



# EQUINOR NM Lagsprint 2023

## Offisiell Resultatliste

Tolga on 29 mar 2023



| Jury/Competition management  |  | Data of course         |  |
|------------------------------|--|------------------------|--|
| Technical Delegate           |  | Name of course         |  |
| Assistand Technical Delegate |  | Height Difference (HD) |  |
| Assistant TD Nat.            |  | Maximum climb (MM)     |  |
| Chief of Competition         |  | Total Climb (MT)       |  |
|                              |  | Laps                   |  |
|                              |  | Laplength              |  |

| Plass          | Lag                      |   | Etappe | Finale  | Semifinale |   |
|----------------|--------------------------|---|--------|---------|------------|---|
| Kvinner senior |                          |   |        |         |            |   |
| 1              | Konnerud IL lag          | 1 |        | 15:25,8 | 16:14,6    | 2 |
|                | Maria Hartz Melling      |   | 1      |         |            |   |
|                | Kristine Stavås Skistad  |   | 2      |         |            |   |
| 2              | Byåsen IL lag            | 1 |        | 15:27,7 | 16:21,2    | 1 |
|                | Hanne Wilberg Rofstad    |   | 1      |         |            |   |
|                | Julie Myhre              |   | 2      |         |            |   |
| 3              | Asker SK lag             | 1 |        | 12:58,5 | 16:23,8    | 5 |
|                | Elena Rise Johnsen       |   | 1      |         |            |   |
|                | Hedda Østberg Amundsen   |   | 2      |         |            |   |
| 4              | Konnerud IL lag          | 2 |        | 15:30,3 | 16:13,9    | 1 |
|                | Margrethe Bergane        |   | 1      |         |            |   |
|                | Tiril Liverud Knudsen    |   | 2      |         |            |   |
| 5              | Lillehammer Skiklub lag  | 1 |        | 15:31,5 | 16:21,4    | 2 |
|                | Ida Ramstad              |   | 1      |         |            |   |
|                | Magni Smedås             |   | 2      |         |            |   |
| 6              | Gjøvik SK lag            | 1 |        | 15:31,9 | 16:22,0    | 3 |
|                | Ingvild Flugstad Østberg |   | 1      |         |            |   |
|                | Hedda Bakkemo            |   | 2      |         |            |   |
| 7              | Lillehammer Skiklub lag  | 2 |        | 15:33,7 | 16:14,9    | 4 |
|                | Karoline Grøtting        |   | 1      |         |            |   |
|                | Thea Sørum               |   | 2      |         |            |   |
| 8              | Kjelsås IL lag           | 1 |        | 15:35,7 | 16:14,8    | 3 |
|                | Guro Jordheim            |   | 1      |         |            |   |
|                | Sigrid Leseth Føyen      |   | 2      |         |            |   |
| 9              | Fossum IF lag            | 1 |        | 16:37,3 | 16:22,2    | 4 |
|                | Ellisif Luytkis Holstrøm |   | 1      |         |            |   |
|                | Theresa Fürstenberg      |   | 2      |         |            |   |

