

M 19/20 år Official results

Jury/Competition management	Data of course
Technical Delegate	Name of course
Assistand Technical Delegate	Height Difference (HD)
Assistant TD Nat.	Maximum climb (MM)
Chief of Competition	Total Climb (MT)
Codex 0	Laps
	Laplength

Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
1	154	8420837	Lars Heggen	Harestua IL	NOR	0:25:16,7	00:00,0	48,97
2	170	8420797	Casper Kvam Grindhagen	Byaasen Skiklub	NOR	0:26:08,1	00:51,4	76,08
3	168	8420984	Mons Melbye	Årvoll IL	NOR	0:26:33,1	01:16,4	89,27
4	177	8420875	Jørgen Nordhagen	Sjåstad/ Vestre Lier	NOR	0:26:41,4	01:24,7	93,65
5	182	8420935	Filip Skari	Nittedal IL	NOR	0:27:02,6	01:45,9	104,83
6	152	8420748	Sander Haukvik-Jensen	Årvoll IL	NOR	0:27:12,6	01:55,9	110,10
7	187	8420533	Jardar Olsen	Alta Idrettsforening	NOR	0:27:15,1	01:58,4	111,42
8	132	8420840	Elling Broberg	Jevnaker	NOR	0:27:16,8	02:00,1	112,32
9	176	8420576	Østen Brovold Midtsundstad	Vaaler	NOR	0:27:19,2	02:02,5	113,58
10	161	8420588	Kristian Kollerud	Konnerud IL	NOR	0:27:19,6	02:02,9	113,79
11	158	8420941	Simen Gløgård Stensrud	Nittedal IL	NOR	0:27:19,8	02:03,1	113,90
12	160	8420886	Andreas Hermansen	Vang	NOR	0:27:20,6	02:03,9	114,32
13	179	8420512	Daniel Aakervik	Fet SK	NOR	0:27:21,3	02:04,6	114,69
14	153	8420708	Lars Michael Saab Bjertnæs	Njård	NOR	0:27:23,6	02:06,9	115,90
15	178	8420601	Kristian Kongssund	Næroset IL	NOR	0:27:24,2	02:07,5	116,22
16	169	8420785	Tobias Aarekol	Vindafjord IL	NOR	0:27:25,1	02:08,4	116,70
17	159	8420751	Marius Meldalen	Rustad IL	NOR	0:27:26,0	02:09,3	117,17
18	123	8420536	Peter Munch-Finne	Asker SK	NOR	0:27:27,0	02:10,3	117,70
19	125	8420721	Henrik Grøttum Engen	Røa	NOR	0:27:35,1	02:18,4	121,97
20	128	8420530	Magnus Kavli	Asker SK	NOR	0:27:38,3	02:21,6	123,66
21	19	8420874	Herman Peder Strindeberg	Drammen Strong	NOR	0:27:39,6	02:22,9	124,34
22	166	8420878	Simen Fossesholm	Eiker SK	NOR	0:27:43,9	02:27,2	126,61
22	7	8420689	Henrik Hillestad	Heming ILet	NOR	0:27:43,9	02:27,2	126,61
24	148	8420982	Birk Jensen	Kjelsås IL	NOR	0:27:45,1	02:28,4	127,25
25	89	8420873	Hans Sylling	Sjåstad/ Vestre Lier	NOR	0:27:48,5	02:31,8	129,04
26	138	8420676	Andreas Skjelle	Medkila Skilag	NOR	0:27:56,9	02:40,2	133,47
27	151	8420921	Mads Koritov	Skedsmo SK	NOR	0:27:57,2	02:40,5	133,63
28	124	8420866	Vemund Totsås Johnsborg	Leksdal IL	NOR	0:27:57,3	02:40,6	133,68
29	30	8420696	Jonas Johansen Grøslund	Drammen Strong	NOR	0:27:59,5	02:42,8	134,84
30	156	8420658	Johannes Sivertsen	Leirådal IL	NOR	0:27:59,7	02:43,0	134,95
31	175	8420808	Storm Haugenes Pedersen	Hovden Sportsklubb	NOR	0:28:00,6	02:43,9	135,42
32	115	8420707	Daniel Henriksen Gunnerød	Njård	NOR	0:28:02,3	02:45,6	136,32
33	186	8420519	Erling Bjørnstad	Strindheim IL	NOR	0:28:03,1	02:46,4	136,74
34	165	8420651	Linus Engdahl	Torvikbuk IL	NOR	0:28:05,5	02:48,8	138,01
35	116	8420778	Daniel Sandvand Omfjord	Oddersjaa Ssk	NOR	0:28:08,8	02:52,1	139,75
36	171	8420933	Eskil Skarstein Rød	Oppegård IL	NOR	0:28:08,9	02:52,2	139,80

