

## NM 30 KM O 50 KM

Tolga (NOR)



menn 50 km Interval Start Classic

31-03-2023

Start Time: 12:45

### Results

| Jury Information             |                     |     |                         |  | Course Information |  |  |  |  |  |  |
|------------------------------|---------------------|-----|-------------------------|--|--------------------|--|--|--|--|--|--|
| Technical Delegate           | ELMQVIST Magnus     | SWE | Name:                   |  | Menn               |  |  |  |  |  |  |
| Assistant Technical Delegate | KVÅLE Hans Jørgen   | NOR | Height Difference (HD): |  | 79 m               |  |  |  |  |  |  |
| Chief of Competition         | NORDVANG Anne Berit | NOR | Maximum Climb (MC)      |  | 44 m               |  |  |  |  |  |  |
| Assistant TD Nat.            | HUSBY Erik          | NOR | Total Climb (TC):       |  | 270 m              |  |  |  |  |  |  |
|                              |                     |     | Length of Lap:          |  | 8.37 km            |  |  |  |  |  |  |
|                              |                     |     | Number of Laps:         |  | 6                  |  |  |  |  |  |  |

  

| RK. | BIB | FIS CODE | NAME<br>Club                                  | NSA CODE<br>Date of Birth | 10,4 km<br>Time Rank | 26,3 km<br>Time Rank | 41,5 km<br>Time Rank | FINISH<br>TIME | BEHIND | FIS<br>POINTS |
|-----|-----|----------|-----------------------------------------------|---------------------------|----------------------|----------------------|----------------------|----------------|--------|---------------|
| 1   | 128 | 3421779  | KRÜGER Simen Hegstad<br>Lyn Ski               | NOR<br>13 mar 1993        | 26:41.6 1            | 1:06:42.8 1          | 1:45:45.4 1          | 2:08:07.9      | 0.0    | 20.00         |
| 2   | 149 | 3423264  | AMUNDSEN Harald Østberg<br>Asker SK           | NOR<br>18 sep 1998        | 27:09.9 3            | 1:08:18.5 2          | 1:48:15.5 2          | 2:10:45.8      | 2:37.9 | 36.43         |
| 3   | 136 | 3423782  | MOSEBY Håvard<br>Kjelsås IL                   | NOR<br>28 jul 1999        | 27:27.0 10           | 1:08:44.3 5          | 1:48:41.3 3          | 2:10:59.4      | 2:51.5 | 37.85         |
| 4   | 147 | 3420909  | GOLBERG Pål<br>Gol IL                         | NOR<br>16 jul 1990        | 27:17.4 7            | 1:08:55.7 6          | 1:49:17.0 4          | 2:11:42.9      | 3:35.0 | 42.37         |
| 5   | 155 | 3422021  | TJELLE Johan<br>Lyn Ski                       | NOR<br>20 maj 1994        | 27:14.3 4            | 1:09:01.0 8          | 1:49:32.5 6          | 2:12:00.3      | 3:52.4 | 44.18         |
| 6   | 134 | 3422712  | DØNNESTAD Henrik<br>Gulset IF                 | NOR<br>12 okt 1996        | 27:09.3 2            | 1:08:43.9 4          | 1:49:26.8 5          | 2:12:32.5      | 4:24.6 | 47.53         |
| 7   | 141 | 3423371  | SIVERTSGÅRD Vegard<br>Tydal IL                | NOR<br>01 mar 1998        | 27:42.2 18           | 1:09:41.0 16         | 1:50:10.5 10         | 2:12:35.2      | 4:27.3 | 47.82         |
| 8   | 143 | 3424663  | SANDVIK Edvard<br>Kjelsås IL                  | NOR<br>25 okt 2001        | 27:16.8 6            | 1:08:42.1 3          | 1:49:33.7 7          | 2:12:37.6      | 4:29.7 | 48.06         |
| 9   | 145 | 3424373  | REE Andreas Fjorden<br>Støren Sportsklubb     | NOR<br>16 apr 2000        | 27:33.4 13           | 1:09:45.4 17         | 1:50:18.6 11         | 2:12:47.3      | 4:39.4 | 49.07         |
| 10  | 140 | 3421845  | GUNNULFSEN Mikael<br>Ørn IF                   | NOR<br>25 mar 1993        | 27:39.9 17           | 1:10:07.5 23         | 1:50:40.5 13         | 2:13:09.7      | 5:01.8 | 51.41         |
| 11  | 144 | 3421164  | SKAR Sindre Bjørnstad<br>Bærum Verk Hauger IF | NOR<br>22 jan 1992        | 28:02.5 24           | 1:10:12.6 25         | 1:50:47.5 14         | 2:13:13.2      | 5:05.3 | 51.77         |
| 12  | 131 | 3424534  | HJELMESET Lars Agnar<br>Gjelleråsen IF        | NOR<br>18 aug 2001        | 27:33.5 14           | 1:09:38.1 13         | 1:50:54.4 17         | 2:13:35.3      | 5:27.4 | 54.07         |
| 13  | 99  | 3424223  | JOHANSEN Iver Wang<br>Kjelsås IL              | NOR<br>18 feb 2000        | 27:24.4 9            | 1:08:59.3 7          | 1:50:22.8 12         | 2:13:41.0      | 5:33.1 | 54.66         |
| 14  | 150 | 3421269  | STOCK Daniel<br>Vadsø SK                      | NOR<br>16 sep 1992        | 27:28.5 12           | 1:09:40.8 15         | 1:50:50.9 15         | 2:13:49.7      | 5:41.8 | 55.57         |
| 15  | 138 | 3424235  | ANDERSEN Iver Tildheim<br>Rustad IL           | NOR<br>29 sep 2000        | 28:02.8 26           | 1:10:38.4 28         | 1:51:41.6 22         | 2:14:04.6      | 5:56.7 | 57.12         |
| 16  | 133 | 3424227  | THORVIK David<br>Kjelsås IL                   | NOR<br>06 apr 2000        | 27:39.1 15           | 1:09:15.4 9          | 1:49:56.8 8          | 2:14:05.9      | 5:58.0 | 57.25         |
| 17  | 98  | 8420077  | BJERTNÆS Bjarte<br>Jevnaker IF                | NOR<br>19 jan 2002        | 27:51.0 21           | 1:09:26.4 11         | 1:50:51.3 16         | 2:14:06.0      | 5:58.1 | 57.26         |
| 18  | 121 | 3423375  | HOÅS Geir Kristian<br>Lånke IL                | NOR<br>25 nov 1998        | 28:05.1 27           | 1:10:07.7 24         | 1:51:30.5 20         | 2:14:32.1      | 6:24.2 | 59.98         |
| 19  | 117 | 3423534  | HOPE Jon Rolf Skamo<br>Høyen IL               | NOR<br>17 feb 1998        | 27:15.0 5            | 1:09:38.5 14         | 1:51:22.4 18         | 2:14:41.8      | 6:33.9 | 60.99         |

