

## Menn senior Official results

Jury/Competition management		Data of course	
Technical Delegate	Fridtjof Rannem	Name of course	Gaalaa 2.5
Assistand Technical Delegate		Height Difference (HD)	42
Assistant TD Nat.		Maximum climb (MM)	35
Chief of Competition	Audun Skattebo	Total Climb (MT)	75
Codex	3005	Laps	4
		Laplength	2560

Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
1	155	3420605	Sjur Røthe	Voss IL	NOR	0:21:35,1	00:00,0	20,00
2	161	3420994	Didrik Tønseth	Byåsen IL	NOR	0:21:36,5	00:01,4	20,86
3	143	3423782	Håvard Moseby	Kjelsås IL	NOR	0:21:41,8	00:06,7	24,14
4	177	3422289	Lars Gunnar Skjevdal	Tydal IL	NOR	0:21:42,3	00:07,2	24,45
5	144	3424663	Edvard Sandvik	Kjelsås IL	NOR	0:21:44,4	00:09,3	25,74
6	175	3422613	Jan Thomas Jenssen	Hommelvik IL	NOR	0:21:46,0	00:10,9	26,73
7	147	3422186	Vebjørn Turtveit	Voss IL	NOR	0:21:49,0	00:13,9	28,59
8	172	3424235	Iver Tildheim Andersen	Rustad IL	NOR	0:21:53,2	00:18,1	31,18
9	145	3422474	Ole Jørgen Bruvoll	Lierne IL	NOR	0:21:53,9	00:18,8	31,61
10	164	3422521	Eirik Sverdrup Augdal	Ringkollen SK	NOR	0:21:54,4	00:19,3	31,92
11	163	3424466	Karsten Andre Vestad	Molde og Omegn IF	NOR	0:21:55,0	00:19,9	32,29
12	160	3424690	Jonas Vika	MjøsSki	NOR	0:21:56,1	00:21,0	32,97
13	171	3422263	Gaute Kvåle	Røldal IL	NOR	0:21:56,3	00:21,2	33,10
14	151	3422651	Erland Kvisle	Asker SK	NOR	0:22:11,9	00:36,8	42,73
15	138	3422291	Edvin Kristoffer Frost	Tromsø SK	NOR	0:22:12,4	00:37,3	43,04
16	165	3421849	Eirik Mysen	Oseberg Skilag	NOR	0:22:15,1	00:40,0	44,71
17	149	3421269	Daniel Stock	Vadsø SK	NOR	0:22:16,5	00:41,4	45,57
18	157	3424513	Espen Aakervik	Fet SK	NOR	0:22:17,0	00:41,9	45,88
19	130	3423008	Herman Martens Meyer	Åsen IL	NOR	0:22:17,6	00:42,5	46,25
20	117	3423853	Magnus Øyaas Håbrekke	Byåsen IL	NOR	0:22:18,4	00:43,3	46,75
21	166	3421845	Mikael Gunnulfsen	Ørn, IF	NOR	0:22:18,6	00:43,5	46,87
22	168	3424067	Even Solem Michelsen	Byåsen IL	NOR	0:22:19,3	00:44,2	47,30
23	158	3501297	Björn Sandström	Trillevallen SK	SWE	0:22:22,7	00:47,6	49,40
24	124	3424640	Edvin Ingebrigtsen	Bratsberg IL	NOR	0:22:24,6	00:49,5	50,58
25	185	3423183	Thomas Qvist Bucher-Johannessen	Fossum IF	NOR	0:22:24,9	00:49,8	50,76
26	136	3423629	Kristoffer Berset	Strindheim IL	NOR	0:22:26,6	00:51,5	51,81
27	170	3422028	Magne Haga	Åsen IL	NOR	0:22:28,4	00:53,3	52,92
28	162	3422712	Henrik Dønnestad	Gulset IF	NOR	0:22:28,7	00:53,6	53,11
29	119	3423192	Erling Fagerbakke Fosse	Voss IL	NOR	0:22:32,6	00:57,5	55,52
30	135	3100438	Joe Davies	Gbr	GBR	0:22:33,1	00:58,0	55,83
31	174	3420009	Chris André Jespersen	Strindheim IL	NOR	0:22:33,3	00:58,2	55,95
32	146	3423235	Martin Julian Buvarp	Byåsen IL	NOR	0:22:34,4	00:59,3	56,63
33	159	3423482	Simen Myhre	Heming, IL	NOR	0:22:35,2	01:00,1	57,12
34	121	3220033	James Matthieu Clugnet	Røa	GBR	0:22:36,1	01:01,0	57,68
35	167	3424611	Martin Kirkeberg Mørk	Drammens Ballklubb	NOR	0:22:36,9	01:01,8	58,17
36	179	3424190	Amund August Korsæth	Trøsken IL	NOR	0:22:39,3	01:04,2	59,66
37	152	3423291	Thomas Helland Larsen	Fossum IF	NOR	0:22:39,6	01:04,5	59,84

