



EQUINOR NC SN GÅLÅ 10 km K

Gålå

lør. 02 des 2023



Menn Senior Official results

Jury/Competition management		Data of course	
Technical Delegate	Geir Mauseth	Name of course	Gålå 5 km
Assistand Technical Delegate	Hans Jørgen Kvåle	Height Difference (HD)	70
Assistant TD Nat.		Maximum climb (MM)	33
Chief of Competition	Audun Skattebo	Total Climb (MT)	135
Codex	2629	Laps	2
		Laplength	4671

Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
1	328	3424611	Martin Kirkeberg Mørk	Drammens Ballklubb	NOR	0:22:25,5	00:00,0	
2	350	8420797	Casper Kvam Grindhagen	Byaasen Skiklub	NOR	0:22:32,0	00:06,5	
3	382	8420837	Lars Heggen	Harestua IL	NOR	0:22:37,5	00:12,0	
4	343	3424663	Edvard Sandvik	Kjelsås IL	NOR	0:22:38,0	00:12,5	
5	338	8420246	Mathias Holbæk	Il Vindbjart	NOR	0:22:39,2	00:13,7	
6	372	3424685	Matz William Jenssen	Njård	NOR	0:22:49,7	00:24,2	
7	342	8420323	Thomas Linnebo Mollestad	Oddersjaa Ssk	NOR	0:22:55,3	00:29,8	
8	315	3424641	Mats Opsal	MjøsSki	NOR	0:23:01,2	00:35,7	
9	292	8420935	Filip Skari	Nittedal IL	NOR	0:23:04,9	00:39,4	
10	384	8420588	Kristian Kollerud	Konnerud IL	NOR	0:23:10,9	00:45,4	
11	371	3424466	Karsten Andre Vestad	Molde og Omegn	NOR	0:23:15,1	00:49,6	
12	396	3424840	Jørgen Schjøberg	Tynset	NOR	0:23:16,0	00:50,5	
13	299	8420009	Sander Teisbekk	Lillehammer Skiklub	NOR	0:23:17,0	00:51,5	
14	352	8420748	Sander Hauvik-Jensen	Årvoll IL	NOR	0:23:21,6	00:56,1	
15	397	3424640	Edvin Ingebrigtsen	Bratsberg IL	NOR	0:23:27,8	01:02,3	
16	345	3424893	Aleksander Elde Holmboe	Bærums Verk	NOR	0:23:28,6	01:03,1	
17	337	8420464	Sture Thoresen	Heimdal-Ski	NOR	0:23:28,8	01:03,3	
18	388	8420941	Simen Gløgård Stensrud	Nittedal IL	NOR	0:23:31,4	01:05,9	
19	386	3424846	Preben Horven	Bossmo & Ytteren IL	NOR	0:23:33,1	01:07,6	
20	377	3424614	Kasper Andersson Herland	Hemsedal IL	NOR	0:23:35,6	01:10,1	
21	339	3424534	Lars Agnar Hjelmset	Gjelleråsen	NOR	0:23:36,8	01:11,3	
22	322	8420708	Lars Michael Saab Bjertnæs	Njård	NOR	0:23:37,0	01:11,5	
23	313	8420422	Vetle Arder Skildheim	Tromsø SK	NOR	0:23:40,5	01:15,0	
24	319	8420512	Daniel Aakervik	Fet SK	NOR	0:23:42,1	01:16,6	
25	360	8420785	Tobias Aarekol	Vindafjord IL	NOR	0:23:49,4	01:23,9	
26	307	8420984	Mons Melbye	Årvoll IL	NOR	0:23:53,0	01:27,5	
27	312	8420651	Linus Engdahl	Torvikbukt IL	NOR	0:23:53,1	01:27,6	
28	249	8420404	Olve Mjøen Løseth	Buvik IL	NOR	0:23:55,9	01:30,4	
29	365	8420175	Johan Lien Nordeng	Alsvåg IL	NOR	0:23:56,0	01:30,5	
30	296	8420878	Simen Fossesholm	Eiker SK	NOR	0:23:57,6	01:32,1	
31	316	3424540	Magnus Nikolai Sedeniussen	Lyn Ski	NOR	0:23:59,8	01:34,3	
32	348	8421010	Peder Rygg	Byaasen Skiklub	NOR	0:24:00,3	01:34,8	
33	392	3424484	Andreas Bergsland	Trøsken IL	NOR	0:24:00,4	01:34,9	
34	305	8420245	Sondre Østervold	Il Vindbjart	NOR	0:24:00,9	01:35,4	
35	310	8420470	Iver Synstnes Hole	Åndalsnes	NOR	0:24:02,6	01:37,1	
36	294	3424922	Brage Buseth Hammerstad	Haslum IL	NOR	0:24:03,1	01:37,6	

