

## Resultater

**Rennkomite**

TECHNICAL DELEGATE	MAUSETH Geir (NOR)
RENNLEDER	HOLTH Kenneth (NOR)
ASSISTANT TD	KREGNES Olav (NOR)
ASSISTANT TD	TØLLEFSEN Rune André (NOR)

**Løypedata**

NAVN	4.9 km blue
HØYDEDIFFERANSE	43 m
LENGSTE STIGNING	41 m
TOTAL STIGNING	256 m
LENGDE PA LØYPA	4839
RUNDER	2

ST.	RG.	ETAPPE	ETAPPE	ETAPPE	TEAM	TEAM	BAK
	ETAPPESTARTNUMMER	FARGENA	TID	RG.	BAK	TID	RG.
<b>1</b>	<b>1</b>	<b>NOR - LYN SKI 1</b>		Lyn Ski		<b>1:01:05.6</b>	<b>0.0</b>
	1-1	r / F	TJELLE Johan	19:56.9	6	+11.7	19:56.9 6 +11.7
	1-2	g / F	HOLUND Hans Christer	20:07.1	3	+5.5	40:04.0 1 0.0
	1-3	y / F	KRÜGER Simen Hegstad	21:01.6	7	+45.2	1:01:05.6 1 0.0
<b>2</b>	<b>14</b>	<b>NOR - LILLEHAMMER SKIKLUBB 1</b>		Lillehammer Skiklub		<b>1:01:36.7</b>	<b>+31.1</b>
	14-1	r / F	HAMNES Vegard	20:37.9	21	+52.7	20:37.9 21 +52.7
	14-2	g / F	NYENGET Martin Løvstrøm	20:11.7	4	+10.1	40:49.6 5 +45.6
	14-3	y / F	TAUGBØL Håvard Solås	20:47.1	6	+30.7	1:01:36.7 2 +31.1
<b>3</b>	<b>9</b>	<b>NOR - ÅSEN IL 1</b>		Åsen IL		<b>1:01:37.1</b>	<b>+31.5</b>
	9-1	r / F	MARTENS MEYER Herman	19:56.2	4	+11.0	19:56.2 4 +11.0
	9-2	g / F	HAGA Magne	20:34.4	6	+32.8	40:30.6 2 +26.6
	9-3	y / F	HOEL Johan	21:06.5	9	+50.1	1:01:37.1 3 +31.5
<b>4</b>	<b>4</b>	<b>NOR - BYÅSEN IL 1</b>		Byåsen IL		<b>1:01:40.6</b>	<b>+35.0</b>
	4-1	r / F	BUVARP Martin Julian	19:57.5	7	+12.3	19:57.5 7 +12.3
	4-2	g / F	RISETH Fredrik	21:26.7	18	+1:25.1	41:24.2 14 +1:20.2
	4-3	y / F	TØNSETH Didrik	20:16.4	1	0.0	1:01:40.6 4 +35.0
<b>5</b>	<b>11</b>	<b>NOR - KJELSÅS IL 1</b>		Kjelsås IL		<b>1:01:41.6</b>	<b>+36.0</b>
	11-1	r / F	BRANDSDAL Eirik	19:45.5	2	+0.3	19:45.5 2 +0.3
	11-2	g / F	THORVIK David	20:49.7	12	+48.1	40:35.2 3 +31.2
	11-3	y / F	MOSEBY Håvard	21:06.4	8	+50.0	1:01:41.6 5 +36.0
<b>6</b>	<b>57</b>	<b>NOR - TYDAL IL 1</b>		Tydal IL		<b>1:01:43.5</b>	<b>+37.9</b>
	57-1	r / F	STENSÅS Magnus	20:29.7	19	+44.5	20:29.7 19 +44.5
	57-2	g / F	SKJEVDAL Lars Gunnar	20:48.9	11	+47.3	41:18.6 11 +1:14.6
	57-3	y / F	DYRHAUG Niklas	20:24.9	3	+8.5	1:01:43.5 6 +37.9
<b>7</b>	<b>17</b>	<b>NOR - FOSSUM IF 1</b>		Fossum IF		<b>1:01:48.0</b>	<b>+42.4</b>
	17-1	r / F	ØSTENSEN Simen Håkon	20:40.2	22	+55.0	20:40.2 22 +55.0
	17-2	g / F	BUCHER-JOHANNESSEN Thomas Qvist	20:37.2	7	+35.6	41:17.4 9 +1:13.4
	17-3	y / F	LARSEN Thomas Helland	20:30.6	5	+14.2	1:01:48.0 7 +42.4
<b>8</b>	<b>3</b>	<b>NOR - ASKER SKIKLUBB 1</b>		Asker Skiklubb		<b>1:02:19.2</b>	<b>+1:13.6</b>
	3-1	r / F	JORDE Sindre Fjellheim	20:29.4	18	+44.2	20:29.4 18 +44.2
	3-2	g / F	KVISLE Sjur	21:26.9	19	+1:25.3	41:56.3 15 +1:52.3
	3-3	y / F	AMUNDSEN Harald Østberg	20:22.9	2	+6.5	1:02:19.2 8 +1:13.6
<b>9</b>	<b>28</b>	<b>NOR - IL HEMING 1</b>		IL Heming		<b>1:02:29.4</b>	<b>+1:23.8</b>
	28-1	r / F	STADAAS Kasper	19:55.7	3	+10.5	19:55.7 3 +10.5
	28-2	g / F	HAUGAN Øyvind Rikheim	21:23.7	16	+1:22.1	41:19.4 12 +1:15.4
	28-3	y / F	ARNESEN Harald Astrup	21:10.0	10	+53.6	1:02:29.4 9 +1:23.8
<b>10</b>	<b>2</b>	<b>NOR - RØA IL 1</b>		Røa IL		<b>1:02:29.6</b>	<b>+1:24.0</b>
	2-1	r / F	JOHAUG JR Karstein	20:48.3	26	+1:03.1	20:48.3 26 +1:03.1
	2-2	g / F	SUNDBY Martin Johnsrud	20:01.6	1	0.0	40:49.9 6 +45.9
	2-3	y / F	MUSGRAVE Andrew	21:39.7	16	+1:23.3	1:02:29.6 10 +1:24.0



SKINM 2020

DRAMMEN  
Konnerud Skistadion

Søndag 2 FEB 2020

Start Time: 12:00  
End Time: 13:28NORGES  
SKIFORBUND

Stafett 3 x 10 km fri teknikk menn

## Resultater

ST.	RG.	ETAPPE	ETAPPE	ETAPPE	TEAM	TEAM	BAK
ETAPPESTARTNUMMER	FARGENA	TID	RG.	BAK	TID	RG.	
<b>11</b>	<b>7</b>	<b>NOR - STRINDHEIM IL 1</b>	Strindheim IL		<b>1:02:53.7</b>		<b>+1:48.1</b>
	7-1	r / F	SKAANES Håkon	19:56.7	5	+11.5	19:56.7 5 +11.5
	7-2	g / F	AUNLI Lars Ove	20:38.9	8	+37.3	40:35.6 4 +31.6
	7-3	y / F	NORTHUG Even	22:18.1	30	+2:01.7	1:02:53.7 11 +1:48.1
<b>12</b>	<b>12</b>	<b>NOR - GOL IL 1</b>	Gol IL		<b>1:02:58.1</b>		<b>+1:52.5</b>
	12-1	r / F	BRØTO Emil Intelhus	21:12.5	39	+1:27.3	21:12.5 39 +1:27.3
	12-2	g / F	GOLBERG Pål	20:03.7	2	+2.1	41:16.2 7 +1:12.2
	12-3	y / F	SKRINDO Knut	21:41.9	17	+1:25.5	1:02:58.1 12 +1:52.5
<b>13</b>	<b>5</b>	<b>NOR - IL VARDEN MERÅKER 1</b>	IL Varden Meråker		<b>1:03:44.9</b>		<b>+2:39.3</b>
	5-1	r / F	DAHLEN Thomas Albertsen	20:40.9	23	+55.7	20:40.9 23 +55.7
	5-2	g / F	HAUGEN John Magnus	21:46.5	32	+1:44.9	42:27.4 19 +2:23.4
	5-3	y / F	ULVANG Jørgen Sæternes	21:17.5	11	+1:01.1	1:03:44.9 13 +2:39.3
<b>14</b>	<b>6</b>	<b>NOR - RUSTAD IL 1</b>	Rustad IL		<b>1:03:45.1</b>		<b>+2:39.5</b>
	6-1	r / F	SØRENSEN Lars	20:32.5	20	+47.3	20:32.5 20 +47.3
	6-2	g / F	GLØERSEN Anders Nøstdahl	20:45.7	9	+44.1	41:18.2 10 +1:14.2
	6-3	y / F	ANDERSEN Iver Tildheim	22:26.9	34	+2:10.5	1:03:45.1 14 +2:39.5
<b>15</b>	<b>10</b>	<b>NOR - VOSS IL 1</b>	Voss IL		<b>1:04:04.7</b>		<b>+2:59.1</b>
	10-1	r / F	FOSSE Erling Fagerbakke	20:50.9	27	+1:05.7	20:50.9 27 +1:05.7
	10-2	g / F	RØTHE Sjur	20:25.7	5	+24.1	41:16.6 8 +1:12.6
	10-3	y / F	DUKSTAD Daniel	22:48.1	46	+2:31.7	1:04:04.7 15 +2:59.1
<b>16</b>	<b>18</b>	<b>NOR - SANDNES IL 1</b>	Sandnes IL		<b>1:04:10.0</b>		<b>+3:04.4</b>
	18-1	r / F	FOLKVORD Sindre	20:10.7	8	+25.5	20:10.7 8 +25.5
	18-2	g / F	GABRIELSEN Sjur Obrestad	22:05.3	41	+2:03.7	42:16.0 18 +2:12.0
	18-3	y / F	FOLKVORD Ingvar	21:54.0	25	+1:37.6	1:04:10.0 16 +3:04.4
<b>17</b>	<b>38</b>	<b>NOR - RINDAL IL 1</b>	Rindal IL		<b>1:04:12.4</b>		<b>+3:06.8</b>
	38-1	r / F	LØFALD Gjermund	21:02.6	32	+1:17.4	21:02.6 32 +1:17.4
	38-2	g / F	MOHOLDT Lars Hol	21:34.9	27	+1:33.3	42:37.5 25 +2:33.5
	38-3	y / F	SVINSÅS Jo	21:34.9	14	+1:18.5	1:04:12.4 17 +3:06.8
<b>18</b>	<b>23</b>	<b>NOR - ASKER SKIKLUBB 2</b>	Asker Skiklubb		<b>1:04:13.4</b>		<b>+3:07.8</b>
	23-1	r / F	JORDE Truls Fjellheim	20:48.1	25	+1:02.9	20:48.1 25 +1:02.9
	23-2	g / F	ASDØL Eirik	21:39.5	29	+1:37.9	42:27.6 20 +2:23.6
	23-3	y / F	LIER Ola Jakob	21:45.8	19	+1:29.4	1:04:13.4 18 +3:07.8
<b>19</b>	<b>19</b>	<b>NOR - STRINDHEIM IL 2</b>	Strindheim IL		<b>1:04:15.0</b>		<b>+3:09.4</b>
	19-1	r / F	NORTHUG JR Petter	20:27.8	17	+42.6	20:27.8 17 +42.6
	19-2	g / F	BLIKRA Endre	22:00.4	40	+1:58.8	42:28.2 21 +2:24.2
	19-3	y / F	HOLMBRO Hans Kristian	21:46.8	21	+1:30.4	1:04:15.0 19 +3:09.4
<b>20</b>	<b>22</b>	<b>NOR - STEINKJER SKIKLUBB 1</b>	Steinkjer Skiklubb		<b>1:04:21.8</b>		<b>+3:16.2</b>
	22-1	r / F	WESTGÅRD Thomas Hjalmar Maloney	21:10.6	37	+1:25.4	21:10.6 37 +1:25.4
	22-2	g / F	KVARME Simen Eliassen	21:44.4	31	+1:42.8	42:55.0 28 +2:51.0
	22-3	y / F	AUNE Pål Trøan	21:26.8	12	+1:10.4	1:04:21.8 20 +3:16.2
<b>21</b>	<b>60</b>	<b>NOR - BYGDØ IL 1</b>	Bygdø IL		<b>1:04:22.4</b>		<b>+3:16.8</b>
	60-1	r / F	STOKKELAND Petter	21:02.2	31	+1:17.0	21:02.2 31 +1:17.0
	60-2	g / F	MYHR Petter	21:34.1	25	+1:32.5	42:36.3 23 +2:32.3
	60-3	y / F	GLØERSEN Herman Møller	21:46.1	20	+1:29.7	1:04:22.4 21 +3:16.8
<b>22</b>	<b>111</b>	<b>NOR - DRAMMENS BALLKLUBB 1</b>	Drammens Ballklubb		<b>1:04:30.3</b>		<b>+3:24.7</b>
	111-1	r / F	GROVEN Brage Reier	22:00.5	52	+2:15.3	22:00.5 52 +2:15.3
	111-2	g / F	MØRK Martin Kirkeberg	20:57.9	14	+56.3	42:58.4 30 +2:54.4
	111-3	y / F	JOHANSEN Sivert Leander	21:31.9	13	+1:15.5	1:04:30.3 22 +3:24.7

