

Menn senior Official results

Jury/Competition management		Data of course	
Technical Delegate	Arne Sandvold	Name of course	Gåå 5 km
FIS Race Director		Height Difference (HD)	72
Assistand Technical Delegate	Fridjof Rannem	Maximum climb (MM)	35
Assistant TD Nat.	Erland Husom	Total Climb (MT)	450
Chief of Competition	Audun Skattebo	Laps	3
Codex	3226	Laplength	5000

Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
1	473	3422803	Mattis Stenshagen	Follebu SK	NOR	0:40:35,2	00:00,0	20,00
2	484	3421845	Mikael Gunnulfsen	Ørn, IF	NOR	0:40:40,6	00:05,4	21,79
3	489	3421467	Mathias Rundgreen	Byaasen Skiklub	NOR	0:40:45,3	00:10,1	23,33
4	470	3421601	Nils Magnus Bøen Grave	IL Korvevoll - Odda	NOR	0:41:07,2	00:32,0	30,51
5	488	3422029	Johan Hoel	Åsen IL	NOR	0:41:08,3	00:33,1	30,89
6	471	3421164	Sindre Bjørnestad Skar	Bærums Verk	NOR	0:41:11,9	00:36,7	32,07
7	468	3421470	Hallvard Løfald	Rindal IL	NOR	0:41:19,7	00:44,5	34,63
8	476	3421665	Magnus Stensås	Tydal IL	NOR	0:41:26,8	00:51,6	36,95
9	430	3422841	Joachim Aurland	Kjellmyra IL	NOR	0:41:28,8	00:53,5	37,60
10	454	3422474	Ole Jørgen Bruvoll	Lierne IL	NOR	0:41:33,2	00:58,0	39,06
11	463	3421216	Emil Nyeng	Ringebu/Fåvang SK	NOR	0:41:36,7	01:01,5	40,21
12	474	3422263	Gaute Kvåle	Røldal IL	NOR	0:41:37,0	01:01,8	40,31
13	480	3420672	Simen Andreas Sveen	Ring IL	NOR	0:41:41,1	01:05,9	41,66
14	487	3420614	Per Kristian Nygård	Vestre Spone IF	NOR	0:41:49,1	01:13,9	44,29
15	447	3422316	Fredrik Riseth	Byåsen IL	NOR	0:41:49,8	01:14,5	44,50
16	486	3421094	Espen Udjus Frorud	Skiptvet IL	NOR	0:41:51,4	01:16,2	45,04
17	485	3421269	Daniel Stock	Vadsø SK	NOR	0:41:57,1	01:21,9	46,92
18	424	3421751	Vegard Bjerkreim Nilsen	Lillehammer Skiklub	NOR	0:41:58,1	01:22,9	47,25
19	442	3422186	Vebjørn Turtveit	Voss IL	NOR	0:42:01,3	01:26,1	48,30
