

Jury/Competition management	Data of course
Technical Delegate	Name of course
Assistand Technical Delegate	Height Difference (HD)
Assistant TD Nat.	Maximum climb (MM)
Chief of Competition	Total Climb (MT)
	Laps
	Laplength

Pluss	Lag	Etappe	Finale	Semifinale
Kvinner senior				
1	Konnerud IL lag 1		15:25,8	16:14,6 2
	Maria Hartz Melling	1		
	Kristine Stavås Skistad	2		
2	Byåsen IL lag 1		15:27,7	16:21,2 1
	Hanne Wilberg Rofstad	1		
	Julie Myhre	2		
3	Asker SK lag 1		12:58,5	16:23,8 5
	Elena Rise Johnsen	1		
	Hedda Østberg Amundsen	2		
4	Konnerud IL lag 2		15:30,3	16:13,9 1
	Margrethe Bergane	1		
	Tiril Liverud Knudsen	2		
5	Lillehammer Skiklub lag 1		15:31,5	16:21,4 2
	Ida Ramstad	1		
	Magni Smedås	2		
6	Gjøvik SK lag 1		15:31,9	16:22,0 3
	Ingvild Flugstad Østberg	1		
	Hedda Bakkemo	2		
7	Lillehammer Skiklub lag 2		15:33,7	16:14,9 4
	Karoline Grøtting	1		
	Thea Sørum	2		
8	Kjelsås IL lag 1		15:35,7	16:14,8 3
	Guro Jordheim	1		
	Sigrid Leseth Føyen	2		
9	Fossum IF lag 1		16:37,3	16:22,2 4
	Ellisif Luytkis Holstrøm	1		
	Theresa Fürstenberg	2		



EQUINOR NM Lagsprint 2023

Offisiell Resultatliste

Tolga on 29 mar 2023



10	Røa Allianseidrettslag lag	1	16:48,0	16:55,2	5
	Nora Andersen	1			
	Oda Kirstine Aanestad	2			
11	Krødsherad IL lag	1	16:49,8	16:56,8	6
	Margrete Røssum Dyrhovd	1			
	Kristiane Antczak Bjerregaard	2			
12	Trøsken IL lag	1	17:21,4	17:40,3	7
	Elise Fredheim Simonsen	1			
	Julie Synnøve Ensrud	2			
13	Kvikne IL lag	1	17:26,9	17:39,2	6
	Mari Grøtli Svergja	1			
	Emma Tørhaug Brevad	2			
14	Lillehammer Skiklub lag	3	17:49,8	17:46,6	7
	Kristina Masovn Haave	1			
	Kristine Louise Kvamme	2			
15	Fossum IF lag	3	17:59,6	18:04,9	8
	Ingvild Olea Sollid Vanberg	1			
	Kaja Sommer Langmoen	2			
16	Fossum IF lag	2	00:00,0	18:16,3	8
	Johanna Luytkis Holstrøm	1			
	Maja Friis Rud	2			
17	Raufoss IL Langrenn lag	1	00:00,0	18:12,5	9
	Janne Ballangrud Seierstad	1			
	Sofie Granskogen Bjerregård	2			
18	Tolga IL lag	1	00:00,0	18:39,0	9
	Malin Tobro Rønningen	1			
	Lisa Sæther Verdenius	2			
19	Surnadal IL lag	1	00:00,0	19:00,6	10
	Jøri Vatten	1			
	Hedda Aasbø	2			



EQUINOR NM Lagsprint 2023

Offisiell Resultatliste

Tolga on 29 mar 2023



Jury/Competition management

Technical Delegate

Assistand Technical Delegate

Assistant TD Nat.

Chief of Competition

Data of course

Name of course

Height Difference (HD)

Maximum climb (MM)

Total Climb (MT)

Laps

Laplenght

Class	Lag		Etappe	Finale	Semifinale	
Menn senior						
1	Byåsen IL lag	1		13:38,4	13:52,7	2
	Martin Julian Buvarp		1			
	Johannes Høsflot Klæbo		2			
2	Bærums Verk Hauger Idrettsfore lag	1	1	13:40,1	13:52,7	1
	Nikolai Elde Holmboe		1			
	Sindre Bjørnestad Skar		2			
3	Strindheim IL lag	1		13:40,2	13:48,7	2
	Håkon Skaanes		1			
	Even Northug		2			
4	Heming, IL lag	1		13:40,5	13:43,9	1
	Simen Myhre		1			
	Harald Astrup Arnesen		2			
5	Molde og Omegn IF lag	1		13:40,7	13:53,2	3
	Karsten Andre Vestad		1			
	Mikkel Waldeland Gautvik		2			
6	Asker SK lag	1		13:40,8	13:46,4	1
	Erland Kvisle		1			
	Harald Østberg Amundsen		2			
7	Kjelsås IL lag	1		13:42,3	13:44,0	2
	Edvard Sandvik		1			
	David Thorvik		2			
8	Fossum IF lag	1		13:49,1	13:48,1	5
	Fredrik Qvist Bucher-Johannessen		1			
	Thomas Qvist Bucher-Johannessen		2			
9	Vind IL lag	1		13:50,2	13:49,1	3
	Simen Christopher Bratberg Ramstad		1			
	Ansgar Evensen		2			



EQUINOR NM Lagsprint 2023

Offisiell Resultatliste

Tolga on 29 mar 2023



10	Nes Ski lag	1		13:50,8	13:52,8	6
	Ola Spigseth		1			
	Filip Glittenberg Holt		2			
11	Byåsen IL lag	2		13:51,7	13:44,1	3
	August Falkanger		1			
	Magnus Øyaas Håbrekke		2			
12	Åsen IL lag	1		13:53,0	13:45,6	4
	Herman Martens Meyer		1			
	Amund Hoel		2			
13	Bærums Verk Hauger Idrettsfore lag	2		13:54,3	13:49,4	4
	Jens Marcus Dyrberg Ek		1			
	Aleksander Elde Holmboe		2			
14	Njård lag	1		14:04,0	13:51,0	5
	Lars Young Vik		1			
	Matz William Jenssen		2			
15	Heming, IL lag	2		14:14,8	13:53,8	7
	Alvar Johannes Alev		1			
	Aksel Bru-Hemmingby		2			
16	Lyn Ski lag	1		00:00,0	13:57,0	4
	Armann Saastad Haugan		1			
	Bastian Karlsen Antonsen		2			
17	Rustad IL lag	1		00:00,0	14:17,1	5
	Iver Tildheim Andersen		1			
	Tor Olav Nesheim Hægeland		2			
18	MjøsSki lag	1		00:00,0	13:57,7	6
	Jonas Vika		1			
	Mats Opsal		2			
19	Fossum IF lag	2		00:00,0	14:25,7	6
	Fredrik Arne Grusd		1			
	Jakob Eiksund Sæthre		2			
20	Røa Allianseidrettslag lag	2		00:00,0	13:59,6	7
	Andrew Musgrave		1			
	Peder Elias Hals		2			
21	Selbu IL lag	1		00:00,0	14:26,3	7
	Jørgen Slind		1			
	Nils Ole Fuglem		2			

22	Åsen IL lag	2		00:00,0	13:56,4	8
	Oskar Lockert Skjold		1			
	Magne Haga		2			
23	Gjerdrum IL lag	1		00:00,0	14:27,9	8
	Kristian Erling Skogvold		1			
	Johan Heni Olsen Bjørtomt		2			
24	Førde IL lag	1		00:00,0	14:29,1	8
	Gjøran Holstad Tefre		1			
	Thomas Tefre		2			
25	Fet SK lag	1		00:00,0	13:58,1	9
	Daniel Aakervik		1			
	Espen Aakervik		2			
26	Ranheim SK lag	1		00:00,0	14:39,2	9
	Christian Tobias Bøgeberg		1			
	Andreas Talseth Bostad		2			
27	Bærums Skiklub lag	1		00:00,0	14:39,8	9
	Isak Leknes Frey		1			
	Hermann Skram Botterud		2			
28	Drammen Strong lag	1		00:00,0	14:07,6	10
	Herman Peder Strindeberg		1			
	Jonas Johansen Grøslund		2			
29	Røa Allianseidrettslag lag	1		00:00,0	14:40,3	10
	Jonas Dyrli Thoresen		1			
	James Matthieu Clugnet		2			
30	Hernes IL lag	1		00:00,0	14:42,2	10
	Even Linderud		1			
	Eirik Linderud		2			
31	Tynset IF lag	1		00:00,0	14:12,0	11
	Sebastian Rød Feragen		1			
	Jørgen Schjølberg		2			
32	Gjelleråsen IF lag	1		00:00,0	14:51,9	11
	Lars Agnar Hjelmset		1			
	Fredrik Nilssen		2			
33	Steinkjer SK lag	1		00:00,0	14:58,0	11
	Niklas Landsem Melhus		1			
	Pål Trøan Aune		2			



EQUINOR NM Lagsprint 2023

Offisiell Resultatliste

Tolga on 29 mar 2023



34	IL Varden Meråker lag	1		00:00,0	14:17,1	12
	Kristoffer Jullum Fiskvik		1			
	Petter Østtun		2			
35	Gjøvik SK lag	1		00:00,0	15:04,1	12
	Arngrim Sørumshagen		1			
	August Hovde		2			
36	Utleira IL lag	1		00:00,0	15:16,8	12
	Bernt Emil Finserås Rognes		1			
	Joakim Skadal		2			
37	Tolga IL lag	1		00:00,0	14:40,0	13
	Hans Bernhard Burud		1			
	Tore Leren		2			
38	Gjesdal IL lag	1		00:00,0	15:44,4	13
	Samuel Kleppa		1			
	Sondre Lunåsmo		2			
39	Asker SK lag	2		00:00,0	16:46,6	13
	Maks Peter Zechel		1			
	Emil Håkon Lier		2			
40	Kjelsås IL lag	2		00:00,0	16:04,5	14
	Matias Nalum Rakkestad		1			
	Sigurd Wahl Kallum		2			
41	Eidsvold Værks Skiklub lag	1		00:00,0	16:19,4	14
	Erik Johan Brun		1			
	Bård Gunnar Brun		2			
42	Vind IL lag	2		00:00,0	17:05,8	14
	Eskil Engdal		1			
	Sindre Østlien Evensen		2			

NM 5 O 10 KM

Tolga (NOR)



kvinner 5 km Interval Start Classic

30-03-2023

Start Time: 11:02

Results

Jury Information			Course Information		
Technical Delegate	ELMQVIST Magnus	SWE	Name:	Kvinner	
Assistant Technical Delegate	KVÅLE Hans Jørgen	NOR	Height Difference (HD):	79 m	
Chief of Competition	NORDVANG Anne Berit	NOR	Maximum Climb (MC)	31 m	
Assistant TD Nat.	HUSBY Erik	NOR	Total Climb (TC):	177 m	
			Length of Lap:	5,3 km	
			Number of Laps:	1	

RANK	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	FINISH TIME	BEHIND	FIS POINTS
1	241	3426149	SKAANES Marte Strindheim IL	NOR 10 sep 1996	14:15.7	0.0	20.00
2	197	3427126	BERGANE Margrethe Konnerud IL	U23 NOR 24 jun 2001	14:32.1	16.4	35.33
3	269	3426201	WENG Tiril Udnes Nes Ski	NOR 29 sep 1996	14:33.0	17.3	36.17
4	181	3427972	ANDREASSEN Milla Grosberghaugen Bækkelaget SK	U23 NOR 04 aug 2005	14:33.7	18.0	36.83
5	257	3425827	MOGSTAD Berit Strindheim IL	NOR 28 jun 1993	14:36.0	20.3	38.98
6	22	3426626	SKISTAD Kristine Stavås Konnerud IL	NOR 08 feb 1999	14:48.5	32.8	50.66
7	249	3426524	ARNESEN Synne Tromsø SK	NOR 04 jan 1998	14:49.2	33.5	51.32
8	221	3425381	SVENDSEN Anna Tromsø SK	NOR 25 mar 1990	14:50.2	34.5	52.25
9	281	3425410	ØSTBERG Ingvild Flugstad Gjøvik SK	NOR 09 nov 1990	14:51.0	35.3	53.00
10	273	3427756	VESTAD Oline Vågå IL	U23 NOR 30 mar 2004	14:52.5	36.8	54.40
11	217	3425421	HAGA Ragnhild Gløersen Åsen IL	NOR 12 feb 1991	14:53.2	37.5	55.06
12	237	3427133	BREDING Tale Bruheim Henning Skilag	U23 NOR 14 jan 2001	14:53.6	37.9	55.43
13	225	3426456	AMUNDSEN Hedda Østberg Asker SK	NOR 18 sep 1998	14:55.0	39.3	56.74
14	185	3426163	MYHRE Julie Byåsen IL	NOR 29 jul 1996	14:56.7	41.0	58.33
15	180	3426921	GULBRANDSEN Ingrid Andréa Bardufoss og Omegn IF	U23 NOR 01 jan 2000	14:57.8	42.1	59.36
16	289	3427361	MØRK Emma Kirkeberg Drammens Ballklubb	U23 NOR 20 dec 2002	15:03.2	47.5	64.41
17	193	3426902	SANNES Nora Kjelsås IL	U23 NOR 27 mar 2000	15:06.0	50.3	67.03
18	265	3425530	WANGENSTEEN Maren Øystre Slidre IL	NOR 31 mar 1991	15:09.0	53.3	69.83
19	216	3427693	STØVERUD Solveig Lie Holmen IF	U23 NOR 15 jan 2004	15:10.2	54.5	70.95

NM 5 O 10 KM

Tolga (NOR)



kvinner 5 km Interval Start Classic

30-03-2023

Start Time: 11:02

Results

RANK	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	FINISH TIME	BEHIND	FIS POINTS
	280	3427344	FÜRSTENBERG Theresa Fossum IF	U23 NOR 10 aug 2002	15:10.2	54.5	70.95
21	229	3427352	MELLING Maria Hartz Konnerud IL	U23 NOR 19 dec 2002	15:10.3	54.6	71.05
22	261	3426712	DRIVENES Julie Bjervig Lommedalens IL	NOR 23 sep 1999	15:10.5	54.8	71.23
23	285	3427556	BRUSVEEN-JENSEN Tuva Anine Lyn Ski	U23 NOR 30 okt 2003	15:12.8	57.1	73.38
24	172	3426278	DYRHOVD Margrete Røssum Krødsherad IL	NOR 08 sep 1993	15:13.6	57.9	74.13
25	189	3426535	KNUDSEN Tiril Liverud Konnerud IL	NOR 31 aug 1998	15:15.0	59.3	75.44
26	144	3427497	KIRKEEIDE Maren Hjelmeset Markane IL	U23 NOR 01 mar 2003	15:16.0	1:00.3	76.37
27	277	3426175	HUSTAD Sofie Nordsveen Kjelsås IL	NOR 26 nov 1996	15:16.7	1:01.0	77.03
28	213	3427812	INGEBRIGTSEN Eva Bratsberg IL	U23 NOR 01 jul 2004	15:17.1	1:01.4	77.40
29	184	3426994	RØTVEI Nora Oppdal IL	U23 NOR 10 jun 2000	15:17.6	1:01.9	77.87
30	253	3426270	JORDHEIM Guro Kjelsås IL	NOR 01 nov 1996	15:20.3	1:04.6	80.39
31	276	3426852	JOHNSEN Elena Rise Asker SK	U23 NOR 04 jun 2000	15:25.2	1:09.5	84.98
32	209	3427584	FALSTER Nora Elisabeth Heming IL	U23 NOR 09 sep 2003	15:26.2	1:10.5	85.91
33	252	3427522	HAUGEN Maren Halle Runar IL	U23 NOR 22 nov 2003	15:26.6	1:10.9	86.28
34	245	3427148	FØYEN Sigrid Leseth Kjelsås IL	U23 NOR 23 aug 2001	15:26.9	1:11.2	86.57
35	267	3427121	BAKKEMO Hedda Gjøvik SK	U23 NOR 25 jun 2001	15:28.8	1:13.1	88.34
36	236	3427702	HAMMER Julie Eidsvold Værks SK	U23 NOR 31 mar 2004	15:29.7	1:14.0	89.18
37	232	3426490	NORDLUNDE Mari Follebu SK	NOR 04 okt 1998	15:31.1	1:15.4	90.49
38	228	3426641	WALTENBERG Julie Lyngen-Karnes IL	NOR 17 jan 1999	15:31.2	1:15.5	90.59
39	176	3427521	DOKSRØD Nora Sofie Runar IL	U23 NOR 15 nov 2003	15:31.8	1:16.1	91.15
40	223	3427651	JEISTAD Julie Lismarka Skilag	U23 NOR 15 dec 2003	15:34.2	1:18.5	93.39
41	195	3427964	SØRBYE Hanna Engesæter Røa Alliansedrettslag	U23 NOR 04 mar 2005	15:34.3	1:18.6	93.48
42	256	3045097	LIE Ellen Søhol Heming IL	NOR 23 aug 1994	15:37.1	1:21.4	96.10

NM 5 O 10 KM

Tolga (NOR)



kvinner 5 km Interval Start Classic

30-03-2023

Start Time: 11:02

Results

RANK	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	FINISH TIME	BEHIND	FIS POINTS
43	268	3427676	AMUNDSEN Marie Risvoll Fauske IL Langrenn	U23 NOR 26 okt 2003	15:38.6	1:22.9	97.50
44	279	3427337	ANDERSEN Hanna Eckhardt Lyn Ski	U23 NOR 10 sep 2002	15:38.8	1:23.1	97.69
45	171	3427805	AANESTAD Oda Kirstine Røa Allianseidrettslag	U23 NOR 09 mar 2004	15:39.4	1:23.7	98.25
46	200	3426658	FOLKVORD Mari Sandnes IL	NOR 17 jun 1999	15:41.5	1:25.8	100.22
47	196	3426873	SØRUM Thea Lillehammer Skiklub	U23 NOR 27 mar 2000	15:42.3	1:26.6	100.96
48	251	3426049	RØNNING Mathilde Hagen Vikersund IF	NOR 11 mar 1995	15:43.1	1:27.4	101.71
49	272	3427634	PEDERSEN Tone Lise Tromsø SK	U23 NOR 28 apr 2003	15:45.5	1:29.8	103.95
50	208	3427099	RAMSTAD Ida Lillehammer Skiklub	U23 NOR 01 maj 2001	15:46.6	1:30.9	104.98
51	201	3426356	BERG Julie Victoria Leksvik IL	NOR 14 okt 1997	15:47.5	1:31.8	105.82
52	240	3427262	MYHRE Aurora Byåsen IL	U23 NOR 16 sep 2002	15:48.0	1:32.3	106.29
53	177	3426383	HARVIKEN Johanne Hauge Strandbygda IL	NOR 12 sep 1997	15:48.1	1:32.4	106.39
54	142	3426112	STENSETH Ane Appelkvist Grong IL	NOR 02 mar 1995	15:48.6	1:32.9	106.85
55	203	3427370	MOLAND Maja Kjærås Lillehammer Skiklub	U23 NOR 08 jun 2002	15:49.0	1:33.3	107.23
56	264	3427365	HOLE Kristine Hjellbakk Lillehammer Skiklub	U23 NOR 29 maj 2002	15:49.1	1:33.4	107.32
57	204	3427670	BAKKEN Mali Eidnes Rindal IL	U23 NOR 18 dec 2003	15:51.7	1:36.0	109.75
58	288	3427029	GRØTTING Karoline Lillehammer Skiklub	U23 NOR 05 jun 2001	15:55.6	1:39.9	113.40
59	220	3427161	ANDERSEN Nora Røa Allianseidrettslag	U23 NOR 07 mar 2001	15:57.5	1:41.8	115.17
60	244	3427066	SNORTHEIMSMOEN Thea Vestre Slidre IL	U23 NOR 06 jul 2001	15:58.0	1:42.3	115.64
61	199	3426608	MOGSTAD Ragnhild Strindheim IL	NOR 27 mar 1999	15:58.7	1:43.0	116.30
62	175	3427912	HARAM Petronella Strindheim IL	U23 NOR 03 jul 2005	15:59.6	1:43.9	117.14
63	224	3427856	NEVIN Selma Byaasen Skiklub	U23 NOR 26 okt 2004	15:59.8	1:44.1	117.32
	283	3428022	BENUM Marie Wollan Byåsen IL	U23 NOR 10 jan 2006	15:59.8	1:44.1	117.32
65	215	3427889	LERFALL Eline Klevberg Lånke IL	U23 NOR 02 nov 2005	16:00.6	1:44.9	118.07

NM 5 O 10 KM

Tolga (NOR)



kvinner 5 km Interval Start Classic

30-03-2023

Start Time: 11:02

Results

RANK	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	FINISH TIME	BEHIND	FIS POINTS
66	129	3428174	FREMSTAD Maren Sofie Runar IL	U23 NOR 11 jun 2006	16:01.9	1:46.2	119.29
67	207	3427167	GOLBERG Vilde Emilie Hjelmseth Njård	U23 NOR 22 feb 2001	16:03.6	1:47.9	120.88
68	192	3427745	SAND Anniken Sjåstad-Vestre Lier IL	U23 NOR 06 okt 2004	16:04.0	1:48.3	121.25
69	271	3427461	HAUG Marianne Bjerke IL Ski	U23 NOR 02 aug 2003	16:05.0	1:49.3	122.19
70	250	3427732	HÅKONSEN Ingeborg Kjellmyra IL	U23 NOR 06 jan 2004	16:07.2	1:51.5	124.24
71	260	3427704	HAUGEN Helene Ekrheim Holmen IF	U23 NOR 16 apr 2004	16:08.5	1:52.8	125.46
72	227	3428059	AASEBØ Kamilla Kjelsås IL	U23 NOR 11 jul 2006	16:08.6	1:52.9	125.55
73	183	3427724	OLSEN Värin Alta IF	U23 NOR 20 maj 2004	16:08.9	1:53.2	125.83
74	246	3427384	AUSTERÅ Synnøve Gjesdal IL	U23 NOR 10 maj 2002	16:09.5	1:53.8	126.39
75	275	3427686	SIMONSEN Elise Fredheim Trøsken IL	U23 NOR 02 feb 2004	16:10.0	1:54.3	126.86
76	259	3427773	KLEPPA Astrid Haugen Beitstad IL	U23 NOR 04 jun 2004	16:10.3	1:54.6	127.14
77	219	3427557	BRENNHOVD Ingvild Julie Schrøder Lyn Ski	U23 NOR 17 jan 2003	16:10.6	1:54.9	127.42
78	174	3428127	FARBU Jenny Inderøy IL	U23 NOR 28 aug 2006	16:13.5	1:57.8	130.13
79	263	3427530	ØVREBUST Lone Lorgen Stordal IL	U23 NOR 03 maj 2003	16:13.8	1:58.1	130.41
80	211	3427472	SELBERG Synne Gjelleråsen IF	U23 NOR 30 sep 2003	16:14.2	1:58.5	130.79
81	143	3428098	HOFGAARD Frida Lyn Ski	U23 NOR 31 mar 2006	16:16.3	2:00.6	132.75
82	247	3427817	SIREVÅG Anna Marie Nordengen Lyn Ski	U23 NOR 24 maj 2004	16:19.9	2:04.2	136.12
83	202	3427994	BUEN Synne Andersen Rustad IL	U23 NOR 06 jun 2005	16:20.2	2:04.5	136.40
84	120	3428133	SIREKROK Malena Gjesdal IL	U23 NOR 15 maj 2006	16:21.5	2:05.8	137.61
	235	3428117	BJUGAN Johanne Leksdal IL	U23 NOR 24 mar 2006	16:21.5	2:05.8	137.61
86	187	3427821	KROGSRUD Emilie Marie Moland Røa Allianseidrettslag	U23 NOR 30 apr 2004	16:21.6	2:05.9	137.70
87	234	3427917	HANSEN Nora Christine Asker SK	U23 NOR 30 okt 2005	16:22.3	2:06.6	138.36
88	188	3427113	SVINGHEIM Mari Landro Konnerud IL	U23 NOR 20 mar 2001	16:23.1	2:07.4	139.11

