



21 - 24 Januar 2010



## NM SKI 2010

### STOKKE

### Storås skiarena

### Women 10 km Free Individual

### Final Results

21 JAN 2010

Start Time: 10:50

End Time: 11:55

Jury Information / Rennkomite		Course Information / Løypedata	
Technical Delegate	DAHLEN Barbro Tomter (NOR)	Name / Navn:	Storås - 5 km
Assistant Technical Delegate	BJERKE Ole (NOR)	Height Difference (HD) / Høydedifferanse:	48 m
Assistant Technical Delegate	JONHAUGEN Espen (NOR)	Maximum Climb (MC) / Lengste stigning:	39 m
Chief of Competition	KNOTTEN Jon Olav (NOR)	Total Climb (TC) / Total Stigning:	406 m
Chief of Course	OPSTAD Jon Arne (NOR)	Length of Lap / Lengde på Løypa:	5200 m
		Number of Laps / Runder:	2

Rank	Bib	FIS Code	Name	NSA	5.0 km	7.3 km	Finish	Behind	FIS Points		
			Club	Date of Birth	Time	Rk.	Time	Rk.			
1	55	1303777	<b>BJØRGEN Marit</b> Rognes IL	NOR 1980	13:08.5	1	19:47.4	1	26:45.1	0.0	15.00
2	56	3425349	<b>KRISTOFFERSEN Marthe</b> IL Varden	NOR 1989	13:40.1	2	20:40.1	2	27:56.3	+1:11.2	50.49
3	60	3425301	<b>JOHAUG Therese</b> IL Nansen	NOR 1988	13:41.6	3	20:44.9	3	28:11.5	+1:26.4	58.06
4	66	1305426	<b>SKOFTERUD Vibeke Westbye</b> Slitu IF	NOR 1980	13:59.9	6	21:05.6	5	28:15.6	+1:30.5	60.11
5	68	3425183	<b>JACOBSEN Astrid Uhrenholdt</b> IL Heming	NOR 1987	13:53.6	5	21:00.0	4	28:27.4	+1:42.3	65.99
6	63	3425499	<b>WENG Heidi</b> Driv IL / Team Synnfjell	NOR 1991	13:52.9	4	21:11.1	6	28:45.6	+2:00.5	75.06
7	69	3425275	<b>BRUN-LIE Celine</b> Njård	NOR 1988	14:06.5	8	21:23.5	8	28:45.7	+2:00.6	75.11
8	65	3425410	<b>ØSTBERG Ingvid Flugstad</b> Gjøvik Skiklubb / Gjøvik/Toten Langrenn	NOR 1990	14:06.0	7	21:23.2	7	28:47.7	+2:02.6	76.11
9	48	3425421	<b>HAGA Ragnhild</b> IL Heming	NOR 1991	14:22.5	11	21:39.6	10	29:07.3	+2:22.2	85.87
10	52	3425117	<b>ELDEN Marte</b> Henning Skilag / Team Trøndelag	NOR 1986	14:09.6	9	21:32.6	9	29:13.2	+2:28.1	88.81
11	62	3425005	<b>SVENDSEN Sara</b> Tromsø Skiklubb Langrenn	NOR 1980	14:24.9	12	21:43.6	11	29:17.1	+2:32.0	90.76
12	64	3425394	<b>TOFTDAHL Tuva</b> IL Heming / Team Sector Alarm	NOR 1990	14:33.1	15	21:53.2	13	29:29.1	+2:44.0	96.74
13	53	3425350	<b>SLIND Astrid Øyre</b> Oppdal IL / Team Trøndelag	NOR 1988	14:31.4	14	22:09.3	15	29:39.2	+2:54.1	101.77
14	59	3425315	<b>LAUVHAUG Hilde</b> Skrautvål IL / Team Hovden	NOR 1989	14:12.5	10	21:53.0	12	29:44.3	+2:59.2	104.32
15	67	3425302	<b>NYDAL Britt Ingunn</b> Njård	NOR 1989	14:25.0	13	21:58.8	14	29:51.3	+3:06.2	107.80
16	46	3425703	<b>SLIND Kari Øyre</b> Oppdal IL / Team VitæPro	NOR 1991	14:36.0	16	22:28.6	17	30:13.3	+3:28.2	118.77
17	40	3425015	<b>BRAATHEN Solfrid</b> Høybråten og Stovner IL	NOR 1982	14:42.4	18	22:26.5	16	30:21.5	+3:36.4	122.86

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21 - 24 Januar 2010



**NM SKI 2010**  
**STOKKE**  
**Storås skiarena**

**Women 10 km Free Individual**  
**Final Results**

21 JAN 2010

Start Time: 10:50

End Time: 11:55

Rank	Bib	FIS Code	Name Club	NSA Date of Birth	5.0 km Time	Rk.	7.3 km Time	Rk.	Finish Time	Behind	FIS Points
18	54	3425227	<b>NILSEN Inger Liv Bjerkreim</b> Bækkelagets SK	NOR 1988	14:50.9	21	22:29.8	19	<b>30:30.7</b>	+3:45.6	127.44
19	70	1260903	<b>PEDERSEN Hilde Gjermundshaug</b> Nybygda IL / Team VitaePro	NOR 1964	14:57.6	22	22:37.0	21	<b>30:35.4</b>	+3:50.3	129.78
20	49	1355769	<b>STEMLAND Kristin Mürer</b> Byåsen IL	NOR 1981	14:37.4	17	22:29.5	18	<b>30:36.0</b>	+3:50.9	130.08
21	51	3425231	<b>MYHRE Marthe Katrine</b> Gjøvik Skiklubb / Gjøvik/Toten Langrenn	NOR 1985	14:44.0	19	22:31.2	20	<b>30:37.6</b>	+3:52.5	130.88
22	58	3425287	<b>MONRAD-HANSEN Marte</b> Heming, IL / Team Sector Alarm	NOR 1987	14:47.6	20	22:50.3	22	<b>30:40.5</b>	+3:55.4	132.33
23	39	3425285	<b>KVELI Laila</b> Lierne IL	NOR 1987	15:10.7	28	22:56.9	23	<b>30:51.4</b>	+4:06.3	137.76
24	57	3425163	<b>NILSEN Betty Ann Bjerkreim</b> Bækkelagets SK	NOR 1986	15:13.0	29	23:02.6	24	<b>30:53.4</b>	+4:08.3	138.76
25	61	3425355	<b>SLIND Silje Øyre</b> Oppdal IL / Team VitaePro	NOR 1988	15:00.0	23	23:06.5	25	<b>31:12.3</b>	+4:27.2	148.18
26	45	3425351	<b>GAUSEN Kristin</b> Inderøy IL	NOR 1989	15:07.2	26	23:08.3	26	<b>31:18.1</b>	+4:33.0	151.07
27	26	3425534	<b>DALEN Tone</b> Vegårshei IL / Team Hovden	NOR 1991	15:02.0	24	23:09.4	27	<b>31:22.3</b>	+4:37.2	153.16
28	30	3425194	<b>REENAAS Marte</b> Strindheim IL	NOR 1979	15:03.9	25	23:11.4	28	<b>31:23.5</b>	+4:38.4	153.76
29	5	3425284	<b>HORN Fanny Welle Strand</b> IL Heming	NOR 1988	15:26.1	32	23:16.6	29	<b>31:24.4</b>	+4:39.3	154.21
30	36	3425219	<b>BØ Kjersti</b> Strindheim IL	NOR 1987	15:07.4	27	23:19.2	30	<b>31:25.4</b>	+4:40.3	154.70
31	33	1335787	<b>ANDERSEN Tove</b> Rustad IL	NOR 1977	15:33.3	38	23:34.8	34	<b>31:37.9</b>	+4:52.8	160.93
32	25	3425168	<b>WELTZIEN Ingunn</b> Kjelsås IL - ski	NOR 1986	15:32.4	35	23:38.4	36	<b>31:38.7</b>	+4:53.6	161.33
33	29	3425539	<b>KRISTOFFERSEN Emilie</b> Alta IF	NOR 1991	15:21.3	31	23:32.5	32	<b>31:40.1</b>	+4:55.0	162.03
34	35	3425207	<b>LUNDER Oda Vardenær</b> Gjøvik Skiklubb	NOR 1986	15:30.9	34	23:34.1	33	<b>31:43.8</b>	+4:58.7	163.88
35	23	3425304	<b>GJELTEN Berit</b> NTNUI - Ski	NOR 1987	15:27.1	33	23:31.7	31	<b>31:49.2</b>	+5:04.1	166.57
36	43	3425014	<b>BRAATHEN Merethe</b> Høybråten og Stovner IL	NOR 1982	15:33.2	37	23:39.2	37	<b>31:52.8</b>	+5:07.7	168.36
37	50	3425036	<b>JENSEN Lena</b> Rustad IL	NOR 1980	15:14.7	30	23:35.4	35	<b>32:01.0</b>	+5:15.9	172.45

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21 - 24 Januar 2010



**NM SKI 2010**  
STOKKE  
Storås skiarena

**Women 10 km Free Individual**  
**Final Results**

21 JAN 2010

Start Time: 10:50  
End Time: 11:55

Rank	Bib	FIS Code	Name Club	NSA Date of Birth	5.0 km Time	Rk.	7.3 km Time	Rk.	Finish Time	Behind	FIS Points
38	44	3425388	<b>BRULAND Astrid</b> Kjelsås IL - ski / Team VitaePro	NOR 1988	15:40.8	39	24:01.0	39	<b>32:22.0</b>	+5:36.9	182.91
39	14	3425425	<b>DAHLEN Ida Olivia Midttun</b> Bardu IL	NOR 1989	15:41.3	40	24:04.4	40	<b>32:23.7</b>	+5:38.6	183.76
39	20	3425322	<b>STORSLETT Anne</b> Moelven IL / Team Sjusjøen	NOR 1987	15:32.8	36	23:59.5	38	<b>32:23.7</b>	+5:38.6	183.76
41	34	3425402	<b>STEINSLAND Solveig</b> Vindbjart, IL / Team Hovden	NOR 1989	15:52.8	43	24:06.2	41	<b>32:29.7</b>	+5:44.6	186.75
42	18	3425401	<b>SUNDVOR Tone</b> Bjerkreim IL / Team Hovden	NOR 1989	15:48.2	42	24:10.1	42	<b>32:31.7</b>	+5:46.6	187.75
43	9	3425832	<b>ISAKSEN Kjersti</b> Hammerfest Skiklubb	NOR	16:11.6	48	24:28.7	45	<b>32:45.5</b>	+6:00.4	194.63
44	41	3425348	<b>PEDERSEN Ida Gjermundshaug</b> Nybygda IL / Team VitaePro	NOR 1988	16:06.4	45	24:29.2	46	<b>32:50.1</b>	+6:05.0	196.92
45	37	1303680	<b>ANDREASSEN Gunn Margit</b> Ringkollen Skiklubb	NOR 1980	16:12.0	49	24:25.7	44	<b>32:56.9</b>	+6:11.8	200.31
46	13	3425331	<b>LORVIK Ingrid</b> Strindheim IL	NOR 1986	16:11.0	47	24:34.6	47	<b>32:57.6</b>	+6:12.5	200.66
47	42	3425206	<b>JORDE Liv Birgit</b> Gol IL	NOR 1986	15:44.9	41	24:17.9	43	<b>33:02.5</b>	+6:17.4	203.10
48	15	3425228	<b>AA Benedikte</b> Hyen IL	NOR 1987	16:13.9	50	24:36.2	48	<b>33:09.5</b>	+6:24.4	206.59
49	17	3425447	<b>STØVSET Jeanette Elisabeth</b> Skjerstad IL	NOR 1991	16:08.4	46	24:49.3	49	<b>33:14.1</b>	+6:29.0	208.88
50	8	3425208	<b>MOLAND Signe</b> Andebu IL	NOR 1986	16:15.9	53	24:56.5	52	<b>33:25.6</b>	+6:40.5	214.61
51	22	3425202	<b>HAUGEN Stine</b> Rustad IL	NOR 1985	16:15.8	52	24:52.4	50	<b>33:26.9</b>	+6:41.8	215.26
52	1	3425028	<b>ALMELAND Silje Kreken</b> Strindheim IL	NOR 1984	16:31.9	58	25:17.3	57	<b>33:32.4</b>	+6:47.3	218.00
53	21	3425440	<b>HUSEBY Ann-Karin</b> Harestua IL / Team Hadeland	NOR 1987	16:21.3	54	24:54.7	51	<b>33:34.8</b>	+6:49.7	219.20
54	6	3425296	<b>BAKKETUN Kjersti Solvoll</b> IL Viljar	NOR 1985	16:31.6	57	25:16.7	=55	<b>33:41.9</b>	+6:56.8	222.74
55	28	3425179	<b>KARSET Marthe Kristine Hafsafl</b> IL Heming	NOR 1985	16:14.1	51	24:59.2	53	<b>33:43.4</b>	+6:58.3	223.49
56	3	3425295	<b>ULVESTAD Siri</b> IL Heming	NOR 1988	16:23.5	55	25:03.3	54	<b>33:47.1</b>	+7:02.0	225.33
57	16	3425406	<b>MOXNES Eldbjørg Dirdal</b> Gjerdrum IL - Ski	NOR 1988	16:39.1	59	25:20.5	58	<b>34:02.1</b>	+7:17.0	232.81