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Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
37	186	3422498	Sindre Grønflaten	Fjellørnen IL	NOR	0:22:39,6	01:04,5	59,84
39	156	3424223	Iver Wang Johansen	Kjelsås IL	NOR	0:22:40,3	01:05,2	60,27
40	178	3422021	Johan Tjelle	Lyn Ski	NOR	0:22:40,9	01:05,8	60,65
41	122	3424846	Preben Horven	Bossmo og Ytteren	NOR	0:22:41,5	01:06,4	61,02
42	140	3424944	Ola Spigseth	Nes Ski	NOR	0:22:46,9	01:11,8	64,35
43	181	3501587	Gustaf Berglund	Sverige	SWE	0:22:48,2	01:13,1	65,15
44	109	3424337	Petter Myhr	Bygdø IL	NOR	0:22:48,3	01:13,2	65,22
45	169	3423258	Sondre Skomedal Ramse	Otra IL	NOR	0:22:50,2	01:15,1	66,39
46	139	3423669	Albert Sunde Øhlschlägel	Lillehammer Skiklub	NOR	0:22:51,6	01:16,5	67,26
47	180	3423371	Vegard Sivertsgård	Tydal IL	NOR	0:22:51,7	01:16,6	67,32
48	148	3422940	Ole Morten Engesvold Flataker	Hommelvik IL	NOR	0:22:55,3	01:20,2	69,54
49	88	3050256	Michael Föttinger	Aut	AUT	0:22:56,2	01:21,1	70,10
50	173	3421316	Pål Trøan Aune	Steinkjer SK	NOR	0:22:58,0	01:22,9	71,21
51	182	3424094	Magnus Harr Lian	Klæbu IL	NOR	0:22:59,1	01:24,0	71,89
52	129	3423660	Sivert Leander Johansen	Drammens Ballklubb	NOR	0:22:59,4	01:24,3	72,07
53	105	3424241	Erik Nicolaisen	Senja Ski	NOR	0:22:59,7	01:24,6	72,26
54	176	3501044	Viktor Brännmark	Sverige	SWE	0:23:01,7	01:26,6	73,49
55	75	3423303	Håkon Asdøl	IL Jardar	NOR	0:23:02,9	01:27,8	74,24
56	131	3423681	Bjørnar Stensrud Tyribakken	Bromma IL	NOR	0:23:06,3	01:31,2	76,34
57	111	3424246	Teodor Kruse Sørensen	Tromsø SK	NOR	0:23:06,5	01:31,4	76,46
58	142	3424614	Kasper Andersson Herland	Hemsedal IL	NOR	0:23:08,0	01:32,9	77,39
59	101	3424484	Andreas Bergsland	Trøsken IL	NOR	0:23:09,9	01:34,8	78,56
60	56	3040125	Seve De Campo	Aus	AUS	0:23:11,0	01:35,9	79,24
61	108	3423986	Johan Heni Olsen Bjørtomt	Gjerdrum IL	NOR	0:23:11,4	01:36,3	79,49
62	79	3424181	Jonas Hammelow Fridlund	Lillehammer Skiklub	NOR	0:23:11,6	01:36,5	79,61
63	137	3423503	Lars Sørensen	Rustad IL	NOR	0:23:12,5	01:37,4	80,17
64	104	3424082	Erlend Lindland Sletten	Oddersjaa SSK	NOR	0:23:13,0	01:37,9	80,47
65	73	3424840	Jørgen Schjøberg	Tynset IF	NOR	0:23:14,5	01:39,4	81,40
66	103	3424685	Matz William Jenssen	Njård	NOR	0:23:15,0	01:39,9	81,71
67	126	3424001	Herman Møller Gløersen	Bygdø IL	NOR	0:23:17,7	01:42,6	83,38
68	85	3421116	Thomas Gifstad	Rustad IL	NOR	0:23:18,3	01:43,2	83,75
68	93	3424686	Frederik Arent Rogstad	Njård	NOR	0:23:18,3	01:43,2	83,75
70	59	3424652	Bastian Karlsen Antonsen	Lyn Ski	NOR	0:23:18,7	01:43,6	84,00
71	183	3422115	Gjørn Holstad Tefre	Førde IL	NOR	0:23:19,2	01:44,1	84,30
72	69	3424637	Kristoffer Jullum Fiskvik	IL Varden Meråker	NOR	0:23:20,9	01:45,8	85,35
73	125	3423006	Amund Hoel	Åsen IL	NOR	0:23:21,4	01:46,3	85,66
74	76	3424877	Øystein Sendstad	Åsen IL	NOR	0:23:22,4	01:47,3	86,28

