

Menn senior 20 km Fri Official results

Jury/Competition management		Data of course	
Technical Delegate	Geir Mauseth	Name of course	Aasen 5 k
Assistand Technical Delegate	Thomas Darell	Height Difference (HD)	43
Assistant TD Nat.		Maximum climb (MM)	46
Chief of Competition	Rolf Hauger	Total Climb (MT)	179
Codex	3336	Laps	4
		Laplength	4960

Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
1	103	3422803	Mattis Stenshagen	Follebu SK	NOR	0:48:01,8	00:00,0	20,00
2	102	3423782	Håvard Moseby	Kjelsås IL	NOR	0:48:02,2	00:00,4	20,19
3	101	3420994	Didrik Tønseth	Byåsen IL	NOR	0:48:02,3	00:00,5	20,24
4	118	3423183	Thomas Qvist Bucher-Johannessen	Fossum IF	NOR	0:48:03,2	00:01,4	20,68
5	111	3422028	Magne Haga	Åsen IL	NOR	0:48:03,9	00:02,1	21,02
6	140	3422115	Gjørn Holstad Tefre	Førde IL	NOR	0:48:04,8	00:03,0	21,46
7	115	3424611	Martin Kirkeberg Mørk	Drammens Ballklubb	NOR	0:48:05,5	00:03,7	21,80
8	121	3422263	Gaute Kvåle	Røldal IL	NOR	0:48:06,9	00:05,1	22,48
9	105	3421845	Mikael Gunnulfsen	Ørn, IF	NOR	0:48:07,5	00:05,7	22,77
9	108	3422712	Henrik Dønnestad	Gulset IF	NOR	0:48:07,5	00:05,7	22,77
11	104	3424235	Iver Tildheim Andersen	Rustad IL	NOR	0:48:07,6	00:05,8	22,82
12	124	3424227	David Thorvik	Kjelsås IL	NOR	0:48:07,8	00:06,0	22,91
13	106	3422613	Jan Thomas Jenssen	Hommelvik IL	NOR	0:48:13,6	00:11,8	25,73
14	112	3422474	Ole Jørgen Bruvoll	Lierne IL	NOR	0:48:16,2	00:14,4	27,00
15	110	3424373	Andreas Fjorden Ree	Støren Sportsklubb	NOR	0:48:18,5	00:16,7	28,11
16	158	8420077	Bjarte Bjertnæs	Jevnaker	NOR	0:48:19,2	00:17,4	28,45
17	114	3421269	Daniel Stock	Vadsø SK	NOR	0:48:19,7	00:17,9	28,70
18	109	3423258	Sondre Skomedal Ramse	Otra IL	NOR	0:48:25,4	00:23,6	31,47
19	113	3422186	Vebjørn Turtveit	Voss IL	NOR	0:48:27,5	00:25,7	32,49
20	117	3424466	Karsten Andre Vestad	Molde og Omegn IF	NOR	0:48:29,7	00:27,9	33,55
21	130	3422498	Sindre Grønflaten	Fjellørnen IL	NOR	0:48:30,3	00:28,5	33,85
22	116	3422021	Johan Tjelle	Lyn Ski	NOR	0:48:30,7	00:28,9	34,04
23	123	3423371	Vegard Sivertsgård	Tydal IL	NOR	0:48:33,3	00:31,5	35,30
24	126	3424513	Espen Aakervik	Fet SK	NOR	0:48:37,7	00:35,9	37,44
25	120	3424534	Lars Agnar Hjelmeset	Gjelleråsen IF	NOR	0:48:41,4	00:39,6	39,24
26	107	3424663	Edvard Sandvik	Kjelsås IL	NOR	0:48:45,2	00:43,4	41,08
27	131	3423235	Martin Julian Buvarp	Byåsen IL	NOR	0:48:46,4	00:44,6	41,67
28	137	3423629	Kristoffer Berset	Strindheim IL	NOR	0:48:58,2	00:56,4	47,40
29	133	3423008	Herman Martens Meyer	Åsen IL	NOR	0:49:03,2	01:01,4	49,83
30	136	3423534	Jon Rolf Skamo Hope	Hyen IL	NOR	0:49:17,1	01:15,3	56,58
31	132	3423192	Erling Fagerbakke Fosse	Voss IL	NOR	0:49:17,9	01:16,1	56,97
32	135	3423375	Geir Kristian Hoås	Lånke IL	NOR	0:49:57,0	01:55,2	75,97
33	169	3423274	Henrik Husdal	Bækkelagets SK	NOR	0:49:57,7	01:55,9	76,31
34	144	8420096	Daniel Dukstad	Voss IL	NOR	0:49:58,5	01:56,7	76,69
35	147	3423669	Albert Sunde Øhlschlägel	Lillehammer Skiklub	NOR	0:50:06,3	02:04,5	80,48
36	153	3423627	Håkon Skaanes	Strindheim IL	NOR	0:50:10,1	02:08,3	82,33
37	163	3424181	Jonas Hammelow Fridlund	Lillehammer Skiklub	NOR	0:50:16,7	02:14,9	85,54