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21 - 24 Januar 2010



**NM SKI 2010**  
**STOKKE**  
**Storås skiarena**

**Women 10 km Free Individual**  
**Final Results**

21 JAN 2010

Start Time: 10:50

End Time: 11:55

Rank	Bib	FIS Code	Name Club	NSA Date of Birth	5.0 km Time	Rk.	7.3 km Time	Rk.	Finish Time	Behind	FIS Points
58	7	3425380	<b>SKJØLÅS Mailene</b> Gjerdrum IL - Ski	<b>NOR</b> 1988	16:47.3	62	25:38.0	59	<b>34:17.0</b>	+7:31.9	240.23
59	10	3425552	<b>GJERSTAD Johanne Oxlund</b> Burfjord IL	<b>NOR</b> 1988	16:30.8	56	25:16.7	=55	<b>34:34.7</b>	+7:49.6	249.05
60	27	3425220	<b>HANSEN Nina Niskanen</b> Vadsø Skiklubb	<b>NOR</b> 1988	16:43.3	61	25:47.2	60	<b>34:48.0</b>	+8:02.9	255.68
61	12	3425448	<b>BELSBY Anne Maren Utne</b> Kjelsås IL - ski	<b>NOR</b> 1989	16:52.8	63	25:55.5	61	<b>34:56.7</b>	+8:11.6	260.02
62	4	3425326	<b>HEIMDAL Ingrid Elise Krane</b> Bardu IL	<b>NOR</b> 1987	17:09.0	64	26:22.0	62	<b>35:05.7</b>	+8:20.6	264.50

**Did not finish**

11	3425387	<b>BJØRNLI Heidi Kant</b> Sokna IL	<b>NOR</b> 1989	16:40.5	60	27:03.3	63
32	3425396	<b>EIDE Ida</b> Øystre Slidre IL	<b>NOR</b> 1988	16:04.4	44		

**Did not start**

2	3425166	<b>SVENKERUD Berthe Annette</b> Rustad IL	<b>NOR</b> 1985				
19	3425395	<b>NYGAARD Martine Fossem</b> Asker Skiklubb	<b>NOR</b> 1988				
24	3425369	<b>LANDHEIM Bente Losgård</b> Tynset IF	<b>NOR</b> 1990				
31	3425611	<b>RYEN Linn</b> Mjøndalen IF	<b>NOR</b> 1990				
38	3425404	<b>EIDE Mari</b> Øystre Slidre IL / Team VitaePro	<b>NOR</b> 1989				
47	3425221	<b>GRØNVOLL Maria Nysted</b> Furuflaten IL	<b>NOR</b> 1985				

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21 - 24 Januar 2010



**NM SKI 2010**  
STOKKE  
Storås skiarena

**Women 10 km Free Individual**  
**Final Results**

21 JAN 2010

Start Time: 10:50  
End Time: 11:55

Weather	Snow Condition	Temperatures		Participants				
		Air	Snow	Entries	Ranked	DNS	DNF	DSQ
Light Snow	Packed powder	-1.5°C	-1,0°C	70/1	62/1	6/1	2/1	0/0

**LEGEND / FORKLARING**

= Equal sign indicates that two or more competitors share the same rank  
**DNF** Did not finish  
**DSQ** Disqualified  
**DNS** Did not start  
**NSA** National Ski Association

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21 - 24 Januar 2010



**NM SKI 2010**  
**STOKKE**  
**Storås skiarena**

**Men 15 km Free Individual**  
**Final Results**

21 JAN 2010

Start Time: 12:20

End Time: 14:04

Jury Information / Rennkomite		Course Information / Løypedata	
Technical Delegate	DAHLEN Barbro Tomter (NOR)	Name / Navn:	Storås - 5 km
Assistant Technical Delegate	BJERKE Ole (NOR)	Height Difference (HD) / Høydedifferanse:	48 m
Assistant Technical Delegate	JONHAUGEN Espen (NOR)	Maximum Climb (MC) / Lengste stigning:	39 m
Chief of Competition	KNOTTEN Jon Olav (NOR)	Total Climb (TC) / Total Stigning:	609 m
Chief of Course	OPSTAD Jon Arne (NOR)	Length of Lap / Lengde på Løypa:	5200 m
		Number of Laps / Runder:	3

Rank	Bib	FIS Code	Name Club	NSA Date of Birth	5.0 km Time	Rk.	10.0 km Time	Rk.	Finish Time	Behind	FIS Points
1	106	3420239	<b>NORTHUG JR Petter</b> Strindheim IL	NOR 1986	12:11.5	3	24:51.2	2	<b>37:32.4</b>	0.0	15.00
2	125	3420283	<b>HAFSÅS Ronny</b> Stårheim IL	NOR 1985	12:12.3	4	24:50.7	1	<b>37:40.1</b>	+7.7	17.73
3	111	3420605	<b>RØTHE Sjur</b> Voss IL / Team Manpower	NOR 1988	12:11.2	2	24:59.5	3	<b>37:44.1</b>	+11.7	19.16
4	127	3420160	<b>EILIFSEN Morten</b> Henning Skilag	NOR 1984	12:17.5	9	25:01.2	4	<b>37:57.8</b>	+25.4	24.02
5	123	1262358	<b>AASEN OUREN Geir Ludvig</b> Oddersjaa SSK	NOR 1974	12:27.5	16	25:18.9	12	<b>38:04.2</b>	+31.8	26.29
6	128	1306202	<b>ANDRESEN Frode</b> Ringkollen Skiklubb	NOR 1973	12:19.5	11	25:17.8	10	<b>38:10.4</b>	+38.0	28.50
7	113	3420280	<b>ELIASSEN Petter</b> Byåsen IL / Team Trøndelag	NOR 1985	12:14.8	7	25:09.3	5	<b>38:15.9</b>	+43.5	30.45
8	102	1306493	<b>BJERKE Espen Harald</b> Lillehammer Skiklubb	NOR 1980	12:14.0	6	25:09.8	6	<b>38:16.0</b>	+43.6	30.49
9	115	3420317	<b>RENNEMO Kristian Tettli</b> Leksvik IL / Team Trøndelag	NOR 1984	12:11.0	1	25:11.0	7	<b>38:18.2</b>	+45.8	31.27
10	89	3420023	<b>GJERDALEN Tord Asle</b> Holeværingen, IL	NOR 1983	12:18.1	10	25:11.6	8	<b>38:24.1</b>	+51.7	33.36
11	93	3420577	<b>DYRHAUG Niklas</b> Tydal IL / Team Trøndelag	NOR 1987	12:14.9	8	25:17.6	9	<b>38:27.6</b>	+55.2	34.61
12	112	3420084	<b>POST Arne</b> Kjelsås IL - ski / Team Hovden	NOR 1983	12:29.4	19	25:31.1	15	<b>38:27.8</b>	+55.4	34.68
13	119	3420822	<b>BACH Ole-Marius</b> Byåsen IL / Team Trøndelag	NOR 1988	12:12.9	5	25:18.6	11	<b>38:28.8</b>	+56.4	35.03
14	94	1059628	<b>ALSGAARD Thomas</b> Eidsvold Værks Skiklubb	NOR 1972	12:23.9	13	25:28.0	13	<b>38:40.5</b>	+1:08.1	39.19
15	103	1356157	<b>BJØRNSTAD Tor Halvor</b> Bækkelaget SK	NOR 1978	12:34.6	24	25:33.9	16	<b>38:46.0</b>	+1:13.6	41.14
16	109	3420291	<b>OLSEN Eirik Kurland</b> IL ROS / Team Manpower	NOR 1987	12:24.2	14	25:38.8	18	<b>38:55.4</b>	+1:23.0	44.48
17	126	3420242	<b>MARKSET Kjell-Christian</b> Koll IL / Team Oslo Hotwater	NOR 1985	12:28.0	17	25:30.6	14	<b>38:56.6</b>	+1:24.2	44.91

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21 - 24 Januar 2010



## NM SKI 2010

### STOKKE

### Storås skiarena

### Men 15 km Free Individual

### Final Results

21 JAN 2010

Start Time: 12:20

End Time: 14:04

Rank	Bib	FIS Code	Name Club	NSA Date of Birth	5.0 km Time	Rk.	10.0 km Time	Rk.	Finish Time	Behind	FIS Points
18	114	3420672	<b>SVEEN Simen Andreas</b> Ring IL / Team Hedmark-Oppland	NOR 1988	12:36.8	28	25:41.6	19	<b>39:03.3</b>	+1:30.9	47.29
19	99	3420421	<b>HELGESTAD Daniel Myrmæl</b> Byåsen IL	NOR 1987	12:42.2	32	25:50.1	22	<b>39:04.5</b>	+1:32.1	47.71
20	122	1230930	<b>SVARTEDAL Jens Arne</b> Trøsken IL / Team Xtra-personell	NOR 1976	12:32.2	22	25:42.9	20	<b>39:05.7</b>	+1:33.3	48.14
21	101	3420852	<b>VESTBØ Thomas</b> Vindafjord IL / Team Hovden	NOR 1988	12:28.2	18	25:37.0	17	<b>39:13.4</b>	+1:41.0	50.87
22	116	3420179	<b>KRISTOFFERSEN Inge</b> Vind IL / Gjøvik/Toten Langrenn	NOR 1983	12:38.4	29	25:52.2	24	<b>39:13.6</b>	+1:41.2	50.94
23	98	1185631	<b>AUKLAND Jørgen</b> Oseberg Skilag / Team Xtra-personell	NOR 1975	12:45.0	=36	25:48.8	21	<b>39:22.2</b>	+1:49.8	54.00
24	55	3420032	<b>LUNDE Daniel</b> Harestua IL / Team Hadeland	NOR 1981	12:52.2	46	26:10.1	33	<b>39:33.9</b>	+2:01.5	58.15
25	97	3420005	<b>GAUSTAD John Anders</b> Hamar Skiklubb / Team Hedmark-Oppland	NOR 1980	12:40.4	30	25:54.4	26	<b>39:34.1</b>	+2:01.7	58.23
26	121	1262455	<b>ANDRESEN Jan Egil</b> Hamar Skiklubb / Team Hedmark-Oppland	NOR 1978	12:35.9	27	26:14.1	35	<b>39:36.2</b>	+2:03.8	58.97
27	107	3420228	<b>JOHNSRUD SUNDBY Martin</b> Røa IL	NOR 1984	12:26.2	15	25:53.2	25	<b>39:38.4</b>	+2:06.0	59.75
28	78	3420955	<b>THYGESEN Torgeir Skare</b> IL Korlevoll / Team Hovden	NOR 1989	12:34.7	25	26:02.3	29	<b>39:42.2</b>	+2:09.8	61.10
29	110	3420007	<b>HORNTVEDT Kristian</b> Stokke IL	NOR 1982	12:33.8	23	25:58.8	28	<b>39:48.5</b>	+2:16.1	63.34
30	124	3420516	<b>GUNDERSEN Tore Martin Søbak</b> Vang Skiløperforening / Team Norgeshus	NOR 1987	12:31.6	20	25:50.7	23	<b>39:51.3</b>	+2:18.9	64.33
31	42	1092414	<b>ANDERSEN Remi</b> Bækkelagets SK	NOR 1973	12:41.1	31	26:12.3	34	<b>39:52.1</b>	+2:19.7	64.62
32	129	3420468	<b>EINARSSON Snorri Eythor</b> Tromsø Skiklubb Langrenn	NOR 1986	12:21.8	12	25:57.2	27	<b>39:53.6</b>	+2:21.2	65.15
33	90	3420009	<b>JESPERSEN Chris André</b> Byåsen IL / Team Manpower	NOR 1983	12:31.9	21	26:09.4	30	<b>39:53.8</b>	+2:21.4	65.22
34	82	3420756	<b>ANSNES Ronny Fredrik</b> Klæbu IL	NOR 1989	12:42.6	33	26:09.6	=31	<b>39:55.9</b>	+2:23.5	65.97
35	77	3420022	<b>CHRISTIANSEN Erling A N</b> Koll IL / Team Oso Hotwater	NOR 1982	12:54.0	49	26:33.1	46	<b>39:57.5</b>	+2:25.1	66.54
36	60	3420594	<b>LORENTSEN Eirik</b> Henning Skilag	NOR 1988	12:35.0	26	26:09.6	=31	<b>40:03.2</b>	+2:30.8	68.56
37	59	3421164	<b>SKAR Sindre Bjørnstad</b> Bærum Verk IF	NOR 1992	12:44.7	35	26:19.4	39	<b>40:08.0</b>	+2:35.6	70.27