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|-----|-----|----------|-----------------------------------------------|---------------------------|----------------------|----------------------|----------------------|----------------|---------|---------------|
| 20  | 151 | 3422263  | KVÅLE Gaute<br>Røldal IL                      | NOR<br>18 mar 1995        | 27:48.5 20           | 1:09:45.7 18         | 1:51:34.0 21         | 2:14:45.1      | 6:37.2  | 61.33         |
| 21  | 157 | 3424690  | VIKA Jonas<br>MjøsSki                         | NOR<br>12 maj 2001        | 27:28.1 11           | 1:09:59.2 19         | 1:52:21.5 26         | 2:14:50.1      | 6:42.2  | 61.85         |
| 22  | 154 | 3424611  | MØRK Martin Kirkeberg<br>Drammens Ballklubb   | NOR<br>16 jan 2001        | 27:45.9 19           | 1:09:32.7 12         | 1:50:04.1 9          | 2:14:55.8      | 6:47.9  | 62.45         |
| 23  | 156 | 3422613  | JENSSEN Jan Thomas<br>Hommelvik IL            | NOR<br>01 apr 1996        | 28:07.8 29           | 1:10:52.0 30         | 1:53:04.8 29         | 2:15:19.4      | 7:11.5  | 64.90         |
| 24  | 129 | 3424190  | KORSÆTH Amund August<br>Trøsken IL            | NOR<br>18 maj 2000        | 28:18.3 35           | 1:10:34.7 27         | 1:51:52.6 25         | 2:15:46.3      | 7:38.4  | 67.70         |
| 25  | 81  | 3423503  | SØRENSEN Lars<br>Rustad IL                    | NOR<br>26 feb 1998        | 28:28.7 46           | 1:11:11.4 32         | 1:52:56.1 27         | 2:16:05.7      | 7:57.8  | 69.72         |
| 26  | 135 | 3422186  | TURTVEIT Vebjørn<br>Voss IL                   | NOR<br>12 aug 1994        | 27:57.2 22           | 1:10:34.3 26         | 1:53:26.2 32         | 2:16:38.9      | 8:31.0  | 73.17         |
| 27  | 130 | 3424513  | AAKERVIK Espen<br>Fet SK                      | NOR<br>19 apr 2001        | 28:02.6 25           | 1:10:06.1 21         | 1:51:44.1 23         | 2:16:42.2      | 8:34.3  | 73.52         |
| 28  | 97  | 3423853  | HÅBREKKE Magnus Øyaas<br>Byåsen IL            | NOR<br>04 mar 1999        | 28:23.1 39           | 1:09:59.8 20         | 1:51:23.4 19         | 2:16:45.9      | 8:38.0  | 73.90         |
| 29  | 122 | 3423482  | MYHRE Simen<br>Heming IL                      | NOR<br>15 aug 1998        | 28:15.8 33           | 1:10:58.7 31         | 1:53:04.7 28         | 2:17:18.2      | 9:10.3  | 77.26         |
| 30  | 84  | 3422992  | WIIG Sivert<br>Gjesdal IL                     | NOR<br>21 aug 1997        | 28:40.6 52           | 1:11:14.5 34         | 1:53:25.9 31         | 2:17:23.8      | 9:15.9  | 77.85         |
| 31  | 152 | 3423258  | RAMSE Sondre Skomedal<br>Øtra IL              | NOR<br>08 mar 1998        | 27:18.5 8            | 1:09:15.8 10         | 1:51:46.5 24         | 2:18:07.4      | 9:59.5  | 82.38         |
| 32  | 25  | 3421420  | NYDAL Erlend<br>Asker SK                      | NOR<br>05 nov 1992        | 28:26.9 44           | 1:11:26.5 38         | 1:54:02.2 34         | 2:18:10.1      | 10:02.2 | 82.66         |
| 33  | 119 | 3424640  | INGEBRIGTSEN Edvin<br>Bratsberg IL            | NOR<br>24 jan 2001        | 28:23.7 41           | 1:11:21.4 37         | 1:54:01.2 33         | 2:18:14.5      | 10:06.6 | 83.12         |
| 34  | 148 | 3424067  | MICHELTSEN Even Solem<br>Byåsen IL            | NOR<br>27 mar 2000        | 27:39.6 16           | 1:10:06.2 22         | 1:53:18.7 30         | 2:18:23.4      | 10:15.5 | 84.05         |
| 35  | 109 | 3423627  | SKAANES Håkon<br>Strindheim IL                | NOR<br>01 sep 1999        | 27:59.7 23           | 1:11:14.5 33         | 1:54:31.2 36         | 2:18:35.9      | 10:28.0 | 85.35         |
| 36  | 104 | 3423660  | JOHANSEN Sivert Leander<br>Drammens Ballklubb | NOR<br>04 dec 1999        | 29:04.5 64           | 1:12:47.2 54         | 1:55:13.2 39         | 2:18:53.4      | 10:45.5 | 87.17         |
| 37  | 123 | 3423986  | BJØRTOMT Johan Henri Olsen<br>Gjerdrum IL     | NOR<br>14 apr 1999        | 28:29.8 47           | 1:12:08.4 42         | 1:54:56.1 37         | 2:19:09.3      | 11:01.4 | 88.83         |
| 38  | 139 | 3424466  | VESTAD Karsten Andre<br>Molde og Omegn IF     | NOR<br>23 jan 2001        | 28:21.7 37           | 1:12:25.8 45         | 1:55:05.6 38         | 2:19:40.4      | 11:32.5 | 92.06         |
| 39  | 108 | 3423008  | MARTENS MEYER Herman<br>Åsen IL               | NOR<br>12 jan 1997        | 28:45.1 54           | 1:12:32.6 48         | 1:55:20.3 40         | 2:19:47.1      | 11:39.2 | 92.76         |
| 40  | 103 | 3424094  | LIAN Magnus Harr<br>Klæbu IL                  | NOR<br>20 sep 2000        | 28:22.5 38           | 1:12:50.4 56         | 1:55:43.4 44         | 2:19:49.8      | 11:41.9 | 93.04         |
| 41  | 96  | 3423629  | BERSET Kristoffer<br>Strindheim IL            | NOR<br>20 jan 1999        | 28:27.5 45           | 1:11:48.1 39         | 1:55:23.6 41         | 2:20:01.7      | 11:53.8 | 94.28         |
| 42  | 113 | 3423274  | HUSDAL Henrik<br>Bækkelaget SK                | NOR<br>29 aug 1998        | 28:36.2 49           | 1:13:10.3 59         | 1:56:09.6 49         | 2:20:02.0      | 11:54.1 | 94.31         |