dag 2 FEB 2020 / Drammen (NOR) / 3321

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Report Created Søndag 2 FEB 2020 13:41

Page 2/13





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Konnerud Skistadion

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Start Time: 12:00  
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ST.	RG.	ETAPPE	ETAPPE	ETAPPE	TEAM	TEAM	BAK		
	ETAPPESTARTNUMMER	FARGENAVERN	TID	RG.	BAK	TID	RG.		
<b>23</b>	<b>112</b>	<b>NOR - VESTRE SPONE IF 1</b>	Vestre Spone IF			<b>1:04:50.7</b>		<b>+3:45.1</b>	
	112-1	r / F	MATHISEN Martin Bjørndalen	22:13.1	64	+2:27.9	22:13.1	64	+2:27.9
	112-2	g / F	NYGÅRD Per Kristian	20:46.2	10	+44.6	42:59.3	32	+2:55.3
	112-3	y / F	BJØRNDALEN Dag Sander	21:51.4	23	+1:35.0	1:04:50.7	23	+3:45.1
<b>24</b>	<b>15</b>	<b>NOR - HOMMELVIK IL 1</b>	Hommelvik IL			<b>1:04:52.3</b>		<b>+3:46.7</b>	
	15-1	r / F	JENSSEN Jan Thomas	19:45.2	1	0.0	19:45.2	1	0.0
	15-2	g / F	HAUGAN Sindre Øwre	22:29.1	54	+2:27.5	42:14.3	17	+2:10.3
	15-3	y / F	FLATAKER Erling Engesvold	22:38.0	42	+2:21.6	1:04:52.3	24	+3:46.7
<b>25</b>	<b>32</b>	<b>NOR - KLÆBU IL 1</b>	Klæbu IL			<b>1:05:04.6</b>		<b>+3:59.0</b>	
	32-1	r / F	LIAN Magnus Harr	21:03.1	33	+1:17.9	21:03.1	33	+1:17.9
	32-2	g / F	TELEBOND Eirik	21:32.7	23	+1:31.1	42:35.8	22	+2:31.8
	32-3	y / F	VOLLSET Kristoffer By	22:28.8	36	+2:12.4	1:05:04.6	25	+3:59.0
<b>26</b>	<b>31</b>	<b>NOR - HEMSEDAL IL 1</b>	Hemsedal IL			<b>1:05:06.2</b>		<b>+4:00.6</b>	
	31-1	r / F	HERLAND Kasper Andersson	20:27.5	16	+42.3	20:27.5	16	+42.3
	31-2	g / F	HALBJØRHHUS Trym	20:55.8	13	+54.2	41:23.3	13	+1:19.3
	31-3	y / F	MESTVEDTHAGEN Sevat	23:42.9	71	+3:26.5	1:05:06.2	26	+4:00.6
<b>27</b>	<b>117</b>	<b>NOR - BIRKENES IL 1</b>	Birkenes IL			<b>1:05:10.4</b>		<b>+4:04.8</b>	
	117-1	r / F	SVALAND Lars Aasheim	21:04.1	34	+1:18.9	21:04.1	34	+1:18.9
	117-2	g / F	ULDAL Espen	21:34.8	26	+1:33.2	42:38.9	27	+2:34.9
	117-3	y / F	SVALAND Håkon	22:31.5	40	+2:15.1	1:05:10.4	27	+4:04.8
<b>28</b>	<b>20</b>	<b>NOR - BROMMA IL 1</b>	Bromma IL			<b>1:05:10.5</b>		<b>+4:04.9</b>	
	20-1	r / F	TYRIBAKKEN Bjørnar Stensrud	20:23.5	14	+38.3	20:23.5	14	+38.3
	20-2	g / F	MIKKELSPASS Kristen	21:46.6	33	+1:45.0	42:10.1	16	+2:06.1
	20-3	y / F	MYKLEMYR Vegard	23:00.4	50	+2:44.0	1:05:10.5	28	+4:04.9
<b>29</b>	<b>8</b>	<b>NOR - BÆKKELAGETS SK 1</b>	Bækkelagets SK			<b>1:05:16.9</b>		<b>+4:11.3</b>	
	8-1	r / F	ANDERSEN Herman Andreas	22:07.5	58	+2:22.3	22:07.5	58	+2:22.3
	8-2	g / F	WAHL Simen Munch	22:39.6	60	+2:38.0	44:47.1	63	+4:43.1
	8-3	y / F	YOUNG Andrew Travers Cosgrove	20:29.8	4	+13.4	1:05:16.9	29	+4:11.3
<b>30</b>	<b>58</b>	<b>NOR - HAMAR SKIKLUBB 1</b>	Hamar Skiklubb			<b>1:05:28.7</b>		<b>+4:23.1</b>	
	58-1	r / F	KVARSTAD Kristoffer	22:04.2	56	+2:19.0	22:04.2	56	+2:19.0
	58-2	g / F	HELGESTAD Fredrik	21:36.3	28	+1:34.7	43:40.5	35	+3:36.5
	58-3	y / F	NYAAS Anders	21:48.2	22	+1:31.8	1:05:28.7	30	+4:23.1
<b>31</b>	<b>39</b>	<b>NOR - VIND IL 1</b>	Vind IL			<b>1:05:35.7</b>		<b>+4:30.1</b>	
	39-1	r / F	EVENSEN Ansgar	20:21.9	10	+36.7	20:21.9	10	+36.7
	39-2	g / F	SMITH Callum Rhys Patterson	22:44.4	63	+2:42.8	43:06.3	33	+3:02.3
	39-3	y / F	SKINSTAD Mårten Soleng	22:29.4	37	+2:13.0	1:05:35.7	31	+4:30.1
<b>32</b>	<b>56</b>	<b>NOR - IL RUNAR 1</b>	IL Runar			<b>1:05:42.2</b>		<b>+4:36.6</b>	
	56-1	r / F	KNOTTEN Sivert	21:59.7	51	+2:14.5	21:59.7	51	+2:14.5
	56-2	g / F	CHRISTOFFERSEN Stian	21:48.7	36	+1:47.1	43:48.4	40	+3:44.4
	56-3	y / F	AABREKK Eirik Bergene	21:53.8	24	+1:37.4	1:05:42.2	32	+4:36.6
<b>33</b>	<b>37</b>	<b>NOR - KJELSÅS IL 2</b>	Kjelsås IL			<b>1:05:55.0</b>		<b>+4:49.4</b>	
	37-1	r / F	SANDVIK Edvard	20:22.7	12	+37.5	20:22.7	12	+37.5
	37-2	g / F	JOHANSEN Iver Wang	22:14.8	48	+2:13.2	42:37.5	24	+2:33.5
	37-3	y / F	GUNNARSEN Benjamin	23:17.5	54	+3:01.1	1:05:55.0	33	+4:49.4
<b>34</b>	<b>50</b>	<b>NOR - IL HEMING 2</b>	IL Heming			<b>1:06:05.0</b>		<b>+4:59.4</b>	
	50-1	r / F	HJELDE Christian Magnus Nordgård	22:36.2	77	+2:51.0	22:36.2	77	+2:51.0
	50-2	g / F	NILSEN Fredrik Lütcherath	21:44.2	30	+1:42.6	44:20.4	49	+4:16.4
	50-3	y / F	BRU-HEMMINGBY Aksel	21:44.6	18	+1:28.2	1:06:05.0	34	+4:59.4

dag 2 FEB 2020 / Drammen (NOR) / 3321

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Report Created Søndag 2 FEB 2020 13:41