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21 - 24 Januar 2010



**NM SKI 2010**  
**STOKKE**  
**Storås skiarena**

**Men 15 km Free Individual**  
**Final Results**

21 JAN 2010

Start Time: 12:20

End Time: 14:04

Rank	Bib	FIS Code	Name Club	NSA Date of Birth	5.0 km Time	Rk.	10.0 km Time	Rk.	Finish Time	Behind	FIS Points
38	91	3420580	<b>FREMO Thomas</b> Leksvik IL	NOR 1987	12:53.4	47	26:18.0	37	<b>40:10.3</b>	+2:37.9	71.08
39	57	3420631	<b>ANDERSEN Martin</b> Engerdal SP.kl. / Team Norgeshus	NOR 1987	13:07.7	66	26:46.8	52	<b>40:12.4</b>	+2:40.0	71.83
40	95	3420385	<b>JENSEN Vegar Hattestad</b> Ørje IL / Team Hovden	NOR 1986	12:47.7	42	26:14.8	36	<b>40:13.6</b>	+2:41.2	72.25
41	74	3420232	<b>BRAATHEN Kristian</b> Høybråten og Stovner IL	NOR 1985	12:53.6	48	26:31.9	44	<b>40:15.5</b>	+2:43.1	72.93
42	108	3420377	<b>GLØERSEN Øyvind</b> Rustad IL	NOR 1986	12:45.7	38	26:20.7	40	<b>40:18.6</b>	+2:46.2	74.03
43	85	3420530	<b>HAMMER Martin</b> Steinkjer Skiklubb	NOR 1986	12:50.3	45	26:19.3	38	<b>40:19.4</b>	+2:47.0	74.31
44	117	3420800	<b>ØSTBERG Eivind Flugstad</b> Gjøvik Skiklubb / Gjøvik/Toten Langrenn	NOR 1988	12:45.0	=36	26:20.8	41	<b>40:26.1</b>	+2:53.7	76.69
45	32	3420287	<b>MOHOLDT Lars Hol</b> Rindals-Troll, IK	NOR 1985	12:47.4	41	26:31.0	43	<b>40:27.0</b>	+2:54.6	77.01
46	39	3421289	<b>MIKALSEN Håkon</b> Nordreisa IL	NOR 1990	12:46.5	40	26:32.7	45	<b>40:30.0</b>	+2:57.6	78.08
47	105	3420642	<b>NYDAL Hallvard Moian</b> Njård	NOR 1988	12:54.5	51	26:53.2	53	<b>40:36.4</b>	+3:04.0	80.35
48	14	3420630	<b>BOTNEN André</b> Røidal IL	NOR 1987	13:05.2	=61	26:45.7	51	<b>40:40.0</b>	+3:07.6	81.63
49	118	3420075	<b>KOLSTAD Jonas Austmo</b> Henning Skilag	NOR 1982	12:49.8	44	26:29.8	42	<b>40:43.6</b>	+3:11.2	82.91
50	84	3420354	<b>PETTERSEN Morten Harjo</b> Vadsø Skiklubb	NOR 1987	13:05.9	63	26:58.0	55	<b>40:48.3</b>	+3:15.9	84.58
51	67	3420475	<b>FENRE Tobias Dahl</b> Røa IL / Team Hovden	NOR 1986	12:54.2	50	26:42.7	47	<b>40:48.6</b>	+3:16.2	84.69
52	36	3420037	<b>SANDBAKK Sindre</b> NTNUI - Ski	NOR 1981	13:09.9	68	27:00.3	57	<b>40:50.1</b>	+3:17.7	85.22
53	70	3421013	<b>BROVOLD Erik Bergfall</b> Tynset IF	NOR 1991	12:54.7	52	26:44.2	50	<b>40:51.7</b>	+3:19.3	85.79
54	86	3420922	<b>THYLI Vetle</b> Raufoss IL / Gjøvik/Toten Langrenn	NOR 1989	12:48.8	43	26:42.9	48	<b>41:01.8</b>	+3:29.4	89.37
55	63	3420641	<b>BRAATHEN Jørgen</b> Høybråten og Stovner IL / Team NTNU	NOR 1987	12:59.5	56	27:02.4	59	<b>41:03.0</b>	+3:30.6	89.80
56	61	3420961	<b>KROGH Finn-Hågen</b> Tverrelvdalen IL / Team Nordlysbyen Ski	NOR 1990	12:43.3	34	26:43.8	49	<b>41:07.0</b>	+3:34.6	91.22
57	58	3420785	<b>KNUDTZON Nicolas Brun</b> Njård / Team Sector Alarm	NOR 1989	13:02.2	58	27:02.1	58	<b>41:09.1</b>	+3:36.7	91.97

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21 - 24 Januar 2010



## NM SKI 2010

### STOKKE

### Storås skiarena

### Men 15 km Free Individual

### Final Results

21 JAN 2010

Start Time: 12:20

End Time: 14:04

Rank	Bib	FIS Code	Name Club	NSA Date of Birth	5.0 km Time	Rk.	10.0 km Time	Rk.	Finish Time	Behind	FIS Points
58	96	3420159	<b>DAMMEN Kjetil Hagtvedt</b> Rustad IL	NOR 1983	13:07.4	65	26:58.9	56	<b>41:11.2</b>	+3:38.8	92.71
59	46	3420457	<b>AALAND Reinar</b> Mesnali Skilag / Team Sjusjøen	NOR 1986	13:16.7	76	27:14.1	66	<b>41:18.8</b>	+3:46.4	95.41
60	83	3420432	<b>FJELD Øyvind Moen</b> Kjelsås IL - ski / Team NTNU	NOR 1988	13:20.3	77	27:28.0	74	<b>41:19.2</b>	+3:46.8	95.55
61	15	3420939	<b>HØYDAHL Sigve Fredrik</b> Bærums Verk IF	NOR 1989	13:06.7	64	27:04.4	=61	<b>41:19.6</b>	+3:47.2	95.70
62	24	3420639	<b>LANDHEIM Eirik Losgård</b> Tynset IF	NOR 1988	13:23.8	80	27:22.7	70	<b>41:21.6</b>	+3:49.2	96.41
63	41	3420770	<b>FINES Ola Berg</b> Strindheim IL	NOR 1990	13:09.8	67	27:12.0	65	<b>41:21.9</b>	+3:49.5	96.51
64	87	3420417	<b>BERGE Harald</b> Byåsen IL	NOR 1988	12:56.2	54	27:04.4	=61	<b>41:23.4</b>	+3:51.0	97.05
65	88	3420458	<b>PEDERSEN Morten Eide</b> Lillehammer Skiklub	NOR 1987	12:56.0	53	27:10.6	64	<b>41:24.3</b>	+3:51.9	97.37
66	49	3420827	<b>HYTTEHAUG Lars</b> Budal IL	NOR 1988	13:22.7	79	27:19.7	69	<b>41:24.7</b>	+3:52.3	97.51
67	45	3420644	<b>MARKSET Trygve</b> Koll IL / Team Osø Hotwater	NOR 1989	13:20.8	78	27:23.2	71	<b>41:27.7</b>	+3:55.3	98.57
68	47	3420840	<b>MOE Markus</b> Oseberg Skilag / Team Hovden	NOR 1989	12:57.9	55	27:09.6	63	<b>41:30.3</b>	+3:57.9	99.50
69	44	3420307	<b>NIELSEN Jonas</b> Lørenskog Skiklubb	NOR 1986	13:00.0	57	27:03.4	60	<b>41:35.7</b>	+4:03.3	101.41
70	81	3421009	<b>PAULSEN Steffen Sæterhagen</b> Rustad IL	NOR 1985	13:05.2	=61	27:18.6	68	<b>41:37.3</b>	+4:04.9	101.98
71	48	3420977	<b>DAHL Svein Halvor</b> IL Skarphedin / Team Hovden	NOR 1989	13:02.7	59	27:16.4	67	<b>41:38.5</b>	+4:06.1	102.41
72	31	3421446	<b>BROVOLD Henrik</b> Byåsen IL	NOR 1988	13:24.7	82	27:25.9	73	<b>41:43.3</b>	+4:10.9	104.11
73	71	3420647	<b>UPADHYAY Varun</b> Høybråten og Stovner IL	NOR 1987	13:16.0	75	27:28.5	75	<b>41:44.2</b>	+4:11.8	104.43
74	92	3420614	<b>NYGÅRD Per Kristian</b> Vestre Spone IF	NOR 1987	12:46.1	39	26:57.3	54	<b>41:49.4</b>	+4:17.0	106.28
75	62	3420779	<b>HANSSEN John Christian Deighan</b> Asker Skiklubb	NOR 1986	13:03.3	60	27:30.4	77	<b>41:52.5</b>	+4:20.1	107.38
76	72	3420211	<b>STOKKE Sindre</b> Stokke IL	NOR 1985	13:10.7	69	27:33.1	78	<b>41:53.6</b>	+4:21.2	107.77
77	64	3420044	<b>UTISTOG Svein Olav</b> Fossum IF	NOR 1984	13:24.2	81	27:25.0	72	<b>41:56.4</b>	+4:24.0	108.77

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21 - 24 Januar 2010



## NM SKI 2010

### STOKKE

### Storås skiarena

### Men 15 km Free Individual

### Final Results

21 JAN 2010

Start Time: 12:20

End Time: 14:04

Rank	Bib	FIS Code	Name Club	NSA Date of Birth	5.0 km Time	Rk.	10.0 km Time	Rk.	Finish Time	Behind	FIS Points
78	16	3420784	<b>KLEMOEN Eivind</b> Torpa SKI / Team Synnfjell	NOR 1990	13:13.1	74	27:38.0	79	<b>42:08.8</b>	+4:36.4	113.17
79	69	3420759	<b>BERDAL Tore Bjørseth</b> Byåsen IL / Team NTNU	NOR 1988	13:12.7	73	27:29.7	76	<b>42:22.2</b>	+4:49.8	117.93
80	79	3420596	<b>MIKKELSEN Espen</b> Vadsø Skiklubb	NOR 1988	13:28.4	83	28:02.0	83	<b>42:31.6</b>	+4:59.2	121.27
81	7	3421233	<b>EIELAND Sondre Flaa</b> Birkenes IL	NOR 1985	13:29.2	84	28:15.1	86	<b>42:38.6</b>	+5:06.2	123.76
82	73	3420553	<b>MÆHLUM Nils Einar</b> Brøttum IL / Team Sjusjøen	NOR 1985	13:12.2	71	27:45.7	81	<b>42:39.8</b>	+5:07.4	124.18
83	56	3421016	<b>EGGE Vegard Kjøs</b> Lillehammer Skiklub	NOR 1988	13:11.5	70	27:47.8	82	<b>42:40.2</b>	+5:07.8	124.32
84	68	3420739	<b>HOFF Sindre</b> Gaular IL	NOR 1983	13:12.6	72	27:44.0	80	<b>42:45.2</b>	+5:12.8	126.10
85	75	3420978	<b>REE Andreas</b> Asker Skiklubb	NOR 1986	13:46.3	99	28:14.7	85	<b>42:48.2</b>	+5:15.8	127.16
86	104	3420522	<b>SVALAND Jon Kristian</b> Oddersjaa SSK	NOR 1979	13:34.6	87	28:17.9	89	<b>42:48.8</b>	+5:16.4	127.38
87	19	3100010	<b>SKINSTAD Carl-Magnus Fjeld</b> Mogutten IL / Team Odal	CAN 1981	13:47.2	101	28:23.3	90	<b>42:54.4</b>	+5:22.0	129.37
88	80	3420193	<b>MOSLET Kristoffer Robin</b> Stokke IL	NOR 1986	13:36.8	89	28:15.4	87	<b>42:55.9</b>	+5:23.5	129.90
89	76	3420424	<b>ELVESTAD Glenn</b> Gjerdrum IL - Ski	NOR 1986	13:31.9	86	28:16.8	88	<b>43:10.5</b>	+5:38.1	135.09
90	3	3421020	<b>MAUER Andreas Sollihagen</b> Høybråten og Stovner IL	NOR 1989	13:42.6	92	28:29.1	91	<b>43:18.6</b>	+5:46.2	137.96
91	52	3420292	<b>SÆTRE Erlend Skippervik</b> IL Forsøk	NOR 1985	13:30.0	85	28:13.9	84	<b>43:24.1</b>	+5:51.7	139.92
92	54	3420294	<b>SVINSÅS Morten</b> IK Rindals-Troll	NOR 1984	13:45.5	96	28:35.8	92	<b>43:47.2</b>	+6:14.8	148.12
93	2	3421549	<b>RØE Åsmund Treu</b> Fossum IF	NOR 1991	14:03.6	110	28:59.2	99	<b>43:58.2</b>	+6:25.8	152.03
94	50	3420184	<b>LITLERÉ Lars</b> Byåsen IL / Team NTNU	NOR 1984	13:37.8	90	28:37.6	93	<b>43:59.9</b>	+6:27.5	152.63
95	8	3421892	<b>BRATLI Eirik</b> Fossum IF	NOR	13:45.1	95	28:48.3	96	<b>44:01.8</b>	+6:29.4	153.31
96	12	3420942	<b>WELTZIEN Espen Hultgreen</b> Kjelsås IL - ski	NOR 1989	13:55.9	104	28:45.5	95	<b>44:07.6</b>	+6:35.2	155.37
97	65	3420196	<b>MYTHE Per Øyvind</b> Hemsedal IL	NOR 1984	13:40.5	91	28:39.0	94	<b>44:08.7</b>	+6:36.3	155.76