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|-----|-----|----------|------------------------------------------------|---------------------------|----------------------|----------------------|----------------------|----------------|---------|---------------|
| 43  | 92  | 3423657  | MIKKELSPASS Kristen<br>Bromma IL               | NOR<br>26 sep 1999        | 29:03.9 63           | 1:12:45.4 51         | 1:56:13.9 51         | 2:20:10.0      | 12:02.1 | 95.14         |
| 44  | 73  | 3424675  | THORESEN Jonas Dyrli<br>Røa Allianseidrettslag | NOR<br>01 sep 2001        | 29:08.0 69           | 1:12:49.0 55         | 1:56:04.9 48         | 2:20:16.2      | 12:08.3 | 95.79         |
| 45  | 120 | 3424241  | NICOLAISEN Erik<br>Senja Ski                   | NOR<br>19 jun 2000        | 28:36.5 50           | 1:12:31.1 47         | 1:56:16.6 52         | 2:20:19.4      | 12:11.5 | 96.12         |
| 46  | 101 | 3422358  | ARNESEN Harald Astrup<br>Heming IL             | NOR<br>24 apr 1995        | 28:26.8 43           | 1:12:15.8 44         | 1:56:00.0 47         | 2:20:27.3      | 12:19.4 | 96.94         |
| 47  | 75  | 3424641  | OPSAL Mats<br>Mjøsa Ski                        | NOR<br>21 mar 2001        | 28:23.3 40           | 1:12:37.9 50         | 1:55:56.2 46         | 2:20:30.6      | 12:22.7 | 97.29         |
| 48  | 65  | 3423430  | MYKLEMYR Vegard<br>Bromma IL                   | NOR<br>09 maj 1998        | 29:31.9 82           | 1:13:39.2 69         | 1:56:51.3 57         | 2:20:42.4      | 12:34.5 | 98.51         |
| 49  | 63  | 3424694  | GAUTVIK Mikkel Waldeland<br>Molde og Omegn IF  | NOR<br>25 mar 2001        | 30:03.3 103          | 1:14:24.6 79         | 1:57:26.9 62         | 2:20:58.8      | 12:50.9 | 100.22        |
| 50  | 83  | 3424556  | BRUSTAD Herman<br>Gui Sportsklubb              | NOR<br>22 maj 2001        | 29:02.6 62           | 1:13:18.3 63         | 1:56:36.0 54         | 2:21:00.4      | 12:52.5 | 100.39        |
| 51  | 95  | 3423006  | HOEL Amund<br>Åsen IL                          | NOR<br>17 jul 1997        | 28:33.9 48           | 1:12:28.5 46         | 1:56:13.8 50         | 2:21:13.6      | 13:05.7 | 101.76        |
| 52  | 67  | 3423718  | VESTERÅS Marius Viken<br>Varde IL              | NOR<br>10 okt 1999        | 29:15.4 76           | 1:13:08.5 58         | 1:56:36.8 55         | 2:21:16.6      | 13:08.7 | 102.07        |
| 53  | 142 | 3421849  | MYSEN Eirik<br>Oseberg Skilag                  | NOR<br>06 maj 1993        | 28:36.7 51           | 1:11:57.0 40         | 1:55:37.7 42         | 2:21:25.6      | 13:17.7 | 103.01        |
| 54  | 115 | 3424337  | MYHR Petter<br>Bygdø IL                        | NOR<br>05 mar 2000        | 28:15.2 32           | 1:10:48.7 29         | 1:55:39.8 43         | 2:21:56.2      | 13:48.3 | 106.19        |
| 55  | 89  | 3424878  | SENDSTAD Eirik<br>Åsen IL                      | NOR<br>18 sep 2001        | 29:10.0 72           | 1:13:55.8 72         | 1:57:13.8 59         | 2:22:03.3      | 13:55.4 | 106.93        |
| 56  | 45  | 3424509  | FODSTAD Fredrik Gerardo<br>Lillehammer Skiklub | COL<br>07 jan 2001        | 29:38.7 85           | 1:13:11.6 61         | 1:56:25.0 53         | 2:22:03.5      | 13:55.6 | 106.95        |
| 57  | 132 | 3423235  | BUVARP Martin Julian<br>Byåsen IL              | NOR<br>08 aug 1998        | 28:08.6 30           | 1:12:04.1 41         | 1:56:56.8 58         | 2:22:25.6      | 14:17.7 | 109.25        |
| 58  | 126 | 8420096  | DUKSTAD Daniel<br>Voss IL                      | NOR<br>02 jan 2002        | 28:42.2 53           | 1:12:08.6 43         | 1:54:21.0 35         | 2:22:33.0      | 14:25.1 | 110.02        |
| 59  | 8   | 3421731  | LEREN Tore<br>Tolga IL                         | NOR<br>05 okt 1993        | 30:07.1 105          | 1:14:31.4 80         | 1:58:03.6 66         | 2:22:54.7      | 14:46.8 | 112.28        |
| 60  | 100 | 3422795  | RAMSTAD Simen Christopher Bratberg<br>Vind IL  | NOR<br>26 aug 1996        | 28:54.8 59           | 1:13:57.0 74         | 1:58:40.6 73         | 2:23:06.8      | 14:58.9 | 113.54        |
| 61  | 12  | 3424405  | KIRKEIDE Simon Hjelmeset<br>Markane IL         | NOR<br>06 dec 2000        | 29:49.7 90           | 1:14:43.6 86         | 1:58:46.2 75         | 2:23:10.3      | 15:02.4 | 113.90        |
| 62  | 69  | 3423084  | SKINSTAD Mårten Soleng<br>Vind IL              | NOR<br>18 apr 1997        | 29:07.4 68           | 1:12:47.1 53         | 1:57:14.5 60         | 2:23:11.7      | 15:03.8 | 114.05        |
| 63  | 106 | 3423681  | TYRIBAKKEN Bjørnar Stensrud<br>Bromma IL       | NOR<br>23 maj 1999        | 29:12.9 74           | 1:13:27.4 67         | 1:57:46.6 64         | 2:23:15.2      | 15:07.3 | 114.41        |
| 64  | 71  | 3424879  | SKJOLD Oskar Lockert<br>Åsen IL                | NOR<br>17 dec 2002        | 29:05.0 65           | 1:14:01.4 75         | 1:58:23.9 68         | 2:23:30.4      | 15:22.5 | 116.00        |
| 65  | 44  | 3424828  | WEBJØRNSSEN Henrik Bøyum<br>Rustad IL          | NOR<br>16 okt 2002        | 30:10.9 107          | 1:13:41.9 70         | 1:57:54.4 65         | 2:23:38.7      | 15:30.8 | 116.86        |

