

Menn senior

Official results

Jury/Competition management		Data of course	
Technical Delegate	Tøllefsen Rune	Name of course	Lygna 5 km red
Assistand Technical Delegate	Colbjørnsen Geir	Height Difference (HD)	59
Assistant TD Nat.	Andersen Jan Olav	Maximum climb (MM)	42
Chief of Competition	Terje Nilsen	Total Climb (MT)	145
Codex	2972	Laps	3
		Laplength	5040

Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
1	396	3421154	Martin Løvstrøm Nyenget	Lillehammer Skiklub	NOR	0:36:03,1	00:00,0	20,00
2	386	3421845	Mikael Gunnulfsen	Ørn, IF	NOR	0:36:15,1	00:12,0	24,44
3	425	3423264	Harald Østberg Amundsen	Asker SK	NOR	0:36:40,9	00:37,8	33,98
4	410	3422029	Johan Hoel	Åsen IL	NOR	0:36:55,7	00:52,6	39,45
5	400	3422028	Magne Haga	Åsen IL	NOR	0:36:58,5	00:55,4	40,49
6	399	3423782	Håvard Moseby	Kjelsås IL	NOR	0:36:59,3	00:56,2	40,79
7	398	3422521	Eirik Sverdrup Augdal	Ringkollen SK	NOR	0:37:05,7	01:02,6	43,15
8	424	3420365	Eirik Brandsdal	Kjelsås IL	NOR	0:37:08,1	01:05,0	44,04
9	405	3420614	Per Kristian Nygård	Vestre Spone IF	NOR	0:37:09,9	01:06,8	44,71
10	406	3422021	Johan Tjelle	Lyn Ski	NOR	0:37:10,3	01:07,2	44,85
11	384	3421849	Eirik Mysen	Oseberg Skilag	NOR	0:37:17,5	01:14,4	47,52
12	403	3423388	Vebjørn Hegdal	Søre Ål IL	NOR	0:37:20,1	01:17,0	48,48
13	368	3421645	Lars Ove Aunli	Strindheim IL	NOR	0:37:21,1	01:18,0	48,85
14	393	3422651	Erland Kvisle	Asker SK	NOR	0:37:25,2	01:22,1	50,36
15	404	3423534	Jon Rolf Skamo Hope	Hyen IL	NOR	0:37:32,7	01:29,6	53,14
16	401	3422474	Ole Jørgen Bruvoll	Lierne IL	NOR	0:37:35,4	01:32,3	54,14
17	415	3422803	Mattis Stenshagen	Follebu SK	NOR	0:37:37,0	01:33,9	54,73
18	413	3423088	Petter Stakston	Søre Ål IL	NOR	0:37:42,0	01:38,9	56,58
19	423	3423183	Thomas Qvist Bucher-Johannessen	Fossum IF	NOR	0:37:42,7	01:39,6	56,84
20	420	3421269	Daniel Stock	Vadsø SK	NOR	0:37:49,5	01:46,4	59,35
21	374	3423006	Amund Hoel	Åsen IL	NOR	0:37:50,5	01:47,4	59,72
22	383	3421939	Kjetil Andre Bjerkheim	Nesbyen IL	NOR	0:37:50,8	01:47,7	59,83
23	392	3423008	Herman Martens Meyer	Åsen IL	NOR	0:37:52,2	01:49,1	60,35
24	411	3422841	Joachim Aurland	Kjellmyra IL	NOR	0:37:53,8	01:50,7	60,94
25	418	3423627	Håkon Skaanes	Strindheim IL	NOR	0:37:55,5	01:52,4	61,57
26	340	3423894	Sjur Kvisle	Asker SK	NOR	0:37:59,2	01:56,1	62,94
27	409	3423258	Sondre Skomedal Ramse	Otra IL	NOR	0:38:04,7	02:01,6	64,97
28	397	3424235	Iver Tildheim Andersen	Rustad IL	NOR	0:38:05,7	02:02,6	65,34
28	313	3423101	Fredrik Helgestad	Hamar SK	NOR	0:38:05,7	02:02,6	65,34
30	422	3424057	Andreas Kirkeng	Idrettslaget Ros	NOR	0:38:06,8	02:03,7	65,75
31	373	3422264	Eirik Mikkelsen	Medkila Skilag	NOR	0:38:09,7	02:06,6	66,82
32	390	3422266	Torgeir Sulen Hovland	Kvaløysletta Skilag	NOR	0:38:10,1	02:07,0	66,97
33	417	3422263	Gaute Kvåle	Røldal IL	NOR	0:38:14,1	02:11,0	68,45
34	416	3422712	Henrik Dønnestad	Gulset IF	NOR	0:38:15,3	02:12,2	68,89
35	385	3422498	Sindre Grønflaten	Fjellønnen IL	NOR	0:38:15,4	02:12,3	68,93
36	421	3421578	Karstein Johaug Jr	Røa IL	NOR	0:38:17,7	02:14,6	69,78
37	362	3422161	Kasper Stadaas	Heming, IL	NOR	0:38:26,9	02:23,8	73,18