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21 - 24 Januar 2010



## NM SKI 2010

### STOKKE

### Storås skiarena

### Men 15 km Free Individual

### Final Results

21 JAN 2010

Start Time: 12:20

End Time: 14:04

Rank	Bib	FIS Code	Name Club	NSA Date of Birth	5.0 km Time	Rk.	10.0 km Time	Rk.	Finish Time	Behind	FIS Points
98	21	3420736	<b>KARLSEN Lars Christian T.</b> Mjøndalen IF	NOR 1986	13:42.7	93	28:50.0	97	<b>44:11.2</b>	+6:38.8	156.64
99	4	3420758	<b>BÆKKEN Simen</b> Strindheim IL	NOR 1988	14:04.7	112	29:12.5	102	<b>44:14.0</b>	+6:41.6	157.64
100	5	3420293	<b>STEEN Tobias Vik</b> Bækkelaget SK	NOR 1987	14:02.7	109	29:14.9	104	<b>44:19.9</b>	+6:47.5	159.73
101	37	3420378	<b>HÅPNES Mats</b> Alta IF	NOR 1987	14:01.4	108	29:14.1	103	<b>44:35.1</b>	+7:02.7	165.13
102	35	3420450	<b>FOLLERÅS Anders</b> Lillehammer Skiklub	NOR 1986	14:05.3	113	29:25.5	=106	<b>44:38.9</b>	+7:06.5	166.48
103	33	3420999	<b>HAMMER Kristian Riseth</b> Byåsen IL	NOR 1989	13:46.5	100	28:54.5	98	<b>44:49.0</b>	+7:16.6	170.07
104	10	3420947	<b>OLSEN Matias</b> Bardu IL	NOR 1989	13:44.8	94	29:09.5	101	<b>44:58.1</b>	+7:25.7	173.30
104	29	3420550	<b>KAAS Sverre Waaler</b> IL Heming	NOR 1985	13:52.3	=102	29:25.5	=106	<b>44:58.1</b>	+7:25.7	173.30
106	30	3420654	<b>GULLHAV Anders Nordby</b> NTNUI - Ski	NOR 1987	14:00.0	107	29:22.2	105	<b>44:59.4</b>	+7:27.0	173.76
107	51	3420918	<b>RESALAND Mats Rudin</b> IL Bever'n	NOR 1990	13:36.3	88	29:07.0	100	<b>45:01.8</b>	+7:29.4	174.62
108	22	3420650	<b>SÆLE Eirik Dimmen</b> Lillehammer Skiklub	NOR 1989	14:09.5	115	29:40.0	114	<b>45:03.6</b>	+7:31.2	175.26
109	9	3420615	<b>NYGAARD Bjørn Thomas</b> Alta IF	NOR 1987	13:59.7	106	29:39.9	113	<b>45:13.0</b>	+7:40.6	178.59
110	27	3420221	<b>GJERDALEN Gard Filip</b> Holeværingen, IL	NOR 1982	14:10.6	116	29:35.4	111	<b>45:21.9</b>	+7:49.5	181.76
111	34	3421270	<b>WICKSTRØM Jørgen</b> Vadsø Skiklubb	NOR 1985	14:10.8	117	29:34.9	110	<b>45:24.6</b>	+7:52.2	182.71
112	25	3421007	<b>BERG Even Langseth</b> Grue IL	NOR 1989	13:58.4	105	29:38.3	112	<b>45:38.6</b>	+8:06.2	187.69
113	20	3420964	<b>SANDVIK Tor-Einar</b> Meldal IL	NOR 1987	14:31.8	119	30:13.8	118	<b>46:12.9</b>	+8:40.5	199.87
114	11	3420619	<b>EINVIK Kenneth Helgesen</b> Alta IF	NOR 1989	14:03.9	111	30:03.3	117	<b>46:13.8</b>	+8:41.4	200.19
115	43	3420610	<b>STORRØNNING Christer</b> Tydal IL	NOR 1987	14:08.9	114	29:32.1	109	<b>46:18.6</b>	+8:46.2	201.89
116	13	3420906	<b>BERGMANN Nicolai Edman</b> Konnerud IL	NOR 1989	14:38.9	120	30:27.9	119	<b>46:27.5</b>	+8:55.1	205.06
117	18	3421034	<b>OLDERVOLL Sondre</b> Byåsen IL	NOR 1991	13:52.3	=102	29:58.2	115	<b>47:03.2</b>	+9:30.8	217.73

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21 - 24 Januar 2010



**NM SKI 2010**  
STOKKE  
Storås skiarena

**Men 15 km Free Individual**  
**Final Results**

21 JAN 2010

Start Time: 12:20  
End Time: 14:04

Rank	Bib	FIS Code	Name Club	NSA Date of Birth	5.0 km Time	Rk.	10.0 km Time	Rk.	Finish Time	Behind	FIS Points
118	17	3420030	<b>KORSMO Frode</b> Moelven IL / Team Sjusjøen	<b>NOR</b> 1980	14:56.6	122	31:46.2	120	<b>49:29.1</b>	+11:56.7	269.56

Did not finish											
6	3420936	<b>FUGLERUD Fredrik</b> Gjerdrum IL - Ski	<b>NOR</b> 1989	14:14.3	118						
23	3421380	<b>HØYE Andreas Wold</b> IL Heming	<b>NOR</b> 1989								
26	3420589	<b>JELSTAD Stian Stærkeby</b> Vikersund IF	<b>NOR</b> 1988	14:48.4	121						
40	3420987	<b>GODØ Vegard</b> Emblem IL	<b>NOR</b> 1988	13:45.9	98	29:29.3	108				
53	3420842	<b>SÆTHER Jonas</b> Henning Skilag	<b>NOR</b> 1988	13:45.7	97	30:00.7	116				

Did not start											
1	3421047	<b>ENG Martin</b> Nittedal IL	<b>NOR</b> 1986								
28	3420887	<b>VINSNESBAKK Bård</b> Singsås IL	<b>NOR</b> 1987								
38	3421048	<b>L'ABÉE-LUND Henrik</b> Engerdal SP.kl.	<b>NOR</b> 1986								
66	3420471	<b>GUNDERSEN Emil Mikael Søbak</b> Vang Skiløperforening / Team Norgeshus	<b>NOR</b> 1986								
100	3420487	<b>ODSÆTER Lars Vingli</b> Lillehammer Skiklub / Team NTNU	<b>NOR</b> 1986								
120	3420855	<b>ULSUND Einar A</b> Byåsen IL / Team NTNU	<b>NOR</b> 1988								

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21 - 24 Januar 2010



**NM SKI 2010**  
STOKKE  
Storås skiarena

**Men 15 km Free Individual**  
**Final Results**

21 JAN 2010

Start Time: 12:20  
End Time: 14:04

Weather	Snow Condition	Temperatures		Participants				
		Air	Snow	Entries	Ranked	DNS	DNF	DSQ
Light snow	Packed powder	-1,8°C	-1,0°C	129/2	118/2	6/1	5/1	0/0

**LEGEND / FORKLARING**

= Equal sign indicates that two or more competitors share the same rank  
**DNF** Did not finish  
**DSQ** Disqualified  
**DNS** Did not start  
**NSA** National Ski Association

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21 - 24 Januar 2010



## NM SKI 2010

### STOKKE

### Storås skiarena

### Women 1.5 km Classical Sprint Finals

### Results

22 JAN 2010

Start Time: 12:30

End Time: 14:19

Jury Information / Rennkomite		Course Information / Løypedata	
Technical Delegate	DAHLEN Barbro Tomter (NOR)	Name / Navn:	Storås sprint
Assistant Technical Delegate	BJERKE Ole (NOR)	Height Difference (HD) / Høydedifferanse:	29 m
Assistant Technical Delegate	JONHAUGEN Espen (NOR)	Maximum Climb (MC) / Lengste stigning:	22 m
Chief of Competition	KNOTTEN Jon Olav (NOR)	Total Climb (TC) / Total Stigning:	55 m
Chief of Course	OPSTAD Jon Arne (NOR)	Length of Lap / Lengde på Løypa:	1150 m
		Number of Laps / Runder:	1

Rank	Bib	Round	Name	NSA	Remarks
1	1	Final	1303777 BJØRGEN Marit	NOR	
2	5	Final	3425025 TYLDUM Ingri Aunet	NOR	
3	2	Final	3425365 FALLA Maiken Caspersen	NOR	
4	3	Final	3425183 JACOBSEN Astrid Uhrenholdt	NOR	
5	10	Final	3425349 KRISTOFFERSEN Marthe	NOR	
6	8	Final	1304165 GJØMLE BERG Ella	NOR	
7	4	Semifinal	3425114 TYLDUM Elise Aunet	NOR	
8	16	Semifinal	3425015 BRAATHEN Solfrid	NOR	
9	7	Semifinal	3425221 GRØNVOLL Maria Nysted	NOR	
10	19	Semifinal	3425351 GAUSEN Kristin	NOR	
11	18	Semifinal	3425428 SKJOLDLI Eirin	NOR	
12	22	Semifinal	3425275 BRUN-LIE Celine	NOR	
13	20	Quarterfinal	3425036 JENSEN Lena	NOR	
14	25	Quarterfinal	3425157 BJELLÅNES Karianne	NOR	
15	27	Quarterfinal	3425285 KVELI Laila	NOR	
16	6	Quarterfinal	3425177 GJEITNES Kari Vikhagen	NOR	
17	12	Quarterfinal	3425219 BØ Kjersti	NOR	
18	14	Quarterfinal	3425322 STORSLETT Anne	NOR	
19	21	Quarterfinal	3425611 RYEN Linn	NOR	
20	23	Quarterfinal	3425480 BRULAND Synnøve	NOR	
21	9	Quarterfinal	3425483 HAGEN Martine Ek	NOR	
22	11	Quarterfinal	3425387 BJØRNLI Heidi Kant	NOR	
23	15	Quarterfinal	3425370 LØVBRØTTE Ingrid	NOR	
24	17	Quarterfinal	3425397 HARSEM Kathrine Rolsted	NOR	
25	28	Quarterfinal	3425388 BRULAND Astrid	NOR	
26	13	Quarterfinal	3425404 EIDE Mari	NOR	
27	26	Quarterfinal	3425115 SOLLI Guro Strøm	NOR	
28	29	Quarterfinal	3425208 MOLAND Signe	NOR	
29	30	Quarterfinal	3425395 NYGAARD Martine Fossem	NOR	
30	24	Quarterfinal	3425302 NYDAL Britt Ingunn	NOR	DNS
31		Qualification	3425227 NILSEN Inger Liv Bjerkeim	NOR	
32		Qualification	3425352 PEDERSEN Eli Gjermundshaug	NOR	

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21 - 24 Januar 2010



**NM SKI 2010**  
STOKKE  
Storås skiarena

**Women 1.5 km Classical Sprint Finals**  
**Results**

22 JAN 2010

Start Time: 12:30  
End Time: 14:19

Rank	Bib	Round	Name	NSA	Remarks
33		Qualification	3425326 HEIMDAL Ingrid Elise Krane	NOR	
34		Qualification	3425194 REENAAS Marte	NOR	
35		Qualification	3425396 EIDE Ida	NOR	
36		Qualification	3425534 DALEN Tone	NOR	
37		Qualification	3425406 MOXNES Eldbjørg Dirdal	NOR	
38		Qualification	3425206 JORDE Liv Birgit	NOR	
39		Qualification	3425402 STEINSLAND Solveig	NOR	
40		Qualification	3425401 SUNDVOR Tone	NOR	
41		Qualification	3425163 NILSEN Betty Ann Bjerkreim	NOR	
42		Qualification	3425164 ROE Magnhild	NOR	
43		Qualification	3425447 STØVSET Jeanette Elisabeth	NOR	
44		Qualification	3425179 KARSET Marthe Kristine Hafsahl	NOR	
45		Qualification	3425552 GJERSTAD Johanne Oxlund	NOR	
46		Qualification	3425296 BAKKETUN Kjersti Solvoll	NOR	
47		Qualification	3425207 LUNDER Oda Vardenær	NOR	
48		Qualification	1335787 ANDERSEN Tove	NOR	
49		Qualification	3425220 HANSEN Nina Niskanen	NOR	
50		Qualification	3425228 AA Benedikte	NOR	
51		Qualification	3425439 BRATLIE Solveig Tvetter	NOR	
52		Qualification	3425844 SVINGHEIM Kari	NOR	

Did Not Start					
		Qualification	3425844 HALLE Siri Cathrine	NOR	
		Qualification	3425844 SOLLI Lotte Strøm	NOR	
		Qualification	3425844 MONRAD-HANSEN Marte	NOR	
		Qualification	3425844 GUIN Mari	NOR	
		Qualification	3425844 SLIND Silje Øyre	NOR	

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21 - 24 Januar 2010



**NM SKI 2010**  
STOKKE  
Storås skiarena

**Women 1.5 km Classical Sprint Finals**  
**Results**

22 JAN 2010

Start Time: 12:30  
End Time: 14:19

Weather	Snow Condition	Temperatures		Participants				
		Air	Snow	Entries	Ranked	DNS	DNF	DSQ
Light snow	Packed powder	-3,0°C	-2,0°C	57/1	52/1	5/1	0/0	0/0