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|-----|-----|----------|-------------------------------------------|---------------------------|----------------------|----------------------|----------------------|----------------|---------|---------------|
| 66  | 19  | 3423897  | TOLO Henrik Vik<br>Asker SK               | NOR<br>23 apr 1999        | 29:29.0 81           | 1:14:10.2 76         | 1:58:22.6 67         | 2:23:39.4      | 15:31.5 | 116.93        |
| 67  | 21  | 3420969  | BREDA Mats Håkon<br>Sande Sportsklubb     | NOR<br>10 jun 1989        | 29:20.3 77           | 1:13:46.0 71         | 1:58:35.4 72         | 2:23:41.8      | 15:33.9 | 117.18        |
| 68  | 86  | 3424545  | LUKA Eivind<br>Gjerdrum IL                | NOR<br>20 apr 2001        | 29:52.8 99           | 1:15:10.2 90         | 1:58:50.2 76         | 2:23:47.5      | 15:39.6 | 117.77        |
| 69  | 118 | 3422016  | SJØLI Mattis<br>Halmsås og Omegn SKI      | NOR<br>02 apr 1994        | 29:15.1 75           | 1:14:39.9 84         | 1:59:04.9 78         | 2:24:08.3      | 16:00.4 | 119.94        |
| 70  | 36  | 3424998  | HAUGAN Armann Saastad<br>Lyn Ski          | NOR<br>18 jan 2002        | 29:51.4 97           | 1:12:46.7 52         | 1:56:41.1 56         | 2:24:15.9      | 16:08.0 | 120.73        |
| 71  | 85  | 3424484  | BERGSLAND Andreas<br>Trøsken IL           | NOR<br>15 apr 2001        | 29:08.1 70           | 1:14:11.7 77         | 1:58:55.8 77         | 2:24:17.7      | 16:09.8 | 120.92        |
| 72  | 90  | 3424193  | HOLT Filip Glittenberg<br>Nes Ski         | NOR<br>25 jul 2000        | 30:10.4 106          | 1:15:04.3 89         | 1:58:45.4 74         | 2:24:26.7      | 16:18.8 | 121.85        |
| 73  | 79  | 3424829  | FALKANGER August Bertheussen<br>Byåsen IL | NOR<br>14 maj 2002        | 28:49.0 57           | 1:13:22.7 65         | 1:59:15.0 80         | 2:24:31.0      | 16:23.1 | 122.30        |
| 74  | 60  | 3422669  | VOLLSET Kristoffer By<br>NTNUI            | NOR<br>19 feb 1996        | 29:45.4 88           | 1:15:14.2 91         | 1:59:31.9 82         | 2:24:31.8      | 16:23.9 | 122.38        |
| 75  | 111 | 3424944  | SPIGSETH Ola<br>Nes Ski                   | NOR<br>18 aug 2002        | 28:19.3 36           | 1:13:24.8 66         | 1:58:24.4 69         | 2:24:48.5      | 16:40.6 | 124.12        |
| 76  | 94  | 3423491  | TANDBERG Jostein<br>Kjelsås IL            | NOR<br>28 feb 1998        | 29:08.7 71           | 1:13:14.4 62         | 1:58:28.3 70         | 2:24:53.8      | 16:45.9 | 124.67        |
| 77  | 78  | 3424683  | VIK Lars Young<br>Njård                   | AUS<br>09 jan 2001        | 29:22.6 79           | 1:14:38.6 83         | 1:59:56.3 86         | 2:25:03.7      | 16:55.8 | 125.70        |
| 78  | 17  | 3423179  | HAUG Henrik Sørli<br>Lyn Ski              | NOR<br>25 maj 1997        | 29:35.6 84           | 1:15:01.1 87         | 2:00:07.7 87         | 2:25:13.0      | 17:05.1 | 126.67        |
| 79  | 6   | 3423539  | GALÅEN Håvard Kne<br>Røros IL             | NOR<br>13 apr 1998        | 30:27.4 113          | 1:15:18.4 92         | 1:59:27.2 81         | 2:25:16.2      | 17:08.3 | 127.00        |
| 80  | 70  | 3424446  | BOTN Johan-olav Smørðal<br>Stårheim IL    | NOR<br>18 jun 1999        | 29:05.1 66           | 1:13:05.4 57         | 1:57:46.4 63         | 2:25:17.1      | 17:09.2 | 127.10        |
| 81  | 66  | 3422986  | AASBØ Jonas<br>Surnadal IL                | NOR<br>10 aug 1997        | 29:34.1 83           | 1:14:32.0 81         | 1:59:47.9 83         | 2:25:23.9      | 17:16.0 | 127.81        |
| 82  | 153 | 3423192  | FOSSE Erling Fagerbakke<br>Voss IL        | NOR<br>06 mar 1997        | 28:15.8 34           | 1:12:33.9 49         | 1:59:07.2 79         | 2:25:36.4      | 17:28.5 | 129.11        |
| 83  | 42  | 3424199  | SOLHEIM Jan Marcus Nielsen<br>Bygdø IL    | NOR<br>29 aug 2000        | 29:50.9 96           | 1:15:34.3 96         | 2:01:02.9 92         | 2:26:04.8      | 17:56.9 | 132.06        |
| 84  | 105 | 3424614  | HERLAND Kasper Andersson<br>Hemsedal IL   | NOR<br>08 maj 2001        | 29:24.8 80           | 1:13:56.8 73         | 1:58:34.4 71         | 2:26:07.5      | 17:59.6 | 132.34        |
| 85  | 48  | 3423995  | STIGEN Jørgen<br>Hamar SK                 | NOR<br>31 maj 1999        | 29:49.7 91           | 1:15:03.2 88         | 2:00:23.1 89         | 2:26:11.4      | 18:03.5 | 132.75        |
| 86  | 77  | 3424656  | GUNDERSEN Birk Møller<br>Lyn Ski          | NOR<br>07 jul 2001        | 28:45.5 55           | 1:13:10.9 60         | 1:59:50.9 85         | 2:26:13.9      | 18:06.0 | 133.01        |
| 87  | 93  | 3424922  | HAMMERSTAD Brage Buseth<br>Haslum IL      | NOR<br>01 apr 2002        | 29:47.7 89           | 1:16:02.4 98         | 2:01:08.5 93         | 2:26:25.6      | 18:17.7 | 134.23        |
| 88  | 33  | 3423640  | ANDERSSON Axel<br>Ranheim SK              | NOR<br>21 apr 1999        | 30:14.3 108          | 1:16:07.2 99         | 2:01:26.4 96         | 2:26:28.7      | 18:20.8 | 134.55        |