EQ Timing system

Side:1



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|    |                                   |          |                |                |           |
|----|-----------------------------------|----------|----------------|----------------|-----------|
| 10 | <b>Røa Allianseidrettslag lag</b> | <b>1</b> | <b>16:48,0</b> | <b>16:55,2</b> | <b>5</b>  |
|    | Nora Andersen                     | 1        |                |                |           |
|    | Oda Kirstine Aanestad             | 2        |                |                |           |
| 11 | <b>Krødsherad IL lag</b>          | <b>1</b> | <b>16:49,8</b> | <b>16:56,8</b> | <b>6</b>  |
|    | Margrete Røssum Dyrhovd           | 1        |                |                |           |
|    | Kristiane Antczak Bjerregaard     | 2        |                |                |           |
| 12 | <b>Trøsken IL lag</b>             | <b>1</b> | <b>17:21,4</b> | <b>17:40,3</b> | <b>7</b>  |
|    | Elise Fredheim Simonsen           | 1        |                |                |           |
|    | Julie Synnøve Ensrud              | 2        |                |                |           |
| 13 | <b>Kvikne IL lag</b>              | <b>1</b> | <b>17:26,9</b> | <b>17:39,2</b> | <b>6</b>  |
|    | Mari Grøtli Svergja               | 1        |                |                |           |
|    | Emma Tørhaug Brevad               | 2        |                |                |           |
| 14 | <b>Lillehammer Skiklub lag</b>    | <b>3</b> | <b>17:49,8</b> | <b>17:46,6</b> | <b>7</b>  |
|    | Kristina Masovn Haave             | 1        |                |                |           |
|    | Kristine Louise Kvamme            | 2        |                |                |           |
| 15 | <b>Fossum IF lag</b>              | <b>3</b> | <b>17:59,6</b> | <b>18:04,9</b> | <b>8</b>  |
|    | Ingvild Olea Sollid Vanberg       | 1        |                |                |           |
|    | Kaja Sommer Langmoen              | 2        |                |                |           |
| 16 | <b>Fossum IF lag</b>              | <b>2</b> | <b>00:00,0</b> | <b>18:16,3</b> | <b>8</b>  |
|    | Johanna Luytkis Holstrøm          | 1        |                |                |           |
|    | Maja Friis Rud                    | 2        |                |                |           |
| 17 | <b>Raufoss IL Langrenn lag</b>    | <b>1</b> | <b>00:00,0</b> | <b>18:12,5</b> | <b>9</b>  |
|    | Janne Ballangrud Seierstad        | 1        |                |                |           |
|    | Sofie Granskogen Bjerregård       | 2        |                |                |           |
| 18 | <b>Tolga IL lag</b>               | <b>1</b> | <b>00:00,0</b> | <b>18:39,0</b> | <b>9</b>  |
|    | Malin Tobro Rønningen             | 1        |                |                |           |
|    | Lisa Sæther Verdenius             | 2        |                |                |           |
| 19 | <b>Surnadal IL lag</b>            | <b>1</b> | <b>00:00,0</b> | <b>19:00,6</b> | <b>10</b> |
|    | Jøri Vatten                       | 1        |                |                |           |
|    | Hedda Aasbø                       | 2        |                |                |           |



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| Technical Delegate           |                                    |        |   | Name of course         |            |   |
|                              |                                    |        |   | Height Difference (HD) |            |   |
| Assistand Technical Delegate |                                    |        |   | Maximum climb (MM)     |            |   |
| Assistant TD Nat.            |                                    |        |   | Total Climb (MT)       |            |   |
| Chief of Competition         |                                    |        |   | Laps                   |            |   |
|                              |                                    |        |   | Laplength              |            |   |
|                              |                                    |        |   |                        |            |   |
| Plass                        | Lag                                | Etappe |   | Finale                 | Semifinale |   |
| Menn senior                  |                                    |        |   |                        |            |   |
| 1                            | Byåsen IL lag                      | 1      |   | 13:38,4                | 13:52,7    | 2 |
|                              | Martin Julian Buvarp               |        | 1 |                        |            |   |
|                              | Johannes Høsflo Klæbo              |        | 2 |                        |            |   |
| 2                            | Bærums Verk Hauger Idrettsfore lag | 1      |   | 13:40,1                | 13:52,7    | 1 |
|                              | Nikolai Elde Holmboe               |        | 1 |                        |            |   |
|                              | Sindre Bjørnstad Skar              |        | 2 |                        |            |   |
| 3                            | Strindheim IL lag                  | 1      |   | 13:40,2                | 13:48,7    | 2 |
|                              | Håkon Skaanes                      |        | 1 |                        |            |   |
|                              | Even Northug                       |        | 2 |                        |            |   |
| 4                            | Heming, IL lag                     | 1      |   | 13:40,5                | 13:43,9    | 1 |
|                              | Simen Myhre                        |        | 1 |                        |            |   |
|                              | Harald Astrup Arnesen              |        | 2 |                        |            |   |
| 5                            | Molde og Omegn IF lag              | 1      |   | 13:40,7                | 13:53,2    | 3 |
|                              | Karsten Andre Vestad               |        | 1 |                        |            |   |
|                              | Mikkel Waldeland Gautvik           |        | 2 |                        |            |   |
| 6                            | Asker SK lag                       | 1      |   | 13:40,8                | 13:46,4    | 1 |
|                              | Erland Kvisle                      |        | 1 |                        |            |   |
|                              | Harald Østberg Amundsen            |        | 2 |                        |            |   |
| 7                            | Kjelsås IL lag                     | 1      |   | 13:42,3                | 13:44,0    | 2 |
|                              | Edvard Sandvik                     |        | 1 |                        |            |   |
|                              | David Thorvik                      |        | 2 |                        |            |   |
| 8                            | Fossum IF lag                      | 1      |   | 13:49,1                | 13:48,1    | 5 |
|                              | Fredrik Qvist Bucher-Johannessen   |        | 1 |                        |            |   |
|                              | Thomas Qvist Bucher-Johannessen    |        | 2 |                        |            |   |
| 9                            | Vind IL lag                        | 1      |   | 13:50,2                | 13:49,1    | 3 |
|                              | Simen Christopher Bratberg Ramstad |        | 1 |                        |            |   |
|                              | Ansgar Evensen                     |        | 2 |                        |            |   |