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Chief of Competition	Terje Nilsen			Total Climb (MT)	145			
Codex	2972			Laps	3			
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38	380	3423034	Bendik Skjønberg Holth	Birkebeineren, IF	NOR	0:38:29,0	02:25,9	73,96
39	344	3423125	Anders Nyaas	Hamar SK	NOR	0:38:30,7	02:27,6	74,59
40	360	3423212	Eivind Kjennerud	Sande Sportsklubb	NOR	0:38:34,9	02:31,8	76,14
41	408	3421655	Gjermund Løfald	Rindal IL	NOR	0:38:35,5	02:32,4	76,36
42	311	3423502	Tor Olav Nesheim Hægeland	Rustad IL	NOR	0:38:37,6	02:34,5	77,14
43	350	3423657	Kristen Mikkelsplass	Bromma IL	NOR	0:38:38,9	02:35,8	77,62
43	355	3423660	Sivert Leander Johansen	Drammens Ballklubb	NOR	0:38:38,9	02:35,8	77,62
45	388	3422940	Ole Morten Engesvold Flataker	Hommelvik IL	NOR	0:38:41,0	02:37,9	78,40
46	351	3422759	Trym Halbjørhus	Hemsedal IL	NOR	0:38:41,9	02:38,8	78,73
47	365	3423669	Albert Sunde Øhlschlägel	Sjåstad/Vestre Lier	NOR	0:38:42,4	02:39,3	78,92
48	300	3421882	Vegard Hamnes	Lillehammer Skiklub	NOR	0:38:45,2	02:42,1	79,95
49	331	3423050	Knut Skrindo	Gol IL	NOR	0:38:56,7	02:53,6	84,20
50	302	3424337	Petter Myhr	Bygdø IL	NOR	0:38:56,8	02:53,7	84,24
51	369	3423371	Vegard Sivertsgård	Tydal IL	NOR	0:39:01,5	02:58,4	85,98
52	381	3422063	Torstein Vestli	Strandbygda IL	NOR	0:39:04,8	03:01,7	87,20
53	359	3423548	Kristian Skjeldal	Bulken IL	NOR	0:39:05,6	03:02,5	87,50
54	326	3423375	Geir Kristian Hoås	Lånke IL	NOR	0:39:08,9	03:05,8	88,72
55	334	3422944	Erik Husby	Buvik IL	NOR	0:39:10,8	03:07,7	89,42
56	346	3423235	Martin Julian Buvarp	Byåsen IL	NOR	0:39:11,0	03:07,9	89,49
57	364	3421685	Eirik Asdøl	Asker SK	NOR	0:39:12,0	03:08,9	89,86
58	352	3424663	Edvard Sandvik	Kjelsås IL	NOR	0:39:15,1	03:12,0	91,01
59	242	3423751	Tore André Melberg	Gjesdal IL	NOR	0:39:18,1	03:15,0	92,12
60	379	3423503	Lars Sørensen	Rustad IL	NOR	0:39:20,9	03:17,8	93,15
60	220	3423192	Erling Fagerbakke Fosse	Voss IL	NOR	0:39:20,9	03:17,8	93,15
62	354	3423881	Håvard Hovde	MjøsSki	NOR	0:39:24,7	03:21,6	94,56
63	341	3422771	Torstein Buan Røvik	IL Varden Meråker	NOR	0:39:26,5	03:23,4	95,23
64	301	3422898	Aslak Ole Rognerud Eira	Nordreisa IL	NOR	0:39:28,2	03:25,1	95,85
65	353	3423629	Kristoffer Berset	Strindheim IL	NOR	0:39:31,6	03:28,5	97,11
66	382	3422291	Edvin Kristoffer Frost	Tromsø SK	NOR	0:39:32,5	03:29,4	97,44
67	305	3120133	Lin Bao	Team China	CHN	0:39:32,8	03:29,7	97,56
68	262	3423167	Jostein Schlytter Strandbråten	Begna IL	NOR	0:39:34,2	03:31,1	98,07
69	375	3422016	Mattis Sjøli	Halmsås og Omegn	NOR	0:39:35,9	03:32,8	98,70
70	280	3422986	Jonas Aasbø	Surnadal IL	NOR	0:39:37,0	03:33,9	99,11
71	356	3422849	Arnt Gunnar Winther	KS Ski Lofoten	NOR	0:39:38,7	03:35,6	99,74
72	336	3423684	Emil Sørgård	Ringkollen SK	NOR	0:39:39,4	03:36,3	100,00
73	394	3423298	Patrick Fossum Kristoffersen	Gjerdrum IL	NOR	0:39:39,8	03:36,7	100,14
74	330	3423749	Aron Åkre Rysstad	Valle IL	NOR	0:39:43,6	03:40,5	101,55