NM 30 KM O 50 KM

Tolga (NOR)



menn 50 km Interval Start Classic

31-03-2023

Start Time: 12:45

Results

| RK. | BIB | FIS CODE | NAME<br>Club                                     | NSA CODE<br>Date of Birth      | 10,4 km<br>Time Rank | 26,3 km<br>Time Rank | 41,5 km<br>Time Rank | FINISH<br>TIME | BEHIND  | FIS<br>POINTS |
|-----|-----|----------|--------------------------------------------------|--------------------------------|----------------------|----------------------|----------------------|----------------|---------|---------------|
| 89  | 53  | 3424671  | PEDERSEN Bendik Håland<br>Rustad IL              | NOR<br>26 feb 2001             | 29:44.6 86           | 1:14:22.5 78         | 1:59:50.8 84         | 2:26:35.2      | 18:27.3 | 135.23        |
| 90  | 116 | 3423749  | RYSSTAD Aron Åkre<br>Valle IL                    | NOR<br>11 apr 1999             | 28:25.2 42           | 1:15:25.7 94         | 2:01:22.5 95         | 2:26:39.8      | 18:31.9 | 135.70        |
| 91  | 72  | 3190437  | LAUDE Camille Bernard Olivier<br>Bygdø IL        | FRA<br>08 maj 1998             | 28:06.7 28           | 1:11:16.6 35         | 1:57:24.9 61         | 2:26:55.1      | 18:47.2 | 137.30        |
| 92  | 3   | 3421448  | GEVING Marius Strand<br>Byåsen IL                | <b>U23</b> NOR<br>31 dec -4714 | 29:50.0 93           | 1:15:19.3 93         | 2:00:32.1 90         | 2:27:17.3      | 19:09.4 | 139.61        |
| 93  | 125 | 3423502  | HÆGELAND Tor Olav Nesheim<br>Rustad IL           | NOR<br>12 apr 1998             | 28:46.6 56           | 1:13:35.1 68         | 2:00:18.2 88         | 2:27:25.8      | 19:17.9 | 140.49        |
| 94  | 107 | 3424840  | SCHJØLBERG Jørgen<br>Tynset IF                   | NOR<br>29 nov 2002             | 28:56.0 60           | 1:14:40.8 85         | 2:01:00.6 91         | 2:27:48.1      | 19:40.2 | 142.81        |
| 95  | 112 | 3424181  | FRIDLUND Jonas Hammelow<br>Lillehammer Skiklub   | NOR<br>31 mar 2000             | 29:45.0 87           | 1:16:10.0 100        | 2:02:29.1 102        | 2:27:54.2      | 19:46.3 | 143.45        |
| 96  | 62  | 3424128  | PEDERSEN Sondre Bjørkeng<br>Nes Ski              | NOR<br>15 jun 2000             | 29:55.9 100          | 1:15:26.9 95         | 2:01:48.5 98         | 2:27:54.3      | 19:46.4 | 143.46        |
| 97  | 114 | 3424104  | EITERJORD Nikolai Solem<br>Innstranda IL         | NOR<br>26 feb 2000             | 29:21.3 78           | 1:16:11.5 101        | 2:02:23.3 101        | 2:28:08.9      | 20:01.0 | 144.98        |
| 98  | 50  | 3422228  | BLIKRA Endre<br>Strindheim IL                    | NOR<br>30 apr 1994             | 31:15.2 124          | 1:16:43.9 108        | 2:01:43.7 97         | 2:28:09.9      | 20:02.0 | 145.08        |
