

M 19/20 år Official results

Jury/Competition management		Data of course	
Technical Delegate	Lindberg Per	Name of course	
Assistand Technical Delegate		Height Difference (HD)	91
Assistant TD Nat.		Maximum climb (MM)	61
Chief of Competition	Tannem Kennth	Total Climb (MT)	186
Codex	3744	Laps	2
		Laplength	5500

Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
1	476	8420837	Lars Heggen	Harestua IL	NOR	0:29:14,0	00:00,0	64,75
2	454	8420533	Jardar Olsen	Alta Idrettsforening	NOR	0:29:38,8	00:24,8	76,06
3	460	8420984	Mons Melbye	Årvoll IL	NOR	0:30:24,9	01:10,9	97,09
4	465	8420748	Sander Haukvik-Jensen	Årvoll IL	NOR	0:30:35,8	01:21,8	102,06
5	482	8420935	Filip Skari	Nittedal IL	NOR	0:30:41,7	01:27,7	104,75
6	467	8420576	Østen Brovold Midtsundstad	Vaaler	NOR	0:30:42,4	01:28,4	105,07
7	457	8420785	Tobias Aarekol	Vindafjord IL	NOR	0:30:49,2	01:35,2	108,17
8	470	8420808	Storm Haugenes Pedersen	Hovden Sportsklubb	NOR	0:30:49,9	01:35,9	108,49
9	448	8420708	Lars Michael Saab Bjertnæs	Njård	NOR	0:30:55,5	01:41,5	111,04
10	445	8420751	Marius Meldalen	Rustad IL	NOR	0:31:00,7	01:46,7	113,42
11	462	8420519	Erling Bjørnstad	Strindheim IL	NOR	0:31:10,3	01:56,3	117,79
12	472	8420658	Johannes Sivertsen	Leirådal IL	NOR	0:31:13,1	01:59,1	119,07
13	468	8420536	Peter Munch-Finne	Asker SK	NOR	0:31:14,5	02:00,5	119,71
14	480	8420530	Magnus Kavli	Asker SK	NOR	0:31:17,5	02:03,5	121,08
15	479	8420941	Simen Gløgård Stensrud	Nittedal IL	NOR	0:31:19,8	02:05,8	122,13
16	459	8420512	Daniel Aakervik	Fet SK	NOR	0:31:22,1	02:08,1	123,18
16	464	8420886	Andreas Hermansen	Vang	NOR	0:31:22,1	02:08,1	123,18
18	451	8420601	Kristian Kongssund	Næroset IL	NOR	0:31:28,7	02:14,7	126,19
19	469	8420933	Eskil Skarstein Rød	Oppegård IL	NOR	0:31:30,5	02:16,5	127,01
20	463	8420607	August Hovde	Gjøvik SK	NOR	0:31:37,5	02:23,5	130,20
21	486	8421018	Tørres Bjelland Nøstdal	Eid IL	NOR	0:31:42,2	02:28,2	132,34
22	489	8420628	Sivert Borgen	Østre Toten Skilag	NOR	0:31:46,9	02:32,9	134,49
23	430	8420723	Wilhelm Georg Leikanger	Røa	NOR	0:31:48,2	02:34,2	135,08
23	452	8420928	Fredrik Flo Øfstaas	Nittedal IL	NOR	0:31:48,2	02:34,2	135,08
25	483	8420646	Lars Olav Aspheim Kåsa	Gulset	NOR	0:31:49,9	02:35,9	135,86
26	477	8420786	Nils Olav Kjetså Røed	Otra IL	NOR	0:31:50,5	02:36,5	136,13
27	453	8420907	Birk Haugnes	Oppegård IL	NOR	0:31:53,4	02:39,4	137,45
28	488	8420817	Hermod Ingemann Bangstad	Nordreisa IL	NOR	0:31:54,6	02:40,6	138,00
29	484	8420651	Linus Engdahl	Torvikbukta IL	NOR	0:31:54,8	02:40,8	138,09
30	377	8420810	Tor Myhre	Vegårshei IL	NOR	0:31:59,3	02:45,3	140,14
31	403	8420705	Filip Osnes-Ringen	Lyn Ski	NOR	0:31:59,7	02:45,7	140,33
32	425	8420876	Sander Werket-Haug	Mjøndalen	NOR	0:32:01,3	02:47,3	141,06
33	466	8420878	Simen Fossesholm	Eiker SK	NOR	0:32:05,4	02:51,4	142,93
34	447	8421003	Marius Andre Bernhardsen	Idrettslaget	NOR	0:32:06,8	02:52,8	143,56
35	458	8420721	Henrik Grøttum Engen	Røa	NOR	0:32:10,4	02:56,4	145,21
36	473	8420828	Jens Kristoffer Dyr Dahl	Berger IL	NOR	0:32:10,7	02:56,7	145,34