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|    |                                           |          |   |                |                |          |
|----|-------------------------------------------|----------|---|----------------|----------------|----------|
| 10 | <b>Nes Ski lag</b>                        | <b>1</b> |   | <b>13:50,8</b> | <b>13:52,8</b> | <b>6</b> |
|    | Ola Spigseth                              |          | 1 |                |                |          |
|    | Filip Glittenberg Holt                    |          | 2 |                |                |          |
| 11 | <b>Byåsen IL lag</b>                      | <b>2</b> |   | <b>13:51,7</b> | <b>13:44,1</b> | <b>3</b> |
|    | August Falkanger                          |          | 1 |                |                |          |
|    | Magnus Øyaas Håbrekke                     |          | 2 |                |                |          |
| 12 | <b>Åsen IL lag</b>                        | <b>1</b> |   | <b>13:53,0</b> | <b>13:45,6</b> | <b>4</b> |
|    | Herman Martens Meyer                      |          | 1 |                |                |          |
|    | Amund Hoel                                |          | 2 |                |                |          |
| 13 | <b>Bærums Verk Hauger Idrettsfore lag</b> | <b>2</b> |   | <b>13:54,3</b> | <b>13:49,4</b> | <b>4</b> |
|    | Jens Marcus Dyrberg Ek                    |          | 1 |                |                |          |
|    | Aleksander Elde Holmboe                   |          | 2 |                |                |          |
| 14 | <b>Njård lag</b>                          | <b>1</b> |   | <b>14:04,0</b> | <b>13:51,0</b> | <b>5</b> |
|    | Lars Young Vik                            |          | 1 |                |                |          |
|    | Matz William Jenssen                      |          | 2 |                |                |          |
| 15 | <b>Heming, IL lag</b>                     | <b>2</b> |   | <b>14:14,8</b> | <b>13:53,8</b> | <b>7</b> |
|    | Alvar Johannes Alev                       |          | 1 |                |                |          |
|    | Aksel Bru-Hemmingby                       |          | 2 |                |                |          |
| 16 | <b>Lyn Ski lag</b>                        | <b>1</b> |   | <b>00:00,0</b> | <b>13:57,0</b> | <b>4</b> |
|    | Armann Saastad Haugan                     |          | 1 |                |                |          |
|    | Bastian Karlsen Antonsen                  |          | 2 |                |                |          |
| 17 | <b>Rustad IL lag</b>                      | <b>1</b> |   | <b>00:00,0</b> | <b>14:17,1</b> | <b>5</b> |
|    | Iver Tildheim Andersen                    |          | 1 |                |                |          |
|    | Tor Olav Nesheim Hægeland                 |          | 2 |                |                |          |
| 18 | <b>MjøsSki lag</b>                        | <b>1</b> |   | <b>00:00,0</b> | <b>13:57,7</b> | <b>6</b> |
|    | Jonas Vika                                |          | 1 |                |                |          |
|    | Mats Opsal                                |          | 2 |                |                |          |
| 19 | <b>Fossum IF lag</b>                      | <b>2</b> |   | <b>00:00,0</b> | <b>14:25,7</b> | <b>6</b> |
|    | Fredrik Arne Grusd                        |          | 1 |                |                |          |
|    | Jakob Eiksund Sæthre                      |          | 2 |                |                |          |
| 20 | <b>Røa Allianseidrettslag lag</b>         | <b>2</b> |   | <b>00:00,0</b> | <b>13:59,6</b> | <b>7</b> |
|    | Andrew Musgrave                           |          | 1 |                |                |          |
|    | Peder Elias Hals                          |          | 2 |                |                |          |
| 21 | <b>Selbu IL lag</b>                       | <b>1</b> |   | <b>00:00,0</b> | <b>14:26,3</b> | <b>7</b> |
|    | Jørgen Slind                              |          | 1 |                |                |          |
|    | Nils Ole Fuglem                           |          | 2 |                |                |          |

