



Offisiell Resultatliste

Number of Competitors: 0 Number of Nations: undefined

RANK	BIB	NAME	NSA	QUALIF. TIME	QUARTERFINALS					SEMIFINALS		FINAL	
					1	2	3	4	5	1	2		
1	1	Milla Grosberghaugen Andreassen	NOR	3:07.62 (1)	+1.15 (2)						+0.16 (2)		3:10.66 (1)
2	2	Helene Ekrheim Haugen	NOR	+1.94 (2)				3:08.43 (1)				+0.51 (2)	+1.34 (2)
3	12	Hedda Bakkemo	NOR	+6.92 (12)	3:03.45 (1)						+0.38 (3)		+2.94 (3)
4	6	Margrete Røssum Dyrhovd	NOR	+4.32 (6)	+1.33 (3)							3:10.24 (1)	+3.49 (4)
5	17	Ingrid Bergene Aabrekk	NOR	+7.39 (17)		+1.13 (2)					3:07.88 (1)		+7.08 (5)
6	3	Iselin Bjervig Drivenes	NOR	+2.91 (3)				+1.74 (2)				+0.52 (3)	+25.49 (6)
7	8	Hedda Østberg Amundsen	NOR	+5.17 (8)	+6.62 (4)						+5.68 (4)		
8	15	Mina Sofie Kjærås Moland	NOR	+7.11 (15)						3:10.57 (1)		+0.53 (4)	
9	7	Julie Myhre	NOR	+5.01 (7)		3:13.01 (1)					+8.27 (5)		
10	10	Maiken Min Midtskogen	NOR	+5.96 (10)			+0.61 (2)					+1.44 (5)	
11	11	Tiril Udnes Weng	NOR	+6.35 (11)			3:16.11 (1)				+25.67 (6)		
12	20	Mari Landro Svingheim	NOR	+8.25 (20)						+0.46 (2)		+6.61 (6)	
13	4	Ane Appelvist Stenseth	NOR	+3.72 (4)						+0.50 (3)			
14	5	Tale Bruheim Breiding	NOR	+3.83 (5)				+3.70 (3)					
15	16	Elise Fredheim Simonsen	NOR	+7.19 (16)			+0.98 (3)						
16	22	Amalie Ous Mollatt	NOR	+11.31 (22)		+2.29 (3)							
17	14	Hanne Wilberg Rofstad	NOR	+7.10 (14)						+2.79 (4)			
18	18	Lotta Udnes Weng	NOR	+7.55 (18)				+8.50 (4)					
19	23	Nora Christine Hansen	NOR	+11.73 (23)			+1.49 (4)						
20	26	Anna Heggen	NOR	+13.92 (26)		+2.79 (4)							
21	9	Eva Ingebrigtsen	NOR	+5.69 (9)		+6.89 (5)							
22	13	Ingrid Andréa Gulbrandsen	NOR	+6.92 (12)						+6.88 (5)			
23	19	Nora Sødal Raastad	NOR	+7.72 (19)			+2.13 (5)						





Offisiell Resultatliste

RANK	BIB	NAME	NSA	QUALIF. TIME	QUARTERFINALS					SEMIFINALS		FINAL
					1	2	3	4	5	1	2	
24	25	Guro Bostad	NOR	+13.91 (25)				+14.23 (5)				
25	30	Thea Sørum	NOR	+15.67 (30)	+11.93 (5)							
26	21	Mari Nordlunde	NOR	+9.87 (21)					+10.42 (6)			
27	24	Siri Lindbergsengen Nesheim	NOR	+13.45 (24)			+13.02 (6)					
28	27	Mathea Tegdal	NOR	+14.29 (27)				+16.42 (6)				
29	28	Ingeborg Andberg Stenersen	NOR	+14.98 (28)		+8.73 (6)						
30	29	Ragnhild Aarekol	NOR	+15.12 (29)	+20.67 (6)							
31	41	Tirill Marie Møller Gundersen	NOR	+16.35 (31)								
32	64	Ingeborg Marvik Dahl Rystad	NOR	+16.46 (32)								
33	44	Julie Jeistad	NOR	+16.71 (33)								
34	50	Oline Vestad	NOR	+18.16 (34)								
35	10	Mabel Ovedie Herskedal Amundsen	NOR	+18.27 (35)								
36	49	Lea Stabæk Wenaas	NOR	+18.50 (36)								
37	45	Aurora Gaarder Strand	NOR	+19.15 (37)								
38	58	Andrine Rønning	NOR	+19.50 (38)								
39	54	Tora Rønneberg Weng	NOR	+20.26 (39)								
40	46	Marianne Haug	NOR	+20.62 (40)								
41	61	Sara Hovde	NOR	+21.08 (41)								
42	24	Ida Ramstad	NOR	+21.23 (42)								
43	53	Carina Sveen	NOR	+21.47 (43)								
44	55	Victoria Hammersmark Nitteberg	NOR	+21.58 (44)								
45	62	Camilla Brørs	NOR	+22.53 (45)								
46	47	Marthe Wilberg Rofstad	NOR	+22.68 (46)								
47	59	Tiril Næss Iversen	NOR	+22.78 (47)								





Offisiell Resultatliste

RANK	BIB	NAME	NSA	QUALIF. TIME	QUARTERFINALS					SEMIFINALS		FINAL
					1	2	3	4	5	1	2	
48	57	Eline Klevberg Lerfall	NOR	+23.67 (48)								
49	60	Synne Ophaug Røthe	NOR	+25.23 (49)								
50	67	Ingeborg Skei Mjømen	NOR	+25.47 (50)								
51	31	Tone Lise Pedersen	NOR	+25.93 (51)								
52	68	Embla Aksnes	NOR	+28.84 (52)								
53	7	Matilde Strøm	NOR	+30.09 (53)								
54	51	Emma Bangstad Bergersen	NOR	+30.15 (54)								
55	3	Kaja Kvalvåg Hetlelid	NOR	+31.85 (55)								
56	4	Mari Vang	NOR	+34.60 (56)								
57	25	Elena Rise Johnsen	NOR	+40.32 (57)								
58	63	Emma Kristine Skjerstad	NOR	+40.43 (58)								
59	1	Eva Helene Andberg	NOR	+42.01 (59)								
60	9	Hannah Schjetne	NOR	+44.87 (60)								
61	65	Jaqueline Mourao	BRA	+49.95 (61)								
62	2	Jenny Axisa Eriksen	MLT	+54.79 (62)								
63	66	Hanne Sæther Garberg	NOR	+56.95 (63)								
64	6	Nora Amalie Hegdahl	NOR	+58.41 (64)								
65	8	Ronja Håkenstad Evertsen	NOR	+1:03.22 (65)								





Offisiell Resultatliste

Jury Decisions

Name	Decision	Rule / Reason
HEGGEN Anna	Verbal reprimand	ICR 343.10.2.2 - Obstruction

Jury

CHIEF OF COMPETITION	Morten Vannebo (NOR)
TECHNICAL DELEGATE	Geir Mauseth (NOR)
ASSISTANT TECHNICAL DELEGATE	Trond Iversen (NOR)
JURY MEMBER	Anton Killi Ringen (NOR)

Course

Name	Sprint
HEIGHT DIFFERENCE (HD)	29 m
MAXIMUM CLIMB (MC)	17 m
TOTAL CLIMB (TC)	44 m
LENGTH OF LAP	1.3 km
NUMBER OF LAPS	1





Offisiell Resultatliste

Number of Competitors: 0 Number of Nations: undefined

RANK	BIB	NAME	NSA	QUALIF.	QUARTERFINALS					SEMIFINALS		FINAL	
				TIME	1	2	3	4	5	1	2		
1	4	Lars Heggen	NOR	+2.30 (4)		2:42.72 (1)					+0.16 (2)		2:43.29 (1)
2	1	Ansgar Evensen	NOR	2:43.96 (1)	2:44.87 (1)						2:42.74 (1)		+0.13 (2)
3	3	Even Northug	NOR	+2.12 (3)	+0.82 (2)						+0.57 (4)		+4.12 (3)
4	17	Kristian Kongssund	NOR	+5.58 (17)				+0.01 (2)				2:45.96 (1)	+8.06 (4)
5	5	Mats Opsal	NOR	+2.33 (5)		+0.01 (2)					+0.29 (3)		+23.49 (5)
6	14	Amund August Korsæth	NOR	+5.26 (14)						2:45.94 (1)		+0.46 (2)	+32.59 (6)
7	11	Even Solem Michelsen	NOR	+4.39 (11)			+0.24 (2)					+0.65 (3)	
8	20	Kristian Kollerud	NOR	+6.22 (20)				+0.35 (3)				+1.29 (4)	
9	2	Simen Myhre	NOR	+1.46 (2)			2:42.60 (1)				+1.02 (5)		
10	6	Lars Agnar Hjelmset	NOR	+2.84 (6)					2:42.54 (1)			+17.37 (5)	
11	8	Lars Michael Saab Bjertnæs	NOR	+4.02 (8)		+0.20 (3)					+7.34 (6)		
12	12	Elling Broberg	NOR	+4.65 (12)						+0.19 (2)		+22.17 (6)	
13	13	Harald Astrup Arnesen	NOR	+4.88 (13)						+0.50 (3)			
14	16	Matz William Jenssen	NOR	+5.31 (16)			+1.07 (3)						
15	21	Aleksander Elde Holmboe	NOR	+6.37 (21)	+1.22 (3)								
16	9	Herman Martens Meyer	NOR	+4.11 (9)			+1.80 (4)						
17	10	Jonas Vika	NOR	+4.15 (10)	+2.10 (4)								
18	22	Ola Spigseth	NOR	+6.80 (22)						+1.60 (4)			
19	26	Lars Opstad Vike	NOR	+8.27 (26)				+2.02 (4)					
20	29	Casper Kvam Grindhagen	NOR	+8.42 (29)		+4.08 (4)							
21	15	Sindre Bjørnstad Skar	NOR	+5.28 (15)				+3.10 (5)					
22	19	Mathias Holbæk	NOR	+6.16 (19)			+3.87 (5)						
23	23	Jonas Malmo Skogstad	NOR	+7.84 (23)	+2.15 (5)								





Offisiell Resultatliste

RANK	BIB	NAME	NSA	QUALIF. TIME	QUARTERFINALS				SEMIFINALS		FINAL
					1	2	3	4	5	1	2
24	24	Andrew Travers Cosgrove Young	GBR	+7.84 (23)					+1.72 (5)		
25	28	Preben Horven	NOR	+8.36 (28)		+6.91 (5)					
26	18	Jørgen Schjølberg	NOR	+5.80 (18)			+1:03.97...				
27	25	Simon Salinas Hannestad	NOR	+8.11 (25)		+7.66 (6)					
28	27	Eskil Skarstein Rød	NOR	+8.28 (27)					+2.11 (6)		
29	30	David Bertnes Leite	NOR	+8.74 (30)	+36.17 (6)						
30	7	Filip Skari	NOR	+3.46 (7)				+4.88 (6)			
31	60	Petter Northug	NOR	+8.79 (31)							
32	55	Johan Lien Nordeng	NOR	+9.61 (32)							
33	50	Kristoffer Berset	NOR	+9.68 (33)							
34	71	Jens Kristoffer Dyr Dahl	NOR	+9.80 (34)							
35	54	Ask Jørgensen	NOR	+9.90 (35)							
36	62	Iver Wang Johansen	NOR	+9.91 (36)							
37	32	Jonas Holten Aasbø	NOR	+9.94 (37)							
38	12	Nikolai Elde Holmboe	NOR	+10.08 (38)							
39	49	Sondre Skomedal Ramse	NOR	+10.08 (38)							
40	43	Andreas Lerø	NOR	+10.12 (40)							
41	20	Håkon Skaanes	NOR	+10.20 (41)							
42	10	Eirik Mysen	NOR	+10.21 (42)							
43	41	Gjøran Holstad Tefre	NOR	+10.21 (42)							
44	57	Erik Mathisen	NOR	+10.29 (44)							
45	64	Filip Osnes-Ringen	NOR	+10.46 (45)							
46	58	Brage Buseth Hammerstad	NOR	+10.65 (46)							
47	63	Iver Synstnes Hole	NOR	+10.74 (47)							



menn senior undefined

Offisiell Resultatliste

RANK	BIB	NAME	NSA	QUALIF. TIME	QUARTERFINALS					SEMIFINALS		FINAL
					1	2	3	4	5	1	2	
48	34	Johan Heni Olsen Bjørtomt	NOR	+10.82 (48)								
49	76	Leopold Strand	NOR	+11.62 (49)								
50	61	Andreas Hermansen	NOR	+11.65 (50)								
51	27	Eskil Engdal	NOR	+11.79 (51)								
52	19	Olve Mjøen Løseth	NOR	+11.91 (52)								
53	52	Birk Fjellheim	NOR	+11.93 (53)								
54	85	Magnus Kavli	NOR	+12.02 (54)								
55	56	Marcus Dahl-Rismyhr	NOR	+12.27 (55)								
56	53	Emil Andreassen Skaftnes	NOR	+12.50 (56)								
57	45	Linus Engdahl	NOR	+12.80 (57)								
58	88	Oskar Eek-Reme	NOR	+13.22 (58)								
59	11	Sivert Borgen	NOR	+13.50 (59)								
60	70	Marius Grønhovd Wiersdalen	NOR	+14.10 (60)								
61	82	Kornelius Ordemann Olsen	NOR	+14.33 (61)								
62	26	Lars Young Vik	AUS	+14.44 (62)								
63	75	Eirik Fjeld	NOR	+14.53 (63)								
64	87	Mats Augdal Dahl	NOR	+14.61 (64)								
65	103	Jørgen Løken	NOR	+14.86 (65)								
66	48	William Lundberg	NOR	+14.92 (66)								
67	51	Oskar Lockert Skjold	NOR	+15.00 (67)								
68	79	Hermann Skram Botterud	NOR	+15.90 (68)								
69	90	Beinn Horsfall	GBR	+17.44 (69)								
70	84	Noah Christoffer Nielsen Nylund	NOR	+17.69 (70)								
71	67	Daniel Sandvand Omfjord	NOR	+17.73 (71)								





Menn senior undefined

Offisiell Resultatliste

RANK	BIB	NAME	NSA	QUALIF. TIME	QUARTERFINALS					SEMIFINALS		FINAL
					1	2	3	4	5	1	2	
72	81	Andreas Bergslund	NOR	+18.16 (72)								
73	86	Vegard Veisetaune	NOR	+18.19 (73)								
74	72	Martin Stramrud	NOR	+18.61 (74)								
75	80	Tørres Bjelland Nøstdal	NOR	+19.09 (75)								
76	108	Anders Eliassen Bergland	NOR	+20.08 (76)								
77	109	Oliver Finstad Nytrøen	NOR	+20.36 (77)								
78	69	Kevin Bjerkeli Krohn	NOR	+20.69 (78)								
79	102	Tobias Grendstad	NOR	+20.81 (79)								
80	6	Halvor Kleiv	NOR	+20.85 (80)								
81	1	Ulrik Auestad Tollefsen	NOR	+21.03 (81)								
82	105	August Hovde	NOR	+21.04 (82)								
83	74	Jørgen Kvarstad	NOR	+21.07 (83)								
84	98	Petter Østtun	NOR	+21.57 (84)								
85	92	Amund Engesvold Flataker	NOR	+21.65 (85)								
86	93	Christian Tobias Bøgeberg	NOR	+22.40 (86)								
87	107	Elias Nikolai Veseth Høgbakk	NOR	+23.42 (87)								
88	104	Alexander Mietinen	NOR	+23.46 (88)								
89	91	Håvard Kolbeinsvik	NOR	+23.48 (89)								
90	66	Taschi Sherpa Klaschka	CAN	+23.68 (90)								
91	97	Sander Lillebudal	NOR	+24.02 (91)								
92	106	Aksel Bjørkhaug	NOR	+24.03 (92)								
93	65	Magnus Tobiassen	DEN	+24.35 (93)								
94	100	Are Fosshheim	NOR	+24.38 (94)								
95	77	Mario Schlögel	AUT	+24.92 (95)								





Offisiell Resultatliste

RANK	BIB	NAME	NSA	QUALIF.	QUARTERFINALS					SEMIFINALS		FINAL
					TIME	1	2	3	4	5	1	2
96	99	Fredrik Haugen Strandhaug	NOR	+26.55 (96)								
97	4	Andreas Olsen Tomta	NOR	+26.56 (97)								
98	101	Sindre Syvertsen Overen	NOR	+26.58 (98)								
99	94	Erik Løfald	NOR	+26.96 (99)								
100	110	Jørgen Landmark Johansen	NOR	+29.64 (100)								
101	96	Morten Grut	NOR	+30.59 (101)								
102	5	Vegard Eidhamar	NOR	+30.64 (102)								
103	111	Bernt Emil Finserås Rognes	NOR	+31.13 (103)								
104	95	Ástmar Helgi Kristinsson	ISL	+31.23 (104)								
105	7	Tony André Höfler Kristiansen	NOR	+32.67 (105)								
106	2	Nicholas Torvund	NOR	+35.94 (106)								
107	8	Marius Mikkelsen	NOR	+36.72 (107)								
108	3	Jon Marius Svegård	NOR	+42.57 (108)								
109	9	Thomas Heyn	NOR	+1:04.16...								