| 99  | 38  | 8420009  | TEISBEKK Sander<br>Idrettslaget Ros              | NOR<br>19 apr 2002             | 29:49.9 92           | 1:16:25.1 105        | 2:02:13.4 99         | 2:28:24.4      | 20:16.5 | 146.59        |
| 100 | 80  | 3424269  | EVENSEN Ansgar<br>Vind IL                        | NOR<br>18 apr 2000             | 29:06.6 67           | 1:16:21.4 104        | 2:01:13.4 94         | 2:28:28.8      | 20:20.9 | 147.05        |
| 101 | 2   | 3424585  | HELLA Eirik<br>Gui Sportsklubb                   | NOR<br>19 maj 2001             | 30:29.0 114          | 1:16:52.6 110        | 2:03:06.3 103        | 2:28:36.1      | 20:28.2 | 147.81        |
| 102 | 1   | 3422445  | FOYN Christian Berge<br>NTNUI                    | NOR<br>08 dec 1995             | 29:50.6 94           | 1:17:40.4 115        | 2:03:39.4 106        | 2:29:01.6      | 20:53.7 | 150.46        |
| 103 | 51  | 3424866  | WIST Henrik Valør<br>Byaasen Skiklub             | NOR<br>27 okt 2002             | 30:06.1 104          | 1:16:15.7 103        | 2:03:26.8 104        | 2:29:21.1      | 21:13.2 | 152.49        |
| 104 | 35  | 8420075  | STRANDHAUG Fredrik Haugen<br>Lillehammer Skiklub | NOR<br>05 feb 2002             | 29:50.7 95           | 1:15:51.1 97         | 2:02:20.6 100        | 2:30:04.4      | 21:56.5 | 156.99        |
| 105 | 87  | 3424637  | FISKVIK Kristoffer Jullum<br>IL Varden Meråker   | NOR<br>07 maj 2001             | 30:20.9 110          | 1:17:00.8 111        | 2:03:41.9 107        | 2:30:16.8      | 22:08.9 | 158.28        |
| 106 | 49  | 3424416  | SÆTHRE Jakob Eiksund<br>Fossum IF                | NOR<br>13 nov 1999             | 31:51.2 130          | 1:18:53.4 124        | 2:04:52.7 113        | 2:30:23.8      | 22:15.9 | 159.01        |
| 107 | 32  | 3423641  | BØGEBERG Christian Tobias<br>Ranheim SK          | NOR<br>02 sep 1999             | 30:26.7 112          | 1:16:39.1 107        | 2:03:31.9 105        | 2:30:53.1      | 22:45.2 | 162.06        |
| 108 | 28  | 3423638  | BOSTAD Andreas Talseth<br>Ranheim SK             | NOR<br>14 sep 1999             | 31:35.1 126          | 1:18:23.8 120        | 2:04:47.7 112        | 2:31:23.3      | 23:15.4 | 165.20        |
| 109 | 40  | 8420127  | MATHISEN Erik<br>Tromsø SK Langrenn              | NOR<br>02 aug 2002             | 31:03.9 119          | 1:18:32.6 121        | 2:05:10.7 114        | 2:31:44.8      | 23:36.9 | 167.44        |
| 110 | 58  | 3424454  | ROGNES Bernt Emil Finserås<br>Utleira IL         | NOR<br>30 jan 2001             | 29:58.2 101          | 1:16:15.2 102        | 2:03:46.5 108        | 2:31:48.3      | 23:40.4 | 167.81        |
| 111 | 27  | 3422209  | STEIEN Aasmund Kjølmoen<br>Tolga IL              | NOR<br>25 okt 1993             | 31:09.5 121          | 1:18:42.3 123        | 2:05:19.3 115        | 2:32:16.6      | 24:08.7 | 170.75        |

## NM 30 KM O 50 KM

Tolga (NOR)