20	450	3422106	Chrisander Skjønberg Holth	Birkebeineren, IF	NOR	0:42:01,6	01:26,4	48,39
21	465	3422266	Torgeir Sulen Hovland	Kvaløysletta Skilag	NOR	0:42:02,0	01:26,8	48,52
22	461	3422613	Jan Thomas Jenssen	Hommelvik IL	NOR	0:42:07,0	01:31,8	50,17
23	458	3421553	Eivind Bakkene	Øystre Slidre IL	NOR	0:42:07,3	01:32,0	50,25
24	482	3422028	Magne Haga	Åsen IL	NOR	0:42:07,6	01:32,4	50,36
25	449	3420594	Eirik Lorentsen	Henning Skilag	NOR	0:42:10,3	01:35,0	51,24
26	443	3421754	Håvard Solås Taugbøl	Lillehammer Skiklub	NOR	0:42:11,8	01:36,6	51,74
27	423	3422796	Even Kristoffersen	Kragerø IF Ski	NOR	0:42:17,3	01:42,1	53,56
28	441	3421514	Gjermund Nilsen	Gran IL	NOR	0:42:21,9	01:46,7	55,06
29	457	3422698	Stian Christoffersen	Runar, IL	NOR	0:42:22,3	01:47,0	55,18
30	477	3421849	Eirik Mysen	Oseberg Skilag	NOR	0:42:24,1	01:48,9	55,79
31	403	3270010	Thomas Hjalmar Westgård	Steinkjer SK	NOR	0:42:26,2	01:51,0	56,48
32	402	3420977	Svein Halvor Dahl	Skarphedin, IL	NOR	0:42:27,2	01:52,0	56,80
33	398	3422498	Sindre Grønflaten	Fjellørnen IL	NOR	0:42:34,1	01:58,9	59,07
34	431	3421855	Runar Skaug Mathisen	Vinje IL	NOR	0:42:39,4	02:04,2	60,81
35	400	3421776	Fredrik Ole Oldereid Andersen	Lyn Ski	NOR	0:42:42,7	02:07,4	61,88
36	481	3420460	Anders Tettli Rennemo	Henning Skilag	NOR	0:42:43,4	02:08,1	62,11
37	439	3421578	Karstein Johaug Jr.	Gran IL	NOR	0:42:52,4	02:17,1	65,07
37	479	3422521	Eirik Sverdrup Augdal	Ringkollen SK	NOR	0:42:52,4	02:17,2	65,09
39	475	3422405	Audun Erikstad	Vadsø SK	NOR	0:42:55,1	02:19,9	65,98
40	462	3421522	Halvor Korbøl Thoner	Slåstad IL	NOR	0:43:02,1	02:26,8	68,26
41	388	3422274	Stian Grastveit	Heming, IL	NOR	0:43:10,3	02:35,1	70,97
42	429	3422446	Sindre Tungesvik	Byåsen IL	NOR	0:43:10,8	02:35,6	71,12