Page 3/13





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## Resultater

RG.	ST.	ETAPPE	ETAPPE	ETAPPE	TEAM	TEAM	BAK
ETAPPE	FARGENA	TID	RG.	BAK	TID	RG.	
35	16	NOR - HENNING SKILAG 1	Henning Skilag		1:06:09.7		+5:04.1
	16-1	r / F	SIVERTSEN Magnus	21:40.4	47	+1:55.2	21:40.4 47 +1:55.2
	16-2	g / F	AUSTAD Jonas	21:59.3	39	+1:57.7	43:39.7 34 +3:35.7
	16-3	y / F	FINNE Sindre	22:30.0	39	+2:13.6	1:06:09.7 35 +5:04.1
36	65	NOR - BÆRUMS VERK HAUGER IDRETTSFORENING 1	Bærums Verk Hauger Idrettsforening		1:06:10.7		+5:05.1
	65-1	r / F	HOLMBOE Aleksander Elde	21:11.0	38	+1:25.8	21:11.0 38 +1:25.8
	65-2	g / F	EK Jens Marcus Dyrberg	22:35.6	59	+2:34.0	43:46.6 39 +3:42.6
	65-3	y / F	HOLMBOE Nikolai Elde	22:24.1	32	+2:07.7	1:06:10.7 36 +5:05.1
37	33	NOR - STØREN SPORTSKLUBB 1	Støren Sportsklubb		1:06:12.0		+5:06.4
	33-1	r / F	FRØSETH Håkon	22:14.1	67	+2:28.9	22:14.1 67 +2:28.9
	33-2	g / F	REE Andreas Fjorden	21:28.4	20	+1:26.8	43:42.5 37 +3:38.5
	33-3	y / F	FLØTTUM Adrian	22:29.5	38	+2:13.1	1:06:12.0 37 +5:06.4
38	62	NOR - OSEBERG SKILAG 1	Oseberg Skilag		1:06:15.2		+5:09.6
	62-1	r / F	MYSEN Eirik	20:22.5	11	+37.3	20:22.5 11 +37.3
	62-2	g / F	STØTVIG Markus Fet	23:36.0	91	+3:34.4	43:58.5 42 +3:54.5
	62-3	y / F	JOHNSRUD Fredrik	22:16.7	29	+2:00.3	1:06:15.2 38 +5:09.6
39	35	NOR - GULSET IF 1	Gulset IF		1:06:42.0		+5:36.4
	35-1	r / F	DØNNESTAD Henrik	20:23.3	13	+38.1	20:23.3 13 +38.1
	35-2	g / F	NILSEN Vebjørn Weldingh	22:14.6	47	+2:13.0	42:37.9 26 +2:33.9
	35-3	y / F	RUGER Philip	24:04.1	78	+3:47.7	1:06:42.0 39 +5:36.4
40	59	NOR - ASKER SKIKLUBB 3	Asker Skiklubb		1:06:47.4		+5:41.8
	59-1	r / F	MORTENSBACKE Eirik Andreas	21:36.2	45	+1:51.0	21:36.2 45 +1:51.0
	59-2	g / F	WIJK Emil	22:23.2	52	+2:21.6	43:59.4 44 +3:55.4
	59-3	y / F	TOLO Henrik Vik	22:48.0	45	+2:31.6	1:06:47.4 40 +5:41.8
41	74	NOR - FOSSUM IF 2	Fossum IF		1:06:50.3		+5:44.7
	74-1	r / F	CLEM Ivar Harald	21:36.8	46	+1:51.6	21:36.8 46 +1:51.6
	74-2	g / F	BUCHER-JOHANNESSEN Christian Qvist	22:13.2	44	+2:11.6	43:50.0 41 +3:46.0
	74-3	y / F	HALLBERG Martin	23:00.3	49	+2:43.9	1:06:50.3 41 +5:44.7
42	68	NOR - HAMAR SKIKLUBB 2	Hamar Skiklubb		1:07:19.3		+6:13.7
	68-1	r / F	BJØRGEN Andreas	22:14.2	68	+2:29.0	22:14.2 68 +2:29.0
	68-2	g / F	BJØRGAN Simen Krogstie	22:11.6	43	+2:10.0	44:25.8 53 +4:21.8
	68-3	y / F	STIGEN Jørgen	22:53.5	47	+2:37.1	1:07:19.3 42 +6:13.7
43	113	NOR - LIER IL 1	Lier IL		1:07:22.7		+6:17.1
	113-1	r / F	TRONSLI Andreas	22:52.7	89	+3:07.5	22:52.7 89 +3:07.5
	113-2	g / F	OPSAHL Torstein Wiiger	22:31.1	55	+2:29.5	45:23.8 70 +5:19.8
	113-3	y / F	WINSVOLD Bendik	21:58.9	26	+1:42.5	1:07:22.7 43 +6:17.1
44	86	NOR - BUVIK IL 1	Buvik IL		1:07:24.0		+6:18.4
	86-1	r / F	WULFF Sivert Tjelle	22:14.6	69	+2:29.4	22:14.6 69 +2:29.4
	86-2	g / F	HUSBY Erik	21:47.8	35	+1:46.2	44:02.4 46 +3:58.4
	86-3	y / F	LØSETH Olve	23:21.6	57	+3:05.2	1:07:24.0 44 +6:18.4
45	26	NOR - RUSTAD IL 2	Rustad IL		1:07:24.6		+6:19.0
	26-1	r / F	JELSTAD Stian Stærkeby	22:53.0	90	+3:07.8	22:53.0 90 +3:07.8
	26-2	g / F	HÆGELAND Tor Olav Nesheim	21:47.2	34	+1:45.6	44:40.2 60 +4:36.2
	26-3	y / F	RØN Jesper	22:44.4	43	+2:28.0	1:07:24.6 45 +6:19.0
46	36	NOR - GJERDRUM IL 1	Gjerdrum IL		1:07:24.7		+6:19.1
	36-1	r / F	KRISTOFFERSEN Patrick Fossum	21:30.5	43	+1:45.3	21:30.5 43 +1:45.3
	36-2	g / F	ANTONSEN Morten	22:32.4	57	+2:30.8	44:02.9 47 +3:58.9
	36-3	y / F	ULVERUD Mathias	23:21.8	58	+3:05.4	1:07:24.7 46 +6:19.1

dag 2 FEB 2020 / Drammen (NOR) / 3321

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Report Created Søndag 2 FEB 2020 13:41

Page 4/13





SKINM 2020

DRAMMEN  
Konnerud Skistadion

Søndag 2 FEB 2020

Start Time: 12:00  
End Time: 13:28NORGES  
SKIFORBUND

Stafett 3 x 10 km fri teknikk menn

## Resultater

RG.	ST.	ETAPPE	ETAPPE	ETAPPE	TEAM	TEAM	BAK
ETAPPESTARTNUMMER	FARGENAVERN	TID	RG.	BAK	TID	RG.	
47	44	NOR - TRØSKEN IL 1	Trøsken IL		1:07:26.8		+6:21.2
	44-1	r / F	KORSÆTH Amund August	22:27.4	76	+2:42.2	22:27.4 76 +2:42.2
	44-2	g / F	LIPPERT Jørgen	21:31.3	22	+1:29.7	43:58.7 43 +3:54.7
	44-3	y / F	FOLKESTAD Ole-Jørgen	23:28.1	63	+3:11.7	1:07:26.8 47 +6:21.2
48	42	NOR - MEDKILA SKILAG 1	Medkila Skilag		1:07:27.6		+6:22.0
	42-1	r / F	MIKKELSEN Eirik	21:25.1	40	+1:39.9	21:25.1 40 +1:39.9
	42-2	g / F	TORBERGSEN Sindre Andre Winther	23:01.8	73	+3:00.2	44:26.9 55 +4:22.9
	42-3	y / F	ØSTBERG-TØMMERVIK Sivert	23:00.7	51	+2:44.3	1:07:27.6 48 +6:22.0
49	66	NOR - SJÅSTAD/VESTRE LIER IL 1	Sjåstad/Vestre Lier IL		1:07:29.4		+6:23.8
	66-1	r / F	ØFSTEDAL Erik	23:18.5	101	+3:33.3	23:18.5 101 +3:33.3
	66-2	g / F	ØHLSCHLÄGEL Albert Sunde	21:23.0	15	+1:21.4	44:41.5 =61 +4:37.5
	66-3	y / F	TREFFEN Andreas Lillemoen	22:47.9	44	+2:31.5	1:07:29.4 49 +6:23.8
50	110	NOR - RINGKOLLEN SKIKLUBB 1	Ringkollen Skiklubb		1:07:29.6		+6:24.0
	110-1	r / F	AUGDAL Eirik Sverdrup	21:07.7	35	+1:22.5	21:07.7 35 +1:22.5
	110-2	g / F	SØRGÅRD Emil	21:51.0	37	+1:49.4	42:58.7 31 +2:54.7
	110-3	y / F	SØRGÅRD Krister	24:30.9	90	+4:14.5	1:07:29.6 50 +6:24.0
51	70	NOR - HAMAR SKIKLUBB 3	Hamar Skiklubb		1:07:29.9		+6:24.3
	70-1	r / F	REINEMO Per Ivar Sjølie	21:45.0	49	+1:59.8	21:45.0 49 +1:59.8
	70-2	g / F	AURMO Reidar	23:18.5	=79	+3:16.9	45:03.5 65 +4:59.5
	70-3	y / F	MÅBØ Ulrik	22:26.4	33	+2:10.0	1:07:29.9 51 +6:24.3
52	41	NOR - LILLEHAMMER SKIKLUB 2	Lillehammer Skiklub		1:07:33.2		+6:27.6
	41-1	r / F	MAGNUSSSEN Andreas Finni	22:13.9	66	+2:28.7	22:13.9 66 +2:28.7
	41-2	g / F	KJONERUD Kristian Andresen	22:11.5	42	+2:09.9	44:25.4 52 +4:21.4
	41-3	y / F	HAGEN Vegard Ek	23:07.8	53	+2:51.4	1:07:33.2 52 +6:27.6
53	43	NOR - HENNING SKILAG 2	Henning Skilag		1:07:35.6		+6:30.0
	43-1	r / F	PEDERSEN Isak Stianson	21:48.1	50	+2:02.9	21:48.1 50 +2:02.9
	43-2	g / F	MELHUS Marius Landsem	22:46.6	65	+2:45.0	44:34.7 58 +4:30.7
	43-3	y / F	NYHEIM Alexander Løvik	23:00.9	52	+2:44.5	1:07:35.6 53 +6:30.0
54	45	NOR - RØLDAL IL 1	Røldal IL		1:07:36.1		+6:30.5
	45-1	r / F	KVÅLE Gaute	20:11.4	9	+26.2	20:11.4 9 +26.2
	45-2	g / F	MEDHUS Bård Olav Steinsland	22:47.0	66	+2:45.4	42:58.4 29 +2:54.4
	45-3	y / F	FRESVIK Erik	24:37.7	94	+4:21.3	1:07:36.1 54 +6:30.5
55	64	NOR - NJÅRD 1	Njård		1:07:41.6		+6:36.0
	64-1	r / F	JENSSEN Matz William	21:28.2	41	+1:43.0	21:28.2 41 +1:43.0
	64-2	g / F	VIK Lars Young	22:40.7	62	+2:39.1	44:08.9 48 +4:04.9
	64-3	y / F	ROGSTAD Frederik Arent	23:32.7	66	+3:16.3	1:07:41.6 55 +6:36.0
56	25	NOR - LYN SKI 2	Lyn Ski		1:07:50.7		+6:45.1
	25-1	r / F	HAUG Eirik	22:11.4	60	+2:26.2	22:11.4 60 +2:26.2
	25-2	g / F	HAUG Henrik Sjørli	22:13.5	45	+2:11.9	44:24.9 51 +4:20.9
	25-3	y / F	KRÜGER Espen Hegstad	23:25.8	61	+3:09.4	1:07:50.7 56 +6:45.1
57	116	NOR - MJØSSKI 1	MjøsSki		1:07:53.7		+6:48.1
	116-1	r / F	HOVDE Håvard	20:54.8	28	+1:09.6	20:54.8 28 +1:09.6
	116-2	g / F	MANGSET Even	22:48.7	67	+2:47.1	43:43.5 38 +3:39.5
	116-3	y / F	ENGELSTAD Øystein Tallhaug	24:10.2	81	+3:53.8	1:07:53.7 57 +6:48.1
58	27	NOR - SORTLAND OG OMEGN SKIKLUBB 1	Sortland og Omegn Skiklubb		1:07:57.7		+6:52.1
	27-1	r / F	LANGE Sondre Halvor	23:34.1	108	+3:48.9	23:34.1 108 +3:48.9
	27-2	g / F	NORDENG August	22:18.9	51	+2:17.3	45:53.0 77 +5:49.0
	27-3	y / F	ARNTSEN Mikkel	22:04.7	27	+1:48.3	1:07:57.7 58 +6:52.1