Jury Decisions

Name	Decision	Rule / Reason
HOLMBOE Aleksander	Yellow card	ICR 343.9 - Obstruction ICR
Elde HEGGEN Lars	Yellow card	343.10.2.2 - Obstruction ICR
SKARI Filip	Decision	343.10.2.2 - Obstruction ICR
KONGSSUND Kristian	Yellow card	343.10.2.2 - Obstruction





Menn senior undefined

Offisiell Resultatliste

Jury

CHIEF OF COMPETITION	Morten Vannebo (NOR)
TECHNICAL DELEGATE	Geir Mauseth (NOR)
ASSISTANT TECHNICAL DELEGATE	Trond Iversen (NOR)
JURY MEMBER	Anton Killi Ringen (NOR)

Course

Name	Sprint
HEIGHT DIFFERENCE (HD)	29 m
MAXIMUM CLIMB (MC)	17 m
TOTAL CLIMB (TC)	44 m
LENGTH OF LAP	1.3 km
NUMBER OF LAPS	1



Offisiell Resultatliste

Number of Competitors: 0 Number of Nations: 4

Rank	Bib	Name Club	NSA	Finish	Behind	FIS
1	90	Kristin Austgulen Fosnæs Fossum Idrettsforening	NOR	26:15.0	0.0	
2	91	Karoline Grøtting Strandbygda Idrettslag	NOR	26:15.4	0.4	
3	72	Nora Sanness Kjelsås Idrettslag	NOR	26:16.6	1.6	
4	92	Maren Wangenstein Øystre Slidre Idrettslag	NOR	26:24.4	9.4	
5	84	Tiril Udnes Weng Nes Ski	NOR	26:24.5	9.5	
6	88	Eva Ingebrigtsen Bratsberg Idrettslag	NOR	26:40.7	25.7	
7	70	Anne Kjersti Kalvå Lundamo Idrettslag	NOR	26:48.1	33.1	
8	41	Margrethe Bergane Konnerud Idrettslag	NOR	26:52.4	37.4	
9	86	Marte Mikkelsplass Bromma Idrettslag	NOR	26:52.8	37.8	
10	76	Mali Eidnes Bakken Rindal Idrettslag	NOR	26:53.5	38.5	
11	71	Guro Bostad Strindheim Idrettslag	NOR	27:07.9	52.9	
12	82	Anna Heggen Harestua Idrettslag	NOR	27:10.2	55.2	
13	69	Tale Bruheim Breiding Henning Skilag	NOR	27:16.1	1:01.1	
14	75	Marie Risvoll Amundsen Fauske IL Langrenn	NOR	27:19.0	1:04.0	
15	85	Oline Vestad Vågå Idrettslag	NOR	27:21.4	1:06.4	
16	57	Tiril Liverud Knudsen Konnerud Idrettslag	NOR	27:25.0	1:10.0	
16	78	Kari Øyre Slind Oppdal Idrettslag	NOR	27:25.0	1:10.0	
18	89	Mari Nordlunde Gausdal Skiklubb	NOR	27:25.7	1:10.7	
19	64	Mina Sofie Kjærås Moland Stokke Idrettslag	NOR	27:26.6	1:11.6	
20	39	Marthe Johanne Hjelmeset Gjelleråsen Idrettsforening	NOR	27:27.9	1:12.9	
20	79	Sofie Nordsveen Hustad Kjelsås Idrettslag	NOR	27:27.9	1:12.9	



Offisiell Resultatliste

Rank	Bib	Name Club	NSA	Finish	Behind	FIS
22	43	Nora Christine Hansen Asker Skiklubb	NOR	27:28.3	1:13.3	
23	87	Tuva Anine Brusveen-Jensen Lyn Ski	NOR	27:30.5	1:15.5	
24	54	Elise Fredheim Simonsen Trøsken Idrettslag	NOR	27:33.9	1:18.9	
25	81	Lea Stabæk Wenaas Røa Allianseidrettslag	NOR	27:40.3	1:25.3	
26	7	Helene Ekrheim Haugen Asker Skiklubb	NOR	27:44.8	1:29.8	
27	74	Hedda Bakkemo Gjøvik Skiklubb	NOR	27:47.5	1:32.5	
28	60	Iselin Bjervig Drivenes Lommedalen Idrettslag	NOR	27:47.6	1:32.6	
29	80	Silje Theodorsen Kvaløysletta Skilag	NOR	27:53.4	1:38.4	
30	63	Thea Sørum Hamar Skiklubb	NOR	27:57.3	1:42.3	
31	52	Hanna Eckhardt Andersen Byåsen Idrettslag	NOR	28:03.0	1:48.0	
32	56	Mille Marie Storlien Lillehammer Skiklub	NOR	28:18.3	2:03.3	
33	77	Mari Landro Svingheim Konnerud Idrettslag	NOR	28:23.8	2:08.8	
34	62	Nora Sødal Raastad Lyn Ski	NOR	28:28.5	2:13.5	
35	30	Amalie Ous Mollatt Nes Ski	NOR	28:28.7	2:13.7	
36	65	Eline Klevberg Lerfall Lånke Idrettslag	NOR	28:31.5	2:16.5	
37	5	Kathrine Rolsted Harsem IL Varden Meråker	NOR	28:32.7	2:17.7	
38	66	Elena Rise Johnsen Asker Skiklubb	NOR	28:33.5	2:18.5	
39	42	Kristine Hjellbakk Hole Sunnylven Idrottslag	NOR	28:34.3	2:19.3	
40	45	Lone Lorgen Øvrebust Stordal Idrottslag	NOR	28:36.8	2:21.8	
41	4	Mia Mossige IL Varden Meråker	NOR	28:39.2	2:24.2	
42	24	Mabel Ovedie Herskedal Amundsen Byaasen Skiklub	NOR	28:40.6	2:25.6	



Offisiell Resultatliste

Rank	Bib	Name Club	NSA	Finish	Behind	FIS
43	51	Ingvild Julie Schrøder Brennhovd Lyn Ski	NOR	28:44.1	2:29.1	
44	73	Tabitha Williams Lillehammer Skiklub	GBR	28:48.1	2:33.1	
45	68	Ingeborg Andberg Stenersen Kvaløysletta Skilag	NOR	28:55.5	2:40.5	
46	83	Tone Lise Pedersen Tromsø Skiklubb Langrenn	NOR	28:58.6	2:43.6	
47	48	Tine Alfstad Olsen Viking Turn og Idrettsforening	NOR	28:59.2	2:44.2	
48	61	Stina Hillestad Hafslo Idrettslag	NOR	29:03.1	2:48.1	
49	53	Marianne Haug Bjerke Idrettslag Ski	NOR	29:06.2	2:51.2	
50	47	Synnøve Austerå Gjesdal Idrettslag	NOR	29:09.3	2:54.3	
51	55	Synne Selberg Gjelleråsen Idrettsforening	NOR	29:13.0	2:58.0	
52	31	Mathea Tegdal IL Skrim	NOR	29:13.5	2:58.5	
53	46	Ida Ramstad Moelven Idrettslag	NOR	29:14.0	2:59.0	
54	21	Siri Lindbergsengen Nesheim Bærums Skiklub	NOR	29:15.9	3:00.9	
55	67	Tora Rønneberg Weng Eidsberg Idrettslag	NOR	29:19.6	3:04.6	
56	50	Ragnhild Aarekol Vindafjord Idrettslag	NOR	29:24.2	3:09.2	
57	22	Andrine Rønning IL Aasguten	NOR	29:30.8	3:15.8	
58	26	Marthe Dehn Bærums Skiklub	NOR	29:40.0	3:25.0	
59	37	Emma Bangstad Bergersen Hamar Skiklubb	NOR	29:41.1	3:26.1	
60	49	Julie Jeistad Lismarka Idrettslag	NOR	29:41.5	3:26.5	
61	10	Sara Hovde MjøsSki	NOR	29:42.2	3:27.2	
62	33	Embla Aksnes Hommelvik Idrettslag	NOR	29:51.2	3:36.2	
63	59	Johanne Bjugan Leksdal Idrettslag	NOR	29:52.3	3:37.3	



Offisiell Resultatliste

Rank	Bib	Name Club	NSA	Finish	Behind	FIS
64	13	Kine Evensen Rye-Holmboe Lillehammer Skiklub	NOR	29:55.0	3:40.0	
65	58	Synne Ophaug Røthe Voss Idrettslag	NOR	29:57.8	3:42.8	
66	32	Tirill Marie Møller Gundersen Lyn Ski	NOR	29:58.6	3:43.6	
67	25	Elin Uppstad Valle Idrettslag	NOR	30:11.5	3:56.5	
68	36	Ida-Maria Ewald Lillehammer Skiklub	GBR	30:14.4	3:59.4	
69	16	Mari Vang Tynset Idrettsforening	NOR	30:16.5	4:01.5	
70	23	Marthe Wilberg Rofstad Byåsen Idrettslag	NOR	30:18.3	4:03.3	
71	11	Matilde Strøm Tverlandet Idrettslag	NOR	30:18.6	4:03.6	
72	28	Jaqueline Mourao Heming Idrettslaget	BRA	30:19.9	4:04.9	
73	9	Kaja Kvalvåg Hetlelid Hjelmeland Idrettslag	NOR	30:23.2	4:08.2	
74	3	Kristin Moen Byåsen Idrettslag	NOR	30:25.6	4:10.6	
75	15	Aurora Gaarder Strand Strandbygda Idrettslag	NOR	30:26.4	4:11.4	
76	44	Victoria Hammersmark Nitteberg Nesodden IF	NOR	30:27.8	4:12.8	
77	2	Mari Victoria Robøle Lien Hamar Skiklubb	NOR	30:35.0	4:20.0	
78	20	Emma Kristine Skjerstad Nittedal Idrettslag	NOR	30:37.0	4:22.0	
79	29	Carina Sveen Strandbygda Idrettslag	NOR	31:06.6	4:51.6	
80	38	Celina Karin Staurland Staavi Gjesdal Idrettslag	NOR	31:10.6	4:55.6	
81	27	Hannah Fosshiem Spillum Idrettslag	NOR	31:21.3	5:06.3	
82	34	Hannah Schjetne Gjøvik Skiklubb	NOR	31:31.3	5:16.3	
83	19	Linne Ausland Oddersjaa Ssk	NOR	32:22.9	6:07.9	
84	14	Oda Elise Berg Leksvik Idrettslag	NOR	32:26.0	6:11.0	



Offisiell Resultatliste

Rank	Bib	Name Club	NSA	Finish	Behind	FIS
85	8	Eva Helene Andberg Rustad Idrettslag	NOR	32:29.3	6:14.3	
86	18	Mie Christine Stangeland Sørensen NTNUI	NOR	33:23.9	7:08.9	
87	35	Jenny Axisa Eriksen Andebu Idrettslag	MLT	33:40.5	7:25.5	
88	6	Hanne Sæther Garberg Orkdal Idrettslag	NOR	35:01.2	8:46.2	
-	1	Nora Amalie Hegdahl Steinkjer Skiklubb	-	DNS		
-	12	Tiril Næss Iversen Mjøndalen Idrettsforening	-	DNS		
-	17	Ronja Håkenstad Evertsen Øystre Slidre Idrettslag	-	DNS		
-	40	Margrete Røssum Dyrhovd Krødsherad Idrettslag	-	DNS		

Jury

CHIEF OF COMPETITION	Morten Vannebo (NOR)
TECHNICAL DELEGATE	Geir Mauseth (NOR)
ASSISTANT TECHNICAL DELEGATE	Trond Iversen (NOR)
JURY MEMBER	Anton Killi Ringen (NOR)

Course

Name	Default
HEIGHT DIFFERENCE (HD)	64 m
MAXIMUM CLIMB (MC)	43 m
TOTAL CLIMB (TC)	186 m
LENGTH OF LAP	5.3 km
NUMBER OF LAPS	2



Offisiell Resultatliste

Number of Competitors: 0 Number of Nations: 9

Rank	Bib	Name Club	NSA	Finish	Behind	FIS
1	164	Einar Hedegart Inderøy Idrettslag	NOR	22:44.6	0.0	
2	186	Andreas Fjorden Ree Støren Sportsklubb	NOR	22:51.8	7.2	
3	160	Martin Kirkeberg Mørk Drammens Ballklubb	NOR	22:58.7	14.1	
4	174	Karsten Andre Vestad Molde og Omegn Idrettsforening	NOR	23:17.8	33.2	
5	194	Kasper Andersson Herland Hemsedal Idrettslag	NOR	23:19.5	34.9	
6	170	Sivert Leander Johansen Drammens Ballklubb	NOR	23:28.8	44.2	
7	185	Casper Kvam Grindhagen Byaasen Skiklub	NOR	23:31.1	46.5	
8	192	Simen Hegstad Krüger Lyn Ski	NOR	23:32.8	48.2	
9	166	Thomas Linnebo Mollestad Oddersjaa Ssk	NOR	23:33.3	48.7	
10	190	Jan Thomas Jenssen Hommelvik Idrettslag	NOR	23:34.5	49.9	
11	183	Simon Hjelmeset Kirkeeide Bygdø Idrettslag	NOR	23:38.3	53.7	
12	182	David Thorvik Kjelsås Idrettslag	NOR	23:40.3	55.7	
13	5	Erlend Hauan Tromsø Skiklubb Langrenn	NOR	23:41.2	56.6	
14	172	Espen Aakervik Fet Skiklubb	NOR	23:45.5	1:00.9	
15	193	Iver Wang Johansen Bygdø Idrettslag	NOR	23:46.0	1:01.4	
16	188	Magnus Harr Lian Klæbu Idrettslag	NOR	23:48.9	1:04.3	
17	155	Preben Horven Bossmo & Ytteren IL	NOR	23:49.7	1:05.1	
18	151	Sindre Bjørnstad Skar Bærum Verk Hauger Idrettsforening	NOR	23:51.1	1:06.5	
19	106	Vemund Totsås Johnsborg Leksdal Idrettslag	NOR	23:53.0	1:08.4	
20	173	Daniel Sandvand Omfjord Oddersjaa Ssk	NOR	23:54.1	1:09.5	
21	156	Iver Tildheim Andersen Rustad Idrettslag	NOR	23:55.3	1:10.7	