menn 50 km Interval Start Classic

31-03-2023

Start Time: 12:45

### Results

| RK. | BIB | FIS CODE | NAME<br>Club                                       | NSA CODE<br>Date of Birth | 10,4 km<br>Time Rank | 26,3 km<br>Time Rank | 41,5 km<br>Time Rank | FINISH<br>TIME | BEHIND  | FIS<br>POINTS |
|-----|-----|----------|----------------------------------------------------|---------------------------|----------------------|----------------------|----------------------|----------------|---------|---------------|
| 112 | 22  | 3424598  | STØA Erik Kjønnø<br>Idrettslaget Ros               | NOR<br>10 apr 2001        | 30:22.4 111          | 1:17:15.9 113        | 2:04:35.5 110        | 2:32:22.1      | 24:14.2 | 171.32        |
| 113 | 88  | 3423435  | MESTVEDTHAGEN Sevat<br>Hemsedal IL                 | NOR<br>07 okt 1998        | 30:01.0 102          | 1:17:11.0 112        | 2:05:24.0 117        | 2:33:00.5      | 24:52.6 | 175.32        |
| 114 | 54  | 3424221  | AAS-JAKOBSEN Andreas<br>Heming IL                  | NOR<br>10 maj 2000        | 30:49.5 118          | 1:18:01.6 117        | 2:05:21.2 116        | 2:33:02.9      | 24:55.0 | 175.57        |
| 115 | 55  | 3424954  | BRUUN Fredrik Strande<br>Gui Sportsklubb           | NOR<br>25 okt 2002        | 31:11.1 122          | 1:18:17.7 119        | 2:05:51.8 118        | 2:33:24.0      | 25:16.1 | 177.76        |
| 116 | 74  | 3100500  | GLEDHILL Gabriel Winston<br>Lillehammer Skiklub    | GBR<br>24 nov 2002        | 29:51.9 98           | 1:16:36.1 106        | 2:04:27.1 109        | 2:33:27.9      | 25:20.0 | 178.17        |
| 117 | 31  | 3424717  | MOSTRAUM Elias<br>Osterøy IL                       | NOR<br>18 maj 2001        | 30:34.4 116          | 1:16:51.1 109        | 2:04:37.4 111        | 2:33:39.1      | 25:31.2 | 179.34        |
| 118 | 59  | 3424723  | KJELSTAD Sander Eggen<br>Støren Sportsklubb        | NOR<br>03 jul 2001        | 30:38.3 117          | 1:17:43.4 116        | 2:06:03.9 119        | 2:33:39.5      | 25:31.6 | 179.38        |
| 119 | 37  | 3100366  | ZECHEL Maks Peter<br>Asker SK                      | NOR<br>29 aug 1997        | 31:49.2 129          | 1:19:55.1 125        | 2:06:47.6 121        | 2:34:23.2      | 26:15.3 | 183.93        |
| 120 | 43  | 3424767  | SLIND Jørgen<br>Selbu IL                           | NOR<br>02 maj 2001        | 31:59.4 132          | 1:21:06.1 131        | 2:08:41.5 122        | 2:35:41.4      | 27:33.5 | 192.06        |
| 121 | 26  | 8421313  | SYNNESTVEDT Victor Samuel<br>Åsen IL               | NOR<br>31 maj 1998        | 31:44.1 128          | 1:20:05.5 126        | 2:08:46.3 123        | 2:36:57.8      | 28:49.9 | 200.01        |
| 122 | 102 | 3424540  | SEDENIUSSEN Magnus Nikolai<br>Lyn Ski              | NOR<br>29 dec 2001        | 29:00.4 61           | 1:13:20.6 64         | 2:06:14.7 120        | 2:38:12.5      | 30:04.6 | 207.79        |
| 123 | 41  | 3424196  | DRIVENES Philip<br>Nes Ski                         | NOR<br>06 dec 2000        | 31:52.2 131          | 1:20:48.3 130        | 2:10:45.4 125        | 2:38:58.2      | 30:50.3 | 212.54        |
| 124 | 57  | 8420044  | NISTAD Ivar<br>Førde IL                            | NOR<br>11 jul 2002        | 31:07.9 120          | 1:20:10.2 127        | 2:10:56.8 127        | 2:39:01.7      | 30:53.8 | 212.91        |
| 125 | 56  | 3424706  | SKADAL Joakim<br>Utleira IL                        | NOR<br>28 jul 2001        | 31:37.2 127          | 1:20:35.2 129        | 2:10:02.2 124        | 2:39:05.1      | 30:57.2 | 213.26        |
| 126 | 64  | 3423548  | SKJELDAL Kristian<br>Bulken IL                     | NOR<br>05 maj 1998        | 31:28.5 125          | 1:21:15.9 132        | 2:10:46.0 126        | 2:39:12.3      | 31:04.4 | 214.01        |
| 127 | 30  | 3424546  | NÆSS Øistein Fagerli<br>Gjerdrum IL                | NOR<br>24 jun 2001        | 32:45.9 137          | 1:23:21.7 136        | 2:13:08.3 131        | 2:40:48.0      | 32:40.1 | 223.97        |
| 128 | 24  | 3424069  | LISTHAUG Johannes<br>Utleira IL                    | NOR<br>22 okt 2000        | 32:39.1 136          | 1:22:22.7 134        | 2:12:55.2 130        | 2:41:04.7      | 32:56.8 | 225.71        |
| 129 | 23  | 3423761  | JENSEN Anton<br>Kjelsås IL                         | NOR<br>28 sep 1999        | 32:56.6 139          | 1:23:32.5 137        | 2:14:00.5 132        | 2:41:07.7      | 32:59.8 | 226.02        |
| 130 | 7   | 3421685  | ASDØL Eirik<br>IL Jardar                           | NOR<br>23 jan 1993        | 29:12.0 73           | 1:18:32.8 122        | 2:14:03.3 133        | 2:41:11.6      | 33:03.7 | 226.42        |
| 131 | 29  | 3424318  | ØVREBØ Lars<br>Gaular IL                           | NOR<br>16 aug 2000        | 32:05.4 133          | 1:22:36.4 135        | 2:12:46.2 129        | 2:41:58.2      | 33:50.3 | 231.27        |
| 132 | 14  | 3423109  | HOLMSTRØM Brian Nymo<br>Valnesfjord IL             | NOR<br>03 jan 1997        | 31:14.9 123          | 1:20:18.7 128        | 2:11:38.3 128        | 2:42:08.2      | 34:00.3 | 232.31        |
| 133 | 5   | 3424869  | HYLEN Jonas<br>Kvikne IL                           | NOR<br>08 nov 2002        | 32:16.8 134          | 1:22:21.3 133        | 2:14:35.8 134        | 2:45:30.1      | 37:22.2 | 253.32        |
| 134 | 13  | 3424579  | EVENSEN Christian Stjern<br>Strømmen og Lillestrøm | NOR<br>07 nov 2001        | 32:47.7 138          | 1:24:08.5 139        | 2:18:44.6 136        | 2:50:10.9      | 42:03.0 | 282.54        |