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Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
37	424	8420993	Nikolai Wik Håland	Koll, ILet	NOR	0:32:11,4	02:57,4	145,66
38	450	8420866	Vemund Totsås Johnsborg	Leksdal IL	NOR	0:32:11,9	02:57,9	145,89
39	487	8420515	Halvor Røise Bade	Røa	NOR	0:32:22,2	03:08,2	150,59
40	475	8420680	Henry Skjønsfjell	Nordreisa IL	NOR	0:32:29,5	03:15,5	153,92
41	441	8420778	Daniel Sandvand Omfjord	Oddersjaa Ssk	NOR	0:32:30,4	03:16,4	154,33
42	423	8420552	Alexander Mietinen	Idrettslaget	NOR	0:32:31,7	03:17,7	154,92
43	446	8420967	Oskar Eek-Reme	Fana IL	NOR	0:32:33,6	03:19,6	155,79
44	428	8420846	Markus Bryan Grøthe	Tormod Skilag	NOR	0:32:41,2	03:27,2	159,25
45	461	8420676	Andreas Skjelle	Medkila Skilag	NOR	0:32:41,8	03:27,8	159,53
46	439	8420569	Martin Stramrud	Hamar SK	NOR	0:32:42,3	03:28,3	159,76
47	431	8420873	Hans Sylling	Sjåstad/ Vestre Lier	NOR	0:32:46,0	03:32,0	161,44
48	429	8420579	Kristian Øye Aasum	Granli IL	NOR	0:32:46,4	03:32,4	161,63
49	417	8420927	Oliver Finstad Nytrøen	Eidsvold Værks	NOR	0:32:49,8	03:35,8	163,18
50	434	8420689	Henrik Hillestad	Heming ILet	NOR	0:32:53,1	03:39,1	164,68
51	474	8420982	Birk Jensen	Kjelsås IL	NOR	0:33:00,1	03:46,1	167,87
52	415	8420702	Christoffer Widding	Heming ILet	NOR	0:33:00,2	03:46,2	167,92
53	418	8421000	Henrik Gaaserud	Lyn Ski	NOR	0:33:01,9	03:47,9	168,70
54	421	8420803	Håvard Kolbeinsvik	Sauda IL	NOR	0:33:02,1	03:48,1	168,79
55	481	8420707	Daniel Henriksen Gunnerød	Njård	NOR	0:33:03,2	03:49,2	169,29
56	413	8421039	Lars Lystad Svorkdal	SVORKMO N.O.I.	NOR	0:33:05,4	03:51,4	170,29
57	471	8420685	Julian André Mikkelsen Lorentsen	Bardufoss og	NOR	0:33:05,6	03:51,6	170,38
58	426	8420719	Sivert Stene Enger	Røa	NOR	0:33:05,8	03:51,8	170,47
59	455	8420636	Oskar Opstad Vike	Idrettslaget Runar	NOR	0:33:07,7	03:53,7	171,34
60	420	8420709	Magnus Eriksen Sletvold	Njård	NOR	0:33:08,1	03:54,1	171,52
61	442	8420616	Eskil Engdal	Vind IL	NOR	0:33:09,8	03:55,8	172,30
62	364	8420767	Ingebrigt Nes Hjelle	Eid IL	NOR	0:33:10,4	03:56,4	172,57
63	440	8420920	Michael Sandeman-Kiste	Koll, ILet	NOR	0:33:12,0	03:58,0	173,30
64	444	8420638	Håvard Bergmann	Idrettslaget Runar	NOR	0:33:13,1	03:59,1	173,80
65	406	8420554	Lars Sander Viken	Asker SK	NOR	0:33:13,2	03:59,2	173,85
66	411	8420994	Martin Christoffer Borg	Koll, ILet	NOR	0:33:14,1	04:00,1	174,26
67	407	8420796	Niklas Almås	Byåsen IL	NOR	0:33:15,4	04:01,4	174,85
68	354	8420862	Sigurd Kvalvik	Inderøy IL	NOR	0:33:18,8	04:04,8	176,40
69	449	8420840	Elling Broberg	Jevnaker	NOR	0:33:19,4	04:05,4	176,68
70	409	8420584	Jens Kaasa Aakre	IL Skrim	NOR	0:33:23,2	04:09,2	178,41
71	402	8420605	Martin Bjerke	Follebu SK	NOR	0:33:23,6	04:09,6	178,59
72	422	8420954	Ask Jørgensen	If Kilkameratene	NOR	0:33:30,5	04:16,5	181,74