NM 5 O 10 KM

Tolga (NOR)



kvinner 5 km Interval Start Classic

30-03-2023

Start Time: 11:02

Results

RANK	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	FINISH TIME	BEHIND	FIS POINTS
89	96	3428140	KIHLE Ingrid Katteland Konnerud IL	U23 NOR 11 jan 2006	16:23.6	2:07.9	139.57
90	248	3426815	ULVANG Runa Nykkelmo Kjelsås IL	U23 NOR 21 okt 2001	16:23.7	2:08.0	139.67
91	266	3428120	BERNHARSEN Astrid Elida Vaeng Tromsø SK	U23 NOR 12 nov 2006	16:23.8	2:08.1	139.76
92	226	3427779	MJØMEN Maren Skei Inderøy IL	U23 NOR 03 feb 2004	16:24.3	2:08.6	140.23
93	166	3427733	STRAND Aurora Gaarder Strandbygda IL	U23 NOR 26 apr 2004	16:25.9	2:10.2	141.72
94	210	3426917	STORAA Silje Bardufoss og Omegn IF	U23 NOR 06 maj 2000	16:26.3	2:10.6	142.10
95	134	3428097	SCHEINERT Eira Engen Lyn Ski	U23 NOR 10 dec 2006	16:28.1	2:12.4	143.78
	152	3428020	HAFSMO Nora Byåsen IL	U23 NOR 18 aug 2006	16:28.1	2:12.4	143.78
97	182	3428002	WENG Tora Rønneberg Eidsberg IL	U23 NOR 24 apr 2005	16:28.8	2:13.1	144.44
98	164	3427888	RØNNING Andrine IL Aasguten	U23 NOR 18 jan 2005	16:29.8	2:14.1	145.37
99	214	3428122	SAGERUP-NORDKILD Erle Kvaløysletta Ski	U23 NOR 14 mar 2006	16:30.0	2:14.3	145.56
100	149	3427966	BARLAND Mathea Perlestenbakken Røa Alliansedrettslag	U23 NOR 29 jun 2005	16:30.2	2:14.5	145.75
101	179	3427705	HJELMESET Marthe Johanne Gjelleråsen IF	U23 NOR 25 feb 2004	16:30.5	2:14.8	146.03
102	127	3428171	SVINDLAND Tuva Oseberg Skilag	U23 NOR 30 jun 2006	16:30.6	2:14.9	146.12
103	157	3428062	KYLLAND Tuva Meinke Konnerud IL	U23 NOR 12 jul 2006	16:30.9	2:15.2	146.40
104	99	3427621	AUSTGULEN Eline Byåsen IL	U23 NOR 25 nov 2003	16:31.5	2:15.8	146.96
105	274	3427531	HAAVE Maria Masovn Lillehammer Skiklub	U23 NOR 27 jun 2003	16:31.8	2:16.1	147.24
106	231	3427841	DRØPPING Marie Fossdal Kverneland Ski	U23 NOR 29 mar 2004	16:34.2	2:18.5	149.48
107	238	3428089	ADOLFSEN Tuva Thorstensen Kjelsås IL	U23 NOR 06 jan 2006	16:34.6	2:18.9	149.86
108	170	3427460	BOTTERUD Marthe Skram Bærums Skiklub	U23 NOR 03 mar 2003	16:35.2	2:19.5	150.42
109	287	3427874	HOELSVEN Malin Raufoss IL Langrenn	U23 NOR 25 jan 2005	16:35.4	2:19.7	150.61
110	178	3427764	HAUGAN Helene Hafredal Gulset IF	U23 NOR 11 mar 2004	16:36.2	2:20.5	151.35
111	59	3428039	DRIVENES Iselin Bjervig Lommedalens IL	U23 NOR 28 feb 2006	16:36.6	2:20.9	151.73

NM 5 O 10 KM

Tolga (NOR)



kvinner 5 km Interval Start Classic

30-03-2023

Start Time: 11:02

Results

RANK	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	FINISH TIME	BEHIND	FIS POINTS
112	168	3427746	RØNNING An-magritt Hagen Vikersund IF	U23 NOR 10 apr 2004	16:38.4	2:22.7	153.41
113	194	3427258	HAUGSKOTT Frida Buvik IL	U23 NOR 22 jun 2002	16:39.9	2:24.2	154.81
114	239	3427766	MOLAND Mina Sofie Kjærås Stokke IL	U23 NOR 02 feb 2004	16:40.9	2:25.2	155.75
115	89	3427911	AAKERLI Kristine Aune Heimdal Ski	U23 NOR 20 maj 2005	16:42.5	2:26.8	157.24
116	130	3428163	STENUMGARD Hedda Ringebu-Fåvang SK	U23 NOR 25 jan 2006	16:43.0	2:27.3	157.71
117	118	3427963	THURMANN-MOE Christine Røa Allianseidrettslag	U23 NOR 08 maj 2005	16:43.6	2:27.9	158.27
	162	3428187	KVALVAAG Liv Smith Heming IL	U23 NOR 14 feb 2006	16:43.6	2:27.9	158.27
119	74	3427952	LEFDAL Emma Elisabeth Fana IL	U23 NOR 03 feb 2005	16:45.0	2:29.3	159.58
120	126	3428146	SAND-HANSEN Norah Eiker SK	U23 NOR 13 apr 2006	16:46.4	2:30.7	160.89
121	186	3427438	HOLSTRØM Ellisif Luytkis Fossum IF	U23 NOR 22 jul 2002	16:46.7	2:31.0	161.17
122	86	3427847	LEVANG Nora Byrkjedal Gjesdal IL	U23 NOR 05 maj 2005	16:48.1	2:32.4	162.48
123	52	3427795	JERNBERG Aurora Wilkens Kjelsås IL	U23 NOR 19 feb 2004	16:48.6	2:32.9	162.95
124	242	3426482	MIDTSKOGEN Maiken Min Stor-Elvdal SK	NOR 26 maj 1998	16:48.7	2:33.0	163.04
125	163	3427501	SVERGJA Mari Grøtli Kvikne IL	U23 NOR 02 mar 2003	16:49.0	2:33.3	163.32
126	131	3428151	MARTINSEN Hanne Fana IL	U23 NOR 14 sep 2006	16:49.1	2:33.4	163.41
	262	3427783	RØTHE Amalie Galaaen Voss IL	U23 NOR 19 apr 2004	16:49.1	2:33.4	163.41
128	150	3427555	GUNDERSEN Tirill Marie Møller Lyn Ski	U23 NOR 18 maj 2003	16:49.4	2:33.7	163.70
129	158	3427448	HILLESTAD Stina Hafslø IL	U23 NOR 13 maj 2002	16:49.5	2:33.8	163.79
130	62	3427674	KLÆBO Ane Høsflo Byåsen IL	U23 NOR 18 jan 2003	16:50.4	2:34.7	164.63
131	270	3427355	RØNNING Tuva Hagen Vikersund IF	U23 NOR 06 feb 2002	16:50.5	2:34.8	164.72
132	282	3427752	BOLLINGMO Synne Børresen Raufoss IL Langrenn	U23 NOR 24 aug 2004	16:51.8	2:36.1	165.94
133	119	3427910	HOVDE Sara MjøsSki	U23 NOR 04 nov 2005	16:51.9	2:36.2	166.03
134	169	3428049	SCHULER Veronika Vikhamar Heming IL	U23 NOR 24 jul 2006	16:52.0	2:36.3	166.13

NM 5 O 10 KM

Tolga (NOR)



kvinner 5 km Interval Start Classic

30-03-2023

Start Time: 11:02

Results

RANK	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	FINISH TIME	BEHIND	FIS POINTS
135	105	3428045	LØKEN Helene Bækkelaget SK	U23 NOR 27 jul 2006	16:53.3	2:37.6	167.34
136	122	3427956	STANGELAND Helene Ludahl Røa Alliansedrettslag	U23 NOR 11 jun 2005	16:54.4	2:38.7	168.37
137	138	3427839	EDLAND Elisa Vestvik Gjesdal IL	U23 NOR 30 mar 2004	16:55.0	2:39.3	168.93
138	206	3427713	NESHEIM Siri Lindbergsengen Bærums Skiklub	U23 NOR 24 aug 2004	16:55.1	2:39.4	169.02
139	102	3427056	SVEEN Carina Strandbygda IL	U23 NOR 01 jun 2001	16:55.3	2:39.6	169.21
140	40	3427777	SVENDGÅRD Ingri Markbygda IL	U23 NOR 24 nov 2004	16:56.4	2:40.7	170.24
141	117	3427893	FOSSHEIM Hannah Spillum IL	U23 NOR 24 sep 2005	16:57.3	2:41.6	171.08
142	113	3427458	ELLEFSEN Martine Asker SK	U23 NOR 15 jan 2003	16:57.8	2:42.1	171.55
	160	3428008	FIÆRTOFT Nora Rise Byaasen Skiklub	U23 NOR 16 okt 2004	16:57.8	2:42.1	171.55
144	258	3428019	NYGÅRD Camilla Il Vindbjart	U23 NOR 04 apr 2006	16:58.5	2:42.8	172.20
145	190	3427806	STOVNER Vilma Halstenstad Røa Alliansedrettslag	U23 NOR 26 apr 2004	16:59.0	2:43.3	172.67
146	278	3427919	STRØM Matilde Tverlandet IL	U23 NOR 05 aug 2005	16:59.7	2:44.0	173.32
147	88	3428075	PEDERSEN Tuva Grasbekk Gjelleråsen IF	U23 NOR 03 okt 2006	17:00.6	2:44.9	174.17
148	154	3427526	BRØRS Camilla Beitstad IL	U23 NOR 26 nov 2003	17:01.8	2:46.1	175.29
149	73	3428046	BENSERUD Astrid Grønnevet Heming IL	U23 NOR 03 sep 2006	17:03.0	2:47.3	176.41
150	218	3427948	HOPSNES Marie Fana IL	U23 NOR 17 jul 2005	17:03.7	2:48.0	177.06
151	132	3427471	NILSSEN Henriette Gjelleråsen IF	U23 NOR 11 mar 2003	17:03.8	2:48.1	177.16
152	255	3427559	RAASTAD Nora Sødal Lyn Ski	U23 NOR 25 nov 2003	17:07.0	2:51.3	180.15
153	165	3427540	SLØGEDAL Hanne Il Vindbjart	U23 NOR 03 jan 2003	17:09.1	2:53.4	182.11
154	243	3427939	NESS Ellinor Marie TUIL Ski Tromsdalen	U23 NOR 08 okt 2005	17:09.2	2:53.5	182.21
155	137	3427861	HØRGEN Astrid Skarphedin IL	U23 NOR 22 jan 2005	17:09.9	2:54.2	182.86
156	286	3427776	MOSSIGE Mia IL Varden Meråker	U23 NOR 12 aug 2004	17:10.3	2:54.6	183.23
157	76	3428096	SKJERVEN Anna Fjeldheim Lyn Ski	U23 NOR 22 jul 2006	17:10.9	2:55.2	183.80

NM 5 O 10 KM

Tolga (NOR)



kvinner 5 km Interval Start Classic

30-03-2023

Start Time: 11:02

Results

RANK	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	FINISH TIME	BEHIND	FIS POINTS
158	101	3428055	STORDALEN Olivia Heming IL	U23 NOR 10 maj 2006	17:11.0	2:55.3	183.89
159	107	3427846	AKSNES Embla Hommelvik IL	U23 NOR 04 jul 2005	17:11.8	2:56.1	184.64
160	151	3427396	JOHNSEN Tuva Raufoss IL Langrenn	U23 NOR 07 maj 2002	17:11.9	2:56.2	184.73
161	90	3428162	KATNOSA Marthe Olsen Jevnaker IF Ski	U23 NOR 23 maj 2006	17:12.9	2:57.2	185.67
162	100	3427989	AASDALEN Eline Kjelsås IL	U23 NOR 23 mar 2005	17:13.3	2:57.6	186.04
163	82	3428081	THORSTENSEN Nora Heuer Nittedal IL	U23 NOR 25 mar 2006	17:14.1	2:58.4	186.79
164	87	3427668	GRØTTE Tuva Henden Utleira IL	U23 NOR 29 nov 2003	17:15.1	2:59.4	187.72
165	103	3428028	ROSAGER Ingeborg Granli IL	U23 NOR 25 mar 2006	17:15.7	3:00.0	188.28
166	111	3427906	RANESTAD Mari Ovidia Hamar SK	U23 NOR 10 maj 2005	17:16.2	3:00.5	188.75
	124	3427851	HETLELID Kaja Kvalvåg Hjelmeland IL - ski	U23 NOR 08 mar 2005	17:16.2	3:00.5	188.75
168	123	3428145	SAND-HANSEN Julie Eiker SK	U23 NOR 13 apr 2006	17:18.1	3:02.4	190.53
169	156	3427945	HALVARI Hedda Sandnes IL	U23 NOR 09 mar 2005	17:19.0	3:03.3	191.37
170	140	3427832	VIGA Hedda Opdahl Hjelmeland IL - ski	U23 NOR 30 jul 2004	17:19.2	3:03.5	191.56
171	136	3427873	WOLDGENG Astrid Bekken Moen Sportsklubb	U23 NOR 16 maj 2005	17:19.7	3:04.0	192.02
172	222	3427618	BRATTABØ Ingrid Osterøy IL	U23 NOR 19 jun 2003	17:20.1	3:04.4	192.40
173	66	3427918	BENTSEN Ingrid Vinger IL	U23 NOR 24 sep 2005	17:20.3	3:04.6	192.58
174	37	3427825	VANBERG Ingvild Olea Sollid Fossum IF	U23 NOR 09 maj 2004	17:21.0	3:05.3	193.24
175	153	3427907	VANG Mari Tynset IF	U23 NOR 07 sep 2005	17:21.9	3:06.2	194.08
176	92	3428132	LARSEN Isa Gjertsås Lierne IL	U23 NOR 16 maj 2006	17:22.0	3:06.3	194.17
177	41	3427715	NESHEIM Synne Lindbergsengen Bærums Skiklub	U23 NOR 24 aug 2004	17:23.1	3:07.4	195.20
178	121	3427961	OMLAND Synne Strande Kjelsås IL	U23 NOR 20 maj 2005	17:23.2	3:07.5	195.30
179	54	3427905	IVERSEN Tiril Næss Mjøndalen IF	U23 NOR 04 apr 2005	17:23.6	3:07.9	195.67
180	84	3428054	BRAATEN Hedda Helena Heming IL	U23 NOR 16 dec 2006	17:25.6	3:09.9	197.54

NM 5 O 10 KM

Tolga (NOR)



kvinner 5 km Interval Start Classic

30-03-2023

Start Time: 11:02

Results

RANK	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	FINISH TIME	BEHIND	FIS POINTS
181	97	3427483	NITTEBERG Victoria Hammersmark Nesodden IF	U23 NOR 30 jul 2003	17:25.9	3:10.2	197.82
182	254	3426160	ENSRUD Julie Synnøve Trøsken IL	NOR 01 mar 1996	17:28.3	3:12.6	200.06
183	145	3427698	ENEBAKK Dorthe Marie Bjerke IL Ski	U23 NOR 06 maj 2004	17:28.7	3:13.0	200.44
184	75	3428079	THUV Manda Nordhus Nesodden IF	U23 NOR 12 jul 2006	17:30.0	3:14.3	201.65
185	85	3428029	GRINI Inger Moelven IL	U23 NOR 27 nov 2006	17:31.0	3:15.3	202.59
186	51	3427514	KVAMME Kristine Louise Lillehammer Skiklub	U23 NOR 24 jan 2003	17:31.2	3:15.5	202.77
187	112	3427997	LONGVA Karoline Rustad IL	U23 NOR 28 maj 2005	17:31.4	3:15.7	202.96
188	106	3428156	HAGEN Vårinn Johanson IL Korlevoll - Odda	U23 NOR 29 jan 2006	17:31.6	3:15.9	203.15
189	95	3427869	NORDVIK Mathea Brandbu IF	U23 NOR 17 jul 2004	17:32.1	3:16.4	203.62
190	20	3427834	HØRSDAL Marie Hodne Imås IL	U23 NOR 02 okt 2004	17:32.3	3:16.6	203.80
	114	3427844	VIKAN Madelen Løvoll Byåsen IL	U23 NOR 17 jun 2005	17:32.3	3:16.6	203.80
192	135	3427513	HAAVE Kristina Masovn Lillehammer Skiklub	U23 NOR 27 jun 2003	17:32.8	3:17.1	204.27
193	44	3427356	SORTÅSLØKKEN Tyra Lillehammer Skiklub	U23 NOR 20 dec 2002	17:35.7	3:20.0	206.98
194	148	3427951	OLSEN Tine Alfstad Viking TIF	U23 NOR 06 maj 2005	17:36.2	3:20.5	207.45
195	125	3427898	JENSEN Hanna Holeværingen IL	U23 NOR 26 sep 2005	17:36.5	3:20.8	207.73
196	147	3427771	ROFSTAD Marthe Wilberg Byåsen IL	U23 NOR 27 apr 2004	17:36.6	3:20.9	207.82
197	61	3428169	VOYTOVICH Hanna Hagen Skrautvål IL	U23 NOR 19 sep 2006	17:36.9	3:21.2	208.10
198	79	3427782	RUNNANE Brigitte Krohn IL Korlevoll - Odda	U23 NOR 23 aug 2004	17:37.3	3:21.6	208.48
199	128	3427993	BØHMER Sara Rustad IL	U23 NOR 08 aug 2005	17:37.5	3:21.8	208.66
200	98	3428138	FULFORD Julie Konnerud IL	U23 NOR 18 dec 2006	17:38.4	3:22.7	209.51
201	91	3428164	STORLIEN Celine Lillehammer Skiklub	U23 NOR 10 okt 2006	17:39.8	3:24.1	210.81
202	67	3427857	EKEBERG Marie Sofie Oseberg Skilag	U23 NOR 31 maj 2005	17:45.3	3:29.6	215.96
203	110	3427933	VILLADSEN Hanna Skarphol IL Jardar	U23 NOR 14 okt 2005	17:45.5	3:29.8	216.14

NM 5 O 10 KM

Tolga (NOR)

kvinner 5 km Interval Start Classic

30-03-2023

Start Time: 11:02

Results

RANK	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	FINISH TIME	BEHIND	FIS POINTS
204	115	3428124	VAENG Benedikte Langaune Medkila Skilag	U23 NOR 16 aug 2006	17:46.0	3:30.3	216.61
205	48	3427452	HANSEN Mariell Stavnes Tverlandet IL	U23 NOR 14 mar 2002	17:48.7	3:33.0	219.14
206	43	3427385	STAAVI Celina Karin Staurland Stavanger SK	U23 NOR 28 sep 2002	17:49.1	3:33.4	219.51
207	57	3428010	BELLIKA Anna Lysne Bagn IL	U23 NOR 08 sep 2005	17:49.8	3:34.1	220.16
208	108	3427837	NYGÅRD Thea Il Vindbjart	U23 NOR 13 mar 2004	17:49.9	3:34.2	220.26
209	161	3427392	FLUGSTAD Andrine Fuglerud Gjøvik SK	U23 NOR 24 feb 2002	17:51.2	3:35.5	221.47
210	133	3427524	KVESTAD Karoline Wergeland Runar IL	U23 NOR 28 apr 2003	17:52.3	3:36.6	222.50
211	64	3428167	ULEN Andrea Storlien Lillehammer Skiklub	U23 NOR 13 sep 2006	17:53.0	3:37.3	223.16
212	69	3428116	DIGRE Agathe Røa Allianseidrettslag	U23 NOR 03 jan 2006	17:55.1	3:39.4	225.12
213	28	3427942	BAKKE Runa Myrslett Nordreisa IL	U23 NOR 06 feb 2005	17:56.5	3:40.8	226.43
214	55	3428131	KLEPPA Kristina Gjesdal IL	U23 NOR 24 okt 2006	17:56.8	3:41.1	226.71
215	80	3427012	HERAMB Liv Tone Sørskogbygda IL	U23 NOR 09 maj 2000	17:58.7	3:43.0	228.48
216	13	3427731	HULT Ida Ottestad IL	U23 NOR 09 jun 2004	17:59.4	3:43.7	229.14
217	31	3428025	KONGSHAUG Christina Haugen Byåsen IL	U23 NOR 01 jan 2006	18:01.3	3:45.6	230.92
	78	3427985	BERG Oda Elise Leksvik IL	U23 NOR 09 jan 2005	18:01.3	3:45.6	230.92
219	60	3427927	MOBRENNNA Elise Nes Ski	U23 NOR 16 feb 2005	18:05.0	3:49.3	234.37
220	14	3427433	VATTEN Jøri Surnadal IL	U23 NOR 23 jul 2002	18:05.1	3:49.4	234.47
221	35	3428170	CARLSEN Sofie Duus Heming IL	U23 NOR 04 jan 2006	18:06.0	3:50.3	235.31
222	167	3427633	SAGERUP-NORDKILD Vilde Kvaløysletta Ski	U23 NOR 21 aug 2003	18:06.9	3:51.2	236.15
223	30	3427804	BERG Tuva Frivold Røa Allianseidrettslag	U23 NOR 20 apr 2004	18:07.3	3:51.6	236.52
224	81	3428033	KLEVEN Martine Hoel Ottestad IL	U23 NOR 09 jun 2006	18:09.5	3:53.8	238.58
225	70	3427978	SAND Alexandra Gaddass Strindheim IL	U23 NOR 30 maj 2005	18:11.0	3:55.3	239.98
226	116	3425851	SKJERSTAD Emma Kristine Nittedal IL	NOR 03 jul 1990	18:11.9	3:56.2	240.83

NM 5 O 10 KM

Tolga (NOR)



kvinner 5 km Interval Start Classic

30-03-2023

Start Time: 11:02

Results

RANK	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	FINISH TIME	BEHIND	FIS POINTS
227	83	3428000	SKJERVE Mia Markabygda IL	U23 NOR 30 jun 2005	18:13.3	3:57.6	242.13
228	65	3427943	HOLSTRØM Johanna Luytkis Fossum IF	U23 NOR 05 mar 2005	18:14.7	3:59.0	243.44
229	42	3427900	ROLAND Kristin IL Skrim	U23 NOR 27 mar 2005	18:15.2	3:59.5	243.91
230	33	3427862	ERIKSEN Jenny Axisa Andebu IL	U23 NOR 04 apr 2005	18:17.5	4:01.8	246.06
231	68	3428109	SANDSDALEN Jenny Hoel Rustad IL	U23 NOR 25 mar 2006	18:17.7	4:02.0	246.25
232	16	3427895	GEDERAAS Linnea Hansen Skjelstadmark IL	U23 NOR 16 jan 2005	18:18.6	4:02.9	247.09
233	71	3428032	GANGÅS Eir Elise Røstelién Moelven IL	U23 NOR 24 okt 2006	18:25.7	4:10.0	253.73
234	29	3427923	KOFOED-STEEN Amalie Oppegård IL	U23 NOR 03 jul 2005	18:27.1	4:11.4	255.04
235	11	3427983	KULSETÅS Katja Strindheim IL	U23 NOR 18 jan 2004	18:30.7	4:15.0	258.40
236	49	3427876	BJERREGÅRD Sofie Granskogen Raufoss IL Langrenn	U23 NOR 25 apr 2005	18:31.2	4:15.5	258.87
237	93	3427886	EVENHUS Anniken IL Aasguten	U23 NOR 25 jul 2005	18:49.5	4:33.8	275.98
238	46	3427891	BJØRKENG Fredrikke Baglo Leirådal IL	U23 NOR 13 sep 2005	18:50.3	4:34.6	276.73
239	32	3428064	HØNTORP Malin Oppegård IL	U23 NOR 05 jan 2006	18:52.6	4:36.9	278.88
240	21	3427632	JENSEN Jensine Vangberg Innstranda IL	U23 NOR 08 mar 2003	18:56.9	4:41.2	282.90
241	58	3427882	KJELDSBERG Iselin Stangstuen Vind IL	U23 NOR 15 sep 2005	18:58.2	4:42.5	284.11
242	25	3428021	KRISTIANSEN Nora Vågø Klæbu IL	U23 NOR 20 mar 2006	19:02.2	4:46.5	287.85
243	50	3427996	HUSTVEDT Ane Rustad IL	U23 NOR 27 feb 2005	19:04.9	4:49.2	290.38
244	63	3427781	MOSTRAUM Marie Osterøy IL	U23 NOR 22 feb 2004	19:06.4	4:50.7	291.78
245	27	3427848	VIKA Marie Hjørungdal Hjelmeland IL - ski	U23 NOR 07 aug 2005	19:09.5	4:53.8	294.68
246	39	3427860	WINBERG Ine Bjaadal Stathelle og Omegn IL	U23 NOR 11 sep 2005	19:16.1	5:00.4	300.85
247	26	3427845	SÆTER Oda Byåsen IL	U23 NOR 13 jun 2005	19:17.3	5:01.6	301.97
248	104	3427930	SVEEN Marie Svendby Fet SK	U23 NOR 01 dec 2005	19:21.6	5:05.9	305.99
249	15	3427887	AUNVIK Amanda Wognild Lånke IL	U23 NOR 04 jun 2005	19:25.0	5:09.3	309.17

NM 5 O 10 KM

Tolga (NOR)



kvinner 5 km Interval Start Classic

30-03-2023

Start Time: 11:02

Results

RANK	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	FINISH TIME	BEHIND	FIS POINTS
250	18	3428069	LYNGHAMMAR Liva Hakadal IL	U23 NOR 05 maj 2006	19:32.9	5:17.2	316.55
251	34	3427988	ANDBERG Eva Helene Rustad IL	U23 NOR 26 jun 2005	20:43.9	6:28.2	382.93
252	23	3428061	SOLBERG Julie Nordahl Trøsken IL	U23 NOR 25 dec 2006	20:44.1	6:28.4	383.12
253	19	3428024	RABBEN Selma Sunde Strindheim IL	U23 NOR 24 apr 2006	20:53.5	6:37.8	391.91
254	17	3428050	LANGSÆTER Marte Elisabeth Lillegraven Trøsken IL	U23 NOR 11 nov 2006	21:57.5	7:41.8	451.74