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0	Laplength

Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
37	16	8420862	Sigurd Kvalvik	Inderøy IL	NOR	0:28:10,2	02:53,5	140,48
38	139	8420518	Syver Brustad	Gui Sportsklubb	NOR	0:28:11,3	02:54,6	141,06
39	145	8420846	Markus Bryan Grøthe	Tormod Skilag	NOR	0:28:13,3	02:56,6	142,12
39	142	8420709	Magnus Eriksen Sletvold	Njård	NOR	0:28:13,3	02:56,6	142,12
41	76	8420940	Kristoffer Stensland	Fet SK	NOR	0:28:14,1	02:57,4	142,54
42	130	8420954	Ask Jørgensen	If Kilkameratene	NOR	0:28:15,6	02:58,9	143,33
43	172	8420636	Oskar Opstad Vike	Idrettslaget Runar	NOR	0:28:18,5	03:01,8	144,86
44	146	8420876	Sander Werket-Haug	Mjøndalen	NOR	0:28:18,6	03:01,9	144,92
45	185	8420607	August Hovde	Gjøvik SK	NOR	0:28:19,5	03:02,8	145,39
46	157	8420628	Sivert Borgen	Østre Toten Skilag	NOR	0:28:20,2	03:03,5	145,76
47	14	8420557	Henrik Stenersen Øksby	Asker SK	NOR	0:28:24,0	03:07,3	147,76
48	149	8420515	Halvor Røise Bade	Røa	NOR	0:28:25,0	03:08,3	148,29
49	163	8421018	Tørres Bjelland Nøstdal	Eid IL	NOR	0:28:26,0	03:09,3	148,82
50	183	8420817	Hermod Ingemann Bangstad	Nordreisa IL	NOR	0:28:26,8	03:10,1	149,24
51	50	8420702	Christoffer Widding	Heming ILet	NOR	0:28:27,4	03:10,7	149,56
52	117	8420927	Oliver Finstad Nytrøen	Eidsvold Værks	NOR	0:28:27,8	03:11,1	149,77
53	83	8420955	Helge Ims	Fjell Skilag	NOR	0:28:29,4	03:12,7	150,61
54	121	8420569	Martin Stramrud	Hamar SK	NOR	0:28:31,2	03:14,5	151,56
55	141	8420646	Lars Olav Aspheim Kåsa	Gulset	NOR	0:28:33,3	03:16,6	152,67
56	86	8420810	Tor Myhre	Vegårshei IL	NOR	0:28:34,3	03:17,6	153,20
57	91	8420638	Håvard Bergmann	Idrettslaget Runar	NOR	0:28:36,3	03:19,6	154,25
58	164	8420786	Nils Olav Kjetså Røed	Otra IL	NOR	0:28:36,9	03:20,2	154,57
59	10	8420911	Johannes Brennhaug	Grane IL	NOR	0:28:39,7	03:23,0	156,04
60	99	8420757	Hans Paolo Matcovich Aarbakke	Bærums Skiklub	NOR	0:28:40,2	03:23,5	156,31
61	140	8420552	Alexander Mietinen	Idrettslaget	NOR	0:28:42,2	03:25,5	157,36
62	137	8420554	Lars Sander Viken	Asker SK	NOR	0:28:42,9	03:26,2	157,73
63	80	8421000	Henrik Gaaserud	Lyn Ski	NOR	0:28:44,0	03:27,3	158,31
64	64	8420799	Ola Garmo Hov	Byåsen IL	NOR	0:28:44,1	03:27,4	158,37
65	155	8420967	Oskar Eek-Reme	Fana IL	NOR	0:28:44,3	03:27,6	158,47
66	114	8420571	Eirik Fjeld	Hamar SK	NOR	0:28:46,9	03:30,2	159,84
67	102	8421039	Lars Lystad Svorkdal	SVORKMO N.O.I.	NOR	0:28:49,5	03:32,8	161,21
68	118	8421003	Marius Andre Bernhardsen	Idrettslaget	NOR	0:28:49,7	03:33,0	161,32
69	126	8420723	Wilhelm Georg Leikanger	Røa	NOR	0:28:50,6	03:33,9	161,79
70	103	8420803	Håvard Kolbeinsvik	Sauda IL	NOR	0:28:51,2	03:34,5	162,11
71	167	8420828	Jens Kristoffer Dyr Dahl	Berger IL	NOR	0:28:51,6	03:34,9	162,32
72	74	8420560	Adrian Oanes Sjøli	Klæbu IL	NOR	0:28:51,8	03:35,1	162,43