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Lygna

søn. 19 jan 2020



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Assistant Technical Delegate	Colbjørnsen Geir	Height Difference (HD)	59
Assistant TD Nat.	Andersen Jan Olav	Maximum climb (MM)	42
Chief of Competition	Terje Nilsen	Total Climb (MT)	145
Codex	2972	Laps	3
		Laplength	5040

Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
75	371	3423561	Johannes Bordal	MjøsSki	NOR	0:39:45,0	03:41,9	102,07
76	338	3423923	Eirik Andreas Mortensbakke	Asker SK	NOR	0:39:51,7	03:48,6	104,55
77	333	3424218	Fredrik Lütcherath Nilsen	Heming, IL	NOR	0:39:51,9	03:48,8	104,62
78	308	3423205	Sivert Knotten	Runar, IL	NOR	0:39:52,3	03:49,2	104,77
79	314	3422669	Kristoffer By Vollset	Klæbu IL	NOR	0:39:55,8	03:52,7	106,06
80	324	3423844	Ola Jakob Lier	Asker SK	NOR	0:39:55,9	03:52,8	106,10
81	273	3423402	Kristoffer Liset	Ivrig, IL	NOR	0:39:56,5	03:53,4	106,32
82	370	3422323	Sindre Folkvord	Sandnes IL	NOR	0:39:58,0	03:54,9	106,88
83	319	3424232	Amund Riege	Rustad IL	NOR	0:39:58,3	03:55,2	106,99
84	325	3422515	Sindre Øwre Haugan	Hommelvik IL	NOR	0:39:58,7	03:55,6	107,13
85	335	3423754	Åsmund Wiberg	Otra IL	NOR	0:40:00,0	03:56,9	107,62
86	363	3423433	Emil Intelhus Brøto	Gol IL	NOR	0:40:02,0	03:58,9	108,35
87	348	3422774	Jonas Austad	Henning Skilag	NOR	0:40:02,1	03:59,0	108,39
88	377	3423824	Petter Stokkeland	Bygdø IL	NOR	0:40:02,5	03:59,4	108,54
89	263	3424552	Magnus Perger	Haslum IL	NOR	0:40:08,0	04:04,9	110,57
90	204	3422228	Endre Blikra	Strindheim IL	NOR	0:40:08,8	04:05,7	110,87
91	366	3423370	Vebjørn Moen	Tverlandet IL	NOR	0:40:08,9	04:05,8	110,91
92	275	3423897	Henrik Vik Tolo	Asker SK	NOR	0:40:10,3	04:07,2	111,42
93	267	3422721	Erling Pettersen Vollan	Høybråten og	NOR	0:40:12,0	04:08,9	112,05
94	296	3423410	Aksel Bru-Hemmingby	Heming, IL	NOR	0:40:14,4	04:11,3	112,94
95	303	3423681	Bjørnar Stensrud Tyribakken	Bromma IL	NOR	0:40:15,1	04:12,0	113,20
96	345	3422621	John Magnus Haugen	IL Varden Meråker	NOR	0:40:19,9	04:16,8	114,97
97	284	3423570	Skjalg Espeland	Jondal IL	NOR	0:40:21,6	04:18,5	115,60
98	310	3422747	Anders Sørensen	Bækkelagets SK	NOR	0:40:23,6	04:20,5	116,34
99	276	3422004	Erik Lippestad Thorstensen	Asker SK	NOR	0:40:24,4	04:21,3	116,64
100	260	3423179	Henrik Sørli Haug	Lyn Ski	NOR	0:40:26,4	04:23,3	117,38
101	293	3424618	Jostein Karlsen	Lillehammer Skiklub	NOR	0:40:27,4	04:24,3	117,75
102	328	3422512	Erling Engesvold Flataker	Hommelvik IL	NOR	0:40:27,8	04:24,7	117,90
103	290	3423360	Ole Jacob Forsmo	Halsøy IL - Ski	NOR	0:40:31,1	04:28,0	119,12
104	294	3422717	Alexander Løvik Nyheim	Henning Skilag	NOR	0:40:31,4	04:28,3	119,23
105	250	3423067	Sindre Finne	Henning Skilag	NOR	0:40:32,7	04:29,6	119,71
106	315	3421760	Ingvar Folkvord	Sandnes IL	NOR	0:40:33,0	04:29,9	119,82
107	358	3423123	Jo Svinsås	Rindal IL	NOR	0:40:37,4	04:34,3	121,45
108	339	3550147	Raimo Vigants	Strindheim IL	LAT	0:40:37,7	04:34,6	121,56
109	323	3422854	Daniel May Instanes	Fana IL	NOR	0:40:39,7	04:36,6	122,30
110	278	3423087	Ola Nygård Snellingen	Svea Skilag	NOR	0:40:42,2	04:39,1	123,22
111	212	3421420	Erlend Nydal	Asker SK	NOR	0:40:42,6	04:39,5	123,37