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Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
73	335	8420911	Johannes Brennhaug	Grane IL	NOR	0:33:31,2	04:17,2	182,06
74	392	8420961	Kornelius Ordemann Olsen	Alta Idrettsforening	NOR	0:33:31,7	04:17,7	182,29
75	404	8420877	Sebastian Santiago Kildebo	Konnerud IL	NOR	0:33:34,7	04:20,7	183,66
76	322	8420958	Odin Fjøsne-Hexeberg	Nittedal IL	NOR	0:33:36,5	04:22,5	184,48
77	319	8420768	Erik Alnes Litsheim	Førde IL	NOR	0:33:38,1	04:24,1	185,21
78	456	8420699	Tobias Dyrli Thoresen	Røa	NOR	0:33:38,5	04:24,5	185,39
79	371	8420844	Mathias Hoelsveen	Raufoss IL	NOR	0:33:43,0	04:29,0	187,44
80	361	8420682	Elias Nikolai Veseth Høgbakk	Nordreisa IL	NOR	0:33:43,7	04:29,7	187,76
81	359	8421020	Magnus Furnes Degnepoll	Førde IL	NOR	0:33:46,1	04:32,1	188,85
82	401	8421051	Vegard Bråthen	Alsvåg IL	NOR	0:33:46,9	04:32,9	189,22
83	356	8420940	Kristoffer Stensland	Fet SK	NOR	0:33:54,2	04:40,2	192,55
84	374	8420799	Ola Garmo Hov	Byåsen IL	NOR	0:33:54,9	04:40,9	192,87
85	394	8420983	Eskil Brænden	Årvoll IL	NOR	0:33:57,6	04:43,6	194,10
86	379	8420571	Eirik Fjeld	Hamar SK	NOR	0:33:58,1	04:44,1	194,33
87	365	8420955	Helge Ims	Fjell Skilag	NOR	0:34:00,1	04:46,1	195,24
88	382	8420971	Marcus Enes-Seberg	Hovden Sportsklubb	NOR	0:34:01,9	04:47,9	196,06
89	363	8420963	Einar Nicolai Gaard Storvestre	Viking Turn og	NOR	0:34:02,0	04:48,0	196,11
90	329	8420936	Sondre With Holm Slettedal	Asker SK	NOR	0:34:02,3	04:48,3	196,24
91	419	8420851	Anders Bergland	Nordreisa IL	NOR	0:34:05,5	04:51,5	197,70
92	435	8420604	Nikolai Kristiansen	Brandbu	NOR	0:34:13,8	04:59,8	201,49
93	355	8420841	Jørgen Landmark Johansen	Lillehammer Skiklub	NOR	0:34:13,9	04:59,9	201,53
94	327	8420557	Henrik Stenersen Øksby	Asker SK	NOR	0:34:15,6	05:01,6	202,31
95	443	8420511	Marcus Dahl-Rismyhr	Trøsken IL	NOR	0:34:16,3	05:02,3	202,63
96	437	8420831	Nicholas Torvund	Idrettsforeningen	NOR	0:34:16,6	05:02,6	202,77
97	381	3170079	Magnus Tobiassen	Eiker SK	NOR	0:34:19,0	05:05,0	203,86
98	380	8420923	Jørgen Løken	Eidsvold Værks	NOR	0:34:20,7	05:06,7	204,64
99	357	8420892	Andreas Olsen Tomta	Trøsken IL	NOR	0:34:21,4	05:07,4	204,96
100	375	8420764	Thomas Tefre	Førde IL	NOR	0:34:25,4	05:11,4	206,78
101	399	8420800	Mats Augdal Dahl	Byåsen IL	NOR	0:34:27,1	05:13,1	207,56
102	398	8420660	Are Fossheim	Spillum IL	NOR	0:34:31,0	05:17,0	209,33
103	350	8420801	Tobias Grendstad	Klæbu IL	NOR	0:34:39,0	05:25,0	212,98
104	312	8421023	Magnus Steien Løseth	Orkdal IL	NOR	0:34:39,4	05:25,4	213,17
105	330	8420998	Vegard Salater Kjensjord	Lyn Ski	NOR	0:34:46,5	05:32,5	216,40
106	378	8420908	Vegard Veisetaune	Tverlandet IL	NOR	0:34:48,3	05:34,3	217,22
107	391	8420925	Tobias Finstad Mandt	Nittedal IL	NOR	0:34:49,7	05:35,7	217,86
108	397	8420562	Sander Svendgård	Hommelvik IL	NOR	0:34:52,0	05:38,0	218,91