Equinor Junior 510 km K

Lygna Skisenter

søn. 21 jan 2024



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73	143	8421034	Aksel Bjørkhaug	Førde IL	NOR	0:28:52,5	03:35,8	162,80
74	147	8420705	Filip Osnes-Ringen	Lyn Ski	NOR	0:28:52,7	03:36,0	162,90
75	111	8420961	Kornelius Ordemann Olsen	Alta Idrettsforening	NOR	0:28:54,4	03:37,7	163,80
76	109	8420660	Are Fossheim	Spillum IL	NOR	0:28:54,5	03:37,8	163,85
77	81	8420842	Kristoffer Welhaven Thorstad	Lillehammer Skiklub	NOR	0:28:56,5	03:39,8	164,91
78	134	8420831	Nicholas Torvund	Idrettsforeningen	NOR	0:28:57,3	03:40,6	165,33
79	110	8420844	Mathias Hoelsveen	Raufoss IL	NOR	0:28:57,9	03:41,2	165,64
79	104	8420584	Jens Kaasa Aakre	IL Skrim	NOR	0:28:57,9	03:41,2	165,64
81	119	8420993	Nikolai Wik Håland	Koll, ILet	NOR	0:28:59,8	03:43,1	166,65
82	181	8420749	Ola Nymark-Veum	Heming ILet	NOR	0:29:00,3	03:43,6	166,91
83	92	8420920	Michael Sandeman-Kiste	Koll, ILet	NOR	0:29:01,0	03:44,3	167,28
84	113	8420978	David Bertnes Leite	Innstranda IL	NOR	0:29:01,2	03:44,5	167,39
85	97	8420814	Erik Wøhni-Lyng	Strindheim IL	NOR	0:29:01,3	03:44,6	167,44
86	12	8420958	Odin Fjøsne-Hexeberg	Nittedal IL	NOR	0:29:02,3	03:45,6	167,97
87	78	8420829	Lucas Broby Heimdal	Gulset	NOR	0:29:03,2	03:46,5	168,44
88	127	3250080	Frode Hymmer	Ås IL	NOR	0:29:03,9	03:47,2	168,81
89	85	8420604	Nikolai Kristiansen	Brandbu	NOR	0:29:04,4	03:47,7	169,07
90	133	8420575	Jørgen Kvarstad	Hamar SK	NOR	0:29:05,0	03:48,3	169,39
91	100	8420796	Niklas Almås	Byåsen IL	NOR	0:29:07,1	03:50,4	170,50
92	31	8420600	Lars Kongssund	Næroset IL	NOR	0:29:08,4	03:51,7	171,18
93	96	8420983	Eskil Brænden	Årvoll IL	NOR	0:29:08,6	03:51,9	171,29
94	184	8420928	Fredrik Flo Øfstaas	Nittedal IL	NOR	0:29:08,9	03:52,2	171,45
95	180	8421010	Peder Rygg	Byaasen Skiklub	NOR	0:29:10,3	03:53,6	172,18
96	22	8420853	Noah Christoffer Nielsen Nylund	Medkila Skilag	NOR	0:29:10,8	03:54,1	172,45
97	94	8420841	Jørgen Landmark Johansen	Lillehammer Skiklub	NOR	0:29:12,1	03:55,4	173,13
98	65	8420805	Tage Aarekol	Vindafjord IL	NOR	0:29:15,2	03:58,5	174,77
99	17	8420578	Ove Egil Hjellødegård	Nybygda IL	NOR	0:29:17,1	04:00,4	175,77
100	5	8421342	Lars Horten Jordet	Tolga IL	NOR	0:29:18,5	04:01,8	176,51
101	90	8420971	Marcus Enes-Seberg	Hovden Sportsklubb	NOR	0:29:19,1	04:02,4	176,83
102	150	8420605	Martin Bjerke	Follebu SK	NOR	0:29:19,2	04:02,5	176,88
103	144	8420719	Sivert Stene Enger	Røa	NOR	0:29:19,6	04:02,9	177,09
104	3	8420801	Tobias Grendstad	Klæbu IL	NOR	0:29:19,8	04:03,1	177,20
105	39	8420768	Erik Alnes Litsheim	Førde IL	NOR	0:29:21,2	04:04,5	177,93
106	13	8420671	Sindre Egilson Korsæth	Tromsø SK	NOR	0:29:24,1	04:07,4	179,46
107	93	8420908	Vegard Veisetaune	Tverlandet IL	NOR	0:29:24,5	04:07,8	179,67
108	58	8420925	Tobias Finstad Mandt	Nittedal IL	NOR	0:29:24,8	04:08,1	179,83

