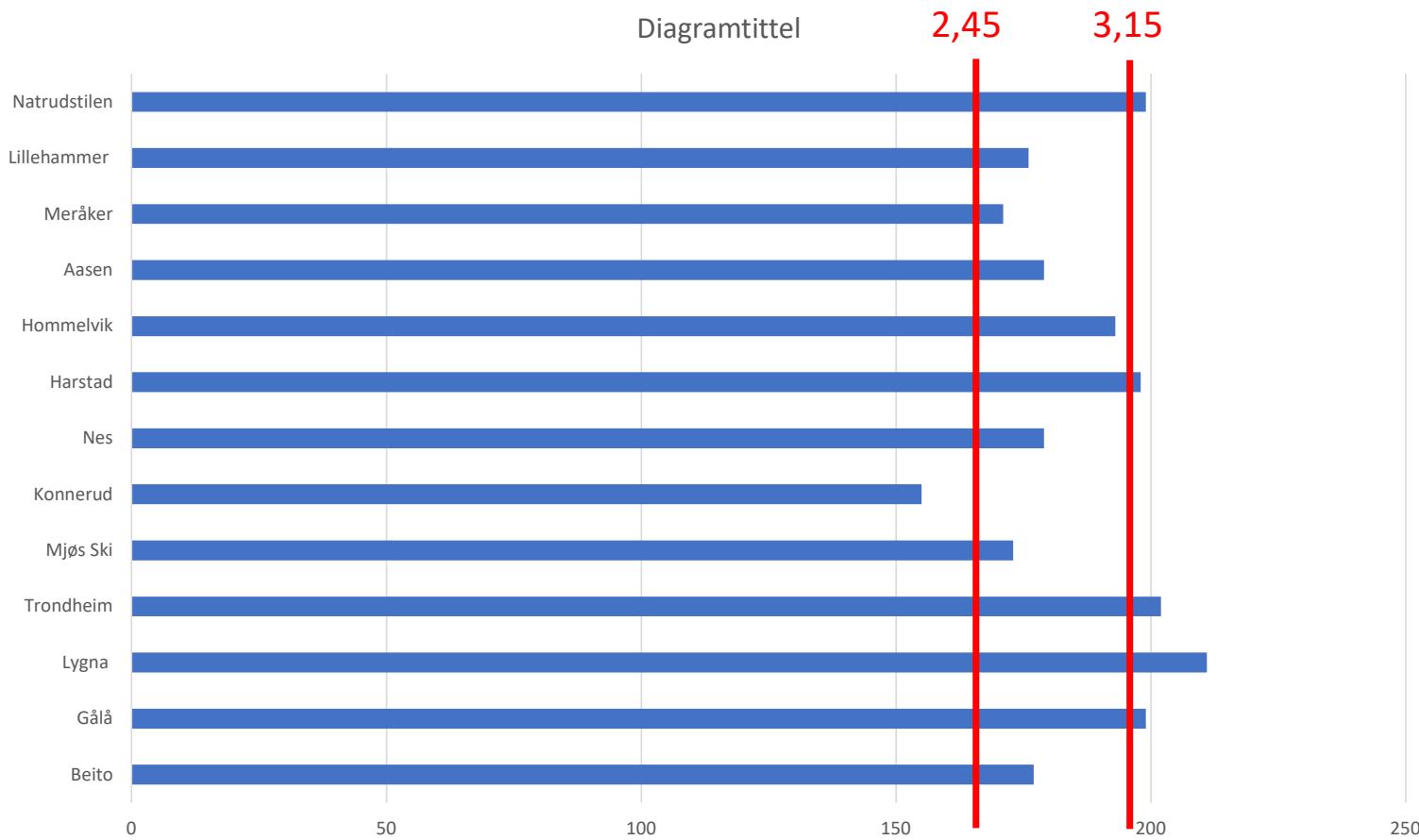
Sammenlagt stigning og lengste bakke i noen utvalgte arenaer



Prologtider kvinner WC forrige sesong



Prologtider sprint kvinner Norge





Venue Video Tour

Zhangjiakou National Cross-Country Skiing Centre