**LEGEND / FORKLARING**

**DNF** Did not finish      **DNS** Did not start      **DSQ** Disqualified      **NSA** National Ski Association

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21 - 24 Januar 2010



**NM SKI 2010**  
STOKKE  
Storås skiarena

**Men 1.5 km Classical Sprint Finals**  
**Results**

22 JAN 2010

Start Time: 12:30  
End Time: 14:19

Jury Information / Rennkomite		Course Information / Løypedata	
Technical Delegate	DAHLEN Barbro Tomter (NOR)	Name / Navn:	Storås sprint
Assistant Technical Delegate	BJERKE Ole (NOR)	Height Difference (HD) / Høydedifferanse:	29 m
Assistant Technical Delegate	JONHAUGEN Espen (NOR)	Maximum Climb (MC) / Lengste stigning:	22 m
Chief of Competition	KNOTTEN Jon Olav (NOR)	Total Climb (TC) / Total Stigning:	68 m
Chief of Course	OPSTAD Jon Arne (NOR)	Length of Lap / Lengde på Løypa:	1350 m
		Number of Laps / Runder:	1

Rank	Bib	Round	Name	NSA	Remarks
1	1	Final	3420131 KJØLSTAD Johan	NOR	
2	10	Final	3420077 HATTESTAD Ola Vigen	NOR	
3	18	Final	1059822 HJELMESET Odd-Bjørn	NOR	
4	2	Final	3420036 RØNNING Eldar	NOR	
5	16	Final	3420089 PETERSEN Øystein	NOR	
6	8	Final	1230930 SVARTEDAL Jens Arne	NOR	
7	4	Semifinal	3420365 BRANDSDAL Eirik	NOR	
8	14	Semifinal	3420002 DAHL John Kristian	NOR	
9	5	Semifinal	3420463 STEEN Andreas Myran	NOR	
10	9	Semifinal	3421011 MOHOLT Magnus	NOR	
11	11	Semifinal	3420199 ØSTENSEN Simen	NOR	
12	22	Semifinal	3420779 HANSSEN John Christian Deighan	NOR	
13	7	Quarterfinal	3420573 BAKKEN Timo Andre	NOR	
14	15	Quarterfinal	3420641 BRAATHEN Jørgen	NOR	
15	28	Quarterfinal	3420012 NÆSS Børre	NOR	
16	3	Quarterfinal	3420909 GOLBERG Pål	NOR	
17	6	Quarterfinal	3420107 THUN Stein Vidar	NOR	
18	12	Quarterfinal	3420299 LYKKJA Hans Petter	NOR	
19	17	Quarterfinal	3420377 GLØERSEN Øyvind	NOR	
20	21	Quarterfinal	3420877 BYGGLAND Ånund Lid	NOR	
21	13	Quarterfinal	3420376 GLØERSEN Anders	NOR	
22	20	Quarterfinal	3420487 ODSÆTER Lars Vingli	NOR	
23	26	Quarterfinal	3421129 IMS Kjetil	NOR	
24	27	Quarterfinal	3420192 MOE Ola Erik Heen	NOR	
25	29	Quarterfinal	3420685 HALLÉN Stian	NOR	
26	19	Quarterfinal	3420304 ÅSEN Tommy	NOR	
27	23	Quarterfinal	3420363 BJERTNÆS Jens	NOR	
28	24	Quarterfinal	3420200 ØSTLIEN Espen	NOR	
29	25	Quarterfinal	3421216 NYENG Emil	NOR	
30	30	Quarterfinal	3420458 PEDERSEN Morten Eide	NOR	
31		Qualification	3420150 ÅRDAL Asgeir	NOR	
32		Qualification	3420530 HAMMER Martin	NOR	

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**NM SKI 2010**  
STOKKE  
Storås skiarena

**Men 1.5 km Classical Sprint Finals**  
**Results**

22 JAN 2010

Start Time: 12:30  
End Time: 14:19

Rank	Bib	Round	Name	NSA	Remarks
33		Qualification	3421229 LANES Simen	NOR	
34		Qualification	3420317 RENNEMO Kristian Tettli	NOR	
35		Qualification	3420642 NYDAL Hallvard Moian	NOR	
36		Qualification	3420785 KNUDTZON Nicolas Brun	NOR	
37		Qualification	3420799 ØDEGÅRD Rune Malo	NOR	
38		Qualification	3420424 ELVESTAD Glenn	NOR	
39		Qualification	3420232 BRAATHEN Kristian	NOR	
40		Qualification	3420955 THYGESEN Torgeir Skare	NOR	
41		Qualification	3420977 DAHL Svein Halvor	NOR	
42		Qualification	3420594 LORENTSEN Eirik	NOR	
43		Qualification	3420291 OLSEN Eirik Kurland	NOR	
44		Qualification	3420193 MOSLET Kristoffer Robin	NOR	
45		Qualification	3420280 ELIASSEN Petter	NOR	
46		Qualification	3420270 MORK Ole Christian	NOR	
47		Qualification	3420840 MOE Markus	NOR	
48		Qualification	3420084 POST Arne	NOR	
49		Qualification	3420292 SÆTRE Erlend Skippervik	NOR	
50		Qualification	3420203 OLIMB Henrik	NOR	
51		Qualification	3420922 THYLI Vette	NOR	
52		Qualification	3420647 UPADHYAY Varun	NOR	
53		Qualification	3420918 RESALAND Mats Rudin	NOR	
54		Qualification	3420854 NORDRUM Martin Valberg	NOR	
55		Qualification	3421016 EGGE Vegard Kjøs	NOR	
56		Qualification	3420159 DAMMEN Kjetil Hagtvedt	NOR	
57		Qualification	3421619 BRIKSELLI Tomas	NOR	
58		Qualification	3420475 FENRE Tobias Dahl	NOR	
59		Qualification	3420987 GODØ Vegard	NOR	
60		Qualification	3420580 FREMO Thomas	NOR	
60		Qualification	3420478 TOFTEGAARD Lars A.	NOR	
62		Qualification	3420772 FRODAHL Magnus	NOR	
63		Qualification	3420313 SVINGHEIM Magnus	NOR	
64		Qualification	3420964 SANDVIK Tor-Einar	NOR	
65		Qualification	3420184 LITLERÉ Lars	NOR	
66		Qualification	3420833 WATTERDAL Øyvind	NOR	
67		Qualification	3420360 ANDRESEN Ragnar Bragvin	NOR	
67		Qualification	3420630 BOTNEN André	NOR	
69		Qualification	3420827 HYTTEHAUG Lars	NOR	
70		Qualification	3420611 SVIEN Aleksander	NOR	
71		Qualification	3420820 VOLLSET Erlend By	NOR	
72		Qualification	3420755 AALBERG Jonas Berglund	NOR	
73		Qualification	3421020 MAUER Andreas Sollihagen	NOR	

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21 - 24 Januar 2010



**NM SKI 2010**  
STOKKE  
Storås skiarena

**Men 1.5 km Classical Sprint Finals**  
**Results**

22 JAN 2010

Start Time: 12:30  
End Time: 14:19

Rank	Bib	Round	Name	NSA	Remarks
74		Qualification	3420610 STORRØNNING Christer	NOR	
75		Qualification	3421357 MADSGÅRD Mads O. G.	NOR	
76		Qualification	3421380 HØYE Andreas Wold	NOR	
77		Qualification	3420550 KAAS Sverre Waaler	NOR	
78		Qualification	3420736 KARLSEN Lars Christian T.	NOR	
79		Qualification	3420488 ERIKSEN Sondre	NOR	
80		Qualification	3420868 BALTO Bård Vegard	NOR	
81		Qualification	3420650 SÆLE Eirik Dimmen	NOR	
82		Qualification	3420221 GJERDALEN Gard Filip	NOR	
83		Qualification	3420969 BREDA Mats Håkon	NOR	
84		Qualification	3420233 BJØRGEN Per Egil	NOR	
85		Qualification	3420936 FUGLERUD Fredrik	NOR	
86		Qualification	3420585 HILMO Jo Vegard	NOR	
87		Qualification	3420739 HOFF Sindre	NOR	
88		Qualification	3420758 BÆKKEN Simen	NOR	
89		Qualification	3421132 JENSEN Ludvig Søgner	NOR	
90		Qualification	3420619 EINVIK Kenneth Helgesen	NOR	
91		Qualification	3420746 RAMDAL Ørjan	NOR	
92		Qualification	3420269 SLETTEN Even Skjelbostad	NOR	
93		Qualification	3420282 GJØMLE Erik	NOR	
94		Qualification	3420882 HENRIKSEN Jørgen	NOR	
95		Qualification	3420748 MYHRE Kenneth	NOR	
96		Qualification	3420294 SVINSÅS Morten	NOR	
97		Qualification	3420762 BØRSHEIM Torjus	NOR	
98		Qualification	3420241 GJERDALEN Njål Tage	NOR	
99		Qualification	3421713 HJULSTAD Frank	NOR	
100		Qualification	3421012 BJØRNBETH Anders	NOR	
101		Qualification	3421538 GOLID Ole Christian	NOR	
102		Qualification	3421923 KARLSON Stian Rene	NOR	
103		Qualification	3421714 TØMMERVIK Lars Håvard	NOR	
104		Qualification	3421899 HAGEN Trond Wiggo	NOR	

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21 - 24 Januar 2010



**NM SKI 2010**  
STOKKE  
Storås skiarena

**Men 1.5 km Classical Sprint Finals**  
**Results**

22 JAN 2010

Start Time: 12:30  
End Time: 14:19

Bib	Round	Name	NSA	Remarks
<b>Did Not Start</b>				
	Qualification	3421899 SOLLIE Henrik	NOR	
	Qualification	3421899 ANMARKRUD Øyvind	NOR	
	Qualification	3421899 CLAUSEN Kent Ove	NOR	
	Qualification	3421899 IVERSEN Trond	NOR	
	Qualification	3421899 MIKKELSEN Espen	NOR	
	Qualification	3421899 BØDTKER Anders	NOR	
	Qualification	3421899 WATTERDAL Eirik	NOR	
	Qualification	3421899 HALSETH Petter Torås	NOR	
	Qualification	3421899 HAMMER Kristian Riset	NOR	
	Qualification	3421899 AAGÅRD Morgan	NOR	
	Qualification	3421899 WICKSTRØM Jørgen	NOR	

Weather	Snow Condition	Temperatures		Participants				
		Air	Snow	Entries	Ranked	DNS	DNF	DSQ
Light snow	Packed powder	-3,0°C	-2,0°C	115/1	104/1	11/1	0/0	0/0

LEGEND / FORKLARING			
DNF	Did not finish	DNS	Did not start
DSQ	Disqualified	NSA	National Ski Association

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21 - 24 Januar 2010



## NM SKI 2010

### STOKKE

### Storås skiarena

### Kvinner 15 km K/F pursuit

### Resultater

Lördag 23 JAN 2010

Starttid: 10:30

Siste innkomst: 11:24

Rennkomite		Löypedata	
Technical Delegate	(NOR)	Navn:	Storås - 3.75 km
Assistant Technical Delegate	(NOR)	Høydedifferanse:	41 m
Assistant Technical Delegate	(NOR)	Lengste stigning:	39 m
Chief of Competition	(NOR)	Total Stigning:	556 m
Chief of Course	(NOR)	Lengde på Löypa:	3730 m
		Runder:	2 / 2