NM 5 O 10 KM

Tolga (NOR)



kvinner 5 km Interval Start Classic

30-03-2023

Start Time: 11:02

Results

RANK	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	FINISH TIME	BEHIND	FIS POINTS
Did not start							
12	3428023		STOKKE Guro Mikkelsen Tynset IF	U23 NOR 15 okt 2006			
24	3428100		SKRINDO Maria Seierstad Lyn Ski	U23 NOR 05 jul 2006			
38	3428078		STEENSEN Iselin Oppegård IL	U23 NOR 28 jan 2006			
45	3428077		SANDERS Angelina Kristina Haslum IL	U23 NOR 02 jun 2006			
53	3427899		BRUNVATNE Julie Førli IL Skrim	U23 NOR 07 feb 2005			
72	3428067		LANGMOEN Kaja Sommer Fossum IF	U23 NOR 18 dec 2006			
77	3427719		STAVRUM Tiril Alexandersen Lommedalens IL	U23 NOR 04 sep 2004			
94	3428130		HETLELID Karoline Kvalvåg Hjelmeland IL - ski	U23 NOR 14 jul 2006			
109	3427455		TVEIT Hedda Fevang Utleira IL	U23 NOR 31 aug 2003			
139	3427048		SVENDSBY Martine Eldre Lillehammer Skiklub	U23 NOR 19 maj 2001			
141	3427527		HEGDAHL Nora Amalie Steinkjer SK	U23 NOR 30 jan 2003			
146	3427391		SEIERSTAD Janne Ballangrud Raufoss IL Langrenn	U23 NOR 06 jan 2002			
155	3427620		MARTINSEN Helene Fana IL	U23 NOR 18 jan 2003			
159	3427712		SKJOLD Ida Lockert Åsen IL	U23 NOR 24 nov 2004			
173	3427398		HEGGEN Anna Svea Skilag	U23 NOR 08 aug 2002			
191	3427401		SUNDGAARD Sigrid Jøranli Søre Ål IL	U23 NOR 04 okt 2002			
198	3427397		FOSSUM-BJØRGE Mathilde Lillehammer Skiklub	U23 NOR 12 nov 2002			
205	3425669		KALVÅ Anne Kjersti Lundamo IL	NOR 05 jun 1992			
212	3427666		AMUNDSEN Mabel Ovedie Herskedal Byaasen Skiklub	U23 NOR 18 jul 2003			
230	3427793		VERDENIUS Andrea Sæther Tolga IL	U23 NOR 19 jun 2004			
233	3425499		WENG Heidi Bul IL	NOR 20 jul 1991			
284	3426811		ROFSTAD Hanne Wilberg Byåsen IL	U23 NOR 08 apr 2000			

NM 5 O 10 KM

Tolga (NOR)



kvinner 5 km Interval Start Classic

30-03-2023

Start Time: 11:02

Results

RANK	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	FINISH TIME	BEHIND	FIS POINTS
Did not finish							
	36	3428083	BERGET Johanne Gylthe Vang SKF	U23 NOR 06 sep 2006			
	47	3428126	ØVERENG Elise Bredesen Mosjøen IL	U23 NOR 17 mar 2006			
	56	3428154	VARSI Julia Voss IL	U23 NOR 02 jul 2005			

Weather	Snow Condition	Temperatures		Participants/Nation					
		Air	Snow	Entries	Ranked	DNS	DNF	DSQ	LAP
				279/ 1	254/ 1	22/ 1	3/ 1	0/ 0	0/ 0

Technical Delegate:	Race Secretary:
ELMQVIST Magnus (SWE)	MOEN Astrid (NOR)

LEGEND	= Shared Rank	DNS	Did not start	DNF	Did not finish	DSQ	Disqualified	LAP	Lapped	RAL	Ranked last
--------	---------------	-----	---------------	-----	----------------	-----	--------------	-----	--------	-----	-------------

NM 5 O 10 KM

Tolga (NOR)



menn 10 km Interval Start Classic

30-03-2023

Start Time: 13:30

Results

Jury Information				Course Information			
Technical Delegate	ELMQVIST Magnus	SWE	Name:	Menn			
Assistant Technical Delegate	KVÅLE Hans Jørgen	NOR	Height Difference (HD):	79 m			
Chief of Competition	NORDVANG Anne Berit	NOR	Maximum Climb (MC)	31 m			
Assistant TD Nat.	HUSBY Erik	NOR	Total Climb (TC):	177 m			
			Length of Lap:	5,3 km			
			Number of Laps:	2			

RK.	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	2,1 km Time Rank	5,0 km Time Rank	7,1 km Time Rank	FINISH TIME	BEHIND	FIS POINTS
1	476	3422819	KLÆBO Johannes Høvsflot Byåsen IL	NOR 22 okt 1996	5:51.1 13	12:49.4 2	18:41.8 1	25:47.5	0.0	20.00
2	424	3421779	KRÜGER Simen Hegstad Lyn Ski	NOR 13 mar 1993	5:41.7 3	12:44.3 1	18:51.6 2	26:13.2	25.7	33.29
3	396	3421845	GUNNULFSEN Mikael Ørn IF	NOR 25 mar 1993	5:41.3 2	12:54.7 4	19:09.3 3	26:25.1	37.6	39.44
4	448	3423782	MOSEBY Håvard Kjelsås IL	NOR 28 jul 1999	5:46.8 8	13:01.4 6	19:13.7 4	26:35.8	48.3	44.97
5	404	3421269	STOCK Daniel Vadsø SK	NOR 16 sep 1992	5:55.5 35	13:04.7 12	19:21.0 8	26:36.7	49.2	45.43
6	364	3424235	ANDERSEN Iver Tildheim Rustad IL	NOR 29 sep 2000	5:50.3 10	13:03.7 9	19:16.4 6	26:37.4	49.9	45.80
7	420	3424227	THORVIK David Kjelsås IL	NOR 06 apr 2000	5:51.3 14	13:04.0 10	19:22.9 9	26:40.0	52.5	47.14
8	384	3424534	HJELMESET Lars Agnar Gjelleråsen IF	NOR 18 aug 2001	5:42.7 4	12:54.4 3	19:14.6 5	26:43.4	55.9	48.90
9	440	3421164	SKAR Sindre Bjørnstad Bærums Verk Hauger IF	NOR 22 jan 1992	5:50.8 12	13:04.2 11	19:24.6 10	26:44.8	57.3	49.62
10	363	3423627	SKAANES Håkon Strindheim IL	NOR 01 sep 1999	5:59.3 46	13:19.2 30	19:32.0 14	26:46.6	59.1	50.55
11	392	3422613	JENSSEN Jan Thomas Hommelvik IL	NOR 01 apr 1996	5:39.5 1	13:03.1 8	19:26.4 11	26:47.2	59.7	50.86
12	400	3424663	SANDVIK Edvard Kjelsås IL	NOR 25 okt 2001	5:56.4 37	13:08.6 14	19:31.0 13	26:48.1	1:00.6	51.33
13	452	3422712	DØNNESTAD Henrik Gulset IF	NOR 12 okt 1996	5:46.6 7	13:01.2 5	19:20.8 7	26:52.3	1:04.8	53.50
14	376	3422021	TJELLE Johan Lyn Ski	NOR 20 maj 1994	5:52.7 21	13:06.2 13	19:28.9 12	26:55.8	1:08.3	55.31
15	436	3421154	NYENGET Martin Løvstrøm Lillehammer Skiklub	NOR 01 apr 1992	5:46.4 6	13:03.0 7	19:37.8 15	27:00.0	1:12.5	57.48
16	379	3423482	MYHRE Simen Heming IL	NOR 15 aug 1998	5:52.5 20	13:11.7 19	19:43.2 19	27:02.9	1:15.4	58.98
	388	3421849	MYSEN Eirik Oseberg Skilag	NOR 06 maj 1993	5:54.1 29	13:11.2 18	19:41.0 17	27:02.9	1:15.4	58.98
18	463	8420837	HEGGEN Lars Harestua IL	NOR 17 jul 2005	6:01.4 52	13:18.9 29	19:44.8 21	27:11.7	1:24.2	63.53
19	468	3424690	VIKA Jonas MjøsSki	NOR 12 maj 2001	5:54.7 30	13:17.3 24	19:41.9 18	27:12.1	1:24.6	63.74

NM 5 O 10 KM

Tolga (NOR)



menn 10 km Interval Start Classic

30-03-2023

Start Time: 13:30

Results

RK.	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	2,1 km Time Rank	5,0 km Time Rank	7,1 km Time Rank	FINISH TIME	BEHIND	FIS POINTS
20	415	3424513	AAKERVIK Espen Fet SK	NOR 19 apr 2001	5:51.9 16	13:22.1 36	19:55.3 34	27:15.3	1:27.8	65.39
	480	3424190	KORSÆTH Amund August Trøsken IL	NOR 18 maj 2000	5:53.3 23	13:13.4 20	19:44.3 20	27:15.3	1:27.8	65.39
22	391	3422498	GRØNFLATEN Sindre Fjellørnen IL	NOR 04 apr 1995	5:51.4 15	13:16.9 23	19:40.0 16	27:17.1	1:29.6	66.32
23	407	3424067	MICHELTEN Even Solem Byåsen IL	NOR 27 mar 2000	5:44.2 5	13:09.1 15	19:51.0 29	27:18.2	1:30.7	66.89
24	472	3423258	RAMSE Sondre Skomedal Otra IL	NOR 08 mar 1998	5:55.6 36	13:24.7 40	19:49.1 26	27:19.2	1:31.7	67.41
25	402	8420512	AAKERVIK Daniel Fet SK	NOR 13 feb 2004	6:06.9 76	13:35.5 58	19:54.7 32	27:19.8	1:32.3	67.72
	416	3422186	TURTVEIT Vebjørn Voss IL	NOR 12 aug 1994	5:53.4 24	13:18.8 27	19:55.9 35	27:19.8	1:32.3	67.72
27	479	3422651	KVISLE Erlend Asker SK	NOR 28 mar 1996	5:53.6 25	13:18.9 28	19:46.1 23	27:22.4	1:34.9	69.06
28	403	3423235	BUVARP Martin Julian Byåsen IL	NOR 08 aug 1998	6:04.8 66	13:19.4 31	19:49.2 27	27:23.3	1:35.8	69.53
29	394	3423986	BJØRTOMT Johan Heni Olsen Gjerdrum IL	NOR 14 apr 1999	6:00.6 49	13:24.1 38	19:55.2 33	27:23.6	1:36.1	69.68
30	371	3423008	MARTENS MEYER Herman Åsen IL	NOR 12 jan 1997	6:12.4 113	13:39.4 65	20:04.1 42	27:25.1	1:37.6	70.46
31	408	3424611	MØRK Martin Kirkeberg Drammens Ballklubb	NOR 16 jan 2001	5:53.8 26	13:25.5 43	19:50.6 28	27:25.2	1:37.7	70.51
32	375	3420961	KROGH Finn-Hågen Tverrelvdalen IL	NOR 06 sep 1990	5:59.4 47	13:21.3 34	19:54.2 31	27:25.3	1:37.8	70.56
33	428	3423264	AMUNDSEN Harald Østberg Asker SK	NOR 18 sep 1998	5:49.0 9	13:10.7 17	19:47.9 25	27:25.9	1:38.4	70.87
34	399	8420323	MOLLESTAD Thomas Linnebo Oddersjaa SSK	NOR 18 jan 2003	5:59.0 43	13:24.7 41	19:47.4 24	27:28.8	1:41.3	72.37
35	439	3423375	HOÅS Geir Kristian Lånke IL	NOR 25 nov 1998	5:52.8 22	13:18.3 26	19:46.0 22	27:30.9	1:43.4	73.45
	447	3424223	JOHANSEN Iver Wang Kjelsås IL	NOR 18 feb 2000	5:59.0 42	13:19.5 32	19:55.9 36	27:30.9	1:43.4	73.45
37	451	3423660	JOHANSEN Sivert Leander Drammens Ballklubb	NOR 04 dec 1999	5:57.3 38	13:21.4 35	19:57.3 37	27:34.6	1:47.1	75.37
38	464	3422115	TEFRE Gjørn Holstad Førde IL	NOR 25 nov 1994	5:52.2 17	13:24.1 39	20:01.4 40	27:39.3	1:51.8	77.80
39	432	3422263	KVÅLE Gaute Røldal IL	NOR 18 mar 1995	5:58.6 41	13:28.0 45	20:04.4 43	27:40.2	1:52.7	78.26
40	380	3390167	ALEV Alvar Johannes Heming IL	EST 29 sep 1993	6:01.7 54	13:28.0 46	20:02.7 41	27:40.8	1:53.3	78.57
41	460	3422028	HAGA Magne Åsen IL	NOR 14 sep 1994	6:00.7 50	13:28.2 47	20:05.2 45	27:41.7	1:54.2	79.04
42	368	3423371	SIVERTSGÅRD Vegard Tydal IL	NOR 01 mar 1998	5:53.8 27	13:16.4 22	19:51.9 30	27:43.5	1:56.0	79.97

NM 5 O 10 KM

Tolga (NOR)



menn 10 km Interval Start Classic

30-03-2023

Start Time: 13:30

Results

RK.	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	2,1 km Time Rank	5,0 km Time Rank	7,1 km Time Rank	FINISH TIME	BEHIND	FIS POINTS
	474	8420096	DUKSTAD Daniel Voss IL	NOR 02 jan 2002	6:12.9 116	13:42.1 74	20:07.6 47	27:43.5	1:56.0	79.97
44	418	3424944	SPIGSETH Ola Nes Ski	NOR 18 aug 2002	5:55.2 33	13:23.6 37	20:09.0 48	27:44.7	1:57.2	80.59
45	446	3422795	RAMSTAD Simen Christopher Bratberg Vind IL	NOR 26 aug 1996	6:06.4 74	13:32.3 53	20:15.1 54	27:45.3	1:57.8	80.90
46	470	3424893	HOLMBOE Aleksander Elde Bærums Verk Hauger IF	NOR 08 mar 2002	6:10.3 98	13:28.9 49	20:12.4 51	27:47.5	2:00.0	82.04
47	422	3423006	HOEL Amund Åsen IL	NOR 17 jul 1997	5:54.8 31	13:20.3 33	20:12.7 52	27:48.0	2:00.5	82.29
48	383	3424846	HORVEN Preben Bossmo og Ytteren IL	NOR 28 jan 2002	5:52.3 19	13:15.5 21	20:01.1 39	27:48.1	2:00.6	82.35
49	456	3424373	REE Andreas Fjorden Støren Sportsklubb	NOR 16 apr 2000	6:03.6 62	13:33.3 55	20:11.3 49	27:48.6	2:01.1	82.60
50	443	8420077	BJERTNÆS Bjarte Jevnaker IF Ski	NOR 19 jan 2002	6:04.9 67	13:30.7 51	20:17.6 55	27:50.3	2:02.8	83.48
51	431	3424640	INGEBRIGTSEN Edvin Bratsberg IL	NOR 24 jan 2001	6:10.2 97	13:40.8 68	20:18.9 56	27:51.7	2:04.2	84.21
52	372	3424466	VESTAD Karsten Andre Molde og Omegn IF	NOR 23 jan 2001	6:06.4 73	13:28.2 48	20:04.7 44	27:52.3	2:04.8	84.52
53	478	3424840	SCHJØLBERG Jørgen Tynset IF	NOR 29 nov 2002	6:01.2 51	13:38.7 64	20:14.0 53	27:54.9	2:07.4	85.86
54	412	3422619	VALNES Erik Bardufoss og Omegn IF	NOR 19 apr 1996	5:52.2 18	13:17.5 25	20:00.7 38	27:55.5	2:08.0	86.17
55	386	3422477	NORTHUG Even Strindheim IL	NOR 26 sep 1995	6:09.5 87	13:40.6 67	20:11.3 50	28:00.1	2:12.6	88.55
56	455	3423853	HÅBREKKE Magnus Øyaas Byåsen IL	NOR 04 mar 1999	6:21.2 161	13:50.6 92	20:28.7 66	28:00.7	2:13.2	88.86
57	303	3424828	WEBJØRNSSEN Henrik Bøyum Rustad IL	NOR 16 okt 2002	6:06.7 75	13:43.4 78	20:19.2 57	28:03.5	2:16.0	90.31
58	414	3423894	KVISLE Sjur Asker SK	NOR 28 aug 1999	6:07.3 78	13:46.5 84	20:25.7 63	28:03.8	2:16.3	90.46
59	471	3423534	HOPE Jon Rolf Skamo Hyen IL	NOR 17 feb 1998	6:08.5 84	13:32.1 52	20:23.0 61	28:05.7	2:18.2	91.44
60	466	3424241	NICOLAISEN Erik Senja Ski	NOR 19 jun 2000	5:58.5 40	13:37.0 62	20:20.0 58	28:06.4	2:18.9	91.81
61	367	3424094	LIAN Magnus Harr Klæbu IL	NOR 20 sep 2000	6:04.8 65	13:29.9 50	20:21.0 60	28:07.8	2:20.3	92.53
62	360	3424656	GUNDERSEN Birk Møller Lyn Ski	NOR 07 jul 2001	6:03.5 61	13:48.3 87	20:28.9 68	28:10.7	2:23.2	94.03
63	3	3421685	ASDØL Eirik IL Jardar	NOR 23 jan 1993	6:05.7 69	13:46.1 83	20:35.1 77	28:12.8	2:25.3	95.11
64	395	3423629	BERSET Kristoffer Strindheim IL	NOR 20 jan 1999	5:57.5 39	13:36.4 60	20:26.2 64	28:13.7	2:26.2	95.58
65	324	3424509	FODSTAD Fredrik Gerardo Lillehammer Skiklub	COL 07 jan 2001	6:03.1 58	13:37.0 61	20:35.8 79	28:15.2	2:27.7	96.36

NM 5 O 10 KM

Tolga (NOR)

menn 10 km Interval Start Classic

30-03-2023

Start Time: 13:30

Results

RK.	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	2,1 km Time Rank	5,0 km Time Rank	7,1 km Time Rank	FINISH TIME	BEHIND	FIS POINTS
66	454	8420785	AAREKOL Tobias Vindafjord IL	NOR 18 jun 2004	6:11.7 110	13:59.4 113	20:41.4 89	28:15.5	2:28.0	96.51
67	435	3424337	MYHR Petter Bygdø IL	NOR 05 mar 2000	6:05.7 70	13:43.7 79	20:20.5 59	28:15.8	2:28.3	96.67
68	358	3424922	HAMMERSTAD Brage Buseth Haslum IL	NOR 01 apr 2002	6:08.1 83	13:43.2 76	20:30.7 72	28:16.5	2:29.0	97.03
69	423	8420797	GRINDHAGEN Casper Kvam Byaasen Skiklub	NOR 16 apr 2004	5:50.3 10	13:09.8 16	20:07.5 46	28:16.8	2:29.3	97.18
70	365	3190437	LAUDE Camille Bernard Olivier Bygdø IL	FRA 08 maj 1998	6:10.0 95	13:47.5 86	20:24.8 62	28:17.3	2:29.8	97.44
71	374	3424556	BRUSTAD Herman Gui Sportsklubb	NOR 22 maj 2001	6:14.3 126	13:41.3 69	20:31.8 74	28:17.8	2:30.3	97.70
72	406	3423749	RYSSTAD Aron Åkre Vålle IL	NOR 11 apr 1999	6:13.3 118	13:55.3 104	20:41.4 90	28:18.4	2:30.9	98.01
73	8	3421420	NYDAL Erlend Asker SK	NOR 05 nov 1992	6:05.0 68	13:41.9 73	20:26.7 65	28:19.0	2:31.5	98.32
74	475	8420246	HOLBÆK Mathias Il Vindbjart	NOR 28 mar 2003	6:04.2 64	13:26.6 44	20:30.9 73	28:19.1	2:31.6	98.37
75	311	3423410	BRU-HEMINGBY Aksel Heming IL	NOR 21 apr 1998	6:08.1 82	13:43.8 81	20:35.7 78	28:19.4	2:31.9	98.53
76	313	8420886	HERMANSEN Andreas Vang SKF	NOR 22 feb 2005	6:03.0 57	13:44.2 82	20:39.0 85	28:22.9	2:35.4	100.34
	450	3424104	EITERJORD Nikolai Solem Innstranda IL	NOR 26 feb 2000	6:06.2 71	13:39.6 66	20:30.7 71	28:22.9	2:35.4	100.34
78	354	8420470	HOLE Iver Synstnes Åndalsnes IF	NOR 06 sep 2003	6:13.5 119	13:50.9 94	20:28.8 67	28:24.1	2:36.6	100.96
79	411	8420708	BJERTNÆS Lars Michael Saab Njård	NOR 21 jan 2004	5:54.9 32	13:33.2 54	20:36.2 81	28:24.6	2:37.1	101.21
80	373	3424694	GAUTVIK Mikkel Waldeland Molde og Omegn IF	NOR 25 mar 2001	6:11.6 109	13:50.8 93	20:46.8 95	28:25.0	2:37.5	101.42
81	426	3423503	SØRENSEN Lars Rustad IL	NOR 26 feb 1998	6:10.7 102	13:41.8 72	20:30.7 70	28:26.9	2:39.4	102.40
82	398	3423502	HÆGELAND Tor Olav Nesheim Rustad IL	NOR 12 apr 1998	5:59.3 45	13:35.3 56	20:33.1 76	28:29.4	2:41.9	103.70
83	385	8420533	OLSEN Jardar Alta IF	NOR 20 maj 2004	6:11.3 107	13:56.1 105	20:37.8 83	28:30.1	2:42.6	104.06
84	382	3424685	JENSSEN Matz William Njård	NOR 02 mar 2001	6:03.3 60	13:35.9 59	20:35.8 80	28:31.0	2:43.5	104.52
85	348	3422986	AASBØ Jonas Surnadal IL	NOR 10 aug 1997	6:11.1 106	13:52.1 97	20:49.5 98	28:32.2	2:44.7	105.14
86	362	3424540	SEDENIUSSEN Magnus Nikolai Lyn Ski	NOR 29 dec 2001	6:10.8 104	13:46.6 85	20:36.7 82	28:32.7	2:45.2	105.40
87	335	8420907	HAUGNES Birk Oppegård IL	NOR 17 sep 2005	6:02.9 56	13:43.4 77	20:32.2 75	28:34.5	2:47.0	106.33
88	351	3423718	VESTERÅS Marius Viken Varde IL	NOR 10 okt 1999	6:19.1 149	14:17.9 164	20:53.7 106	28:36.1	2:48.6	107.16

NM 5 O 10 KM

Tolga (NOR)



menn 10 km Interval Start Classic

30-03-2023

Start Time: 13:30

Results

RK.	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	2,1 km Time Rank	5,0 km Time Rank	7,1 km Time Rank	FINISH TIME	BEHIND	FIS POINTS
89	370	3423274	HUSDAL Henrik Bækkelaget SK	NOR 29 aug 1998	6:09.5 88	13:51.8 96	20:43.4 92	28:36.9	2:49.4	107.57
90	5	8420198	FREY Isak Leknes Bærums Skiklub	NOR 28 aug 2003	5:59.1 44	13:43.7 79	20:29.9 69	28:38.1	2:50.6	108.19
91	419	3423192	FOSSE Erling Fagerbakke Voss IL	NOR 06 mar 1997	5:54.0 28	13:25.3 42	20:40.8 87	28:38.3	2:50.8	108.30
92	366	8421010	RYGG Peder Byaasen Skiklub	NOR 13 feb 2004	6:11.0 105	13:56.5 106	20:42.4 91	28:40.0	2:52.5	109.18
93	462	3422358	ARNESEN Harald Astrup Heming IL	NOR 24 apr 1995	6:07.8 80	13:35.4 57	20:37.8 84	28:40.8	2:53.3	109.59
94	356	3424879	SKJOLD Oskar Lockert Åsen IL	NOR 17 dec 2002	6:16.6 135	14:07.2 134	20:57.4 109	28:43.0	2:55.5	110.73
95	421	8420519	BJØRNSTAD Erling Alta IF	NOR 20 maj 2004	6:10.3 98	13:48.6 88	20:45.0 94	28:43.3	2:55.8	110.88
96	331	8421088	FUGELSØY Olav Surnadal IL	NOR 20 aug 2006	6:08.5 85	13:52.9 98	20:49.9 100	28:43.8	2:56.3	111.14
97	469	3424641	OPSAI Mats Mjøeski	NOR 21 mar 2001	6:04.1 63	13:43.2 75	20:40.8 88	28:45.0	2:57.5	111.76
98	345	8420751	MELDALEN Marius Rustad IL	NOR 04 jun 2004	6:10.5 101	13:59.1 110	20:52.6 105	28:46.1	2:58.6	112.33
99	361	3424499	EK Jens Marcus Dyrberg Bærums Verk Hauger IF	NOR 22 maj 2001	6:22.1 172	13:49.7 91	20:51.0 102	28:46.4	2:58.9	112.48
100	410	3424484	BERGSLAND Andreas Trøsken IL	NOR 15 apr 2001	6:09.5 89	14:00.4 117	20:50.2 101	28:48.6	3:01.1	113.62
101	437	8420808	PEDERSEN Storm Haugenes Hovden Sportsklubb	NOR 25 jul 2005	6:21.4 164	13:59.3 112	20:49.1 97	28:49.3	3:01.8	113.98
102	304	8421146	KIRKENG Kristian Idrettslaget Ros	NOR 12 okt 2006	6:17.3 136	13:59.2 111	20:49.5 99	28:50.4	3:02.9	114.55
103	339	3423084	SKINSTAD Mårten Soleng Vind IL	NOR 18 apr 1997	6:03.3 59	13:49.6 90	20:44.2 93	28:50.5	3:03.0	114.60
104	9	8420874	STRINDEBERG Herman Peder Drammen Strong	NOR 19 feb 2004	6:18.7 143	14:12.6 148	21:06.9 126	28:50.7	3:03.2	114.71
105	328	3424998	HAUGAN Armann Saastad Lyn Ski	NOR 18 jan 2002	6:24.0 179	14:04.9 126	20:59.6 112	28:51.3	3:03.8	115.02
106	397	8420163	LUTNÆS Tørres Rustad IL	NOR 05 dec 2003	6:11.3 108	13:49.4 89	20:39.5 86	28:54.4	3:06.9	116.62
107	442	8420317	BLOM Thomas Imås IL	NOR 29 aug 2003	6:10.5 100	13:56.8 107	21:01.6 119	28:54.5	3:07.0	116.67
108	465	8420651	ENGDAHL Linus Torvikbukt IL	NOR 16 feb 2004	6:12.0 112	13:53.9 102	21:00.3 114	28:54.8	3:07.3	116.83
109	243	3424866	WIST Henrik Valør Byaasen Skiklub	NOR 27 okt 2002	6:09.6 92	14:04.1 123	20:59.7 113	28:55.5	3:08.0	117.19
110	409	8420941	STENSRUD Simen Gløggård Nittedal IL	NOR 22 jan 2005	6:13.6 121	14:02.7 121	20:48.7 96	28:56.1	3:08.6	117.50
111	334	8420786	RØED Niels Olav Kjetså Otra IL	NOR 03 nov 2004	6:19.1 148	14:07.7 138	20:57.3 108	28:58.0	3:10.5	118.48

