

SKI NM  
2026  
LYGNA  
Hadeland

# NM del 2, 30 km o 50 km - Lygna

Lygna Skisenter (NOR)

Gran Idrettslag - Ski

Kvinner senior 30 km Individual Start Free

2026-03-29

Start Time 11:15:20



Norges  
Skiforbund

## Offisiell Resultatliste

Number of Competitors: 90 Number of Nations: 5

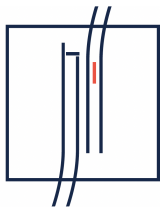
Rank	Bib	Name Club	NSA	Finish	Behind	FIS
1	87	<b>Nora Sanness</b> Kjelsås Idrettslag	NOR 27 MAR 2000	<b>1:14:37.3</b>	0.0	13.71
2	51	<b>Kristin Austgulen Fosnæs</b> Fossum Idrettsforening	NOR 30 MAY 2000	<b>1:14:54.2</b>	16.9	16.73
3	84	<b>Oline Vestad</b> Vågå Idrettslag	NOR 30 MAR 2004	<b>1:15:07.2</b>	29.9	19.05
4	57	<b>Karoline Simpson-Larsen</b> Vargar Idrettslag	NOR 4 AUG 1997	<b>1:15:20.6</b>	43.3	21.45
5	48	<b>Karoline Grøtting</b> Strandbygda Idrettslag	NOR 5 JUN 2001	<b>1:15:33.1</b>	55.8	23.68
6	63	<b>Tiril Udnes Weng</b> Nes Ski	NOR 29 SEP 1996	<b>1:15:44.6</b>	1:07.3	25.74
7	61	<b>Ingrid Landmark Tandrevold</b> Fossum Idrettsforening	NOR 23 SEP 1996	<b>1:16:26.6</b>	1:49.3	33.24
8	45	<b>Julie Hammer</b> Eidsvold Værks Skiklub	NOR 31 MAY 2004	<b>1:16:33.3</b>	1:56.0	34.44
9	13	<b>Martine Lorgen Øvrebust</b> Stordal Idrottslag	NOR 13 FEB 1997	<b>1:16:38.1</b>	2:00.8	35.29
10	55	<b>Mathilde Skjærdalen Myhrvold</b> Vind Idrettslag	NOR 16 JUL 1998	<b>1:16:46.8</b>	2:09.5	36.85
11	58	<b>Guro Ytterhus</b> Rennebu Idrettslag	NOR 3 NOV 2004	<b>1:17:23.6</b>	2:46.3	43.42
12	69	<b>Marte Mikkelsplass</b> Bromma Idrettslag	NOR 25 NOV 2002	<b>1:18:03.2</b>	3:25.9	50.50
13	66	<b>Nora Elisabeth Falster</b> Heming Idrettslaget	NOR 9 SEP 2003	<b>1:17:53.6</b>	3:16.3	48.78
14	75	<b>Mali Eidnes Bakken</b> Rindal Idrettslag	NOR 18 DEC 2003	<b>1:18:10.6</b>	3:33.3	51.82
15	38	<b>Lone Lorgen Øvrebust</b> Stordal Idrottslag	NOR 3 MAY 2003	<b>1:18:43.3</b>	4:06.0	57.67
16	68	<b>Julie Myhre</b> Byåsen Idrettslag	NOR 29 JUL 1996	<b>1:18:44.4</b>	4:07.1	57.86
17	37	<b>Elise Fredheim Simonsen</b> Trøsken Idrettslag	NOR 2 FEB 2004	<b>1:19:02.9</b>	4:25.6	61.17
18	60	<b>Anna Heggen</b> Harestua Idrettslag	NOR 8 AUG 2002	<b>1:19:05.8</b>	4:28.5	61.69
19	74	<b>Lea Stabæk Wenaas</b> Røa Allianseidrettslag	NOR 17 SEP 2001	<b>1:19:10.5</b>	4:33.2	62.53
20	47	<b>Tuva Anine Brusveen-Jensen</b> Lyn Ski	NOR 30 OCT 2003	<b>1:19:13.1</b>	4:35.8	62.99
21	78	<b>Tale Bruheim Breiding</b> Henning Skilag	NOR 14 SEP 2001	<b>1:19:20.3</b>	4:43.0	64.28