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Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
112	226	3423307	Even Olaus Seeberg	Nittedal IL	NOR	0:40:50,5	04:47,4	126,29
112	266	3423995	Jørgen Stigen	Hamar SK	NOR	0:40:50,5	04:47,4	126,29
114	255	3423826	Jan-Henrik Melbø	Bygdø IL	NOR	0:40:56,1	04:53,0	128,36
115	286	3250053	Isak Stianson Pedersen	Henning Skilag	ISL	0:40:58,8	04:55,7	129,36
116	285	3423306	Andreas Finni Magnussen	Lillehammer Skiklub	NOR	0:41:02,3	04:59,2	130,66
117	318	3422550	Håkon Myrmo	Rennebu IL	NOR	0:41:04,4	05:01,3	131,43
117	256	3423896	Vegard Ek Hagen	Lillehammer Skiklub	NOR	0:41:04,4	05:01,3	131,43
119	264	3423640	Axel Andersson	Ranheim SK	NOR	0:41:08,2	05:05,1	132,84
120	299	3423374	Jesper Abelsen Andreassen	Halsøy IL - Ski	NOR	0:41:10,4	05:07,3	133,65
121	288	3420589	Stian Stærkeby Jelstad	Rustad IL	NOR	0:41:11,5	05:08,4	134,06
122	249	3424545	Eivind Luka	Gjerdrum IL	NOR	0:41:13,1	05:10,0	134,65
123	270	3423792	Espen Hegstad Krüger	Lyn Ski	NOR	0:41:13,3	05:10,2	134,72
124	257	3423263	Herman Andreas Andersen	Bækkelagets SK	NOR	0:41:15,5	05:12,4	135,54
125	210	3423638	Andreas Talseth Bostad	Ranheim SK	NOR	0:41:22,4	05:19,3	138,09
126	295	3423986	Johan Heni Olsen Bjørtomt	Gjerdrum IL	NOR	0:41:24,1	05:21,0	138,72
127	320	3423053	Emil Wiik	Asker SK	NOR	0:41:24,8	05:21,7	138,98
128	277	3423750	Ludvig Vartdal	Emblem IL	NOR	0:41:27,8	05:24,7	140,09
129	279	3424550	Mathias Ulverud	Gjerdrum IL	NOR	0:41:31,2	05:28,1	141,34
130	322	3423718	Marius Viken Vesterås	Varde IL	NOR	0:41:32,8	05:29,7	141,94
131	378	3423300	Hans Kristian Holmbro	Strindheim IL	NOR	0:41:33,9	05:30,8	142,34
132	240	3423090	Lars Bovold	Nybergssund IL	NOR	0:41:34,8	05:31,7	142,68
133	312	3423875	Ådne Holter Gigernes	Bygdø IL	NOR	0:41:36,1	05:33,0	143,16
134	291	3424619	Even Karlsen	Lillehammer Skiklub	NOR	0:41:43,5	05:40,4	145,89
135	261	3250036	Dagur Benediktsson	Icelandic Ski	ISL	0:41:43,6	05:40,5	145,93
136	268	3423430	Vegard Myklemyr	Bromma IL	NOR	0:41:43,7	05:40,6	145,97
137	222	3423790	Nicolay Sevang	Lyn Ski	NOR	0:41:47,0	05:43,9	147,19
138	231	3424402	Ingmar Leigland Njaa	Kvam Langrenn- og	NOR	0:41:50,3	05:47,2	148,41
139	254	3424622	Birk Strand Bjørnaa	Lillehammer Skiklub	NOR	0:41:51,1	05:48,0	148,70
140	274	3422725	Andreas Faanes	NTNUI	NOR	0:41:52,5	05:49,4	149,22
141	292	3423163	Eirik Haug	Lyn Ski	NOR	0:41:55,5	05:52,4	150,33
142	252	3423563	Per Ivar Sølie Reinemo	Hamar SK	NOR	0:41:58,9	05:55,8	151,59
143	357	3423853	Magnus Øyaas Håbrekke	Byåsen IL	NOR	0:41:59,2	05:56,1	151,70
144	241	3423641	Christian Tobias Bøgeberg	Ranheim SK	NOR	0:42:01,8	05:58,7	152,66
145	243	3424266	Erling Viljugrein Stølen	Vind IL	NOR	0:42:08,2	06:05,1	155,03
146	272	3423080	Ulrik Måbø	Hamar SK	NOR	0:42:09,1	06:06,0	155,36
147	289	3423597	Bjørn Erik Langstein	Tomrefjord IL	NOR	0:42:12,2	06:09,1	156,51
148	209	3423974	Asle Grøthe	Torpo IL	NOR	0:42:18,8	06:15,7	158,95