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FIS Race Director				Height Difference (HD)	72			
Assistand Technical Delegate	Fridjof Rannem			Maximum climb (MM)	35			
Assistant TD Nat.	Erland Husom			Total Climb (MT)	450			
Chief of Competition	Audun Skattebo			Laps	3			
Codex	3226			Laplength	5000			
Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
43	418	3422245	Jørgen Sæternes Ulvang	IL Varden Meråker	NOR	0:43:14,8	02:39,5	72,43
44	564	3423088	Petter Stakston	Søre Ål IL	NOR	0:43:15,1	02:39,8	72,53
45	452	3422382	Torstein Bu	Førde IL	NOR	0:43:15,8	02:40,6	72,76
46	469	3422338	Kristian Græsli	Hamar SK	NOR	0:43:18,1	02:42,9	73,52
47	360	3423215	Joar Andreas Thele	Lyn Ski	NOR	0:43:20,5	02:45,3	74,31
48	396	3422059	Espen Honganvik Holen	Magnor UL	NOR	0:43:21,5	02:46,2	74,62
49	322	3420573	Timo Andre Bakken	Konnerud IL	NOR	0:43:25,9	02:50,7	76,09
50	466	3421289	Håkon Mikalsen	Nordreisa IL	NOR	0:43:26,8	02:51,5	76,36
51	422	3422619	Erik Valnes	Bardufoss og	NOR	0:43:27,4	02:52,1	76,56
52	415	3422774	Jonas Austad	Henning Skilag	NOR	0:43:28,2	02:52,9	76,82
53	451	3300374	Tomoki Sato	Japan	NOR	0:43:29,0	02:53,8	77,10
54	456	3420463	Andreas Myran Steen	Leksvik IL	NOR	0:43:31,9	02:56,6	78,04
55	379	3422477	Even Northug	Strindheim IL	NOR	0:43:33,5	02:58,3	78,57
56	566	3423008	Herman Martens Meyer	Frogner IL	NOR	0:43:37,3	03:02,1	79,83
57	455	3300408	Akihito Uda	Japan	NOR	0:43:39,5	03:04,2	80,54
58	448	3300494	Naoto Baba	Japan	NOR	0:43:41,6	03:06,3	81,23
59	428	3421760	Ingvar Folkvord	Lillehammer Skiklub	NOR	0:43:43,4	03:08,1	81,82
60	563	3422992	Sivert Wiig	Gjesdal IL	NOR	0:43:43,7	03:08,5	81,93
61	386	3422747	Anders Sørensen	Bækkelagets SK	NOR	0:43:45,4	03:10,2	82,49
62	532	3423298	Patrick Fossum Kristoffersen	Gjerdrum IL - Ski	NOR	0:43:50,6	03:15,4	84,19
63	417	3422773	Gaute IVERSEN	IL Varden Meråker	NOR	0:43:50,9	03:15,7	84,30
64	380	3421838	Peter Andersen	Lillehammer Skiklub	NOR	0:43:53,1	03:17,8	85,01
65	389	3421717	Mats Iversen	IL Varden Meråker	NOR	0:43:55,8	03:20,6	85,91
66	433	3422021	Johan Tjelle	Lyn Ski	NOR	0:43:57,5	03:22,3	86,46
67	368	3422515	Sindre Øwre Haugan	Hommelvik IL	NOR	0:44:00,8	03:25,6	87,55
68	327	3422058	Vinjar Skogsholm	Åsli Skilag	NOR	0:44:00,9	03:25,6	87,57
69	401	3422323	Sindre Folkvord	Lillehammer Skiklub	NOR	0:44:01,6	03:26,3	87,80
70	440	3420815	Petter Soleng Skinstad	Vind IL	NOR	0:44:02,1	03:26,8	87,97
71	565	3423180	Simen Thune Rølfesen	Lyn Ski	NOR	0:44:03,5	03:28,2	88,42
72	393	3422805	Sjur Slettom	Lillehammer Skiklub	NOR	0:44:11,4	03:36,2	91,04
73	408	3422293	Sivert Grøtan Eriksen	Byåsen IL	NOR	0:44:12,6	03:37,4	91,43
74	392	3300362	Kentaro Ishikawa	Japan	NOR	0:44:12,7	03:37,4	91,44
75	421	3300450	Takuma Muraji	Japan	NOR	0:44:13,0	03:37,8	91,55
76	315	3421939	Kjetil André Bjerkrheim	Nesbyen IL	NOR	0:44:13,1	03:37,8	91,57
77	378	3422255	Magnus Lian Aarrestad	Sandnes IL	NOR	0:44:13,6	03:38,3	91,74
78	367	3421318	Magnus Gjemse	IL Varden Meråker	NOR	0:44:17,2	03:42,0	92,94
79	405	3421761	Sjur Obrestad Gabrielsen	Sandnes IL	NOR	0:44:20,9	03:45,7	94,15
79	311	3422508	Aksel Rosenvinge	Konnerud IL	NOR	0:44:20,9	03:45,7	94,15
81	354	3422016	Mattis Sjøli	Halmsås og Omegn	NOR	0:44:21,5	03:46,3	94,35
82	385	3422208	Stian Berg	Jømna/Heradsbygd	NOR	0:44:23,1	03:47,9	94,87
83	409	3422752	Halvor Kleivi	Lyn Ski	NOR	0:44:25,0	03:49,8	95,51
84	434	3300378	Jumpu Nishida	Heming, IL	NOR	0:44:33,2	03:58,0	98,20