NM 5 O 10 KM

Tolga (NOR)



menn 10 km Interval Start Classic

30-03-2023

Start Time: 13:30

Results

RK.	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	2,1 km Time Rank	5,0 km Time Rank	7,1 km Time Rank	FINISH TIME	BEHIND	FIS POINTS
112	336	8420781	PÅLSSON Niklas Ekeberg Hovden Sportsklubb	NOR 03 apr 2004	6:14.4 127	14:05.2 127	21:01.6 118	28:59.1	3:11.6	119.05
	343	3424193	HOLT Filip Glittenberg Nes Ski	NOR 25 jul 2000	6:24.2 183	14:07.9 139	21:08.0 131	28:59.1	3:11.6	119.05
114	315	3423995	STIGEN Jørgen Hamar SK	NOR 31 maj 1999	6:20.9 159	14:06.1 131	21:06.0 125	29:00.5	3:13.0	119.77
	318	3422669	VOLLSET Kristoffer By NTNUI	NOR 19 feb 1996	6:12.4 114	14:05.4 129	21:07.2 129	29:00.5	3:13.0	119.77
116	273	8421128	HARBO Torjus Magnus Fossum IF	NOR 27 jan 2006	6:13.1 117	14:04.3 124	20:56.4 107	29:01.1	3:13.6	120.08
117	346	8420422	SKILDHEIM Vetle Arder Tromsø SK	NOR 07 okt 2003	6:01.6 53	13:51.6 95	20:59.5 111	29:01.2	3:13.7	120.14
118	461	8420360	LINDBY Gard Røa Allianseidrettslag	NOR 29 dec 2003	6:09.6 91	13:57.2 108	21:01.0 117	29:01.5	3:14.0	120.29
119	349	8420749	NYMARK-VEUM Ola Heming IL	NOR 14 maj 2004	6:21.9 171	14:13.5 151	21:09.8 135	29:02.2	3:14.7	120.65
120	294	8421239	AMUNDSEN Emil Konnerud IL	NOR 06 maj 2006	6:21.1 160	14:06.0 130	21:05.4 123	29:02.4	3:14.9	120.76
121	438	3424181	FRIDLUND Jonas Hammelow Lillehammer Skiklub	NOR 31 mar 2000	6:16.0 131	14:00.2 116	21:08.1 132	29:02.8	3:15.3	120.96
122	280	8420474	SKAANES Morten Strindheim IL	NOR 12 nov 2003	6:09.4 86	14:16.9 159	21:13.4 138	29:03.1	3:15.6	121.12
123	314	8420696	GRØSLAND Jonas Johansen Drammen Strong	NOR 05 maj 2004	6:14.6 128	14:07.3 136	20:59.5 110	29:04.6	3:17.1	121.89
	429	8420935	SKARI Filip Nittedal IL	NOR 06 feb 2005	6:13.9 123	13:54.2 103	20:52.0 103	29:04.6	3:17.1	121.89
125	357	3424892	HOLMBOE Nikolai Elde Bærums Verk Hauger IF	NOR 08 mar 2002	6:11.9 111	13:52.9 99	21:00.5 116	29:08.1	3:20.6	123.70
126	427	3423669	ØHLSCHLÄGEL Albert Sunde Lillehammer Skiklub	NOR 17 jul 1999	6:20.3 158	14:07.5 137	21:07.2 128	29:10.6	3:23.1	125.00
127	323	3201198	RÜGER Christoffer Gulset IF	GER 05 aug 2006	6:20.0 157	14:13.5 150	21:04.9 121	29:10.7	3:23.2	125.05
128	309	8420404	LØSETH Olve Buvik IL	NOR 05 mar 2003	6:10.0 96	13:53.9 101	21:00.5 115	29:13.1	3:25.6	126.29
	347	3423430	MYKLEMYR Vegard Bromma IL	NOR 09 maj 1998	6:06.3 72	14:01.8 119	21:05.6 124	29:13.1	3:25.6	126.29
130	353	8420878	FOSSHOLM Simen Eiker SK	NOR 13 mar 2005	6:17.9 138	14:07.3 135	21:03.4 120	29:13.3	3:25.8	126.39
131	220	8420697	WIERSDALEN Marius Grønhovd Nedre Sigdal IF	NOR 26 okt 2004	6:30.3 229	14:35.7 218	21:28.7 162	29:14.5	3:27.0	127.01
132	381	8420699	THORESEN Tobias Dyrli Røa Allianseidrettslag	NOR 30 jun 2004	6:23.1 175	14:10.8 144	21:20.0 149	29:15.8	3:28.3	127.68
133	369	3422992	WIIG Sivert Gjesdal IL	NOR 21 aug 1997	6:00.2 48	13:38.1 63	20:52.1 104	29:16.5	3:29.0	128.05
134	445	8420984	MELBYE Mons Årvoll IL	NOR 21 feb 2005	6:16.5 134	13:53.2 100	21:11.7 137	29:17.4	3:29.9	128.51

NM 5 O 10 KM

Tolga (NOR)



menn 10 km Interval Start Classic

30-03-2023

Start Time: 13:30

Results

RK.	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	2,1 km Time Rank	5,0 km Time Rank	7,1 km Time Rank	FINISH TIME	BEHIND	FIS POINTS
135	317	8420210	LERØ Andreas Fossum IF	NOR 12 feb 2003	6:21.7 169	14:10.8 145	21:14.6 141	29:17.5	3:30.0	128.56
136	321	3424671	PEDERSEN Bendik Håland Rustad IL	NOR 26 feb 2001	6:22.5 174	14:07.0 132	21:15.2 142	29:19.6	3:32.1	129.65
137	378	8420388	TOLLEHAUG Per Ingvar Eiker SK	NOR 08 apr 2003	6:18.8 144	14:16.1 158	21:09.1 134	29:20.9	3:33.4	130.32
138	457	3424683	VIK Lars Young Njård	AUS 09 jan 2001	6:33.5 255	14:13.5 152	21:15.4 143	29:21.4	3:33.9	130.58
139	307	3423563	REINEMO Per Ivar Sølve Hamar SK	NOR 17 maj 1998	6:31.8 237	14:24.3 186	21:16.8 145	29:21.6	3:34.1	130.68
140	312	8420607	HOVDE August Gjøvik SK	NOR 27 jun 2004	6:14.0 125	13:59.5 114	21:05.0 122	29:22.6	3:35.1	131.20
141	299	3423931	SKOGVOLD Kristian Erling Gjerdrum IL	NOR 03 jan 1999	6:21.3 162	14:14.2 153	21:14.4 140	29:22.7	3:35.2	131.25
142	218	8420994	BORG Martin Christoffer Koll IL	NOR 03 sep 2005	6:19.9 156	14:09.5 142	21:09.0 133	29:23.9	3:36.4	131.87
143	282	8420866	JOHNSBORG Vemund Totsås Leksdal IL	NOR 02 jul 2005	6:18.9 146	14:15.4 155	21:21.3 150	29:26.0	3:38.5	132.96
144	289	3424407	HOV Eskil Kaupanger IL	NOR 04 feb 2000	6:21.7 168	14:12.5 146	21:17.9 147	29:27.2	3:39.7	133.58
145	281	8420707	GUNNERØD Daniel Henriksen Njård	NOR 19 jan 2004	6:13.5 120	14:10.6 143	21:13.9 139	29:27.4	3:39.9	133.68
146	390	3424614	HERLAND Kasper Andersson Hemsedal IL	NOR 08 maj 2001	6:07.8 81	13:58.8 109	21:15.6 144	29:29.3	3:41.8	134.66
147	449	3424877	SENDSTAD Øystein Åsen IL	NOR 18 sep 2001	6:10.7 103	14:02.2 120	21:17.1 146	29:30.4	3:42.9	135.23
148	433	3424082	SLETTEN Erlend Lindland Oddersjaa SSK	NOR 04 nov 2000	6:23.3 176	14:05.4 128	21:07.1 127	29:31.5	3:44.0	135.80
149	338	3424545	LUKA Eivind Gjerdrum IL	NOR 20 apr 2001	6:13.9 124	14:04.7 125	21:10.3 136	29:33.0	3:45.5	136.58
150	310	3424128	PEDERSEN Sondre Bjørkeng Nes Ski	NOR 15 jun 2000	6:21.6 167	14:23.3 182	21:27.7 160	29:35.1	3:47.6	137.66
151	291	8420167	JOHANSEN Philip Georg Trysil IL	NOR 01 sep 2003	6:24.1 182	14:15.8 157	21:25.9 157	29:35.2	3:47.7	137.71
152	177	3422228	BLIKRA Endre Strindheim IL	NOR 30 apr 1994	6:36.8 281	14:39.1 232	21:27.1 159	29:35.3	3:47.8	137.76
153	405	8420314	SÆLEN Robin Imås IL	NOR 09 jun 2003	6:19.6 153	14:17.9 163	21:26.3 158	29:35.6	3:48.1	137.92
154	306	8420928	ØFSTAAS Fredrik Flo Nittedal IL	NOR 09 feb 2005	6:24.0 180	14:21.2 173	21:28.9 163	29:35.9	3:48.4	138.07
155	477	3424637	FISKVIK Kristoffer Jullum IL Varden Meråker	NOR 07 maj 2001	6:24.9 188	14:21.1 172	21:23.5 152	29:37.0	3:49.5	138.64
156	296	3423641	BØGEBERG Christian Tobias Ranheim SK	NOR 02 sep 1999	6:26.9 200	14:18.8 166	21:35.7 170	29:37.1	3:49.6	138.69
157	256	8420721	ENGEN Henrik Grøttum Røa Alliansedrettslag	NOR 19 jun 2004	6:26.0 197	14:19.1 167	21:34.0 169	29:37.8	3:50.3	139.06

NM 5 O 10 KM

Tolga (NOR)



menn 10 km Interval Start Classic

30-03-2023

Start Time: 13:30

Results

RK.	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	2,1 km Time Rank	5,0 km Time Rank	7,1 km Time Rank	FINISH TIME	BEHIND	FIS POINTS
158	387	8420175	NORDENG Johan Lien Alsvåg IL	NOR 02 sep 2003	5:55.4 34	13:41.8 71	21:07.8 130	29:38.0	3:50.5	139.16
159	287	3424221	AAS-JAKOBSEN Andreas Heming IL	NOR 10 maj 2000	6:21.3 162	14:24.3 187	21:24.3 155	29:39.9	3:52.4	140.14
160	174	3424454	ROGNES Bernt Emil Finserås Utleira IL	NOR 30 jan 2001	6:35.6 268	14:35.1 215	21:29.3 164	29:40.3	3:52.8	140.35
161	277	8420515	BADE Halvor Røise Øvrevoll Hosle IL	NOR 13 sep 2004	6:27.9 208	14:28.6 195	21:35.9 171	29:41.2	3:53.7	140.81
162	330	8420346	HÆGELAND Audun Nesheim Rustad IL	NOR 27 feb 2003	6:25.1 190	14:14.4 154	21:24.2 154	29:41.3	3:53.8	140.87
163	326	8420646	KÅSA Lars Olav Aspheim Gulset IF	NOR 26 apr 2004	6:33.9 257	14:36.7 223	21:31.4 167	29:41.6	3:54.1	141.02
164	42	8421293	FLEISCHER Håkon Hof IL	NOR 01 okt 2006	6:36.5 277	14:33.4 208	21:40.6 182	29:42.0	3:54.5	141.23
	441	3100500	GLEDHILL Gabriel Winston Lillehammer Skiklub	GBR 24 nov 2002	6:18.9 146	14:09.1 141	21:19.9 148	29:42.0	3:54.5	141.23
166	401	8420748	HAUKVIK-JENSEN Sander Årvoll IL	NOR 09 okt 2004	6:17.7 137	13:59.7 115	21:24.0 153	29:42.6	3:55.1	141.54
167	274	3423640	ANDERSSON Axel Ranheim SK	NOR 21 apr 1999	6:21.5 166	14:23.2 181	21:41.2 185	29:43.1	3:55.6	141.80
168	234	8420366	HANNESTAD Simon Salinas Kjelsås IL	NOR 31 dec 2003	6:29.1 220	14:33.0 206	21:37.8 175	29:43.3	3:55.8	141.90
169	284	3424717	MOSTRAUM Elias Osterøy IL	NOR 18 maj 2001	6:12.5 115	14:08.6 140	21:27.7 161	29:43.5	3:56.0	142.00
170	333	8420582	THORUD Alexander Birkebeineren IF	NOR 02 mar 2004	6:33.5 254	14:36.1 220	21:40.5 181	29:44.1	3:56.6	142.31
171	260	8420401	LINDERUD Even Hernes IL	NOR 28 apr 2003	6:28.8 216	14:23.8 184	21:44.6 192	29:45.4	3:57.9	142.99
172	298	8421018	NØSTDAL Tørres Bjelland Eid IL	NOR 18 feb 2005	6:18.6 142	14:16.9 160	21:31.4 166	29:47.2	3:59.7	143.92
173	173	8421194	HVATUM Jørgen Njård	NOR 30 dec 2006	6:15.5 130	14:22.4 178	21:31.2 165	29:47.7	4:00.2	144.17
	302	8420451	FLATAKER Amund Engesvold Hommelvik IL	NOR 19 jan 2003	6:19.5 152	14:22.8 179	21:33.3 168	29:47.7	4:00.2	144.17
175	217	8420409	FUGLEM Nils Ole Selbu IL	NOR 21 jan 2003	6:23.8 178	14:25.5 190	21:36.0 172	29:48.2	4:00.7	144.43
176	329	8420658	SIVERTSEN Johannes Leirådal IL	NOR 29 jul 2004	6:26.4 199	14:23.0 180	21:40.4 180	29:49.4	4:01.9	145.05
177	19	3424263	SØRUMSHAUGEN Arngrim Gjøvik SK	NOR 22 sep 2000	6:28.3 212	14:34.8 212	21:48.5 195	29:50.1	4:02.6	145.42
178	266	8420967	EK-REME Oskar Fana IL	NOR 24 jun 2005	6:30.8 233	14:35.4 217	21:42.7 188	29:50.2	4:02.7	145.47
179	295	3424844	LØFALD Erik Rindal IL	NOR 30 jun 2002	6:09.5 90	14:07.1 133	21:25.6 156	29:51.3	4:03.8	146.04
180	257	8420993	HÅLAND Nikolai Wik Koll IL	NOR 13 aug 2005	6:30.1 227	14:37.7 227	21:44.5 191	29:51.4	4:03.9	146.09

NM 5 O 10 KM

Tolga (NOR)



menn 10 km Interval Start Classic

30-03-2023

Start Time: 13:30

Results

RK.	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	2,1 km Time Rank	5,0 km Time Rank	7,1 km Time Rank	FINISH TIME	BEHIND	FIS POINTS
181	275	8421003	BERNHARDSEN Marius Andre Polarstjernen IL	NOR 19 jun 2005	6:36.5 276	14:40.1 236	21:51.2 198	29:51.9	4:04.4	146.35
182	245	8420982	JENSEN Birk Elias Moeng Kjelsås IL	NOR 08 apr 2005	6:17.9 139	14:23.7 183	21:46.4 193	29:52.6	4:05.1	146.71
183	269	8420365	RAKKESTAD Matias Nalum Kjelsås IL	NOR 12 sep 2003	6:25.6 192	14:24.1 185	21:41.8 186	29:53.4	4:05.9	147.12
184	228	8421087	REKSTAD Ottar Byåsen IL	NOR 03 nov 2006	6:29.7 224	14:25.7 191	21:38.3 177	29:54.7	4:07.2	147.79
185	247	8420044	NISTAD Ivar Førde IL	NOR 11 jul 2002	6:33.2 250	14:42.5 244	22:00.0 209	29:56.3	4:08.8	148.62
	305	8420186	TOLLEFSEN Ulrik Auestad Åsen IL	NOR 24 sep 2003	6:30.0 226	14:37.4 226	21:42.9 189	29:56.3	4:08.8	148.62
187	293	8421266	SKOGSTAD Jonas Malmo Kvaløysletta Ski	NOR 02 maj 2006	6:22.4 173	14:22.0 176	21:40.2 179	29:57.3	4:09.8	149.14
188	337	8420817	BANGSTAD Hermod Ingemann Nordreisa IL	NOR 29 okt 2005	6:19.7 154	14:25.3 189	21:41.1 184	29:59.1	4:11.6	150.07
189	249	8420877	KILDEBO Sebastian Santiago Konnerud IL	NOR 15 sep 2005	6:28.6 214	14:30.1 201	21:39.3 178	30:00.7	4:13.2	150.89
190	389	8420685	LORENTSEN Julian André Mikkelsen Bardufoss og Omegn IF	NOR 06 okt 2004	6:15.1 129	14:18.1 165	21:38.2 176	30:01.8	4:14.3	151.46
191	276	8420454	GRINI Anders MjøSki	NOR 11 jul 2003	6:28.8 217	14:34.1 210	21:57.3 204	30:04.5	4:17.0	152.86
192	182	8421039	SVORKDAL Lars Lystad Svorkmo N.O.I.	NOR 06 jul 2005	6:41.2 303	14:48.3 261	21:55.2 201	30:04.6	4:17.1	152.91
193	473	8420468	HEIERSTAD Andreas Fon Ivrig IL	NOR 24 feb 2003	6:24.0 180	14:17.1 161	21:37.4 174	30:04.9	4:17.4	153.07
194	355	8420377	ØFSTEDAL Erik Sjåstad-Vestre Lier IL	NOR 26 jul 2003	6:18.8 145	14:12.5 147	21:37.2 173	30:05.2	4:17.7	153.22
195	50	8420694	GRIMSMO Pål Fossum IF	NOR 13 jun 2004	6:36.6 278	14:47.4 259	21:58.8 208	30:05.8	4:18.3	153.53
196	229	8420616	ENGDAL Eskil Vind IL	NOR 01 mar 2004	6:24.5 185	14:34.2 211	22:04.6 224	30:05.9	4:18.4	153.58
	261	8420290	FREMSTAD Kristian Runar IL	NOR 23 okt 2003	6:28.6 215	14:28.9 196	21:50.8 196	30:05.9	4:18.4	153.58
198	278	8420530	KAVLI Magnus Asker SK	NOR 06 jul 2004	6:25.4 191	14:20.3 169	21:41.9 187	30:08.8	4:21.3	155.08
199	242	8420705	OSNES-RINGEN Filip Lyn Ski	NOR 07 jul 2004	6:25.8 195	14:20.4 170	21:53.7 200	30:09.0	4:21.5	155.19
200	252	8420831	TORVUND Nicholas Ørn IF	NOR 08 maj 2005	6:41.5 305	14:46.1 254	22:05.8 229	30:10.0	4:22.5	155.70
201	320	8420263	NORDSETH Peder Elias Snertingdal IF Ski	NOR 28 jun 2003	6:24.9 187	14:30.0 200	21:41.1 183	30:10.8	4:23.3	156.12
202	238	8421224	BJÅSTAD Edvard Sandnes IL	NOR 03 feb 2006	6:41.7 309	14:50.0 265	22:04.9 226	30:11.9	4:24.4	156.68
203	251	8420511	DAHL-RISMYHR Marcus Trøsken IL	NOR 21 jul 2004	6:39.0 292	14:45.9 252	22:03.2 219	30:13.1	4:25.6	157.31

NM 5 O 10 KM

Tolga (NOR)



menn 10 km Interval Start Classic

30-03-2023

Start Time: 13:30

Results

RK.	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	2,1 km Time Rank	5,0 km Time Rank	7,1 km Time Rank	FINISH TIME	BEHIND	FIS POINTS
204	237	8421149	KATLA Kristoffer Jebens Haslum IL	NOR 16 jan 2006	6:31.9 238	14:42.4 243	21:53.2 199	30:13.7	4:26.2	157.62
205	267	3250080	HYMER Frode Ås IL	ISL 09 dec 2005	6:27.9 207	14:39.6 233	22:04.0 222	30:14.3	4:26.8	157.93
206	322	8420009	TEISBEKK Sander Idrettslaget Ros	NOR 19 apr 2002	6:25.0 189	14:28.5 194	21:46.6 194	30:14.7	4:27.2	158.13
	327	8420828	DYRDAHL Jens Kristoffer Berger IL	NOR 28 jun 2005	6:18.4 140	14:21.7 175	21:44.4 190	30:14.7	4:27.2	158.13
208	198	3424196	DRIVENES Philip Nes Ski	NOR 06 dec 2000	6:45.1 332	14:51.2 269	22:05.2 228	30:15.5	4:28.0	158.55
209	153	8420726	KALLUM Sigurd Wahl Kjelsås IL	NOR 12 maj 2004	6:36.0 272	14:40.5 237	22:01.7 213	30:15.8	4:28.3	158.70
210	212	8420723	LEIKANGER Wilhelm Georg Røa Alliansedrettslag	NOR 04 jul 2004	6:25.6 193	14:33.4 207	22:01.4 212	30:15.9	4:28.4	158.75
211	240	8420554	VIKEN Lars Sander Asker SK	NOR 13 jan 2004	6:28.2 210	14:42.0 242	21:57.5 205	30:16.3	4:28.8	158.96
212	290	3424723	KJELSTAD Sander Eggen Støren Sportsklubb	NOR 03 jul 2001	6:27.2 202	14:37.0 225	22:06.2 230	30:18.4	4:30.9	160.05
213	180	8420398	SKOGHEIM Emil Hamar SK	NOR 19 feb 2003	6:34.9 262	14:36.4 222	22:02.1 215	30:18.9	4:31.4	160.30
214	270	8420510	HAAGAAS Julian Teige Trøgstad SK - Ski	NOR 30 jul 2004	6:34.5 259	14:48.2 260	21:58.8 207	30:19.2	4:31.7	160.46
215	344	8420628	BORGEN Sivert Østre Toten Skilag	NOR 22 jul 2004	6:07.3 77	14:19.6 168	22:07.2 233	30:20.0	4:32.5	160.87
216	189	8421245	HUNSTAD Benjamin Konnerud IL	NOR 05 apr 2006	6:50.6 358	14:55.9 283	22:07.2 232	30:20.3	4:32.8	161.03
217	253	8420846	GRØTHE Markus Bryan Tormod Skilag	NOR 10 okt 2005	6:28.1 209	14:31.2 203	21:56.1 203	30:21.2	4:33.7	161.49
218	136	8420698	WOLD Jørgen Arenberg Rustad IL	NOR 07 sep 2004	6:24.9 186	14:39.7 234	22:01.0 211	30:21.8	4:34.3	161.80
219	163	8421122	GOMO Theodor Dilling Oppegård IL	NOR 22 maj 2006	6:34.7 261	14:47.1 257	22:03.2 220	30:22.1	4:34.6	161.96
220	417	8420680	SKJØNSFJELL Henry Nordreisa IL	NOR 20 dec 2004	6:02.4 55	14:01.2 118	22:00.2 210	30:22.8	4:35.3	162.32
221	325	8420400	LINDERUD Eirik Hernes IL	NOR 28 apr 2003	6:28.3 211	14:36.3 221	22:08.9 238	30:23.4	4:35.9	162.63
222	225	8420448	NÅS Iver Leirmo Eide IL	NOR 28 jul 2003	6:30.6 231	14:41.0 240	22:04.9 225	30:23.9	4:36.4	162.89
223	223	3424852	KJÆRNLI Jan Christian Rendalen IL	NOR 17 jun 2002	6:32.2 239	14:38.6 229	21:55.7 202	30:24.5	4:37.0	163.20
224	342	8420304	MELHUS Niklas Landsem Steinkjer SK	NOR 06 maj 2003	6:21.8 170	14:29.1 198	22:03.1 217	30:24.9	4:37.4	163.41
225	259	8420795	FOSSUM Nikolai Byåsen IL	NOR 15 apr 2005	6:37.3 285	14:51.9 274	22:08.7 236	30:26.1	4:38.6	164.03
226	263	8421034	BJØRKHAUG Aksel Førde IL	NOR 14 okt 2005	6:36.4 274	14:47.1 256	22:11.4 243	30:26.6	4:39.1	164.28