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Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
75	99	3423502	Tor Olav Nesheim Hægeland	Rustad IL	NOR	0:23:24,5	01:49,4	87,58
76	21	3100500	Gabriel Winston Gledhill	Lillehammer Skiklub	GBR	0:23:26,2	01:51,1	88,63
77	127	3424552	Magnus Perger	Haslum IL	NOR	0:23:26,7	01:51,6	88,94
78	133	3424613	Christian Hartz Melling	Konnerud IL	NOR	0:23:26,8	01:51,7	89,00
79	96	3424878	Eirik Sendstad	Åsen IL	NOR	0:23:27,2	01:52,1	89,25
80	81	3424694	Mikkel Waldeland Gautvik	Molde og Omegn IF	NOR	0:23:28,6	01:53,5	90,11
81	132	3422016	Mattis Sjøli	Halmsås og Omegn	NOR	0:23:28,8	01:53,7	90,23
82	89	3423491	Jostein Tandberg	Kjelsås IL	NOR	0:23:31,4	01:56,3	91,84
83	20	3424641	Mats Opsal	MjøsSki	NOR	0:23:34,1	01:59,0	93,51
83	90	3424879	Oskar Lockert Skjold	Åsen IL	NOR	0:23:34,1	01:59,0	93,51
85	115	3424540	Magnus Nikolai Sedeniussen	Lyn Ski	NOR	0:23:34,6	01:59,5	93,82
85	68	3424499	Jens Marcus Dyrberg Ek	Bærums Verk	NOR	0:23:34,6	01:59,5	93,82
87	134	3424556	Herman Brustad	Gui Sportsklubb	NOR	0:23:35,2	02:00,1	94,19
88	113	3424893	Aleksander Elde Holmboe	Bærums Verk	NOR	0:23:35,6	02:00,5	94,43
89	154	3424227	David Thorvik	Kjelsås IL	NOR	0:23:36,6	02:01,5	95,05
90	123	3424675	Jonas Dyrli Thoresen	Røa	NOR	0:23:39,6	02:04,5	96,91
91	55	3423657	Kristen Mikkelsplass	Bromma IL	NOR	0:23:40,7	02:05,6	97,58
92	141	3423274	Henrik Husdal	Bækkelagets SK	NOR	0:23:41,8	02:06,7	98,26
93	87	3424549	Jørgen Harby	Lillehammer Skiklub	NOR	0:23:42,5	02:07,4	98,70
94	102	3424104	Nikolai Solem Eiterjord	Innstranda IL	NOR	0:23:43,0	02:07,9	99,01
95	77	3423869	Sondre Albrigtsen Bjørnstad	Henning Skilag	NOR	0:23:44,0	02:08,9	99,62
96	38	8420009	Sander Teisbekk	Idrettslaget Ros	NOR	0:23:45,4	02:10,3	100,49
97	128	3424860	Magnus Thorstensen	Strindheim IL	NOR	0:23:45,6	02:10,5	100,61
98	107	3424892	Nikolai Elde Holmboe	Bærums Verk	NOR	0:23:45,9	02:10,8	100,80
99	100	8420049	Johannes Lønnestad Flaaten	Seljord IL	NOR	0:23:46,1	02:11,0	100,92
100	60	3424683	Lars Young Vik	Njård	AUS	0:23:47,3	02:12,2	101,66
101	72	3424545	Eivind Luka	Gjerdrum IL	NOR	0:23:47,9	02:12,8	102,03
102	58	3423548	Kristian Skjeldal	Bulken IL	NOR	0:23:49,1	02:14,0	102,77
103	70	3424193	Filip Glittenberg Holt	Nes Ski	NOR	0:23:56,3	02:21,2	107,22
104	98	3424844	Erik Løfald	Rindal IL	NOR	0:23:57,4	02:22,3	107,90
105	71	3424926	Mikkel Jebens Katla	Haslum IL	NOR	0:23:57,8	02:22,7	108,15
106	95	3423430	Vegard Myklemyr	Bromma IL	NOR	0:23:58,0	02:22,9	108,27
107	97	3423563	Per Ivar Sølie Reinemo	Hamar SK	NOR	0:24:04,1	02:29,0	112,04
108	110	3300759	Sho Kasahara	JPN	Jap	0:24:04,3	02:29,2	112,16
109	19	3424128	Sondre Bjørkeng Pedersen	Nes Ski	NOR	0:24:04,7	02:29,6	112,41
110	57	3424375	Sander Lillebudal	Leik, IL	NOR	0:24:06,5	02:31,4	113,52
111	66	3424664	Benjamin Gunnarsen	Kjelsås IL	NOR	0:24:08,0	02:32,9	114,45