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Technical Delegate	Arne Sandvold			Name of course	Gåla 5 km			
FIS Race Director				Height Difference (HD)	72			
Assistand Technical Delegate	Fridjof Rannem			Maximum climb (MM)	35			
Assistant TD Nat.	Erland Husom			Total Climb (MT)	450			
Chief of Competition	Audun Skattebo			Laps	3			
Codex	3226			Laplength	5000			
Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
85	365	3422113	Roger Øye Pollen	Førde IL	NOR	0:44:33,8	03:58,6	98,40
86	350	3422795	Simen Bratberg Ramstad	Vind IL	NOR	0:44:34,5	03:59,3	98,62
87	560	3423264	Harald Østberg Amundsen	Asker SK	NOR	0:44:37,9	04:02,6	99,72
88	384	3300495	Yuji Homma	Japan	NOR	0:44:38,0	04:02,8	99,77
89	460	3100296	Scott Hill	Team Hardwood	NOR	0:44:38,6	04:03,3	99,95
90	406	3422273	Thomas Hetland	Helleland IL	NOR	0:44:40,5	04:05,3	100,58
91	557	3423205	Sivert Knotten	Svarstad IL	NOR	0:44:41,5	04:06,3	100,93
92	323	3421199	Simen Engebretsen Nordli	Vang	NOR	0:44:41,9	04:06,6	101,04
93	562	3423482	Simen Myhre	Koll, IL	NOR	0:44:44,3	04:09,0	101,82
94	445	3421882	Vegard Hamnes	Lillehammer Skiklub	NOR	0:44:44,5	04:09,2	101,89
95	347	3422375	Sigurd Lund Rør	Bækkelagets SK	NOR	0:44:47,4	04:12,2	102,86
96	419	3421719	Espen Sundsvik	Frol IL	NOR	0:44:48,8	04:13,6	103,31
97	491	3420421	Daniel Myrmæl Helgestad	Henning Skilag	NOR	0:44:50,1	04:14,8	103,73
98	559	3423258	Sondre Ramse	Otra IL	NOR	0:44:51,9	04:16,7	104,34
99	340	3422749	Espen Persen	Lyn Ski	NOR	0:44:52,6	04:17,3	104,56
100	410	3421720	Johan Hundseth	Kolvreid IL	NOR	0:44:54,7	04:19,4	105,24
101	372	3422753	Vebjørn Tandberg	Kjelsås IL	NOR	0:44:55,9	04:20,7	105,64
102	446	3421051	Thomas Albertsen Dahlen	IL Varden Meråker	NOR	0:44:56,6	04:21,3	105,87
103	541	3423456	Johannes Bjertnæs	Jevnaker	NOR	0:44:59,2	04:23,9	106,72
104	387	3422649	Harald Ihlebæk	Bækkelagets SK	NOR	0:45:04,3	04:29,1	108,42
105	555	3423500	Simen Munch Wahl	Bjørndal IF	NOR	0:45:05,8	04:30,6	108,91
106	348	3424020	Amund Hoff Thomassen	Sauda IL	NOR	0:45:06,5	04:31,2	109,12
107	361	3422039	Kristian A Kjonerud	Lillehammer Skiklub	NOR	0:45:06,7	04:31,5	109,20
108	516	3422979	Borgar Norrud	Røa IL	NOR	0:45:09,2	04:34,0	110,02
109	363	3422490	Martin Thon	Skiptvet IL	NOR	0:45:09,7	04:34,4	110,17
110	339	3422771	Torstein Buan Røvik	IL Varden Meråker	NOR	0:45:10,2	04:35,0	110,34
111	328	3421685	Eirik Asdøl	Bærums Verk	NOR	0:45:11,4	04:36,2	110,73
112	370	3422280	Ørjan Staff	Gran IL	NOR	0:45:12,1	04:36,9	110,97
113	547	3423024	Gaute Eriksen	ROS, IL	NOR	0:45:12,8	04:37,6	111,21
114	371	3422721	Erling Pettersen Vollan	Høybråten og	NOR	0:45:13,4	04:38,1	111,39
115	325	3422550	Håkon Myrmo	Rennebu IL	NOR	0:45:13,9	04:38,7	111,56
116	464	3423388	Vebjørn Hegdal	Larvik Ski	NOR	0:45:16,6	04:41,4	112,46
117	349	3422466	Sivert Halfdan Bergan	Larvik Ski	NOR	0:45:17,1	04:41,9	112,62
118	341	3422512	Erling Engesvold Flataker	Hommelvik IL	NOR	0:45:17,2	04:41,9	112,63
119	394	3422063	Torstein Vestli	Strandbygda IL	NOR	0:45:18,2	04:43,0	112,97
120	554	3423212	Eivind Kjennerud	Sande Sportsklubb	NOR	0:45:19,2	04:44,0	113,31
121	329	3422321	Torstein Haaker Dagestad	Bulken IL	NOR	0:45:19,3	04:44,1	113,35
122	359	3421814	Eirik Finne	Viking, TIF	NOR	0:45:19,5	04:44,3	113,41
123	432	3100266	Jack Carlye	Team Hardwood	NOR	0:45:22,0	04:46,8	114,23
124	536	3423029	Sebastian Andreas Haugeto	Ringkollen SK	NOR	0:45:22,3	04:47,0	114,31
125	318	3422369	Erik Olsvik Dengerud	Kjelsås IL	NOR	0:45:24,6	04:49,4	115,09
126	414	3300371	Takahiro Suzuki	Japan	NOR	0:45:25,3	04:50,0	115,29