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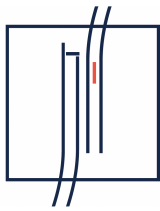
Rank	Bib	Name Club	NSA	Finish	Behind	FIS
22	11	<b>Kathrine Rolsted Harsem</b> IL Varden Meråker	NOR 7 FEB 1989	<b>1:19:21.3</b>	4:44.0	64.45
23	43	<b>Elena Rise Johnsen</b> Asker Skiklubb	NOR 4 JUN 2000	<b>1:19:23.0</b>	4:45.7	64.76
24	59	<b>Mari Nordlunde</b> Gausdal Skiklubb	NOR 4 OCT 1998	<b>1:19:27.6</b>	4:50.3	65.58
25	85	<b>Mille Marie Storlien</b> Lillehammer Skiklub	NOR 8 MAY 2004	<b>1:19:28.4</b>	4:51.1	65.72
26	80	<b>Tiril Liverud Knudsen</b> Konnerud Idrettslag	NOR 31 AUG 1998	<b>1:19:29.0</b>	4:51.7	65.83
27	35	<b>Ingrid Andréa Gulbrandsen</b> Bardufoss og Omegn Idrettsforening	NOR 1 JAN 2000	<b>1:19:36.8</b>	4:59.5	67.22
28	56	<b>Margrete Røssum Dyrhovd</b> Krødsherad Idrettslag	NOR 8 SEP 1993	<b>1:19:47.3</b>	5:10.0	69.10
29	64	<b>Maren Hjelmeset Kirkeeide</b> Markane Idrettslag	NOR 1 MAR 2003	<b>1:19:50.5</b>	5:13.2	69.67
30	23	<b>Frida Dahl</b> Steinkjer Skiklubb	NOR 20 MAY 1998	<b>1:19:51.7</b>	5:14.4	69.89
31	49	<b>Tone Lise Pedersen</b> Tromsø Skiklubb Langrenn	NOR 28 APR 2003	<b>1:19:55.9</b>	5:18.6	70.64
32	9	<b>Kristine Stavås Skistad</b> Konnerud Idrettslag	NOR 8 FEB 1999	<b>1:19:57.1</b>	5:19.8	70.85
33	41	<b>Synnøve Austerå</b> Gjesdal Idrettslag	NOR 10 MAY 2002	<b>1:20:02.2</b>	5:24.9	71.76
34	33	<b>Amalie Ous Mollatt</b> Nes Ski	NOR 23 APR 1996	<b>1:20:03.2</b>	5:25.9	71.94
35	83	<b>Marthe Johanne Hjelmeset</b> Gjelleråsen Idrettsforening	NOR 25 FEB 2004	<b>1:20:09.2</b>	5:31.9	73.01
36	70	<b>Hedda Østberg Amundsen</b> Asker Skiklubb	NOR 18 SEP 1998	<b>1:20:09.4</b>	5:32.1	73.05
37	53	<b>Hedda Bakkemo</b> Gjøvik Skiklubb	NOR 25 JUN 2001	<b>1:20:13.3</b>	5:36.0	73.75
38	40	<b>Ingvild Julie Schrøder Brennhovd</b> Lyn Ski	NOR 17 JAN 2003	<b>1:20:21.8</b>	5:44.5	75.26
39	50	<b>Katharina Brudermann</b> IL Varden Meråker	AUT 3 FEB 1999	<b>1:20:34.3</b>	5:57.0	77.50
40	86	<b>Mina Sofie Kjærås Moland</b> Stokke Idrettslag	NOR 2 FEB 2004	<b>1:20:57.0</b>	6:19.7	81.55
41	52	<b>Nora Sødal Raastad</b> Lyn Ski	NOR 25 NOV 2003	<b>1:21:08.7</b>	6:31.4	83.65
42	30	<b>Tora Rønneberg Weng</b> Eidsberg Idrettslag	NOR 24 APR 2005	<b>1:21:16.8</b>	6:39.5	85.09