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Assistant TD Nat.		Maximum climb (MM)	33
Chief of Competition	Audun Skattebo	Total Climb (MT)	135
Codex	2629	Laps	2
		Laplength	4671

Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
37	311	3424877	Øystein Sendstad	Asen IL	NOR	0:24:04,2	01:38,7	
38	300	3424656	Birk Møller Gundersen	Lyn Ski	NOR	0:24:07,5	01:42,0	
39	344	8420576	Østen Brovold Midtsundstad	Vaaler	NOR	0:24:08,1	01:42,6	
40	266	3424998	Armann Saastad Haugan	Lyn Ski	NOR	0:24:10,6	01:45,1	
41	273	3424509	Fredrik Gerardo Fodstad	Lillehammer Skiklub	COL	0:24:11,9	01:46,4	
42	373	8420411	Henrik Kvennås	Byåsen IL	NOR	0:24:12,1	01:46,6	
43	216	3424852	Jan Christian Kjærnli	Rendalen IL	NOR	0:24:12,7	01:47,2	
44	267	8420408	August Lunde	Byåsen IL	NOR	0:24:13,3	01:47,8	
45	284	3424499	Jens Marcus Dyrberg Ek	Bærums Verk	NOR	0:24:14,5	01:49,0	
46	237	3424618	Jostein Karlsen	Lillehammer Skiklub	NOR	0:24:14,6	01:49,1	
47	349	8420077	Bjarte Bjertnæs	Jevnaker	NOR	0:24:15,5	01:50,0	
48	283	3424860	Magnus Thorstensen	Strindheim IL	NOR	0:24:17,0	01:51,5	
49	236	3424954	Fredrik Strande Bruun	Gui Sportsklubb	NOR	0:24:18,4	01:52,9	
50	252	8420127	Erik Mathisen	Tromsø SK	NOR	0:24:18,6	01:53,1	
51	274	3424829	August Bertheussen Falkanger	Byåsen IL	NOR	0:24:20,2	01:54,7	
52	264	3424545	Eivind Luka	Gjerdrum IL	NOR	0:24:20,3	01:54,8	
53	356	8420388	Per Ingvar Tollehaug	Eiker SK	NOR	0:24:21,2	01:55,7	
54	278	8420828	Jens Kristoffer Dyr Dahl	Berger IL	NOR	0:24:21,5	01:56,0	
55	259	3424844	Erik Løfald	Rindal IL	NOR	0:24:22,3	01:56,8	
56	287	8420751	Marius Meldalen	Rustad IL	NOR	0:24:22,4	01:56,9	
57	281	3424683	Lars Young Vik	Njård	AUS	0:24:23,2	01:57,7	
58	265	8420933	Eskil Skarstein Rød	Oppegård IL	NOR	0:24:27,6	02:02,1	
59	291	8420628	Sivert Borgen	Østre Toten Skilag	NOR	0:24:27,8	02:02,3	
60	212	3424619	Even Karlsen	Lillehammer Skiklub	NOR	0:24:28,5	02:03,0	
61	199	8420921	Mads Koritov	Skedsmo SK	NOR	0:24:31,5	02:06,0	
62	306	8420808	Storm Haugenes Pedersen	Hovden Sportsklubb	NOR	0:24:33,2	02:07,7	
63	241	8420840	Elling Broberg	Jevnaker	NOR	0:24:38,3	02:12,8	
64	295	8420749	Ola Nymark-Veum	Heming ILet	NOR	0:24:39,8	02:14,3	
65	324	3424675	Jonas Dyrli Thoresen	Røa	NOR	0:24:42,5	02:17,0	
66	242	8420967	Oskar Eek-Reme	Fana IL	NOR	0:24:42,6	02:17,1	
67	197	8420536	Peter Munch-Finne	Asker SK	NOR	0:24:42,9	02:17,4	
68	254	8421018	Tørres Bjelland Nøstdal	Eid IL	NOR	0:24:43,0	02:17,5	
69	288	3424892	Nikolai Elde Holmboe	Bærums Verk	NOR	0:24:44,4	02:18,9	
70	280	3424828	Henrik Bøyum Webjørnsen	Rustad IL	NOR	0:24:44,5	02:19,0	
71	332	8420432	William Lundberg	Tromsø SK	NOR	0:24:44,6	02:19,1	
72	220	8420982	Birk Elias Moeng Jensen	Kjelsås IL	NOR	0:24:45,3	02:19,8	