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Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
112	83	3424922	Brage Buseeth Hammerstad	Haslum IL	NOR	0:24:09,2	02:34,1	115,19
113	41	8420059	Jakob Fredrik Degerstrøm Hanssen	Tromsø SK	NOR	0:24:12,1	02:37,0	116,98
114	153	3300371	Takahiro Suzuki	JPN	JPN	0:24:13,7	02:38,6	117,97
115	62	3424656	Birk Møller Gundersen	Lyn Ski	NOR	0:24:14,5	02:39,4	118,46
116	120	3300607	Keigo Nagaya	Japan	JPN	0:24:15,0	02:39,9	118,77
117	118	8420095	Bård Olav Steinsland Medhus	Røldal IL	NOR	0:24:15,2	02:40,1	118,90
118	16	3424619	Even Karlsen	Lillehammer Skiklub	NOR	0:24:16,1	02:41,0	119,45
119	13	3423410	Aksel Bru-Hemmingby	Heming, IL	NOR	0:24:17,8	02:42,7	120,50
120	67	3424671	Bendik Håland Pedersen	Rustad IL	NOR	0:24:18,7	02:43,6	121,06
121	74	3424998	Armann Saastad Haugan	Lyn Ski	NOR	0:24:22,6	02:47,5	123,47
122	64	3422669	Kristoffer By Vollset	NTNUI	NOR	0:24:23,4	02:48,3	123,96
123	84	3700116	Andrej Renda	Svk	SVK	0:24:25,9	02:50,8	125,51
124	63	3430316	Michal Piotr Boreczek	Kjelsås IL	POL	0:24:26,0	02:50,9	125,57
125	53	3424612	Vette Leander Johansen	Drammens Ballklubb	NOR	0:24:30,2	02:55,1	128,16
126	65	3424407	Eskil Hov	Kaupanger IL	NOR	0:24:34,5	02:59,4	130,82
127	61	3423931	Kristian Erling Skogvold	Gjerdrum IL	NOR	0:24:34,8	02:59,7	131,00
128	35	3424854	Magnus Martinsen Stensby	Lillehammer Skiklub	NOR	0:24:36,2	03:01,1	131,87
129	22	3424936	Kasper Engeset	IL Jardar	NOR	0:24:37,0	03:01,9	132,36
130	25	8420075	Fredrik Haugen Strandhaug	Lillehammer Skiklub	NOR	0:24:38,7	03:03,6	133,41
131	45	8420044	Ivar Nistad	Førde IL	NOR	0:24:39,4	03:04,3	133,84
132	40	3424924	Benjamin Jarinn Holm	Haslum IL	NOR	0:24:39,8	03:04,7	134,09
133	184	3420961	Finn-Hågen Krogh	Tverrelvdalen IL	NOR	0:24:41,4	03:06,3	135,08
134	17	3424706	Joakim Skadal	Utleira IL	NOR	0:24:45,4	03:10,3	137,55
135	27	8420036	Oskar Myrvang Olsen	Runar, IL	NOR	0:24:48,2	03:13,1	139,28
136	39	3424618	Jostein Karlsen	Lillehammer Skiklub	NOR	0:24:51,0	03:15,9	141,01
137	94	3424723	Sander Eggen Kjelstad	Støren Sportsklubb	NOR	0:24:56,7	03:21,6	144,53
138	36	3424954	Fredrik Strande Bruun	Gui Sportsklubb	NOR	0:24:58,3	03:23,2	145,52
139	112	3300669	Kosei Kobayashi	JPN	JPN	0:24:58,4	03:23,3	145,58
140	78	3424829	August Bertheussen Falkanger	Byåsen IL	NOR	0:25:03,6	03:28,5	148,79
141	43	3424598	Erik Kjønne Støa	Idrettslaget Ros	NOR	0:25:06,3	03:31,2	150,46
142	47	3424568	Petter Thorslund Aadland	Lyn Ski	NOR	0:25:09,1	03:34,0	152,19
143	82	3424509	Fredrik Gerardo Fodstad	Lillehammer Skiklub	COL	0:25:10,4	03:35,3	152,99
144	86	8420127	Erik Mathisen	Tromsø SK	NOR	0:25:14,4	03:39,3	155,46
145	28	3423109	Brian Nymo Holmstrøm	Valnesfjord IL	NOR	0:25:16,5	03:41,4	156,76
146	114	3320234	Jinbok Lee	Korea	KOR	0:25:18,0	03:42,9	157,69
147	30	3424767	Jørgen Slind	Selbu IL	NOR	0:25:18,2	03:43,1	157,81
148	18	3424866	Henrik Valør Wist	Byaasen Skiklub	NOR	0:25:18,4	03:43,3	157,94