Rg.	St.Nr.	ID	Navn Klubb	NSA Date of Birth	7.5 km C Time R.	PIT Time R.	7.5 km F Time R.	Mal Tid	Bak	FIS Punkte
1	3	1303777	<b>BJØRGEN Marit</b> Rognes IL	NOR 1980	22:14.7 1	27.8 3	20:44.7 1	<b>43:27.2</b>	0.0	15.00
2	2	3425301	<b>JOHAUG Therese</b> IL Nansen	NOR 1988	22:15.6 2	28.7 5	20:57.7 3	<b>43:42.0</b>	+14.8	22.95
3	4	3425349	<b>KRISTOFFERSEN Marthe</b> IL Varden	NOR 1989	22:21.5 3	38.9 48	21:10.7 4	<b>44:11.1</b>	+43.9	38.57
4	1	3425003	<b>STEIRA Kristin Størmer</b> IL Forsøk	NOR 1981	22:47.4 6	30.3 8	20:55.0 2	<b>44:12.7</b>	+45.5	39.43
5	5	3425117	<b>ELDEN Marte</b> Henning Skilag / Team Trøndelag	NOR 1986	22:46.7 5	25.4 1	21:13.1 5	<b>44:25.2</b>	+58.0	46.14
6	7	1305426	<b>SKOFTERUD Vibeke Westbye</b> Situ IF	NOR 1980	22:45.8 4	27.7 2	21:14.4 6	<b>44:27.9</b>	+1:00.7	47.59
7	10	3425005	<b>SVENDSEN Sara</b> Tromsø Skiklubb Langrenn	NOR 1980	23:47.9 12	28.3 4	22:04.9 9	<b>46:21.1</b>	+2:53.9	108.38
8	19	3425025	<b>TYLDUM Ingri Aunet</b> Overhalla IL	NOR 1983	22:47.6 7	32.0 15	23:14.2 19	<b>46:33.8</b>	+3:06.6	115.20
9	23	3425015	<b>BRAATHEN Solfrid</b> Høybråten og Stovner IL	NOR 1982	24:03.0 16	29.3 6	22:07.2 10	<b>46:39.5</b>	+3:12.3	118.26
10	13	3425315	<b>LAUVHAUG Hilde</b> Skrautvål IL / Team Hovden	NOR 1989	24:15.7 19	31.7 12	21:52.5 7	<b>46:39.9</b>	+3:12.7	118.47
11	11	3425227	<b>NILSEN Inger Liv Bjerkreim</b> Bækkelagets SK	NOR 1988	24:12.5 17	31.4 11	21:56.3 8	<b>46:40.2</b>	+3:13.0	118.64
12	6	3425350	<b>SLIND Astrid Øyre</b> Oppdal IL / Team Trøndelag	NOR 1988	23:47.5 11	38.5 47	22:22.1 11	<b>46:48.1</b>	+3:20.9	122.88
13	14	3425287	<b>MONRAD-HANSEN Marte</b> IL Heming / Team Sector Alarm	NOR 1987	23:46.8 10	34.2 =24	22:32.4 12	<b>46:53.4</b>	+3:26.2	125.72
14	12	3425157	<b>BJELLÅNES Karianne</b> Henning Skilag / Team Trøndelag	NOR 1986	23:45.3 9	32.4 16	22:55.5 15	<b>47:13.2</b>	+3:46.0	136.36
15	24	3425351	<b>GAUSEN Kristin</b> Inderøy IL	NOR 1989	24:02.8 15	30.7 9	22:42.1 14	<b>47:15.6</b>	+3:48.4	137.64
16	31	3425221	<b>GRØNVOLL Maria Nysted</b> Furuflaten IL	NOR 1985	23:49.4 14	36.6 =40	23:02.2 16	<b>47:28.2</b>	+4:01.0	144.41
17	9	3425163	<b>NILSEN Betty Ann Bjerkreim</b> Bækkelagets SK	NOR 1986	24:23.0 20	29.9 7	22:41.9 13	<b>47:34.8</b>	+4:07.6	147.95

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21 - 24 Januar 2010



## NM SKI 2010

### STOKKE

### Storås skiarena

### Kvinner 15 km K/F pursuit

### Resultater

Lördag 23 JAN 2010

Starttid: 10:30

Siste innkomst: 11:24

Rg.	St.Nr.	ID	Navn Klubb	NSA Date of Birth	7.5 km C Time R.	PIT Time R.	7.5 km F Time R.	Mal Tid	Bak	FIS Punkte
18	16	3425177	<b>GJEITNES Kari Vikhagen</b> Henning Skilag / Team Trøndelag	NOR 1985	23:48.6 13	33.7 21	23:36.9 24	<b>47:59.2</b>	+4:32.0	161.06
19	30	3425397	<b>HARSEM Kathrine Rolsted</b> Fossum IF / Team Hovden	NOR 1989	24:15.5 18	31.3 10	23:28.4 =22	<b>48:15.2</b>	+4:48.0	169.65
20	18	3425036	<b>JENSEN Lena</b> Rustad IL	NOR 1980	24:35.0 22	31.9 14	23:28.4 =22	<b>48:35.3</b>	+5:08.1	180.44
21	29	3425402	<b>STEINSLAND Solveig</b> IL Vindbjart / Team Hovden	NOR 1989	24:54.8 23	36.8 43	23:16.8 21	<b>48:48.4</b>	+5:21.2	187.48
22	25	3425014	<b>BRAATHEN Merethe</b> Høybråten og Stovner IL	NOR 1982	25:08.0 29	35.5 =31	23:06.0 17	<b>48:49.5</b>	+5:22.3	188.07
23	32	3425207	<b>LUNDER Oda Vardenær</b> Gjøvik Skiklubb	NOR 1986	24:59.3 24	36.1 34	23:14.4 20	<b>48:49.8</b>	+5:22.6	188.23
24	20	3425231	<b>MYHRE Marthe Katrine</b> Gjøvik Skiklubb / Gjøvik/Toten Langrenn	NOR 1985	25:05.5 27	36.3 35	23:12.7 18	<b>48:54.5</b>	+5:27.3	190.75
25	27	3425285	<b>KVELI Laila</b> Lierne IL	NOR 1987	25:05.0 26	34.3 26	23:39.2 25	<b>49:18.5</b>	+5:51.3	203.64
26	21	3425114	<b>TYLDUM Elise Aunet</b> Overhalla IL	NOR 1985	24:24.3 21	34.5 27	24:29.8 36	<b>49:28.6</b>	+6:01.4	209.06
27	40	3425534	<b>DALEN Tone</b> Vegårshei IL / Team Hovden	NOR 1991	25:22.1 37	32.8 18	23:41.9 26	<b>49:36.8</b>	+6:09.6	213.47
28	53	3425425	<b>DAHLEN Ida Olivia Midttun</b> Bardu IL	NOR 1989	25:18.4 36	33.8 22	23:48.1 27	<b>49:40.3</b>	+6:13.1	215.35
29	39	3425370	<b>LØVBRØTTE Ingrid</b> Harestua IL / Team Hadeland	NOR 1988	25:17.3 34	34.2 =24	23:54.0 28	<b>49:45.5</b>	+6:18.3	218.14
30	56	3425115	<b>SOLLI Guro Strøm</b> Drevja IL	NOR 1983	25:17.7 35	34.0 23	23:55.6 29	<b>49:47.3</b>	+6:20.1	219.10
31	42	3425611	<b>RYEN Linn</b> Mjøndalen IF	NOR 1990	25:15.8 31	32.6 17	23:59.4 33	<b>49:47.8</b>	+6:20.6	219.37
32	44	3425304	<b>GJELTEN Berit</b> NTNUI - Ski	NOR 1987	25:14.5 30	36.5 =38	23:58.1 32	<b>49:49.1</b>	+6:21.9	220.07
33	47	3425585	<b>GAUSEN Julie</b> Inderøy IL	NOR 1991	25:16.8 =32	36.0 33	23:56.9 30	<b>49:49.7</b>	+6:22.5	220.39
34	34	3425348	<b>PEDERSEN Ida Gjermundshaug</b> Nybygda IL / Team VitaePro	NOR 1988	25:16.8 =32	36.7 42	23:57.0 31	<b>49:50.5</b>	+6:23.3	220.82
35	35	1335787	<b>ANDERSEN Tove</b> Rustad IL	NOR 1977	25:48.3 40	34.6 =28	24:00.8 34	<b>50:23.7</b>	+6:56.5	238.65
36	36	3425322	<b>STORSLETT Anne</b> Moelven IL / Team Sjusjøen	NOR 1987	25:56.1 41	31.8 13	24:24.7 35	<b>50:52.6</b>	+7:25.4	254.17
37	38	3425401	<b>SUNDEVOR Tone</b> Bjerkreim IL / Team Hovden	NOR 1989	25:34.5 39	33.0 19	25:15.3 39	<b>51:22.8</b>	+7:55.6	270.39

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21 - 24 Januar 2010



**NM SKI 2010**  
STOKKE  
Storås skiarena

**Kvinner 15 km K/F pursuit**  
**Resultater**

Lördag 23 JAN 2010

Starttid: 10:30

Siste innkomst: 11:24

Rg.	St.Nr.	ID	Navn Klubb	NSA Date of Birth	7.5 km C Time R.	PIT Time R.	7.5 km F Time R.	Mal Tid	Bak	FIS Punkte
38	46	3425179	<b>KARSET Marthe Kristine Hafsaahl</b> Heming, IL	<b>NOR</b> 1985	26:39.5 43	38.0 46	24:34.7 37	<b>51:52.2</b>	+8:25.0	286.17
39	57	3425295	<b>ULVESTAD Siri</b> IL Heming	<b>NOR</b> 1988	25:25.3 38	36.5 =38	25:51.9 42	<b>51:53.7</b>	+8:26.5	286.98
40	51	3425228	<b>AA Benedikte</b> Hyen IL	<b>NOR</b> 1987	26:47.3 46	35.5 =31	25:09.8 38	<b>52:32.6</b>	+9:05.4	307.87
41	48	3425447	<b>STØVSET Jeanette Elisabeth</b> Skjerstad IL	<b>NOR</b> 1991	26:41.8 45	37.2 45	25:18.1 40	<b>52:37.1</b>	+9:09.9	310.28
42	50	3425380	<b>SKJØLÅS Mailene</b> Gjerdrum IL - Ski	<b>NOR</b> 1988	26:40.7 44	34.6 =28	25:23.0 41	<b>52:38.3</b>	+9:11.1	310.93
43	41	3425406	<b>MOXNES Eldbjørg Dirdal</b> Gjerdrum IL - Ski	<b>NOR</b> 1988	25:57.3 42	36.6 =40	26:19.1 43	<b>52:53.0</b>	+9:25.8	318.82
44	54	3425262	<b>DRETVIK Katrine</b> NTNUI - Ski	<b>NOR</b> 1986	26:48.5 47	40.0 49	26:36.6 45	<b>54:05.1</b>	+10:37.9	357.54
45	52	3425448	<b>BELSBY Anne Maren Utne</b> Kjelsås IL - ski	<b>NOR</b> 1989	26:59.9 48	36.4 =36	26:34.5 44	<b>54:10.8</b>	+10:43.6	360.60

## Ikke fullført

15	3425355	<b>SLIND Silje Øyre</b> Oppdal IL / Team VitaePro	<b>NOR</b> 1988	25:04.4 25	34.6 =28					
22	3425352	<b>PEDERSEN Eli Gjermundshaug</b> Nybygda IL / Team VitaePro	<b>NOR</b> 1988	25:06.3 28	37.0 44					
26	3425219	<b>BØ Kjersti</b> Strindheim IL	<b>NOR</b> 1987							
37	3425220	<b>HANSEN Nina Niskanen</b> Vadsø Skiklubb	<b>NOR</b> 1988	28:22.5 49	36.4 =36					
49	1283310	<b>HANSSON Sandra</b> Rustad IL	<b>SWE</b> 1980	23:32.3 8	33.5 20					

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**NM SKI 2010**  
STOKKE  
Storås skiarena

**Kvinner 15 km K/F pursuit**  
**Resultater**

Lördag 23 JAN 2010

Starttid: 10:30  
Siste innkomst: 11:24

Rg. St.Nr.	ID	Navn Klubb	NSA Date of Birth	7.5 km C Time R.	PIT Time R.	7.5 km F Time R.	Mal Tid	Bak	FIS Punkte
<b>Ikke startet</b>									
8	1355769	<b>STEMLAND Kristin Mürer</b> Byåsen IL	<b>NOR</b> 1981						
17	3425499	<b>WENG Heidi</b> Driv IL / Team Synnfjell	<b>NOR</b> 1991						
28	3425396	<b>EIDE Ida</b> Øystre Slidre IL	<b>NOR</b> 1988						
33	3425483	<b>HAGEN Martine Ek</b> Driv IL / Team Synnfjell	<b>NOR</b> 1991						
43	3425395	<b>NYGAARD Martine Fossem</b> Asker Skiklubb	<b>NOR</b> 1988						
45	3425440	<b>HUSEBY Ann-Karin</b> Harestua IL / Team Hadeland	<b>NOR</b> 1987						
55	3425439	<b>BRATLIE Solveig Tveter</b> NTNUI - Ski	<b>NOR</b> 1989						

Vaer	Sno Forhold	Temperatur		Deltakere					
		Luft	Sno	Pameld.	Rangering	DNS	DNF	DSQ	LAP
Light snow	Packed powder	-3,0°C	-2,0°C	57/2	45/1	7/1	5/2	0/0	0/0

**FORKLARING**

DNF Ikke fullført

DNS Ikke startet

?txtLPD?  
DSQ Diskvalifisert

= Samme Rang  
NSA National Ski Association

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21 - 24 Januar 2010



## NM SKI 2010

### STOKKE

### Storås skiarena

### Menn 30 km K/F pursuit

### Resultater

Lördag 23 JAN 2010

Starttid: 12:45

Siste innkomst: 14:17

Rennkomite		Löypedata	
Technical Delegate	(NOR)	Navn:	Storås - 5 km
Assistant Technical Delegate	(NOR)	Høydedifferanse:	48 m
Assistant Technical Delegate	(NOR)	Lengste stigning:	39 m
Chief of Competition	(NOR)	Total Stigning:	1218 m
Chief of Course	(NOR)	Lengde på Löypa:	5200 m
		Runder:	3 / 3

