



# EQUINOR NM Langrenn 5 og 10 km

fre. 22 mar 2024



## M17 Official results

| Jury/Competition management  |                 | Data of course         |                  |
|------------------------------|-----------------|------------------------|------------------|
| Technical Delegate           | Toellefsen Rune | Name of course         | Lillehammer 5 km |
| Assistand Technical Delegate |                 | Height Difference (HD) | 57               |
| Assistant TD Nat.            |                 | Maximum climb (MM)     | 47               |
| Chief of Competition         |                 | Total Climb (MT)       | 178              |
| Codex                        | 2470            | Laps                   | 2                |
|                              |                 | Laplength              | 5084             |

| Rank | Startno | Fis code | Name                                                         | Team | Nation | Time      | Diff.   | Fis Points |
|------|---------|----------|--------------------------------------------------------------|------|--------|-----------|---------|------------|
| 1    | 305     | 8421348  | Andreas Sundal<br>Byåsen IL                                  |      | ST     | 0:30:24,4 | 00:00,0 |            |
| 2    | 225     | 8421350  | Henrik Garmo Hov<br>Byåsen IL                                |      | ST     | 0:30:35,3 | 00:10,9 |            |
| 3    | 412     | 8421401  | Leopold Strand<br>Njård                                      |      | OS     | 0:30:41,7 | 00:17,3 |            |
| 4    | 139     | 8421529  | Eivind Kollerud<br>Konnerud IL /Team Konnerud                |      | BU     | 0:31:03,1 | 00:38,7 |            |
| 5    | 233     | 8421351  | Iver Lund Gjerde<br>Byåsen IL                                |      | ST     | 0:31:03,3 | 00:38,9 |            |
| 6    | 241     | 8421439  | Tord Mathias Hareland Berget<br>Dombås IL /NTG-L             |      | OP     | 0:32:00,8 | 01:36,4 |            |
| 7    | 328     | 8421409  | Emil August Longva<br>Rustad IL                              |      | OS     | 0:32:02,7 | 01:38,3 |            |
| 7    | 348     | 8421389  | Fredrik Wilhelmsen Garstad<br>Kjelsås IL                     |      | OS     | 0:32:02,7 | 01:38,3 |            |
| 9    | 231     | 8421356  | Håkon Bøklep<br>Surnadal IL                                  |      | ST     | 0:32:13,1 | 01:48,7 |            |
| 10   | 227     | 8421374  | Herman Wille<br>Oseberg Skilag                               |      | TV     | 0:32:31,2 | 02:06,8 |            |
| 11   | 398     | 8421387  | Sondre Strande Omland<br>Kjelsås IL                          |      | OS     | 0:32:35,1 | 02:10,7 |            |
| 12   | 282     | 8421505  | Brage Strandli<br>Holmen Idrettsforening /Team Vestmarka     |      | AK     | 0:32:40,8 | 02:16,4 |            |
| 13   | 344     | 8421449  | Joakim Marsteintredet Pedersen<br>Lillehammer Skiklub /NTG-L |      | OP     | 0:32:53,6 | 02:29,2 |            |
| 14   | 341     | 8421394  | Markus Nordgren Mykkeltvedt<br>Lyn Ski                       |      | OS     | 0:33:06,1 | 02:41,7 |            |
| 15   | 111     | 8421349  | Sondre Mæhlum Krüger<br>Byaasen Skiklub                      |      | ST     | 0:33:12,6 | 02:48,2 |            |
| 16   | 164     | 8421486  | Peder Kristian Heimdal<br>Bardu IL                           |      | TR     | 0:33:33,7 | 03:09,3 |            |
| 17   | 243     | 8421392  | Jacob Bentzen Utistog<br>Koll, ILet                          |      | OS     | 0:33:34,1 | 03:09,7 |            |
| 18   | 84      | 8421347  | Jon Sæter<br>Byåsen IL                                       |      | ST     | 0:33:40,2 | 03:15,8 |            |



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| 19   | 274     | 8421445  | Ludvik Ytredal Harstad<br>Lillehammer Skiklub /NTG-L         |      | OP     | 0:33:58,7 | 03:34,3 |            |
| 20   | 226     | 8421522  | Henrik Vea Johnsen<br>Eidsvold Værks Skiklub /NTG-L          |      | AK     | 0:34:03,8 | 03:39,4 |            |
| 21   | 214     | 8421497  | Johan Berge Børsheim<br>Voss Idrottslag                      |      | HO     | 0:34:05,1 | 03:40,7 |            |
| 22   | 151     | 8421495  | Tristan Kahrs Guldbrandsen<br>Viking Turn og Idrettsforening |      | HO     | 0:34:08,2 | 03:43,8 |            |
| 23   | 221     | 8421491  | Henrik Jørgensen<br>Fossum Idrettsforening                   |      | AK     | 0:34:11,9 | 03:47,5 |            |
| 24   | 181     | 8421428  | Fredrik Olesøn Bull<br>Heming ILet                           |      | OS     | 0:34:14,3 | 03:49,9 |            |
| 25   | 269     | 8421406  | Magnus Christian Haustreis<br>Rustad IL                      |      | OS     | 0:34:18,7 | 03:54,3 |            |
| 26   | 144     | 8421370  | Noah Rønningen Boge<br>Oseberg Skilag                        |      | TV     | 0:34:20,4 | 03:56,0 |            |
| 27   | 147     | 8421460  | Kristian Bernhardsen<br>Idrettslaget Polarstjernen           |      | FI     | 0:34:21,0 | 03:56,6 |            |
| 28   | 199     | 8421447  | Simen Landmark Johansen<br>Lillehammer Skiklub /NTG-L        |      | OP     | 0:34:35,0 | 04:10,6 |            |
| 29   | 167     | 8421363  | Vemund Myhre<br>Vegårshei IL /Hovden Skigymna                |      | AR     | 0:34:49,4 | 04:25,0 |            |
| 30   | 188     | 8421432  | Martin Holtet<br>Granli IL                                   |      | HE     | 0:34:51,7 | 04:27,3 |            |
| 31   | 46      | 8421507  | Henrik Svindseth<br>Holmen Idrettsforening /Team Vestmarka   |      | AK     | 0:34:53,5 | 04:29,1 |            |
| 32   | 149     | 8421510  | Jonas Torp<br>Eidsvold Værks Skiklub                         |      | AK     | 0:34:55,9 | 04:31,5 |            |
| 33   | 116     | 8421472  | Laurits Laukli<br>Konnerud IL /Team Konnerud                 |      | BU     | 0:34:56,1 | 04:31,7 |            |
| 34   | 112     | 8421504  | Tobias Hansen Skovseth<br>Nordre Eidsvoll IL                 |      | AK     | 0:34:58,2 | 04:33,8 |            |
| 35   | 154     | 8421365  | Thomas Bakka<br>Suldal IL /Hovden Skigymna                   |      | AR     | 0:35:02,2 | 04:37,8 |            |
| 36   | 120     | 8421435  | Sturla Dahl Bøhleng<br>Hamar SK                              |      | HE     | 0:35:02,8 | 04:38,4 |            |



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|------|---------|----------|-----------------------------------------------------------|------|--------|-----------|---------|------------|
| 37   | 110     | 8421379  | Vegar Svaleng<br>Bossmo & Ytteren IL /Meråker v.g. sk     |      | NO     | 0:35:04,1 | 04:39,7 |            |
| 38   | 121     | 8421493  | Emil Brattebø<br>Bulken IL                                |      | HO     | 0:35:12,3 | 04:47,9 |            |
| 39   | 41      | 8421429  | Sverre Amundsen Klungland<br>Heming ILet                  |      | OS     | 0:35:24,4 | 05:00,0 |            |
| 40   | 183     | 8421467  | Even Sveaass Teigen<br>Eiker SK /Team Konnerud            |      | BU     | 0:35:30,8 | 05:06,4 |            |
| 41   | 122     | 8421364  | Johannes Gumpen Engesland<br>Birkenes IL /Hovden Skigymna |      | AR     | 0:35:33,7 | 05:09,3 |            |
| 42   | 174     | 8421362  | Haakon Oddebug<br>Kyrksæterøra IL Kil /Meråker v.g. sk    |      | ST     | 0:35:35,3 | 05:10,9 |            |
| 43   | 129     | 8421518  | Victor Åsrud Toussaint<br>Nittedal IL /Team Nittedal      |      | AK     | 0:35:41,9 | 05:17,5 |            |
| 44   | 249     | 8421512  | Albert Juvik Tveitnes<br>Fossum Idrettsforening           |      | AK     | 0:35:43,2 | 05:18,8 |            |
| 45   | 136     | 8421372  | Christian Torvund<br>Idrettsforeningen Ørn                |      | TV     | 0:35:50,5 | 05:26,1 |            |
| 46   | 75      | 8421509  | Erik Clark Thronsen<br>Fossum Idrettsforening             |      | AK     | 0:35:50,8 | 05:26,4 |            |
| 47   | 103     | 8421375  | Birk Bjaadal Winberg<br>Stathelle og Omegn IL             |      | TV     | 0:35:57,9 | 05:33,5 |            |
| 48   | 73      | 8421461  | Kasper Ramdal Farbu<br>Leksvik IL                         |      | NT     | 0:36:05,9 | 05:41,5 |            |
| 49   | 70      | 8421421  | Kristoffer Hoslemo Woll<br>Røa Allianseidrettslag         |      | OS     | 0:36:09,5 | 05:45,1 |            |
| 50   | 115     | 8421436  | Simen Antonsen<br>MjøsSki                                 |      | HE     | 0:36:10,8 | 05:46,4 |            |
| 51   | 60      | 8421501  | Mathias Nakling<br>Eidsvold Værks Skiklub                 |      | AK     | 0:36:12,8 | 05:48,4 |            |
| 52   | 26      | 8421395  | Frederik Redigh Stickler<br>Lyn Ski                       |      | OS     | 0:36:14,5 | 05:50,1 |            |
| 53   | 166     | 8421506  | Per Sunde Rønning<br>Nittedal IL /Team Nittedal           |      | AK     | 0:36:16,6 | 05:52,2 |            |
| 54   | 150     | 8421473  | Sondre Larsen Røed<br>Krødsherad IL /NTG-G                |      | BU     | 0:36:19,9 | 05:55,5 |            |