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Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
73	293	3424879	Oskar Lockert Skjold	Asen IL	NOR	0:24:46,3	02:20,8	
74	234	8420075	Fredrik Haugen Strandhaug	Lillehammer Skiklub	NOR	0:24:47,3	02:21,8	
75	169	8420100	Simen Lilleås Engevik	Stord IL	NOR	0:24:48,9	02:23,4	
76	271	8420886	Andreas Hermansen	Vang	NOR	0:24:49,3	02:23,8	
77	318	8420317	Thomas Blom	Idrettslaget Imås	NOR	0:24:56,4	02:30,9	
78	321	8420314	Robin Sælen	Idrettslaget Imås	NOR	0:24:57,4	02:31,9	
79	133	8420519	Erling Bjørnstad	Strindheim IL	NOR	0:25:01,8	02:36,3	
80	304	3424556	Herman Brustad	Gui Sportsklubb	NOR	0:25:03,2	02:37,7	
81	243	8420515	Halvor Røise Bade	Røa	NOR	0:25:03,9	02:38,4	
82	207	8420709	Magnus Eriksen Sletvold	Njård	NOR	0:25:04,2	02:38,7	
83	228	8420217	Eirik Tobias Sørbråten	Nittedal IL	NOR	0:25:04,3	02:38,8	
84	168	8420297	Halvor Kleiv	Vinje Idrottslag	NOR	0:25:04,4	02:38,9	
85	248	8420646	Lars Olav Aspheim Kåsa	Gulset	NOR	0:25:06,7	02:41,2	
86	219	8420846	Markus Bryan Grøthe	Tormod Skilag	NOR	0:25:07,3	02:41,8	
87	217	3424521	Nils Henrik Kvale	Østre Toten Skilag	NOR	0:25:07,4	02:41,9	
88	195	8420569	Martin Stramrud	Hamar SK	NOR	0:25:08,3	02:42,8	
89	239	8420927	Oliver Finstad Nytrøen	Eidsvold Værks	NOR	0:25:08,4	02:42,9	
90	178	8420800	Mats Augdal Dahl	Byåsen IL	NOR	0:25:10,2	02:44,7	
91	290	3424686	Frederik Arent Rogstad	Njård	NOR	0:25:10,4	02:44,9	
92	222	3424634	Martin Reppen	Spillum IL	NOR	0:25:11,3	02:45,8	
93	303	8420699	Tobias Thoresen	Røa	NOR	0:25:11,6	02:46,1	
94	301	8420304	Niklas Landsem Melhus	Steinkjer SK	NOR	0:25:11,8	02:46,3	
95	250	3424612	Vetle Leander Johansen	Drammens Ballklubb	NOR	0:25:12,1	02:46,6	
96	185	8420605	Martin Bjerke	Follebu SK	NOR	0:25:13,3	02:47,8	
97	213	8420575	Jørgen Kvarstad	Hamar SK	NOR	0:25:14,1	02:48,6	
98	256	8420210	Andreas Lerø	Fossum	NOR	0:25:15,8	02:50,3	
99	302	8420300	Jørgen Bertram Dyrdaahl	Berger IL	NOR	0:25:16,2	02:50,7	
99	245	8420707	Daniel Henriksen Gunnerød	Njård	NOR	0:25:16,2	02:50,7	
101	226	8420579	Kristian Øye Aasum	Granli IL	NOR	0:25:16,4	02:50,9	
102	229	8420993	Nikolai Wik Håland	Koll, ILet	NOR	0:25:19,2	02:53,7	
103	172	8420604	Nikolai Kristiansen	Brandbu	NOR	0:25:19,4	02:53,9	
104	150	8420778	Daniel Sandvand Omfjord	Oddersjaa Ssk	NOR	0:25:20,0	02:54,5	
105	227	8420472	Birk Fjellheim	Bossmo & Ytteren IL	NOR	0:25:21,1	02:55,6	
106	340	8420163	Tørres Lutnæs	Rustad IL	NOR	0:25:22,8	02:57,3	
107	218	8420511	Marcus Dahl-Rismyhr	Trøsken IL	NOR	0:25:23,5	02:58,0	
108	240	8420530	Magnus Kavli	Asker SK	NOR	0:25:24,7	02:59,2	