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Assistant TD Nat.		Maximum climb (MM)	61
Chief of Competition	Tannem Kennth	Total Climb (MT)	186
Codex	3744	Laps	2
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Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
109	405	8420575	Jørgen Kvarstad	Hamar SK	NOR	0:34:53,4	05:39,4	219,55
110	368	8420804	Kristoffer Sola	Sandnes IL	NOR	0:34:55,5	05:41,5	220,51
111	366	8421037	Stian Vårdal Helle	Førde IL	NOR	0:34:59,1	05:45,1	222,15
112	384	8420980	Magnus Olav Koller-Sato	Røa	NOR	0:34:59,6	05:45,6	222,38
113	436	8420697	Marius Grønhojd Wiersdalen	Nedre Sigdal	NOR	0:35:03,2	05:49,2	224,02
114	367	8420912	Magne Pinnerød	Tverlandet IL	NOR	0:35:05,3	05:51,3	224,98
115	414	8420978	David Bertnes Leite	Innstranda IL	NOR	0:35:05,8	05:51,8	225,21
116	341	8420990	Aksel Saue Saghaug	Lyn Ski	NOR	0:35:06,2	05:52,2	225,39
117	343	8421017	Eskil Mork	Rustad IL	NOR	0:35:08,5	05:54,5	226,44
118	346	8420853	Noah Christoffer Nielsen Nylund	Medkila Skilag	NOR	0:35:09,3	05:55,3	226,80
119	438	8420970	Åsmund Samnøy Skjeldal	Voss Idrettslag	NOR	0:35:10,0	05:56,0	227,12
120	376	8420726	Sigurd Wahl Kallum	Kjelsås IL	NOR	0:35:11,1	05:57,1	227,62
121	383	8420838	Simen Monsrud Wien	Harestua IL	NOR	0:35:13,5	05:59,5	228,72
122	333	8421342	Lars Horten Jordet	Tolga IL	NOR	0:35:13,7	05:59,7	228,81
123	324	8420614	Trond Raastad Hallum	Svea Skilag	NOR	0:35:14,9	06:00,9	229,36
124	395	8420937	Henrik Haug Solbrekke	Holmen	NOR	0:35:21,1	06:07,1	232,18
125	387	8420809	Andreas Tjeldflåt Kvalbein	Sandnes IL	NOR	0:35:23,8	06:09,8	233,42
126	385	8420779	Steinar Frønsdal	Hjelmeland IL	NOR	0:35:31,5	06:17,5	236,93
127	323	8420671	Sindre Egilson Korsæth	Tromsø SK	NOR	0:35:33,4	06:19,4	237,79
128	313	8421355	Daniel Lyngstad Nøst	Byåsen IL	NOR	0:35:34,8	06:20,8	238,43
129	388	8420816	Morten Grut	Meldal Sportsklubb	NOR	0:35:41,3	06:27,3	241,40
130	369	8420991	Wilhelm Hjelpdahl Deinboll	Bækkelagets	NOR	0:35:41,4	06:27,4	241,44
131	331	8420595	Jonas Mile	Mjøndalen	NOR	0:35:41,9	06:27,9	241,67
132	478	8420582	Alexander Thorud	Idrettsforeningen	NOR	0:35:46,7	06:32,7	243,86
133	393	3700136	Martin Stankoviansky	SVK	NOR	0:35:58,2	06:44,2	249,11
134	370	8420560	Adrian Oanes Sjøli	Klæbu IL	NOR	0:35:59,5	06:45,5	249,70
135	389	8420805	Tage Aarekol	Vindafjord IL	NOR	0:36:03,7	06:49,7	251,61
136	315	8420743	Jørgen Bjørndal Ottestad	Lyn Ski	NOR	0:36:04,3	06:50,3	251,89
137	318	8420944	Simon Øvergård Tegnander	Bærums Skiklub	NOR	0:36:07,9	06:53,9	253,53
138	332	8420889	Henning Sundet	Engerdal	NOR	0:36:15,7	07:01,7	257,09
139	358	8420868	Endre Negård	Salangen IF Ski	NOR	0:36:27,0	07:13,0	262,24
140	334	3220065	Logan Duncan	Lillehammer Skiklub	NOR	0:36:27,1	07:13,1	262,29
141	386	8420896	Erik Johan Brun	Eidsvold Værks	NOR	0:36:31,3	07:17,3	264,20
142	372	8420673	Jonas Pedersen	Tromsø SK	NOR	0:36:34,6	07:20,6	265,71
143	433	8420659	Are Estil Brissach	Lierne IL	NOR	0:36:36,4	07:22,4	266,53
144	340	8420798	Ola Randen	Idrettslaget Leik	NOR	0:36:42,6	07:28,6	269,36