|    |                                   |          |   |         |         |    |
|----|-----------------------------------|----------|---|---------|---------|----|
| 22 | <b>Åsen IL lag</b>                | <b>2</b> |   | 00:00,0 | 13:56,4 | 8  |
|    | Oskar Lockert Skjold              |          | 1 |         |         |    |
|    | Magne Haga                        |          | 2 |         |         |    |
| 23 | <b>Gjerdrum IL lag</b>            | <b>1</b> |   | 00:00,0 | 14:27,9 | 8  |
|    | Kristian Erling Skogvold          |          | 1 |         |         |    |
|    | Johan Heni Olsen Bjørtomt         |          | 2 |         |         |    |
| 24 | <b>Førde IL lag</b>               | <b>1</b> |   | 00:00,0 | 14:29,1 | 8  |
|    | Gjøran Holstad Tefre              |          | 1 |         |         |    |
|    | Thomas Tefre                      |          | 2 |         |         |    |
| 25 | <b>Fet SK lag</b>                 | <b>1</b> |   | 00:00,0 | 13:58,1 | 9  |
|    | Daniel Aakervik                   |          | 1 |         |         |    |
|    | Espen Aakervik                    |          | 2 |         |         |    |
| 26 | <b>Ranheim SK lag</b>             | <b>1</b> |   | 00:00,0 | 14:39,2 | 9  |
|    | Christian Tobias Bøgeberg         |          | 1 |         |         |    |
|    | Andreas Talseth Bostad            |          | 2 |         |         |    |
| 27 | <b>Bærums Skiklub lag</b>         | <b>1</b> |   | 00:00,0 | 14:39,8 | 9  |
|    | Isak Leknes Frey                  |          | 1 |         |         |    |
|    | Hermann Skram Botterud            |          | 2 |         |         |    |
| 28 | <b>Drammen Strong lag</b>         | <b>1</b> |   | 00:00,0 | 14:07,6 | 10 |
|    | Herman Peder Strindeberg          |          | 1 |         |         |    |
|    | Jonas Johansen Grøslund           |          | 2 |         |         |    |
| 29 | <b>Røa Allianseidrettslag lag</b> | <b>1</b> |   | 00:00,0 | 14:40,3 | 10 |
|    | Jonas Dyrli Thoresen              |          | 1 |         |         |    |
|    | James Matthieu Clugnet            |          | 2 |         |         |    |
| 30 | <b>Hernes IL lag</b>              | <b>1</b> |   | 00:00,0 | 14:42,2 | 10 |
|    | Even Linderud                     |          | 1 |         |         |    |
|    | Eirik Linderud                    |          | 2 |         |         |    |
| 31 | <b>Tynset IF lag</b>              | <b>1</b> |   | 00:00,0 | 14:12,0 | 11 |
|    | Sebastian Rød Feragen             |          | 1 |         |         |    |
|    | Jørgen Schjølberg                 |          | 2 |         |         |    |
| 32 | <b>Gjelleråsen IF lag</b>         | <b>1</b> |   | 00:00,0 | 14:51,9 | 11 |
|    | Lars Agnar Hjelmeset              |          | 1 |         |         |    |
|    | Fredrik Nilssen                   |          | 2 |         |         |    |
| 33 | <b>Steinkjer SK lag</b>           | <b>1</b> |   | 00:00,0 | 14:58,0 | 11 |
|    | Niklas Landsem Melhus             |          | 1 |         |         |    |
|    | Pål Trøan Aune                    |          | 2 |         |         |    |