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Assistand Technical Delegate	Fridjof Rannem			Maximum climb (MM)	35			
Assistant TD Nat.	Erland Husom			Total Climb (MT)	450			
Chief of Competition	Audun Skattebo			Laps	3			
Codex	3226			Laplength	5000			
Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
127	390	3421064	Sturla Lie	Viking, TIF	NOR	0:45:25,8	04:50,5	115,46
128	530	3423561	Johannes Bordal	Mjøsski	NOR	0:45:30,3	04:55,0	116,93
129	553	3423493	Eirik Sørgård Anderssen	Lillomarka SK	NOR	0:45:32,8	04:57,6	117,77
130	539	3423433	Emil Intelhus Brøto	Gol IL	NOR	0:45:38,0	05:02,8	119,48
131	313	3422459	Martin Kristiansen	ROS, IL	NOR	0:45:38,4	05:03,1	119,60
132	411	3422333	Maximilian Bie	Bardufoss og	NOR	0:45:38,8	05:03,6	119,74
133	307	3420833	Øyvind Watterdal	Nøtterøy Ski	NOR	0:45:40,2	05:05,0	120,21
134	543	3422968	Kjetil Stuge Bånerud	Koll, IL	NOR	0:45:48,4	05:13,2	122,91
135	546	3423167	Jostein S Strandbråten	Begna IL	NOR	0:45:48,5	05:13,2	122,92
136	395	3100344	Joey Foster	Team Hardwood	NOR	0:45:56,6	05:21,4	125,59
137	526	3422958	Jon Amund Vold	Koll, IL	NOR	0:45:57,5	05:22,3	125,89
138	540	3423084	Mårten Soleng Skinstad	Vind IL	NOR	0:45:59,8	05:24,5	126,63
139	351	3420986	Magne Lund Hansen	Høybråten og	NOR	0:46:00,2	05:24,9	126,76
140	525	3422957	Jonas Fremming	Heming, IL	NOR	0:46:03,8	05:28,6	127,95
141	373	3422130	Truls Torvik	IL Varden Meråker	NOR	0:46:05,4	05:30,2	128,49
142	357	3422849	Arnt Gunnar Winther	Kabelvåg og	NOR	0:46:08,1	05:32,9	129,37
143	467	3421645	Lars Ove Aunli	Strindheim IL	NOR	0:46:15,4	05:40,2	131,76
144	397	3421748	Erik K Hoffsbakken	Lillehammer Skiklub	NOR	0:46:15,9	05:40,7	131,92
145	376	3422621	John Magnus Haugen	Hommelvik IL	NOR	0:46:20,1	05:44,9	133,30
146	295	3422036	Henrik Kjærnsli	Lillehammer Skiklub	NOR	0:46:20,2	05:45,0	133,36
147	437	3422850	Ask Kleist Godal	Innstrandens IL	NOR	0:46:20,3	05:45,0	133,36
148	337	3422344	Ulrik Leinan Baksjøberget	Vang	NOR	0:46:21,7	05:46,4	133,82
149	545	3423351	Kristian Jakobsen	Gjøvik SK	NOR	0:46:22,8	05:47,6	134,20
150	306	3422381	Eirik Hovland	Årdalstangen IL	NOR	0:46:27,9	05:52,6	135,86
151	498	3423130	Bjørn Georg Riksaasen	Vågå IL	NOR	0:46:28,8	05:53,6	136,18
152	453	3300399	Hikari Fujinoki	Japan	NOR	0:46:30,0	05:54,8	136,58
153	561	3100380	Ryan Jackson	Team Hardwood	NOR	0:46:30,4	05:55,2	136,69
154	538	3423508	Lars Laulo	Heming, IL	NOR	0:46:32,6	05:57,3	137,40
155	355	3422004	Erik Lippestad Thorstensen	Bærums Verk	NOR	0:46:34,0	05:58,8	137,87
156	523	3423297	Mats Kobbersletten Jensen	Gjerdrum IL - Ski	NOR	0:46:37,7	06:02,5	139,10
157	320	3421809	Hallvard Sørheim Evjestad	IL Bjørn - Ski	NOR	0:46:37,8	06:02,5	139,11
158	336	3423207	Ludvik Bjørnstad	Malvik IL	NOR	0:46:41,1	06:05,9	140,20
159	301	3422730	Atle Smenes	Rustad IL	NOR	0:46:41,4	06:06,2	140,31
160	519	3423259	Tobias Topp Sandvik	Hjelmeland IL - ski	NOR	0:46:43,5	06:08,3	140,99
160	514	3423439	Sivert Bjørnebo Langerud	Lier IL	NOR	0:46:43,5	06:08,3	141,00
162	513	3423323	Erlend Kvittum Nytrøen	Tynset IF	NOR	0:46:43,7	06:08,5	141,06
163	534	3423080	Ulrik Måbø	Lillehammer Skiklub	NOR	0:46:50,5	06:15,3	143,29
164	326	3422822	Simen Hagen Nilstad	Dombås IL	NOR	0:46:51,9	06:16,7	143,76
165	332	3422276	Vegard Johnsen	Ankenes SK	NOR	0:46:52,0	06:16,7	143,78
165	290	3423152	Ståle Fenstad	Rustad IL	NOR	0:46:52,0	06:16,8	143,81
167	333	3422844	Arne Fodstad Karlsen	Strandbygda IL	NOR	0:46:54,0	06:18,8	144,46
168	345	3422669	Kristoffer By Vollset	Klæbu IL	NOR	0:46:54,5	06:19,3	144,61