NM 5 O 10 KM

Tolga (NOR)



menn 10 km Interval Start Classic

30-03-2023

Start Time: 13:30

Results

RK.	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	2,1 km Time Rank	5,0 km Time Rank	7,1 km Time Rank	FINISH TIME	BEHIND	FIS POINTS
227	137	3424598	STØA Erik Kjønnø Idrettslaget Ros	NOR 10 apr 2001	6:44.3 327	14:56.5 286	22:12.2 246	30:27.5	4:40.0	164.75
228	187	8420784	LUNÅSMO Sondre Gjesdal IL	NOR 11 apr 2004	6:41.6 307	14:58.8 298	22:11.6 245	30:28.0	4:40.5	165.01
229	196	8420659	BRISSACH Are Estil Lierne IL	NOR 24 okt 2004	6:44.0 324	14:55.9 284	22:16.9 253	30:28.1	4:40.6	165.06
230	197	8421051	BRÅTHEN Vegard Alsvåg IL	NOR 05 feb 2005	6:46.1 339	14:55.3 282	22:23.0 265	30:30.5	4:43.0	166.30
	264	8421093	KVENNÅS Halvor Byåsen IL	NOR 28 sep 2006	6:27.5 205	14:39.9 235	22:16.2 252	30:30.5	4:43.0	166.30
232	248	8420689	HILLESTAD Henrik Heming IL	NOR 23 feb 2004	6:32.3 241	14:45.6 251	22:03.1 218	30:30.7	4:43.2	166.40
233	254	8420161	AURMO Ola Lom IL	NOR 01 maj 2003	6:30.7 232	14:35.2 216	22:06.8 231	30:31.0	4:43.5	166.56
234	211	8421301	CHRISTOFFERSEN Magnus Emaus Bossekop UL	NOR 08 nov 2006	6:36.8 280	14:49.3 263	22:13.0 247	30:31.1	4:43.6	166.61
235	359	3423491	TANDBERG Jostein Kjelsås IL	NOR 28 feb 1998	6:19.8 155	14:22.1 177	21:57.8 206	30:32.1	4:44.6	167.13
236	316	3424612	JOHANSEN Vetle Leander Drammens Ballklubb	NOR 30 maj 2001	6:37.3 284	14:40.6 238	22:10.8 239	30:32.8	4:45.3	167.49
237	142	8420184	FENGSRUD Alexander Jacobsen Åsen IL	NOR 07 jan 2003	6:35.7 269	14:43.5 246	22:18.1 254	30:33.0	4:45.5	167.59
238	107	3423638	BOSTAD Andreas Talseth Ranheim SK	NOR 14 sep 1999	6:30.1 228	14:39.0 231	22:11.3 241	30:33.2	4:45.7	167.70
239	179	8420569	STRAMRUD Martin Hamar SK	NOR 21 feb 2004	6:21.5 165	14:36.7 224	22:11.3 242	30:33.4	4:45.9	167.80
240	206	8420978	LEITE David Bertnes Innstranda IL	NOR 04 maj 2005	6:29.3 222	14:34.0 209	22:04.4 223	30:33.9	4:46.4	168.06
241	255	8420954	JØRGENSEN Ask If Kilkameratene	NOR 18 feb 2005	6:41.5 306	14:44.6 248	22:24.3 270	30:34.0	4:46.5	168.11
242	6	3420488	ERIKSEN Sondre Båsen Vikersund IF	NOR 02 jun 1986	6:35.1 264	14:52.7 278	22:20.7 259	30:34.5	4:47.0	168.37
243	205	8420974	ALMÅSBAK Simen Vestmo Grue IL	NOR 18 jul 2005	6:35.8 270	14:46.0 253	22:20.2 258	30:35.9	4:48.4	169.09
244	78	8421108	HØGLI Eirik Byåsen IL	NOR 26 dec 2006	6:37.9 288	14:57.3 288	22:24.2 269	30:36.2	4:48.7	169.25
	262	8420217	SØRBRÅTEN Eirik Tobias Nittedal IL	NOR 30 sep 2003	6:31.3 236	14:45.5 250	22:02.0 214	30:36.2	4:48.7	169.25
246	300	8420334	ALMAAS Morten Lyn Ski	NOR 29 okt 2003	6:26.3 198	14:29.0 197	22:08.8 237	30:36.6	4:49.1	169.45
247	166	8421186	LORENTSEN Jakob Bruun Koll IL	NOR 28 feb 2006	6:29.7 225	14:38.9 230	22:05.1 227	30:36.9	4:49.4	169.61
248	265	8420127	MATHISEN Erik Tromsø SK	NOR 02 aug 2002	6:07.5 79	14:13.1 149	21:51.1 197	30:37.4	4:49.9	169.87
249	288	8421210	BENONISEN Sigve Eirik Nordreisa IL	NOR 09 nov 2006	6:27.5 204	14:31.8 204	22:03.9 221	30:38.4	4:50.9	170.38

NM 5 O 10 KM

Tolga (NOR)



menn 10 km Interval Start Classic

30-03-2023

Start Time: 13:30

Results

RK.	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	2,1 km Time Rank	5,0 km Time Rank	7,1 km Time Rank	FINISH TIME	BEHIND	FIS POINTS
250	176	8421170	VÆRNES Eirik Sjøl Asker SK	NOR 04 aug 2006	6:29.0 219	14:36.0 219	22:07.7 234	30:39.2	4:51.7	170.80
251	160	8420584	AAKRE Jens Kaasa IL Skrim	NOR 15 feb 2004	6:25.7 194	14:30.8 202	22:19.2 255	30:40.0	4:52.5	171.21
252	283	8421076	EVENSEN Sindre Østlien Vind IL	NOR 17 nov 2006	6:28.5 213	14:24.5 188	22:03.0 216	30:40.1	4:52.6	171.26
253	110	8420920	SANDEMAN-KISTE Michael Øvrevoll Hosle IL	NOR 18 mar 2005	6:44.0 325	15:03.3 307	22:27.0 274	30:41.6	4:54.1	172.04
	141	8421229	MOLLAN Fredrik Inderøy IL	NOR 16 feb 2006	6:35.2 266	14:51.8 273	22:14.9 249	30:41.6	4:54.1	172.04
255	60	3424069	LISTHAUG Johannes Utleira IL	NOR 22 okt 2000	6:23.4 177	14:43.7 247	22:11.6 244	30:41.8	4:54.3	172.14
256	140	3423932	BOTTERUD Hermann Skram Bærums Skiklub	NOR 14 sep 1999	6:40.5 301	14:58.1 294	22:34.5 287	30:42.4	4:54.9	172.45
257	82	3423761	JENSEN Anton Kjelsås IL	NOR 28 sep 1999	6:46.0 338	15:03.6 308	22:19.5 257	30:42.5	4:55.0	172.50
258	250	8420876	WERKET-HAUG Sander Mjøndalen IF	NOR 20 sep 2005	6:41.5 304	14:51.0 267	22:21.7 262	30:43.9	4:56.4	173.23
259	231	3424954	BRUUN Fredrik Strande Gui Sportsklubb	NOR 25 okt 2002	6:43.1 315	15:07.1 320	22:23.4 268	30:44.5	4:57.0	173.54
260	126	8421114	AUSTAD Vetle Fossum IF	NOR 02 jan 2006	6:53.2 371	15:12.2 333	22:35.4 289	30:44.7	4:57.2	173.64
261	213	8421180	THORSEN Niklas Bosdal Førde IL	NOR 16 feb 2006	6:37.8 287	14:47.2 258	22:19.2 256	30:45.1	4:57.6	173.85
262	199	8420536	MUNCH-FINNE Peter Asker SK	NOR 24 aug 2004	6:33.1 249	14:58.2 296	22:24.9 271	30:45.6	4:58.1	174.11
263	246	8420648	SOLVIK Johannes Gulset IF	NOR 04 mar 2004	6:30.6 230	14:50.9 266	22:23.3 267	30:46.0	4:58.5	174.31
264	194	8420767	NES HJELLE Ingebrigt Eid IL	NOR 06 maj 2004	6:34.9 263	14:52.6 276	22:30.8 280	30:46.5	4:59.0	174.57
265	191	8421099	FALDMO Eifinn Borg Trysil IL	NOR 30 jan 2006	6:32.3 242	15:01.4 301	22:32.4 283	30:46.6	4:59.1	174.62
266	215	3424089	STAABI Bjørn-martin Staurland Stavanger SK	NOR 04 jul 2000	6:35.8 271	14:52.8 279	22:21.4 260	30:46.8	4:59.3	174.73
	292	8420232	ANDERSEN Marcus Tunestveit Oppgård IL	NOR 15 jul 2003	6:36.7 279	14:52.5 275	22:23.3 266	30:46.8	4:59.3	174.73
268	167	8421216	SKOGSTAD Snorre Kvaløysletta Ski	NOR 21 apr 2006	6:33.3 251	14:49.6 264	22:22.2 264	30:47.9	5:00.4	175.30
269	150	8421291	STØTVIG Kasper Fet Oseberg Skilag	NOR 27 jun 2006	6:18.6 141	14:29.7 199	22:22.0 263	30:48.4	5:00.9	175.55
270	297	8420926	NORHEIM Sondre Nikolai Eidsvold Værks SK	NOR 11 apr 2005	6:32.3 243	14:46.5 255	22:15.5 251	30:48.5	5:01.0	175.61
271	268	8420700	HALS Peder Elias Røa Alliansedrettslag	NOR 28 okt 2004	6:40.0 297	15:01.7 303	22:41.6 301	30:49.1	5:01.6	175.92
272	108	8421090	STORØ Nichlas Hommelvik IL	NOR 23 aug 2006	6:43.8 320	15:03.0 305	22:35.5 290	30:51.7	5:04.2	177.26

NM 5 O 10 KM

Tolga (NOR)



menn 10 km Interval Start Classic

30-03-2023

Start Time: 13:30

Results

RK.	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	2,1 km Time Rank	5,0 km Time Rank	7,1 km Time Rank	FINISH TIME	BEHIND	FIS POINTS
273	147	8420571	FJELD Eirik Hamar SK	NOR 29 jul 2004	6:38.7 291	14:52.7 277	22:29.9 279	30:53.1	5:05.6	177.98
274	216	8420970	SKJELDAL Åsmund Samnøy Voss IL	NOR 08 okt 2005	6:40.1 298	14:40.8 239	22:11.2 240	30:53.4	5:05.9	178.14
275	201	8420829	HEIMDAL Lucas Broby Gulset IF	NOR 20 jan 2005	6:32.8 247	14:32.8 205	22:07.8 235	30:54.1	5:06.6	178.50
276	204	8420359	GUSSIÅS Oscar Pladsen Røa Allianseidrettslag	NOR 11 aug 2003	6:30.9 234	14:41.5 241	22:26.9 273	30:54.2	5:06.7	178.55
277	134	8421075	EIKEMO-NILSEN Theodor Byåsen IL	NOR 13 nov 2006	6:37.7 286	15:06.8 319	22:35.1 288	30:54.4	5:06.9	178.66
278	226	8420709	SLETVOLD Magnus Eriksen Njård	NOR 03 feb 2004	6:33.6 256	14:56.8 287	22:34.2 286	30:56.4	5:08.9	179.69
279	152	8420884	FJELDSTAD Jonathan Hemb Hamar SK	NOR 15 sep 2005	6:28.9 218	14:51.3 270	22:13.2 248	30:56.7	5:09.2	179.84
280	219	3502080	LANGSLET Oscar Creutzer Ivrig IL	SWE 27 maj 2003	6:36.4 275	14:51.2 268	22:21.6 261	30:57.6	5:10.1	180.31
281	222	8420938	SPIGSETH Martin Nes Ski	NOR 24 mar 2005	6:29.4 223	14:34.8 213	22:15.5 250	30:57.8	5:10.3	180.41
282	132	8421083	RINDE Sondre Harstad Skarphedin IL	NOR 26 jul 2006	6:39.5 295	15:02.7 304	22:41.0 299	30:58.9	5:11.4	180.98
283	62	8421289	KULSETÅS Benjamin Strindheim IL	NOR 24 jan 2006	6:35.4 267	14:57.9 291	22:33.7 285	30:59.3	5:11.8	181.19
	340	3423548	SKJELDAL Kristian Bulken IL	NOR 05 maj 1998	6:27.0 201	14:55.0 281	22:28.9 277	30:59.3	5:11.8	181.19
285	172	8420961	OLSEN Kornelius Ordemann Alta IF	NOR 17 jun 2005	6:32.7 245	14:54.9 280	22:44.8 306	31:01.3	5:13.8	182.22
286	119	8420604	KRISTIANSEN Nikolai Brandbu IF	NOR 15 jul 2004	6:29.3 221	14:51.7 272	22:32.0 281	31:02.5	5:15.0	182.84
287	157	8421121	DAVIKNES-ANDREASSEN Mats Nittedal IL	NOR 15 mar 2006	6:43.1 316	15:05.5 313	22:38.2 294	31:05.3	5:17.8	184.29
288	236	3424706	SKADAL Joakim Utleira IL	NOR 28 jul 2001	6:44.7 330	15:09.1 326	22:39.2 296	31:05.5	5:18.0	184.39
289	221	8420416	LILLEBUDAL Stian Leik IL	NOR 24 feb 2003	6:48.3 348	14:57.3 289	22:48.3 314	31:05.9	5:18.4	184.60
290	190	8420560	SJØLI Adrian Oanes Klæbu IL	NOR 14 maj 2004	6:47.7 345	15:15.4 340	22:46.1 307	31:07.9	5:20.4	185.63
	224	8421161	NÆSS Marcus Alexander Nittedal IL	NOR 30 mar 2006	6:52.9 367	15:14.5 337	22:32.2 282	31:07.9	5:20.4	185.63
292	133	8421138	FOSS Alfred Oscar Kjelsås IL	NOR 07 mar 2006	6:43.3 318	15:04.3 310	22:37.1 291	31:08.0	5:20.5	185.69
293	139	8420850	RINGLI Martin Jørstad Øystre Slidre IL	NOR 15 feb 2005	6:38.5 290	14:48.6 262	22:25.9 272	31:08.6	5:21.1	186.00
294	286	8420546	SKAFTNES Emil Andreassen Ullensaker SK	NOR 22 okt 2004	6:43.8 322	15:01.3 300	22:41.6 301	31:09.1	5:21.6	186.26
295	200	8421020	DEGNEPOLL Magnus Furnes Førde IL	NOR 08 feb 2005	6:43.8 321	15:03.7 309	22:52.8 320	31:09.9	5:22.4	186.67

NM 5 O 10 KM

Tolga (NOR)



menn 10 km Interval Start Classic

30-03-2023

Start Time: 13:30

Results

RK.	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	2,1 km Time Rank	5,0 km Time Rank	7,1 km Time Rank	FINISH TIME	BEHIND	FIS POINTS
296	193	8420908	VEISETAUNE Vegard Tverlandet IL	NOR 18 jul 2005	6:52.4 366	15:06.7 318	22:47.4 310	31:10.0	5:22.5	186.72
297	271	8420471	AMUNDSEN Antonius Herskedal Byaasen Skiklub	NOR 18 jul 2003	6:32.4 244	14:57.9 292	22:39.9 297	31:10.8	5:23.3	187.13
298	207	8421102	NIELSEN Endre Sæterbø Strindheim IL	NOR 29 maj 2006	6:49.0 352	15:16.6 343	22:43.2 303	31:11.7	5:24.2	187.60
299	393	8420300	DYRDAHL Jørgen Bertram Berger IL	NOR 30 sep 2003	6:16.1 132	14:17.3 162	22:29.8 278	31:12.9	5:25.4	188.22
300	188	8421177	ROGSTAD Magnus Bergsli Kjelsås IL	NOR 26 jul 2006	6:43.2 317	15:12.0 332	22:48.8 315	31:13.5	5:26.0	188.53
301	111	8420896	BRUN Erik Johan Eidsvold Værks SK	NOR 14 maj 2005	6:54.0 377	15:23.7 361	22:53.0 322	31:13.7	5:26.2	188.63
302	214	8420702	WIDDING Christoffer Heming IL	NOR 25 apr 2004	6:35.1 265	14:57.9 293	22:32.5 284	31:14.2	5:26.7	188.89
303	79	8421085	KÅSA Knut Eirik Aspheim Gulset IF	NOR 31 aug 2006	6:47.0 342	15:14.6 338	22:44.2 305	31:14.4	5:26.9	189.00
304	73	8420894	FALK Mauritz Magnus Bengt Børgerud Drøbak-Frogn IL	NOR 09 mar 2005	6:31.0 235	14:43.2 245	22:37.7 292	31:15.8	5:28.3	189.72
305	235	8421231	ØSTERÅS Theodor Pedersen IL Varden Meråker	NOR 12 okt 2006	6:33.1 248	15:04.5 311	22:40.5 298	31:16.5	5:29.0	190.08
306	145	8420660	FOSSHEIM Are Spillum IL	NOR 25 mar 2004	6:54.4 379	15:27.3 371	23:00.3 335	31:18.9	5:31.4	191.32
307	209	8420841	JOHANSEN Jørgen Landmark Lillehammer Skiklub	NOR 05 maj 2005	6:47.5 344	15:05.7 315	22:48.1 313	31:19.5	5:32.0	191.63
308	124	8421162	PEDERSEN Markus Buraas Fet SK	NOR 23 maj 2006	6:48.8 350	15:22.6 358	22:53.0 321	31:20.9	5:33.4	192.36
309	45	8421185	FALCH-KOSLUNG Brage Køll IL	NOR 18 jan 2006	6:36.3 273	14:58.1 295	22:43.4 304	31:21.4	5:33.9	192.61
310	138	8421226	ØVERLAND Iver Bjerga Sauda IL	NOR 24 mar 2006	7:07.4 413	15:32.5 381	23:03.4 339	31:21.6	5:34.1	192.72
311	59	8421133	SJAASTAD Vegard Heming IL	NOR 29 maj 2006	6:43.1 314	15:07.7 322	22:56.9 327	31:21.9	5:34.4	192.87
312	29	8420942	SUNDE Pelle Nittedal IL	NOR 14 apr 2005	6:44.0 323	15:15.4 341	22:48.0 312	31:22.6	5:35.1	193.23
313	128	8421158	NILSSEN Fredrik Gjelleråsen IF	NOR 21 apr 2006	6:42.9 313	15:22.2 355	22:50.4 317	31:23.4	5:35.9	193.65
314	131	8421136	SJÅFJELL Wilhelm Louis Idrettslaget Try	NOR 01 apr 2006	6:55.2 383	15:18.4 347	22:57.1 328	31:25.0	5:37.5	194.47
315	453	8420432	LUNDBERG William Tromsø SK	NOR 08 apr 2003	6:24.3 184	14:44.6 249	22:27.4 276	31:25.2	5:37.7	194.58
316	169	8421094	STORLI Jørgen Strindheim IL	NOR 18 apr 2006	6:44.8 331	15:05.7 314	22:41.1 300	31:25.5	5:38.0	194.73
317	130	8421164	PETTERSON Mathias Lie Haslum IL	NOR 27 apr 2006	6:52.3 364	15:17.4 345	22:52.7 319	31:26.3	5:38.8	195.15
318	171	8420892	TOMTA Andreas Olsen Trøsken IL	NOR 11 jun 2005	6:49.4 355	15:07.5 321	22:49.2 316	31:27.4	5:39.9	195.72

NM 5 O 10 KM

Tolga (NOR)



menn 10 km Interval Start Classic

30-03-2023

Start Time: 13:30

Results

RK.	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	2,1 km Time Rank	5,0 km Time Rank	7,1 km Time Rank	FINISH TIME	BEHIND	FIS POINTS
	192	8421000	GAASERUD Henrik Lyn Ski	NOR 28 apr 2005	7:03.0 405	15:19.7 349	22:47.7 311	31:27.4	5:39.9	195.72
320	104	8421196	LUTNÆS Truls Rustad IL	NOR 27 apr 2006	6:53.7 373	15:23.7 360	22:52.0 318	31:27.6	5:40.1	195.82
321	155	8420764	TEFRE Thomas Førde IL	NOR 06 feb 2004	6:55.2 384	15:25.1 368	22:58.5 330	31:27.8	5:40.3	195.92
322	227	8420796	ALMÅS Niklas Byåsen IL	NOR 26 dec 2005	6:33.3 253	14:56.0 285	22:38.1 293	31:27.9	5:40.4	195.97
323	74	8420418	HUSBY Endre Engtrø Leinstrand IL	NOR 10 maj 2003	6:32.7 246	14:51.6 271	22:38.8 295	31:29.2	5:41.7	196.65
324	232	8421264	REITE Emil Hammerfest SK	NOR 03 apr 2006	6:33.3 252	15:16.3 342	22:53.7 323	31:30.0	5:42.5	197.06
325	195	8420991	DEINBOLL Wilhelm Hjelvdahl Bækkelagets SK	NOR 09 mar 2005	6:48.1 346	15:09.8 328	22:46.8 309	31:32.0	5:44.5	198.09
326	168	8421126	HOLBERG Christopher Heming IL	NOR 29 jan 2006	6:51.2 361	15:20.7 351	22:57.2 329	31:32.1	5:44.6	198.15
327	183	8420719	ENGER Sivert Stene Røa Allianseidrettslag	NOR 08 mar 2004	6:45.9 335	15:09.8 329	22:58.9 332	31:33.2	5:45.7	198.71
328	92	8421080	TØMTERUD William Harestua IL	NOR 29 mar 2006	6:44.3 327	15:07.8 324	22:46.4 308	31:34.1	5:46.6	199.18
329	65	8421212	KRISTENSEN Johannes Dybwad Tromsø SK	NOR 09 mar 2006	6:44.7 329	15:13.9 335	22:59.1 333	31:35.6	5:48.1	199.95
330	123	8420816	GRUT Morten Idrettslaget Nor	NOR 13 mar 2005	7:06.2 412	15:38.0 390	23:12.1 349	31:37.6	5:50.1	200.99
331	165	8421233	RØNNING Stian Lånke IL	NOR 29 aug 2006	6:43.7 319	15:05.2 312	23:03.6 340	31:37.8	5:50.3	201.09
332	230	8420368	GALÅEN Johannes Edelssønn Kjelsås IL	NOR 15 maj 2003	6:46.0 337	15:22.1 354	22:54.0 324	31:39.1	5:51.6	201.76
333	272	8420636	VIKE Oskar Opstad Runar IL	NOR 07 jan 2004	6:16.5 133	14:26.6 193	22:27.1 275	31:39.7	5:52.2	202.07
334	80	8420613	RØSTAD Erik Nordre Land IL	NOR 09 jan 2004	6:44.0 326	15:03.1 306	22:59.6 334	31:39.8	5:52.3	202.13
335	181	8420820	WILLE Fredrik Camillo Oseberg Skilag	NOR 03 jun 2005	6:42.4 312	15:11.5 330	22:55.3 325	31:41.0	5:53.5	202.75
336	118	8421169	VESTLI Marius Fet SK	NOR 26 jul 2006	6:54.0 376	15:19.6 348	22:58.7 331	31:41.2	5:53.7	202.85
337	135	8420528	HOV Hannes Malte Lommedalens IL	NOR 18 aug 2004	6:55.4 385	15:28.4 376	23:17.1 355	31:41.6	5:54.1	203.06
338	100	8421092	RENÅ Anders Spets Hommelvik IL	NOR 24 jan 2006	6:50.5 357	15:27.4 373	23:08.2 344	31:43.5	5:56.0	204.04
339	146	8420891	ALMÅSBAK Petter Vestmo Grue IL	NOR 19 jan 2004	6:55.1 382	15:17.5 346	23:08.3 345	31:45.4	5:57.9	205.02
340	241	3100366	ZECHEL Maks Peter Asker SK	NOR 29 aug 1997	6:49.3 354	15:24.8 366	23:02.0 337	31:45.8	5:58.3	205.23
341	159	8420799	HOV Ola Garmo Byåsen IL	NOR 28 maj 2005	6:42.3 311	15:15.1 339	23:12.5 350	31:47.7	6:00.2	206.21