Offisiell Resultatliste

Rank	Bib	Name Club	NSA	Finish	Behind	FIS
22	187	Øystein Sendstad Åsen Idrettslag	NOR	23:57.0	1:12.4	
23	180	Henrik Dønnestad Gulset Idrettsforening	NOR	23:58.2	1:13.6	
24	162	Magne Haga Åsen Idrettslag	NOR	23:59.7	1:15.1	
25	184	Lars Michael Saab Bjertnæs Njård	NOR	24:01.1	1:16.5	
26	168	Sondre Skomedal Ramse Otra IL	NOR	24:06.1	1:21.5	
27	189	Edvin Ingebrigtsen Bratsberg Idrettslag	NOR	24:06.6	1:22.0	
28	140	Sondre Brattabø Osterøy Idrottslag	NOR	24:08.5	1:23.9	
29	165	Sander Haukvik-Jensen Årvoll Idrettslag	NOR	24:09.7	1:25.1	
30	21	Jørgen Baklid Konnerud Idrettslag	NOR	24:10.9	1:26.3	
31	158	Eirik Mysen Bygdø Idrettslag	NOR	24:11.5	1:26.9	
32	4	Håvard Hovde MjøsSki	NOR	24:12.2	1:27.6	
33	191	Ole Morten Engesvold Flataker Hommelvik Idrettslag	NOR	24:12.6	1:28.0	
34	161	Magnus Nikolai Sedeniussen Lyn Ski	NOR	24:13.0	1:28.4	
35	123	Kristian Kollerud Konnerud Idrettslag	NOR	24:13.6	1:29.0	
36	181	Albert Sunde Øhlschlägel Lillehammer Skiklub	NOR	24:13.8	1:29.2	
37	147	Sander Teisbekk Lillehammer Skiklub	NOR	24:15.1	1:30.5	
38	171	Ulrik Auestad Tollefsen Åsen Idrettslag	NOR	24:17.1	1:32.5	
39	157	Olve Johansen Rye Byåsen Idrettslag	NOR	24:18.6	1:34.0	
40	125	Finn-Hågen Krogh Tverrelvdalen Idrettslag	NOR	24:21.9	1:37.3	
41	175	William Lundberg Tromsø Skiklubb Langrenn	NOR	24:22.1	1:37.5	
42	177	Gjørn Holstad Tefre Førde Idrettslag	NOR	24:22.3	1:37.7	



Offisiell Resultatliste

Rank	Bib	Name Club	NSA	Finish	Behind	FIS
43	176	Jonas Vika MjøsSki	NOR	24:23.3	1:38.7	
44	179	Henrik Husdal Drøbak-Frogn Idrettslag	NOR	24:24.5	1:39.9	
45	104	Emil August Longva Rustad Idrettslag	NOR	24:25.7	1:41.1	
46	126	Håkon Skaanes Strindheim Idrettslag	NOR	24:25.9	1:41.3	
46	178	Lars Agnar Hjelmeset Gjelleråsen Idrettsforening	NOR	24:25.9	1:41.3	
48	115	Håvard Kne Galåen Røros Idrettslag	NOR	24:26.3	1:41.7	
49	169	Leopold Strand Njård	NOR	24:28.2	1:43.6	
50	136	Kristoffer Berset Strindheim Idrettslag	NOR	24:31.6	1:47.0	
51	124	Aleksander Elde Holmboe Bærum Verk Hauger Idrettsforening	NOR	24:38.1	1:53.5	
52	128	Linus Engdahl Torvikbukta Idrettslag	NOR	24:43.8	1:59.2	
53	137	Brage Buseth Hammerstad Haslum Idrettslag	NOR	24:44.5	1:59.9	
54	90	Tørres Bjelland Nøstdal Eid Idrettslag	NOR	24:45.0	2:00.4	
55	129	Amund Engesvold Flataker Hommelvik Idrettslag	NOR	24:45.4	2:00.8	
56	159	Johan Heni Olsen Bjørtomt Gjerdrum Idrettslag	NOR	24:45.8	2:01.2	
57	139	Ola Spigseth Nes Ski	NOR	24:46.7	2:02.1	
58	80	Andreas Lerø Røa Allianseidrettslag	NOR	24:49.4	2:04.8	
59	141	Sindre Grønflaten I.I Fjellørnen	NOR	24:51.1	2:06.5	
60	78	Herman Martens Meyer Åsen Idrettslag	NOR	24:51.6	2:07.0	
61	63	Mats Augdal Dahl Byåsen Idrettslag	NOR	24:51.9	2:07.3	
62	145	Martin Linnebo Mollestad Oddersjaa Ssk	NOR	24:52.3	2:07.7	
63	14	Magnus Wiig Støren Sportsklubb	NOR	24:53.3	2:08.7	



Offisiell Resultatliste

Rank	Bib	Name Club	NSA	Finish	Behind	FIS
64	148	Gard Lindby Røa Allianseidrettslag	NOR	24:53.5	2:08.9	
65	142	Johan Lien Nordeng Alsvåg Idrettslag	NOR	24:54.0	2:09.4	
66	154	Erik Mathisen Tromsø Skiklubb Langrenn	NOR	24:55.9	2:11.3	
67	122	Jens Kristoffer Dyrdaahl Berger Idrettslag	NOR	24:57.1	2:12.5	
68	7	Eirik Lorentsen Hommelvik Idrettslag	NOR	24:58.0	2:13.4	
69	114	Kornelius Ordemann Olsen Alta Idrettsforening	NOR	24:58.7	2:14.1	
70	91	Birk Fjellheim Bossmo & Ytteren IL	NOR	25:00.4	2:15.8	
71	100	Magnus Kavli Molde og Omegn Idrettsforening	NOR	25:01.2	2:16.6	
72	113	Oskar Eek-Reme Fana Idrettslag	NOR	25:02.8	2:18.2	
73	138	Petter Northug Strindheim Idrettslag	NOR	25:03.5	2:18.9	
74	143	Jonas Malmo Skogstad Kvaløysletta Skilag	NOR	25:05.2	2:20.6	
75	153	Nikolai Elde Holmboe Bærums Verk Hauger Idrettsforening	NOR	25:06.7	2:22.1	
76	111	Aksel Bjørkhaug Førde Idrettslag	NOR	25:08.2	2:23.6	
77	68	Marius Grønhovd Wiersdalen Nedre Sigdal Idrettsforening	NOR	25:12.3	2:27.7	
78	120	Eirik Sendstad Åsen Idrettslag	NOR	25:13.1	2:28.5	
79	54	Ask Grøtan Wang Fossum Idrettsforening	NOR	25:13.5	2:28.9	
80	73	Sondre Nikolai Norheim Eidsvold Værks Skiklub	NOR	25:14.1	2:29.5	
81	39	Isak Alvar Lundholm NTNUI	SWE	25:14.6	2:30.0	
82	61	Martin Reppen Spillum Idrettslag	NOR	25:15.1	2:30.5	
83	107	Fredrik Strande Bruun Gui Sportsklubb	NOR	25:16.5	2:31.9	
84	12	Styrk Hundseid Kamsvåg Konnerud Idrettslag	NOR	25:16.7	2:32.1	



Offisiell Resultatliste

Rank	Bib	Name Club	NSA	Finish	Behind	FIS
85	105	Iver Synstnes Hole Åndalsnes Idrettsforening	NOR	25:17.7	2:33.1	
86	127	Jon Rolf Skamo Hope Hyen Idrettslag	NOR	25:18.8	2:34.2	
87	83	Johan Fredriksen Orset Torvikbukta Idrettslag	NOR	25:21.4	2:36.8	
87	150	Jørgen Harby Brøttum Idrettslag	NOR	25:21.4	2:36.8	
89	93	Oliver Finstad Nytrøen Eidsvold Værks Skiklub	NOR	25:21.9	2:37.3	
90	149	Andreas Hermansen Vang Skiløperforening	NOR	25:22.4	2:37.8	
91	72	Vegard Veisetaune Tverlandet Idrettslag	NOR	25:24.6	2:40.0	
92	133	Oskar Lockert Skjold Åsen Idrettslag	NOR	25:25.3	2:40.7	
93	81	Håvard Kolbeinsvik Sauda Idrettslag	NOR	25:26.7	2:42.1	
94	94	Bjørnar Stensrud Tyribakken Bromma Idrettslag	NOR	25:27.2	2:42.6	
95	167	Birk Møller Gundersen Lyn Ski	NOR	25:27.3	2:42.7	
96	74	Nicholas Torvund Idrettsforeningen Ørn	NOR	25:28.3	2:43.7	
97	6	Morten André Skånøy Søråas IL Skauga	NOR	25:28.8	2:44.2	
98	59	Matz William Jenssen Njård	NOR	25:29.2	2:44.6	
99	103	Philip Drivenes Nes Ski	NOR	25:29.5	2:44.9	
100	67	Ola Aurmo Lom Idrettslag	NOR	25:29.6	2:45.0	
101	99	Sondre Bjørkeng Pedersen Nes Ski	NOR	25:31.3	2:46.7	
102	101	Sondre Albrigtsen Bjørnstad Henning Skilag	NOR	25:32.6	2:48.0	
103	134	Eskil Skarstein Rød Oppgård Idrettslag	NOR	25:33.7	2:49.1	
104	146	Gabriel Winston Gledhill Brøttum Idrettslag	GBR	25:33.9	2:49.3	
105	131	Olav Fugelsøy Surnadal Idrettslag	NOR	25:35.5	2:50.9	



Offisiell Resultatliste

Rank	Bib	Name Club	NSA	Finish	Behind	FIS
106	132	Lars Sørensen Rustad Idrettslag	NOR	25:36.5	2:51.9	
107	23	Beinn Horsfall NTNUI	GBR	25:36.7	2:52.1	
108	108	Halvor Kleiv Vinje Idrettslag	NOR	25:36.9	2:52.3	
109	109	Mats Opsal MjøsSki	NOR	25:40.3	2:55.7	
110	53	Christian Tobias Bøgeberg Ranheim Skiklubb	NOR	25:41.1	2:56.5	
111	76	Mads Arnevik Jensen Heimdal-Ski	NOR	25:43.9	2:59.3	
112	119	Marcus Dahl-Rismyhr Trøsken Idrettslag	NOR	25:44.4	2:59.8	
113	117	Emil Andreassen Skaftnes Ullensaker Skiklubb	NOR	25:45.4	3:00.8	
114	102	Sivert Borgen Østre Toten Skilag	NOR	25:45.6	3:01.0	
115	58	Peder Elias Nordseth Snertingdal IF Ski	NOR	25:46.8	3:02.2	
116	89	Eirik Tobias Sørbråten Nittedal Idrettslag	NOR	25:49.0	3:04.4	
117	112	Åsmund Samnøy Skjeldal Voss Idrettslag	NOR	25:50.3	3:05.7	
118	92	Ask Jørgensen If Kilkameratene	NOR	25:52.7	3:08.1	
119	82	Are Fossheim Spillum Idrettslag	NOR	25:54.0	3:09.4	
120	152	Harald Astrup Arnesen Heming Idrettslaget	NOR	25:54.8	3:10.2	
121	17	Magnus Riseth Pedersen Steinkjer Skiklubb	NOR	25:54.9	3:10.3	
122	97	August Hovde Gjøvik Skiklubb	NOR	25:56.0	3:11.4	
123	16	Øistein Fagerli Næss Gjerdrum Idrettslag	NOR	25:56.9	3:12.3	
123	30	Sander Lillebudal Idrettslaget Leik	NOR	25:56.9	3:12.3	
125	118	Lars Young Vik Njård	AUS	25:57.3	3:12.7	
126	163	Andreas Bergsland Trøsken Idrettslag	NOR	25:57.6	3:13.0	



Offisiell Resultatliste

Rank	Bib	Name Club	NSA	Finish	Behind	FIS
127	71	Audun Nesheim Hægeland Rustad Idrettslag	NOR	25:58.1	3:13.5	
128	130	Filip Glittenberg Holt Nes Ski	NOR	26:01.3	3:16.7	
129	98	Tor Olav Nesheim Hægeland Rustad Idrettslag	NOR	26:01.7	3:17.1	
130	56	Robin Sælen Idrettslaget Imås	NOR	26:02.5	3:17.9	
131	41	Tobias Grendstad Klæbu Idrettslag	NOR	26:06.0	3:21.4	
132	84	Frode Hymer Ås Idrettslag	ISL	26:06.8	3:22.2	
133	95	Jostein Tandberg Kjelsås Idrettslag	NOR	26:07.5	3:22.9	
134	44	Simon Salinas Hannestad Kjelsås Idrettslag	NOR	26:08.6	3:24.0	
135	69	August Marendor Hauger Åsen Idrettslag	NOR	26:10.7	3:26.1	
136	52	Jørgen Landmark Johansen Lillehammer Skiklub	NOR	26:15.2	3:30.6	
137	40	Bernt Emil Finserås Rognes Utleira Idrettslag	NOR	26:15.8	3:31.2	
138	85	Jørgen Løken Eidsvold Værks Skiklub	NOR	26:15.9	3:31.3	
139	43	Alexander Mietinen Idrettslaget Polarstjernen	NOR	26:18.3	3:33.7	
140	96	Fredrik Haugen Strandhaug Lillehammer Skiklub	NOR	26:18.4	3:33.8	
141	77	Johannes Listhaug Utleira Idrettslag	NOR	26:19.2	3:34.6	
142	35	Jakob Vebjørn Pettersson Hamar Skiklubb	SWE	26:19.6	3:35.0	
143	10	Håkon Gorseth Halvorsen Støren Sportsklubb	NOR	26:20.9	3:36.3	
144	60	Magnus Tobiassen Eiker Skiklubb	DEN	26:21.4	3:36.8	
145	45	Adrian Oanes Sjøli Klæbu Idrettslag	NOR	26:23.3	3:38.7	
146	116	Filip Osnes-Ringen Lyn Ski	NOR	26:23.4	3:38.8	
147	37	Herman Møller Gløersen Bygdø Idrettslag	NOR	26:25.1	3:40.5	



Offisiell Resultatliste

Rank	Bib	Name Club	NSA	Finish	Behind	FIS
148	33	Elias Nikolai Veseth Høgbakk Nordreisa Idrettslag	NOR	26:26.4	3:41.8	
149	70	Mario Schlögel Hamar Skiklubb	AUT	26:33.6	3:49.0	
150	62	Tony André Höfler Kristiansen IL Pioner Ski	NOR	26:38.0	3:53.4	
151	144	Jørgen Schjølberg Tynset Idrettsforening	NOR	26:38.8	3:54.2	
152	110	Elling Broberg Jevnaker Idrettsforening Ski	NOR	26:40.9	3:56.3	
153	46	Åsbjørn Langeland Øvland IL Vindbjart	NOR	26:45.0	4:00.4	
154	79	Lars Olav Aspheim Kåsa Gulset Idrettsforening	NOR	26:49.0	4:04.4	
155	18	Erik Munch-Finne NTNUI	NOR	26:50.3	4:05.7	
155	86	Eivind Luka Gjerdrum Idrettslag	NOR	26:50.3	4:05.7	
157	50	Fredrik Lie Brørs Beitstad Idrettslag	NOR	26:52.3	4:07.7	
158	65	Oscar Creutzer Langslet Idrettslaget Ivrig	SWE	26:56.6	4:12.0	
159	38	Andreas Olsen Tomta Byåsen Idrettslag	NOR	26:59.0	4:14.4	
160	64	Erik Løfald Rindal Idrettslag	NOR	26:59.3	4:14.7	
161	66	Eirik Fjeld Hamar Skiklubb	NOR	27:04.2	4:19.6	
162	47	Laurits Linge Glomnes Valldal Idrettslag	NOR	27:18.5	4:33.9	
163	22	Martin Stramrud Hamar Skiklubb	NOR	27:21.6	4:37.0	
164	51	Taschi Sherpa Klaschka Røa Allianseidrettslag	CAN	27:25.7	4:41.1	
165	1	Lars Sander Viken NTNUI	NOR	27:28.0	4:43.4	
166	87	Noah Christoffer Nielsen Nylund If Kilkameratene	NOR	27:30.9	4:46.3	
167	28	Sindre Syvertsen Overen Kolbu KK	NOR	27:32.7	4:48.1	
168	32	Anders Eliassen Bergland Nordreisa Idrettslag	NOR	27:42.6	4:58.0	