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| 34 | <b>IL Varden Meråker lag</b>      | <b>1</b> |  | <b>00:00,0</b> | <b>14:17,1</b> | <b>12</b> |
|    | Kristoffer Jullum Fiskvik         | 1        |  |                |                |           |
|    | Petter Østtun                     | 2        |  |                |                |           |
| 35 | <b>Gjøvik SK lag</b>              | <b>1</b> |  | <b>00:00,0</b> | <b>15:04,1</b> | <b>12</b> |
|    | Arngrim Sørumsdalen               | 1        |  |                |                |           |
|    | August Hovde                      | 2        |  |                |                |           |
| 36 | <b>Utleira IL lag</b>             | <b>1</b> |  | <b>00:00,0</b> | <b>15:16,8</b> | <b>12</b> |
|    | Bernt Emil Finserås Rognes        | 1        |  |                |                |           |
|    | Joakim Skadal                     | 2        |  |                |                |           |
| 37 | <b>Tolga IL lag</b>               | <b>1</b> |  | <b>00:00,0</b> | <b>14:40,0</b> | <b>13</b> |
|    | Hans Bernhard Burud               | 1        |  |                |                |           |
|    | Tore Leren                        | 2        |  |                |                |           |
| 38 | <b>Gjesdal IL lag</b>             | <b>1</b> |  | <b>00:00,0</b> | <b>15:44,4</b> | <b>13</b> |
|    | Samuel Kleppa                     | 1        |  |                |                |           |
|    | Sondre Lunåsmo                    | 2        |  |                |                |           |
| 39 | <b>Asker SK lag</b>               | <b>2</b> |  | <b>00:00,0</b> | <b>16:46,6</b> | <b>13</b> |
|    | Maks Peter Zechel                 | 1        |  |                |                |           |
|    | Emil Håkon Lier                   | 2        |  |                |                |           |
| 40 | <b>Kjelsås IL lag</b>             | <b>2</b> |  | <b>00:00,0</b> | <b>16:04,5</b> | <b>14</b> |
|    | Matias Nalum Rakkestad            | 1        |  |                |                |           |
|    | Sigurd Wahl Kallum                | 2        |  |                |                |           |
| 41 | <b>Eidsvold Værks Skiklub lag</b> | <b>1</b> |  | <b>00:00,0</b> | <b>16:19,4</b> | <b>14</b> |
|    | Erik Johan Brun                   | 1        |  |                |                |           |
|    | Bård Gunnar Brun                  | 2        |  |                |                |           |
| 42 | <b>Vind IL lag</b>                | <b>2</b> |  | <b>00:00,0</b> | <b>17:05,8</b> | <b>14</b> |
|    | Eskil Engdal                      | 1        |  |                |                |           |
|    | Sindre Østlien Evensen            | 2        |  |                |                |           |