dag 2 FEB 2020 / Drammen (NOR) / 3321

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Report Created Søndag 2 FEB 2020 13:41

Page 5/13





SKINM 2020

DRAMMEN  
Konnerud Skistadion

Søndag 2 FEB 2020

Start Time: 12:00  
End Time: 13:28NORGES  
SKIFORBUND

Stafett 3 x 10 km fri teknikk menn

## Resultater

RG.	ST.	ETAPPE	ETAPPE	ETAPPE	TEAM	TEAM	BAK
	ETAPPESTARTNUMMER FARGENAVERN	TID	RG.	BAK	TID	RG.	
59	67	NOR - IDRETTSLAGET ROS 1	Idrettslaget Ros		1:07:58.1		+6:52.5
	67-1	r / F	STØA Erik Kjønnø	23:47.9	112	+4:02.7	23:47.9 112 +4:02.7
	67-2	g / F	TEISBEKK Sander	22:31.9	56	+2:30.3	46:19.8 83 +6:15.8
	67-3	y / F	KIRKENG Andreas	21:38.3	15	+1:21.9	1:07:58.1 59 +6:52.5
60	71	NOR - ASKER SKIKLUBB 4	Asker Skiklubb		1:07:58.3		+6:52.7
	71-1	r / F	GRYMYR Jens Christian	22:12.5	62	+2:27.3	22:12.5 62 +2:27.3
	71-2	g / F	LERVIK Anders	23:18.5	=79	+3:16.9	45:31.0 73 +5:27.0
	71-3	y / F	FOSSGARD Lars-Martin	22:27.3	35	+2:10.9	1:07:58.3 60 +6:52.7
61	72	NOR - GJØVIK SKIKLUBB 1	Gjøvik Skiklubb		1:08:01.2		+6:55.6
	72-1	r / F	SØRUMSHAUGEN Arngrim	22:11.9	61	+2:26.7	22:11.9 61 +2:26.7
	72-2	g / F	FLUGSTAD Fredrik Fuglerud	22:17.4	50	+2:15.8	44:29.3 57 +4:25.3
	72-3	y / F	RAMSTAD Morten	23:31.9	65	+3:15.5	1:08:01.2 61 +6:55.6
62	77	NOR - KJELSÅS IL 3	Kjelsås IL		1:08:01.9		+6:56.3
	77-1	r / F	TANDBERG Jostein	22:15.0	=70	+2:29.8	22:15.0 70 +2:29.8
	77-2	g / F	GALÅEN Johannes Edelssønn	23:35.9	90	+3:34.3	45:50.9 76 +5:46.9
	77-3	y / F	MOSEBY Erling	22:11.0	28	+1:54.6	1:08:01.9 62 +6:56.3
63	69	NOR - RØA IL 2	Røa IL		1:08:07.2		+7:01.6
	69-1	r / F	CLUGNET James	20:56.7	29	+1:11.5	20:56.7 29 +1:11.5
	69-2	g / F	SØRBYE Sondre Engesæter	23:29.9	83	+3:28.3	44:26.6 54 +4:22.6
	69-3	y / F	THORESEN Jonas Dyrli	23:40.6	70	+3:24.2	1:08:07.2 63 +7:01.6
64	87	NOR - IL IVRIG 1	IL Ivrig		1:08:10.1		+7:04.5
	87-1	r / F	LISSET Kristoffer	21:01.9	30	+1:16.7	21:01.9 30 +1:16.7
	87-2	g / F	GUNNERØD Martinus Hage	23:33.3	89	+3:31.7	44:35.2 59 +4:31.2
	87-3	y / F	HEIERSTAD Andreas Fon	23:34.9	67	+3:18.5	1:08:10.1 64 +7:04.5
65	75	NOR - ÅSEN IL 2	Åsen IL		1:08:11.8		+7:06.2
	75-1	r / F	SENDSTAD Eirik	23:15.3	99	+3:30.1	23:15.3 99 +3:30.1
	75-2	g / F	HAGA Anders	21:26.2	17	+1:24.6	44:41.5 =61 +4:37.5
	75-3	y / F	SENDSTAD Øystein	23:30.3	64	+3:13.9	1:08:11.8 65 +7:06.2
66	114	NOR - FET SKIKLUBB 1	Fet Skiklubb		1:08:24.6		+7:19.0
	114-1	r / F	ØISETH Simen Frantzen	22:08.3	59	+2:23.1	22:08.3 59 +2:23.1
	114-2	g / F	GRØNLI Stian	21:53.6	38	+1:52.0	44:01.9 45 +3:57.9
	114-3	y / F	BARKENÆS Jørgen Kjos	24:22.7	87	+4:06.3	1:08:24.6 66 +7:19.0
67	76	NOR - SANDE SPORTSKLUBB 1	Sande Sportsklubb		1:08:30.0		+7:24.4
	76-1	r / F	KJENNERUD Eivind	20:45.4	24	+1:00.2	20:45.4 24 +1:00.2
	76-2	g / F	BURUD Hans Bernhard	22:55.7	70	+2:54.1	43:41.1 36 +3:37.1
	76-3	y / F	BURUD Ole Conrad	24:48.9	101	+4:32.5	1:08:30.0 67 +7:24.4
68	99	NOR - HALSØY IL - SKI 1	Halsøy IL - Ski		1:08:36.3		+7:30.7
	99-1	r / F	TVERÅ Ivar	24:02.4	114	+4:17.2	24:02.4 114 +4:17.2
	99-2	g / F	ANDREASEN Jesper Abelsen	22:15.1	49	+2:13.5	46:17.5 82 +6:13.5
	99-3	y / F	FORSMO Ole Jacob	22:18.8	31	+2:02.4	1:08:36.3 68 +7:30.7
69	78	NOR - IL HEMING 3	IL Heming		1:08:50.2		+7:44.6
	78-1	r / F	AAS-JAKOBSEN Andreas	22:17.8	73	+2:32.6	22:17.8 73 +2:32.6
	78-2	g / F	BRAATHEN Ludvik	23:11.2	78	+3:09.6	45:29.0 72 +5:25.0
	78-3	y / F	KAAS Sverre Waaler	23:21.2	56	+3:04.8	1:08:50.2 69 +7:44.6
70	52	NOR - STRINDHEIM IL 3	Strindheim IL		1:08:59.5		+7:53.9
	52-1	r / F	ENSRUD Ole Haldor	22:01.0	54	+2:15.8	22:01.0 54 +2:15.8
	52-2	g / F	EKREN Thomas	22:26.4	53	+2:24.8	44:27.4 56 +4:23.4
	52-3	y / F	TROØYEN Jørn	24:32.1	91	+4:15.7	1:08:59.5 70 +7:53.9

dag 2 FEB 2020 / Drammen (NOR) / 3321

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Report Created Søndag 2 FEB 2020 13:41