Offisiell Resultatliste

Rank	Bib	Name Club	NSA	Finish	Behind	FIS
169	34	Morten Grut Meldal Sportsklubb	NOR	27:48.5	5:03.9	
170	75	Eirik Hella Gui Sportsklubb	NOR	27:54.4	5:09.8	
171	36	Hermann Skram Botterud Bærum's Skiklub	NOR	27:57.5	5:12.9	
172	48	Petter Østtun IL Varden Meråker	NOR	28:00.4	5:15.8	
173	20	Per Morten Finstad NTNUI	NOR	28:00.8	5:16.2	
174	11	Brian Hofstad Skatval Skilag	NOR	28:01.0	5:16.4	
175	3	Arnstein Finstad Steinkjer Skiklubb	NOR	28:02.6	5:18.0	
176	27	Hamish William Drysdale Wolfe Øystre Slidre Idrettslag	GBR	28:19.0	5:34.4	
177	8	Kristian Skjeldal Bulken Idrettslag	NOR	28:19.3	5:34.7	
178	26	Vemund Trebostad Viken Spillum Idrettslag	NOR	28:19.6	5:35.0	
179	25	Aasmund Skurdal Kjelsås Idrettslag	NOR	29:00.5	6:15.9	
180	42	Marius Mikkelsen Alta Idrettsforening	NOR	29:07.3	6:22.7	
181	55	Thomas Heyn Gjerdrum Idrettslag	NOR	29:10.8	6:26.2	
182	29	Ástmar Helgi Kristinsson Nittedal Idrettslag	ISL	29:12.6	6:28.0	
183	57	David Bertnes Leite Innstranda IL	NOR	29:18.8	6:34.2	
184	31	Niklas Almås Byåsen Idrettslag	NOR	29:29.8	6:45.2	
185	24	Matthew Craig Smith Fjellhamar Triatlonklubb	RSA	29:56.2	7:11.6	
186	2	Eivind Aarnes Nilsen Bækkelaget's Sportsklub	NOR	30:34.3	7:49.7	
187	13	Mathias Hansen Spillum Idrettslag	NOR	30:50.2	8:05.6	
188	9	Hannes Malte Hov NTNUI	NOR	30:57.9	8:13.3	
189	15	Tore Lindefjeld NTNUI	NOR	31:17.8	8:33.2	



Offisiell Resultatliste

Rank	Bib	Name Club	NSA	Finish	Behind	FIS
190	19	Simen Fritzner NTNUI	NOR	31:18.8	8:34.2	
191	49	Emil Håkon Lier Asker Skiklubb	NOR	33:43.2	10:58.6	
-	88	Jostein Karlsen Brøttum Idrettslag	-	DNS		
-	121	Fredrik Sjøholt Bækkelaget's Sportsklub	-	DNF		
-	135	Simen Gløgård Stensrud Nittedal Idrettslag	-	DNS		

Jury

CHIEF OF COMPETITION	Morten Vannebo (NOR)
TECHNICAL DELEGATE	Geir Mauseth (NOR)
ASSISTANT TECHNICAL DELEGATE	Trond Iversen (NOR)
JURY MEMBER	Anton Killi Ringen (NOR)

Course

Name	Default
HEIGHT DIFFERENCE (HD)	64 m
MAXIMUM CLIMB (MC)	43 m
TOTAL CLIMB (TC)	186 m
LENGTH OF LAP	5.3 km
NUMBER OF LAPS	2



Offisiell Resultatliste

Number of Competitors: 0 Number of Nations: 2

Rank	Bib	Name Club	NSA	Finish	Behind	FIS
1	2	Kristin Austgulen Fosnæs Fossum Idrettsforening	NOR 30 MAY 2000	1:01:03.1	0.0	
2	3	Anne Kjersti Kalvå Lundamo Idrettslag	NOR 5 JUN 1992	1:01:11.0	7.9	
3	1	Nora Sanness Kjelsås Idrettslag	NOR 27 MAR 2000	1:01:12.8	9.7	
4	12	Sofie Nordsveen Hustad Kjelsås Idrettslag	NOR 26 NOV 1996	1:01:30.5	27.4	
5	37	Marthe Johanne Hjelmeset Gjelleråsen Idrettsforening	NOR 25 FEB 2004	1:01:35.5	32.4	
6	4	Marte Mikkelsplass Bromma Idrettslag	NOR 25 NOV 2002	1:01:53.7	50.6	
7	13	Oline Vestad Vågå Idrettslag	NOR 30 MAR 2004	1:02:18.8	1:15.7	
8	15	Tale Bruheim Breiding Henning Skilag	NOR 14 SEP 2001	1:02:55.7	1:52.6	
9	9	Mari Nordlunde Gausdal Skiklubb	NOR 4 OCT 1998	1:02:57.8	1:54.7	
10	7	Hedda Bakkemo Gjøvik Skiklubb	NOR 25 JUN 2001	1:03:09.9	2:06.8	
11	16	Lea Stabæk Wenaas Røa Allianseidrettslag	NOR 17 SEP 2001	1:03:40.3	2:37.2	
12	20	Tiril Liverud Knudsen Konnerud Idrettslag	NOR 31 AUG 1998	1:03:46.3	2:43.2	
13	28	Mille Marie Storlien Lillehammer Skiklub	NOR 8 MAY 2004	1:04:01.2	2:58.1	
14	8	Guro Bostad Strindheim Idrettslag	NOR 5 MAY 1996	1:04:25.7	3:22.6	
15	10	Tuva Anine Brusveen-Jensen Lyn Ski	NOR 30 OCT 2003	1:04:32.4	3:29.3	
16	27	Hanna Eckhardt Andersen Byåsen Idrettslag	NOR 10 SEP 2002	1:04:46.0	3:42.9	
17	6	Anna Heggen Harestua Idrettslag	NOR 8 AUG 2002	1:04:49.9	3:46.8	
18	19	Nora Christine Hansen Asker Skiklubb	NOR 30 OCT 2005	1:04:53.5	3:50.4	
19	14	Mari Landro Svingheim Konnerud Idrettslag	NOR 20 MAR 2001	1:05:06.9	4:03.8	
20	22	Kristine Hjellbakk Hole Sunnylven Idrottslag	NOR 29 MAY 2002	1:05:07.2	4:04.1	
21	35	Lone Lorgen Øvrebust Stordal Idrottslag	NOR 3 MAY 2003	1:05:11.3	4:08.2	



Offisiell Resultatliste

Rank	Bib	Name Club	NSA	Finish	Behind	FIS
22	21	Nora Sødal Raastad Lyn Ski	NOR 25 NOV 2003	1:05:20.6	4:17.5	
23	39	Johanne Bjugan Leksdal Idrettslag	NOR 24 MAR 2006	1:05:20.7	4:17.6	
24	65	Amalie Ous Mollatt Nes Ski	NOR 23 APR 1996	1:05:34.5	4:31.4	
25	26	Victoria Hammersmark Nitteberg Nesodden IF	NOR 30 JUL 2003	1:05:56.8	4:53.7	
26	63	Mabel Ovedie Herskedal Amundsen Byaasen Skiklub	NOR 18 JUL 2003	1:06:16.0	5:12.9	
27	40	Synne Selberg Gjelleråsen Idrettsforening	NOR 30 SEP 2003	1:06:20.3	5:17.2	
28	29	Ingvild Julie Schrøder Brennhovd Lyn Ski	NOR 17 JAN 2003	1:06:31.2	5:28.1	
29	33	Eline Klevberg Lerfall Lånke Idrettslag	NOR 2 NOV 2005	1:06:43.2	5:40.1	
30	50	Mathea Tegdal IL Skrim	NOR 10 MAY 2005	1:06:48.9	5:45.8	
31	55	Sara Hovde MjøsSki	NOR 4 NOV 2005	1:06:52.3	5:49.2	
32	36	Elise Fredheim Simonsen Trøsken Idrettslag	NOR 2 FEB 2004	1:06:56.2	5:53.1	
33	31	Julie Jeistad Lismarka Idrettslag	NOR 15 DEC 2003	1:06:57.6	5:54.5	
34	25	Mina Sofie Kjærås Moland Stokke Idrettslag	NOR 2 FEB 2004	1:07:37.1	6:34.0	
35	34	Ida Ramstad Moelven Idrettslag	NOR 1 MAY 2001	1:07:55.3	6:52.2	
36	18	Margrete Røssum Dyrhovd Krødsherad Idrettslag	NOR 8 SEP 1993	1:07:55.4	6:52.3	
37	54	Andrine Rønning IL Aasguten	NOR 18 JAN 2005	1:08:14.9	7:11.8	
38	30	Marianne Haug Bjerke Idrettslag Ski	NOR 2 AUG 2003	1:08:23.1	7:20.0	
39	17	Tabitha Williams Lillehammer Skiklub	GBR 8 NOV 2004	1:08:27.6	7:24.5	
40	41	Tine Alfstad Olsen Viking Turn og Idrettsforening	NOR 6 MAY 2005	1:08:43.4	7:40.3	
41	32	Ragnhild Aarekol Vindafjord Idrettslag	NOR 25 JUL 2001	1:08:46.3	7:43.2	
42	51	Mia Mossige IL Varden Meråker	NOR 12 AUG 2004	1:08:47.6	7:44.5	



Offisiell Resultatliste

Rank	Bib	Name Club	NSA	Finish	Behind	FIS
43	23	Thea Sørum Hamar Skiklubb	NOR 27 MAR 2000	1:09:36.3	8:33.2	
44	45	Emma Bangstad Bergersen Hamar Skiklubb	NOR 20 JUN 2003	1:09:53.1	8:50.0	
45	44	Tora Rønneberg Weng Eidsberg Idrettslag	NOR 24 APR 2005	1:10:01.2	8:58.1	
46	47	Elin Uppstad Valle Idrottslag	NOR 2 OCT 1999	1:10:03.2	9:00.1	
47	57	Mari Vang Tynset Idrettsforening	NOR 7 SEP 2005	1:10:08.3	9:05.2	
48	53	Siri Lindbergsengen Nesheim Bærums Skiklub	NOR 24 AUG 2004	1:10:34.2	9:31.1	
49	42	Stina Hillestad Hafslo Idrettslag	NOR 13 MAY 2002	1:10:53.5	9:50.4	
50	58	Emma Kristine Skjerstad Nittedal Idrettslag	NOR 3 JUL 1990	1:11:06.1	10:03.0	
51	56	Kaja Kvalvåg Hetlelid Hjelmeland Idrettslag	NOR 8 MAR 2005	1:11:40.8	10:37.7	
52	52	Carina Sveen Strandbygda Idrettslag	NOR 1 JUN 2001	1:12:00.7	10:57.6	
53	49	Tirill Marie Møller Gundersen Lyn Ski	NOR 18 MAY 2003	1:12:13.9	11:10.8	
54	60	Oda Elise Berg Leksvik Idrettslag	NOR 9 JAN 2005	1:12:15.8	11:12.7	
55	61	Eva Helene Andberg Rustad Idrettslag	NOR 26 JUN 2005	1:13:02.4	11:59.3	
56	59	Embla Aksnes Hommelvik Idrettslag	NOR 4 JUL 2005	1:14:14.0	13:10.9	
57	69	Mie Christine Stangeland Sørensen NTNUI	NOR 13 AUG 2004	1:14:27.2	13:24.1	
58	70	Anniken Jørgensen Ringen Mosjøen IL	NOR 5 MAR 1992	1:18:21.2	17:18.1	
-	5	Kari Øyre Slind Oppdal Idrettslag	- 22 OCT 1991	DSQ		
-	11	Marie Risvoll Amundsen Fauske IL Langrenn	- 26 OCT 2003	DNF		
-	24	Ingeborg Andberg Stenersen Kvaløysletta Skilag	- 19 DEC 2003	DNF		
-	38	Ingrid Andréa Gulbrandsen Bardufoss og Omegn Idrettsforening	- 1 JAN 2000	DNF		
-	43	Celina Karin Staurland Staavi Gjesdal Idrettslag	- 28 SEP 2002	DNF		



Offisiell Resultatliste

Rank	Bib	Name Club	NSA	Finish	Behind	FIS
-	46	Synne Ophaug Røthe Voss Idrettslag	- 1 AUG 2005	DNS		
-	48	Kine Evensen Rye-Holmboe Lillehammer Skiklub	- 8 JUL 2003	DNS		
-	62	Hannah Schjetne Gjøvik Skiklubb	- 21 JUL 2004	DNS		
-	64	Jenny Axisa Eriksen Andebu Idrettslag	- 4 APR 2005	DNS		
-	66	Ronja Håkenstad Evertsen Øystre Slidre Idrettslag	- 26 OCT 2000	DNF		
-	67	Hanne Sæther Garberg Orkdal Idrettslag	- 4 JAN 1999	DNF		
-	68	Camilla Brørs Beitstad Idrettslag	- 26 NOV 2003	DNF		

Jury Decisions

Name	Decision	Rule / Reason
BRUSVEEN-JENSEN Tuva Anine	Yellow card	ICR 343.6 – Follow the marked course
SIMONSEN Elise Fredheim	Yellow card	ICR 343.6 – Follow the marked course
MIKKELSPLASS Marte	Yellow card	ICR 343.6 – Follow the marked course
ØVREBUST Lone Lorgen	Yellow card	ICR 310.2.2.3 / ICR 343.8 – Technique
SLIND Kari Øyre	Disqualification	ICR 343.6 – Follow the marked course

Jury

CHIEF OF COMPETITION	Morten Vannebo (NOR)
TECHNICAL DELEGATE	Geir Mauseth (NOR)
ASSISTANT TECHNICAL DELEGATE	Trond Iversen (NOR)
JURY MEMBER	Anton Killi Ringen (NOR)

Course

Name	5,0 km
HEIGHT DIFFERENCE (HD)	64 m
MAXIMUM CLIMB (MC)	43 m
TOTAL CLIMB (TC)	186 m
LENGTH OF LAP	5.3 km
NUMBER OF LAPS	4



Offisiell Resultatliste

Number of Competitors: 0 Number of Nations: 5

Rank	Bib	Name Club	NSA	Finish	Behind	FIS
1	4	Jan Thomas Jenssen Hommelvik Idrettslag	NOR 1 APR 1996	52:29.1	0.0	20.00
2	2	Andreas Fjorden Ree Støren Sportsklubb	NOR 16 APR 2000	52:29.4	0.3	20.13
3	5	Martin Kirkeberg Mørk Drammens Ballklubb	NOR 16 JAN 2001	52:29.7	0.6	20.27
4	7	Kasper Andersson Herland Hemsedal Idrettslag	NOR 8 MAY 2001	52:33.9	4.8	22.13
5	1	Simen Hegstad Krüger Lyn Ski	NOR 13 MAR 1993	52:37.1	8.0	23.56
6	3	Iver Tildheim Andersen Rustad Idrettslag	NOR 29 SEP 2000	52:48.2	19.1	28.49
7	6	Thomas Linnebo Mollestad Oddersjaa Ssk	NOR 18 JAN 2003	53:09.9	40.8	38.14
8	14	Karsten Andre Vestad Molde og Omegn Idrettsforening	NOR 23 JAN 2001	53:11.2	42.1	38.72
9	25	Øystein Sendstad Åsen Idrettslag	NOR 18 SEP 2001	53:11.4	42.3	38.81
10	36	Sander Haukvik-Jensen Årvoll Idrettslag	NOR 9 OCT 2004	53:11.6	42.5	38.89
11	16	Lars Agnar Hjelmeset Gjelleråsen Idrettsforening	NOR 18 AUG 2001	53:12.9	43.8	39.47
12	11	Magne Haga Åsen Idrettslag	NOR 14 SEP 1994	53:13.1	44.0	39.56
13	13	Sivert Leander Johansen Drammens Ballklubb	NOR 4 DEC 1999	53:13.3	44.2	39.65
14	41	Simen Gløggård Stensrud Nittedal Idrettslag	NOR 22 JAN 2005	53:14.6	45.5	40.23
15	9	Jonas Vika MjøSki	NOR 12 MAY 2001	53:18.0	48.9	41.74
16	27	Olve Johansen Rye Byåsen Idrettslag	NOR 8 FEB 2000	53:19.7	50.6	42.50
17	48	Sondre Brattabø Osterøy Idrottslag	NOR 3 FEB 2005	53:21.8	52.7	43.43
18	40	Finn-Hågen Krogh Tverrelvdalen Idrettslag	NOR 6 SEP 1990	53:23.9	54.8	44.36
19	20	Albert Sunde Øhlschlägel Lillehammer Skiklub	NOR 17 JUL 1999	53:25.6	56.5	45.12
20	38	Ulrik Auestad Tollefsen Åsen Idrettslag	NOR 24 SEP 2003	53:26.9	57.8	45.70
21	17	Lars Michael Saab Bjertnæs Njård	NOR 21 JAN 2004	53:30.2	1:01.1	47.16