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|------|---------|----------|------------------------------------------------------------------|------|--------|-----------|---------|------------|
| 55   | 117     | 8421368  | Johan Harila Reiersen<br>Idrettslaget Polarstjernen              |      | FI     | 0:36:36,2 | 06:11,8 |            |
| 56   | 74      | 8421384  | Kristian Ekern<br>Idrettslaget Try                               |      | OS     | 0:36:43,1 | 06:18,7 |            |
| 57   | 180     | 8421420  | Elias Hetle Hagen<br>Lørenskog SK                                |      | AK     | 0:36:49,7 | 06:25,3 |            |
| 58   | 198     | 8421415  | Sondre Leknes Frey<br>Bærum's Skiklub /Team Vestmarka            |      | AK     | 0:36:50,9 | 06:26,5 |            |
| 59   | 165     | 8421367  | Noa Gulbrandsen<br>Nordreisa IL                                  |      | TR     | 0:36:51,2 | 06:26,8 |            |
| 60   | 52      | 8421500  | Caspar Mølmen-Nertun<br>Dikemark Idrettsforening                 |      | AK     | 0:37:01,8 | 06:37,4 |            |
| 61   | 82      | 8421433  | Sander Aasheim<br>Grue IL                                        |      | HE     | 0:37:05,1 | 06:40,7 |            |
| 62   | 31      | 8421361  | Oscar Skjetlein<br>Byåsen IL                                     |      | ST     | 0:37:14,7 | 06:50,3 |            |
| 63   | 63      | 8421490  | Noah Aasen Hovde<br>Fossum Idrettsforening                       |      | AK     | 0:37:18,3 | 06:53,9 |            |
| 64   | 79      | 8421452  | Even Aunbu Sandemose<br>Kjelsås IL                               |      | OS     | 0:37:21,0 | 06:56,6 |            |
| 65   | 48      | 8421414  | Emil Falkenberg-Jensen<br>Holmen Idrettsforening /Team Vestmarka |      | AK     | 0:37:36,7 | 07:12,3 |            |
| 66   | 72      | 8421455  | Benjamin Solbrekke<br>Lillehammer Skiklub                        |      | OP     | 0:37:48,1 | 07:23,7 |            |
| 67   | 148     | 8421366  | Marius Østervold<br>Il Vindbjart /Hovden Skigymna                |      | AR     | 0:37:49,7 | 07:25,3 |            |
| 68   | 61      | 8421424  | Petter Elias Wisth<br>Røa Allianseidrettslag                     |      | OS     | 0:37:57,0 | 07:32,6 |            |
| 69   | 195     | 8421438  | Karsten Ellevold<br>Odal SK                                      |      | HE     | 0:38:00,5 | 07:36,1 |            |
| 70   | 89      | 8421430  | Kasper Tornes<br>Heming ILet                                     |      | OS     | 0:38:15,1 | 07:50,7 |            |
| 71   | 83      | 8421381  | Herman Asmyhr-Andersen<br>Eiker SK /Team Konnerud                |      | BU     | 0:38:26,6 | 08:02,2 |            |
| 72   | 190     | 8421431  | Vetle Haugnes<br>Oppegård IL                                     |      | AK     | 0:38:31,1 | 08:06,7 |            |



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|------|---------|----------|---------------------------------------------------------------------|------|--------|-----------|---------|------------|
| 73   | 34      | 8421463  | Johannes Skistad<br>Overhalla IL /Meråker v.g. sk                   |      | NT     | 0:38:32,2 | 08:07,8 |            |
| 74   | 33      | 8421517  | Marius Årdal<br>Eidsvold Værks Skiklub                              |      | AK     | 0:38:35,7 | 08:11,3 |            |
| 75   | 94      | 8421405  | Ola Tandstad Fischer<br>Rustad IL /NTG-G                            |      | OS     | 0:38:35,8 | 08:11,4 |            |
| 76   | 66      | 8421514  | Thomas Venbakken<br>Fossum Idrettsforening                          |      | AK     | 0:38:50,9 | 08:26,5 |            |
| 77   | 45      | 8421523  | Aleksander Hørgård<br>Idrettslaget Jardar /Team Vestmarka           |      | AK     | 0:39:01,6 | 08:37,2 |            |
| 78   | 76      | 8421511  | Even Nygård Thorseng<br>Fossum Idrettsforening                      |      | AK     | 0:39:02,0 | 08:37,6 |            |
| 79   | 78      | 8421457  | Ola Gjøen Megård<br>Molde og Omegn Idrettsforening /Meråker v.g. sk |      | MR     | 0:39:12,1 | 08:47,7 |            |
| 80   | 59      | 8421425  | Sverre Skjærholt<br>Kjelsås IL                                      |      | OS     | 0:39:37,4 | 09:13,0 |            |
| 81   | 102     | 8421397  | Peder Kristofer Rostock Taraldsen<br>Lyn Ski                        |      | OS     | 0:39:37,8 | 09:13,4 |            |
| 82   | 8       | 8421422  | Ludvik Kjos Haug<br>Dikemark Idrettsforening                        |      | AK     | 0:40:32,4 | 10:08,0 |            |
| 83   | 21      | 8421499  | Johannes Giertsen Myhre<br>Skedsmo SK                               |      | AK     | 0:40:35,9 | 10:11,5 |            |
| 84   | 35      | 8421465  | Børge Sørli Sørholt<br>Vinne Skilag                                 |      | NT     | 0:40:37,1 | 10:12,7 |            |
| 85   | 56      | 8421498  | Ola Jahre Lund<br>Idrettslaget Jardar                               |      | AK     | 0:41:31,9 | 11:07,5 |            |
| 86   | 23      | 8421419  | Erik Thune Rolfsen<br>Røa Allianseidrettslag                        |      | OS     | 0:42:14,1 | 11:49,7 |            |
| 87   | 19      | 8421444  | Magnus Finstad<br>Heming ILet                                       |      | OS     | 0:42:25,0 | 12:00,6 |            |
| 88   | 20      | 8421357  | Lars Skarsbakk<br>Malvik IL /Meråker v.g. sk                        |      | ST     | 0:42:25,6 | 12:01,2 |            |
| 89   | 44      | 3531476  | Ethan Beaumont Smith<br>Lyn Ski                                     |      | OS     | 0:42:45,8 | 12:21,4 |            |
| 90   | 43      | 8421388  | Nicklas André Jørgensen<br>Trøsken IL                               |      | ØF     | 0:43:08,3 | 12:43,9 |            |



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| 91   | 96      | 3170087  | Falk Halkier Egelie<br>Idrettslaget Runar                        |      | TV     | 0:44:01,1 | 13:36,7 |            |
| 92   | 29      | 8421412  | Bastian Ekrheim<br>Holmen Idrettsforening /Team Vestmarka        |      | AK     | 0:44:24,5 | 14:00,1 |            |
|      | 202     | 8421456  | Eirik Hauer Aalberg<br>Lillehammer Skiklub /NTG-L                |      | OP     | DNF       |         |            |
|      | 91      | 8421492  | Elmer Olaf Lommerud<br>Lørenskog SK                              |      | AK     | DNF       |         |            |
|      | 107     | 8421485  | Henrik Westgaard Hanssen<br>Ankenes SK /Meråker v.g. sk          |      | TR     | DNF       |         |            |
|      | 239     | 8421450  | Ludvig Lunde Ragnhildsløkken<br>Vind IL /NTG-L                   |      | OP     | DNF       |         |            |
|      | 47      | 8421371  | Mathias Ellingsdalen<br>Gulset Idrettsforening                   |      | TV     | DNF       |         |            |
|      | 163     | 8421446  | Nataniel Bjugan Haanshus<br>Lillehammer Skiklub                  |      | OP     | DNF       |         |            |
|      | 67      | 8421400  | Niklas Gundhus Dyrberg<br>Holmen Idrettsforening /Team Vestmarka |      | AK     | DNF       |         |            |
|      | 28      | 8421353  | Sverre Lohne-Nilsen<br>Hommelvik IL /Meråker v.g. sk             |      | ST     | DNF       |         |            |
|      | 40      | 8421390  | Emil Syversen Rekvinn<br>Trøsken IL                              |      | ØF     | DNS       |         |            |
|      | 134     | 8421440  | Even Broberg<br>Jevnaker Idrettsforening Ski /NTG-L              |      | OP     | DNS       |         |            |
|      | 138     | 8421437  | Ole Jacob Ellevold<br>Odal SK                                    |      | HE     | DNS       |         |            |
|      | 133     | 8421393  | Oliver Redigh Drønnesund<br>Lyn Ski                              |      | OS     | DNS       |         |            |
|      | 98      | 8421451  | Peder Robøle-Sørensen<br>Gran IL                                 |      | OP     | DNS       |         |            |
|      | 55      | 8421520  | Pelle Christiansen Stub Aune<br>Bærums Skiklub /Team Vestmarka   |      | AK     | DNS       |         |            |
|      | 39      | 8421426  | Peter Alexander Hjelpdahl Deinboll<br>Bækkelagets Sportsklub     |      | OS     | DNS       |         |            |
|      | 162     | 8421496  | Skage Ringheim-Helgaset<br>Voss Idrottslag                       |      | HO     | DNS       |         |            |