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Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
38	173	3424082	Erlend Lindland Sletten	Oddersjaa SSK	NOR	0:50:20,4	02:18,6	87,33
39	125	3424067	Even Solem Michelsen	Byåsen IL	NOR	0:50:21,2	02:19,4	87,72
40	204	3423749	Aron Åkre Rysstad	Valle IL	NOR	0:50:21,8	02:20,0	88,01
41	148	3423006	Amund Hoel	Åsen IL	NOR	0:50:28,9	02:27,1	91,46
42	170	3423681	Bjørnar Stensrud Tyribakken	Bromma IL	NOR	0:50:37,5	02:35,7	95,64
43	139	3424337	Petter Myhr	Bygdø IL	NOR	0:50:38,7	02:36,9	96,22
44	164	3424860	Magnus Thorstensen	Strindheim IL	NOR	0:50:44,0	02:42,2	98,80
45	128	3422940	Ole Morten Engesvold Flataker	Hommelvik IL	NOR	0:50:53,9	02:52,1	103,61
46	119	3390167	Alvar Johannes Alev	Heming, IL	EST	0:50:56,4	02:54,6	104,82
47	166	3422016	Mattis Sjøli	Halmsås og Omegn	NOR	0:50:57,6	02:55,8	105,41
48	171	3423503	Lars Sørensen	Rustad IL	NOR	0:51:00,6	02:58,8	106,86
49	167	3424675	Jonas Dyrli Thoresen	Røa	NOR	0:51:02,7	03:00,9	107,88
50	146	3423986	Johan Heni Olsen Bjørtomt	Gjerdrum IL	NOR	0:51:05,0	03:03,2	109,00
51	134	3424223	Iver Wang Johansen	Kjelsås IL	NOR	0:51:08,9	03:07,1	110,89
52	186	3424877	Øystein Sendstad	Åsen IL	NOR	0:51:09,3	03:07,5	111,09
53	152	3424944	Ola Spigseth	Nes Ski	NOR	0:51:09,6	03:07,8	111,23
54	138	3424846	Preben Horven	Bossmo og Ytteren	NOR	0:51:10,5	03:08,7	111,67
55	157	3422417	Mikkel Arntsen	Sortland og Omegn	NOR	0:51:15,6	03:13,8	114,15
56	142	3422291	Edvin Kristoffer Frost	Tromsø SK	NOR	0:51:20,4	03:18,6	116,48
57	154	3423502	Tor Olav Nesheim Hægeland	Rustad IL	NOR	0:51:23,3	03:21,5	117,89
58	179	3423718	Marius Viken Vesterås	Varde IL	NOR	0:51:24,7	03:22,9	118,57
59	143	3424241	Erik Nicolaisen	Senja Ski	NOR	0:51:27,9	03:26,1	120,12
60	180	3424549	Jørgen Harby	Lillehammer Skiklub	NOR	0:51:39,9	03:38,1	125,95
61	141	3424094	Magnus Harr Lian	Klæbu IL	NOR	0:51:58,4	03:56,6	134,94
62	151	3424640	Edvin Ingebrigtsen	Bratsberg IL	NOR	0:52:03,2	04:01,4	137,27
63	150	3423660	Sivert Leander Johansen	Drammens Ballklubb	NOR	0:52:03,7	04:01,9	137,52
64	184	3424922	Brage Buseth Hammerstad	Haslum IL	NOR	0:52:14,0	04:12,2	142,52
65	162	3422795	Simen Christopher Bratberg Ramstad	Vind IL	NOR	0:52:23,0	04:21,2	146,89
66	199	3424128	Sondre Bjørkeng Pedersen	Nes Ski	NOR	0:52:25,6	04:23,8	148,16
67	205	8420009	Sander Teisbekk	Idrettslaget Ros	NOR	0:52:28,7	04:26,9	149,66
68	187	3424879	Oskar Lockert Skjold	Åsen IL	NOR	0:52:39,1	04:37,3	154,71
69	182	3424637	Kristoffer Jullum Fiskvik	IL Varden Meråker	NOR	0:52:40,5	04:38,7	155,39
70	177	3424686	Frederik Arent Rogstad	Njård	NOR	0:52:40,9	04:39,1	155,59
71	160	3424540	Magnus Nikolai Sedeniussen	Lyn Ski	NOR	0:52:53,3	04:51,5	161,61
72	155	3424104	Nikolai Solem Eiterjord	Innstranda IL	NOR	0:52:55,2	04:53,4	162,54
73	122	3422651	Erland Kvisle	Asker SK	NOR	0:52:58,5	04:56,7	164,14
74	201	3423641	Christian Tobias Bøgeberg	Ranheim SK	NOR	0:53:08,6	05:06,8	169,05