NM 5 O 10 KM

Tolga (NOR)



menn 10 km Interval Start Classic

30-03-2023

Start Time: 13:30

Results

RK.	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	2,1 km Time Rank	5,0 km Time Rank	7,1 km Time Rank	FINISH TIME	BEHIND	FIS POINTS
342	186	8421258	SVENDSEN Elias Nagypal Konnerud IL	NOR 08 apr 2006	6:37.1 282	14:57.4 290	23:17.3 356	31:48.5	6:01.0	206.62
343	164	8420803	KOLBEINSVIK Håvard Sauda IL	NOR 21 jun 2005	6:50.7 359	15:14.1 336	23:03.7 341	31:49.9	6:02.4	207.35
344	23	8420190	JORDE Erik Ola Asker SK	NOR 09 jan 2003	6:45.9 336	15:28.2 375	23:03.1 338	31:50.3	6:02.8	207.55
345	93	3424579	EVENSEN Christian Stjern Strømmen og Lillestrøm	NOR 07 nov 2001	6:56.1 388	15:32.9 382	23:10.0 347	31:50.5	6:03.0	207.66
346	125	8421081	SAGA Kristoffer Stathelle og Omegn IL	NOR 03 maj 2006	7:03.7 406	15:30.2 377	23:16.9 354	31:51.1	6:03.6	207.97
347	76	8420940	STENSLAND Kristoffer Fet SK	NOR 15 okt 2005	6:27.9 206	15:11.6 331	23:00.9 336	31:51.4	6:03.9	208.12
348	113	8421123	DÅSNES Ola Vang SKF	NOR 26 aug 2006	6:41.8 310	15:06.2 317	23:04.9 342	31:52.0	6:04.5	208.43
	184	8420873	SYLLING Hans Sjåstad-Vestre Lier IL	NOR 23 feb 2005	6:48.9 351	15:27.4 372	23:12.9 351	31:52.0	6:04.5	208.43
350	285	3424634	REPPEN Martin Spillum IL	NOR 15 okt 2001	7:00.8 402	15:34.8 386	23:07.6 343	31:52.4	6:04.9	208.64
351	98	8420983	BRÆNDEN Eskil Årvoll IL	NOR 08 sep 2005	6:54.8 381	15:30.9 378	23:09.5 346	31:56.0	6:08.5	210.50
352	185	8420953	BRENNVIK Elias Thorstensen Kvaløysletta Ski	NOR 14 jan 2005	6:49.0 353	15:24.2 364	23:28.7 365	31:56.2	6:08.7	210.60
353	33	8421006	FINSTAD Thomas Heming IL	NOR 21 jan 2005	7:05.3 411	15:35.1 387	23:25.7 362	31:57.8	6:10.3	211.43
354	54	8420724	ANDERSEN Viktor Kjelsås IL	NOR 11 nov 2004	6:48.1 347	15:28.2 374	23:13.0 352	31:59.3	6:11.8	212.21
	178	8420810	MYHRE Tor Vegårshei IL	NOR 26 jul 2005	6:39.3 294	15:09.1 327	22:55.7 326	31:59.3	6:11.8	212.21
356	122	8421282	NORDAAS Jørgen Skrindsrud Øystre Slidre IL	NOR 04 jul 2006	7:12.3 429	15:52.0 407	23:25.0 361	32:02.0	6:14.5	213.60
357	86	8421152	LIPPE Truls Tollersrud Von Der Nittedal IL	NOR 13 nov 2006	6:59.9 397	15:38.8 391	23:18.6 357	32:07.2	6:19.7	216.29
358	112	8420937	SOLBREKKE Henrik Haug Holmen IF	NOR 24 dec 2005	6:40.5 300	15:26.1 369	23:27.0 363	32:07.9	6:20.4	216.65
359	95	8421240	DAHL David Krantz Konnerud IL	NOR 03 apr 2006	6:56.9 390	15:36.9 389	23:33.1 373	32:08.2	6:20.7	216.81
360	30	8420565	GARNÆS Brage Krohn Byåsen IL	NOR 17 jul 2004	6:53.8 374	15:34.1 383	23:21.4 359	32:09.3	6:21.8	217.38
361	151	8420971	ENES-SEBERG Marcus Omvikdalen IL	NOR 19 jan 2005	6:55.5 386	15:31.8 380	23:14.0 353	32:11.9	6:24.4	218.72
362	120	8421144	SIMONSEN Knut Ole Fredheim Trøsken IL	NOR 21 jul 2006	6:52.4 365	15:22.4 356	23:18.6 358	32:13.5	6:26.0	219.55
363	114	8420822	SEMB Max Ratus Oseberg Skilag	NOR 16 jan 2005	6:54.8 380	15:31.7 379	23:29.2 366	32:17.4	6:29.9	221.56
364	117	8421288	JOHANSEN Patrick Oseberg Skilag	NOR 27 okt 2006	6:47.4 343	15:20.7 350	23:27.7 364	32:18.8	6:31.3	222.29

NM 5 O 10 KM

Tolga (NOR)



menn 10 km Interval Start Classic

30-03-2023

Start Time: 13:30

Results

RK.	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	2,1 km Time Rank	5,0 km Time Rank	7,1 km Time Rank	FINISH TIME	BEHIND	FIS POINTS
365	1	8420889	SUNDET Henning Engerdal SP.kl.	NOR 05 dec 2005	6:34.6 260	15:25.0 367	23:32.9 372	32:21.9	6:34.4	223.89
366	4	3424528	MARTENS MEYER Julian Åsen IL	NOR 26 apr 2001	6:53.9 375	15:36.7 388	23:31.4 369	32:22.7	6:35.2	224.30
367	143	8421113	ASKAUTRUD Tor Even Nesodden IF	NOR 01 apr 2006	6:53.0 369	15:13.4 334	23:30.9 368	32:23.5	6:36.0	224.72
368	109	8421117	BLÅFJELL Magnus Skedsmo SK	NOR 04 maj 2006	6:46.4 340	15:21.2 352	23:31.6 370	32:24.6	6:37.1	225.29
369	10	8420845	GIGSTAD-BERGENE Tobias Skrautvål IL	NOR 13 feb 2005	7:10.4 423	16:03.6 421	24:05.6 393	32:29.0	6:41.5	227.56
370	38	8420508	LARSEN Isak Hattfjeldal IL	NOR 07 jun 2004	6:57.4 391	15:21.5 353	23:24.4 360	32:29.9	6:42.4	228.03
371	101	8420661	SANDBERG Kaare Markus Haaland Sp.kl. Nessegutten	NOR 29 nov 2004	7:18.8 438	15:52.8 408	23:39.7 379	32:31.1	6:43.6	228.65
372	156	8421292	GRØNN Vetle Høgseth Larvik Ski	NOR 17 mar 2006	7:12.3 428	15:53.0 411	23:45.9 384	32:31.4	6:43.9	228.80
373	103	8421317	HAABETH Martin IL Aasguten	NOR 16 jan 2006	6:53.0 368	15:22.8 359	23:40.2 380	32:32.1	6:44.6	229.16
374	83	8420457	JOHANNESSEN Magnus Moelven IL	NOR 10 mar 2003	7:04.5 408	15:47.0 398	23:35.1 374	32:35.0	6:47.5	230.66
375	43	8421101	HOLMVASSDAL Ask Strindheim IL	NOR 09 maj 2006	7:09.0 419	15:51.2 405	23:45.8 383	32:35.2	6:47.7	230.77
	70	8420947	ØKLAND Henrik Brunborg Holmen IF	NOR 09 aug 2005	6:57.6 392	15:23.8 362	23:37.0 376	32:35.2	6:47.7	230.77
377	85	8420640	TJENTLAND Hallvard Svarstad IL	NOR 01 jun 2004	6:54.2 378	15:34.5 384	23:36.2 375	32:35.6	6:48.1	230.97
378	64	8420260	HOELSVEN Jonas Raufoss IL Langrenn	NOR 21 mar 2003	6:46.5 341	15:39.3 392	23:32.5 371	32:38.1	6:50.6	232.26
379	99	8421294	ÅLAND Odin Øyre Vinje IL	NOR 22 sep 2006	7:00.1 399	15:42.7 394	23:39.0 378	32:39.0	6:51.5	232.73
380	39	8421040	STIKLESTAD Ådne Hoston Fjellmann IL	NOR 07 nov 2005	6:59.5 396	15:49.3 402	23:50.1 386	32:39.8	6:52.3	233.14
381	91	8421139	SØRLIE Eirik Kjelsås IL	NOR 14 okt 2006	7:08.4 417	15:52.8 409	23:55.4 387	32:42.6	6:55.1	234.59
382	20	3424383	KROHN Kevin Bjerkeli Molde og Omegn IF	NOR 10 sep 2000	7:08.9 418	15:49.1 401	24:04.6 392	32:42.8	6:55.3	234.69
383	158	8420838	WIEN Simen Monsrud Harestua IL	NOR 14 jul 2005	6:45.3 333	15:26.6 370	23:37.4 377	32:44.1	6:56.6	235.37
384	49	8421321	NYSTUEN Mikkel Breie Rendalen IL	NOR 21 jun 2006	7:14.0 431	16:01.1 420	23:58.2 388	32:45.5	6:58.0	236.09
385	149	8420158	HADDON Erik Hans Edward Byåsen IL	SWE 25 jun 2003	6:19.3 150	14:26.1 192	23:10.1 348	32:47.6	7:00.1	237.18
386	75	8420901	GRIMSMO Niels Fossum IF	NOR 01 sep 2005	7:09.6 421	15:51.5 406	24:03.8 391	32:51.6	7:04.1	239.24
387	63	8421274	RAKKESTAD Håkon Nalum Kjelsås IL	NOR 02 sep 2006	6:51.8 363	15:44.8 396	23:42.0 381	32:54.2	7:06.7	240.59

NM 5 O 10 KM

Tolga (NOR)



menn 10 km Interval Start Classic

30-03-2023

Start Time: 13:30

Results

RK.	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	2,1 km Time Rank	5,0 km Time Rank	7,1 km Time Rank	FINISH TIME	BEHIND	FIS POINTS
388	127	8421166	SMEDSRUD Magnus Eidsvold Værks SK	NOR 20 jul 2006	6:58.6 395	15:42.7 395	24:06.4 394	32:54.4	7:06.9	240.69
389	22	3424546	NÆSS Øistein Fagerli Gjerdrum IL	NOR 24 jun 2001	7:00.6 401	15:48.6 400	23:42.5 382	32:55.7	7:08.2	241.36
390	12	8420205	BRUN Bård Gunnar Eidsvold Værks SK	NOR 11 apr 2003	7:07.8 415	15:57.3 417	24:03.6 390	32:58.8	7:11.3	242.97
391	97	8421105	HØVE Milo Mathias Strindheim IL	NOR 08 okt 2006	6:40.3 299	15:24.5 365	23:30.4 367	33:00.5	7:13.0	243.84
392	89	8420614	HALLUM Trond Raastad Svea Skilag	NOR 06 jul 2004	7:12.8 430	16:00.1 419	24:06.7 395	33:04.3	7:16.8	245.81
393	56	8421107	HJELLE Marius Kolloen Moelven IL	NOR 21 feb 2006	7:09.7 422	15:51.1 404	24:02.1 389	33:04.7	7:17.2	246.02
394	72	8420998	KJENSJORD Vegard Salater Lyn Ski	NOR 25 jan 2005	7:00.5 400	15:56.6 413	24:07.9 396	33:16.4	7:28.9	252.06
395	68	8421110	KORSÆTH Bror Filip Trøsken IL	NOR 09 aug 2006	7:21.6 440	16:15.1 428	24:15.8 399	33:17.3	7:29.8	252.53
396	25	8420663	SNUGGERUD Ole Edvard Gjøvik SK	NOR 12 dec 2004	7:17.6 436	16:16.7 429	24:22.9 401	33:18.1	7:30.6	252.94
397	40	8421104	HOVDAL Jonathan Klæbu IL	NOR 24 mar 2006	7:11.6 426	15:56.7 415	24:09.0 397	33:18.5	7:31.0	253.15
398	87	8420985	RØMO Erik Årvoll IL	NOR 18 mar 2005	7:15.9 434	16:13.4 426	24:26.9 403	33:23.5	7:36.0	255.74
399	44	8421242	HAUG Jakob Kjelsrud Mjøndalen IF	NOR 15 maj 2006	6:56.5 389	15:41.9 393	24:13.5 398	33:25.6	7:38.1	256.82
400	46	8420589	BJØRKEDAL Daniel Lier IL	NOR 29 jan 2004	7:11.3 425	16:09.8 424	24:24.3 402	33:29.6	7:42.1	258.89
401	106	8421120	DAVIKNES-ANDREASSEN Anders Nittedal IL	NOR 15 mar 2006	6:57.6 393	15:34.7 385	23:49.1 385	33:30.4	7:42.9	259.30
402	55	8421253	OWESEN Oskar Hemsedal IL	NOR 26 jul 2006	7:04.6 409	16:05.3 422	24:20.3 400	33:41.5	7:54.0	265.04
403	90	8421285	STØLEN Ole Hedalen Øystre Slidre IL	NOR 27 apr 2006	7:17.7 437	16:12.4 425	24:27.4 404	33:44.8	7:57.3	266.75
404	36	8420992	TJERNSHAUGEN Sven August Bækkelaget SK	NOR 07 aug 2005	7:09.1 420	16:08.2 423	24:38.9 410	33:46.6	7:59.1	267.68
405	26	8421027	AARUM Aksel Buer Trøgstad SK - Ski	NOR 24 jan 2005	7:15.0 433	16:22.2 431	24:32.3 406	33:47.8	8:00.3	268.30
406	31	8421236	VATNE Vinjar Eggen Leksdal IL	NOR 05 nov 2006	7:23.8 442	16:22.5 432	24:33.9 407	34:02.0	8:14.5	275.64
407	28	8420027	RINGHUS Erik Brostigen Rein IL	NOR 25 mar 2002	7:11.7 427	16:17.1 430	24:46.7 411	34:09.2	8:21.7	279.36
408	21	8421091	FRØSETH Simon Hommelvik IL	NOR 26 jul 2006	7:32.5 444	16:40.8 439	25:07.9 416	34:09.4	8:21.9	279.46
409	24	8420890	TRONSRUD Jakob Linner Nord-Odal IL	NOR 18 dec 2005	7:05.2 410	16:26.6 434	24:49.8 412	34:10.3	8:22.8	279.93
410	88	8420537	BRATFOS Sverre Murud Ullensaker SK	NOR 30 maj 2004	6:49.7 356	15:58.2 418	24:36.4 408	34:16.2	8:28.7	282.98

NM 5 O 10 KM

Tolga (NOR)



menn 10 km Interval Start Classic

30-03-2023

Start Time: 13:30

Results

RK.	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	2,1 km Time Rank	5,0 km Time Rank	7,1 km Time Rank	FINISH TIME	BEHIND	FIS POINTS
411	32	8420922	KRISTOFFERSEN Aleksander Hana Bærums Skiklub	NOR 27 aug 2005	7:34.3 449	16:37.6 437	25:00.6 413	34:20.3	8:32.8	285.10
412	66	8421103	EKLE-DANIELSEN Sigurd Strindheim IL	NOR 07 jun 2006	7:01.6 403	15:54.6 412	24:30.5 405	34:21.8	8:34.3	285.87
413	41	3502542	LANGSLET Emil Creutzer Ivrig IL	SWE 01 jan 2006	7:16.2 435	16:14.1 427	25:10.1 417	34:23.8	8:36.3	286.91
414	51	8421032	HOLIEN Peter Mortensen Rendalen IL	NOR 10 mar 2005	7:21.3 439	16:40.7 438	25:07.5 415	34:28.4	8:40.9	289.29
415	67	8421297	HARTIKKALA-PETERSEN Kasper André Stathelle og Omegn IL	NOR 01 apr 2006	7:33.6 448	16:36.9 436	25:03.3 414	34:29.3	8:41.8	289.75
416	47	8420865	BRATSVE Vegar Læggran Steinkjer SK	NOR 31 aug 2004	6:51.5 362	15:50.4 403	24:36.5 409	34:34.6	8:47.1	292.49
417	61	8421225	HOLMEBAKKEN Elling Skandsen Sandnes IL	NOR 29 nov 2006	7:32.6 446	16:53.5 445	25:15.2 419	34:38.5	8:51.0	294.51
418	18	8420995	SPARREVIK Lars Christofer Koll IL	NOR 16 aug 2005	7:23.6 441	16:44.9 440	25:14.1 418	34:52.4	9:04.9	301.69
419	35	8421270	DOKKE Anders Raufoss IL Langrenn	NOR 07 jun 2006	7:36.2 450	16:52.0 443	25:27.5 420	35:02.0	9:14.5	306.66
420	52	8420710	CHRISTOFFERSEN Jacob Buskerud Njård	NOR 01 apr 2004	7:32.5 445	16:57.3 446	25:31.3 421	35:14.9	9:27.4	313.32
421	37	8421237	VESKE Ole Andreas Rinnan Sp.kl. Nessegutten	NOR 21 feb 2006	7:28.6 443	16:52.9 444	25:32.0 422	35:25.2	9:37.7	318.65
422	15	8421205	ANDRESEN Remi Korsnes Sp.kl. Nessegutten	NOR 01 apr 2006	7:37.6 452	17:10.5 448	25:57.3 423	35:51.4	10:03.9	332.19
423	129	8420853	NYLUND Noah Christoffer Nielsen Medkila Skilag	NOR 21 sep 2004	6:48.6 349	16:50.4 442	26:20.5 424	35:59.0	10:11.5	336.12
424	17	3423589	LIER Emil Håkon Asker SK	NOR 14 nov 1997	8:02.4 453	17:57.4 450	26:51.4 425	37:00.3	11:12.8	367.81

NM 5 O 10 KM

Tolga (NOR)



menn 10 km Interval Start Classic

30-03-2023

Start Time: 13:30

Results

RK.	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	2,1 km Time Rank	5,0 km Time Rank	7,1 km Time Rank	FINISH TIME	BEHIND	FIS POINTS
Did not start										
	2	8420467	BERG Peder Aarstad Galterud IF	NOR 06 okt 2002						
	11	8421313	SYNNESTVEDT Victor Samuel Åsen IL	NOR 31 maj 1998						
	48	8420883	SKÅRET Mathias Hamar SK	NOR 19 mar 2005						
	53	8421256	SIRE August Eugen Hellerud Konnerud IL	NOR 22 jul 2006						
	57	8420869	BERNTZEN Adrian Fotland Konnerud IL	NOR 22 aug 2005						
	84	8421168	THORSTENSEN Mathias Heuer Nittedal IL	NOR 25 mar 2006						
	94	8421184	RØED Emil Aslaksen Molde og Omegn IF	NOR 12 sep 2006						
	116	8420399	SUNDAL Sigurd Åsliia Skilag	NOR 26 jul 2003						
	144	8420311	KLEPPA Samuel Gjesdal IL	NOR 19 mar 2003						
	154	8420800	DAHL Mats Augdal Byåsen IL	NOR 21 jan 2005						
	161	8421192	UNDERHAUG Olav Andreas Lyn Ski	NOR 23 maj 2006						
	175	8421036	ANTONSEN Ola Sugustad Meldal IL	NOR 18 nov 2004						
	203	8420476	HAUEN Esten Hansen-Møllerud Alvdal IL	NOR 22 maj 2003						
	208	8421064	JENSEN Mads Arnevik Heimdal Ski	NOR 01 maj 2003						
	239	3424521	KVALE Nils Henrik Østre Toten Skilag	NOR 24 nov 2001						
	279	8420100	ENGEVIK Simen Lilleås Stord IL	NOR 05 sep 2002						
	301	8420783	JOHNSEN Fredrik Gjerstad IL	NOR 05 jan 2004						
	332	8420933	RØD Eskil Skarstein Oppegård IL	NOR 13 apr 2005						
	341	3520103	YILMAZ Abdullah IL Varden Meråker	TUR 19 aug 2004						
	425	8420245	ØSTERVOLD Sondre Il Vindbjart	NOR 28 maj 2003						
	430	3424675	THORESEN Jonas Dyrli Røa Allianseidrettslag	NOR 01 sep 2001						
	444	3530835	KETTERSON Zak American Birkebeiner	USA 02 apr 1997						

NM 5 O 10 KM

Tolga (NOR)

**menn 10 km Interval Start Classic****30-03-2023**

Start Time: 13:30

Results

RK.	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	2,1 km Time Rank	5,0 km Time Rank	7,1 km Time Rank	FINISH TIME	BEHIND	FIS POINTS
-----	-----	----------	--------------	---------------------------	---------------------	---------------------	---------------------	----------------	--------	---------------

Did not start

467

3220033

CLUGNET James Matthieu
Røa Alliansedrettslag**GBR**

04 dec 1996

NM 5 O 10 KM

Tolga (NOR)



menn 10 km Interval Start Classic

30-03-2023

Start Time: 13:30

Results

RK.	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	2,1 km Time Rank	5,0 km Time Rank	7,1 km Time Rank	FINISH TIME	BEHIND	FIS POINTS
Did not finish										
7	8420181		LUNDEM Simen Trøsken IL	NOR 27 jan 2003	6:57.9	394				
13	8421159		NORGREN Teodor Vidnes Fossum IF	NOR 15 jul 2006						
14	8421254		MUNDAL Kristian Brendengen Lier IL	NOR 08 apr 2006	7:37.5	451	17:38.4	449		
16	8420662		GJESTVANG Roar Moelven IL	NOR 18 dec 2004						
27	8420887		KOLLOEN Petter MjøsSki	NOR 04 maj 2005	7:14.9	432	16:25.6	433		
34	8421131		HILDRUM-ANDREASSEN Kristian Drøbak-Frogn IL	NOR 08 jan 2006	7:32.7	447	16:58.7	447		
58	8421174		SÆTRE-LORENTZEN Mons Fet SK	NOR 13 jan 2006	7:07.9	416	16:49.7	441		
69	8421172		ØRBÆK Kristian Limbodal Nordre Eidsvoll IL	NOR 18 sep 2006	7:10.8	424	15:56.6	413		
71	8420936		SLETTEDAL Sondre With Holm Asker SK	NOR 01 jan 2005	6:41.6	308	15:08.3	325		
77	8420410		MÆHLUMSVEEN Torgeir Vassmo Byåsen IL	NOR 12 feb 2003	6:27.4	203	15:01.0	299		
81	8421100		SMISTAD Sverre Byåsen IL	NOR 03 mar 2006	6:39.9	296	15:01.6	302		
96	8421157		MYHRE Mats Mørch Gjelleråsen IF	NOR 27 mar 2006	7:04.0	407	15:56.9	416		
102	8421057		SIMONSEN Isak Ankenes SK	NOR 19 mar 2005	7:00.0	398				
105	8421287		VIKE Lars Opstad Oseberg Skilag	NOR 18 dec 2006	6:51.1	360	15:22.4	357		
115	8421191		MAJAK William Abel Lyn Ski	NOR 29 aug 2006	6:55.8	387	15:45.3	397		
121	8421262		NAMTVEDT Emil Inge Viking TIF	NOR 21 apr 2006	7:02.9	404	15:52.8	409		
148	3423308		ENDRESTAD Sebastian Kristoffer Bækkelaget SK	CHI 24 nov 1998	6:53.1	370	15:48.2	399		
162	8421163		PETERSON Markus Lie Haslum IL	NOR 27 apr 2006	6:53.3	372	15:24.2	363		
170	8420868		NEGÅRD Endre Salangen IF Ski	NOR 23 apr 2005	7:07.5	414	16:30.1	435		
202	8420656		NORDHØY Marcus Forsbakk Grong IL	NOR 27 jun 2004	6:38.0	289	15:06.2	316		
210	8420657		ØSTTUN Petter IL Varden Meråker	NOR 19 mar 2004	6:39.2	293	14:38.2	228		
233	3424199		SOLHEIM Jan Marcus Nielsen Bygdø IL	NOR 29 aug 2000						

NM 5 O 10 KM

Tolga (NOR)



menn 10 km Interval Start Classic

30-03-2023

Start Time: 13:30

Results

RK.	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	2,1 km Time Rank	5,0 km Time Rank	7,1 km Time Rank	FINISH TIME	BEHIND	FIS POINTS
Did not finish										
244	8420575		KVARSTAD Jørgen Hamar SK	NOR 02 jan 2004	6:40.7 302	15:16.8 344				
258	8420814		WØHNI-LYNG Erik Strindheim IL	NOR 11 jun 2004	6:37.3 283	14:58.4 297				
308	8420449		SJØHOLT Fredrik Bækkelaget SK	NOR 09 jan 2003	6:45.7 334	15:07.7 323				
319	8420835		KAASBØLL Adrian Cornelius Eide Byåsen IL	NOR 07 feb 2005	6:19.5 151	14:20.5 171				
350	8420408		LUNDE August Byåsen IL	NOR 04 sep 2003	6:13.9 122	14:02.9 122	21:21.7 151			
352	3424549		HARBY Jørgen Lillehammer Skiklub	NOR 08 jan 2001	6:34.3 258					
377	3424829		FALKANGER August Bertheussen Byåsen IL	NOR 14 maj 2002	6:09.9 94	13:41.6 70				
413	3424552		PERGER Magnus Haslum IL	NOR 15 sep 2001	6:25.9 196	14:15.7 156				
434	8420411		KVENNÅS Henrik Byåsen IL	NOR 02 jun 2003	6:09.6 93	14:21.6 174				
458	3424652		ANTONSEN Bastian Karlsen Lyn Ski	NOR 24 jan 2001	6:32.3 240	14:35.0 214				
459	8420464		THORESEN Sture Heimdal Ski	NOR 30 aug 2003						

Weather	Snow Condition	Temperatures		Participants/Nation					
		Air	Snow	Entries	Ranked	DNS	DNF	DSQ	LAP
				480/ 12	424/ 9	23/ 4	32/ 2	0/ 0	0/ 0

Technical Delegate: ELMQVIST Magnus (SWE)	Race Secretary: MOEN Astrid (NOR)
---	---

LEGEND	= Shared Rank	DNS Did not start	DNF Did not finish	DSQ Disqualified	LAP Lapped	RAL Ranked last
---------------	---------------	--------------------------	---------------------------	-------------------------	-------------------	------------------------