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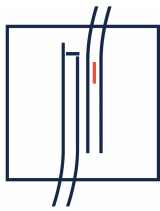
Rank	Bib	Name Club	NSA	Finish	Behind	FIS
43	89	<b>Hanne Wilberg Rofstad</b> Byåsen Idrettslag	NOR 8 APR 2000	1:21:30.5	6:53.2	87.54
44	72	<b>Guro Bostad</b> Strindheim Idrettslag	NOR 5 MAY 1996	1:21:41.1	7:03.8	89.43
45	32	<b>Synne Selberg</b> Gjelleråsen Idrettsforening	NOR 30 SEP 2003	1:21:47.6	7:10.3	90.60
46	25	<b>Kine Evensen Rye-Holmboe</b> Lillehammer Skiklub	NOR 8 JUL 2003	1:21:48.4	7:11.1	90.74
47	88	<b>Helene Ekrheim Haugen</b> Asker Skiklubb	NOR 16 APR 2004	1:22:00.6	7:23.3	92.92
48	15	<b>Ida-Maria Ewald</b> Lillehammer Skiklub	GBR 14 MAR 2004	1:22:43.9	8:06.6	100.66
49	27	<b>Emma Bangstad Bergersen</b> Hamar Skiklubb	NOR 20 JUN 2003	1:22:51.8	8:14.5	102.07
50	24	<b>Mabel Ovedie Herskedal Amundsen</b> Byaasen Skiklub	NOR 18 JUL 2003	1:22:59.9	8:22.6	103.51
51	36	<b>Marianne Haug</b> Bjerke Idrettslag Ski	NOR 2 AUG 2003	1:23:21.4	8:44.1	107.36
52	39	<b>Eline Klevberg Lerfall</b> Lånke Idrettslag	NOR 2 NOV 2005	1:23:27.3	8:50.0	108.41
53	65	<b>Anniken Sand</b> Sjåstad/ Vestre Lier IL	NOR 6 OCT 2004	1:23:29.9	8:52.6	108.87
54	44	<b>Sigrid Jøranli Sundgaard</b> Søre Ål Idrettslag	NOR 4 OCT 2002	1:23:44.6	9:07.3	111.50
55	42	<b>Ida Ramstad</b> Moelven Idrettslag	NOR 1 MAY 2001	1:24:12.0	9:34.7	116.40
56	22	<b>Mathea Tegdal</b> IL Skrim	NOR 10 MAY 2005	1:24:24.2	9:46.9	118.58
57	26	<b>Mia Mossige</b> IL Varden Meråker	NOR 12 AUG 2004	1:24:30.1	9:52.8	119.63
58	29	<b>Stina Hillestad</b> Hafslø Idrettslag	NOR 13 MAY 2002	1:24:31.0	9:53.7	119.79
59	76	<b>Agathe Brathagen</b> Larvik Ski	NOR 6 AUG 2005	1:24:33.7	9:56.4	120.27
60	73	<b>Hanna Eckhardt Andersen</b> Byåsen Idrettslag	NOR 10 SEP 2002	1:24:53.9	10:16.6	123.88
61	31	<b>Ragnhild Aarekol</b> Vindafjord Idrettslag	NOR 25 JUL 2001	1:24:54.1	10:16.8	123.92
62	20	<b>Synne Ophaug Røthe</b> Voss Idrottslag	NOR 1 AUG 2005	1:25:10.3	10:33.0	126.81
63	34	<b>Stefania Corradini</b> Team Konnerud	ITA 1 JUL 1996	1:25:39.1	11:01.8	131.96