Page 6/13





## Resultater

ST.	RG.	ETAPPE	ETAPPE	ETAPPE	TEAM	TEAM	BAK		
RG.	ETAPPE	TID	RG.	BAK	TID	RG.	BAK		
<b>71</b>	<b>91</b>	<b>NOR - GJELLERÅSEN IF 1</b>	Gjelleråsen IF		<b>1:09:00.7</b>		<b>+7:55.1</b>		
	91-1	r / F	SÆTRE Eivind	22:18.3	74	+2:33.1	22:18.3	74	+2:33.1
	91-2	g / F	SEDENIUSSEN Magnus Nikolai	23:06.3	75	+3:04.7	45:24.6	71	+5:20.6
	91-3	y / F	VALMESTAD Truls	23:36.1	69	+3:19.7	1:09:00.7	71	+7:55.1
<b>72</b>	<b>47</b>	<b>NOR - LYN SKI 3</b>	Lyn Ski		<b>1:09:12.8</b>		<b>+8:07.2</b>		
	47-1	r / F	BAKKEN Petter	22:46.5	84	+3:01.3	22:46.5	84	+3:01.3
	47-2	g / F	ANTONSEN Bastian Karlsen	22:59.8	71	+2:58.2	45:46.3	75	+5:42.3
	47-3	y / F	GUNDERSEN Birk Møller	23:26.5	62	+3:10.1	1:09:12.8	72	+8:07.2
<b>73</b>	<b>54</b>	<b>NOR - KONNERUD IL 1</b>	Konnerud IL		<b>1:09:15.5</b>		<b>+8:09.9</b>		
	54-1	r / F	BAKLID Jørgen	21:10.5	36	+1:25.3	21:10.5	36	+1:25.3
	54-2	g / F	LAUKLI Henrik Marius	23:57.3	98	+3:55.7	45:07.8	68	+5:03.8
	54-3	y / F	BJERKE Phillip Granaas	24:07.7	80	+3:51.3	1:09:15.5	73	+8:09.9
<b>74</b>	<b>80</b>	<b>NOR - ROGNE IL 1</b>	Rogne IL		<b>1:09:34.2</b>		<b>+8:28.6</b>		
	80-1	r / F	ØYGARD Harald	22:00.8	53	+2:15.6	22:00.8	53	+2:15.6
	80-2	g / F	GROBAKKEN Rune Hermundstad	22:49.1	68	+2:47.5	44:49.9	64	+4:45.9
	80-3	y / F	ØYGARD Sigurd	24:44.3	98	+4:27.9	1:09:34.2	74	+8:28.6
<b>75</b>	<b>53</b>	<b>NOR - DRØBAK-FROGN IL 1</b>	Drøbak-Frogn IL		<b>1:09:46.8</b>		<b>+8:41.2</b>		
	53-1	r / F	SOLBERG Jørgen	22:07.4	57	+2:22.2	22:07.4	57	+2:22.2
	53-2	g / F	HELLENES Nils Martin Anvik	23:10.7	77	+3:09.1	45:18.1	69	+5:14.1
	53-3	y / F	HUSDAL Heine	24:28.7	89	+4:12.3	1:09:46.8	75	+8:41.2
<b>76</b>	<b>29</b>	<b>NOR - IL KOLL 1</b>	IL Koll		<b>1:10:15.6</b>		<b>+9:10.0</b>		
	29-1	r / F	LILAND Lukas	21:40.9	48	+1:55.7	21:40.9	48	+1:55.7
	29-2	g / F	BREIVIK Eirik Langedal	22:39.9	61	+2:38.3	44:20.8	50	+4:16.8
	29-3	y / F	ØVERLAND Petter Rinde	25:54.8	112	+5:38.4	1:10:15.6	76	+9:10.0
<b>77</b>	<b>84</b>	<b>NOR - HØYBRÅTEN OG STOVNER IL 1</b>	Høybråten og Stovner IL		<b>1:10:26.4</b>		<b>+9:20.8</b>		
	84-1	r / F	VOLLAN Erling Pettersen	22:13.2	65	+2:28.0	22:13.2	65	+2:28.0
	84-2	g / F	NYDAL Eirik	23:32.5	86	+3:30.9	45:45.7	74	+5:41.7
	84-3	y / F	SAASTAD Krister	24:40.7	95	+4:24.3	1:10:26.4	77	+9:20.8
<b>78</b>	<b>40</b>	<b>NOR - HOMMELVIK IL 2</b>	Hommelvik IL		<b>1:10:28.2</b>		<b>+9:22.6</b>		
	40-1	r / F	HAUGAN Sander Øwre	22:38.6	80	+2:53.4	22:38.6	80	+2:53.4
	40-2	g / F	RENÅ Marius Moe	23:50.4	95	+3:48.8	46:29.0	86	+6:25.0
	40-3	y / F	ELLINGSEN Emil Richstad	23:59.2	75	+3:42.8	1:10:28.2	78	+9:22.6
<b>79</b>	<b>89</b>	<b>NOR - FOSSUM IF 3</b>	Fossum IF		<b>1:10:30.8</b>		<b>+9:25.2</b>		
	89-1	r / F	WANG Ask Grøtan	22:50.5	88	+3:05.3	22:50.5	88	+3:05.3
	89-2	g / F	SMITH Didrik	22:13.8	46	+2:12.2	45:04.3	66	+5:00.3
	89-3	y / F	VOLDEN Ole Vibe	25:26.5	107	+5:10.1	1:10:30.8	79	+9:25.2
<b>80</b>	<b>49</b>	<b>NOR - LYN SKI 4</b>	Lyn Ski		<b>1:10:32.2</b>		<b>+9:26.6</b>		
	49-1	r / F	JUKLESTAD Viktor Olsen	22:48.4	86	+3:03.2	22:48.4	86	+3:03.2
	49-2	g / F	DANIELSEN Trym	23:43.1	93	+3:41.5	46:31.5	87	+6:27.5
	49-3	y / F	HAGEN Trym	24:00.7	76	+3:44.3	1:10:32.2	80	+9:26.6
<b>81</b>	<b>88</b>	<b>NOR - IL RUNAR 2</b>	IL Runar		<b>1:10:40.4</b>		<b>+9:34.8</b>		
	88-1	r / F	KLAVENES Arthur Hartvedt	22:36.7	78	+2:51.5	22:36.7	78	+2:51.5
	88-2	g / F	AALVIK Amund	24:04.9	100	+4:03.3	46:41.6	92	+6:37.6
	88-3	y / F	OLSEN Oskar Myrvang	23:58.8	74	+3:42.4	1:10:40.4	81	+9:34.8
<b>82</b>	<b>83</b>	<b>NOR - ÅSEN IL 4</b>	Åsen IL		<b>1:10:43.0</b>		<b>+9:37.4</b>		
	83-1	r / F	LANGØY Mats Morgan	22:20.1	75	+2:34.9	22:20.1	75	+2:34.9
	83-2	g / F	MARTENS MEYER Julian	24:00.4	99	+3:58.8	46:20.5	85	+6:16.5
	83-3	y / F	PERSSON Oscar	24:22.5	86	+4:06.1	1:10:43.0	82	+9:37.4

dag 2 FEB 2020 / Drammen (NOR) / 3321

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Report Created Søndag 2 FEB 2020 13:41

Page 7/13



## Resultater

ST.	RG.	ETAPPE	ETAPPE	ETAPPE	TEAM	TEAM	BAK
ETAPPESTARTNUMMER	FARGENAVERN	TID	RG.	BAK	TID	RG.	
<b>83</b>	<b>125</b>	<b>NOR - VANG SKILØPERFORENING 1</b>	Vang Skiløperforening		<b>1:10:50.3</b>		<b>+9:44.7</b>
	125-1	r / F	BAKSJØBERGET Sander Leinan	23:31.3	106	+3:46.1	23:31.3 106 +3:46.1
	125-2	g / F	BAKSJØBERGET Ulrik Leinan	23:08.1	76	+3:06.5	46:39.4 89 +6:35.4
	125-3	y / F	BAKSJØBERGET Ludvig Leopold	24:10.9	82	+3:54.5	1:10:50.3 83 +9:44.7
<b>84</b>	<b>24</b>	<b>NOR - BYÅSEN IL 2</b>	Byåsen IL		<b>1:10:58.9</b>		<b>+9:53.3</b>
	24-1	r / F	ERIKSEN Edvin Grøtan	25:07.9	127	+5:22.7	25:07.9 127 +5:22.7
	24-2	g / F	HADDON Peter John Martin	22:52.8	69	+2:51.2	48:00.7 108 +7:56.7
	24-3	y / F	ERIKSEN Sivert Grøtan	22:58.2	48	+2:41.8	1:10:58.9 84 +9:53.3
<b>85</b>	<b>73</b>	<b>NOR - HASLUM IL 1</b>	Haslum IL		<b>1:11:00.6</b>		<b>+9:55.0</b>
	73-1	r / F	PERGER Magnus	22:02.5	55	+2:17.3	22:02.5 55 +2:17.3
	73-2	g / F	HELGHEIM Sebastian	24:37.5	107	+4:35.9	46:40.0 90 +6:36.0
	73-3	y / F	HAMMERSTAD Brage Busetsh	24:20.6	85	+4:04.2	1:11:00.6 85 +9:55.0
<b>86</b>	<b>79</b>	<b>NOR - RUSTAD IL 3</b>	Rustad IL		<b>1:11:01.4</b>		<b>+9:55.8</b>
	79-1	r / F	JELSTAD Stian Stærkeby	22:45.3	83	+3:00.1	22:45.3 83 +3:00.1
	79-2	g / F	OLSSON Jacob Grønseth	23:57.2	97	+3:55.6	46:42.5 93 +6:38.5
	79-3	y / F	HÆGELAND Audun Nesheim	24:18.9	84	+4:02.5	1:11:01.4 86 +9:55.8
<b>87</b>	<b>102</b>	<b>NOR - GUI SPORTSKLUBB 1</b>	Gui Sportsklubb		<b>1:11:09.5</b>		<b>+10:03.9</b>
	102-1	r / F	BRUSTAD Herman	22:37.0	79	+2:51.8	22:37.0 79 +2:51.8
	102-2	g / F	RESALAND Mats Rudin	23:36.2	92	+3:34.6	46:13.2 81 +6:09.2
	102-3	y / F	HELLA Eirik	24:56.3	102	+4:39.9	1:11:09.5 87 +10:03.9
<b>88</b>	<b>115</b>	<b>NOR - STRANDBYGDA IL 1</b>	Strandbygda IL		<b>1:11:17.1</b>		<b>+10:11.5</b>
	115-1	r / F	VESTLI Torstein	21:29.7	42	+1:44.5	21:29.7 42 +1:44.5
	115-2	g / F	NORDAAS Audun	24:26.9	105	+4:25.3	45:56.6 78 +5:52.6
	115-3	y / F	OSVOLD Marius	25:20.5	106	+5:04.1	1:11:17.1 88 +10:11.5
<b>89</b>	<b>81</b>	<b>NOR - ÅSEN IL 3</b>	Åsen IL		<b>1:11:21.1</b>		<b>+10:15.5</b>
	81-1	r / F	SKJOLD Oskar Lockert	22:41.7	81	+2:56.5	22:41.7 81 +2:56.5
	81-2	g / F	SVEEN Christian Hermansen	24:33.1	106	+4:31.5	47:14.8 100 +7:10.8
	81-3	y / F	RYTTERVOLD Ivar André	24:06.3	79	+3:49.9	1:11:21.1 89 +10:15.5
<b>90</b>	<b>129</b>	<b>NOR - FOSSUM IF 4</b>	Fossum IF		<b>1:11:21.5</b>		<b>+10:15.9</b>
	129-1	r / F	BIRKELAND Hans Knoph	23:15.8	100	+3:30.6	23:15.8 100 +3:30.6
	129-2	g / F	STENSTADVOLD Casper	24:40.5	108	+4:38.9	47:56.3 105 +7:52.3
	129-3	y / F	LERØ Andreas	23:25.2	60	+3:08.8	1:11:21.5 90 +10:15.9
<b>91</b>	<b>141</b>	<b>NOR - SILJAN IL 1</b>	Siljan IL		<b>1:11:22.2</b>		<b>+10:16.6</b>
	141-1	r / F	GURHOLT Vemund	25:09.9	129	+5:24.7	25:09.9 129 +5:24.7
	141-2	g / F	FENRE Tobias Dahl	21:31.2	21	+1:29.6	46:41.1 91 +6:37.1
	141-3	y / F	CHRISTENSEN William Ekornerød	24:41.1	96	+4:24.7	1:11:22.2 91 +10:16.6
<b>92</b>	<b>51</b>	<b>NOR - RANHEIM SKIKLUBB 1</b>	Ranheim Skiklubb		<b>1:11:24.9</b>		<b>+10:19.3</b>
	51-1	r / F	BOSTAD Andreas Talseth	24:37.2	123	+4:52.0	24:37.2 123 +4:52.0
	51-2	g / F	ANDERSSON Axel	23:29.3	82	+3:27.7	48:06.5 113 +8:02.5
	51-3	y / F	BØGEBERG Christian Tobias	23:18.4	55	+3:02.0	1:11:24.9 92 +10:19.3
<b>93</b>	<b>46</b>	<b>NOR - KJELLMYRA IL 1</b>	Kjellmyra IL		<b>1:11:25.6</b>		<b>+10:20.0</b>
	46-1	r / F	AURLAND Joachim	20:24.3	15	+39.1	20:24.3 15 +39.1
	46-2	g / F	TELLEFSEN Jørgen	27:26.2	133	+7:24.6	47:50.5 102 +7:46.5
	46-3	y / F	MYRVOLD August	23:35.1	68	+3:18.7	1:11:25.6 93 +10:20.0
<b>94</b>	<b>124</b>	<b>NOR - NYBERGSUND IL 1</b>	Nybergsund IL		<b>1:11:26.3</b>		<b>+10:20.7</b>
	124-1	r / F	ELGSHØEN Espen Aleksander Sørli	24:30.8	120	+4:45.6	24:30.8 120 +4:45.6
	124-2	g / F	JOHANSEN Philip Georg	23:33.2	88	+3:31.6	48:04.0 112 +8:00.0
	124-3	y / F	BOVOLD Lars	23:22.3	59	+3:05.9	1:11:26.3 94 +10:20.7