NM 30 KM O 50 KM

Tolga (NOR)



kvinner 30 km Interval Start Classic

31-03-2023

Start Time: 10:00

Results

Jury Information					Course Information						
Technical Delegate	ELMQVIST Magnus	SWE	Name:	Kvinner							
Assistant Technical Delegate	KVÅLE Hans Jørgen	NOR	Height Difference (HD):	79 m							
Chief of Competition	NORDVANG Anne Berit	NOR	Maximum Climb (MC)	31 m							
Assistant TD Nat.	HUSBY Erik	NOR	Total Climb (TC):	240 m							
			Length of Lap:	7.65 km							
			Number of Laps:	4							

RK.	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	7,5 km Time Rank	15 km Time Rank	22,5 km Time Rank	FINISH TIME	BEHIND	FIS POINTS
1	56	3426201	WENG Tiril Udnes Nes Ski	NOR 29 sep 1996	21:09.3 1	42:40.3 1	1:04:56.1 1	1:27:08.2	0.0	20.00
2	54	3427126	BERGANE Margrethe Konnerud IL	NOR 24 jun 2001	21:45.0 2	43:37.6 2	1:05:41.0 2	1:27:54.3	46.1	27.05
3	57	3426149	SKAANES Marte Strindheim IL	NOR 10 sep 1996	21:51.7 4	44:09.2 3	1:06:29.1 3	1:28:30.4	1:22.2	32.58
4	55	3425827	MOGSTAD Berit Strindheim IL	NOR 28 jun 1993	21:47.5 3	44:10.7 4	1:06:54.6 4	1:29:40.0	2:31.8	43.23
5	53	3427361	MØRK Emma Kirkeberg Drammens Ballklubb	NOR 20 dec 2002	22:00.4 6	44:20.0 6	1:07:07.4 5	1:29:57.7	2:49.5	45.94
6	50	3425410	ØSTBERG Ingvid Flugstad Gjøvik SK	NOR 09 nov 1990	22:12.7 9	44:59.6 10	1:07:43.8 8	1:30:10.0	3:01.8	47.82
7	70	3425381	SVENDSEN Anna Tromsø SK Langrenn	NOR 25 mar 1990	21:59.2 5	44:19.6 5	1:07:15.4 6	1:30:21.5	3:13.3	49.58
8	68	3425530	WANGENSTEEN Maren Øystre Slidre IL	NOR 31 mar 1991	22:10.0 8	44:47.8 7	1:07:42.6 7	1:30:44.6	3:36.4	53.11
9	67	3427148	FØYEN Sigrid Leseth Kjelsås IL	NOR 23 aug 2001	22:40.6 20	45:18.7 12	1:08:13.4 10	1:31:09.0	4:00.8	56.85
10	58	3426902	SANNES Nora Kjelsås IL	NOR 27 mar 2000	22:07.2 7	44:57.8 9	1:07:54.4 9	1:31:12.0	4:03.8	57.31
11	60	3426524	ARNESEN Synne Tromsø SK Langrenn	NOR 04 jan 1998	22:30.0 15	45:24.9 13	1:08:38.8 13	1:31:45.8	4:37.6	62.48
12	64	3427133	BREDING Tale Bruheim Henning Skilag	NOR 14 jan 2001	22:16.4 10	45:17.7 11	1:08:22.8 11	1:31:53.0	4:44.8	63.58
13	14	3426626	SKISTAD Kristine Stavås Konnerud IL	NOR 08 feb 1999	22:24.0 11	45:40.5 17	1:09:05.3 16	1:32:05.3	4:57.1	65.46
14	52	3426456	AMUNDSEN Hedda Østberg Asker SK	NOR 18 sep 1998	22:31.1 16	44:50.7 8	1:08:24.7 12	1:32:07.8	4:59.6	65.84
15	63	3425421	HAGA Ragnhild Gløersen Åsen IL	NOR 12 feb 1991	22:25.9 12	45:29.8 14	1:08:51.8 15	1:32:08.7	5:00.5	65.98
16	59	3426175	HUSTAD Sofie Nordsveen Kjelsås IL	NOR 26 nov 1996	22:34.3 17	45:51.4 18	1:09:09.5 18	1:32:23.6	5:15.4	68.26
17	61	3426163	MYHRE Julie Byåsen IL	NOR 29 jul 1996	22:34.6 18	45:36.0 15	1:08:51.0 14	1:32:26.3	5:18.1	68.67
18	37	3426921	GULBRANDSEN Ingrid Andréa Bardufoss og Omegn IF	NOR 01 jan 2000	22:27.3 13	45:37.4 16	1:09:09.3 17	1:32:27.8	5:19.6	68.90
19	36	3427121	BAKKEMO Hedda Gjøvik SK	NOR 25 jun 2001	22:57.4 24	46:07.4 21	1:09:39.3 19	1:32:57.6	5:49.4	73.46

NM 30 KM O 50 KM

Tolga (NOR)



kvinner 30 km Interval Start Classic

31-03-2023

Start Time: 10:00

Results

RK.	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	7,5 km Time Rank	15 km Time Rank	22,5 km Time Rank	FINISH TIME	BEHIND	FIS POINTS
20	65	3427352	MELLING Maria Hartz Konnerud IL	NOR 19 dec 2002	22:29.5 14	45:55.4 19	1:09:39.7 20	1:33:30.0	6:21.8	78.42
21	47	3426270	JORDHEIM Guro Kjelsås IL	NOR 01 nov 1996	22:51.8 21	46:21.6 22	1:10:01.1 21	1:33:50.9	6:42.7	81.62
22	32	3427344	FÜRSTENBERG Theresa Fossum IF	NOR 10 aug 2002	22:59.7 26	46:53.6 25	1:10:45.5 24	1:34:18.5	7:10.3	85.84
23	69	3426383	HARVIKEN Johanne Hauge Strandbygda IL	NOR 12 sep 1997	22:57.1 23	46:48.0 23	1:10:47.7 25	1:34:56.9	7:48.7	91.72
24	49	3426278	DYRHOVD Margrete Røssum Krødsherad IL	NOR 08 sep 1993	22:52.7 22	47:06.0 27	1:11:23.6 28	1:34:58.1	7:49.9	91.90
25	48	3426535	KNUDSEN Tiril Liverud Konnerud IL	NOR 31 aug 1998	23:08.1 30	46:00.4 20	1:10:27.1 22	1:35:15.4	8:07.2	94.55
26	43	3426641	WALTENBERG Julie Lyngen-Karnes IL	NOR 17 jan 1999	22:58.5 25	46:54.6 26	1:11:15.8 27	1:35:19.9	8:11.7	95.24
	44	3426490	NORDLUNDE Mari Follebu SK	NOR 04 okt 1998	23:02.1 28	47:08.6 29	1:11:31.2 29	1:35:19.9	8:11.7	95.24
28	46	3427066	SNORTHEIMSMOEN Thea Vestre Slidre IL	NOR 06 jul 2001	23:22.8 32	46:53.5 24	1:11:07.0 26	1:35:21.0	8:12.8	95.41
29	34	3427029	GRØTTING Karoline Lillehammer Skiklub	NOR 05 jun 2001	23:01.7 27	47:08.0 28	1:10:40.6 23	1:35:35.9	8:27.7	97.69
30	27	3426994	RØTVEI Nora Oppdal IL	NOR 10 jun 2000	23:24.5 33	47:18.9 30	1:11:34.6 30	1:35:51.3	8:43.1	100.04
31	23	3426873	SØRUM Thea Lillehammer Skiklub	NOR 27 mar 2000	23:30.1 35	47:46.6 36	1:12:17.1 32	1:36:31.7	9:23.5	106.22
32	35	3427337	ANDERSEN Hanna Eckhardt Lyn Ski	NOR 10 sep 2002	23:35.1 38	47:44.8 34	1:12:18.3 33	1:36:42.6	9:34.4	107.89
33	25	3427370	MOLAND Maja Kjærås Lillehammer Skiklub	NOR 08 jun 2002	23:46.9 39	48:19.8 38	1:12:34.6 36	1:36:49.7	9:41.5	108.98
34	45	3427099	RAMSTAD Ida Lillehammer Skiklub	NOR 01 maj 2001	23:49.1 40	48:08.0 37	1:12:44.4 38	1:37:10.9	10:02.7	112.22
35	51	3427161	ANDERSEN Nora Røa Allianserettslag	NOR 07 mar 2001	23:02.2 29	47:27.0 31	1:12:11.7 31	1:37:16.3	10:08.1	113.05
36	28	3426658	FOLKVORD Mari Sandnes IL	NOR 17 jun 1999	23:30.8 36	47:45.1 35	1:12:33.5 34	1:37:19.9	10:11.7	113.60
37	29	3045097	LIE Ellen Sjøhol Heming IL	NOR 23 aug 1994	23:25.2 34	47:36.8 32	1:12:33.7 35	1:37:26.9	10:18.7	114.67
38	24	3427167	GOLBERG Vilde Emilie Hjelmseth Njård	NOR 22 feb 2001	24:05.2 43	48:51.7 39	1:14:25.9 41	1:39:41.5	12:33.3	135.27
39	42	3426049	RØNNING Mathilde Hagen Vikersund IF	NOR 11 mar 1995	24:04.6 42	48:59.8 40	1:14:14.7 39	1:39:46.9	12:38.7	136.09
40	33	3427365	HOLE Kristine Hjelmbakk Lillehammer Skiklub	NOR 29 maj 2002	24:11.7 44	49:01.5 41	1:14:22.5 40	1:39:48.8	12:40.6	136.38
41	21	3426917	STORAA Silje Bardufoss og Omegn IF	NOR 06 maj 2000	24:24.4 47	49:15.4 42	1:14:31.8 42	1:39:49.4	12:41.2	136.48
42	9	3426482	MIDTSKOGEN Maiken Min Stor-Elvdal SK	NOR 26 maj 1998	24:11.7 45	50:10.5 48	1:15:43.7 46	1:41:12.7	14:04.5	149.22

NM 30 KM O 50 KM

Tolga (NOR)



kvinner 30 km Interval Start Classic

31-03-2023

Start Time: 10:00

Results

RK.	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	7,5 km Time Rank	15 km Time Rank	22,5 km Time Rank	FINISH TIME	BEHIND	FIS POINTS
43	13	3427048	SVENDSBY Martine Eldre Lillehammer Skiklub	NOR 19 maj 2001	24:39.0 52	49:58.7 45	1:15:22.5 43	1:41:25.5	14:17.3	151.18
44	40	3427187	AAREKOL Ragnhild Vindafjord IL	NOR 25 jul 2001	24:21.9 46	49:42.1 43	1:15:43.2 45	1:41:50.7	14:42.5	155.04
45	31	3427384	AUSTERÅ Synnøve Gjesdal IL	NOR 10 maj 2002	24:29.9 49	49:58.4 44	1:15:42.7 44	1:41:52.5	14:44.3	155.31
46	39	3427262	MYHRE Aurora Byåsen IL	NOR 16 sep 2002	24:29.5 48	50:05.7 46	1:16:14.5 47	1:42:15.5	15:07.3	158.83
47	19	3427056	SVEEN Carina Strandbygda IL	NOR 01 jun 2001	25:13.0 57	50:43.7 51	1:16:34.0 49	1:42:25.3	15:17.1	160.33
48	22	3427330	ARNESEN Astrid Lyn Ski	NOR 03 okt 2002	24:32.5 50	50:31.1 49	1:16:42.2 50	1:42:29.1	15:20.9	160.91
49	12	3427258	HAUGSKOTT Frida Buvik IL	NOR 22 jun 2002	24:50.9 53	50:31.1 49	1:17:01.9 51	1:43:37.6	16:29.4	171.39
50	41	3426638	SEIERSTAD Dorthe Ballangrud Raufoss IL Langrenn	NOR 04 mar 1999	24:35.7 51	50:08.7 47	1:16:23.0 48	1:43:54.5	16:46.3	173.98
51	5	3427448	HILLESTAD Stina Hafslø IL	NOR 13 maj 2002	25:24.1 59	51:30.4 54	1:17:56.3 52	1:44:28.5	17:20.3	179.18
52	6	3427438	HOLSTRØM Ellisif Luytkis Fossum IF	NOR 22 jul 2002	24:59.8 56	51:27.8 52	1:18:32.0 54	1:44:44.3	17:36.1	181.60
53	4	3427297	RUD Maja Friis Fossum IF	NOR 18 mar 2002	25:34.1 61	52:03.6 57	1:18:26.0 53	1:44:58.6	17:50.4	183.79
54	2	3427308	MEINICKE Julie Jutul IL	NOR 06 maj 2002	24:58.3 54	51:28.3 53	1:18:33.9 55	1:45:09.7	18:01.5	185.49
55	1	3427392	FLUGSTAD Andrine Fuglerud Gjøvik SK	NOR 24 feb 2002	25:29.2 60	51:58.2 56	1:19:03.9 56	1:45:37.1	18:28.9	189.68
56	3	3425179	KARSET Marthe Kristine Hafsaal Vang Skiløperforening	NOR 29 jul 1985	26:06.4 63	52:31.2 58	1:19:06.9 57	1:46:12.6	19:04.4	195.11
57	7	3425851	SKJERSTAD Emma Kristine Nittedal IL	NOR 03 jul 1990	26:39.4 66	54:05.7 61	1:22:07.2 58	1:50:00.9	22:52.7	230.05
58	18	3427452	HANSEN Mariell Stavnes Tverlandet IL	NOR 14 mar 2002	26:02.5 62	53:55.5 60	1:22:28.4 60	1:50:46.4	23:38.2	237.01
59	17	3427396	JOHNSEN Tuva Raufoss IL Langrenn	NOR 07 maj 2002	26:13.7 65	53:12.3 59	1:22:20.7 59	1:53:01.6	25:53.4	257.70

Did not start

11	3427397	FOSSUM-BJØRGE Mathilde Lillehammer Skiklub	NOR 12 nov 2002
15	3427355	RØNNING Tuva Hagen Vikersund IF	NOR 06 feb 2002
26	3425703	SLIND Kari Øyre Oppdal IL	NOR 22 okt 1991
38	3426811	ROFSTAD Hanne Wilberg Byåsen IL	NOR 08 apr 2000

NM 30 KM O 50 KM

Tolga (NOR)



kvinner 30 km Interval Start Classic

31-03-2023

Start Time: 10:00

Results

RK.	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	7,5 km Time Rank	15 km Time Rank	22,5 km Time Rank	FINISH TIME	BEHIND	FIS POINTS
Did not finish										
8	3426719		RUSTEN Tina Bækkelaget SK	NOR 20 sep 1999	26:13.3	64				
10	3426112		STENSETH Ane Appelkvist Grong IL	NOR 02 mar 1995	23:31.1	37				
16	3426934		GULLIKSTAD Pernille Søre Ål IL	NOR 05 sep 2000	24:59.8	55	51:56.2	55		
20	3427356		SORTÅSLØKKEN Tyra Lillehammer Skiklub	NOR 20 dec 2002	25:23.2	58				
30	3426815		ULVANG Runa Nykkelmo Kjelsås IL	NOR 21 okt 2001	24:00.1	41				
62	3426712		DRIVENES Julie Bjervig Lommedalens IL	NOR 23 sep 1999	22:35.2	19				
66	3426356		BERG Julie Victoria Leksvik IL	NOR 14 okt 1997	23:10.3	31	47:38.4	33	1:12:44.2	37

Weather	Snow Condition	Temperatures		Participants/Nation					
		Air	Snow	Entries	Ranked	DNS	DNF	DSQ	LAP
				70/ 1	59/ 1	4/ 1	7/ 1	0/ 0	0/ 0

Technical Delegate:	Race Secretary:
ELMQVIST Magnus (SWE)	MOEN Moen (NOR)

LEGEND	= Shared Rank	DNS Did not start	DNF Did not finish	DSQ Disqualified	LAP Lapped	RAL Ranked last
---------------	---------------	--------------------------	---------------------------	-------------------------	-------------------	------------------------

NM 30 KM O 50 KM

Tolga (NOR)



menn 50 km Interval Start Classic

31-03-2023

Start Time: 12:45

Results

Jury Information					Course Information						
Technical Delegate	ELMQVIST Magnus	SWE	Name:	Menn							
Assistant Technical Delegate	KVÅLE Hans Jørgen	NOR	Height Difference (HD):	79 m							
Chief of Competition	NORDVANG Anne Berit	NOR	Maximum Climb (MC)	44 m							
Assistant TD Nat.	HUSBY Erik	NOR	Total Climb (TC):	270 m							
			Length of Lap:	8.37 km							
			Number of Laps:	6							

RK.	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	10,4 km Time Rank	26,3 km Time Rank	41,5 km Time Rank	FINISH TIME	BEHIND	FIS POINTS
1	128	3421779	KRÜGER Simen Hegstad Lyn Ski	NOR 13 mar 1993	26:41.6 1	1:06:42.8 1	1:45:45.4 1	2:08:07.9	0.0	20.00
2	149	3423264	AMUNDSEN Harald Østberg Asker SK	NOR 18 sep 1998	27:09.9 3	1:08:18.5 2	1:48:15.5 2	2:10:45.8	2:37.9	36.43
3	136	3423782	MOSEBY Håvard Kjelsås IL	NOR 28 jul 1999	27:27.0 10	1:08:44.3 5	1:48:41.3 3	2:10:59.4	2:51.5	37.85
4	147	3420909	GOLBERG Pål Gol IL	NOR 16 jul 1990	27:17.4 7	1:08:55.7 6	1:49:17.0 4	2:11:42.9	3:35.0	42.37
5	155	3422021	TJELLE Johan Lyn Ski	NOR 20 maj 1994	27:14.3 4	1:09:01.0 8	1:49:32.5 6	2:12:00.3	3:52.4	44.18
6	134	3422712	DØNNESTAD Henrik Gulset IF	NOR 12 okt 1996	27:09.3 2	1:08:43.9 4	1:49:26.8 5	2:12:32.5	4:24.6	47.53
7	141	3423371	SIVERTSGÅRD Vegard Tydal IL	NOR 01 mar 1998	27:42.2 18	1:09:41.0 16	1:50:10.5 10	2:12:35.2	4:27.3	47.82
8	143	3424663	SANDVIK Edvard Kjelsås IL	NOR 25 okt 2001	27:16.8 6	1:08:42.1 3	1:49:33.7 7	2:12:37.6	4:29.7	48.06
9	145	3424373	REE Andreas Fjorden Støren Sportsklubb	NOR 16 apr 2000	27:33.4 13	1:09:45.4 17	1:50:18.6 11	2:12:47.3	4:39.4	49.07
10	140	3421845	GUNNULFSEN Mikael Ørn IF	NOR 25 mar 1993	27:39.9 17	1:10:07.5 23	1:50:40.5 13	2:13:09.7	5:01.8	51.41
11	144	3421164	SKAR Sindre Bjørnstad Bærum's Verk Hauger IF	NOR 22 jan 1992	28:02.5 24	1:10:12.6 25	1:50:47.5 14	2:13:13.2	5:05.3	51.77
12	131	3424534	HJELMESET Lars Agnar Gjelleråsen IF	NOR 18 aug 2001	27:33.5 14	1:09:38.1 13	1:50:54.4 17	2:13:35.3	5:27.4	54.07
13	99	3424223	JOHANSEN Iver Wang Kjelsås IL	NOR 18 feb 2000	27:24.4 9	1:08:59.3 7	1:50:22.8 12	2:13:41.0	5:33.1	54.66
14	150	3421269	STOCK Daniel Vadsø SK	NOR 16 sep 1992	27:28.5 12	1:09:40.8 15	1:50:50.9 15	2:13:49.7	5:41.8	55.57
15	138	3424235	ANDERSEN Iver Tildheim Rustad IL	NOR 29 sep 2000	28:02.8 26	1:10:38.4 28	1:51:41.6 22	2:14:04.6	5:56.7	57.12
16	133	3424227	THORVIK David Kjelsås IL	NOR 06 apr 2000	27:39.1 15	1:09:15.4 9	1:49:56.8 8	2:14:05.9	5:58.0	57.25
17	98	8420077	BJERTNÆS Bjarte Jevnaker IF	NOR 19 jan 2002	27:51.0 21	1:09:26.4 11	1:50:51.3 16	2:14:06.0	5:58.1	57.26
18	121	3423375	HOÅS Geir Kristian Lånke IL	NOR 25 nov 1998	28:05.1 27	1:10:07.7 24	1:51:30.5 20	2:14:32.1	6:24.2	59.98
19	117	3423534	HOPE Jon Rolf Skamo Hyen IL	NOR 17 feb 1998	27:15.0 5	1:09:38.5 14	1:51:22.4 18	2:14:41.8	6:33.9	60.99

NM 30 KM O 50 KM

Tolga (NOR)



menn 50 km Interval Start Classic

31-03-2023

Start Time: 12:45

Results

RK.	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	10,4 km Time Rank	26,3 km Time Rank	41,5 km Time Rank	FINISH TIME	BEHIND	FIS POINTS
20	151	3422263	KVÅLE Gaute Røldal IL	NOR 18 mar 1995	27:48.5 20	1:09:45.7 18	1:51:34.0 21	2:14:45.1	6:37.2	61.33
21	157	3424690	VIKA Jonas MjøSki	NOR 12 maj 2001	27:28.1 11	1:09:59.2 19	1:52:21.5 26	2:14:50.1	6:42.2	61.85
22	154	3424611	MØRK Martin Kirkeberg Drammens Ballklubb	NOR 16 jan 2001	27:45.9 19	1:09:32.7 12	1:50:04.1 9	2:14:55.8	6:47.9	62.45
23	156	3422613	JENSSEN Jan Thomas Hommelvik IL	NOR 01 apr 1996	28:07.8 29	1:10:52.0 30	1:53:04.8 29	2:15:19.4	7:11.5	64.90
24	129	3424190	KORSÆTH Amund August Trøsken IL	NOR 18 maj 2000	28:18.3 35	1:10:34.7 27	1:51:52.6 25	2:15:46.3	7:38.4	67.70
25	81	3423503	SØRENSEN Lars Rustad IL	NOR 26 feb 1998	28:28.7 46	1:11:11.4 32	1:52:56.1 27	2:16:05.7	7:57.8	69.72
26	135	3422186	TURTVEIT Vebjørn Voss IL	NOR 12 aug 1994	27:57.2 22	1:10:34.3 26	1:53:26.2 32	2:16:38.9	8:31.0	73.17
27	130	3424513	AAKERVIK Espen Fet SK	NOR 19 apr 2001	28:02.6 25	1:10:06.1 21	1:51:44.1 23	2:16:42.2	8:34.3	73.52
28	97	3423853	HÅBREKKE Magnus Øyaas Byåsen IL	NOR 04 mar 1999	28:23.1 39	1:09:59.8 20	1:51:23.4 19	2:16:45.9	8:38.0	73.90
29	122	3423482	MYHRE Simen Heming IL	NOR 15 aug 1998	28:15.8 33	1:10:58.7 31	1:53:04.7 28	2:17:18.2	9:10.3	77.26
30	84	3422992	WIIG Sivert Gjesdal IL	NOR 21 aug 1997	28:40.6 52	1:11:14.5 34	1:53:25.9 31	2:17:23.8	9:15.9	77.85
31	152	3423258	RAMSE Sondre Skomedal Øtra IL	NOR 08 mar 1998	27:18.5 8	1:09:15.8 10	1:51:46.5 24	2:18:07.4	9:59.5	82.38
32	25	3421420	NYDAL Erlend Asker SK	NOR 05 nov 1992	28:26.9 44	1:11:26.5 38	1:54:02.2 34	2:18:10.1	10:02.2	82.66
33	119	3424640	INGEBRIGTSEN Edvin Bratsberg IL	NOR 24 jan 2001	28:23.7 41	1:11:21.4 37	1:54:01.2 33	2:18:14.5	10:06.6	83.12
34	148	3424067	MICHELTSEN Even Solem Byåsen IL	NOR 27 mar 2000	27:39.6 16	1:10:06.2 22	1:53:18.7 30	2:18:23.4	10:15.5	84.05
35	109	3423627	SKAANES Håkon Strindheim IL	NOR 01 sep 1999	27:59.7 23	1:11:14.5 33	1:54:31.2 36	2:18:35.9	10:28.0	85.35
36	104	3423660	JOHANSEN Sivert Leander Drammens Ballklubb	NOR 04 dec 1999	29:04.5 64	1:12:47.2 54	1:55:13.2 39	2:18:53.4	10:45.5	87.17
37	123	3423986	BJØRTOMT Johan Heni Olsen Gjerdrum IL	NOR 14 apr 1999	28:29.8 47	1:12:08.4 42	1:54:56.1 37	2:19:09.3	11:01.4	88.83
38	139	3424466	VESTAD Karsten Andre Molde og Omegn IF	NOR 23 jan 2001	28:21.7 37	1:12:25.8 45	1:55:05.6 38	2:19:40.4	11:32.5	92.06
39	108	3423008	MARTENS MEYER Herman Åsen IL	NOR 12 jan 1997	28:45.1 54	1:12:32.6 48	1:55:20.3 40	2:19:47.1	11:39.2	92.76
40	103	3424094	LIAN Magnus Harr Klæbu IL	NOR 20 sep 2000	28:22.5 38	1:12:50.4 56	1:55:43.4 44	2:19:49.8	11:41.9	93.04
41	96	3423629	BERSET Kristoffer Strindheim IL	NOR 20 jan 1999	28:27.5 45	1:11:48.1 39	1:55:23.6 41	2:20:01.7	11:53.8	94.28
42	113	3423274	HUSDAL Henrik Bækkelaget SK	NOR 29 aug 1998	28:36.2 49	1:13:10.3 59	1:56:09.6 49	2:20:02.0	11:54.1	94.31

