



SVENSKA SKIDFÖRBUNDET[®]
SWEDISH SKI ASSOCIATION



Invitation for the “open” Swedish Championships in rollerski 17-18.09.2016 on Gotland

On behalf of the Swedish Ski Association the ski club Svaide Roma SOK invites to the Swedish Championships finals of roller skiing 2016 in one of the best sites for roller skiing in Sweden, Gotland, where the asphalt roads are situated in amazing scenery!

The event will take place in the village of Slite on the eastern part of Gotland.

A foreign athlete who has lived in Sweden for at least one year and represents a Swedish ski club is eligible to race for the Swedish Championships. Other foreign athletes are welcome to enter the competitions but will not receive medals if someone will take place on the podium.

EVENT PROGRAMME

Friday 16 September

18-20 h Race office is open.

17-21 h “Before Ski”, carbohydrate loading at Slite Strandby.

The fair area is open.

Saturday 17 September

12:00-13:00 h Pickup of bibs at race office.

12:45 h Team captains meeting

14:00 h First start Individual distance

About 15:30 h price giving ceremony.

14:00-18:00 “Après Ski” at Slite Strandby.

The fair area is open the whole day.

Sunday 18 September

08:00-09:00 h Pickup of bibs at race office.

08:45 h Team captains meeting.

10:00 h First start long distance mass start race.

About 14:00 h Price giving and closing ceremony.

The fair area is open the whole day.

START AND FINISH

Slite Strandby

CONTEST RULES

The Swedish Ski Associations national competition rules apply. Participation is at your own risk and each registration is personal and can only be transferred for a fee. Wheel regulations, see the information for each race class.

According to the SWE NSA rules at least one wheel on each ski must be equipped with backstop in the classical technique race. Helmet and goggles are required.



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The event will take place on public roads and regular SWE traffic rules apply. There is every athlete's responsibility to ski on the right side of the road.

TRAVEL INFORMATION

The trip to Gotland from the Swedish mainland is both easiest and cheapest by ferry. Visit www.destinationgotland.se for information about the ferries. Book ferry tickets by phone and tell that ROL NC is an "Island of sport events" and you will receive a discount for the ferry ticket.

Regional Airlines SAS and Braathens are operating in Visby airport. The major car rental companies have pickup/delivery at the airport.

ACCOMMODATION

Recommended accommodation in the cottages at Slite Strandby, right next to the competition area. For reservation: www.slitestrandby.se

CLASSES AND ENTRIES

Saturday 17 September

Individual start, free technique. Free wheels for all classes.

Class	Age	Distance	Entry fee	Comments
Youths:				
Girls and boys	13-14 years	3 km	200 SEK	No NC
NC classes:				
Youths L & M	15-16 years	6 km	200 SEK	
Juniors L & M	17-20 years	15 km	200 SEK	
Seniors L & M	21-	15 km	300 SEK	
Masters L & M	35-39	15 km	300 SEK	
	40-44	15 km	300 SEK	
	45-49	15 km	300 SEK	
	50-54	15 km	300 SEK	
	55-59	15 km	300 SEK	
	60-64	15 km	300 SEK	
	65-69	15 km	300 SEK	
	70-74	15 km	300 SEK	
	75-79	15 km	300 SEK	
	80 and older	15 km	300 SEK	

Sunday 18 September 2016

Long distance mass start classical technique



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Class	Age	Distance	Entry fee	Comments
Youths:				
Girls and boys	13-14 years	10 km	200 SEK	No NC, slow wheels type 2
NC classes:				
Youths L & M	15-16 years	10 km	200 SEK	Free wheels
Juniors L & M	17-20 years	26 km	200 SEK	Free wheels
Seniors L & M	21-	52 km	300 SEK	Free wheels
Masters L & M	35-39	52 km	300 SEK	Free wheels
	40-44	52 km	300 SEK	Free wheels
	45-49	52 km	300 SEK	Free wheels
	50-54	52 km	300 SEK	Free wheels
	55-59	52 km	300 SEK	Free wheels
	60-64	26 km	300 SEK	Free wheels
	65-69	26 km	300 SEK	Free wheels
	70-74	26 km	300 SEK	Free wheels
	75-79	26 km	300 SEK	Free wheels
	80 and older	26 km	300 SEK	Free wheels

Entries is done via Idrottonline (<http://ta.skidor.com>) for members in Swedish ski clubs. Payment will be done through invoicing the ski clubs.

Other entries: Via e-mail to niklas.callenmark@telia.com. In your e-mail please write your name, ski club and competition class. Payment for foreign entries must be done by cash when collecting the bibs. **No payment – no bib.**

Latest day for entries is 10th September 2016.

Late entries at race day are accepted with increased fee, original prize + 100 SEK/race.

Paid entry fee will not be refunded. Change of name or class can be done for a fee.

CONTACT

<http://www.gotlandsportsacademy.se/sporter/rullskidor/sm-completion-rullsidor/race>

Chief of competition Niklas Callenmark, +46 70 447 70 12, niklas.callenmark@telia.com

**Welcome to Sweden and Gotland during one of the best periods of the year
for the “open” ROL Swedish Championships 2016!**