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Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
109	88	8420892	Andreas Olsen Tomta	Trøsken IL	NOR	0:29:25,7	04:09,0	180,31
110	72	8420848	Daniel Egedius	Vind IL	NOR	0:29:28,5	04:11,8	181,78
111	174	8420582	Alexander Thorud	Idrettsforeningen	NOR	0:29:28,6	04:11,9	181,84
112	120	8420511	Marcus Dahl-Rismyhr	Trøsken IL	NOR	0:29:31,2	04:14,5	183,21
113	108	8420767	Ingebrigt Nes Hjelle	Eid IL	NOR	0:29:31,5	04:14,8	183,37
114	66	8420963	Einar Nicolai Gaard Storvestre	Viking Turn og	NOR	0:29:31,8	04:15,1	183,53
115	105	8421025	Nilas Goa Diab	Njård	NOR	0:29:32,3	04:15,6	183,79
116	45	8420809	Andreas Tjeldflåt Kvalbein	Sandnes IL	NOR	0:29:32,6	04:15,9	183,95
117	135	8420877	Sebastian Santiago Kildebo	Konnerud IL	NOR	0:29:32,7	04:16,0	184,00
118	107	8420659	Are Estil Brissach	Lierne IL	NOR	0:29:33,4	04:16,7	184,37
119	84	8420953	Elias Thorstensen Brennvik	Kvaløysletta Skilag	NOR	0:29:33,8	04:17,1	184,58
120	87	8420804	Kristoffer Sola	Sandnes IL	NOR	0:29:34,2	04:17,5	184,79
121	60	8420820	Fredrik Camillo Wille	Oseberg Skilag	NOR	0:29:34,3	04:17,6	184,84
122	112	8420726	Sigurd Wahl Kallum	Kjelsås IL	NOR	0:29:37,1	04:20,4	186,32
123	42	8420918	Stephan Irgens	Fossum	NOR	0:29:38,4	04:21,7	187,01
124	48	8420838	Simen Monsrud Wien	Harestua IL	NOR	0:29:42,0	04:25,3	188,91
125	95	8420923	Jørgen Løken	Eidsvold Værks	NOR	0:29:42,4	04:25,7	189,12
126	61	8420528	Hannes Malte Hov	Lommedalens IL	NOR	0:29:43,2	04:26,5	189,54
127	59	8420800	Mats Augdal Dahl	Byåsen IL	NOR	0:29:49,0	04:32,3	192,60
127	79	8420851	Anders Bergland	Nordreisa IL	NOR	0:29:49,0	04:32,3	192,60
129	55	8420944	Simon Øvergård Tegnander	Bærums Skiklub	NOR	0:29:49,5	04:32,8	192,86
130	62	8420673	Jonas Pedersen	Tromsø SK	NOR	0:29:49,9	04:33,2	193,07
131	26	8420980	Magnus Olav Koller-Sato	Røa	NOR	0:29:51,5	04:34,8	193,92
132	67	8420822	Max Ratus Semb	Oseberg Skilag	NOR	0:29:54,0	04:37,3	195,23
133	51	8421037	Stian Vårdal Helle	Førde IL	NOR	0:29:55,1	04:38,4	195,82
134	44	8420595	Jonas Mile	Mjøndalen	NOR	0:29:55,3	04:38,6	195,92
135	9	8421050	Odd Harald Rasmussen Bakken	Tverrelvdalen IL	NOR	0:29:58,6	04:41,9	197,66
136	41	3170079	Magnus Tobiassen	Eiker SK	NOR	0:30:01,3	04:44,6	199,09
137	101	8420912	Magne Pinnerød	Tverlandet IL	NOR	0:30:02,3	04:45,6	199,61
138	32	8420665	Sondre Myking	Osterøy Idrottslag	NOR	0:30:05,4	04:48,7	201,25
139	106	3250070	Ævar Freyr Valbjørnsson	ISL	NOR	0:30:06,7	04:50,0	201,93
140	28	8420936	Sondre With Holm Slettedal	Asker SK	NOR	0:30:11,5	04:54,8	204,47
141	188	8420680	Henry Skjønsvjell	Nordreisa IL	NOR	0:30:11,6	04:54,9	204,52
142	11	8421040	Ådne Hoston Stiklestad	Il Fjellmann	NOR	0:30:13,9	04:57,2	205,73
143	53	8420724	Viktor Andersen	Kjelsås IL	NOR	0:30:14,9	04:58,2	206,26
144	77	8420816	Morten Grut	Meldal Sportsklubb	NOR	0:30:16,7	05:00,0	207,21