Rg.	St.Nr.	ID	Navn Klubb	NSA Date of Birth	15.0 km C Time R.	PIT Time R.	15.0 km F Time R.	Mal Tid	Bak	FIS Punkte
1	4	3420023	<b>GJERDALEN Tord Asle</b> Holeværingen, IL	NOR 1983	38:49.9 7	27.5 4	37:51.0 12	<b>1:17:08.4</b>	0.0	15.00
2	2	3420228	<b>JOHNSRUD SUNDBY Martin</b> Røa IL	NOR 1984	38:46.6 1	29.5 21	37:56.6 16	<b>1:17:12.7</b>	+4.3	16.30
3	5	1230930	<b>SVARTEDAL Jens Arne</b> Trøsken IL / Team Xtra-personell	NOR 1976	38:49.0 6	26.6 2	37:58.2 17	<b>1:17:13.8</b>	+5.4	16.63
4	10	1059725	<b>AUKLAND Anders</b> Oseberg Skilag / Team Xtra-personell	NOR 1972	38:48.8 5	35.9 86	37:53.3 13	<b>1:17:18.0</b>	+9.6	17.90
5	3	3420036	<b>RØNNING Eldar</b> Skogn IL	NOR 1982	38:47.9 4	29.2 =14	38:02.8 20	<b>1:17:19.9</b>	+11.5	18.48
6	8	1059822	<b>HJELMESET Odd-Bjørn</b> Fjellhug / Vereide - Hyen skiklubb	NOR 1971	38:47.3 2	31.9 =49	38:11.0 21	<b>1:17:30.2</b>	+21.8	21.59
7	18	3420317	<b>RENNEMO Kristian Tettli</b> Leksvik IL / Team Trøndelag	NOR 1984	40:00.7 10	28.4 8	37:01.8 1	<b>1:17:30.9</b>	+22.5	21.81
8	21	3420605	<b>RØTHE Sjur</b> Voss IL / Team Manpower	NOR 1988	40:02.3 14	27.3 3	37:02.1 2	<b>1:17:31.7</b>	+23.3	22.05
9	19	3420199	<b>ØSTENSEN Simen</b> Fossum IF	NOR 1984	38:47.5 3	29.4 20	38:15.5 23	<b>1:17:32.4</b>	+24.0	22.26
10	20	3420577	<b>DYRHAUG Niklas</b> Tydal IL / Team Trøndelag	NOR 1987	40:01.2 =11	27.7 =5	37:07.2 3	<b>1:17:36.1</b>	+27.7	23.38
11	17	3420084	<b>POST Arne</b> Kjelsås IL - ski / Team Hovden	NOR 1983	40:01.2 =11	26.5 1	37:08.8 4	<b>1:17:36.5</b>	+28.1	23.50
12	13	3420280	<b>ELIASSEN Petter</b> Byåsen IL / Team Trøndelag	NOR 1985	39:53.0 8	29.6 22	37:16.6 6	<b>1:17:39.2</b>	+30.8	24.32
13	9	1262358	<b>AASEN OUREN Geir Ludvig</b> Oddersjaa SSK	NOR 1974	40:03.2 15	27.7 =5	37:10.4 5	<b>1:17:41.3</b>	+32.9	24.95
14	22	3420291	<b>OLSEN Eirik Kurland</b> IL ROS / Team Manpower	NOR 1987	39:53.7 9	30.2 26	37:24.2 7	<b>1:17:48.1</b>	+39.7	27.01
15	42	3420672	<b>SVEEN Simen Andreas</b> Ring IL / Team Hedmark-Oppland	NOR 1988	40:37.0 21	30.5 =31	37:46.2 11	<b>1:18:53.7</b>	+1:45.3	46.85
16	36	3420421	<b>HELGESTAD Daniel Myrmæl</b> Byåsen IL	NOR 1987	40:40.5 22	30.6 =33	37:42.7 9	<b>1:18:53.8</b>	+1:45.4	46.88
17	39	3420195	<b>MYRLAND Anders</b> Skogn IL	NOR 1983	40:02.1 13	32.1 =54	38:35.3 25	<b>1:19:09.5</b>	+2:01.1	51.63

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## NM SKI 2010

### STOKKE

### Storås skiarena

### Menn 30 km K/F pursuit

### Resultater

Lördag 23 JAN 2010

Starttid: 12:45

Siste innkomst: 14:17

Rg.	St.Nr.	ID	Navn Klubb	NSA Date of Birth	15.0 km C Time R.	PIT Time R.	15.0 km F Time R.	Mal Tid	Bak	FIS Punkte
18	26	3420852	<b>VESTBØ Thomas</b> Vindafjord IL / Team Hovden	NOR 1988	41:09.7 34	39.8 92	37:38.5 8	<b>1:19:28.0</b>	+2:19.6	57.23
19	47	3420242	<b>MARKSET Kjell-Christian</b> Koll IL / Team Oso Hotwater	NOR 1985	40:59.3 24	33.9 68	37:55.0 14	<b>1:19:28.2</b>	+2:19.8	57.29
20	25	3420007	<b>HORNTVEDT Kristian</b> Stokke IL	NOR 1982	41:15.1 36	30.7 =35	37:44.6 10	<b>1:19:30.4</b>	+2:22.0	57.95
21	55	3420022	<b>CHRISTIANSEN Erling A N</b> Koll IL / Team Oso Hotwater	NOR 1982	41:04.1 32	31.6 =44	37:56.0 15	<b>1:19:31.7</b>	+2:23.3	58.35
22	30	1262455	<b>ANDRESEN Jan Egil</b> Hamar Skiklubb / Team Hedmark-Oppland	NOR 1978	41:00.8 26	29.8 23	38:02.4 19	<b>1:19:33.0</b>	+2:24.6	58.74
23	31	3420614	<b>NYGÅRD Per Kristian</b> Vestre Spone IF	NOR 1987	40:27.3 17	28.7 =9	38:37.4 26	<b>1:19:33.4</b>	+2:25.0	58.86
24	46	3420580	<b>FREMO Thomas</b> Leksvik IL	NOR 1987	41:00.2 25	32.4 59	38:01.4 18	<b>1:19:34.0</b>	+2:25.6	59.04
25	50	3420530	<b>HAMMER Martin</b> Steinkjer Skiklubb	NOR 1986	41:01.3 27	29.3 =16	38:14.5 22	<b>1:19:45.1</b>	+2:36.7	62.40
26	14	3420005	<b>GAUSTAD John Anders</b> Hamar Skiklubb / Team Hedmark-Oppland	NOR 1980	41:02.6 28	31.9 =49	38:23.6 24	<b>1:19:58.1</b>	+2:49.7	66.33
27	12	3420002	<b>DAHL John Kristian</b> Strindheim IL	NOR 1981	40:04.0 16	28.7 =9	39:43.2 40	<b>1:20:15.9</b>	+3:07.5	71.72
28	23	3420468	<b>EINARSSON Snorri Eythor</b> Tromsø Skiklubb Langrenn	NOR 1986	41:03.2 30	31.9 =49	38:41.5 27	<b>1:20:16.6</b>	+3:08.2	71.93
29	38	3420458	<b>PEDERSEN Morten Eide</b> Lillehammer Skiklub	NOR 1987	40:36.6 20	31.0 40	39:22.8 32	<b>1:20:30.4</b>	+3:22.0	76.10
30	56	3420232	<b>BRAATHEN Kristian</b> Høybråten og Stovner IL	NOR 1985	40:58.9 23	30.9 =38	39:01.6 29	<b>1:20:31.4</b>	+3:23.0	76.40
31	57	3420641	<b>BRAATHEN Jørgen</b> Høybråten og Stovner IL / Team NTNU	NOR 1987	41:10.7 35	29.3 =16	38:55.1 28	<b>1:20:35.1</b>	+3:26.7	77.52
32	93	3421289	<b>MIKALSEN Håkon</b> Nordreisa IL	NOR 1990	40:35.9 19	28.9 13	39:52.6 41	<b>1:20:57.4</b>	+3:49.0	84.27
33	40	1368767	<b>SINNES Svein Tore</b> Tonstad IL	NOR 1979	41:03.0 29	31.6 =44	39:27.9 34	<b>1:21:02.5</b>	+3:54.1	85.81
34	33	3420179	<b>KRISTOFFERSEN Inge</b> Vind IL / Gjøvik/Toten Langrenn	NOR 1983	40:34.1 18	31.2 =41	40:10.7 47	<b>1:21:16.0</b>	+4:07.6	89.89
35	63	3420756	<b>ANSNES Ronny Fredrik</b> Klæbu IL	NOR 1989	41:22.2 38	29.2 =14	39:36.4 36	<b>1:21:27.8</b>	+4:19.4	93.46
36	45	3420385	<b>JENSEN Vegar Hattestad</b> Ørje IL / Team Hovden	NOR 1986	41:41.0 45	31.8 48	39:21.2 31	<b>1:21:34.0</b>	+4:25.6	95.34
37	35	3420855	<b>ULSUND Einar A</b> Byåsen IL / Team NTNU	NOR 1988	41:30.8 39	30.3 =27	39:37.5 38	<b>1:21:38.6</b>	+4:30.2	96.73

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## NM SKI 2010

### STOKKE

### Storås skiarena

### Menn 30 km K/F pursuit

### Resultater

Lördag 23 JAN 2010

Starttid: 12:45

Siste innkomst: 14:17

Rg.	St.Nr.	ID	Navn Klubb	NSA Date of Birth	15.0 km C Time R.	PIT Time R.	15.0 km F Time R.	Mal Tid	Bak	FIS Punkte
38	58	3420196	<b>MYTHE Per Øyvind</b> Hemsedal IL	NOR 1984	41:32.2 41	30.3 =27	39:36.8 37	<b>1:21:39.3</b>	+4:30.9	96.94
39	71	3421013	<b>BROVOLD Erik Bergfall</b> Tynset IF	NOR 1991	41:42.6 47	34.1 =71	39:32.4 35	<b>1:21:49.1</b>	+4:40.7	99.91
40	43	3420800	<b>ØSTBERG Eivind Flugstad</b> Gjøvik Skiklubb / Gjøvik/Toten Langrenn	NOR 1988	42:02.7 50	34.4 77	39:26.4 33	<b>1:22:03.5</b>	+4:55.1	104.26
41	54	3420365	<b>BRANDSDAL Eirik</b> Kjelsås IL - ski / Team Manpower	NOR 1986	41:35.7 43	32.5 =60	40:03.2 45	<b>1:22:11.4</b>	+5:03.0	106.65
42	16	3420822	<b>BACH Ole-Marius</b> Byåsen IL / Team Trøndelag	NOR 1988	41:31.6 40	30.7 =35	40:13.8 50	<b>1:22:16.1</b>	+5:07.7	108.07
43	62	3420785	<b>KNUDTZON Nicolas Brun</b> Njård / Team Sector Alarm	NOR 1989	41:36.2 44	30.5 =31	40:09.9 46	<b>1:22:16.6</b>	+5:08.2	108.22
44	108	3420200	<b>ØSTLIEN Espen</b> Raufoss IL / Gjøvik/Toten Langrenn	NOR 1982	41:42.4 46	32.8 =64	40:01.7 =43	<b>1:22:16.9</b>	+5:08.5	108.32
45	48	3420460	<b>RENNEMO Anders Tettli</b> Leksvik IL	NOR 1988	41:33.7 42	29.9 =24	40:18.2 52	<b>1:22:21.8</b>	+5:13.4	109.80
46	44	3420192	<b>MOE Ola Erik Heen</b> Gjerdrum IL - Ski	NOR 1984	41:06.2 33	32.5 =60	40:50.4 60	<b>1:22:29.1</b>	+5:20.7	112.01
47	29	3420159	<b>DAMMEN Kjetil Hagtvedt</b> Rustad IL	NOR 1983	43:01.9 =67	28.3 7	39:07.4 30	<b>1:22:37.6</b>	+5:29.2	114.58
48	80	3420827	<b>HYTTEHAUG Lars</b> Budal IL	NOR 1988	42:31.7 55	28.7 =9	39:39.1 39	<b>1:22:39.5</b>	+5:31.1	115.15
49	69	3420685	<b>HALLÉN Stian</b> Kjelsås IL - ski / Team Manpower	NOR 1989	41:03.7 31	29.9 =24	41:12.2 64	<b>1:22:45.8</b>	+5:37.4	117.06
50	59	3420922	<b>THYLI Vetle</b> Raufoss IL / Gjøvik/Toten Langrenn	NOR 1989	42:21.0 54	28.8 12	40:18.7 53	<b>1:23:08.5</b>	+6:00.1	123.92
51	37	3420075	<b>KOLSTAD Jonas Austmo</b> Henning Skilag	NOR 1982	41:57.2 49	29.3 =16	40:42.3 57	<b>1:23:08.8</b>	+6:00.4	124.01
52	34	3420085	<b>LAUGALAND Audun</b> Hjelmeland IL / Team United Bakeries	NOR 1981	42:08.2 51	31.4 43	40:52.4 61	<b>1:23:32.0</b>	+6:23.6	131.03
53	64	3420739	<b>HOFF Sindre</b> Gauler IL	NOR 1983	42:18.4 =52	32.5 =60	40:49.6 59	<b>1:23:40.5</b>	+6:32.1	133.60
54	109	3420630	<b>BOTNEN André</b> Røldal IL	NOR 1987	42:34.3 60	34.9 81	40:33.6 54	<b>1:23:42.8</b>	+6:34.4	134.30
55	94	3420644	<b>MARKSET Trygve</b> Koll IL / Team Oso Hotwater	NOR 1989	42:54.0 64	31.6 =44	40:18.0 51	<b>1:23:43.6</b>	+6:35.2	134.54
56	66	3421009	<b>PAULSEN Steffen Sæterhagen</b> Rustad IL	NOR 1985	43:07.7 71	35.0 82	40:01.7 =43	<b>1:23:44.4</b>	+6:36.0	134.78
57	70	3420211	<b>STOKKE Sindre</b> Stokke IL	NOR 1985	43:03.0 69	30.6 =33	40:13.6 49	<b>1:23:47.2</b>	+6:38.8	135.63