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Codex	2629	Laps	2
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Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
109	198	8420978	David Bertnes Leite	Innstranda IL	NOR	0:25:27,7	03:02,2	
110	238	8420721	Henrik Grøttum Engen	Røa	NOR	0:25:31,6	03:06,1	
111	188	8420803	Håvard Kolbeinsvik	Sauda IL	NOR	0:25:32,2	03:06,7	
112	261	8420451	Amund Engesvold Flataker	Hommelvik IL	NOR	0:25:32,3	03:06,8	
113	277	3502158	Bosse Lövgren	SWE	SWE	0:25:33,4	03:07,9	
114	262	8420582	Alexander Thorud	Idrettsforeningen	NOR	0:25:35,3	03:09,8	
115	224	8420705	Filip Osnes-Ringen	Lyn Ski	NOR	0:25:39,2	03:13,7	
116	233	8420518	Syver Brustad	Gui Sportsklubb	NOR	0:25:39,3	03:13,8	
117	189	3424924	Benjamin Jarinn Holm	Haslum IL	NOR	0:25:40,2	03:14,7	
118	187	8420584	Jens Kaasa Aakre	IL Skrim	NOR	0:25:41,4	03:15,9	
119	214	8420554	Lars Sander Viken	Asker SK	NOR	0:25:41,8	03:16,3	
120	247	8420232	Marcus Tunestveit Andersen	Lillehammer Skiklub	NOR	0:25:46,9	03:21,4	
121	159	8420842	Kristoffer Welhaven Thorstad	Lillehammer Skiklub	NOR	0:25:47,0	03:21,5	
122	205	8420398	Emil Skogheim	Åsen IL	NOR	0:25:47,6	03:22,1	
123	173	3424585	Eirik Hella	Gui Sportsklubb	NOR	0:25:49,1	03:23,6	
124	223	8420161	Ola Aurmo	Lom IL	NOR	0:25:49,8	03:24,3	
125	171	8420983	Eskil Brænden	Årvoll IL	NOR	0:25:50,1	03:24,6	
126	209	8420876	Sander Werket-Haug	Mjøndalen	NOR	0:25:51,9	03:26,4	
127	179	8420311	Samuel Kleppa	Gjesdal IL	NOR	0:25:53,6	03:28,1	
128	232	8420697	Marius Grønhovd Wiersdalen	Nedre Sigdal	NOR	0:25:54,1	03:28,6	
129	202	8420424	Tony André Höfler Kristiansen	IL Pioner Ski	NOR	0:25:54,9	03:29,4	
130	235	3424723	Sander Eggen Kjelstad	Støren Sportsklubb	NOR	0:25:56,0	03:30,5	
131	164	8420940	Kristoffer Stensland	Fet SK	NOR	0:25:57,5	03:32,0	
132	180	8420841	Jørgen Landmark Johansen	Lillehammer Skiklub	NOR	0:25:57,9	03:32,4	
133	160	8420613	Erik Røstad	Nordre Land IL	NOR	0:26:01,1	03:35,6	
134	190	8421000	Henrik Gaaserud	Lyn Ski	NOR	0:26:04,9	03:39,4	
135	201	3040139	Fedele Kitson De Campo	AUS	AUS	0:26:08,6	03:43,1	
136	167	8420804	Kristoffer Sola	Sandnes IL	NOR	0:26:11,0	03:45,5	
137	175	8420923	Jørgen Løken	Eidsvold Værks	NOR	0:26:11,3	03:45,8	
138	193	8421039	Lars Lystad Svorkdal	SVORKMO N.O.I.	NOR	0:26:13,4	03:47,9	
139	191	8420719	Sivert Stene Enger	Røa	NOR	0:26:14,3	03:48,8	
140	231	3250080	Frode Hymen	Ås IL	ISL	0:26:14,7	03:49,2	
141	161	8420844	Mathias Hoelsveen	Raufoss IL	NOR	0:26:15,6	03:50,1	
142	163	8420457	Magnus Johannessen	Moelven IL	NOR	0:26:17,9	03:52,4	
143	181	8420571	Eirik Fjeld	Hamar SK	NOR	0:26:29,2	04:03,7	
144	211	8420938	Martin Spigseth	Nes Ski	NOR	0:26:35,0	04:09,5	

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Chief of Competition	Audun Skattebo	Total Climb (MT)	135
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		Laplength	4671