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Assistant TD Nat.	Erland Husom			Total Climb (MT)	450			
Chief of Competition	Audun Skattebo			Laps	3			
Codex	3226			Laplength	5000			
Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
169	522	3422959	Henrik Romundstad	Heming, IL	NOR	0:46:55,2	06:20,0	144,84
170	298	3421898	Ola Kristoffer Tosterud	Nes Ski	NOR	0:47:01,2	06:26,0	146,82
171	404	3420615	Bjørn-Thomas Nygaard	Burfjord IL	NOR	0:47:02,6	06:27,4	147,27
172	548	3422951	Jakob Velle	Bækkelagets SK	NOR	0:47:02,8	06:27,6	147,34
173	304	3422348	Erlend Widerøe Hennig	Hjelmeland IL - ski	NOR	0:47:05,9	06:30,7	148,36
174	551	3423101	Fredrik Helgestad	Hamar SK	NOR	0:47:08,2	06:33,0	149,12
175	552	3423231	Anders Haga	Asen IL	NOR	0:47:08,9	06:33,7	149,35
176	459	3300363	Jun Ishikawa	Japan	NOR	0:47:11,6	06:36,4	150,23
177	528	3423190	Marius Svendsby	Tistedalen FL	NOR	0:47:13,6	06:38,4	150,88
178	344	3422542	Jørgen J Borgersen	Bækkelagets SK	NOR	0:47:17,3	06:42,1	152,09
179	533	3423272	Magnus Brath Skurdal	Asker SK	NOR	0:47:17,4	06:42,2	152,14
180	358	3422845	Simen Nordhagen	Strandbygda IL	NOR	0:47:18,7	06:43,5	152,56
181	319	3422116	Ola Raaum Jansen	Spillum IL	NOR	0:47:19,3	06:44,0	152,74
182	537	3422994	Vebjørn Nerheim	Suldal IL	NOR	0:47:23,5	06:48,3	154,15
183	535	3422974	Vetle Skeime Kostøl	Lyn Ski	NOR	0:47:24,2	06:49,0	154,37
184	302	3422543	Henrik Teien	Sande Sportsklubb	NOR	0:47:26,3	06:51,1	155,05
185	369	3422663	Edvard Grut Andersen	Syril IL	NOR	0:47:32,8	06:57,5	157,18
186	506	3423050	Knut Skrindo	Gol IL	NOR	0:47:33,0	06:57,8	157,27
187	287	3424219	Lars Tenold	Nordre Eidsvoll IL	NOR	0:47:35,0	06:59,8	157,92
188	505	3423072	Simen Eide Brøste	Lillehammer Skiklub	NOR	0:47:36,9	07:01,7	158,54
189	517	3423306	Andreas Finni Magnussen	Nittedal IL	NOR	0:47:51,6	07:16,4	163,37
190	531	3423174	Andreas Rauset	Fjellhug/Vereide IL	NOR	0:47:53,1	07:17,8	163,85
191	324	3422520	Oddne Håvardstun Munkvold	Førde IL	NOR	0:47:54,3	07:19,1	164,26
192	556	3423047	Sigurd Rønning	Vikersund IF - Ski	NOR	0:47:55,2	07:20,0	164,56
193	544	3423009	Ivar Andre Ryttervold	Frogner IL	NOR	0:47:56,8	07:21,6	165,07
194	518	3423435	Sevat Mestvedthagen	Hemsedal IL	NOR	0:48:02,8	07:27,6	167,05
195	362	3422798	Iver Andreas Svarstad Hanslien	Lillehammer Skiklub	NOR	0:48:09,2	07:34,0	169,15
196	504	3422970	Mathias Bruun Lorentsen	Koll, IL	NOR	0:48:09,9	07:34,7	169,39
197	507	3423437	Jørgen Bakken Hodt	Konnerud IL	NOR	0:48:13,3	07:38,1	170,51
198	521	3423449	Vegard Røyhus	Hovdebygda IL	NOR	0:48:16,6	07:41,4	171,58
199	524	3423465	Trym Moeng Jensen	Kjelsås IL	NOR	0:48:22,1	07:46,8	173,38
200	527	3423090	Lars Bovold	Østby IL	NOR	0:48:23,1	07:47,8	173,71
201	297	3421647	Tarjei Bakken	Strindheim IL	NOR	0:48:24,4	07:49,1	174,13
202	508	3423448	Kornelius Linge Glomnes	Valldal IL	NOR	0:48:25,8	07:50,6	174,61
203	334	3100347	Kieran Jones	Team Hardwood	NOR	0:48:29,1	07:53,8	175,67
204	529	3423511	Ole-Henrik Lervik	Molde og Omegn IF	NOR	0:48:32,5	07:57,3	176,81
205	510	3422961	Georg Johan Benestad	Heming, IL	NOR	0:48:46,9	08:11,7	181,54
206	305	3422706	Are Smeland Nygårdseter	Vegårshei IL	NOR	0:48:52,7	08:17,5	183,44
207	353	3422700	Krister Saastad	Høybråten og	NOR	0:48:56,7	08:21,5	184,76
208	338	3490257	Marcos Puigdefabregas	Lillehammer Skiklub	NOR	0:49:05,6	08:30,4	187,69
209	303	3422286	Eirik Tvedt Aastvedt	Osterøy IL	NOR	0:49:23,1	08:47,9	193,44
210	309	3170032	Tue Rømer	Danmark	NOR	0:49:27,5	08:52,2	194,86