Number of entered: 556

Number of started: 534



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| 1    | 402     | 8421093  | Halvor Kvennås<br>Byåsen IL                            |      | ST     | 0:29:53,0 | 00:00,0 |            |
| 2    | 375     | 8421245  | Benjamin Hunstad<br>Konnerud IL /Team Konnerud         |      | BU     | 0:30:45,9 | 00:52,9 |            |
| 3    | 415     | 8421266  | Jonas Malmo Skogstad<br>Kvaløysletta Skilag            |      | TR     | 0:31:15,5 | 01:22,5 |            |
| 4    | 436     | 8421088  | Olav Fugelsøy<br>Surnadal IL                           |      | ST     | 0:31:20,1 | 01:27,1 |            |
| 5    | 400     | 8421161  | Marcus Alexander Næss<br>Nittedal IL /Team Nittedal    |      | AK     | 0:31:21,1 | 01:28,1 |            |
| 6    | 184     | 8421108  | Eirik Høgli<br>Byåsen IL                               |      | ST     | 0:31:41,7 | 01:48,7 |            |
| 7    | 442     | 8421128  | Torjus Magnus Harbo<br>Fossum Idrettsforening          |      | AK     | 0:31:45,7 | 01:52,7 |            |
| 8    | 368     | 8421087  | Ottar Rekstad<br>Byåsen IL                             |      | ST     | 0:31:47,3 | 01:54,3 |            |
| 9    | 431     | 3201198  | Christoffer Rüger<br>Gulset Idrettsforening /NTG-L     |      | TV     | 0:31:48,9 | 01:55,9 |            |
| 10   | 416     | 8421210  | Sigve Eirik Benonisen<br>Nordreisa IL /Nord-Norsk skil |      | TR     | 0:31:58,0 | 02:05,0 |            |
| 11   | 332     | 8421216  | Snorre Skogstad<br>Kvaløysletta Skilag                 |      | TR     | 0:32:06,2 | 02:13,2 |            |
| 12   | 367     | 8421102  | Endre Sæterbø Nielsen<br>Strindheim IL                 |      | ST     | 0:32:14,1 | 02:21,1 |            |
| 13   | 100     | 8421105  | Milo Mathias Høve<br>Strindheim IL /Meråker v.g. sk    |      | ST     | 0:32:17,5 | 02:24,5 |            |
| 14   | 331     | 8421094  | Jørgen Storli<br>Strindheim IL                         |      | ST     | 0:32:20,7 | 02:27,7 |            |
| 15   | 173     | 8421083  | Sondre Harstad Rinde<br>Skarphedin IL                  |      | TV     | 0:32:34,0 | 02:41,0 |            |
| 16   | 157     | 8421100  | Sverre Smistad<br>Byåsen IL                            |      | ST     | 0:32:37,4 | 02:44,4 |            |
| 17   | 413     | 8421149  | Kristoffer Jebens Katla<br>Haslum IL /Team Vestmarka   |      | AK     | 0:32:41,0 | 02:48,0 |            |
| 18   | 357     | 8421224  | Edvard Bjåstad<br>Sandnes IL /Hovden Skigymna          |      | AR     | 0:32:45,7 | 02:52,7 |            |



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## M18 Official results

| Jury/Competition management  |                 | Data of course         |                  |
|------------------------------|-----------------|------------------------|------------------|
| Technical Delegate           | Toellefsen Rune | Name of course         | Lillehammer 5 km |
| Assistand Technical Delegate |                 | Height Difference (HD) | 57               |
| Assistant TD Nat.            |                 | Maximum climb (MM)     | 47               |
| Chief of Competition         |                 | Total Climb (MT)       | 178              |
| Codex                        | 2470            | Laps                   | 2                |
|                              |                 | Laplength              | 5084             |

| Rank | Startno | Fis code | Name                                                          | Team | Nation | Time      | Diff.   | Fis Points |
|------|---------|----------|---------------------------------------------------------------|------|--------|-----------|---------|------------|
| 19   | 393     | 8421239  | Emil Amundsen<br>Konnerud IL /Team Konnerud                   |      | BU     | 0:32:46,5 | 02:53,5 |            |
| 20   | 522     | 8421214  | Noah Marius Olsen<br>Tromsø SK Langrenn                       |      | TR     | 0:32:47,3 | 02:54,3 |            |
| 21   | 318     | 8421126  | Christopher Holberg<br>Heming ILet                            |      | OS     | 0:32:49,7 | 02:56,7 |            |
| 22   | 371     | 8421121  | Mats Daviknes-Andreassen<br>Nittedal IL /Team Nittedal        |      | AK     | 0:32:54,2 | 03:01,2 |            |
| 23   | 379     | 8421264  | Emil Reite<br>Hammerfest SK /NTG-L                            |      | FI     | 0:32:56,8 | 03:03,8 |            |
| 24   | 304     | 8421158  | Fredrik Nilssen<br>Gjelleråsen Idrettsforening /Team Nittedal |      | AK     | 0:32:57,3 | 03:04,3 |            |
| 25   | 236     | 8421282  | Jørgen Skrindsrud Nordaas<br>Øystre Slidre IL /NTG-G          |      | OP     | 0:33:02,7 | 03:09,7 |            |
| 26   | 242     | 8421123  | Ola Dåsnes<br>Vang Skiløperforening /NTG-L                    |      | HE     | 0:33:04,3 | 03:11,3 |            |
| 27   | 383     | 8421146  | Kristian Kirkeng<br>ROS IL /Team Konnerud                     |      | BU     | 0:33:05,9 | 03:12,9 |            |
| 28   | 283     | 8421208  | Alexander Aronsen Skjeldal<br>Årvoll IL                       |      | OS     | 0:33:07,3 | 03:14,3 |            |
| 29   | 391     | 8421194  | Jørgen Hvatum<br>Njård                                        |      | OS     | 0:33:15,1 | 03:22,1 |            |
| 30   | 326     | 8421152  | Truls Tollersrud Von Der Lippe<br>Nittedal IL /Team Nittedal  |      | AK     | 0:33:17,1 | 03:24,1 |            |
| 31   | 240     | 8421232  | Kristian Bragstad Rannem<br>Inderøy IL                        |      | NT     | 0:33:17,2 | 03:24,2 |            |
| 32   | 123     | 8421133  | Vegard Sjaastad<br>Heming ILet                                |      | OS     | 0:33:26,1 | 03:33,1 |            |
| 33   | 281     | 8421076  | Sindre Østlien Evensen<br>Vind IL /NTG-L                      |      | OP     | 0:33:27,8 | 03:34,8 |            |
| 34   | 325     | 8421291  | Kasper Fet Støtvig<br>Oseberg Skilag                          |      | TV     | 0:33:29,6 | 03:36,6 |            |
| 35   | 279     | 8421168  | Mathias Heuer Thorstensen<br>Nittedal IL /Team Nittedal       |      | AK     | 0:33:30,9 | 03:37,9 |            |
| 36   | 339     | 8421293  | Håkon Fleischer<br>Hof IL /NTG-L                              |      | TV     | 0:33:31,7 | 03:38,7 |            |