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145	162	8420546	Emil Andreassen Skaftnes	Ullensaker SK	NOR	0:30:19,9	05:03,2	208,90
146	129	8421051	Vegard Bråthen	Alsvåg IL	NOR	0:30:21,9	05:05,2	209,95
147	52	8420906	August Marendor Hauger	Åsen IL	NOR	0:30:27,7	05:11,0	213,01
148	98	8420648	Johannes Solvik	Gulset	NOR	0:30:29,3	05:12,6	213,85
149	70	8420937	Henrik Haug Solbrekke	Holmen	NOR	0:30:30,9	05:14,2	214,70
150	46	8420896	Erik Johan Brun	Eidsvold Værks	NOR	0:30:33,1	05:16,4	215,86
151	82	8420991	Wilhelm Hjelpdahl Deinboll	Bækkelagets	NOR	0:30:35,8	05:19,1	217,28
152	57	8420985	Erik Rømo	Årvoll IL	NOR	0:30:42,5	05:25,8	220,82
153	71	8420990	Aksel Saue Saghaug	Lyn Ski	NOR	0:30:50,4	05:33,7	224,98
154	38	8421013	Einar Waldeland Gautvik	Molde og Omegn	NOR	0:30:52,7	05:36,0	226,20
155	33	8420887	Petter Kolloen	MjøsSki	NOR	0:30:55,2	05:38,5	227,52
156	69	8420614	Trond Raastad Hallum	Svea Skilag	NOR	0:31:15,5	05:58,8	238,22
157	4	8420798	Ola Randen	Idrettslaget Leik	NOR	0:31:15,8	05:59,1	238,38
158	56	8420894	Mauritz Magnus Bengt Borgerud Falk	Drøbak-Frogn IL	NOR	0:31:19,0	06:02,3	240,07
159	49	3220065	Logan Duncan	GBR	NOR	0:31:19,7	06:03,0	240,44
160	34	8420880	Sondre Danielsen	Konnerud IL	NOR	0:31:25,4	06:08,7	243,44
161	25	8420915	William Fjellheim Ulriksen	Ks Ski Lofoten	NOR	0:31:38,6	06:21,9	250,41
162	37	8421017	Eskil Mork	Rustad IL	NOR	0:31:43,1	06:26,4	252,78
163	18	8420871	Andreas Røkeberg Stranden	Mjøndalen	NOR	0:31:51,8	06:35,1	257,37
164	21	8420992	Sven August Tjernshaugen	Bækkelagets	NOR	0:31:56,6	06:39,9	259,90
165	43	3250079	Astmar Helgi Kristinsson	ISL	NOR	0:32:00,3	06:43,6	261,85
166	40	3170078	Emil Dreyer Kristensen	Njård	NOR	0:32:01,8	06:45,1	262,64