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144	174	8420816	Morten Grut	Idrettslaget Nor	NOR	0:26:35,0	04:09,5	
146	176	8420805	Tage Aarekol	Vindafjord IL	NOR	0:26:36,3	04:10,8	
147	177	8421025	Nilas Goa Diab	Njård	NOR	0:26:38,3	04:12,8	
148	158	8420537	Sverre Murud Bratfos	Ullensaker SK	NOR	0:26:39,4	04:13,9	
148	170	3424579	Christian Stjern Evensen	Lyn Ski	NOR	0:26:39,4	04:13,9	
150	286	8420377	Erik Øfstedal	Sjåstad/ Vestre Lier	NOR	0:26:44,3	04:18,8	
151	148	8420557	Henrik Stenersen Øksby	Asker SK	NOR	0:26:44,4	04:18,9	
152	210	8420616	Eskil Engdal	Vind IL	NOR	0:26:44,5	04:19,0	
153	165	3250079	Astmar Helgi Kristinsson	ISL	ISL	0:26:46,7	04:21,2	
154	140	3390289	Mehis Udam	EST	EST	0:26:52,1	04:26,6	
155	183	8420925	Tobias Finstad Mandt	Nittedal IL	NOR	0:26:58,3	04:32,8	
156	144	8420848	Daniel Egedius	Vind IL	NOR	0:27:00,3	04:34,8	
157	166	8421001	Erik Salater Kjensjord	Lyn Ski	NOR	0:27:09,5	04:44,0	
158	203	3220052	James Slimon	GBR	GBR	0:27:17,2	04:51,7	
159	155	8420998	Vegard Salater Kjensjord	Lyn Ski	NOR	0:27:30,9	05:05,4	
160	141	8420906	August Marendor Hauger	Åsen IL	NOR	0:27:32,2	05:06,7	
161	156	8420990	Aksel Saue Saghaug	Lyn Ski	NOR	0:27:45,6	05:20,1	
162	162	8420595	Jonas Mile	Mjøndalen	NOR	0:28:02,6	05:37,1	
163	157	3220049	Cameron Cruickshank	GBR	GBR	0:28:04,6	05:39,1	
164	136	8421527	Olger Johannes Fosse Ramstad	Sør-Fron IL	NOR	0:28:35,6	06:10,1	
165	154	8420716	Jørgen Nekkar	Røa	NOR	0:28:53,6	06:28,1	
166	143	3220074	Jack Somerset	GBR	GBR	0:31:50,8	09:25,3	
167	381	8420096	Daniel Dukstad	Voss Idrottslag	NOR	0:37:26,3	15:00,8	
	244	8420546	Emil Andreassen Skaftnes	Ullensaker SK	NOR	DNF		
	258	8420928	Fredrik Flo Øfstaas	Nittedal IL	NOR	DNF		
	184	8420757	Hans Paolo Matcovich Aarbakke	Bærums Skiklub	NOR	DNF		
	257	3424549	Jørgen Harby	Lillehammer Skiklub	NOR	DNF		
	147	8420690	Sven Kristoffer Huseby	Kjelsås IL	NOR	DNF		
	230	8421034	Aksel Bjørkhaug	Førde IL	NOR	DNS		
	194	8420702	Christoffer Widding	Heming ILet	NOR	DNS		
	362	3424513	Espen Aakervik	Fet SK	NOR	DNS		
	314	8420360	Gard Lindby	Røa	NOR	DNS		
	204	8420689	Henrik Hillestad	Heming ILet	NOR	DNS		
	215	8420044	Ivar Nistad	Førde IL	NOR	DNS		
	146	8420890	Jakob Linner Tronsrud	Nord-Odal IL	NOR	DNS		
	153	3502506	Jakob Vebjørn Pettersson	SWE	SWE	DNS		



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	138	8420743	Jørgen Bjørndal Ottestad	Lyn Ski	NOR	DNS		
	268	8420474	Morten Skaanes	Strindheim IL	NOR	DNS		
	182	8420799	Ola Garmo Hov	Byåsen IL	NOR	DNS		
	135	3100538	Quinn Oshea	CAN	NOR	DNS		
	145	8420272	Sindre Syvertsen Overen	Kolbu KK	NOR	DNS		

Number of entered: 269

Number of started: 252

Jury Decision

Startno: 206 BJØRNSTAD Sondre Albrigtsen No transponder at start

Startno: 380 DE CAMPO Seve Other, 222.8 Fluor skis

Startno: 263 GIFSTAD Thomas 343.5 - Did not wear proper identification (bib, leg bib, tr