Offisiell Resultatliste

Rank	Bib	Name Club	NSA	Finish	Behind	FIS
22	56	Sindre Grønflaten I.I Fjellørnen	NOR 4 APR 1995	53:33.0	1:03.9	48.41
23	80	Vemund Totsås Johnsborg Leksdal Idrettslag	NOR 2 JUL 2005	53:47.5	1:18.4	54.85
24	8	Henrik Dønnestad Gulset Idrettsforening	NOR 12 OCT 1996	53:56.2	1:27.1	58.72
25	43	Sindre Bjørnstad Skar Bærums Verk Hauger Idrettsforening	NOR 22 JAN 1992	54:02.0	1:32.9	61.30
26	45	Jon Rolf Skamo Hope Hyen Idrettslag	NOR 17 FEB 1998	54:03.3	1:34.2	61.88
27	23	Iver Wang Johansen Bygdø Idrettslag	NOR 18 FEB 2000	54:04.0	1:34.9	62.19
28	42	Sander Teisbekk Lillehammer Skiklub	NOR 19 APR 2002	54:17.2	1:48.1	68.06
29	34	Leopold Strand Njård	NOR 17 MAR 2007	54:26.4	1:57.3	72.15
30	30	Ole Morten Engesvold Flataker Hommelvik Idrettslag	NOR 7 FEB 1997	54:34.8	2:05.7	75.88
31	31	William Lundberg Tromsø Skiklubb Langrenn	NOR 8 APR 2003	54:37.2	2:08.1	76.95
32	24	Edvin Ingebrigtsen Bratsberg Idrettslag	NOR 24 JAN 2001	54:44.1	2:15.0	80.02
33	21	Casper Kvam Grindhagen Byaasen Skiklub	NOR 16 APR 2004	54:49.7	2:20.6	82.51
34	37	Preben Horven Bossmo & Ytteren IL	NOR 28 JAN 2002	54:52.4	2:23.3	83.71
35	18	Magnus Harr Lian Klæbu Idrettslag	NOR 20 SEP 2000	54:52.7	2:23.6	83.84
36	28	Henrik Husdal Drøbak-Frogn Idrettslag	NOR 29 AUG 1998	54:53.4	2:24.3	84.15
37	51	Johan Lien Nordeng Alsvåg Idrettslag	NOR 2 SEP 2003	54:54.4	2:25.3	84.60
38	12	Espen Aakervik Fet Skiklubb	NOR 19 APR 2001	55:07.4	2:38.3	90.38
39	29	Magnus Nikolai Sedeniussen Lyn Ski	NOR 29 DEC 2001	55:13.5	2:44.4	93.09
40	64	Jens Kristoffer Dyrdaahl Berger Idrettslag	NOR 28 JUN 2005	55:14.0	2:44.9	93.31
41	47	Ola Spigseth Nes Ski	NOR 18 AUG 2002	55:14.1	2:45.0	93.35
42	55	Eskil Skarstein Rød Oppegård Idrettslag	NOR 13 APR 2005	55:18.9	2:49.8	95.49



Offisiell Resultatliste

Rank	Bib	Name Club	NSA	Finish	Behind	FIS
43	50	Kristian Kongssund Næroset Idrettslag	NOR 19 APR 2004	55:23.3	2:54.2	97.44
44	44	Kristian Kollerud Konnerud Idrettslag	NOR 27 AUG 2004	55:45.9	3:16.8	107.49
45	90	Aksel Bjørkhaug Førde Idrettslag	NOR 14 OCT 2005	55:47.8	3:18.7	108.34
46	10	Sondre Skomedal Ramse Otra IL	NOR 8 MAR 1998	55:51.4	3:22.3	109.94
47	69	Lars Sørensen Rustad Idrettslag	NOR 26 FEB 1998	55:54.1	3:25.0	111.14
48	76	Birk Fjellheim Bossmo & Ytteren IL	NOR 8 JUL 2003	56:00.1	3:31.0	113.80
49	49	Kristoffer Berset Strindheim Idrettslag	NOR 20 JAN 1999	56:00.2	3:31.1	113.85
50	72	Bjørnar Stensrud Tyribakken Bromma Idrettslag	NOR 23 MAY 1999	56:02.7	3:33.6	114.96
51	74	August Hovde Gjøvik Skiklubb	NOR 27 JUN 2004	56:06.4	3:37.3	116.61
52	70	Iver Synstnes Hole Åndalsnes Idrettsforening	NOR 6 SEP 2003	56:07.5	3:38.4	117.09
53	32	Daniel Sandvand Omfjord Oddersjaa Ssk	NOR 20 FEB 2004	56:08.8	3:39.7	117.67
54	35	Birk Møller Gundersen Lyn Ski	NOR 7 JUL 2001	56:13.4	3:44.3	119.72
55	67	Jørgen Harby Brøttum Idrettslag	NOR 8 JAN 2001	56:16.0	3:46.9	120.87
56	75	Kornelius Ordemann Olsen Alta Idrettsforening	NOR 17 JUN 2005	56:28.0	3:58.9	126.21
57	103	Herman Martens Meyer Åsen Idrettslag	NOR 12 JAN 1997	56:38.7	4:09.6	130.97
58	61	Oskar Lockert Skjold Åsen Idrettslag	NOR 17 DEC 2002	56:38.8	4:09.7	131.01
59	33	Johan Heni Olsen Bjørtomt Gjerdrum Idrettslag	NOR 14 APR 1999	56:47.7	4:18.6	134.97
60	57	Linus Engdahl Torvikbukt Idrettslag	NOR 16 FEB 2004	56:49.0	4:19.9	135.54
61	59	Gard Lindby Røa Allianseidrettslag	NOR 29 DEC 2003	56:50.1	4:21.0	136.03
62	108	Sondre Nikolai Norheim Eidsvold Værks Skiklub	NOR 11 APR 2005	57:00.3	4:31.2	140.57
63	81	Oskar Eek-Reme Fana Idrettslag	NOR 24 JUN 2005	57:00.4	4:31.3	140.61



Offisiell Resultatliste

Rank	Bib	Name Club	NSA	Finish	Behind	FIS
64	77	Eirik Sendstad Åsen Idrettslag	NOR 18 SEP 2001	57:00.5	4:31.4	140.66
65	85	Tørres Bjelland Nøstdal Eid Idrettslag	NOR 18 FEB 2005	57:02.6	4:33.5	141.59
66	94	Philip Drivenes Nes Ski	NOR 6 DEC 2000	57:05.4	4:36.3	142.84
67	84	Eirik Tobias Sørbråten Nittedal Idrettslag	NOR 30 SEP 2003	57:11.7	4:42.6	145.64
68	63	Amund Engesvold Flataker Hommelvik Idrettslag	NOR 19 JAN 2003	57:12.8	4:43.7	146.12
69	125	Peder Elias Nordseth Snertingdal IF Ski	NOR 28 JUN 2003	57:23.8	4:54.7	151.02
70	53	Håkon Skaanes Strindheim Idrettslag	NOR 1 SEP 1999	57:31.3	5:02.2	154.35
71	106	Nicholas Torvund Idrettsforeningen Ørn	NOR 8 MAY 2005	57:31.7	5:02.6	154.53
72	102	Vegard Veisetaune Tverlandet Idrettslag	NOR 18 JUL 2005	57:36.8	5:07.7	156.79
73	124	Ola Aurmo Lom Idrettslag	NOR 1 MAY 2003	57:37.5	5:08.4	157.11
74	117	August Marendor Hauger Åsen Idrettslag	NOR 28 OCT 2005	57:40.3	5:11.2	158.35
75	126	Matz William Jenssen Njård	NOR 2 MAR 2001	57:40.8	5:11.7	158.57
76	78	Sivert Borgen Østre Toten Skilag	NOR 22 JUL 2004	57:42.8	5:13.7	159.46
77	52	Brage Buseeth Hammerstad Haslum Idrettslag	NOR 1 APR 2002	57:46.1	5:17.0	160.93
78	95	Oliver Finstad Nytrøen Eidsvold Værks Skiklub	NOR 13 JAN 2005	57:47.0	5:17.9	161.33
79	66	Erik Mathisen Tromsø Skiklubb Langrenn	NOR 2 AUG 2002	57:53.1	5:24.0	164.04
80	82	Åsmund Samnøy Skjeldal Voss Idrettslag	NOR 8 OCT 2005	57:53.9	5:24.8	164.40
81	120	Are Fossheim Spillum Idrettslag	NOR 25 MAR 2004	57:56.7	5:27.6	165.64
82	68	Andreas Hermansen Vang Skiløperforening	NOR 22 FEB 2005	57:58.9	5:29.8	166.62
83	110	Martin Reppen Spillum Idrettslag	NOR 15 OCT 2001	57:59.4	5:30.3	166.84
84	79	Ask Jørgensen If Kilkameratene	NOR 18 FEB 2005	58:08.0	5:38.9	170.67



Offisiell Resultatliste

Rank	Bib	Name Club	NSA	Finish	Behind	FIS
85	115	Jørgen Løken Eidsvold Værks Skiklub	NOR 8 FEB 2005	58:09.8	5:40.7	171.47
86	88	Emil Andreassen Skaftnes Ullensaker Skiklubb	NOR 22 OCT 2004	58:10.7	5:41.6	171.87
87	138	Alexander Mietinen Idrettslaget Polarstjernen	NOR 19 APR 2004	58:10.8	5:41.7	171.91
88	86	Tor Olav Nesheim Hægeland Rustad Idrettslag	NOR 12 APR 1998	58:11.0	5:41.9	172.00
89	93	Magnus Kavli Molde og Omegn Idrettsforening	NOR 6 JUL 2004	58:12.5	5:43.4	172.67
90	109	Andreas Lerø Røa Allianseidrettslag	NOR 12 FEB 2003	58:16.2	5:47.1	174.31
91	71	Mats Opsal MjøsSki	NOR 21 MAR 2001	58:18.3	5:49.2	175.24
92	54	Aleksander Elde Holmboe Bærums Verk Hauger Idrettsforening	NOR 8 MAR 2002	58:27.3	5:58.2	179.25
93	146	Herman Møller Gløersen Bygdø Idrettslag	NOR 7 MAY 1999	58:28.0	5:58.9	179.56
94	65	Jonas Holten Aasbø Surnadal Idrettslag	NOR 10 AUG 1997	58:28.1	5:59.0	179.60
95	92	Elling Broberg Jevnaker Idrettsforening Ski	NOR 3 FEB 2005	58:36.0	6:06.9	183.11
96	26	Andreas Bergsland Trøsken Idrettslag	NOR 15 APR 2001	59:02.7	6:33.6	194.98
97	114	Mario Schlögel Hamar Skiklubb	AUT 6 JUN 2000	59:02.8	6:33.7	195.03
98	121	Mads Arnevik Jensen Heimdal-Ski	NOR 1 MAY 2003	59:04.1	6:35.0	195.61
99	89	Sondre Bjørkeng Pedersen Nes Ski	NOR 15 JUN 2000	59:10.0	6:40.9	198.23
100	107	Eirik Hella Gui Sportsklubb	NOR 19 MAY 2001	59:10.5	6:41.4	198.45
101	73	Fredrik Strande Bruun Gui Sportsklubb	NOR 25 OCT 2002	59:12.9	6:43.8	199.52
102	83	Sondre Albrigtsen Bjørnstad Henning Skilag	NOR 4 DEC 1999	59:16.5	6:47.4	201.12
103	133	Tobias Grendstad Klæbu Idrettslag	NOR 2 SEP 2005	59:44.1	7:15.0	213.39
104	99	Håvard Kolbeinsvik Sauda Idrettslag	NOR 21 JUN 2005	59:46.8	7:17.7	214.59
105	101	Audun Nesheim Hægeland Rustad Idrettslag	NOR 27 FEB 2003	59:48.7	7:19.6	215.43



Offisiell Resultatliste

Rank	Bib	Name Club	NSA	Finish	Behind	FIS
106	46	Harald Astrup Arnesen Heming Idrettslaget	NOR 24 APR 1995	1:00:03.3	7:34.2	221.92
107	104	Marius Grønhovd Wiersdalen Nedre Sigdal Idrettsforening	NOR 26 OCT 2004	1:00:15.4	7:46.3	227.30
108	130	Elias Nikolai Veseth Høgbakk Nordreisa Idrettslag	NOR 14 JUL 2004	1:00:18.5	7:49.4	228.68
109	112	Eirik Fjeld Hamar Skiklubb	NOR 29 JUL 2004	1:00:21.9	7:52.8	230.19
110	111	David Bertnes Leite Innstranda IL	NOR 4 MAY 2005	1:00:25.8	7:56.7	231.93
111	62	Filip Glittenberg Holt Nes Ski	NOR 25 JUL 2000	1:00:34.4	8:05.3	235.75
112	97	Noah Christoffer Nielsen Nylund If Kilkameratene	NOR 21 SEP 2004	1:00:41.9	8:12.8	239.08
113	60	Nikolai Elde Holmboe Bærums Verk Hauger Idrettsforening	NOR 8 MAR 2002	1:00:46.3	8:17.2	241.04
114	123	Johannes Listhaug Utleira Idrettslag	NOR 22 OCT 2000	1:00:47.1	8:18.0	241.40
115	128	Bernt Emil Finserås Rognes Utleira Idrettslag	NOR 30 JAN 2001	1:00:47.2	8:18.1	241.44
116	119	Mats Augdal Dahl Byåsen Idrettslag	NOR 21 JAN 2005	1:01:12.8	8:43.7	252.82
117	143	Christian Tobias Bøgeberg Ranheim Skiklubb	NOR 2 SEP 1999	1:01:13.8	8:44.7	253.27
118	118	Lars Olav Aspheim Kåsa Gulset Idrettsforening	NOR 26 SEP 2004	1:01:15.8	8:46.7	254.16
119	122	Erik Løfald Rindal Idrettslag	NOR 30 JUN 2002	1:01:19.3	8:50.2	255.71
120	132	Jakob Vebjørn Pettersson Hamar Skiklubb	SWE 21 AUG 2003	1:01:19.9	8:50.8	255.98
121	135	Adrian Oanes Sjøli Klæbu Idrettslag	NOR 14 MAY 2004	1:02:29.9	10:00.8	287.10
122	127	Tony André Höfler Kristiansen IL Pioner Ski	NOR 31 OCT 2002	1:02:49.0	10:19.9	295.59
123	134	Jørgen Landmark Johansen Lillehammer Skiklub	NOR 5 MAY 2005	1:02:51.4	10:22.3	296.66
124	142	Sander Lillebudal Idrettslaget Leik	NOR 12 NOV 2000	1:03:03.0	10:33.9	301.81
125	136	Hermann Skram Botterud Bærums Skiklub	NOR 14 SEP 1999	1:04:11.9	11:42.8	332.44
126	129	Beinn Horsfall NTNUI	GBR 27 AUG 2001	1:04:12.6	11:43.5	332.76