167	20	8420922	Aleksander Hana Kristoffersen	Bærums Skiklub	NOR	0:32:03,9	06:47,2	263,75
168	8	8420947	Henrik Brunborg Økland	Holmen	NOR	0:32:27,3	07:10,6	276,09
169	36	8420995	Lars Sparrevik	Koll, ILet	NOR	0:33:22,8	08:06,1	305,37
170	35	8421054	Simen Vars-Larsstuen	Kvaløysletta Skilag	NOR	0:34:04,6	08:47,9	327,42
171	1	59276	Emil Moore-Carlsen	Fossum	NOR	0:41:33,9	16:17,2	564,40
	6	8420930	Aksel Prydz-Hoftvedt	Røa	NOR	DNF		
	2	8420743	Jørgen Bjørndal Ottestad	Lyn Ski	NOR	DNF		
	24	8420547	Petter Dervola Johansen	Idrettslaget Forsøk	NOR	DNF		
	54	8420562	Sander Svendgård	Hommelvik IL	NOR	DNF		
	131	8420835	Adrian Cornelius Eide Kaasbøll	Byåsen IL	NOR	DNS		
	23	8420989	Andreas Lie	Kjelsås IL	NOR	DNS		
	173	8420907	Birk Haugnes	Oppegård IL	NOR	DNS		
	68	8421001	Erik Salater Kjensjord	Lyn Ski	NOR	DNS		
	122	8420616	Eskil Engdal	Vind IL	NOR	DNS		



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Assistand Technical Delegate	Height Difference (HD)
Assistant TD Nat.	Maximum climb (MM)
Chief of Competition	Total Climb (MT)
Codex 0	Laps
	Laplength

Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
	27	8420508	Isak Larsen	Hattfjelldal IL	NOR	DNS		
	75	8421057	Isak Simonsen	Ankenes SK	NOR	DNS		
	29	8420890	Jakob Linner Tronsrud	Nord-Odal IL	NOR	DNS		
	73	8420966	Kristian Steen	Fana IL	NOR	DNS		
	136	8420579	Kristian Øye Aasum	Granli IL	NOR	DNS		
	15	8421032	Peter Mortensen Holien	Rendalen IL	NOR	DNS		
	63	8420537	Sverre Murud Bratfos	Ullensaker SK	NOR	DNS		
	47	8420998	Vegard Salater Kjensjord	Lyn Ski	NOR	DNS		

Number of entered: 188

Number of started: 175

Jury Decision

Startno: 14 ØKSBY Henrik Stenersen 15 sek tillegg, startet for tidlig