NM 30 KM O 50 KM

Tolga (NOR)



menn 50 km Interval Start Classic

31-03-2023

Start Time: 12:45

Results

RK.	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	10,4 km Time Rank	26,3 km Time Rank	41,5 km Time Rank	FINISH TIME	BEHIND	FIS POINTS
43	92	3423657	MIKKELSPASS Kristen Bromma IL	NOR 26 sep 1999	29:03.9 63	1:12:45.4 51	1:56:13.9 51	2:20:10.0	12:02.1	95.14
44	73	3424675	THORESEN Jonas Dyrli Røa Allianseidrettslag	NOR 01 sep 2001	29:08.0 69	1:12:49.0 55	1:56:04.9 48	2:20:16.2	12:08.3	95.79
45	120	3424241	NICOLAISEN Erik Senja Ski	NOR 19 jun 2000	28:36.5 50	1:12:31.1 47	1:56:16.6 52	2:20:19.4	12:11.5	96.12
46	101	3422358	ARNESEN Harald Astrup Heming IL	NOR 24 apr 1995	28:26.8 43	1:12:15.8 44	1:56:00.0 47	2:20:27.3	12:19.4	96.94
47	75	3424641	OPSAI Mats MjøSki	NOR 21 mar 2001	28:23.3 40	1:12:37.9 50	1:55:56.2 46	2:20:30.6	12:22.7	97.29
48	65	3423430	MYKLEMYR Vegard Bromma IL	NOR 09 maj 1998	29:31.9 82	1:13:39.2 69	1:56:51.3 57	2:20:42.4	12:34.5	98.51
49	63	3424694	GAUTVIK Mikkel Waldeland Molde og Omegn IF	NOR 25 mar 2001	30:03.3 103	1:14:24.6 79	1:57:26.9 62	2:20:58.8	12:50.9	100.22
50	83	3424556	BRUSTAD Herman Gui Sportsklubb	NOR 22 maj 2001	29:02.6 62	1:13:18.3 63	1:56:36.0 54	2:21:00.4	12:52.5	100.39
51	95	3423006	HOEL Amund Åsen IL	NOR 17 jul 1997	28:33.9 48	1:12:28.5 46	1:56:13.8 50	2:21:13.6	13:05.7	101.76
52	67	3423718	VESTERÅS Marius Viken Varde IL	NOR 10 okt 1999	29:15.4 76	1:13:08.5 58	1:56:36.8 55	2:21:16.6	13:08.7	102.07
53	142	3421849	MYSEN Eirik Oseberg Skilag	NOR 06 maj 1993	28:36.7 51	1:11:57.0 40	1:55:37.7 42	2:21:25.6	13:17.7	103.01
54	115	3424337	MYHR Petter Bygdø IL	NOR 05 mar 2000	28:15.2 32	1:10:48.7 29	1:55:39.8 43	2:21:56.2	13:48.3	106.19
55	89	3424878	SENDSTAD Eirik Åsen IL	NOR 18 sep 2001	29:10.0 72	1:13:55.8 72	1:57:13.8 59	2:22:03.3	13:55.4	106.93
56	45	3424509	FODSTAD Fredrik Gerardo Lillehammer Skiklub	COL 07 jan 2001	29:38.7 85	1:13:11.6 61	1:56:25.0 53	2:22:03.5	13:55.6	106.95
57	132	3423235	BUVARP Martin Julian Byåsen IL	NOR 08 aug 1998	28:08.6 30	1:12:04.1 41	1:56:56.8 58	2:22:25.6	14:17.7	109.25
58	126	8420096	DUKSTAD Daniel Voss IL	NOR 02 jan 2002	28:42.2 53	1:12:08.6 43	1:54:21.0 35	2:22:33.0	14:25.1	110.02
59	8	3421731	LEREN Tore Tolga IL	NOR 05 okt 1993	30:07.1 105	1:14:31.4 80	1:58:03.6 66	2:22:54.7	14:46.8	112.28
60	100	3422795	RAMSTAD Simen Christopher Bratberg Vind IL	NOR 26 aug 1996	28:54.8 59	1:13:57.0 74	1:58:40.6 73	2:23:06.8	14:58.9	113.54
61	12	3424405	KIRKEEIDE Simon Hjelmeset Markane IL	NOR 06 dec 2000	29:49.7 90	1:14:43.6 86	1:58:46.2 75	2:23:10.3	15:02.4	113.90
62	69	3423084	SKINSTAD Mårten Soleng Vind IL	NOR 18 apr 1997	29:07.4 68	1:12:47.1 53	1:57:14.5 60	2:23:11.7	15:03.8	114.05
63	106	3423681	TYRIBAKKEN Bjørnar Stensrud Bromma IL	NOR 23 maj 1999	29:12.9 74	1:13:27.4 67	1:57:46.6 64	2:23:15.2	15:07.3	114.41
64	71	3424879	SKJOLD Oskar Lockert Åsen IL	NOR 17 dec 2002	29:05.0 65	1:14:01.4 75	1:58:23.9 68	2:23:30.4	15:22.5	116.00
65	44	3424828	WEBJØRNSSEN Henrik Bøyum Rustad IL	NOR 16 okt 2002	30:10.9 107	1:13:41.9 70	1:57:54.4 65	2:23:38.7	15:30.8	116.86

NM 30 KM O 50 KM

Tolga (NOR)



menn 50 km Interval Start Classic

31-03-2023

Start Time: 12:45

Results

RK.	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	10,4 km Time Rank	26,3 km Time Rank	41,5 km Time Rank	FINISH TIME	BEHIND	FIS POINTS
66	19	3423897	TOLO Henrik Vik Asker SK	NOR 23 apr 1999	29:29.0 81	1:14:10.2 76	1:58:22.6 67	2:23:39.4	15:31.5	116.93
67	21	3420969	BREDA Mats Håkon Sande Sportsklubb	NOR 10 jun 1989	29:20.3 77	1:13:46.0 71	1:58:35.4 72	2:23:41.8	15:33.9	117.18
68	86	3424545	LUKA Eivind Gjerdrum IL	NOR 20 apr 2001	29:52.8 99	1:15:10.2 90	1:58:50.2 76	2:23:47.5	15:39.6	117.77
69	118	3422016	SJØLI Mattis Halmsås og Omegn SKI	NOR 02 apr 1994	29:15.1 75	1:14:39.9 84	1:59:04.9 78	2:24:08.3	16:00.4	119.94
70	36	3424998	HAUGAN Armann Saastad Lyn Ski	NOR 18 jan 2002	29:51.4 97	1:12:46.7 52	1:56:41.1 56	2:24:15.9	16:08.0	120.73
71	85	3424484	BERGSLAND Andreas Trøsken IL	NOR 15 apr 2001	29:08.1 70	1:14:11.7 77	1:58:55.8 77	2:24:17.7	16:09.8	120.92
72	90	3424193	HOLT Filip Glittenberg Nes Ski	NOR 25 jul 2000	30:10.4 106	1:15:04.3 89	1:58:45.4 74	2:24:26.7	16:18.8	121.85
73	79	3424829	FALKANGER August Bertheussen Byåsen IL	NOR 14 maj 2002	28:49.0 57	1:13:22.7 65	1:59:15.0 80	2:24:31.0	16:23.1	122.30
74	60	3422669	VOLLSET Kristoffer By NTNUi	NOR 19 feb 1996	29:45.4 88	1:15:14.2 91	1:59:31.9 82	2:24:31.8	16:23.9	122.38
75	111	3424944	SPIGSETH Ola Nes Ski	NOR 18 aug 2002	28:19.3 36	1:13:24.8 66	1:58:24.4 69	2:24:48.5	16:40.6	124.12
76	94	3423491	TANDBERG Jostein Kjelsås IL	NOR 28 feb 1998	29:08.7 71	1:13:14.4 62	1:58:28.3 70	2:24:53.8	16:45.9	124.67
77	78	3424683	VIK Lars Young Njård	AUS 09 jan 2001	29:22.6 79	1:14:38.6 83	1:59:56.3 86	2:25:03.7	16:55.8	125.70
78	17	3423179	HAUG Henrik Sørлие Lyn Ski	NOR 25 maj 1997	29:35.6 84	1:15:01.1 87	2:00:07.7 87	2:25:13.0	17:05.1	126.67
79	6	3423539	GALÅEN Håvard Kne Røros IL	NOR 13 apr 1998	30:27.4 113	1:15:18.4 92	1:59:27.2 81	2:25:16.2	17:08.3	127.00
80	70	3424446	BOTN Johan-olav Smørddal Stårheim IL	NOR 18 jun 1999	29:05.1 66	1:13:05.4 57	1:57:46.4 63	2:25:17.1	17:09.2	127.10
81	66	3422986	AASBØ Jonas Surnadal IL	NOR 10 aug 1997	29:34.1 83	1:14:32.0 81	1:59:47.9 83	2:25:23.9	17:16.0	127.81
82	153	3423192	FOSSE Erling Fagerbakke Voss IL	NOR 06 mar 1997	28:15.8 34	1:12:33.9 49	1:59:07.2 79	2:25:36.4	17:28.5	129.11
83	42	3424199	SOLHEIM Jan Marcus Nielsen Bygdø IL	NOR 29 aug 2000	29:50.9 96	1:15:34.3 96	2:01:02.9 92	2:26:04.8	17:56.9	132.06
84	105	3424614	HERLAND Kasper Andersson Hemsedal IL	NOR 08 maj 2001	29:24.8 80	1:13:56.8 73	1:58:34.4 71	2:26:07.5	17:59.6	132.34
85	48	3423995	STIGEN Jørgen Hamar SK	NOR 31 maj 1999	29:49.7 91	1:15:03.2 88	2:00:23.1 89	2:26:11.4	18:03.5	132.75
86	77	3424656	GUNDERSEN Birk Møller Lyn Ski	NOR 07 jul 2001	28:45.5 55	1:13:10.9 60	1:59:50.9 85	2:26:13.9	18:06.0	133.01
87	93	3424922	HAMMERSTAD Brage Buseth Haslum IL	NOR 01 apr 2002	29:47.7 89	1:16:02.4 98	2:01:08.5 93	2:26:25.6	18:17.7	134.23
88	33	3423640	ANDERSSON Axel Ranheim SK	NOR 21 apr 1999	30:14.3 108	1:16:07.2 99	2:01:26.4 96	2:26:28.7	18:20.8	134.55

NM 30 KM O 50 KM

Tolga (NOR)



menn 50 km Interval Start Classic

31-03-2023

Start Time: 12:45

Results

RK.	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	10,4 km Time Rank	26,3 km Time Rank	41,5 km Time Rank	FINISH TIME	BEHIND	FIS POINTS
89	53	3424671	PEDERSEN Bendik Håland Rustad IL	NOR 26 feb 2001	29:44.6 86	1:14:22.5 78	1:59:50.8 84	2:26:35.2	18:27.3	135.23
90	116	3423749	RYSSTAD Aron Åkre Vålle IL	NOR 11 apr 1999	28:25.2 42	1:15:25.7 94	2:01:22.5 95	2:26:39.8	18:31.9	135.70
91	72	3190437	LAUDE Camille Bernard Olivier Bygdø IL	FRA 08 maj 1998	28:06.7 28	1:11:16.6 35	1:57:24.9 61	2:26:55.1	18:47.2	137.30
92	3	3421448	GEVING Marius Strand Byåsen IL	U23 NOR 31 dec -4714	29:50.0 93	1:15:19.3 93	2:00:32.1 90	2:27:17.3	19:09.4	139.61
93	125	3423502	HÆGELAND Tor Olav Nesheim Rustad IL	NOR 12 apr 1998	28:46.6 56	1:13:35.1 68	2:00:18.2 88	2:27:25.8	19:17.9	140.49
94	107	3424840	SCHJØLBERG Jørgen Tynset IF	NOR 29 nov 2002	28:56.0 60	1:14:40.8 85	2:01:00.6 91	2:27:48.1	19:40.2	142.81
95	112	3424181	FRIDLUND Jonas Hammelow Lillehammer Skiklub	NOR 31 mar 2000	29:45.0 87	1:16:10.0 100	2:02:29.1 102	2:27:54.2	19:46.3	143.45
96	62	3424128	PEDERSEN Sondre Bjørkeng Nes Ski	NOR 15 jun 2000	29:55.9 100	1:15:26.9 95	2:01:48.5 98	2:27:54.3	19:46.4	143.46
97	114	3424104	EITERJORD Nikolai Solem Innstranda IL	NOR 26 feb 2000	29:21.3 78	1:16:11.5 101	2:02:23.3 101	2:28:08.9	20:01.0	144.98
98	50	3422228	BLIKRA Endre Strindheim IL	NOR 30 apr 1994	31:15.2 124	1:16:43.9 108	2:01:43.7 97	2:28:09.9	20:02.0	145.08
99	38	8420009	TEISBEKK Sander Idrettslaget Ros	NOR 19 apr 2002	29:49.9 92	1:16:25.1 105	2:02:13.4 99	2:28:24.4	20:16.5	146.59
100	80	3424269	EVENSEN Ansgar Vind IL	NOR 18 apr 2000	29:06.6 67	1:16:21.4 104	2:01:13.4 94	2:28:28.8	20:20.9	147.05
101	2	3424585	HELLA Eirik Gui Sportsklubb	NOR 19 maj 2001	30:29.0 114	1:16:52.6 110	2:03:06.3 103	2:28:36.1	20:28.2	147.81
102	1	3422445	FOYN Christian Berge NTNUI	NOR 08 dec 1995	29:50.6 94	1:17:40.4 115	2:03:39.4 106	2:29:01.6	20:53.7	150.46
103	51	3424866	WIST Henrik Valør Byaasen Skiklub	NOR 27 okt 2002	30:06.1 104	1:16:15.7 103	2:03:26.8 104	2:29:21.1	21:13.2	152.49
104	35	8420075	STRANDHAUG Fredrik Haugen Lillehammer Skiklub	NOR 05 feb 2002	29:50.7 95	1:15:51.1 97	2:02:20.6 100	2:30:04.4	21:56.5	156.99
105	87	3424637	FISKVIK Kristoffer Jullum IL Varden Meråker	NOR 07 maj 2001	30:20.9 110	1:17:00.8 111	2:03:41.9 107	2:30:16.8	22:08.9	158.28
106	49	3424416	SÆTHRE Jakob Eiksund Fossum IF	NOR 13 nov 1999	31:51.2 130	1:18:53.4 124	2:04:52.7 113	2:30:23.8	22:15.9	159.01
107	32	3423641	BØGEBERG Christian Tobias Ranheim SK	NOR 02 sep 1999	30:26.7 112	1:16:39.1 107	2:03:31.9 105	2:30:53.1	22:45.2	162.06
108	28	3423638	BOSTAD Andreas Talseth Ranheim SK	NOR 14 sep 1999	31:35.1 126	1:18:23.8 120	2:04:47.7 112	2:31:23.3	23:15.4	165.20
109	40	8420127	MATHISEN Erik Tromsø SK Langrenn	NOR 02 aug 2002	31:03.9 119	1:18:32.6 121	2:05:10.7 114	2:31:44.8	23:36.9	167.44
110	58	3424454	ROGNES Bernt Emil Finserås Utleira IL	NOR 30 jan 2001	29:58.2 101	1:16:15.2 102	2:03:46.5 108	2:31:48.3	23:40.4	167.81
111	27	3422209	STEIEN Aasmund Kjølmoen Tolga IL	NOR 25 okt 1993	31:09.5 121	1:18:42.3 123	2:05:19.3 115	2:32:16.6	24:08.7	170.75

NM 30 KM O 50 KM

Tolga (NOR)



menn 50 km Interval Start Classic

31-03-2023

Start Time: 12:45

Results

RK.	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	10,4 km Time Rank	26,3 km Time Rank	41,5 km Time Rank	FINISH TIME	BEHIND	FIS POINTS
112	22	3424598	STØA Erik Kjønnpø Idrettslaget Ros	NOR 10 apr 2001	30:22.4 111	1:17:15.9 113	2:04:35.5 110	2:32:22.1	24:14.2	171.32
113	88	3423435	MESTVEDTHAGEN Sevat Hemsedal IL	NOR 07 okt 1998	30:01.0 102	1:17:11.0 112	2:05:24.0 117	2:33:00.5	24:52.6	175.32
114	54	3424221	AAS-JAKOBSEN Andreas Heming IL	NOR 10 maj 2000	30:49.5 118	1:18:01.6 117	2:05:21.2 116	2:33:02.9	24:55.0	175.57
115	55	3424954	BRUUN Fredrik Strande Gui Sportsklubb	NOR 25 okt 2002	31:11.1 122	1:18:17.7 119	2:05:51.8 118	2:33:24.0	25:16.1	177.76
116	74	3100500	GLEDHILL Gabriel Winston Lillehammer Skiklub	GBR 24 nov 2002	29:51.9 98	1:16:36.1 106	2:04:27.1 109	2:33:27.9	25:20.0	178.17
117	31	3424717	MOSTRAUM Elias Osterøy IL	NOR 18 maj 2001	30:34.4 116	1:16:51.1 109	2:04:37.4 111	2:33:39.1	25:31.2	179.34
118	59	3424723	KJELSTAD Sander Eggen Støren Sportsklubb	NOR 03 jul 2001	30:38.3 117	1:17:43.4 116	2:06:03.9 119	2:33:39.5	25:31.6	179.38
119	37	3100366	ZECHEL Maks Peter Asker SK	NOR 29 aug 1997	31:49.2 129	1:19:55.1 125	2:06:47.6 121	2:34:23.2	26:15.3	183.93
120	43	3424767	SLIND Jørgen Selbu IL	NOR 02 maj 2001	31:59.4 132	1:21:06.1 131	2:08:41.5 122	2:35:41.4	27:33.5	192.06
121	26	8421313	SYNNESTVEDT Victor Samuel Åsen IL	NOR 31 maj 1998	31:44.1 128	1:20:05.5 126	2:08:46.3 123	2:36:57.8	28:49.9	200.01
122	102	3424540	SEDENIUSSEN Magnus Nikolai Lyn Ski	NOR 29 dec 2001	29:00.4 61	1:13:20.6 64	2:06:14.7 120	2:38:12.5	30:04.6	207.79
123	41	3424196	DRIVENES Philip Nes Ski	NOR 06 dec 2000	31:52.2 131	1:20:48.3 130	2:10:45.4 125	2:38:58.2	30:50.3	212.54
124	57	8420044	NISTAD Ivar Førde IL	NOR 11 jul 2002	31:07.9 120	1:20:10.2 127	2:10:56.8 127	2:39:01.7	30:53.8	212.91
125	56	3424706	SKADAL Joakim Utleira IL	NOR 28 jul 2001	31:37.2 127	1:20:35.2 129	2:10:02.2 124	2:39:05.1	30:57.2	213.26
126	64	3423548	SKJELDAL Kristian Bulken IL	NOR 05 maj 1998	31:28.5 125	1:21:15.9 132	2:10:46.0 126	2:39:12.3	31:04.4	214.01
127	30	3424546	NÆSS Øistein Fagerli Gjerdrum IL	NOR 24 jun 2001	32:45.9 137	1:23:21.7 136	2:13:08.3 131	2:40:48.0	32:40.1	223.97
128	24	3424069	LISTHAUG Johannes Utleira IL	NOR 22 okt 2000	32:39.1 136	1:22:22.7 134	2:12:55.2 130	2:41:04.7	32:56.8	225.71
129	23	3423761	JENSEN Anton Kjelsås IL	NOR 28 sep 1999	32:56.6 139	1:23:32.5 137	2:14:00.5 132	2:41:07.7	32:59.8	226.02
130	7	3421685	ASDØL Eirik IL Jørdar	NOR 23 jan 1993	29:12.0 73	1:18:32.8 122	2:14:03.3 133	2:41:11.6	33:03.7	226.42
131	29	3424318	ØVREBØ Lars Gaular IL	NOR 16 aug 2000	32:05.4 133	1:22:36.4 135	2:12:46.2 129	2:41:58.2	33:50.3	231.27
132	14	3423109	HOLMSTRØM Brian Nymo Valnesfjord IL	NOR 03 jan 1997	31:14.9 123	1:20:18.7 128	2:11:38.3 128	2:42:08.2	34:00.3	232.31
133	5	3424869	HYLEN Jonas Kvikne IL	NOR 08 nov 2002	32:16.8 134	1:22:21.3 133	2:14:35.8 134	2:45:30.1	37:22.2	253.32
134	13	3424579	EVENSEN Christian Stjern Strømmen og Lillestrøm	NOR 07 nov 2001	32:47.7 138	1:24:08.5 139	2:18:44.6 136	2:50:10.9	42:03.0	282.54

NM 30 KM O 50 KM

Tolga (NOR)



menn 50 km Interval Start Classic

31-03-2023

Start Time: 12:45

Results

RK.	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	10,4 km Time Rank	26,3 km Time Rank	41,5 km Time Rank	FINISH TIME	BEHIND	FIS POINTS
135	18	3423308	ENDRESTAD Sebastian Kristoffer Bækkelagets SK	CHI 24 nov 1998	32:29.5 135	1:24:06.9 138	2:18:22.9 135	2:50:16.2	42:08.3	283.09
136	16	8420027	RINGHUS Erik Brostigen Rein IL	NOR 25 mar 2002	34:37.8 141	1:27:37.4 141	2:23:49.1 138	2:57:34.8	49:26.9	328.73
137	10	3421555	SANDTRØEN Nils Kristen Tynset IF	U23 NOR 31 dec -4714	35:36.6 143	1:30:03.9 143	2:25:33.3 140	2:57:48.5	49:40.6	330.16
138	9	8420101	KLETTE Torjus Ørnar IL	U23 NOR 31 dec -4714	35:18.4 142	1:29:00.8 142	2:25:06.8 139	2:57:52.2	49:44.3	330.55
139	15	3424816	VELLE Henrik Bækkelagets SK	NOR 28 nov 1991	34:28.9 140	1:27:11.3 140	2:22:14.2 137	3:04:08.4	56:00.5	369.69
140	20	3423589	LIER Emil Håkon Asker SK	NOR 14 nov 1997	37:52.3 144	1:39:55.5 144	2:44:56.8 141	3:20:57.8	1:12:49.9	474.73

Did not start

4	8420467	BERG Peder Aarstad Galterud IF	NOR 06 okt 2002
11	3423365	LILLEVOLL Adrian Sandnes Valnesfjord IL	NOR 18 jan 1998
39	3424634	REPPEN Martin Spillum IL	NOR 15 okt 2001
46	3424844	LØFALD Erik Rindal IL	NOR 30 jun 2002
47	3424852	KJÆRNLI Jan Christian Rendalen IL	NOR 17 jun 2002
52	3424521	KVALE Nils Henrik Østre Toten Skilag	NOR 24 nov 2001
68	3424877	SENDSTAD Øystein Åsen IL	NOR 18 sep 2001
76	3424082	SLETTEN Erlend Lindland Oddersjaa SSK	NOR 04 nov 2000
91	3424549	HARBY Jørgen Lillehammer Skiklub	NOR 08 jan 2001
110	3424685	JENSSEN Matz William Njård	NOR 02 mar 2001
124	3423669	ØHLSCHLÄGEL Albert Sunde Lillehammer Skiklub	NOR 17 jul 1999
127	3422651	KVISLE Erland Asker SK	NOR 28 mar 1996
137	3422115	TEFRE Gjøran Holstad Førde IL	NOR 25 nov 1994
146	3422498	GRØNFLATEN Sindre Fjellørnen IL	NOR 04 apr 1995

NM 30 KM O 50 KM

Tolga (NOR)



menn 50 km Interval Start Classic

31-03-2023

Start Time: 12:45

Results

RK.	BIB	FIS CODE	NAME Club	NSA CODE Date of Birth	10,4 km Time Rank	26,3 km Time Rank	41,5 km Time Rank	FINISH TIME	BEHIND	FIS POINTS
Did not finish										
	34	3424407	HOV Eskil Kaupanger IL	NOR 04 feb 2000	30:19.4 109	1:17:40.1 114				
	61	3424089	STAAMI Bjørn-martin Staurland Stavanger SK	NOR 04 jul 2000	30:31.4 115	1:18:02.7 118				
	82	3423894	KVISLE Sjur Asker SK	NOR 28 aug 1999	28:51.9 58	1:14:38.2 82				
Disqualified										
	158	3420961	KROGH Finn-Hågen Tverrelvdalen IL	NOR 06 sep 1990	28:10.5 31	1:11:20.9 36	1:55:52.4 45			

Weather	Snow Condition	Temperatures		Participants/Nation					
		Air	Snow	Entries	Ranked	DNS	DNF	DSQ	LAP
				158/ 6	140/ 6	14/ 1	3/ 1	1/ 1	0/ 0

Technical Delegate:	Race Secretary:
ELMQVIST Magnus (SWE)	MOEN Moen (NOR)

LEGEND	= Shared Rank	DNS Did not start	DNF Did not finish	DSQ Disqualified	LAP Lapped	RAL Ranked last
---------------	---------------	--------------------------	---------------------------	-------------------------	-------------------	------------------------