Offisiell Resultatliste

Rank	Bib	Name Club	NSA	Finish	Behind	FIS
127	116	Magnus Tobiassen Eiker Skiklubb	DEN 19 APR 2004	1:04:34.2	12:05.1	342.36
128	141	Andreas Olsen Tomta Byåsen Idrettslag	NOR 11 JUN 2005	1:05:05.0	12:35.9	356.05
129	140	Morten Grut Meldal Sportsklubb	NOR 13 MAR 2005	1:06:11.1	13:42.0	385.44
130	149	Kristian Skjeldal Bulken Idrettslag	NOR 5 MAY 1998	1:06:29.3	14:00.2	393.53
131	145	Marius Mikkelsen Alta Idrettsforening	NOR 7 OCT 2005	1:06:45.9	14:16.8	400.91
132	139	Hamish William Drysdale Wolfe Øystre Slidre Idrettslag	GBR 19 OCT 1998	1:07:34.7	15:05.6	422.60
-	15	David Thorvik Kjelsås Idrettslag	- 6 APR 2000	DNS		
-	19	Amund August Korsæth Trøsken Idrettslag	- 18 MAY 2000	DNS		
-	22	Gjørn Holstad Tefre Førde Idrettslag	- 25 NOV 1994	DNS		
-	39	Gabriel Winston Gledhill Brøttum Idrettslag	- 24 NOV 2002	DNF		
-	58	Martin Linnebo Mollestad Oddersjaa Ssk	- 19 OCT 2001	DNS		
-	87	Halvor Kleiv Vinje Idrottslag	- 29 OCT 2003	DNF		
-	91	Jostein Tandberg Kjelsås Idrettslag	- 28 FEB 1998	DNF		
-	96	Filip Osnes-Ringen Lyn Ski	- 7 JUL 2004	DNF		
-	98	Oscar Creutzer Langslet Idrettslaget Ivrig	- 27 MAY 2003	DNS		
-	100	Robin Sælen Idrettslaget Imås	- 9 JUN 2003	DNS		
-	105	Jostein Karlsen Brøttum Idrettslag	- 30 AUG 2001	DNF		
-	113	Frode Hymer Ås Idrettslag	- 9 DEC 2005	DNF		
-	131	Niklas Almås Byåsen Idrettslag	- 26 DEC 2005	DNS		
-	137	Ask Grøtan Wang Fossum Idrettsforening	- 28 MAY 2003	DNS		
-	144	Thomas Heyn Gjerdrum Idrettslag	- 5 FEB 1999	DNF		



Offisiell Resultatliste

Rank	Bib	Name Club	NSA	Finish	Behind	FIS
-	147	Laurits Linge Glomnes Valldal Idrettslag	- 1 JUL 2005	DNF		
-	148	Marcus Linheim Gulset Idrettsforening	- 4 MAY 1999	DNS		

Jury Decisions

Name	Decision	Rule / Reason
TOLLEFSEN Ulrik Auestad	Yellow card	ICR 343.6 – Follow the marked course
BROBERG Elling	Yellow card	ICR 310.2.2.3 / 343.8 – Technique
HOLE Iver Synstnes GLOMNES	Yellow card	ICR 343.6 – Follow the marked course
Laurits Linge TEISBEKK Sander	Yellow card	ICR 343.6 – Follow the marked course
EEK-REME Oskar	Yellow card	ICR 343.8 – Technique
		ICR 343.8 – Technique

Jury

CHIEF OF COMPETITION	Morten Vannebo (NOR)
TECHNICAL DELEGATE	Geir Mauseth (NOR)
ASSISTANT TECHNICAL DELEGATE	Trond Iversen (NOR)
JURY MEMBER	Anton Killi Ringen (NOR)

Course

Name	5,0 km
HEIGHT DIFFERENCE (HD)	64 m
MAXIMUM CLIMB (MC)	43 m
TOTAL CLIMB (TC)	186 m
LENGTH OF LAP	5.3 km
NUMBER OF LAPS	4



Rnk	Strn	Lag/Utøvere	Åktid	Diff
Kvinner senior				
1	2	Lyn Ski 1	39:15.9	0.0
	2-1	r Nora Sødal Raastad	13:18.2 (2) +0.3	13:18.2 (2) +0.3
	2-2	g Ingvild Julie Schrøder Brennhovd	13:13.9 (11) +37.4	26:32.1 (4) +26.1
	2-3	y Tuva Anine Brusveen-Jensen	12:43.7 (2) +4.6	39:15.9 (1) +0.0
2	23	Asker Skiklubb 1	39:28.6	12.6
	23-1	r Helene Ekrheim Haugen	13:26.1 (4) +8.2	13:26.1 (4) +8.2
	23-2	g Nora Christine Hansen	12:39.8 (2) +3.3	26:06.0 (1) +0.0
	23-3	y Elena Rise Johnsen	13:22.5 (4) +43.4	39:28.6 (2) +12.6
3	7	Kjelsås Idrettslag 1	39:28.8	12.8
	7-1	r Sofie Nordsveen Hustad	13:44.3 (7) +26.4	13:44.3 (7) +26.4
	7-2	g Nora Catharina Bartnes	13:05.2 (9) +28.7	26:49.6 (9) +43.5
	7-3	y Nora Sanness	12:39.1 (1) +0.0	39:28.8 (3) +12.8
4	6	Heming Idrettslaget 1	39:56.7	40.8
	6-1	r Veronika Vikhamar Schuler	13:31.5 (6) +13.6	13:31.5 (6) +13.6
	6-2	g Hedda Njå Bjørkman	12:59.0 (4) +22.5	26:30.6 (2) +24.5
	6-3	y Anna Jensen	13:26.1 (5) +47.0	39:56.7 (4) +40.8
5	4	Byåsen Idrettslag 1	40:21.6	1:05.6
	4-1	r Ingrid Wollan Benum	13:19.6 (3) +1.7	13:19.6 (3) +1.7
	4-2	g Hanna Eckhardt Andersen	13:12.0 (10) +35.5	26:31.6 (3) +25.6
	4-3	y Marthe Wilberg Rofstad	13:49.9 (6) +1:10.8	40:21.6 (5) +1:05.6
6	12	Hamar Skiklubb 1	40:23.7	1:07.7
	12-1	r Thea Sørum	13:30.9 (5) +13.0	13:30.9 (5) +13.0
	12-2	g Emma Bangstad Bergersen	13:01.5 (6) +25.0	26:32.5 (5) +26.5
	12-3	y Mari Victoria Robøle Lien	13:51.1 (7) +1:12.0	40:23.7 (6) +1:07.7
7	1	Strindheim Idrettslag 1	40:24.8	1:08.9
	1-1	r Marte Skaanes	14:09.3 (15) +51.4	14:09.3 (15) +51.4
	1-2	g Berit Mogstad	13:03.5 (8) +27.0	27:12.9 (11) +1:06.9
	1-3	y Guro Bostad	13:11.9 (3) +32.8	40:24.8 (7) +1:08.9
8	5	Konnerud Idrettslag 1	41:06.6	1:50.6
	5-1	r Mari Landro Svingheim	13:54.1 (8) +36.2	13:54.1 (8) +36.2
	5-2	g Tiril Liverud Knudsen	12:48.9 (3) +12.4	26:43.1 (7) +37.0
	5-3	y Tuva Meinke Kylland	14:23.4 (10) +1:44.3	41:06.6 (8) +1:50.6

Rnk	Strn	Lag/Utøvere	Åktid	Diff
9	9	Rustad Idrettslag 1	41:37.9	2:22.0
	9-1	r Ingeborg Marvik Dahl Rystad	13:56.7 (9) +38.8	13:56.7 (9) +38.8
	9-2	g Hanne Skulbru	13:27.4 (13) +50.9	27:24.2 (12) +1:18.1
	9-3	y Ane Risstad Sundnes	14:13.6 (8) +1:34.5	41:37.9 (9) +2:22.0
10	17	Lånke Idrettslag 1	42:01.6	2:45.7
	17-1	r Lovise Kjesbu	14:00.1 (13) +42.2	14:00.1 (13) +42.2
	17-2	g Eline Klevberg Lerfall	13:03.0 (7) +26.5	27:03.1 (10) +57.0
	17-3	y Frida Wangberg Lund	14:58.5 (15) +2:19.4	42:01.6 (10) +2:45.7
11	8	Lillehammer Skiklub 1	42:02.3	2:46.4
	8-1	r Mille Marie Storlien	13:57.7 (11) +39.8	13:57.7 (11) +39.8
	8-2	g Kine Evensen Rye-Holmboe	13:45.0 (15) +1:08.5	27:42.7 (13) +1:36.7
	8-3	y Ida-Maria Ewald	14:19.5 (9) +1:40.4	42:02.3 (11) +2:46.4
12	26	Henning Skilag 1	43:38.5	4:22.5
	26-1	r Tale Bruheim Breiding	13:17.9 (1) +0.0	13:17.9 (1) +0.0
	26-2	g Moa Maria Olivia Larsson	13:28.6 (14) +52.1	26:46.5 (8) +40.4
	26-3	y Mari Ann Landsem Melhus	16:51.9 (24) +4:12.8	43:38.5 (12) +4:22.5
13	20	IL Varden Meråker 1	43:45.7	4:29.7
	20-1	r Mia Mossige	14:50.2 (19) +1:32.3	14:50.2 (18) +1:32.3
	20-2	g Kathrine Rolsted Harsem	13:01.4 (5) +24.9	27:51.7 (14) +1:45.6
	20-3	y Ane Størseth Bjørnå	15:54.0 (21) +3:14.9	43:45.7 (13) +4:29.7
14	3	Strandbygda Idrettslag 1	44:02.9	4:46.9
	3-1	r Aurora Gaarder Strand	14:31.5 (17) +1:13.6	14:31.5 (17) +1:13.6
	3-2	g Carina Sveen	14:32.5 (18) +1:56.0	29:04.1 (17) +2:58.0
	3-3	y Emilie Hellebekken Storsveen	14:58.8 (16) +2:19.7	44:02.9 (14) +4:46.9
15	24	Leksdal Idrettslag 1	44:06.2	4:50.2
	24-1	r Johanne Bjugan	14:00.0 (12) +42.1	14:00.0 (12) +42.1
	24-2	g Ada Bjugan	14:52.1 (20) +2:15.6	28:52.2 (15) +2:46.1
	24-3	y Sigrid Hallem Solum	15:14.0 (18) +2:34.9	44:06.2 (15) +4:50.2
16	13	Bærums Skiklub 1	44:22.6	5:06.6
	13-1	r Siri Lindbergsengen Nesheim	14:30.5 (16) +1:12.6	14:30.5 (16) +1:12.6
	13-2	g Marthe Skram Botterud	14:31.5 (17) +1:55.0	29:02.1 (16) +2:56.0
	13-3	y Synne Lindbergsengen Nesheim	15:20.4 (19) +2:41.3	44:22.6 (16) +5:06.6

Rnk	Strn	Lag/Utøvere	Åktid	Diff
17	25	Stordal IL 1	44:34.8	5:18.8
	25-1	r Lone Lorgen Øvrebust	13:56.7 (9) +38.8	13:56.7 (9) +38.7
	25-2	g Martine Lorgen Øvrebust	12:36.5 (1) +0.0	26:33.2 (6) +27.1
	25-3	y Paula Løset Skodjereite	18:01.5 (27) +5:22.4	44:34.8 (17) +5:18.8
18	11	NTNUI 2	45:10.1	5:54.1
	11-1	r Ida Helene Fuglenes Mathiesen	15:57.8 (25) +2:39.9	15:57.8 (23) +2:39.9
	11-2	g Julie Meinicke	14:38.9 (19) +2:02.4	30:36.8 (20) +4:30.7
	11-3	y Aurora Wilkens Jernberg	14:33.2 (12) +1:54.1	45:10.1 (18) +5:54.1
19	30	NTNUI 3	45:11.8	5:55.8
	30-1	r Mie Christine Stangeland Sørensen	15:23.4 (23) +2:05.5	15:23.4 (21) +2:05.5
	30-2	g Lydia Årdal	15:15.8 (23) +2:39.3	30:39.3 (21) +4:33.3
	30-3	y Linnea Holst	14:32.4 (11) +1:53.3	45:11.8 (19) +5:55.8
20	22	Mosjøen IL 1	45:21.4	6:05.5
	22-1	r Vilde Finne	16:28.3 (28) +3:10.4	16:28.3 (26) +3:10.4
	22-2	g Elise Bredesen Øvereng	14:06.6 (16) +1:30.1	30:35.0 (19) +4:28.9
	22-3	y Anniken Jørgensen Ringen	14:46.4 (13) +2:07.3	45:21.4 (20) +6:05.5
21	10	NTNUI 1	45:52.4	6:36.5
	10-1	r Aud Øyen Halås	15:12.3 (20) +1:54.4	15:12.3 (19) +1:54.4
	10-2	g Victoria Elisa Joakimsdatter Sørgjerd	15:06.7 (22) +2:30.2	30:19.0 (18) +4:12.9
	10-3	y Signe Fjeld Bjørviken	15:33.4 (20) +2:54.3	45:52.4 (21) +6:36.5
22	14	Idrettslaget Try 1	46:16.9	7:01.0
	14-1	r Martine Giving	16:09.2 (27) +2:51.3	16:09.2 (25) +2:51.3
	14-2	g Oda Nordklev	15:04.2 (21) +2:27.7	31:13.4 (22) +5:07.3
	14-3	y Ingrid Sanne Solheim	15:03.5 (17) +2:24.4	46:16.9 (22) +7:01.0
23	21	Spillum Idrettslag 1	47:24.9	8:09.0
	21-1	r Julie Røthe Lysberg	15:36.2 (24) +2:18.3	15:36.2 (22) +2:18.3
	21-2	g Kathrine Gjørnv Hovd	17:00.7 (28) +4:24.2	32:36.9 (26) +6:30.8
	21-3	y Hannah Fossheim	14:48.0 (14) +2:08.9	47:24.9 (23) +8:09.0
24	15	Beitstad Idrettslag 1	47:26.4	8:10.4
	15-1	r Camilla Brørs	15:22.0 (21) +2:04.1	15:22.0 (20) +2:04.1
	15-2	g Eline Haugen Kleppa	15:56.7 (25) +3:20.2	31:18.7 (23) +5:12.6
	15-3	y Sigrid Skei	16:07.6 (23) +3:28.5	47:26.4 (24) +8:10.4

Rnk	Strn	Lag/Utøvere	Åktid	Diff
25	29	Inderøy Idrettslag 2	49:29.4	10:13.5
	29-1	r Emelie Øksnes Jørstad	16:42.5 (29) +3:24.6	16:42.5 (27) +3:24.6
	29-2	g Berit Haugan Rannem	15:44.5 (24) +3:08.0	32:27.0 (25) +6:21.0
	29-3	y Maren Kjølstad Røfloth	17:02.3 (25) +4:23.2	49:29.4 (25) +10:13.5
26	18	Steinkjer Skiklubb 1	49:39.8	10:23.9
	18-1	r Nora Amalie Hegdahl	16:43.2 (30) +3:25.3	16:43.2 (28) +3:25.3
	18-2	g Tuva Andrea Undersaker	16:51.7 (27) +4:15.2	33:34.9 (27) +7:28.9
	18-3	y Astrid Marie Sandhaugen	16:04.9 (22) +3:25.8	49:39.8 (26) +10:23.9
27	27	IL Aasguten 1	50:31.0	11:15.0
	27-1	r Andrine Rønning	14:07.4 (14) +49.5	14:07.4 (14) +49.5
	27-2	g Anniken Evenhus	18:10.2 (29) +5:33.7	32:17.7 (24) +6:11.6
	27-3	y Guro Hegstad	18:13.3 (28) +5:34.2	50:31.0 (27) +11:15.0
28	16	Klæbu Idrettslag 1	52:43.1	13:27.1
	16-1	r Karianne Sundset	16:02.0 (26) +2:44.1	16:02.0 (24) +2:44.1
	16-2	g Nora Vågø Kristiansen	19:00.1 (30) +6:23.6	35:02.1 (28) +8:56.1
	16-3	y Thea Skarbo Hegge	17:40.9 (26) +5:01.8	52:43.1 (28) +13:27.1
	19	Leksvik Idrettslag 1		
	19-1	r Oda Elise Berg		
	19-2	g Oda Elisabeth Neverås		
	19-3	y Hilde Sæther Grande		
	28	Inderøy Idrettslag 1		
	28-1	r Signe Farbu		
	28-2	g Jenny Farbu		
	28-3	y Ingeborg Skei Mjømen		

Jury Decisions

Name	Decision	Rule / Reason
Tale Bruheim Breiding	Written reprimand	ICR 343.8
Aud Øyen Halås	Written reprimand	ICR 310.2.1