dag 2 FEB 2020 / Drammen (NOR) / 3321

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Report Created Søndag 2 FEB 2020 13:41

Page 8/13





## Resultater

RG.	ST.	ETAPPE	ETAPPE	ETAPPE	TEAM	TEAM	BAK
ETAPPESTARTNUMMER	FARGENAVERN	TID	RG.	BAK	TID	RG.	
<b>95</b>	<b>97</b>	<b>NOR - IL SKRIM 1</b>	IL Skrim		<b>1:11:50.8</b>		<b>+10:45.2</b>
	97-1	r / F	NÆSSET Magnus Myhre	23:15.1	98	+3:29.9	23:15.1 98 +3:29.9
	97-2	g / F	BERGET Albert	23:51.3	96	+3:49.7	47:06.4 98 +7:02.4
	97-3	y / F	JØRSTAD Anders Martin Barmsnes	24:44.4	99	+4:28.0	1:11:50.8 95 +10:45.2
<b>96</b>	<b>108</b>	<b>NOR - FANA IL 1</b>	Fana IL		<b>1:11:51.7</b>		<b>+10:46.1</b>
	108-1	r / F	OPPEDAL Matias	24:19.5	117	+4:34.3	24:19.5 117 +4:34.3
	108-2	g / F	INSTANES Daniel May	22:44.9	64	+2:43.3	47:04.4 96 +7:00.4
	108-3	y / F	GRAHL-MADSEN Ola	24:47.3	100	+4:30.9	1:11:51.7 96 +10:46.1
<b>97</b>	<b>21</b>	<b>NOR - BÆKKELAGETS SK 2</b>	Bækkelagets SK		<b>1:11:54.7</b>		<b>+10:49.1</b>
	21-1	r / F	ENDRESTAD Sebastian Kristoffer	24:30.6	119	+4:45.4	24:30.6 119 +4:45.4
	21-2	g / F	SKJØLSVOLD Mats Burud	23:33.0	87	+3:31.4	48:03.6 111 +7:59.6
	21-3	y / F	RØER Vegard Lund	23:51.1	72	+3:34.7	1:11:54.7 97 +10:49.1
<b>98</b>	<b>82</b>	<b>NOR - SVARSTAD IL 1</b>	Svarstad IL		<b>1:12:04.0</b>		<b>+10:58.4</b>
	82-1	r / F	TALLAKSTAD Mats	23:21.3	103	+3:36.1	23:21.3 103 +3:36.1
	82-2	g / F	AAS Joachim Langtangen	24:40.7	109	+4:39.1	48:02.0 109 +7:58.0
	82-3	y / F	SKAUG Marius Rønningen	24:02.0	77	+3:45.6	1:12:04.0 98 +10:58.4
<b>99</b>	<b>61</b>	<b>NOR - TROMSØ SKIKLUBB LANGRENN 1</b>	Tromsø Skiklubb Langrenn		<b>1:12:09.2</b>		<b>+11:03.6</b>
	61-1	r / F	FROST Edvin Kristoffer	26:31.2	132	+6:46.0	26:31.2 132 +6:46.0
	61-2	g / F	SØRENSEN Arthur Kruse	23:05.0	74	+3:03.4	49:36.2 123 +9:32.2
	61-3	y / F	SØRENSEN Teodor Kruse	22:33.0	41	+2:16.6	1:12:09.2 99 +11:03.6
<b>100</b>	<b>94</b>	<b>NOR - ASKER SKIKLUBB 5</b>	Asker Skiklubb		<b>1:12:26.3</b>		<b>+11:20.7</b>
	94-1	r / F	LØBAK Simen Leander	24:18.7	116	+4:33.5	24:18.7 116 +4:33.5
	94-2	g / F	JORDE Erik Ola	23:49.7	94	+3:48.1	48:08.4 114 +8:04.4
	94-3	y / F	MYHR Jonas Maukon	24:17.9	83	+4:01.5	1:12:26.3 100 +11:20.7
<b>101</b>	<b>95</b>	<b>NOR - KONNERUD IL 2</b>	Konnerud IL		<b>1:12:28.3</b>		<b>+11:22.7</b>
	95-1	r / F	NORBOM Sindre Lysaker	23:13.6	96	+3:28.4	23:13.6 96 +3:28.4
	95-2	g / F	KLAUSEN Torodd	24:46.8	112	+4:45.2	48:00.4 107 +7:56.4
	95-3	y / F	NORBOM Vetle Lysaker	24:27.9	88	+4:11.5	1:12:28.3 101 +11:22.7
<b>102</b>	<b>96</b>	<b>NOR - LYN SKI 5</b>	Lyn Ski		<b>1:12:29.3</b>		<b>+11:23.7</b>
	96-1	r / F	HAUGAN Armann Saastad	22:47.0	85	+3:01.8	22:47.0 85 +3:01.8
	96-2	g / F	HAFSTEN Niklas Teige	24:40.9	110	+4:39.3	47:27.9 101 +7:23.9
	96-3	y / F	ALMAAS Morten	25:01.4	103	+4:45.0	1:12:29.3 102 +11:23.7
<b>103</b>	<b>93</b>	<b>NOR - HAMAR SKIKLUBB 4</b>	Hamar Skiklubb		<b>1:12:32.2</b>		<b>+11:26.6</b>
	93-1	r / F	SYVERSEN Simen	23:35.0	109	+3:49.8	23:35.0 109 +3:49.8
	93-2	g / F	AURMO Ola	24:20.5	103	+4:18.9	47:55.5 104 +7:51.5
	93-3	y / F	ARNESEN Mads Greni	24:36.7	93	+4:20.3	1:12:32.2 103 +11:26.6
<b>104</b>	<b>90</b>	<b>NOR - GJERDRUM IL 2</b>	Gjerdrum IL		<b>1:12:32.8</b>		<b>+11:27.2</b>
	90-1	r / F	LUKA Eivind	23:31.0	105	+3:45.8	23:31.0 105 +3:45.8
	90-2	g / F	BJERKE Ole Tobias Utne	24:26.5	104	+4:24.9	47:57.5 106 +7:53.5
	90-3	y / F	NÆSS Øistein Fagerli	24:35.3	92	+4:18.9	1:12:32.8 104 +11:27.2
<b>105</b>	<b>48</b>	<b>NOR - GAULAR IL 1</b>	Gaular IL		<b>1:12:38.2</b>		<b>+11:32.6</b>
	48-1	r / F	BORKAMO Bjørn	22:59.2	93	+3:14.0	22:59.2 93 +3:14.0
	48-2	g / F	ØVREBØ Lars	24:10.5	102	+4:08.9	47:09.7 99 +7:05.7
	48-3	y / F	BLIKRA Torstein Bolstad	25:28.5	108	+5:12.1	1:12:38.2 105 +11:32.6
<b>106</b>	<b>118</b>	<b>NOR - NESBYEN IL 1</b>	Nesbyen IL		<b>1:12:42.5</b>		<b>+11:36.9</b>
	118-1	r / F	SAGABRÅTEN Sjur Lien	25:04.2	126	+5:19.0	25:04.2 126 +5:19.0
	118-2	g / F	BJERKRHEIM Kjetil Andre	21:32.9	24	+1:31.3	46:37.1 88 +6:33.1
	118-3	y / F	GRØNDAL Ove	26:05.4	114	+5:49.0	1:12:42.5 106 +11:36.9

dag 2 FEB 2020 / Drammen (NOR) / 3321

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Report Created Søndag 2 FEB 2020 13:41