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## M18 Official results

| Jury/Competition management  |                 | Data of course         |                  |
|------------------------------|-----------------|------------------------|------------------|
| Technical Delegate           | Toellefsen Rune | Name of course         | Lillehammer 5 km |
| Assistand Technical Delegate |                 | Height Difference (HD) | 57               |
| Assistant TD Nat.            |                 | Maximum climb (MM)     | 47               |
| Chief of Competition         |                 | Total Climb (MT)       | 178              |
| Codex                        | 2470            | Laps                   | 2                |
|                              |                 | Laplength              | 5084             |

| Rank | Startno | Fis code | Name                                                           | Team | Nation | Time      | Diff.   | Fis Points |
|------|---------|----------|----------------------------------------------------------------|------|--------|-----------|---------|------------|
| 37   | 257     | 8421258  | Elias Nagypal Svendsen<br>Konnerud IL /Team Konnerud           |      | BU     | 0:33:42,4 | 03:49,4 |            |
| 38   | 261     | 8421292  | Vetle Høgseth Grønn<br>Larvik Ski                              |      | TV     | 0:33:51,0 | 03:58,0 |            |
| 39   | 90      | 8421169  | Marius Vestli<br>Fet SK                                        |      | AK     | 0:33:52,8 | 03:59,8 |            |
| 40   | 246     | 8421233  | Stian Rønning<br>Lånke IL /Meråker v.g. sk                     |      | NT     | 0:33:55,2 | 04:02,2 |            |
| 41   | 101     | 8421078  | Torjus Brusveen-Jensen<br>Lyn Ski                              |      | OS     | 0:33:56,6 | 04:03,6 |            |
| 42   | 156     | 3502542  | Emil Creutzer Langslet<br>Idrettslaget Ivrig                   |      | TV     | 0:34:05,7 | 04:12,7 |            |
| 43   | 330     | 8421184  | Emil Aslaksen Røed<br>Molde og Omegn Idrettsforening           |      | MR     | 0:34:06,3 | 04:13,3 |            |
| 44   | 306     | 8421180  | Niklas Bosdal Thorsen<br>Førde IL /Hovden Skigymna             |      | SF     | 0:34:09,5 | 04:16,5 |            |
| 45   | 251     | 8421114  | Vetle Austad<br>Fossum Idrettsforening                         |      | AK     | 0:34:12,2 | 04:19,2 |            |
| 46   | 210     | 8421229  | Fredrik Mollan<br>Inderøy IL                                   |      | NT     | 0:34:12,6 | 04:19,6 |            |
| 47   | 259     | 8421226  | Iver Bjerga Øverland<br>Sauda IL /Hovden Skigymna              |      | AR     | 0:34:15,3 | 04:22,3 |            |
| 48   | 278     | 8421231  | Theodor Pedersen Østerås<br>IL Varden Meråker /Meråker v.g. sk |      | NT     | 0:34:17,0 | 04:24,0 |            |
| 49   | 211     | 8421166  | Magnus Smedsrud<br>Eidsvold Værks Skiklub                      |      | AK     | 0:34:21,1 | 04:28,1 |            |
| 50   | 215     | 8421092  | Anders Spets Renå<br>Hommelvik IL /Meråker v.g. sk             |      | ST     | 0:34:24,7 | 04:31,7 |            |
| 51   | 237     | 8421186  | Jakob Bruun Lorentsen<br>Koll, ILet                            |      | OS     | 0:34:26,1 | 04:33,1 |            |
| 52   | 255     | 8421138  | Alfred Oscar Foss<br>Kjelsås IL                                |      | OS     | 0:34:27,0 | 04:34,0 |            |
| 53   | 140     | 8421101  | Ask Holmvassdal<br>Strindheim IL                               |      | ST     | 0:34:29,5 | 04:36,5 |            |
| 54   | 127     | 8421103  | Sigurd Ekle-Danielsen<br>Strindheim IL                         |      | ST     | 0:34:37,4 | 04:44,4 |            |



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| Jury/Competition management  |                 | Data of course         |                  |
|------------------------------|-----------------|------------------------|------------------|
| Technical Delegate           | Toellefsen Rune | Name of course         | Lillehammer 5 km |
| Assistand Technical Delegate |                 | Height Difference (HD) | 57               |
| Assistant TD Nat.            |                 | Maximum climb (MM)     | 47               |
| Chief of Competition         |                 | Total Climb (MT)       | 178              |
| Codex                        | 2470            | Laps                   | 2                |
|                              |                 | Laplength              | 5084             |

| Rank | Startno | Fis code | Name                                                        | Team | Nation | Time      | Diff.   | Fis Points |
|------|---------|----------|-------------------------------------------------------------|------|--------|-----------|---------|------------|
| 55   | 153     | 8421236  | Vinjar Eggen Vatne<br>Leksdal IL /Meråker v.g. sk           |      | NT     | 0:34:44,1 | 04:51,1 |            |
| 56   | 253     | 8421163  | Markus Lie Petterson<br>Haslum IL /Team Vestmarka           |      | AK     | 0:34:46,3 | 04:53,3 |            |
| 57   | 289     | 8421192  | Olav Andreas Underhaug<br>Lyn Ski                           |      | OS     | 0:34:55,2 | 05:02,2 |            |
| 58   | 308     | 8421162  | Markus Buraas Pedersen<br>Fet SK                            |      | AK     | 0:34:55,7 | 05:02,7 |            |
| 59   | 194     | 8421238  | Sigve Vist<br>Inderøy IL                                    |      | NT     | 0:34:57,0 | 05:04,0 |            |
| 60   | 196     | 8421117  | Magnus Blåfjell<br>Skedsmo SK                               |      | AK     | 0:35:01,3 | 05:08,3 |            |
| 61   | 146     | 8421110  | Bror Filip Korsæth<br>Trøsken IL /Hovden Skigymna           |      | ØF     | 0:35:02,3 | 05:09,3 |            |
| 62   | 263     | 8421122  | Theodor Dilling Gomo<br>Oppegård IL                         |      | AK     | 0:35:17,3 | 05:24,3 |            |
| 63   | 3       | 8421562  | Daniel Loga Gjerde<br>Froland IL /NTG-L                     |      | AR     | 0:35:30,6 | 05:37,6 |            |
| 64   | 235     | 8421081  | Kristoffer Saga<br>Stathelle og Omegn IL                    |      | TV     | 0:35:32,4 | 05:39,4 |            |
| 65   | 42      | 8421172  | Kristian Limbodal Ørbæk<br>Vang Skiløperforening            |      | HE     | 0:35:41,5 | 05:48,5 |            |
| 66   | 232     | 8421263  | Markus Håheim<br>Voss Idrottslag                            |      | HO     | 0:35:42,7 | 05:49,7 |            |
| 67   | 38      | 8421262  | Emil Inge Namtvedt<br>Viking Turn og Idrettsforening /NTG-G |      | HO     | 0:35:55,4 | 06:02,4 |            |
| 68   | 273     | 8421170  | Eirik Sjølv Værnes<br>Asker SK /NTG-L                       |      | AK     | 0:36:00,2 | 06:07,2 |            |
| 69   | 434     | 8421191  | William Abel Majak<br>NOTEAM                                |      | NOR    | 0:36:01,1 | 06:08,1 |            |
| 70   | 216     | 8421164  | Mathias Lie Petterson<br>Haslum IL /Team Vestmarka          |      | AK     | 0:36:13,3 | 06:20,3 |            |
| 71   | 124     | 8421175  | Gard Sønnesyn<br>Idrettslaget Bjørn                         |      | SF     | 0:36:16,3 | 06:23,3 |            |
| 72   | 247     | 8421085  | Knut Eirik Aspheim Kåsa<br>Gulset Idrettsforening           |      | TV     | 0:36:17,8 | 06:24,8 |            |



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## M18 Official results

| Jury/Competition management  |                 | Data of course         |                  |
|------------------------------|-----------------|------------------------|------------------|
| Technical Delegate           | Toellefsen Rune | Name of course         | Lillehammer 5 km |
| Assistand Technical Delegate |                 | Height Difference (HD) | 57               |
| Assistant TD Nat.            |                 | Maximum climb (MM)     | 47               |
| Chief of Competition         |                 | Total Climb (MT)       | 178              |
| Codex                        | 2470            | Laps                   | 2                |
|                              |                 | Laplength              | 5084             |