Rnk	Strn	Lag/Utøvere	Åktid	Diff
Menn senior				
1	22	Lyn Ski 1	1:08:52.2	0.0
	22-1	r Birk Møller Gundersen	24:00.5 (9) +11.0 24:00.5 (9)	+10.9
	22-2	g Magnus Nikolai Sedeniussen	22:20.4 (6) +25.8 46:20.9 (3)	+24.1
	22-3	y Simen Hegstad Krüger	22:31.2 (2) +12.3 1:08:52.2 (1)	+0.0
2	8	Bygdø Idrettslag 1	1:08:52.3	0.1
	8-1	r Eirik Mysen	23:50.2 (4) +0.7 23:50.2 (4)	+0.6
	8-2	g Iver Wang Johansen	22:30.4 (9) +35.8 46:20.7 (2)	+23.8
	8-3	y Simon Hjelmeset Kirkeeide	22:31.6 (3) +12.7 1:08:52.3 (2)	+0.1
3	6	Njård 1	1:09:19.3	27.0
	6-1	r Leopold Strand	23:50.6 (6) +1.1 23:50.6 (6)	+1.1
	6-2	g Matz William Jenssen	22:56.4 (15) +1:01.8 46:47.1 (9)	+50.2
	6-3	y Lars Michael Saab Bjertnæs	22:32.1 (4) +13.2 1:09:19.3 (3)	+27.0
4	11	Rustad Idrettslag 1	1:09:20.0	27.8
	11-1	r Lars Sørensen	24:45.1 (19) +55.6 24:45.1 (19)	+55.6
	11-2	g Iver Tildheim Andersen	21:54.6 (1) +0.0 46:39.8 (7)	+42.9
	11-3	y Emil August Longva	22:40.2 (6) +21.3 1:09:20.0 (4)	+27.8
5	25	MjøsSki 1	1:09:22.2	30.0
	25-1	r Mats Opsal	24:41.1 (17) +51.6 24:41.1 (17)	+51.6
	25-2	g Jonas Vika	21:58.5 (3) +3.9 46:39.7 (6)	+42.8
	25-3	y Håvard Hovde	22:42.5 (7) +23.6 1:09:22.2 (5)	+30.0
6	7	Åsen Idrettslag 1	1:09:23.0	30.7
	7-1	r Ulrik Auestad Tollefsen	24:40.3 (16) +50.8 24:40.3 (16)	+50.7
	7-2	g Magne Haga	21:58.9 (4) +4.3 46:39.3 (5)	+42.4
	7-3	y Øystein Sendstad	22:43.6 (9) +24.7 1:09:23.0 (6)	+30.7
7	16	Tromsø Skiklubb Langrenn 1	1:09:23.1	30.9
	16-1	r Erik Mathisen	24:19.6 (13) +30.1 24:19.6 (13)	+30.0
	16-2	g Erlend Hauan	22:20.8 (7) +26.2 46:40.4 (8)	+43.6
	16-3	y William Lundberg	22:42.7 (8) +23.8 1:09:23.1 (7)	+30.9
8	18	Hommelvik Idrettslag 1	1:09:47.4	55.2
	18-1	r Ole Morten Engesvold Flataker	24:13.1 (11) +23.6 24:13.1 (11)	+23.5
	18-2	g Amund Engesvold Flataker	22:59.2 (18) +1:04.6 47:12.3 (13)	+1:15.5
	18-3	y Jan Thomas Jenssen	22:35.0 (5) +16.1 1:09:47.4 (8)	+55.2

Rnk	Strn	Lag/Utøvere	Åktid	Diff
9	1	Byåsen Idrettslag 1	1:10:10.5	1:18.3
	1-1	r Olve Johansen Rye	23:49.5 (1) +0.0 23:49.5 (1)	+0.0
	1-2	g Andreas Sundal	22:58.9 (17) +1:04.3 46:48.5 (10)	+51.6
	1-3	y Mats Augdal Dahl	23:22.0 (11) +1:03.1 1:10:10.5 (9)	+1:18.3
10	5	Oddersjaa Ssk 1	1:10:19.2	1:27.0
	5-1	r Martin Linnebo Mollestad	25:06.3 (25) +1:16.8 25:06.3 (25)	+1:16.7
	5-2	g Daniel Sandvand Omfjord	22:53.9 (14) +59.3 48:00.2 (17)	+2:03.3
	5-3	y Thomas Linnebo Mollestad	22:18.9 (1) +0.0 1:10:19.2 (10)	+1:27.0
11	42	Bærums Verk Hauger Idrettsforening 1	1:10:42.7	1:50.5
	42-1	r Nikolai Elde Holmboe	24:30.0 (15) +40.5 24:30.0 (15)	+40.4
	42-2	g Aleksander Elde Holmboe	22:48.8 (13) +54.2 47:18.8 (15)	+1:22.0
	42-3	y Sindre Bjørnestad Skar	23:23.8 (12) +1:04.9 1:10:42.7 (11)	+1:50.5
12	12	Drammens Ballklubb 1	1:10:46.3	1:54.1
	12-1	r Sivert Leander Johansen	23:59.8 (8) +10.3 23:59.8 (8)	+10.2
	12-2	g Martin Kirkeberg Mørk	21:56.9 (2) +2.3 45:56.8 (1)	+0.0
	12-3	y Vetle Leander Johansen	24:49.5 (29) +2:30.6 1:10:46.3 (12)	+1:54.1
13	9	Konnerud Idrettslag 1	1:10:49.1	1:56.9
	9-1	r Kristian Kollerud	23:49.7 (2) +0.2 23:49.7 (2)	+0.1
	9-2	g Jørgen Baklid	23:03.1 (19) +1:08.5 46:52.8 (12)	+56.0
	9-3	y Styrk Hundseid Kamsvåg	23:56.2 (17) +1:37.3 1:10:49.1 (13)	+1:56.9
14	4	Strindheim Idrettslag 1	1:11:48.8	2:56.6
	4-1	r Håkon Skaanes	24:15.2 (12) +25.7 24:15.2 (12)	+25.6
	4-2	g Kristoffer Berset	22:34.7 (10) +40.1 46:49.9 (11)	+53.0
	4-3	y Endre Sæterbø Nielsen	24:58.9 (32) +2:40.0 1:11:48.8 (14)	+2:56.6
15	44	Årvoll Idrettslag 1	1:11:56.3	3:04.1
	44-1	r Iver Fjeld Bjonviken	25:38.3 (34) +1:48.8 25:38.3 (34)	+1:48.7
	44-2	g Gaute Haukvik-Jensen	23:31.5 (24) +1:36.9 49:09.9 (26)	+3:13.0
	44-3	y Sander Haukvik-Jensen	22:46.4 (10) +27.5 1:11:56.3 (15)	+3:04.1
16	14	Åsen Idrettslag 2	1:12:04.0	3:11.8
	14-1	r Herman Martens Meyer	24:24.1 (14) +34.6 24:24.1 (14)	+34.5
	14-2	g August Marendor Hauger	24:00.4 (32) +2:05.8 48:24.6 (21)	+2:27.7
	14-3	y Oskar Lockert Skjold	23:39.4 (14) +1:20.5 1:12:04.0 (16)	+3:11.8

Rnk	Strn	Lag/Utøvere	Åktid	Diff
17	39	Molde og Omegn Idrettsforening 1	1:12:08.0	3:15.7
	39-1	r Magnus Kavli	25:55.7 (41) +2:06.2	25:55.7 (41) +2:06.1
	39-2	g Karsten Andre Vestad	22:06.3 (5) +11.7	48:02.0 (18) +2:05.2
	39-3	y Emil Aslaksen Røed	24:05.9 (19) +1:47.0	1:12:08.0 (17) +3:15.7
18	21	Hemsedal Idrettslag1	1:12:15.6	3:23.4
	21-1	r Kasper Andersson Herland	23:50.4 (5) +0.9	23:50.4 (5) +0.8
	21-2	g Ola Jordheim	23:27.3 (23) +1:32.7	47:17.7 (14) +1:20.8
	21-3	y Sevat Mestvedthagen	24:57.9 (31) +2:39.0	1:12:15.6 (18) +3:23.4
19	2	Lillehammer Skiklub 1	1:12:28.3	3:36.1
	2-1	r Albert Sunde Øhlschlägel	23:59.6 (7) +10.1	23:59.6 (7) +10.0
	2-2	g Sander Teisbekk	22:39.0 (11) +44.4	46:38.6 (4) +41.7
	2-3	y Marcus Tunestveit Andersen	25:49.6 (38) +3:30.7	1:12:28.3 (19) +3:36.1
20	17	Klæbu Idrettslag 1	1:12:37.4	3:45.2
	17-1	r Tobias Grendstad	25:49.4 (38) +1:59.9	25:49.4 (38) +1:59.8
	17-2	g Magnus Harr Lian	22:27.6 (8) +33.0	48:17.0 (20) +2:20.2
	17-3	y Adrian Oanes Sjøli	24:20.3 (23) +2:01.4	1:12:37.4 (20) +3:45.2
21	53	Surnadal Idrettslag 1	1:12:44.3	3:52.1
	53-1	r Jonas Holten Aasbø	24:44.6 (18) +55.1	24:44.6 (18) +55.1
	53-2	g Håkon Bøklep	24:31.9 (40) +2:37.3	49:16.5 (30) +3:19.7
	53-3	y Olav Fugelsøy	23:27.7 (13) +1:08.8	1:12:44.3 (21) +3:52.1
22	60	Støren Sportsklubb 1	1:12:48.4	3:56.1
	60-1	r Andreas Fjorden Ree	23:50.0 (3) +0.5	23:50.0 (3) +0.5
	60-2	g Magnus Wiig	24:03.1 (34) +2:08.5	47:53.2 (16) +1:56.4
	60-3	y Håkon Gorseth Halvorsen	24:55.1 (30) +2:36.2	1:12:48.4 (22) +3:56.1
23	24	Gui Sportsklubb 1	1:12:53.9	4:01.7
	24-1	r Eirik Hella	26:13.4 (45) +2:23.9	26:13.4 (45) +2:23.8
	24-2	g Thomas Cambridge Blechar Mccarthy	22:43.3 (12) +48.7	48:56.8 (23) +2:59.9
	24-3	y Fredrik Strande Bruun	23:57.1 (18) +1:38.2	1:12:53.9 (23) +4:01.7
24	30	Nes Ski 1	1:12:59.4	4:07.2
	30-1	r Ola Spigseth	24:54.9 (22) +1:05.4	24:54.9 (22) +1:05.3
	30-2	g Philip Drivenes	23:50.8 (28) +1:56.2	48:45.8 (22) +2:48.9
	30-3	y Sondre Bjørkeng Pedersen	24:13.6 (21) +1:54.7	1:12:59.4 (24) +4:07.2

Rnk	Strn	Lag/Utøvere	Åktid	Diff
25	32	Røa Allianseidrettslag 1	1:13:15.3	4:23.1
	32-1	r Gard Lindby	24:54.6 (21) +1:05.1	24:54.6 (21) +1:05.0
	32-2	g Andreas Lerø	23:18.9 (21) +1:24.3	48:13.5 (19) +2:16.7
	32-3	y Ole Riiber	25:01.8 (33) +2:42.9	1:13:15.3 (25) +4:23.1
26	26	Eidsvold Værks Skiklub 1	1:13:32.3	4:40.0
	26-1	r Jørgen Løken	26:04.9 (42) +2:15.4	26:04.9 (42) +2:15.4
	26-2	g Sondre Nikolai Norheim	23:45.2 (26) +1:50.6	49:50.2 (35) +3:53.4
	26-3	y Oliver Finstad Nytrøen	23:42.0 (15) +1:23.1	1:13:32.3 (26) +4:40.0
27	28	Rustad Idrettslag 2	1:13:36.1	4:43.9
	28-1	r Tor Olav Nesheim Hægeland	25:21.1 (28) +1:31.6	25:21.1 (28) +1:31.6
	28-2	g Audun Nesheim Hægeland	23:49.0 (27) +1:54.4	49:10.2 (27) +3:13.4
	28-3	y Truls Lutnæs	24:25.8 (25) +2:06.9	1:13:36.1 (27) +4:43.9
28	31	If Kilkameratene 1	1:13:38.6	4:46.3
	31-1	r Ask Jørgensen	25:30.4 (32) +1:40.9	25:30.4 (32) +1:40.8
	31-2	g Espen Benjaminsen	23:58.4 (30) +2:03.8	49:28.8 (32) +3:32.0
	31-3	y Noah Christoffer Nielsen Nylund	24:09.7 (20) +1:50.8	1:13:38.6 (28) +4:46.3
29	58	Brøttum Idrettslag 1	1:13:40.4	4:48.2
	58-1	r Jostein Karlsen	26:44.4 (51) +2:54.9	26:44.4 (51) +2:54.8
	58-2	g Jørgen Harby	23:05.2 (20) +1:10.6	49:49.6 (34) +3:52.8
	58-3	y Gabriel Winston Gledhill	23:50.7 (16) +1:31.8	1:13:40.4 (29) +4:48.2
30	64	Byåsen Idrettslag 2	1:14:14.3	5:22.1
	64-1	r Eirik Høgli	25:17.2 (26) +1:27.7	25:17.2 (26) +1:27.6
	64-2	g Vegard Sundal	23:43.0 (25) +1:48.4	49:00.2 (24) +3:03.4
	64-3	y Sverre Smistad	25:14.0 (35) +2:55.1	1:14:14.3 (30) +5:22.1
31	13	Oppegård Idrettslag 1	1:14:24.2	5:32.0
	13-1	r Eskil Skarstein Rød	24:45.4 (20) +55.9	24:45.4 (20) +55.8
	13-2	g Theodor Dilling Gomo	24:30.4 (39) +2:35.8	49:15.8 (29) +3:19.0
	13-3	y Vette Haugnes	25:08.3 (34) +2:49.4	1:14:24.2 (31) +5:32.0
32	54	Bossmo & Ytteren IL 1	1:14:24.6	5:32.4
	54-1	r Viljar Fjellheim	26:46.3 (52) +2:56.8	26:46.3 (52) +2:56.8
	54-2	g Birk Fjellheim	22:56.8 (16) +1:02.2	49:43.2 (33) +3:46.4
	54-3	y Linus Fjeldahl Svendsen	24:41.4 (27) +2:22.5	1:14:24.6 (32) +5:32.4

Rnk	Strn	Lag/Utøvere	Åktid	Diff
33	51	Alta Idrettsforening 1	1:15:05.3	6:13.1
	51-1	r Kornelius Ordemann Olsen	24:56.4 (23) +1:06.9 24:56.4 (23)	+1:06.8
	51-2	g Marius Mikkelsen	25:53.4 (54) +3:58.8 50:49.9 (44)	+4:53.0
	51-3	y Eirik Håberg Frost	24:15.4 (22) +1:56.5 1:15:05.3 (33)	+6:13.1
34	33	Spillum Idrettslag 1	1:15:22.7	6:30.5
	33-1	r Are Fossheim	25:38.5 (35) +1:49.0 25:38.5 (35)	+1:48.9
	33-2	g Martin Reppen	23:23.8 (22) +1:29.2 49:02.3 (25)	+3:05.5
	33-3	y Vemund Trebostad Viken	26:20.4 (45) +4:01.5 1:15:22.7 (34)	+6:30.5
35	23	Hamar Skiklubb 1	1:15:25.9	6:33.6
	23-1	r Eirik Fjeld	26:14.3 (47) +2:24.8 26:14.3 (47)	+2:24.7
	23-2	g Jakob Vebjørn Pettersson	24:35.2 (42) +2:40.6 50:49.5 (43)	+4:52.7
	23-3	y Mario Schlögel	24:36.3 (26) +2:17.4 1:15:25.9 (35)	+6:33.6
36	43	Inderøy Idrettslag 1	1:15:34.4	6:42.2
	43-1	r Sindre Skei Mjømen	26:14.1 (46) +2:24.6 26:14.1 (46)	+2:24.5
	43-2	g Sigve Vist	24:32.1 (41) +2:37.5 50:46.2 (42)	+4:49.3
	43-3	y Fredrik Mollan	24:48.2 (28) +2:29.3 1:15:34.4 (36)	+6:42.2
37	66	Strindheim Idrettslag 2	1:15:45.4	6:53.1
	66-1	r Jørgen Storli	25:49.9 (39) +2:00.4 25:49.9 (39)	+2:00.3
	66-2	g Benjamin Kulsetås	24:12.0 (36) +2:17.4 50:01.9 (36)	+4:05.0
	66-3	y Sigurd Ekle-Danielsen	25:43.4 (36) +3:24.5 1:15:45.4 (37)	+6:53.1
38	27	Sandnes Idrettslag 1	1:16:10.6	7:18.4
	27-1	r Magnus Lian Aarrestad	25:46.1 (36) +1:56.6 25:46.1 (36)	+1:56.5
	27-2	g Kristoffer Sola	26:02.4 (57) +4:07.8 51:48.5 (48)	+5:51.7
	27-3	y Oskar Tjeldflåt Kvalbein	24:22.0 (24) +2:03.1 1:16:10.6 (38)	+7:18.4
39	56	Lørenskog Skiklubb 1	1:16:39.8	7:47.6
	56-1	r Tobias Øwre-Johnsen	25:27.6 (31) +1:38.1 25:27.6 (31)	+1:38.0
	56-2	g Kornelius Brendjord Løkken	24:00.7 (33) +2:06.1 49:28.4 (31)	+3:31.5
	56-3	y Ole Christian Mork	27:11.3 (54) +4:52.4 1:16:39.8 (39)	+7:47.6
40	48	Heimdal Ski1	1:17:12.4	8:20.2
	48-1	r Sture Thoresen	26:11.6 (43) +2:22.1 26:11.6 (43)	+2:22.0
	48-2	g Mads Arnevik Jensen	23:50.8 (28) +1:56.2 50:02.4 (37)	+4:05.5
	48-3	y Brynjar Nervik	27:10.0 (53) +4:51.1 1:17:12.4 (40)	+8:20.2