Page 9/13





SKINM 2020

DRAMMEN  
Konnerud Skistadion

Søndag 2 FEB 2020

Start Time: 12:00  
End Time: 13:28NORGES  
SKIFORBUND

Stafett 3 x 10 km fri teknikk menn

## Resultater

RG.	ST.	ETAPPE	ETAPPE	ETAPPE	TEAM	TEAM	BAK
ETAPPESTARTNUMMER	FARGENAVERN	TID	RG.	BAK	TID	RG.	
<b>107</b>	<b>137</b>	<b>NOR - VIKERSUND IF 1</b>	Vikersund IF		<b>1:13:01.3</b>		<b>+11:55.7</b>
	137-1	r / F	ERIKSEN Sondre Båsen	23:13.8	97	+3:28.6	23:13.8 97 +3:28.6
	137-2	g / F	FOSSEN Truls Bratvold	25:04.1	117	+5:02.5	48:17.9 115 +8:13.9
	137-3	y / F	JELSTAD Eirik Stærkeby	24:43.4	97	+4:27.0	1:13:01.3 107 +11:55.7
<b>108</b>	<b>85</b>	<b>NOR - KJELSÅS IL 4</b>	Kjelsås IL		<b>1:13:12.3</b>		<b>+12:06.7</b>
	85-1	r / F	SKEI Magnus Morgenlie	23:20.0	102	+3:34.8	23:20.0 102 +3:34.8
	85-2	g / F	JONSSON Isak Sören	22:59.9	72	+2:58.3	46:19.9 84 +6:15.9
	85-3	y / F	NYBERG Magnus	26:52.4	121	+6:36.0	1:13:12.3 108 +12:06.7
<b>109</b>	<b>122</b>	<b>NOR - BÆRUMS SKIKLUB 1</b>	Bærums Skiklub		<b>1:13:23.5</b>		<b>+12:17.9</b>
	122-1	r / F	BOTTERUD Hermann Skram	23:38.2	111	+3:53.0	23:38.2 111 +3:53.0
	122-2	g / F	FREY Isak Leknes	22:34.4	58	+2:32.8	46:12.6 80 +6:08.6
	122-3	y / F	NESHEIM Tarjei Lindbergsengen	27:10.9	123	+6:54.5	1:13:23.5 109 +12:17.9
<b>110</b>	<b>119</b>	<b>NOR - GULSET IF 2</b>	Gulset IF		<b>1:13:28.5</b>		<b>+12:22.9</b>
	119-1	r / F	MYHRE Fredrik Hoksrud	23:08.6	95	+3:23.4	23:08.6 95 +3:23.4
	119-2	g / F	AAS Mikkel Wergeland	24:46.3	111	+4:44.7	47:54.9 103 +7:50.9
	119-3	y / F	MYHRA Håvard	25:33.6	109	+5:17.2	1:13:28.5 110 +12:22.9
<b>111</b>	<b>128</b>	<b>NOR - HØYDALSMO IL 1</b>	Høydalsmo IL		<b>1:13:47.3</b>		<b>+12:41.7</b>
	128-1	r / F	KVAALE Eivind Romberg	22:56.3	92	+3:11.1	22:56.3 92 +3:11.1
	128-2	g / F	HEFRE Lars Steinar	25:06.0	118	+5:04.4	48:02.3 110 +7:58.3
	128-3	y / F	LID Arne Moen	25:45.0	111	+5:28.6	1:13:47.3 111 +12:41.7
<b>112</b>	<b>100</b>	<b>NOR - BÆRUMS VERK HAUGER IDRETTSFORENING 2</b>	Bærums Verk Hauger Idrettsforening		<b>1:13:49.1</b>		<b>+12:43.5</b>
	100-1	r / F	FLADBY Martin Grape	22:55.3	91	+3:10.1	22:55.3 91 +3:10.1
	100-2	g / F	JENSEN Anders August	24:10.4	101	+4:08.8	47:05.7 97 +7:01.7
	100-3	y / F	GIÆVER Adam Nils	26:43.4	120	+6:27.0	1:13:49.1 112 +12:43.5
<b>113</b>	<b>133</b>	<b>NOR - BULKEN IL 1</b>	Bulken IL		<b>1:13:53.2</b>		<b>+12:47.6</b>
	133-1	r / F	SKJELDAL Kristian	21:33.5	44	+1:48.3	21:33.5 44 +1:48.3
	133-2	g / F	DAGESTAD Torstein Haaker	23:31.0	84	+3:29.4	45:04.5 67 +5:00.5
	133-3	y / F	BLINDHEIM Eivind Maurseth	28:48.7	130	+8:32.3	1:13:53.2 113 +12:47.6
<b>114</b>	<b>92</b>	<b>NOR - NJÅRD 2</b>	Njård		<b>1:13:54.7</b>		<b>+12:49.1</b>
	92-1	r / F	DYBDAHL Halvor Aasen	25:08.8	128	+5:23.6	25:08.8 128 +5:23.6
	92-2	g / F	STECKMEST Knut	24:47.2	113	+4:45.6	49:56.0 126 +9:52.0
	92-3	y / F	BAKKE Aleksander Gausen	23:58.7	73	+3:42.3	1:13:54.7 114 +12:49.1
<b>115</b>	<b>132</b>	<b>NOR - MJØSSKI 2</b>	MjøsSki		<b>1:13:56.1</b>		<b>+12:50.5</b>
	132-1	r / F	VOLLUM Odin Høie	23:22.0	104	+3:36.8	23:22.0 104 +3:36.8
	132-2	g / F	LARSEN Kristian	23:32.2	85	+3:30.6	46:54.2 94 +6:50.2
	132-3	y / F	KVALEVAAG-HOLM Elias	27:01.9	122	+6:45.5	1:13:56.1 115 +12:50.5
<b>116</b>	<b>135</b>	<b>NOR - BRANDBU IF 1</b>	Brandbu IF		<b>1:14:15.1</b>		<b>+13:09.5</b>
	135-1	r / F	KVÅLE Bjørnar	22:15.4	72	+2:30.2	22:15.4 72 +2:30.2
	135-2	g / F	KVÅLE Hans Jørgen	24:48.6	114	+4:47.0	47:04.0 95 +7:00.0
	135-3	y / F	FOSSE Morten	27:11.1	124	+6:54.7	1:14:15.1 116 +13:09.5
<b>117</b>	<b>30</b>	<b>NOR - IF ØRN 1</b>	IF Ørn		<b>1:14:29.2</b>		<b>+13:23.6</b>
	30-1	r / F	RISHOLT Vebjørn	22:12.9	63	+2:27.7	22:12.9 63 +2:27.7
	30-2	g / F	BERG Sindre Aarrestad	27:02.7	128	+7:01.1	49:15.6 122 +9:11.6
	30-3	y / F	FURNES Simen	25:13.6	105	+4:57.2	1:14:29.2 117 +13:23.6
<b>118</b>	<b>98</b>	<b>NOR - KJELSÅS IL 5</b>	Kjelsås IL		<b>1:14:39.4</b>		<b>+13:33.8</b>
	98-1	r / F	HEGGE-SAMUELSEN Herman	23:50.6	113	+4:05.4	23:50.6 113 +4:05.4
	98-2	g / F	RAKKESTAD Matias Nalum	24:51.1	115	+4:49.5	48:41.7 117 +8:37.7
	98-3	y / F	SØRLIE Sondre	25:57.7	113	+5:41.3	1:14:39.4 118 +13:33.8

dag 2 FEB 2020 / Drammen (NOR) / 3321

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Report Created Søndag 2 FEB 2020 13:41

Page 10/13





SKINM 2020

DRAMMEN  
Konnerud Skistadion

Søndag 2 FEB 2020

Start Time: 12:00  
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SKIFORBUND