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Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
75	222	3424474	Geir Lervik	Matningsdal IL	NOR	0:53:10,7	05:08,9	170,07
76	195	3424565	Morten Antonsen	Gjerdrum IL	NOR	0:53:14,3	05:12,5	171,81
77	203	3424634	Martin Reppen	Spillum IL	NOR	0:53:21,8	05:20,0	175,46
78	191	3424193	Filip Glittenberg Holt	Nes Ski	NOR	0:53:26,6	05:24,8	177,79
79	168	3423894	Sjur Kvisle	Asker SK	NOR	0:53:30,7	05:28,9	179,78
80	149	3424246	Teodor Kruse Sørensen	Tromsø SK	NOR	0:53:41,8	05:40,0	185,17
81	185	3423491	Jostein Tandberg	Kjelsås IL	NOR	0:53:55,3	05:53,5	191,73
82	181	3424852	Jan Christian Kjærnli	Rendalen IL	NOR	0:53:57,4	05:55,6	192,75
83	200	3423657	Kristen Mikkelsplass	Bromma IL	NOR	0:53:58,1	05:56,3	193,09
83	183	3100500	Gabriel Winston Gledhill	Lillehammer Skiklub	GBR	0:53:58,1	05:56,3	193,09
85	161	3422358	Harald Astrup Arnesen	Heming, IL	NOR	0:54:06,1	06:04,3	196,98
86	156	3424484	Andreas Bergsland	Trøsken IL	NOR	0:54:07,0	06:05,2	197,42
87	232	3423540	Eirik Bergene Aabrekk	Runar, IL	NOR	0:54:11,8	06:10,0	199,75
88	196	3424545	Eivind Luka	Gjerdrum IL	NOR	0:54:20,5	06:18,7	203,98
89	197	3423931	Kristian Erling Skogvold	Gjerdrum IL	NOR	0:54:23,2	06:21,4	205,29
90	223	3424598	Erik Kjønne Støa	Idrettslaget Ros	NOR	0:54:24,0	06:22,2	205,68
91	127	3423853	Magnus Øyaas Håbrekke	Byåsen IL	NOR	0:54:24,7	06:22,9	206,02
92	231	8420413	Christian Brennhovd Bang	NTNUI	NOR	0:54:26,3	06:24,5	206,79
93	174	3424652	Bastian Karlsen Antonsen	Lyn Ski	NOR	0:54:35,5	06:33,7	211,26
94	216	3100366	Maks Peter Zechel	Asker SK	CAN	0:54:40,7	06:38,9	213,79
95	194	3423995	Jørgen Stigen	Hamar SK	NOR	0:54:49,1	06:47,3	217,87
96	218	3424954	Fredrik Strande Bruun	Gui Sportsklubb	NOR	0:55:04,8	07:03,0	225,50
97	189	3424844	Erik Løfald	Rindal IL	NOR	0:55:28,6	07:26,8	237,06
98	178	3250035	Albert Jonsson	Lillehammer Skiklub	ISL	0:55:29,7	07:27,9	237,59
99	219	3424706	Joakim Skadal	Utleira IL	NOR	0:55:50,6	07:48,8	247,75
100	215	3424612	Vetle Leander Johansen	Drammens Ballklubb	NOR	0:56:12,2	08:10,4	258,24
101	190	3424656	Birk Møller Gundersen	Lyn Ski	NOR	0:56:12,7	08:10,9	258,48
102	207	3424717	Elias Mostrum	Osterøy IL	NOR	0:56:19,7	08:17,9	261,88
103	208	8420044	Ivar Nistad	Førde IL	NOR	0:56:34,0	08:32,2	268,83
104	224	3423638	Andreas Tøseth Bostad	Ranheim SK	NOR	0:56:35,3	08:33,5	269,46
105	220	3424089	Bjørn-martin Staurland Staavi	Stavanger SK	NOR	0:56:41,5	08:39,7	272,47
106	198	3424407	Eskil Hov	Kaupanger IL	NOR	0:57:57,0	09:55,2	309,15
107	212	3424871	Nikolai Hansen Bakken	Trysil IL	NOR	0:57:57,1	09:55,3	309,20
108	193	8420127	Erik Mathisen	Tromsø SK	NOR	0:58:40,7	10:38,9	330,38
109	221	3424196	Philip Drivenes	Nes Ski	NOR	0:59:34,0	11:32,2	356,28
110	226	3424579	Christian Stjern Evensen	Strømmen og	NOR	1:02:02,8	14:01,0	428,56
110	206	3510630	Christoph Gasche	Obergoms	SUI	1:02:02,8	14:01,0	428,56