| Rank | Startno | Fis code | Name                                                                   | Team | Nation | Time      | Diff.   | Fis Points |
|------|---------|----------|------------------------------------------------------------------------|------|--------|-----------|---------|------------|
| 73   | 85      | 8421230  | Marcelo Hetland Strand<br>Sandnes IL                                   |      | AR     | 0:36:29,0 | 06:36,0 |            |
| 74   | 137     | 8421321  | Mikkel Breie Nystuen<br>Rendalen IL                                    |      | HE     | 0:36:39,1 | 06:46,1 |            |
| 75   | 54      | 8421237  | Ole Andreas Rinnan Veske<br>Sportsklubben Nessegutten /Meråker v.g. sk |      | NT     | 0:36:42,5 | 06:49,5 |            |
| 76   | 62      | 8421255  | Elias Grongstad Pedersen<br>IL Skrim                                   |      | BU     | 0:36:54,9 | 07:01,9 |            |
| 77   | 191     | 8421074  | Kristian Viken Strand<br>Byåsen IL                                     |      | ST     | 0:37:00,7 | 07:07,7 |            |
| 78   | 152     | 8421270  | Anders Dokke<br>Raufoss IL Langrenn                                    |      | OP     | 0:37:10,5 | 07:17,5 |            |
| 79   | 161     | 8421285  | Ole Hedalen Stølen<br>Øystre Slidre IL /NTG-G                          |      | OP     | 0:37:11,4 | 07:18,4 |            |
| 80   | 169     | 8421113  | Tor Even Askautrud<br>Nesodden IF /NTG-G                               |      | AK     | 0:37:39,3 | 07:46,3 |            |
| 81   | 64      | 8421205  | Remi Korsnes Andresen<br>Sportsklubben Nessegutten                     |      | NT     | 0:37:43,3 | 07:50,3 |            |
| 82   | 88      | 8421240  | David Krantz Dahl<br>Konnerud IL /Team Konnerud                        |      | BU     | 0:37:46,2 | 07:53,2 |            |
| 83   | 185     | 8421199  | Ole Riiber<br>Røa Allianseidrettslag                                   |      | OS     | 0:37:56,6 | 08:03,6 |            |
| 84   | 92      | 8421246  | Jakob Kjerstadmo<br>Ringkollen SK                                      |      | BU     | 0:37:57,9 | 08:04,9 |            |
| 85   | 97      | 8421131  | Kristian Hildrum-Andreassen<br>Drøbak-Frogn IL /Meråker v.g. sk        |      | AK     | 0:38:10,3 | 08:17,3 |            |
| 86   | 170     | 8421274  | Håkon Nalum Rakkestad<br>Kjelsås IL                                    |      | OS     | 0:38:21,0 | 08:28,0 |            |
| 87   | 104     | 8421107  | Marius Kolloen Hjelle<br>Moelven IL /Meråker v.g. sk                   |      | HE     | 0:38:42,1 | 08:49,1 |            |
| 88   | 86      | 8421283  | Edvald Smogeli Opsann<br>Lillehammer Skiklub                           |      | OP     | 0:39:45,5 | 09:52,5 |            |
| 89   | 7       | 8421298  | Jonas Spilling Hestnes<br>Idrettslaget Ivrig                           |      | TV     | 0:40:07,0 | 10:14,0 |            |
| 90   | 30      | 8421079  | Tov Eng<br>IL Skrim                                                    |      | BU     | 0:40:47,3 | 10:54,3 |            |



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## M18 Official results

| Jury/Competition management  |                 | Data of course         |                  |
|------------------------------|-----------------|------------------------|------------------|
| Technical Delegate           | Toellefsen Rune | Name of course         | Lillehammer 5 km |
| Assistand Technical Delegate |                 | Height Difference (HD) | 57               |
| Assistant TD Nat.            |                 | Maximum climb (MM)     | 47               |
| Chief of Competition         |                 | Total Climb (MT)       | 178              |
| Codex                        | 2470            | Laps                   | 2                |
|                              |                 | Laplength              | 5084             |

| Rank | Startno | Fis code | Name                                                       | Team | Nation | Time      | Diff.   | Fis Points |
|------|---------|----------|------------------------------------------------------------|------|--------|-----------|---------|------------|
| 91   | 172     | 8421104  | Jonathan Hovdal<br>Klæbu IL /Meråker v.g. sk               |      | ST     | 0:41:17,6 | 11:24,6 |            |
| 92   | 36      | 8421159  | Teodor Vidnes Norgren<br>Fossum Idrettsforening            |      | AK     | 0:41:55,7 | 12:02,7 |            |
| 93   | 9       | 8421254  | Kristian Brendengen Mundal<br>Lier IL /Meråker v.g. sk     |      | BU     | 0:42:48,3 | 12:55,3 |            |
| 94   | 24      | 8421260  | Einar Lie Wasbrekke<br>Konnerud IL /Team Konnerud          |      | BU     | 0:44:20,2 | 14:27,2 |            |
| 95   | 18      | 8421244  | Christian Brustad Holt<br>IL Skrim                         |      | BU     | 0:44:46,1 | 14:53,1 |            |
|      | 204     | 8421139  | Eirik Sørli<br>Kjelsås IL                                  |      | OS     | DNF       |         |            |
|      | 145     | 8421225  | Elling Skandsen Holmebakken<br>Sandnes IL /Hovden Skigymna |      | AR     | DNF       |         |            |
|      | 65      | 8421137  | Herman Nymark-Veum<br>Heming IL et                         |      | OS     | DNF       |         |            |
|      | 80      | 8421297  | Kasper André Hartikkala-Pettersen<br>Stathelle og Omegn IL |      | TV     | DNF       |         |            |
|      | 182     | 8421144  | Knut Ole Fredheim Simonsen<br>Trøsken IL /NTG-L            |      | ØF     | DNF       |         |            |
|      | 77      | 8421222  | Konrad Estil<br>IL Varden Meråker /Meråker v.g. sk         |      | NT     | DNF       |         |            |
|      | 37      | 8421174  | Mons Sætre-Lorentzen<br>Fet SK                             |      | AK     | DNF       |         |            |
|      | 193     | 8421090  | Nichlas Storø<br>Hommelvik IL /Meråker v.g. sk             |      | ST     | DNF       |         |            |
|      | 158     | 8421294  | Odin Øyre Åland<br>Vinje Idrottslag /Hovden Skigymna       |      | TV     | DNF       |         |            |
|      | 108     | 8421091  | Simon Frøseth<br>Hommelvik IL /Meråker v.g. sk             |      | ST     | DNF       |         |            |
|      | 293     | 8421196  | Truls Lutnæs<br>Rustad IL                                  |      | OS     | DNF       |         |            |
|      | 205     | 8421275  | Magnus Moslet Evensen<br>Raufoss IL Langrenn               |      | OP     | DNS       |         |            |

Number of entered: 556

Number of started: 534



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## M19-20 Official results

| Jury/Competition management  |                 | Data of course         |                  |
|------------------------------|-----------------|------------------------|------------------|
| Technical Delegate           | Toellefsen Rune | Name of course         | Lillehammer 5 km |
| Assistand Technical Delegate |                 | Height Difference (HD) | 57               |
| Assistant TD Nat.            |                 | Maximum climb (MM)     | 47               |
| Chief of Competition         |                 | Total Climb (MT)       | 178              |
| Codex                        | 2470            | Laps                   | 2                |
|                              |                 | Laplength              | 5084             |

| Rank | Startno | Fis code | Name                                                                            | Team | Nation | Time      | Diff.   | Fis Points |
|------|---------|----------|---------------------------------------------------------------------------------|------|--------|-----------|---------|------------|
| 1    | 500     | 8420837  | Lars Heggen<br>Harestua IL /NTG-L                                               |      | OP     | 0:28:40,0 | 00:00,0 |            |
| 2    | 531     | 8420941  | Simen Gløgård Stensrud<br>Nittedal IL                                           |      | AK     | 0:29:43,2 | 01:03,2 |            |
| 3    | 507     | 8420533  | Jardar Olsen<br>Alta Idrettsforening                                            |      | FI     | 0:29:43,9 | 01:03,9 |            |
| 4    | 478     | 8420576  | Østen Brovold Midtsundstad<br>Vaaler Idrettsforening                            |      | HE     | 0:30:06,5 | 01:26,5 |            |
| 5    | 539     | 8420708  | Lars Michael Saab Bjertnæs<br>Njård /Team Kollen                                |      | OS     | 0:30:07,3 | 01:27,3 |            |
| 6    | 519     | 8420935  | Filip Skari<br>Nittedal IL /Team Nittedal                                       |      | AK     | 0:30:11,2 | 01:31,2 |            |
| 7    | 437     | 8420588  | Kristian Kollerud<br>Konnerud IL /Team Konnerud                                 |      | BU     | 0:30:11,4 | 01:31,4 |            |
| 8    | 420     | 8420933  | Eskil Skarstein Rød<br>Oppegård IL                                              |      | AK     | 0:30:14,2 | 01:34,2 |            |
| 9    | 452     | 8420797  | Casper Kvam Grindhagen<br>Byaasen Skiklub                                       |      | ST     | 0:30:26,3 | 01:46,3 |            |
| 10   | 307     | 8421039  | Lars Lystad Svorkdal<br>SVORKMO N.O.I. /Team Knyken                             |      | ST     | 0:30:47,6 | 02:07,6 |            |
| 11   | 528     | 8420748  | Sander Haukvik-Jensen<br>Årvoll IL /Team Kollen                                 |      | OS     | 0:30:55,7 | 02:15,7 |            |
| 12   | 361     | 8420658  | Johannes Sivertsen<br>Leirådal IL                                               |      | NT     | 0:30:58,5 | 02:18,5 |            |
| 13   | 349     | 8420646  | Lars Olav Aspheim Kåsa<br>Gulset Idrettsforening /Team Grenland Ski TTG /Hovden |      | TV     | 0:31:04,1 | 02:24,1 |            |
| 14   | 428     | 8420828  | Jens Kristoffer Dyrdaal<br>Berger IL /Team Nordre Vestfold                      |      | BU     | 0:31:06,3 | 02:26,3 |            |
| 15   | 421     | 8420808  | Storm Haugenes Pedersen<br>Hovden Sportsklubb /Hovden Skigymna                  |      | AR     | 0:31:07,9 | 02:27,9 |            |
| 16   | 292     | 8420616  | Eskil Engdal<br>Vind IL /NTG-L                                                  |      | OP     | 0:31:15,8 | 02:35,8 |            |
| 17   | 397     | 8420886  | Andreas Hermansen<br>Vang Skiløperforening /NTG-L                               |      | HE     | 0:31:21,5 | 02:41,5 |            |
| 18   | 490     | 8420785  | Tobias Aarekol<br>Vindafjord IL /Hovden Skigymna                                |      | AR     | 0:31:28,8 | 02:48,8 |            |