Stafett 3 x 10 km fri teknikk menn

## Resultater

RG.	ST.	ETAPPE	ETAPPE	ETAPPE	TEAM	TEAM	BAK
	ETAPPESTARTNUMMER FARGENAVERN	TID	RG.	BAK	TID	RG.	
<b>119</b>	<b>121</b>	<b>NOR - HØYBRÅTEN OG STOVNER IL 2</b>	Høybråten og Stovner IL		<b>1:14:57.4</b>		<b>+13:51.8</b>
	121-1	r / F	LUND-HANSEN Magne	22:44.9	82	+2:59.7	22:44.9 82 +2:59.7
	121-2	g / F	GRØN Tobias Mellebråten	25:37.5	122	+5:35.9	48:22.4 116 +8:18.4
	121-3	y / F	MAUER Andreas	26:35.0	119	+6:18.6	1:14:57.4 119 +13:51.8
<b>120</b>	<b>101</b>	<b>NOR - KJELSÅS IL 6</b>	Kjelsås IL		<b>1:14:58.0</b>		<b>+13:52.4</b>
	101-1	r / F	HANNESTAD Simon Salinas	23:33.7	107	+3:48.5	23:33.7 107 +3:48.5
	101-2	g / F	HOLME Wictor	25:18.4	121	+5:16.8	48:52.1 118 +8:48.1
	101-3	y / F	PIHLSTRØM William	26:05.9	115	+5:49.5	1:14:58.0 120 +13:52.4
<b>121</b>	<b>123</b>	<b>NOR - IL KOLBUKAMERATENE 1</b>	IL Kolbukameratene		<b>1:15:14.5</b>		<b>+14:08.9</b>
	123-1	r / F	KVAM Håvard	23:01.4	94	+3:16.2	23:01.4 94 +3:16.2
	123-2	g / F	OVEREN Sindre Syvertsen	25:59.5	124	+5:57.9	49:00.9 121 +8:56.9
	123-3	y / F	RØISE Kristian	26:13.6	118	+5:57.2	1:15:14.5 121 +14:08.9
<b>122</b>	<b>105</b>	<b>NOR - GULSET IF 3</b>	Gulset IF		<b>1:15:24.6</b>		<b>+14:19.0</b>
	105-1	r / F	AARLI Sondre	24:34.6	122	+4:49.4	24:34.6 122 +4:49.4
	105-2	g / F	GRINILIA Åsmund	25:12.7	119	+5:11.1	49:47.3 124 +9:43.3
	105-3	y / F	LINHEIM Marcus	25:37.3	110	+5:20.9	1:15:24.6 122 +14:19.0
<b>123</b>	<b>104</b>	<b>NOR - HASLUM IL 2</b>	Haslum IL		<b>1:16:00.0</b>		<b>+14:54.4</b>
	104-1	r / F	KATLA Mikkel Jebens	24:44.5	124	+4:59.3	24:44.5 124 +4:59.3
	104-2	g / F	HOLVIK Vetle	25:03.5	116	+5:01.9	49:48.0 125 +9:44.0
	104-3	y / F	GJERDE Tobias	26:12.0	117	+5:55.6	1:16:00.0 123 +14:54.4
<b>124</b>	<b>120</b>	<b>NOR - GUI SPORTSKLUBB 2</b>	Gui Sportsklubb		<b>1:16:08.8</b>		<b>+15:03.2</b>
	120-1	r / F	GJESSING Andreas Aleksander	23:36.9	110	+3:51.7	23:36.9 110 +3:51.7
	120-2	g / F	GJESSING Fabian Nikolai	25:18.2	120	+5:16.6	48:55.1 120 +8:51.1
	120-3	y / F	BRUUN Fredrik Strande	27:13.7	125	+6:57.3	1:16:08.8 124 +15:03.2
<b>125</b>	<b>138</b>	<b>NOR - SANDE SPORTSKLUBB 2</b>	Sande Sportsklubb		<b>1:16:33.1</b>		<b>+15:27.5</b>
	138-1	r / F	GALLEBERG Martin	24:08.5	115	+4:23.3	24:08.5 115 +4:23.3
	138-2	g / F	BONDEN Eirik	27:12.9	130	+7:11.3	51:21.4 129 +11:17.4
	138-3	y / F	SØRSDAL Andreas	25:11.7	104	+4:55.3	1:16:33.1 125 +15:27.5
<b>126</b>	<b>126</b>	<b>NOR - FOSSUM IF 5</b>	Fossum IF		<b>1:17:57.4</b>		<b>+16:51.8</b>
	126-1	r / F	SØRENSEN Amund Marinius	24:29.8	118	+4:44.6	24:29.8 118 +4:44.6
	126-2	g / F	SIMONSEN Casper Eistein Dege	25:42.2	123	+5:40.6	50:12.0 127 +10:08.0
	126-3	y / F	JØRGENSEN Jesper	27:45.4	128	+7:29.0	1:17:57.4 126 +16:51.8
<b>127</b>	<b>136</b>	<b>NOR - BERGER IDRETTLAG 1</b>	Berger Idrettslag		<b>1:18:18.1</b>		<b>+17:12.5</b>
	136-1	r / F	DYRDAHL Jørgen Bertram	22:15.0	=70	+2:29.8	22:15.0 71 +2:29.8
	136-2	g / F	SKJELDAL Alv Sigurd	26:39.4	127	+6:37.8	48:54.4 119 +8:50.4
	136-3	y / F	MOGENSEN Jarle	29:23.7	132	+9:07.3	1:18:18.1 127 +17:12.5
<b>128</b>	<b>103</b>	<b>NOR - GJERDRUM IL 3</b>	Gjerdrum IL		<b>1:18:26.2</b>		<b>+17:20.6</b>
	103-1	r / F	HUNGERHOLT Markus	24:33.7	121	+4:48.5	24:33.7 121 +4:48.5
	103-2	g / F	JENSEN Mats Kobbersletten	26:29.1	126	+6:27.5	51:02.8 128 +10:58.8
	103-3	y / F	KASTEL Andreas	27:23.4	=126	+7:07.0	1:18:26.2 128 +17:20.6
<b>129</b>	<b>139</b>	<b>NOR - OSLOSTUDENTENES IK 1</b>	Oslostudentenes IK		<b>1:18:46.5</b>		<b>+17:40.9</b>
	139-1	r / F	KRISTIANSEN Rudi	25:01.3	125	+5:16.1	25:01.3 125 +5:16.1
	139-2	g / F	JAKOBSEN Sindre Bergan	26:21.8	125	+6:20.2	51:23.1 130 +11:19.1
	139-3	y / F	HOLSTAD Jörg Henrik	27:23.4	=126	+7:07.0	1:18:46.5 129 +17:40.9
<b>130</b>	<b>130</b>	<b>NOR - LYN SKI 6</b>	Lyn Ski		<b>1:19:59.9</b>		<b>+18:54.3</b>
	130-1	r / F	GRÅBØL-UNDERSRUD Emil	26:31.9	133	+6:46.7	26:31.9 133 +6:46.7
	130-2	g / F	RØDLAND Jon Winsnes	27:21.3	131	+7:19.7	53:53.2 133 +13:49.2
	130-3	y / F	SVALBJØRG Erlend	26:06.7	116	+5:50.3	1:19:59.9 130 +18:54.3

dag 2 FEB 2020 / Drammen (NOR) / 3321

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\_73C 1.0

Report Created Søndag 2 FEB 2020 13:41

Page 11/13





SKINM 2020

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RG.	ST.	ETAPPE	ETAPPE	ETAPPE	TEAM	TEAM	BAK
ETAPPSTARTNUMMER	FARGENAVERN	TID	RG.	BAK	TID	RG.	
<b>131</b>	<b>127</b>	<b>NOR - KJELSÅS IL 7</b>	Kjelsås IL			<b>1:21:44.6</b>	<b>+20:39.0</b>
	127-1	r / F	HAAGENSEN Vetle Max Dullum	25:28.2	131	+5:43.0	25:28.2 131 +5:43.0
	127-2	g / F	JERNBERG Joakim Wilkens	27:08.1	129	+7:06.5	52:36.3 131 +12:32.3
	127-3	y / F	OPSTAD Jens	29:08.3	131	+8:51.9	1:21:44.6 131 +20:39.0
<b>132</b>	<b>106</b>	<b>NOR - KONNERUD IL 3</b>	Konnerud IL			<b>1:23:08.2</b>	<b>+22:02.6</b>
	106-1	r / F	HAGE-NILSEN Stian	25:23.6	130	+5:38.4	25:23.6 130 +5:38.4
	106-2	g / F	HOVLAND-SUNDE Alex	27:33.6	134	+7:32.0	52:57.2 132 +12:53.2
	106-3	y / F	GONCALVES Andre Da Luz Figueiredo	30:11.0	133	+9:54.6	1:23:08.2 132 +22:02.6
<b>133</b>	<b>142</b>	<b>NOR - SILJAN IL 2</b>	Siljan IL			<b>1:24:04.4</b>	<b>+22:58.8</b>
	142-1	r / F	THORSBERG Espen	28:41.3	135	+8:56.1	28:41.3 135 +8:56.1
	142-2	g / F	BRÅTHEN Emil Folkvard	27:22.7	132	+7:21.1	56:04.0 134 +16:00.0
	142-3	y / F	TVEITAN Joakim	28:00.4	129	+7:44.0	1:24:04.4 133 +22:58.8
<b>134</b>	<b>134</b>	<b>NOR - ÅS IL 1</b>	Ås IL			<b>1:28:50.2</b>	<b>+27:44.6</b>
	134-1	r / F	AARSTAD Vegard	28:23.1	134	+8:37.9	28:23.1 134 +8:37.9
	134-2	g / F	DALE Jostein Svaland	29:02.4	135	+9:00.8	57:25.5 135 +17:21.5
	134-3	y / F	LILLEHEIER Karl Henrik	31:24.7	134	+11:08.3	1:28:50.2 134 +27:44.6
<b>Ikke fullført</b>							
	<b>107</b>	<b>NOR - TISTEDALEN FL 1</b>					
	107-1	r / F	UNNEBERG Johan	22:49.8	87	+3:04.6	22:49.8 87 +3:04.6
	107-2	g / F	HOLT Filip Glittenberg	23:19.4	81	+3:17.8	46:09.2 79 +6:05.2
	107-3	y / F	KIRKEBØEN Tore Herman Finsrud				
	<b>131</b>	<b>NOR - HASLUM IL 3</b>					
	131-1	r / F	BLOM-HAGEN Vebjørn				
	131-2	g / F	HOLM Benjamin Jarinn				
	131-3	y / F	SOLVIK Marius				

dag 2 FEB 2020 / Drammen (NOR) / 3321

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\_73C 1.0

Report Created Söndag 2 FEB 2020 13:41

Page 12/13





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ST.	RG.	ETAPPE	ETAPPE	ETAPPE	TEAM	TEAM	BAK
	ETAPPESTARTNUMMER	FARGENAVERN	TID	RG.	BAK	TID	RG.
<b>Ikke startet</b>							
	<b>13</b>	<b>NOR - FØRDE IL 1</b>					
	13-1	r / F	BOGETVEIT	Håvard	Gutubø		
	13-2	g / F	ERDAL	Ole	Martin		
	13-3	y / F	TEFRE	Gjøran	Holstad		
	<b>34</b>	<b>NOR - BÆKKELAGETS SK 3</b>					
	34-1	r / F	SØRENSEN	Anders			
	34-2	g / F	RØER	Sigurd	Lund		
	34-3	y / F	OPHUS	Eirik			
	<b>55</b>	<b>NOR - LILLEHAMMER SKIKLUB 3</b>					
	55-1	r / F	KARLSEN	Even			
	55-2	g / F	HOFFSBAKKEN	Erik	Kaspersen		
	55-3	y / F	KARLSEN	Jostein			
	<b>63</b>	<b>NOR - BYGDØ IL 2</b>					
	63-1	r / F	GIGERNES	Ådne	Holter		
	63-2	g / F	MELBØ	Jan-Henrik			
	63-3	y / F	UV	Sander	André		
	<b>109</b>	<b>NOR - KONNERUD IL 4</b>					
	109-1	r / F	BØYGARD	Sondre			
	109-2	g / F	RUSTAD	Mats	Høynes		
	109-3	y / F	ØDEGAARD	Snorre			
	<b>140</b>	<b>NOR - VESTRE SPONE IF 2</b>					
	140-1	r / F	OVERN	Karl	Erik		
	140-2	g / F	JOHANSEN	Erlend	Leander		
	140-3	y / F	NYGÅRD	Sondre			

## Jury Decision

-
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VAER	SNO FORHOLD	TEMPERATUR		DELTAKERE						
		LUFT	SNO	PAMELD.	RANGERING	DNS	DNF	DSQ	DQB	LAP
Cloudy	Packed	1.8°C	0.0°C	426/1	402/1	18/1	6/1	0/0	0/0	0/0

## Forklaring

= Samme Rang  
F Fristil  
Rod Rod

DISQ, BDQB  
Grønn Grønn

DNF Ikke fullført  
Gul Gul

DNS Ikke startet  
K Klassisk

DSQ Diskvalifisert  
Lapped Lapped

dag 2 FEB 2020 / Drammen (NOR) / 3321

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Report Created Søndag 2 FEB 2020 13:41

Page 13/13