Rnk	Strn	Lag/Utøvere	Åktid	Diff
41	10	Heming Idrettslaget 1	1:17:21.6	8:29.4
	10-1	r Harald Astrup Arnesen	25:19.5 (27) +1:30.0	25:19.5 (27) +1:30.0
	10-2	g Jonas Hysten	25:53.3 (53) +3:58.7	51:12.9 (45) +5:16.0
	10-3	y Eikil Elias Aasbø	26:08.7 (42) +3:49.8	1:17:21.6 (41) +8:29.4
42	29	Eiker Skiklubb 1	1:17:30.2	8:37.9
	29-1	r Per Ingvar Tollehaug	26:33.6 (48) +2:44.1	26:33.6 (48) +2:44.0
	29-2	g Simen Fossesholm	25:11.5 (48) +3:16.9	51:45.1 (47) +5:48.3
	29-3	y Magnus Tobiassen	25:45.0 (37) +3:26.1	1:17:30.2 (42) +8:37.9
43	15	Vang Skiløperforening 1	1:17:31.7	8:39.5
	15-1	r Andreas Hermansen	24:02.1 (10) +12.6	24:02.1 (10) +12.5
	15-2	g Ulrik Leinan Baksjøberget	26:16.2 (59) +4:21.6	50:18.3 (39) +4:21.4
	15-3	y Jarle Weium Glomseth	27:13.4 (55) +4:54.5	1:17:31.7 (43) +8:39.5
44	34	Gjerdrum Idrettslag 1	1:18:05.8	9:13.6
	34-1	r Johan Heni Olsen Bjørtomt	25:32.2 (33) +1:42.7	25:32.2 (33) +1:42.6
	34-2	g Olaus Oserud Bentzen	24:36.3 (44) +2:41.7	50:08.6 (38) +4:11.7
	34-3	y Thomas Heyn	27:57.1 (58) +5:38.2	1:18:05.8 (44) +9:13.6
45	49	Steinkjer Skiklubb 1	1:18:06.9	9:14.7
	49-1	r Pål Trøan Aune	25:53.1 (40) +2:03.6	25:53.1 (40) +2:03.5
	49-2	g Magnus Riseth Pedersen	24:52.5 (46) +2:57.9	50:45.6 (41) +4:48.8
	49-3	y August Helland Iversen	27:21.2 (56) +5:02.3	1:18:06.9 (45) +9:14.7
46	37	Henning Skilag 1	1:18:50.3	9:58.0
	37-1	r Niklas Landsem Melhus	27:57.4 (60) +4:07.9	27:57.4 (60) +4:07.8
	37-2	g Sondre Albrigtsen Bjørnstad	24:25.2 (38) +2:30.6	52:22.7 (49) +6:25.8
	37-3	y Marius Landsem Melhus	26:27.5 (47) +4:08.6	1:18:50.3 (46) +9:58.0
47	57	Leksdal Idrettslag 1	1:18:54.0	10:01.8
	57-1	r Vemund Totsås Johnsborg	25:00.7 (24) +1:11.2	25:00.7 (24) +1:11.1
	57-2	g Vinjar Eggen Vatne	24:09.8 (35) +2:15.2	49:10.6 (28) +3:13.7
	57-3	y Kjetil Vatne	29:43.4 (64) +7:24.5	1:18:54.0 (47) +10:01.8
48	36	Idrettslaget Try 1	1:19:00.8	10:08.6
	36-1	r Elias Nordklev	26:40.4 (49) +2:50.9	26:40.4 (49) +2:50.8
	36-2	g Ole Alexander Bachke	26:00.9 (56) +4:06.3	52:41.4 (50) +6:44.5
	36-3	y Oliver Gjethammer	26:19.4 (44) +4:00.5	1:19:00.8 (48) +10:08.6

Rnk	Strn	Lag/Utøvere	Åktid	Diff
49	69	Hommelvik Idrettslag 2	1:19:12.3	10:20.1
	69-1	r Eirik Lorentsen	26:56.4 (53) +3:06.9	26:56.4 (53) +3:06.8
	69-2	g Simon Frøseth	26:00.0 (55) +4:05.4	52:56.4 (52) +6:59.6
	69-3	y Nichlas Storø	26:15.8 (43) +3:56.9	1:19:12.3 (49) +10:20.1
50	63	Inderøy Idrettslag 2	1:19:12.6	10:20.3
	63-1	r Tølløv Trønsdal Lyngstad	27:36.8 (59) +3:47.3	27:36.8 (59) +3:47.2
	63-2	g Kristian Bragstad Rannem	25:44.6 (52) +3:50.0	53:21.5 (57) +7:24.6
	63-3	y Even Våset Agle	25:51.0 (39) +3:32.1	1:19:12.6 (50) +10:20.3
51	70	Byåsen Idrettslag 3	1:19:14.1	10:21.9
	70-1	r Kristian Viken Strand	28:19.8 (62) +4:30.3	28:19.8 (62) +4:30.2
	70-2	g Jon Sæter	25:00.8 (47) +3:06.2	53:20.6 (56) +7:23.8
	70-3	y Andreas Olsen Tomta	25:53.4 (40) +3:34.5	1:19:14.1 (51) +10:21.9
52	55	IL Varden Meråker 1	1:19:18.4	10:26.2
	55-1	r Konrad Estil	28:56.3 (64) +5:06.8	28:56.3 (64) +5:06.7
	55-2	g Sondre Holås Sødring	24:23.9 (37) +2:29.3	53:20.3 (55) +7:23.5
	55-3	y Petter Østtun	25:58.1 (41) +3:39.2	1:19:18.4 (52) +10:26.2
53	19	Idrettslaget Jardar 1	1:19:21.1	10:28.8
	19-1	r Eirik Asdøl	26:40.7 (50) +2:51.2	26:40.7 (50) +2:51.1
	19-2	g Mads Agner Matheson	26:09.8 (58) +4:15.2	52:50.5 (51) +6:53.6
	19-3	y Thorvald Lødøen	26:30.5 (48) +4:11.6	1:19:21.1 (53) +10:28.8
54	72	Strindheim Idrettslag 3	1:19:21.5	10:29.3
	72-1	r Henrik Sæterbø Nielsen	27:24.3 (57) +3:34.8	27:24.3 (57) +3:34.7
	72-2	g Ask Holmvassdal	25:32.3 (51) +3:37.7	52:56.7 (53) +6:59.8
	72-3	y Eivind Ekle-Danielsen	26:24.8 (46) +4:05.9	1:19:21.5 (54) +10:29.3
55	50	Leksvik Idrettslag 1	1:21:05.1	12:12.8
	50-1	r Kasper Ramdal Farbu	25:46.8 (37) +1:57.3	25:46.8 (37) +1:57.2
	50-2	g Kristian Tettli Rennemo	24:35.5 (43) +2:40.9	50:22.3 (40) +4:25.4
	50-3	y Jørgen Skei	30:42.7 (67) +8:23.8	1:21:05.1 (55) +12:12.8
56	41	Tynset Idrettsforening 1	1:22:03.5	13:11.3
	41-1	r Jørgen Schjølberg	25:26.3 (30) +1:36.8	25:26.3 (30) +1:36.7
	41-2	g Ove Ingebrigtsvoll Feragen	27:30.5 (65) +5:35.9	52:56.8 (54) +7:00.0
	41-3	y Sebastian Rød Feragen	29:06.6 (61) +6:47.7	1:22:03.5 (56) +13:11.3

Rnk	Strn	Lag/Utøvere	Åktid	Diff
57	46	Vinne Skilag 1	1:22:05.9	13:13.6
	46-1	r Sivert Gudding Barli	30:23.9 (69) +6:34.4	30:23.9 (68) +6:34.3
	46-2	g Tobias Bjørken	24:46.6 (45) +2:52.0	55:10.5 (63) +9:13.7
	46-3	y Marius Viken	26:55.3 (52) +4:36.4	1:22:05.9 (57) +13:13.6
58	67	NTNUI 2	1:22:38.8	13:46.6
	67-1	r Per Morten Finstad	27:31.7 (58) +3:42.2	27:31.7 (58) +3:42.1
	67-2	g Sondre Lunåsno	27:16.9 (63) +5:22.3	54:48.6 (61) +8:51.8
	67-3	y Lauritz Sogn-Larssen	27:50.1 (57) +5:31.2	1:22:38.8 (58) +13:46.6
59	59	Drøbak-Frogn Idrettslag 1	1:22:39.4	13:47.1
	59-1	r Henrik Husdal	25:22.1 (29) +1:32.6	25:22.1 (29) +1:32.5
	59-2	g Oliver Johansen Cortsen	29:00.3 (72) +7:05.7	54:22.5 (60) +8:25.7
	59-3	y Kristian Hildrum-Andreassen	28:16.8 (59) +5:57.9	1:22:39.4 (59) +13:47.1
60	20	Idrettsforeningen Ørn 1	1:22:50.4	13:58.1
	20-1	r Christian Torvund	27:21.2 (56) +3:31.7	27:21.2 (56) +3:31.6
	20-2	g Nicholas Torvund	24:00.0 (31) +2:05.4	51:21.2 (46) +5:24.3
	20-3	y Jarle Eikehaug	31:29.1 (69) +9:10.2	1:22:50.4 (60) +13:58.1
61	3	Kjelsås Idrettslag 1	1:23:00.6	14:08.3
	3-1	r Simon Salinas Hannestad	28:03.9 (61) +4:14.4	28:03.9 (61) +4:14.3
	3-2	g Matias Nalum Rakkestad	28:08.6 (70) +6:14.0	56:12.5 (65) +10:15.7
	3-3	y Johannes Edelssønn Galåen	26:48.0 (51) +4:29.1	1:23:00.6 (61) +14:08.3
62	47	Idrettslaget Leik 1	1:23:26.0	14:33.8
	47-1	r Sander Lillebudal	26:12.1 (44) +2:22.6	26:12.1 (44) +2:22.5
	47-2	g Stian Lillebudal	27:30.2 (64) +5:35.6	53:42.4 (59) +7:45.5
	47-3	y Jon Marius Svegård	29:43.6 (65) +7:24.7	1:23:26.0 (62) +14:33.8
63	61	Lånke Idrettslag 1	1:23:54.4	15:02.2
	61-1	r Stian Rønning	27:09.1 (55) +3:19.6	27:09.1 (55) +3:19.5
	61-2	g Gustav Standal	26:31.2 (60) +4:36.6	53:40.3 (58) +7:43.5
	61-3	y Edvard Hagen Kvål	30:14.0 (66) +7:55.1	1:23:54.4 (63) +15:02.2
64	62	Steinkjer Skiklubb 2	1:24:03.1	15:10.8
	62-1	r Sigur Johan Lillefjell	29:35.4 (67) +5:45.9	29:35.4 (66) +5:45.8
	62-2	g Magnus Bratbakken	27:48.8 (67) +5:54.2	57:24.3 (68) +11:27.4
	62-3	y Arnstein Finstad	26:38.8 (49) +4:19.9	1:24:03.1 (64) +15:10.8

Rnk	Strn	Lag/Utøvere	Åktid	Diff
65	68	Henning Skilag 2	1:24:26.9	15:34.6
	68-1	r Petter Joakim Heistad	29:57.2 (68) +6:07.7	29:57.2 (67) +6:07.6
	68-2	g Frode Lillefjell	27:48.9 (68) +5:54.3	57:46.2 (69) +11:49.3
	68-3	y Ole-Marius Bach	26:40.6 (50) +4:21.7	1:24:26.9 (65) +15:34.6
66	65	Molde og Omegn Idrettsforening 2	1:25:43.9	16:51.7
	65-1	r Kevin Bjerkeli Krohn	29:28.8 (66) +5:39.3	29:28.8 (65) +5:39.2
	65-2	g Mads Kirkreit Gjethammer	27:32.4 (66) +5:37.8	57:01.2 (67) +11:04.3
	65-3	y Vegard Eidhamar	28:42.7 (60) +6:23.8	1:25:43.9 (66) +16:51.7
67	52	Beitstad Idrettslag 1	1:26:01.6	17:09.4
	52-1	r Mattias Brørs	31:27.1 (71) +7:37.6	31:27.1 (70) +7:37.5
	52-2	g Fredrik Lie Brørs	25:24.2 (50) +3:29.6	56:51.4 (66) +10:54.5
	52-3	y Morten Brørs	29:10.2 (62) +6:51.3	1:26:01.6 (67) +17:09.4
68	40	Åsen Idrettslag 3	1:26:27.8	17:35.6
	40-1	r Eirik Sendstad	28:51.8 (63) +5:02.3	28:51.8 (63) +5:02.2
	40-2	g Eivind Øvergård	26:46.7 (62) +4:52.1	55:38.6 (64) +9:41.7
	40-3	y Julian Martens Meyer	30:49.2 (68) +8:30.3	1:26:27.8 (68) +17:35.6
69	71	NTNUI 3	1:27:22.1	18:29.8
	71-1	r Hannes Malte Hov	31:21.4 (70) +7:31.9	31:21.4 (69) +7:31.8
	71-2	g Eskil Bakken	26:34.1 (61) +4:39.5	57:55.5 (70) +11:58.6
	71-3	y Tore Lindefjeld	29:26.5 (63) +7:07.6	1:27:22.1 (69) +18:29.8
70	45	Nedre Sigdal Idrettsforening 1	1:29:46.7	20:54.5
	45-1	r Marius Grønhovd Wiersdalen	26:59.7 (54) +3:10.2	26:59.7 (54) +3:10.2
	45-2	g Kristoffer Ødemark Aaby	27:55.5 (69) +6:00.9	54:55.3 (62) +8:58.5
	45-3	y Mathias Løvset Strand	34:51.4 (70) +12:32.5	1:29:46.7 (70) +20:54.5
	35	NTNUI 1		
	35-1	r Erik Munch-Finne		
	35-2	g Henrik Grøttum Engen		
	35-3	y Tobias Horelt		
	38	Torvikbukta Idrettslag 1		
	38-1	r Linus Engdahl		
	38-2	g Johan Fredriksen Orset		
	38-3	y Martin Silset		

Rnk	Strn	Lag/Utøvere	Åktid	Diff
	73	NTNUI 4		
	73-1	r Anton Jensen		
	73-2	g Kasper Engeset		
	73-3	y Simen Fritzner		

Jurybeslut

35-1 - DSQ, Rennreglement 310.2.1

54-1 - Skriftlig advarsel, Rennreglement 310.2.1

3-1 - Skriftlig advarsel, Rennreglement 310.2.1

11-1 - Skriftlig advarsel, Rennreglement 310.2.1

28-1 - Skriftlig advarsel, Rennreglement 310.2.1

32-1 - Skriftlig advarsel, Rennreglement 310.2.1

43-1 - Skriftlig advarsel, Rennreglement 310.2.1

73-3 - DSQ, Rennreglement 327.1