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64	16	<b>Mari Folkvord</b> Sandnes Idrettslag	NOR 17 JUN 1999	1:25:46.6	11:09.3	133.30
65	17	<b>Matilde Strøm</b> Tverlandet Idrettslag	NOR 15 AUG 2005	1:25:55.3	11:18.0	134.85
66	28	<b>Tine Alfstad Olsen</b> Viking Turn og Idrettsforening	NOR 6 MAY 2005	1:26:14.1	11:36.8	138.21
67	12	<b>Embla Aksnes</b> Hommelvik Idrettslag	NOR 4 JUL 2005	1:26:19.9	11:42.6	139.25
68	71	<b>Thea Sørum</b> Hamar Skiklubb	NOR 27 MAR 2000	1:26:24.1	11:46.8	140.00
69	6	<b>Emma Kristine Skjerstad</b> Nittedal Idrettslag	NOR 3 JUL 1990	1:26:39.5	12:02.2	142.75
70	46	<b>Eivor Melbybråten</b> Øystre Slidre Idrettslag	NOR 26 JUN 2002	1:27:05.8	12:28.5	147.45
71	14	<b>Kaja Kvalvåg Hetlelid</b> Hjelmeland Idrettslag	NOR 8 MAR 2005	1:27:11.9	12:34.6	148.54
72	4	<b>Oda Elise Berg</b> Leksvik Idrettslag	NOR 9 JAN 2005	1:27:18.3	12:41.0	149.68
73	3	<b>Astrid Bekken Woldengen</b> Moen Sportsklubb	NOR 16 MAY 2005	1:28:25.0	13:47.7	161.60
74	10	<b>Carina Sveen</b> Strandbygda Idrettslag	NOR 1 JUN 2001	1:28:58.5	14:21.2	167.59
75	8	<b>Ingrid Bentsen</b> IL Vinger	NOR 24 SEP 2005	1:30:35.6	15:58.3	184.94
76	67	<b>Sigrid Haug Grønnerød</b> Fjellet IL	NOR 16 SEP 2002	1:32:29.6	17:52.3	205.31
77	5	<b>Linne Ausland</b> Oddersjaa Ssk	NOR 5 APR 2004	1:35:52.7	21:15.4	241.60
78	1	<b>Tiril Alexandersen Stavrum</b> NTNUI	NOR 4 SEP 2004	1:38:30.6	23:53.3	269.81
-	2	<b>Astrid Horgen</b> Skarphedin IL	NOR 22 JAN 2005	DNS		
-	7	<b>Elin Uppstad</b> Valle Idrottslag	NOR 2 OCT 1999	DNS		
-	18	<b>Ida Marie Hagen</b> Haslum Idrettslag	NOR 18 AUG 2000	DNF		
-	19	<b>Tirill Marie Møller Gundersen</b> Lyn Ski	NOR 18 MAY 2003	DNF		
-	21	<b>Sara Hovde</b> MjøsSki	NOR 4 NOV 2005	DNF		
-	54	<b>Eva Ingebrigtsen</b> Bratsberg Idrettslag	NOR 1 JUL 2004	DNF		

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Rank	Bib	Name Club	NSA	Finish	Behind	FIS
-	62	<b>Phoebe Louise Cridland</b> Konnerud Idrettslag	<b>AUS</b> 8 AUG 2001	DNS		
-	77	<b>Marie Risvoll Amundsen</b> Fauske IL Langrenn	<b>NOR</b> 26 OCT 2003	DNF		
-	79	<b>Juni Arnekleiv</b> Dombås Idrettslag	<b>NOR</b> 17 FEB 1999	DNS		
-	81	<b>Maren Wangensteen</b> Øystre Slidre Idrettslag	<b>NOR</b> 31 MAR 1991	DNF		
-	82	<b>Torild Eggan</b> Rennebu Idrettslag	<b>NOR</b> 19 AUG 2004	DNS		
-	90	<b>Julie Bjervig Drivenes</b> Konnerud Idrettslag	<b>NOR</b> 23 SEP 1999	DNS		

### Jury Decisions

Name	Decision	Rule / Reason
69) MIKKELSPASS Marte	Tidsstraff	ICR 343.4 - False start

### Jury

CHIEF OF COMPETITION Hans Jørgen Kvåle (NOR)  
 TECHNICAL DELEGATE Torbjørn Broks Pettersen (NOR)  
 ASSISTANT TECHNICAL DELEGATE Kenneth Tanem (NOR)  
 NATIONAL TD ()

### Course

Name 4x7.5 km  
 HEIGHT DIFFERENCE (HD) 64 m  
 MAXIMUM CLIMB (MC) 44 m  
 TOTAL CLIMB (TC) 246 m  
 LENGTH OF LAP 7.1 km  
 NUMBER OF LAPS 4

WEATHER	SNOW CONDITION	TEMPERATURES		COMPETITORS / NSA							
		AIR	SNOW	ENTRIES	RANKED	LAP	DNF	DSQ	DNS	NPS	DQB
				90 / 5	78 / 4	0/0	6/1	0/0	6/2	0/0	0/0

### Legend

**DNF** Did Not Finish      **DNS** Did Not Start  
**DQB** Disqualification for unsportsmanlike behaviour      **DSQ** Disqualified      **LAP** Lapped  
**NSA** NSA Code      **PF** Photo Finish      **PTS** Points  
**Ski Ex.** Ski Exchange