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## M19-20 Official results

| Jury/Competition management  |                 | Data of course         |                  |
|------------------------------|-----------------|------------------------|------------------|
| Technical Delegate           | Toellefsen Rune | Name of course         | Lillehammer 5 km |
| Assistand Technical Delegate |                 | Height Difference (HD) | 57               |
| Assistant TD Nat.            |                 | Maximum climb (MM)     | 47               |
| Chief of Competition         |                 | Total Climb (MT)       | 178              |
| Codex                        | 2470            | Laps                   | 2                |
|                              |                 | Laplength              | 5084             |

| Rank | Startno | Fis code | Name                                                                    | Team | Nation | Time      | Diff.   | Fis Points |
|------|---------|----------|-------------------------------------------------------------------------|------|--------|-----------|---------|------------|
| 19   | 425     | 8420751  | Marius Meldalen<br>Rustad IL                                            |      | OS     | 0:31:30,7 | 02:50,7 |            |
| 20   | 382     | 8420928  | Fredrik Flo Øfstaas<br>Nittedal IL /Team Nittedal                       |      | AK     | 0:31:33,0 | 02:53,0 |            |
| 21   | 337     | 8420518  | Syver Brustad<br>Gui Sportsklubb /Team Vestmarka                        |      | AK     | 0:31:51,9 | 03:11,9 |            |
| 22   | 430     | 8420519  | Erling Bjørnstad<br>Strindheim IL                                       |      | ST     | 0:31:52,8 | 03:12,8 |            |
| 23   | 342     | 8420840  | Elling Broberg<br>Jevnaker Idrettsforening Ski /Team Aker Dæhlie /NTG-L |      | OP     | 0:32:00,4 | 03:20,4 |            |
| 24   | 276     | 8420796  | Niklas Almås<br>Byåsen IL                                               |      | ST     | 0:32:03,8 | 03:23,8 |            |
| 25   | 538     | 8420651  | Linus Engdahl<br>Torvikbukt IL /NTG-L                                   |      | MR     | 0:32:04,0 | 03:24,0 |            |
| 26   | 466     | 8420878  | Simen Fossholm<br>Eiker SK /Team Konnerud                               |      | BU     | 0:32:21,7 | 03:41,7 |            |
| 27   | 223     | 8420970  | Åsmund Samnøy Skjeldal<br>Voss Idrottslag                               |      | HO     | 0:32:23,2 | 03:43,2 |            |
| 28   | 363     | 8420530  | Magnus Kavli<br>Asker SK                                                |      | AK     | 0:32:24,7 | 03:44,7 |            |
| 29   | 324     | 8420876  | Sander Werket-Haug<br>Mjøndalen Idrettsforening                         |      | BU     | 0:32:27,7 | 03:47,7 |            |
| 30   | 50      | 8420874  | Herman Peder Strindeberg<br>Drammen Strong                              |      | BU     | 0:32:30,7 | 03:50,7 |            |
| 31   | 388     | 8420536  | Peter Munch-Finne<br>Asker SK                                           |      | AK     | 0:32:30,8 | 03:50,8 |            |
| 32   | 322     | 8420877  | Sebastian Santiago Kildebo<br>Konnerud IL /Team Konnerud                |      | BU     | 0:32:35,1 | 03:55,1 |            |
| 33   | 317     | 8420636  | Oskar Opstad Vike<br>Idrettslaget Runar                                 |      | TV     | 0:32:37,8 | 03:57,8 |            |
| 34   | 314     | 8420786  | Nils Olav Kjetså Røed<br>Otra IL /Hovden Skigymna                       |      | AR     | 0:32:38,8 | 03:58,8 |            |
| 35   | 364     | 8420866  | Vemund Totsås Johnsborg<br>Leksdal IL /Meråker v.g. sk                  |      | NT     | 0:32:40,6 | 04:00,6 |            |
| 36   | 207     | 8420799  | Ola Garmo Hov<br>Byåsen IL                                              |      | ST     | 0:32:40,9 | 04:00,9 |            |



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## M19-20 Official results

| Jury/Competition management  |                 | Data of course         |                  |
|------------------------------|-----------------|------------------------|------------------|
| Technical Delegate           | Toellefsen Rune | Name of course         | Lillehammer 5 km |
| Assistand Technical Delegate |                 | Height Difference (HD) | 57               |
| Assistant TD Nat.            |                 | Maximum climb (MM)     | 47               |
| Chief of Competition         |                 | Total Climb (MT)       | 178              |
| Codex                        | 2470            | Laps                   | 2                |
|                              |                 | Laplength              | 5084             |

| Rank | Startno | Fis code | Name                                                                    | Team | Nation | Time      | Diff.   | Fis Points |
|------|---------|----------|-------------------------------------------------------------------------|------|--------|-----------|---------|------------|
| 37   | 298     | 8420584  | Jens Kaasa Aakre<br>IL Skrim                                            |      | BU     | 0:32:41,5 | 04:01,5 |            |
| 38   | 358     | 8421003  | Marius Andre Bernhardsen<br>Idrettslaget Polarstjernen /Nord-Norsk skil |      | FI     | 0:32:43,1 | 04:03,1 |            |
| 39   | 118     | 8420696  | Jonas Johansen Grøslund<br>Drammen Strong                               |      | BU     | 0:32:44,1 | 04:04,1 |            |
| 40   | 277     | 8420810  | Tor Myhre<br>Vegårshei IL /Hovden Skigymna                              |      | AR     | 0:32:44,3 | 04:04,3 |            |
| 41   | 294     | 8420954  | Ask Jørgensen<br>If Kilkameratene /NTG-L                                |      | TR     | 0:32:45,4 | 04:05,4 |            |
| 42   | 252     | 8420800  | Mats Augdal Dahl<br>Byåsen IL /Meråker v.g. sk                          |      | ST     | 0:32:50,8 | 04:10,8 |            |
| 43   | 311     | 8420552  | Alexander Mietinen<br>Idrettslaget Polarstjernen /Nord-Norsk skil       |      | FI     | 0:32:52,6 | 04:12,6 |            |
| 44   | 399     | 8420907  | Birk Haugnes<br>Oppegård IL                                             |      | AK     | 0:32:52,7 | 04:12,7 |            |
| 45   | 285     | 8420831  | Nicholas Torvund<br>Idrettsforeningen Ørn                               |      | TV     | 0:32:55,3 | 04:15,3 |            |
| 46   | 333     | 8421034  | Aksel Bjørkhaug<br>Førde IL /NTG-L                                      |      | SF     | 0:32:56,8 | 04:16,8 |            |
| 46   | 409     | 8420817  | Hermod Ingemann Bangstad<br>Nordreisa IL /Nord-Norsk skil               |      | TR     | 0:32:56,8 | 04:16,8 |            |
| 48   | 346     | 8420676  | Andreas Skjelle<br>Medkila Skilag /Nord-Norsk skil                      |      | TR     | 0:33:02,5 | 04:22,5 |            |
| 49   | 297     | 8420923  | Jørgen Løken<br>Eidsvold Værks Skiklub                                  |      | AK     | 0:33:02,9 | 04:22,9 |            |
| 50   | 377     | 8420721  | Henrik Grøttum Engen<br>Røa Allianseidrettslag /Team Kollen             |      | OS     | 0:33:06,3 | 04:26,3 |            |
| 51   | 266     | 8420961  | Kornelius Ordemann Olsen<br>Alta Idrettsforening                        |      | FI     | 0:33:12,6 | 04:32,6 |            |
| 52   | 213     | 8420660  | Are Fosshiem<br>Spillum IL                                              |      | NT     | 0:33:13,1 | 04:33,1 |            |
| 53   | 268     | 8420511  | Marcus Dahl-Rismyhr<br>Trøsken IL                                       |      | ØF     | 0:33:13,2 | 04:33,2 |            |
| 53   | 404     | 8420607  | August Hovde<br>Gjøvik SK /NTG-L                                        |      | OP     | 0:33:13,2 | 04:33,2 |            |