Menn senior Official results

Jury/Competition management				Data of course				
Technical Delegate	Arne Sandvold			Name of course	Gålå 5 km			
FIS Race Director				Height Difference (HD)	72			
Assistand Technical Delegate	Fridjof Rannem			Maximum climb (MM)	35			
Assistant TD Nat.	Erland Husom			Total Climb (MT)	450			
Chief of Competition	Audun Skattebo			Laps	3			
Codex	3226			Laplength	5000			
Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
211	300	3422513	Sondre Stormo	Hommelvik IL	NOR	0:49:37,9	09:02,7	198,30
212	296	3422871	Ole Gamme	Gran IL	NOR	0:50:32,0	09:56,8	216,08
213	346	3422038	Markus Ermaus Holm	Lillehammer Skiklub	NOR	0:50:32,4	09:57,2	216,19
214	289	3424266	Erling Stølen	Lillehammer Skiklub	NOR	0:51:32,5	10:57,3	235,94
215	497	3424145	Øyvind Kinneberg	IL Jardar	NOR	0:51:42,0	11:06,7	239,04
216	502	3422954	Mats Burud Skjøsvold	Bækkelagets SK	NOR	0:52:20,2	11:44,9	251,59
217	293	3422055	Henrik Snarvold Sletten	Vaaler IF	NOR	0:52:34,9	11:59,6	256,42
218	294	3423517	Jonas Engebret Larsen	Lyn Ski	NOR	0:53:40,1	13:04,9	277,85
	342	3422447	Aleksander De Lange Claussen	Bækkelagets SK	NOR	DNF		
	317	3421659	Anton Killi Ringen	Strindheim IL	NOR	DNF		
	500	3423341	Christoffer Henningsen	Søre Ål IL	NOR	DNF		
	356	3422679	David Dong-Hee Vik	Alta IF	NOR	DNF		
	427	3421807	Eirik Solvang	Innstrandens IL	NOR	DNF		
	312	3422548	Eirik Andreas Johansen	Lillehammer Skiklub	NOR	DNF		
	420	3421655	Gjermund Løfald	Rindal IL	NOR	DNF		
	364	3422246	Krister Aaen Pedersen	Lillehammer Skiklub	NOR	DNF		
	299	3420966	Kristian Ankersen	Oseberg Skilag	NOR	DNF		
	413	3422933	Magnus Wiig	Støren Sportsklubb	NOR	DNF		
	426	3300458	Masato Tanaka	Japan	NOR	DNF		
	499	3423357	Mats Syverud	Vind IL	NOR	DNF		
	308	3422345	Sander Leinan Baksjøberget	Vang	NOR	DNF		
	321	3421817	Sondre Tysseland	Samnanger IL	NOR	DNF		
	352	3422516	Thomas Ekren	Strindheim IL	NOR	DNF		
	515	3423201	Vette Gunnar Lyckander	Gran IL	NOR	DNF		
	310	3423707	Magnus Vesterheim	Kvæfjord IL	NOR	DSQ		
	549	3423317	Jørgen Lippert	Trøsken IL	NOR	DSQ		
	542	3423125	Anders Nyaas	Tynset IF	NOR	DSQ		
	399	3421836	Aleksander Dyrberg Ek	Bærums Verk	NOR	DNS		
	558	3423006	Amund Hoel	Frogner IL	NOR	DNS		
	331	3422813	Andre Lenningsvik	Korgen IL	NOR	DNS		
	382	3422452	Andreas Andersen Sauge	Mangenfjellet Turlag	NOR	DNS		
	509	3423597	Bjørn Erik Langstein	Tomrefjord IL	NOR	DNS		
	550	3423031	Christian Magnus Hjelde	Konnerud IL	NOR	DNS		
	366	3420953	Einar Flaktveit Moxnes	Viking, TIF	NOR	DNS		
	425	3422264	Eirik Mikkelsen	Medkila SL	NOR	DNS		
	314	3421975	Eivind Maurseth Blindheim	Bulken IL	NOR	DNS		
	416	3422651	Erland Kvisle	Asker SK	NOR	DNS		
	438	3422084	Even Sæteren Hippe	Bagn IL	NOR	DNS		
	478	3422115	Gjoran Tefre	Førde IL	NOR	DNS		
	330	3422358	Harald Astrup Arnesen	Heming, IL	NOR	DNS		
	444	3422712	Henrik Dønnestad	Gulset IF	NOR	DNS		
	374	3422335	Henrik Skarpnord	MjøsSki	NOR	DNS		