# EQUINOR NC Gålå 10 km F

Gålå

lør. 26 nov 2022



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149	44	3424089	Bjørn-martin Staurland Staavi	Stavanger SK	NOR	0:25:20,3	03:45,2	159,11
150	14	3422936	Stein-Erik Eriksen	Heming, IL	NOR	0:25:23,3	03:48,2	160,96
151	42	3700122	Denis Tilesch	Svk	SVK	0:25:23,5	03:48,4	161,09
152	33	3150812	Jachym Cenek	Cze	SVK	0:25:33,3	03:58,2	167,14
153	34	3424521	Nils Henrik Kvale	Østre Toten Skilag	NOR	0:25:36,5	04:01,4	169,12
154	80	3424828	Henrik Bøyum Webjørnsen	Rustad IL	NOR	0:25:41,4	04:06,3	172,14
155	24	3220052	James Slimon	Lillehammer Skiklub	GBR	0:25:45,9	04:10,8	174,92
156	49	1280206	Truls Valmestad	Gjelleråsen IF	NOR	0:25:51,7	04:16,6	178,51
157	29	8420424	Tony André Höfler Kristiansen	IL Pioner Ski	NOR	0:25:58,1	04:23,0	182,46
158	54	3424196	Philip Drivenes	Nes Ski	NOR	0:26:00,0	04:24,9	183,63
159	26	8420007	Mats Høyenes Rustad	Konnerud IL	NOR	0:26:21,5	04:46,4	196,91
160	106	3320228	Jin-Hyeong Kim	Korea	NOR	0:26:35,2	05:00,1	205,38
161	11	8421305	Johannes Løken	Askim	NOR	0:26:38,7	05:03,6	207,54
162	37	3424579	Christian Stjern Evensen	Strømmen og	NOR	0:26:56,0	05:20,9	218,22
163	46	8420027	Erik Brostigen Ringhus	Rein, IL	NOR	0:27:29,3	05:54,2	238,79
164	51	3424793	Henrik Linner Tronsrud	Nord-Odal IL	NOR	0:27:44,3	06:09,2	248,06
165	15	8421257	Truls August Krogh	Nordkyn, IL	NOR	0:28:02,9	06:27,8	259,55
166	48	3423589	Emil Håkon Lier	Asker SK	NOR	0:30:11,9	08:36,8	339,23
167	32	3960208	Tristian Monchablon	Dma	DMA	0:31:22,5	09:47,4	382,84
	50	3424289	Adrian Orellana Hellerud	Hokksund IL	NOR	DNS		
	116	8420096	Daniel Dukstad	Voss IL	NOR	DNS		
	23	3424717	Elias Mostraum	Osterøy IL	NOR	DNS		
	150	3423534	Jon Rolf Skamo Hope	Hyen IL	NOR	DNS		
	12	3424383	Kevin Bjerkeli Krohn	Molde og Omegn IF	NOR	DNS		
	91	3424634	Martin Reppen	Spillum IL	NOR	DNS		
	31	3423314	Ole Haldor Ensrud	Strindheim IL	NOR	DNS		
	52	3424824	Vegard Dybvand	Rustad IL	NOR	DNS		
	92	8420055	Vetle Svanes Strand	Stavanger SK	NOR	DNS		

Number of entered: 176

Number of started: 167



Equinor  
Norgescup

equinor

VI STØTTER  
MORGENDAGENS  
HELTER