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| Jury/Competition management  |                 | Data of course         |                  |
|------------------------------|-----------------|------------------------|------------------|
| Technical Delegate           | Toellefsen Rune | Name of course         | Lillehammer 5 km |
| Assistand Technical Delegate |                 | Height Difference (HD) | 57               |
| Assistant TD Nat.            |                 | Maximum climb (MM)     | 47               |
| Chief of Competition         |                 | Total Climb (MT)       | 178              |
| Codex                        | 2470            | Laps                   | 2                |
|                              |                 | Laplength              | 5084             |

| Rank | Startno | Fis code | Name                                                              | Team | Nation | Time      | Diff.   | Fis Points |
|------|---------|----------|-------------------------------------------------------------------|------|--------|-----------|---------|------------|
| 55   | 256     | 8420571  | Eirik Fjeld<br>Hamar SK                                           |      | HE     | 0:33:16,0 | 04:36,0 |            |
| 56   | 271     | 8420841  | Jørgen Landmark Johansen<br>Lillehammer Skiklub /NTG-L            |      | OP     | 0:33:26,5 | 04:46,5 |            |
| 56   | 310     | 8420579  | Kristian Øye Aasum<br>Granli IL                                   |      | HE     | 0:33:26,5 | 04:46,5 |            |
| 58   | 345     | 8420569  | Martin Stramrud<br>Hamar SK                                       |      | HE     | 0:33:32,5 | 04:52,5 |            |
| 59   | 270     | 8420691  | Kristian Mentzoni-Klausen<br>Fossum Idrettsforening /Fossum Elite |      | AK     | 0:33:33,0 | 04:53,0 |            |
| 60   | 372     | 8420927  | Oliver Finstad Nytrøen<br>Eidsvold Værks Skiklub                  |      | AK     | 0:33:34,4 | 04:54,4 |            |
| 61   | 315     | 8420705  | Filip Osnes-Ringen<br>Lyn Ski /Team Kollen                        |      | OS     | 0:33:36,4 | 04:56,4 |            |
| 62   | 141     | 8420853  | Noah Christoffer Nielsen Nylund<br>Medkila Skilag                 |      | TR     | 0:33:37,0 | 04:57,0 |            |
| 63   | 369     | 8420967  | Oskar Eek-Reme<br>Fana IL /NTG-G                                  |      | HO     | 0:33:45,0 | 05:05,0 |            |
| 64   | 212     | 8420560  | Adrian Oanes Sjøli<br>Klæbu IL                                    |      | ST     | 0:33:46,1 | 05:06,1 |            |
| 65   | 335     | 8420723  | Wilhelm Georg Leikanger<br>Røa Allianseidrettslag /Team Kollen    |      | OS     | 0:33:46,4 | 05:06,4 |            |
| 66   | 130     | 8420820  | Fredrik Camillo Wille<br>Oseberg Skilag                           |      | TV     | 0:33:57,6 | 05:17,6 |            |
| 67   | 287     | 8420983  | Eskil Brænden<br>Årvoll IL /Team Kollen                           |      | OS     | 0:33:58,8 | 05:18,8 |            |
| 67   | 394     | 8420699  | Tobias Dyrli Thoresen<br>Røa Allianseidrettslag /Team Kollen      |      | OS     | 0:33:58,8 | 05:18,8 |            |
| 69   | 262     | 8420689  | Henrik Hillestad<br>Heming ILet                                   |      | OS     | 0:34:01,8 | 05:21,8 |            |
| 70   | 267     | 3170079  | Magnus Tobiassen<br>Eiker SK                                      |      | BU     | 0:34:06,5 | 05:26,5 |            |
| 71   | 238     | 8420726  | Sigurd Wahl Kallum<br>Kjelsås IL /Team Kollen                     |      | OS     | 0:34:09,6 | 05:29,6 |            |
| 72   | 176     | 8420809  | Andreas Tjeldflåt Kvalbein<br>Sandnes IL                          |      | AR     | 0:34:10,7 | 05:30,7 |            |



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| Jury/Competition management  |                 | Data of course         |                  |
|------------------------------|-----------------|------------------------|------------------|
| Technical Delegate           | Toellefsen Rune | Name of course         | Lillehammer 5 km |
| Assistand Technical Delegate |                 | Height Difference (HD) | 57               |
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| Chief of Competition         |                 | Total Climb (MT)       | 178              |
| Codex                        | 2470            | Laps                   | 2                |
|                              |                 | Laplength              | 5084             |

| Rank | Startno | Fis code | Name                                                                    | Team | Nation | Time      | Diff.   | Fis Points |
|------|---------|----------|-------------------------------------------------------------------------|------|--------|-----------|---------|------------|
| 73   | 374     | 8420546  | Emil Andreassen Skaftnes<br>Ullensaker SK                               |      | AK     | 0:34:12,7 | 05:32,7 |            |
| 74   | 352     | 8420846  | Markus Bryan Grøthe<br>Tormod Skilag /Meråker v.g. sk                   |      | OP     | 0:34:17,2 | 05:37,2 |            |
| 75   | 244     | 8420702  | Christoffer Widding<br>Heming ILet /Team Kollen                         |      | OS     | 0:34:17,3 | 05:37,3 |            |
| 76   | 329     | 8420554  | Lars Sander Viken<br>Asker SK                                           |      | AK     | 0:34:18,5 | 05:38,5 |            |
| 77   | 209     | 8420816  | Morten Grut<br>Meldal Sportsklubb /Team Knyken                          |      | ST     | 0:34:18,8 | 05:38,8 |            |
| 78   | 321     | 8420803  | Håvard Kolbeinsvik<br>Sauda IL /Team Sirdal Ski                         |      | AR     | 0:34:20,4 | 05:40,4 |            |
| 79   | 280     | 8420804  | Kristoffer Sola<br>Sandnes IL /Team Sirdal Ski                          |      | AR     | 0:34:21,7 | 05:41,7 |            |
| 80   | 159     | 8420958  | Odin Fjøsne-Hexeberg<br>Nittedal IL /Team Nittedal                      |      | AK     | 0:34:22,1 | 05:42,1 |            |
| 81   | 380     | 8421018  | Tørres Bjelland Nøstdal<br>Eid IL /NTG-G                                |      | SF     | 0:34:24,3 | 05:44,3 |            |
| 82   | 189     | 8420998  | Vegard Salater Kjensjord<br>Lyn Ski /Team Kollen                        |      | OS     | 0:34:24,4 | 05:44,4 |            |
| 83   | 366     | 8420982  | Birk Jensen<br>Kjelsås IL /Team Kollen                                  |      | OS     | 0:34:28,6 | 05:48,6 |            |
| 84   | 260     | 8420873  | Hans Sylling<br>Sjåstad/ Vestre Lier IL /NTG-G                          |      | BU     | 0:34:31,4 | 05:51,4 |            |
| 85   | 203     | 8420838  | Simen Monsrud Wien<br>Harestua IL                                       |      | OP     | 0:34:33,0 | 05:53,0 |            |
| 86   | 179     | 8420963  | Einar Nicolai Gaard Storvestre<br>Viking Turn og Idrettsforening /NTG-G |      | HO     | 0:34:33,2 | 05:53,2 |            |
| 87   | 291     | 8420842  | Kristoffer Welhaven Thorstad<br>Lillehammer Skiklub                     |      | OP     | 0:34:38,6 | 05:58,6 |            |
| 88   | 125     | 8420896  | Erik Johan Brun<br>Eidsvold Værks Skiklub /Hovden Skigymna              |      | AK     | 0:35:00,8 | 06:20,8 |            |
| 89   | 135     | 8420614  | Trond Raastad Hallum<br>Svea Skilag                                     |      | OP     | 0:35:06,4 | 06:26,4 |            |
| 90   | 177     | 8420595  | Jonas Mile<br>Mjøndalen Idrettsforening                                 |      | BU     | 0:35:07,6 | 06:27,6 |            |



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|------------------------------|-----------------|------------------------|------------------|
| Technical Delegate           | Toellefsen Rune | Name of course         | Lillehammer 5 km |
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| Codex                        | 2470            | Laps                   | 2                |
|                              |                 | Laplength              | 5084             |

| Rank | Startno | Fis code | Name                                                              | Team | Nation | Time      | Diff.   | Fis Points |
|------|---------|----------|-------------------------------------------------------------------|------|--------|-----------|---------|------------|
| 91   | 99      | 8421020  | Magnus Furnes Degnepoll<br>Førde IL /NTG-G                        |      | SF     | 0:35:10,7 | 06:30,7 |            |
| 92   | 106     | 8420693  | Noah Lekhal Husnes<br>Idrettslaget Try /Team Kollen               |      | OS     | 0:35:13,4 | 06:33,4 |            |
| 93   | 53      | 8420510  | Julian Teige Haakaas<br>Trøgstad SK                               |      | ØF     | 0:35:14,5 | 06:34,5 |            |
| 94   | 295     | 8420844  | Mathias Hoelsveen<br>Raufoss IL Langrenn                          |      | OP     | 0:35:15,7 | 06:35,7 |            |
| 95   | 250     | 8421025  | Nilas Goa Diab<br>Njård /Team Kollen                              |      | OS     | 0:35:26,4 | 06:46,4 |            |
| 96   | 87      | 8421032  | Peter Mortensen Holien<br>Rendalen IL                             |      | HE     | 0:35:32,2 | 06:52,2 |            |
| 97   | 200     | 8420724  | Viktor Andersen<br>Kjelsås IL                                     |      | OS     | 0:35:35,6 | 06:55,6 |            |
| 98   | 131     | 8420801  | Tobias Grendstad<br>Klæbu IL                                      |      | ST     | 0:35:36,6 | 06:56,6 |            |
| 99   | 265     | 8420767  | Ingebrigt Nes Hjelle<br>Eid IL                                    |      | SF     | 0:35:51,1 | 07:11,1 |            |
| 100  | 142     | 8420562  | Sander Svendgård<br>Hommelvik IL                                  |      | ST     | 0:35:55,0 | 07:15,0 |            |
| 101  | 201     | 8420971  | Marcus Enes-Seberg<br>Hovden Sportsklubb /Hovden Skigymna         |      | AR     | 0:35:55,6 | 07:15,6 |            |
| 102  | 264     | 8420940  | Kristoffer Stensland<br>Fet SK                                    |      | AK     | 0:36:01,8 | 07:21,8 |            |
| 103  | 71      | 8420926  | Sondre Nikolai Norheim<br>Eidsvold Værks Skiklub /NTG-L           |      | AK     | 0:36:02,7 | 07:22,7 |            |
| 104  | 57      | 8421013  | Einar Waldeland Gautvik<br>Molde og Omegn Idrettsforening         |      | MR     | 0:36:07,5 | 07:27,5 |            |
| 105  | 336     | 8420582  | Alexander Thorud<br>Idrettsforeningen Birkebeinere /Team Konnerud |      | BU     | 0:36:09,0 | 07:29,0 |            |
| 106  | 229     | 8420892  | Andreas Olsen Tomta<br>Trøsken IL /NTG-G                          |      | ØF     | 0:36:22,9 | 07:42,9 |            |
| 107  | 299     | 8420978  | David Bertnes Leite<br>Innstranda IL /NTG-L                       |      | NO     | 0:36:36,3 | 07:56,3 |            |
| 108  | 14      | 8420834  | Vebjørn Horn<br>Idrettslaget Ivrig                                |      | TV     | 0:36:39,0 | 07:59,0 |            |



