

Double Poling or Diagonal or Skating...?



Decisions from last year

- Adapt the calendars
- Adapt the courses
- Rule changes:
 - **Where there is one or more set tracks, repeatedly changing or stepping in and out of tracks is not allowed**
 - Now jury hearing
 - More dsq s – less written warnings
 - No need for video proofs
 - Two jury members can decide on technique infractions

Decisions from last year

IT WORKED !

At least at WC level.

But still...

- Courses that we defined as good three years ago are now double poled by juniors
 - "Adding another uphill" is not possible most places
 - Do we want courses with longer and steeper uphills ?
- Jury challenges..
 - Lots of skating steps(cheating) that are not being sanctioned
- Juniors will have to buy three sets of equipment next season:
 - Classical
 - Skating
 - Double poling skiis and poles



Should we / Can we do something?

Is it possible to save the diagonal technique?

Do we want to save the classical technique.

How can we guarantee fair competitions?

What is best for attracting a new generation of skiers?

Should we / Can we do something?

Athletes will continue to push the limits for what we think is possible today!

The Industry will continue to make new equipment.

The Cross-Country family is waiting for answers

We have to make the decisions!

CANCUN DISCUSSION....

- Most of you wants to continue with two techniques
- Most of you are sceptic to regulations
- We agreed on testing technique zones on national level
- Second alternative:
 - Maximal pole length

**IF CLASSIC TECHNIQUE SHOULD DEVELOPE INTO ONLY
DOUBLE POLING WITHOUT KICKWAX.**

IS THAT A "SUSTAINABLE" FUTURE ALTERNATIVE ?

Agreement Zurich 2016: NO

We can control classic technique with kick wax.

We can not control classic technique without kickwax.

- We are responsible for the whole CC sport- not only the WC
 - Youth and children, popular

- The "marriage" between classic and free technique has been very successful since 1985

I THINK WE HAVE TO TRY !

Classic technique will not survive without
excepting regulations.

- **Stavlengde regel:**
 - -83 % av kroppshøyde målt med skisko
 - Stavene måles til innfesting av stropp
 - Tilfeldig kontroll

HVORFOR ?

- Langrennskomiteen er enig om at klassisk langrenn uten festesmurning ikke er en aktuell fremtidig konkurranse gren
- Vi må prøve om det er praktisk gjennomførbart
- 83 % er omtrent der de fleste er i dag/ var i fjor
- Det vil ikke stoppe de beste fra å stake, men det vil kanskje gjøre valget om å starte uten festesmurning litt vanskeligere.
- Det vil hindre en ytterligere økning av stavlengden- som er et skritt mot mer staking
- Med tanke på OL i Korea, så har vi denne sesongen til å teste ut verktøy