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149	332	3423833	Vebjørn Weldingh Nilsen	Gulset IF	NOR	0:42:23,9	06:20,8	160,83
150	235	3422700	Krister Saastad	Høybråten og	NOR	0:42:32,5	06:29,4	164,02
151	219	3423843	Anders Lervik	Asker SK	NOR	0:42:32,8	06:29,7	164,13
152	208	3422829	Øystein Tallhaug Engelstad	MjøsSki	NOR	0:42:34,4	06:31,3	164,72
153	269	3424001	Herman Møller Gløersen	Bygdø IL	NOR	0:42:35,8	06:32,7	165,24
154	237	3423892	Hans Bernhard Burud	Sande Sportsklubb	NOR	0:42:42,4	06:39,3	167,68
155	218	3423421	Ivar Tverå	Halsøy IL - Ski	NOR	0:42:43,6	06:40,5	168,12
156	234	3423887	Bård Eskil Bjørndalen	Magnor UL	NOR	0:42:44,4	06:41,3	168,42
157	213	3120184	Kaige Jian	Kina	CHN	0:42:45,7	06:42,6	168,90
158	297	3423884	Lars-Martin Fossgard	Asker SK	NOR	0:42:52,8	06:49,7	171,52
159	251	3423696	Fredrik Fuglerud Flugstad	Gjøvik SK	NOR	0:42:57,1	06:54,0	173,11
160	271	3423432	Tor-Magnus Mundal Skredegård	Gol IL	NOR	0:43:07,0	07:03,9	176,78
161	245	3423868	Ole Tobias Utne Bjerke	Gjerdrum IL	NOR	0:43:08,0	07:04,9	177,14
162	206	3423957	Brynjar Kvernstad	Kyrksæterøra IL	NOR	0:43:08,1	07:05,0	177,18
163	232	3423869	Sondre Albrigtsen Bjørnstad	Nesodden IF - Ski	NOR	0:43:15,0	07:11,9	179,73
164	246	3120134	Kuerbanjiang Wuerkaixi	Kina	Isl	0:43:31,2	07:28,1	185,73
165	265	3423493	Eirik Sørgeard Anderssen	Lillomarka SK	NOR	0:43:36,1	07:33,0	187,54
166	247	3510687	Matthias Leibundgut	Lillehammer Skiklub	SUI	0:43:48,8	07:45,7	192,23
167	223	3423646	Marius Moe Renå	Hommelvik IL	NOR	0:43:49,5	07:46,4	192,49
168	227	3290624	Stefano Zanotto	Rustad IL	ITA	0:44:03,5	08:00,4	197,67