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145	337	8420989	Andreas Lie	Kjelsås IL	NOR	0:36:46,9	07:32,9	271,32
146	325	8420578	Ove Egil Hjelldegård	Nybygda IL	NOR	0:36:47,1	07:33,1	271,41
147	348	8420887	Petter Kolloen	MjønsSki	NOR	0:37:10,2	07:56,2	281,95
148	351	8420992	Sven August Tjernshaugen	Bækkelagets	NOR	0:37:14,8	08:00,8	284,04
149	345	8421032	Peter Mortensen Holien	Rendalen IL	NOR	0:37:15,4	08:01,4	284,32
150	347	8420922	Aleksander Hana Kristoffersen	Bærums Skiklub	NOR	0:37:28,0	08:14,0	290,06
151	317	8421013	Einar Waldeland Gautvik	Molde og Omegn	NOR	0:38:42,9	09:28,9	324,23
152	328	8420869	Adrian Fotland Berntzen	Konnerud IL	NOR	0:39:00,2	09:46,2	332,12
153	321	8421054	Simen Vars-Larsstuen	Kvaløysletta Skilag	NOR	0:39:07,3	09:53,3	335,35
154	339	8420947	Henrik Brunborg Økland	Holmen	NOR	0:39:20,5	10:06,5	341,37
155	342	8420919	Aksel Kanli	Fossum	NOR	0:39:47,1	10:33,1	353,51
156	314	8420959	Emil Moore-Carlsen	Fossum	NOR	0:49:12,0	19:58,0	611,16
	416	8420835	Adrian Cornelius Eide Kaasbøll	Byåsen IL	NOR	DNF		
	427	8421034	Aksel Bjørkhaug	Førde IL	NOR	DNF		
	311	8421033	Aleksander Ellingsen Gotaas	Njård	NOR	DNF		
	316	8421073	Egil Vassmo Mæhlumsveen	Byåsen IL	NOR	DNF		
	320	8420985	Erik Rømo	Årvoll IL	NOR	DNF		
	410	8420814	Erik Wøhni-Lyng	Strindheim IL	NOR	DNF		
	360	8420966	Kristian Steen	Fana IL	NOR	DNF		
	336	8420894	Mauritz Magnus Bengt Borgerud Falk	Drøbak-Frogn IL	NOR	DNF		
	396	8420822	Max Ratus Semb	Oseberg Skilag	NOR	DNF		
	362	8421025	Nilas Goa Diab	Njård	NOR	DNF		
	412	8420518	Syver Brustad	Gui Sportsklubb	NOR	DNF		
	326	8420724	Viktor Andersen	Kjelsås IL	NOR	DNF		
DSQ	338	8420880	Sondre Danielsen	Konnerud IL	NOR	DSQ		
	485	8420546	Emil Andreassen Skaftnes	Ullensaker SK	NOR	DNS		
	353	8421001	Erik Salater Kjensjord	Lyn Ski	NOR	DNS		
	373	8420820	Fredrik Camillo Wille	Oseberg Skilag	NOR	DNS		
	344	8420508	Isak Larsen	Hattfjelldal IL	NOR	DNS		
	432	8420842	Kristoffer Welhaven Thorstad	Lillehammer Skiklub	NOR	DNS		
	408	8420829	Lucas Broby Heimdal	Gulset	NOR	DNS		
	400	8420795	Nikolai Fossum	Byåsen IL	NOR	DNS		
	352	8421050	Odd Harald Rasmussen Bakken	Tverrelvdalen IL	NOR	DNS		
	349	8420547	Petter Dervola Johansen	Idrettslaget Forsøk	NOR	DNS		
	390	8420537	Sverre Murud Bratfos	Ullensaker SK	NOR	DNS		

Number of entered: 179

Number of started: 169



Equinor
Norgescup





EQUINOR NC JN Granåsen

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lør. 17 feb 2024



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		Laplength	5500

Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
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Jury Decision

Startno: 386 BRUN Erik Johan VW ICR 310.2.1

Startno: 383 WIEN Simen Monsrud VW ICR 310.1.1

Startno: 411 BORG Martin Christoffer VW ICR 310.2.1

Startno: 385 FRØNSDAL Steinar VW ICR 343.8



Norges
Skiforbund

Equinor
Norgescup

equinor

VI STØTTER
MORGENDAGENS
HELTER