## NM 30 KM O 50 KM

Tolga (NOR)



menn 50 km Interval Start Classic

31-03-2023

Start Time: 12:45

### Results

| RK. | BIB | FIS CODE | NAME<br>Club                                     | NSA CODE<br>Date of Birth | 10,4 km<br>Time Rank | 26,3 km<br>Time Rank | 41,5 km<br>Time Rank | FINISH<br>TIME | BEHIND    | FIS<br>POINTS |
|-----|-----|----------|--------------------------------------------------|---------------------------|----------------------|----------------------|----------------------|----------------|-----------|---------------|
| 135 | 18  | 3423308  | ENDRESTAD Sebastian Kristoffer<br>Bækkelagets SK | CHI<br>24 nov 1998        | 32:29.5 135          | 1:24:06.9 138        | 2:18:22.9 135        | 2:50:16.2      | 42:08.3   | 283.09        |
| 136 | 16  | 8420027  | RINGHUS Erik Brostigen<br>Rein IL                | NOR<br>25 mar 2002        | 34:37.8 141          | 1:27:37.4 141        | 2:23:49.1 138        | 2:57:34.8      | 49:26.9   | 328.73        |
| 137 | 10  | 3421555  | SANDTRØEN Nils Kristen<br>Tynset IF              | U23 NOR<br>31 dec -4714   | 35:36.6 143          | 1:30:03.9 143        | 2:25:33.3 140        | 2:57:48.5      | 49:40.6   | 330.16        |
| 138 | 9   | 8420101  | KLETTE Torjus<br>Ørnar IL                        | U23 NOR<br>31 dec -4714   | 35:18.4 142          | 1:29:00.8 142        | 2:25:06.8 139        | 2:57:52.2      | 49:44.3   | 330.55        |
| 139 | 15  | 3424816  | VELLE Henrik<br>Bækkelagets SK                   | NOR<br>28 nov 1991        | 34:28.9 140          | 1:27:11.3 140        | 2:22:14.2 137        | 3:04:08.4      | 56:00.5   | 369.69        |
| 140 | 20  | 3423589  | LIER Emil Håkon<br>Asker SK                      | NOR<br>14 nov 1997        | 37:52.3 144          | 1:39:55.5 144        | 2:44:56.8 141        | 3:20:57.8      | 1:12:49.9 | 474.73        |

Did not start

|     |         |                                                 |                    |
|-----|---------|-------------------------------------------------|--------------------|
| 4   | 8420467 | BERG Peder Aarstad<br>Galterud IF               | NOR<br>06 okt 2002 |
| 11  | 3423365 | LILLEVOLL Adrian Sandnes<br>Valnesfjord IL      | NOR<br>18 jan 1998 |
| 39  | 3424634 | REPPEN Martin<br>Spillum IL                     | NOR<br>15 okt 2001 |
| 46  | 3424844 | LØFALD Erik<br>Rindal IL                        | NOR<br>30 jun 2002 |
| 47  | 3424852 | KJÆRNLI Jan Christian<br>Rendalen IL            | NOR<br>17 jun 2002 |
| 52  | 3424521 | KVALE Nils Henrik<br>Østre Toten Skilag         | NOR<br>24 nov 2001 |
| 68  | 3424877 | SENDSTAD Øystein<br>Åsen IL                     | NOR<br>18 sep 2001 |
| 76  | 3424082 | SLETTEN Erlend Lindland<br>Oddersjaa SSK        | NOR<br>04 nov 2000 |
| 91  | 3424549 | HARBY Jørgen<br>Lillehammer Skiklub             | NOR<br>08 jan 2001 |
| 110 | 3424685 | JENSSEN Matz William<br>Njård                   | NOR<br>02 mar 2001 |
| 124 | 3423669 | ØHLSCHLÄGEL Albert Sunde<br>Lillehammer Skiklub | NOR<br>17 jul 1999 |
| 127 | 3422651 | KVISLE Erland<br>Asker SK                       | NOR<br>28 mar 1996 |
| 137 | 3422115 | TEFRE Gjørn Holstad<br>Førde IL                 | NOR<br>25 nov 1994 |
| 146 | 3422498 | GRØNFLATEN Sindre<br>Fjellørnen IL              | NOR<br>04 apr 1995 |

NM 30 KM O 50 KM

Tolga (NOR)



menn 50 km Interval Start Classic

31-03-2023

Start Time: 12:45

Results

| RK.            | BIB     | FIS CODE | NAME<br>Club                                  | NSA CODE<br>Date of Birth | 10,4 km<br>Time Rank | 26,3 km<br>Time Rank | 41,5 km<br>Time Rank | FINISH<br>TIME | BEHIND | FIS<br>POINTS |
|----------------|---------|----------|-----------------------------------------------|---------------------------|----------------------|----------------------|----------------------|----------------|--------|---------------|
| Did not finish |         |          |                                               |                           |                      |                      |                      |                |        |               |
| 34             | 3424407 |          | HOV Eskil<br>Kaupanger IL                     | NOR<br>04 feb 2000        | 30:19.4 109          | 1:17:40.1 114        |                      |                |        |               |
| 61             | 3424089 |          | STAABI Bjørn-martin Staurland<br>Stavanger SK | NOR<br>04 jul 2000        | 30:31.4 115          | 1:18:02.7 118        |                      |                |        |               |
| 82             | 3423894 |          | KVISLE Sjur<br>Asker SK                       | NOR<br>28 aug 1999        | 28:51.9 58           | 1:14:38.2 82         |                      |                |        |               |
| Disqualified   |         |          |                                               |                           |                      |                      |                      |                |        |               |
| 158            | 3420961 |          | KROGH Finn-Hågen<br>Tverrelvdalen IL          | NOR<br>06 sep 1990        | 28:10.5 31           | 1:11:20.9 36         | 1:55:52.4 45         |                |        |               |

| Weather | Snow Condition | Temperatures |      | Participants/Nation |        |       |      |      |      |
|---------|----------------|--------------|------|---------------------|--------|-------|------|------|------|
|         |                | Air          | Snow | Entries             | Ranked | DNS   | DNF  | DSQ  | LAP  |
|         |                |              |      | 158/ 6              | 140/ 6 | 14/ 1 | 3/ 1 | 1/ 1 | 0/ 0 |

|                       |                 |
|-----------------------|-----------------|
| Technical Delegate:   | Race Secretary: |
| ELMQVIST Magnus (SWE) | MOEN Moen (NOR) |

|        |   |             |     |               |     |                |     |              |     |        |     |             |
|--------|---|-------------|-----|---------------|-----|----------------|-----|--------------|-----|--------|-----|-------------|
| LEGEND | = | Shared Rank | DNS | Did not start | DNF | Did not finish | DSQ | Disqualified | LAP | Lapped | RAL | Ranked last |
|--------|---|-------------|-----|---------------|-----|----------------|-----|--------------|-----|--------|-----|-------------|