Menn senior Official results

Jury/Competition management		Data of course	
Technical Delegate	Arne Sandvold	Name of course	Gåå 5 km
FIS Race Director		Height Difference (HD)	72
Assistand Technical Delegate	Fridjof Rannem	Maximum climb (MM)	35
Assistant TD Nat.	Erland Husom	Total Climb (MT)	450
Chief of Competition	Audun Skattebo	Laps	3
Codex	3226	Laplength	5000

Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
	520	3423252	Håvard Mannsåker	Sandnes IL	NOR	DNS		
	501	3423254	Jan Magnus Vaule	Bjerkreim IL	NOR	DNS		
	383	3422623	Johan Gangsø	Svea Skilag	NOR	DNS		
	472	3422819	Johannes Høsflot Klæbo	Byåsen IL	NOR	DNS		
	316	3422486	Jonas Berg	Byåsen IL	NOR	DNS		
	512	3423491	Jostein Tandberg	Kjelsås IL	NOR	DNS		
	381	3422110	Jørgen Dahl Paule	Birkebeineren, IF	NOR	DNS		
	412	3422161	Kasper Stadaas	Heming, IL	NOR	DNS		
	288	3424176	Kristen Østvold Ørbeck	Gjerdrum IL - Ski	NOR	DNS		
	503	3423299	Marcus Arnesen	Gjerdrum IL - Ski	NOR	DNS		
	377	3420935	Marius Caspersen Falla	Gjerdrum IL - Ski	NOR	DNS		
	407	3422073	Oliver Sugaren	Magnor UL	NOR	DNS		
	375	3422835	Per Ola Flaten Bredvold	Hamar SK	NOR	DNS		
	511	3423001	Sander Emil Wold	Bærums Verk	NOR	DNS		
	490	3421779	Simen Hegstad Krüger	Lyn Ski	NOR	DNS		
	435	3421096	Sindre Odberg Palm	Spydeberg IL	NOR	DNS		
	483	3421123	Sindre Sætre Hammerlund	Asker SK	NOR	DNS		
	343	3421237	Sondre Handeland	Sauda IL	NOR	DNS		
	335	3422769	Svein Berg Fines	Strindheim IL	NOR	DNS		
	436	3420798	Tomas Northug	Strindheim IL	NOR	DNS		
	291	3422689	Torgeir Lid Byggland	Høydalsmo IL	NOR	DNS		
	391	3422759	Trym Halbjørhus Fikke	Hemsedal IL	NOR	DNS		
	292	3420877	Ånund Lid Byggland	Høydalsmo IL	NOR	DNS		

Number of entered: 275

Number of started: 237

Jury Decision

Startno: 549 LIPPERT Jørgen DSQ ICR 310.2.1.4 Dobbelpoling in marked zone
 Startno: 542 NYAAS Anders DSQ ICR 310.2.1.4 2XDobbelpoling in marked zone
 Startno: 296 GAMME Ole WR ICR 310.2.1.4 Dobbelpoling in marked zone
 Startno: 310 VESTERHEIM Magnus DSQ Skating