EQUINOR NC ÅSEN FELLESSTART F

Åsen skistadion

fr 17 feb 2023



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Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
112	229	3423821	Marcus Linheim	Gulset IF	NOR	1:02:15,7	14:13,9	434,83
113	225	3220068	Matthew Chronicle	Gbr	GBR	1:02:39,4	14:37,6	446,34
114	228	3424038	Thomas Heyn	NTNUI	NOR	1:10:05,8	22:04,0	663,21
115	227	3423589	Emil Håkon Lier	Asker SK	NOR	1:10:32,1	22:30,3	675,99
	214	3423640	Axel Andersson	Ranheim SK	NOR	DNF		
	209	3424619	Even Karlsen	Lillehammer Skiklub	NOR	DNF		
	211	3424828	Henrik Bøyum Webjørnsen	Rustad IL	NOR	DNF		
	165	3424556	Herman Brustad	Gui Sportsklubb	NOR	DNF		
	213	8420059	Jakob Fredrik Degerstrøm Hanssen	Tromsø SK	NOR	DNF		
	217	3424618	Jostein Karlsen	Lillehammer Skiklub	NOR	DNF		
	159	3424840	Jørgen Schjølberg	Tynset IF	NOR	DNF		
	145	3424614	Kasper Andersson Herland	Hemsedal IL	NOR	DNF		
	175	3100415	Mats Alexander Halvorsen	Asker SK	CAN	DNF		
	188	3423435	Sevat Mestvedthagen	Hemsedal IL	NOR	DNF		
	172	3424893	Aleksander Elde Holmboe	Bærums Verk	NOR	DNS		
	192	3424671	Bendik Håland Pedersen	Rustad IL	NOR	DNS		
	129	3420961	Finn-Hågen Krogh	Tverrelvdalen IL	NOR	DNS		
	202	8420075	Fredrik Haugen Strandhaug	Lillehammer Skiklub	NOR	DNS		
	176	3424892	Nikolai Elde Holmboe	Bærums Verk	NOR	DNS		
	210	3423563	Per Ivar Sølve Reinemo	Hamar SK	NOR	DNS		
	230	8421313	Victor Samuel Synnøstvedt	Åsen IL	NOR	DNS		

Number of entered: 132

Number of started: 125



Equinor
Norgescup

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VI STØTTER
MORGENDAGENS
HELTER