169	233	3423308	Sebastian Kristoffer Endrestad	Bækkelagets SK	NOR	0:44:04,8	08:01,7	198,15
170	230	3423658	Kristian Mikkelsplass	Bromma IL	NOR	0:44:08,8	08:05,7	199,63
171	205	3120206	Maoxiang Zhang	Lillehammer Skiklub	CHN	0:44:17,4	08:14,3	202,81
172	217	3170035	Joachim Weel Rosbo	Danmark	DEN	0:44:51,0	08:47,9	215,24
173	248	3422286	Eirik Tvedt Aastvedt	Osterøy IL	NOR	0:44:59,7	08:56,6	218,46
174	203	3423009	Ivar Andre Ryttervold	NOTEAM	NOR	0:45:09,7	09:06,6	222,15
175	244	3120203	Nuerbolati Xiateke	Lillehammer Skiklub	CHN	0:45:18,8	09:15,7	225,52
176	228	3423240	Jørn Troøyen	Strindheim IL	NOR	0:45:44,0	09:40,9	234,84
177	215	3170037	Jacob Weel Rosbo	Danmark	DEN	0:46:18,8	10:15,7	247,71
178	337	3422417	Mikkel Arntsen	Sortland og Omegn	NOR	0:46:51,6	10:48,5	259,84
179	238	3423517	Jonas Engebret Larsen	Lyn Ski	NOR	0:47:52,1	11:49,0	282,22
180	207	3423589	Emil Håkon Lier	Asker SK	NOR	0:48:04,7	12:01,6	286,88
181	221	3220063	Michael Emre Kutay Nicholas	Heming, IL	GBR	0:52:36,2	16:33,1	387,29
	329	3250035	Albert Jonsson	Lillehammer Skiklub	ISL	DNF		
	376	3422316	Fredrik Riseth	Byåsen IL	NOR	DNF		
	412	3422245	Jørgen Sæternes Ulvang	IL Varden Meråker	NOR	DNF		
	216	3423649	Mads Halstadtrø	Hommelvik IL	NOR	DNF		

Menn senior

Official results

Jury/Competition management		Data of course	
Technical Delegate	Tøllefsen Rune	Name of course	Lygna 5 km red
Assistant Technical Delegate	Colbjørnsen Geir	Height Difference (HD)	59
Assistant TD Nat.	Andersen Jan Olav	Maximum climb (MM)	42
Chief of Competition	Terje Nilsen	Total Climb (MT)	145
Codex	2972	Laps	3
		Laplength	5040

Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
	236	3422954	Mats Burud Skjølvold	Bækkelagets SK	NOR	DNF		
	283	3423084	Mårten Soleng Skinstad	Vind IL	NOR	DNF		
	428	3420577	Niklas Dyrhaug	Tydal IL	NOR	DNF		
	259	3423046	Ole-Jørgen Folkestad	Trøsken IL	NOR	DNF		
	287	3423416	Sigurd Arne Brones Engen	Kvaløysletta Skilag	NOR	DNF		
	343	3422795	Simen Christopher Bratberg Ramstad	Vind IL	NOR	DNF		
	282	3422293	Sivert Grøtan Eriksen	Byåsen IL	NOR	DNF		
	214	3424038	Thomas Heyn	Gjerdrum IL	NOR	DNF		
	426	3421836	Aleksander Emil Dyrberg Ek	Bærums Verk	NOR	DNS		
	367	3424190	Amund August Korsæth	Trøsken IL	NOR	DNS		
	349	3423231	Anders Haga	Åsen IL	NOR	DNS		
	211	3170067	Asbjørn Michelsen	Heming, IL	DEN	DNS		
	253	3424664	Benjamin Gunnarsen	Kjelsås IL	NOR	DNS		
	239	3423315	Birger Andreas Bråthen	Magnor UL	NOR	DNS		
	395	3420994	Didrik Tønseth	Byåsen IL	NOR	DNS		
	317	3423540	Eirik Bergene Aabrekk	Runar, IL	NOR	DNS		
	414	3422619	Erik Valnes	Bardufoss og	NOR	DNS		
	225	3422964	Erling Moseby	Kjelsås IL	NOR	DNS		
	229	3424539	Eskil Bakken	Lillehammer Skiklub	NOR	DNS		
	327	3424513	Espen Aakervik	Fet SK	NOR	DNS		
	372	3422477	Even Northug	Strindheim IL	NOR	DNS		
	307	3423184	Henrik Gullikstad	Søre Ål IL	NOR	DNS		
	387	3422613	Jan Thomas Jenssen	Hommelvik IL	NOR	DNS		
	347	3423317	Jørgen Lippert	Trøsken IL	NOR	DNS		
	342	3424534	Lars Agnar Hjelmset	Gjelleråsen IF	NOR	DNS		
	309	3422702	Lasse Løvstrøm Aulin	Bækkelagets SK	NOR	DNS		
	391	3421665	Magnus Stensås	Tydal IL	NOR	DNS		
	258	3424540	Magnus Nikolai Sedeniussen	Gjelleråsen IF	NOR	DNS		
	316	3100366	Maks Peter Zechel	Asker SK	CAN	DNS		
	224	3423314	Ole Haldor Ensrud	Strindheim IL	NOR	DNS		
	306	3423632	Peter John Martin Haddon	Byåsen IL	NOR	DNS		
	407	3501167	Petter Engdahl	Falun Borlänge	SWE	DNS		
	361	3501330	Pontus Hermansson	sk Bore	SWE	DNS		
	281	3423645	Sander Øwre Haugan	Hommelvik IL	NOR	DNS		
	321	3040125	Seve De Campo	Heming, IL	AUS	DNS		
	427	3420672	Simen Andreas Sveen	Ring IL	NOR	DNS		
	402	3421164	Sindre Bjørnstad Skar	Bærums Verk	NOR	DNS		



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Lygna
søn. 19 jan 2020



Menn senior Official results

Jury/Competition management				Data of course				
Technical Delegate	Tøllefsen Rune			Name of course		Lygna 5 km red		
				Height Difference (HD)		59		
Assistand Technical Delegate	Colbjørnsen Geir			Maximum climb (MM)		42		
Assistant TD Nat.	Andersen Jan Olav			Total Climb (MT)		145		
Chief of Competition	Terje Nilsen			Laps		3		
Codex	2972			Laplength		5040		
Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
	304	3422992	Sivert Wiig	Gjesdal IL	NOR	DNS		
	419	3421051	Thomas Albertsen Dahlen	IL Varden Meråker	NOR	DNS		
	389	3423291	Thomas Helland Larsen	Fossum IF	NOR	DNS		
	298	3423449	Vegard Røyarhus	Hovdebygda IL	NOR	DNS		
Number of entered:		226	Number of started:		193			