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|------------------------------|-----------------|------------------------|------------------|
| Technical Delegate           | Toellefsen Rune | Name of course         | Lillehammer 5 km |
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| Codex                        | 2470            | Laps                   | 2                |
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| Rank | Startno | Fis code | Name                                                                          | Team | Nation | Time      | Diff.   | Fis Points |
|------|---------|----------|-------------------------------------------------------------------------------|------|--------|-----------|---------|------------|
| 109  | 114     | 8420779  | Steinar Frønsdal<br>Hjelmeland IL                                             |      | AR     | 0:36:43,8 | 08:03,8 |            |
| 110  | 171     | 8420990  | Aksel Saue Saghaug<br>Lyn Ski /Team Kollen                                    |      | OS     | 0:36:58,8 | 08:18,8 |            |
| 111  | 143     | 8420814  | Erik Wøhni-Lyng<br>Strindheim IL                                              |      | ST     | 0:37:03,1 | 08:23,1 |            |
| 112  | 68      | 3170078  | Emil Dreyer Kristensen<br>Njård                                               |      | OS     | 0:37:07,6 | 08:27,6 |            |
| 113  | 197     | 8420937  | Henrik Haug Solbrekke<br>Holmen Idrettsforening /Team Vestmarka               |      | AK     | 0:37:10,3 | 08:30,3 |            |
| 114  | 175     | 3220065  | Logan Duncan<br>Lillehammer Skiklub                                           |      | OP     | 0:37:11,6 | 08:31,6 |            |
| 115  | 206     | 8420848  | Daniel Egedius<br>Vind IL /Team GTL                                           |      | OP     | 0:37:15,4 | 08:35,4 |            |
| 116  | 248     | 8420557  | Henrik Stenersen Øksby<br>Asker SK                                            |      | AK     | 0:37:23,0 | 08:43,0 |            |
| 117  | 4       | 8420695  | Felix Fürst Haugen<br>Fossum Idrettsforening /Fossum Elite                    |      | AK     | 0:37:33,5 | 08:53,5 |            |
| 118  | 25      | 8420947  | Henrik Brunborg Økland<br>Holmen Idrettsforening /Team Vestmarka              |      | AK     | 0:38:43,7 | 10:03,7 |            |
| 119  | 160     | 8420992  | Sven August Tjernshaugen<br>Bækkelagets Sportsklub /Team Kollen               |      | OS     | 0:38:45,0 | 10:05,0 |            |
| 120  | 58      | 8420890  | Jakob Linner Tronsrud<br>Nord-Odal IL                                         |      | HE     | 0:39:04,3 | 10:24,3 |            |
| 121  | 208     | 8420953  | Elias Thorstensen Brennvik<br>Kvaløysletta Skilag /Meråker v.g. sk            |      | TR     | 0:39:41,0 | 11:01,0 |            |
| 122  | 119     | 8420894  | Mauritz Magnus Bengt Borgerud Falk<br>Drøbak-Frogn IL /Meråker v.g. sk        |      | AK     | 0:40:01,9 | 11:21,9 |            |
| 123  | 126     | 8420922  | Aleksander Hana Kristoffersen<br>Bærums Skiklub /Team Vestmarka               |      | AK     | 0:40:57,9 | 12:17,9 |            |
| 124  | 6       | 8420952  | Andreas Myklebust Røstberg<br>Molde og Omegn Idrettsforening /Meråker v.g. sk |      | MR     | 0:52:48,8 | 24:08,8 |            |
|      | 220     | 8420835  | Adrian Cornelius Eide Kaasbøll<br>Byåsen IL                                   |      | ST     | DNF       |         |            |
|      | 10      | 8420930  | Aksel Prydz-Hoftvedt<br>Røa Allianseidrettslag                                |      | OS     | DNF       |         |            |



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## M19-20 Official results

| Jury/Competition management  |                 | Data of course         |                  |
|------------------------------|-----------------|------------------------|------------------|
| Technical Delegate           | Toellefsen Rune | Name of course         | Lillehammer 5 km |
| Assistand Technical Delegate |                 | Height Difference (HD) | 57               |
| Assistant TD Nat.            |                 | Maximum climb (MM)     | 47               |
| Chief of Competition         |                 | Total Climb (MT)       | 178              |
| Codex                        | 2470            | Laps                   | 2                |
|                              |                 | Laplength              | 5084             |

| Rank | Startno | Fis code | Name                                                      | Team | Nation | Time | Diff. | Fis Points |
|------|---------|----------|-----------------------------------------------------------|------|--------|------|-------|------------|
|      | 373     | 8420707  | Daniel Henriksen Gunnerød<br>Njård /Team Kollen           |      | OS     | DNF  |       |            |
|      | 378     | 8420778  | Daniel Sandvand Omfjord<br>Oddersjaa Ssk                  |      | AR     | DNF  |       |            |
|      | 27      | 8420985  | Erik Rømo<br>Årvoll IL /Meråker v.g. sk                   |      | OS     | DNF  |       |            |
|      | 95      | 8421001  | Erik Salater Kjensjord<br>Lyn Ski /Team Kollen            |      | OS     | DNF  |       |            |
|      | 350     | 8420515  | Halvor Røise Bade<br>Røa Allianseidrettslag               |      | OS     | DNF  |       |            |
|      | 81      | 8420508  | Isak Larsen<br>Hattfjelldal IL                            |      | NO     | DNF  |       |            |
|      | 113     | 8420911  | Johannes Brennhaug<br>Grane IL /Meråker v.g. sk           |      | NO     | DNF  |       |            |
|      | 301     | 8420575  | Jørgen Kvarstad<br>Hamar SK                               |      | HE     | DNF  |       |            |
|      | 319     | 8420921  | Mads Koritov<br>Skedsmo SK                                |      | AK     | DNF  |       |            |
|      | 359     | 8420709  | Magnus Eriksen Sletvold<br>Njård /Team Kollen             |      | OS     | DNF  |       |            |
|      | 32      | 8420994  | Martin Christoffer Borg<br>Koll, ILet /Team Kollen        |      | OS     | DNF  |       |            |
|      | 296     | 8420920  | Michael Sandeman-Kiste<br>Koll, ILet                      |      | OS     | DNF  |       |            |
|      | 479     | 8420984  | Mons Melbye<br>Årvoll IL /Team Kollen                     |      | OS     | DNF  |       |            |
|      | 93      | 8420887  | Petter Kolloen<br>MjøsSki                                 |      | HE     | DNF  |       |            |
|      | 313     | 8420719  | Sivert Stene Enger<br>Røa Allianseidrettslag /Team Kollen |      | OS     | DNF  |       |            |
|      | 155     | 8420936  | Sondre With Holm Slettedal<br>Asker SK                    |      | AK     | DNF  |       |            |
|      | 228     | 8420537  | Sverre Murud Bratfos<br>Ullensaker SK /Team Romerike Ski  |      | AK     | DNF  |       |            |
|      | 234     | 8420925  | Tobias Finstad Mandt<br>Nittedal IL                       |      | AK     | DNF  |       |            |



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# EQUINOR NM Langrenn 5 og 10 km

fre. 22 mar 2024



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| Codex                        | 2470            | Laps                   | 2                |
|                              |                 | Laplength              | 5084             |

| Rank | Startno | Fis code | Name                                                              | Team | Nation | Time | Diff. | Fis Points |
|------|---------|----------|-------------------------------------------------------------------|------|--------|------|-------|------------|
|      | 192     | 8420991  | Wilhelm Hjelpdahl Deinboll<br>Bækkelagets Sportsklub /Team Kollen |      | OS     | DNF  |       |            |
|      | 109     | 8421040  | Ådne Hoston Stiklestad<br>Il Fjellmann /Team Knyken               |      | ST     | DNF  |       |            |
|      | 411     | 8420781  | Niklas Ekeberg Pålsson<br>Hovden Sportsklubb /Hovden Skigymna     |      | AR     | DNS  |       |            |

Number of entered: 556

Number of started: 534



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