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## NM SKI 2010

### STOKKE

### Storås skiarena

### Menn 30 km K/F pursuit

### Resultater

Lördag 23 JAN 2010

Starttid: 12:45

Siste innkomst: 14:17

Rg.	St.Nr.	ID	Navn Klubb	NSA Date of Birth	15.0 km C Time R.	PIT Time R.	15.0 km F Time R.	Mal Tid	Bak	FIS Punkte
58	98	3420784	<b>KLEMOEN Eivind</b> Torpa SKI / Team Synnfjell	NOR 1990	42:34.1 =58	34.7 80	40:40.4 55	<b>1:23:49.2</b>	+6:40.8	136.23
59	97	3421034	<b>OLDERVOLL Sondre</b> Byåsen IL	NOR 1991	42:32.5 56	38.1 89	40:41.5 56	<b>1:23:52.1</b>	+6:43.7	137.11
60	78	3421011	<b>MOHOLT Magnus</b> Ålen IL	NOR 1990	42:35.7 =61	34.2 =73	40:57.6 62	<b>1:24:07.5</b>	+6:59.1	141.77
61	52	3420354	<b>PETTERSEN Morten Harjo</b> Vadsø Skiklubb	NOR 1987	41:46.9 48	41.9 93	41:39.2 68	<b>1:24:08.0</b>	+6:59.6	141.92
62	77	3420457	<b>AALAND Reinar</b> Mesnali Skilag / Team Sjusjøen	NOR 1986	42:34.1 =58	32.8 =64	41:10.0 63	<b>1:24:16.9</b>	+7:08.5	144.61
63	51	3420432	<b>FJELD Øyvind Moen</b> Kjelsås IL - ski / Team NTNU	NOR 1988	42:18.4 =52	29.3 =16	41:37.2 67	<b>1:24:24.9</b>	+7:16.5	147.03
64	92	3420977	<b>DAHL Svein Halvor</b> IL Skarphedin / Team Hovden	NOR 1989	43:06.9 70	33.5 66	40:48.6 58	<b>1:24:29.0</b>	+7:20.6	148.27
65	84	3420999	<b>HAMMER Kristian Riseth</b> Byåsen IL	NOR 1989	42:33.6 57	31.2 =41	41:44.0 69	<b>1:24:48.8</b>	+7:40.4	154.26
66	76	3420037	<b>SANDBAKK Sindre</b> NTNUI - Ski	NOR 1981	42:59.6 66	34.2 =73	41:24.7 66	<b>1:24:58.5</b>	+7:50.1	157.20
67	72	3421016	<b>EGGE Vegard Kjøs</b> Lillehammer Skiklub	NOR 1988	44:23.0 81	34.0 =69	40:11.7 48	<b>1:25:08.7</b>	+8:00.3	160.28
68	65	3420553	<b>MÆHLUM Nils Einar</b> Brøttum IL / Team Sjusjøen	NOR 1985	43:28.5 75	32.5 =60	41:21.6 65	<b>1:25:22.6</b>	+8:14.2	164.49
69	100	3420939	<b>HØYDAHL Sigve Fredrik</b> Bærum's Verk IF	NOR 1989	43:08.6 72	32.0 =52	41:59.9 70	<b>1:25:40.5</b>	+8:32.1	169.90
70	61	3420193	<b>MOSLET Kristoffer Robin</b> Stokke IL	NOR 1986	42:45.5 63	30.4 30	42:36.4 74	<b>1:25:52.3</b>	+8:43.9	173.47
71	32	3420487	<b>ODSÆTER Lars Vingli</b> Lillehammer Skiklub / Team NTNU	NOR 1986	41:18.0 37	32.3 =57	44:19.3 85	<b>1:26:09.6</b>	+9:01.2	178.70
72	112	3420942	<b>WELTZIEN Espen Hultgreen</b> Kjelsås IL - ski	NOR 1989	43:01.9 =67	33.8 67	42:34.4 73	<b>1:26:10.1</b>	+9:01.7	178.85
73	68	3420478	<b>TOFTEGAARD Lars A.</b> Brøttum IL / Team Sjusjøen	NOR 1985	42:58.7 65	34.1 =71	43:00.7 78	<b>1:26:33.5</b>	+9:25.1	185.93
74	110	3420615	<b>NYGAARD Bjørn Thomas</b> Alta IF	NOR 1987	46:12.7 93	36.2 87	39:59.9 42	<b>1:26:48.8</b>	+9:40.4	190.56
75	91	3420292	<b>SÆTRE Erlend Skippervik</b> IL Forsøk	NOR 1985	43:22.9 74	32.1 =54	43:12.9 79	<b>1:27:07.9</b>	+9:59.5	196.34
76	104	3420758	<b>BÆKKEN Simen</b> Strindheim IL	NOR 1988	44:13.0 78	35.2 84	42:25.4 72	<b>1:27:13.6</b>	+10:05.2	198.06
77	96	3421549	<b>RØE Åsmund Treu</b> Fossum IF	NOR 1991	44:23.9 82	30.8 37	42:19.0 71	<b>1:27:13.7</b>	+10:05.3	198.09

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## NM SKI 2010

### STOKKE

### Storås skiarena

### Menn 30 km K/F pursuit

### Resultater

Lördag 23 JAN 2010

Starttid: 12:45

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Rg.	St.Nr.	ID	Navn Klubb	NSA Date of Birth	15.0 km C Time R.	PIT Time R.	15.0 km F Time R.	Mal Tid	Bak	FIS Punkte
78	102	3420270	<b>MORK Ole Christian</b> Lillehammer Skiklub	NOR 1985	43:10.8 73	34.2 =73	43:45.8 82	<b>1:27:30.8</b>	+10:22.4	203.26
79	74	3420032	<b>LUNDE Daniel</b> Harestua IL / Team Hadeland	NOR 1981	44:21.9 80	34.0 =69	42:49.7 76	<b>1:27:45.6</b>	+10:37.2	207.74
80	113	3421007	<b>BERG Even Langseth</b> Grue IL	NOR 1989	44:27.6 83	30.9 =38	42:51.6 77	<b>1:27:50.1</b>	+10:41.7	209.10
81	103	3420550	<b>KAAS Sverre Waaler</b> Heming, IL	NOR 1985	44:51.5 87	35.1 83	42:39.7 75	<b>1:28:06.3</b>	+10:57.9	214.00
82	67	3420596	<b>MIKKELSEN Espen</b> Vadsø Skiklubb	NOR 1988	44:18.5 79	30.3 =27	43:47.5 83	<b>1:28:36.3</b>	+11:27.9	223.08
83	107	3420589	<b>JELSTAD Stian Stærkeby</b> Vikersund IF	NOR 1988	44:29.3 84	32.3 =57	43:39.3 81	<b>1:28:40.9</b>	+11:32.5	224.47
84	111	3420650	<b>SÆLE Eirik Dimmen</b> Lillehammer Skiklub	NOR 1989	44:39.7 85	35.3 85	43:39.0 80	<b>1:28:54.0</b>	+11:45.6	228.43
85	82	3421270	<b>WICKSTRØM Jørgen</b> Vadsø Skiklubb	NOR 1985	44:05.3 77	34.2 =73	44:27.8 86	<b>1:29:07.3</b>	+11:58.9	232.45
86	101	3420654	<b>GULLHAV Anders Nordby</b> NTNUI - Ski	NOR 1987	44:50.7 86	34.6 =78	43:56.9 84	<b>1:29:22.2</b>	+12:13.8	236.96
87	81	3420762	<b>BØRSHEIM Torjus</b> Ulvik IL	NOR 1988	45:28.0 90	42.0 94	44:51.4 87	<b>1:31:01.4</b>	+13:53.0	266.97
88	106	3420030	<b>KORSMO Frode</b> Moelven IL / Team Sjusjøen	NOR 1980	44:52.7 88	38.4 90	46:06.1 90	<b>1:31:37.2</b>	+14:28.8	277.79
89	115	3420619	<b>EINVIK Kenneth Helgesen</b> Alta IF	NOR 1989	46:18.6 95	31.6 =44	45:22.1 88	<b>1:32:12.3</b>	+15:03.9	288.41
90	105	3420293	<b>STEEN Tobias Vik</b> Bækkelaget SK	NOR 1987	46:11.1 92	42.7 95	45:52.9 89	<b>1:32:46.7</b>	+15:38.3	298.82

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**NM SKI 2010**  
STOKKE  
Storås skiarena

**Menn 30 km K/F pursuit**  
**Resultater**

Lördag 23 JAN 2010

Starttid: 12:45  
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Rg. St.Nr.	ID	Navn Klubb	NSA Date of Birth	15.0 km C Time R.	PIT Time R.	15.0 km F Time R.	Mal Tid	Bak	FIS Punkte
<b>Ikke fullført</b>									
27	3420009	<b>JESPERSEN Chris André</b> Byåsen IL / Team Manpower	<b>NOR</b> 1983						
28	3420299	<b>LYKKJA Hans Petter</b> Dalguten IL / Team Trøndelag	<b>NOR</b> 1984						
49	3420631	<b>ANDERSEN Martin</b> Engerdal SP.kl. / Team Norgeshus	<b>NOR</b> 1987						
53	3420759	<b>BERDAL Tore Bjørseth</b> Byåsen IL / Team NTNU	<b>NOR</b> 1988						
60	3420799	<b>ØDEGÅRD Rune Malo</b> Molde og Omegn IF - Ski	<b>NOR</b> 1989						
73	3420955	<b>THYGESEN Torgeir Skare</b> IL Korlevoll / Team Hovden	<b>NOR</b> 1989	43:42.7	76	38.7	91		
79	3420842	<b>SÆTHER Jonas</b> Henning Skilag	<b>NOR</b> 1988						
83	3420313	<b>SVINGHEIM Magnus</b> Jevnaker Idrettsforening Ski / Team Hadeland	<b>NOR</b> 1984	42:35.7	=61	32.1	=54		
85	3420585	<b>HILMO Jo Vegard</b> Tydal IL	<b>NOR</b> 1987						
86	3420294	<b>SVINSÅS Morten</b> IK Rindals-Troll	<b>NOR</b> 1984	45:21.1	89	37.9	88		
89	3420378	<b>HÅPNES Mats</b> Alta IF	<b>NOR</b> 1987	46:17.5	94	32.0	=52		
114	3420947	<b>OLSEN Matias</b> Bardu IL	<b>NOR</b> 1989	45:58.7	91	34.6	=78		

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**NM SKI 2010**  
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**Menn 30 km K/F pursuit**  
**Resultater**

Lördag 23 JAN 2010

Starttid: 12:45  
Siste innkomst: 14:17

Rg. St.Nr.	ID	Navn Klubb	NSA Date of Birth	15.0 km C Time R.	PIT Time R.	15.0 km F Time R.	Mal Tid	Bak	FIS Punkte
<b>Ikke startet</b>									
1	3420239	<b>NORTHUG JR Petter</b> Strindheim IL	<b>NOR</b> 1986						
6	1356545	<b>DJUPVIK Roger Aa</b> Fjellhug / Vereide - Hyen skiklubb	<b>NOR</b> 1981						
7	3420283	<b>HAFSÅS Ronny</b> Stårheim IL	<b>NOR</b> 1985						
11	3420160	<b>EILIFSEN Morten</b> Henning Skilag	<b>NOR</b> 1984						
15	1306493	<b>BJERKE Espen Harald</b> Lillehammer Skiklub	<b>NOR</b> 1980						
24	3420089	<b>PETTERSEN Øystein</b> Lillomarka Skiklubb	<b>NOR</b> 1983						
41	3420417	<b>BERGE Harald</b> Byåsen IL	<b>NOR</b> 1988						
75	3420617	<b>SOLÅS Lars Andreas</b> Alta IF	<b>NOR</b> 1988						
87	3421010	<b>KORSNES Runar</b> Emblem IL	<b>NOR</b> 1989						
88	3421446	<b>BROVOLD Henrik</b> Byåsen IL	<b>NOR</b> 1988						
90	3420184	<b>LITLERÉ Lars</b> Byåsen IL / Team NTNU	<b>NOR</b> 1984						
95	3420987	<b>GODØ Vegard</b> Emblem IL	<b>NOR</b> 1988						
99	3421590	<b>PRESTSÆTER Sjur</b> Lillehammer Skiklub	<b>NOR</b> 1990						

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**Menn 30 km K/F pursuit**  
**Resultater**

Lördag 23 JAN 2010

Starttid: 12:45  
Siste innkomst: 14:17

Vaer	Sno Forhold	Temperatur		Deltakere					
		Luft	Sno	Pameld.	Rangering	DNS	DNF	DSQ	LAP
Mostly cloudy	Packed powder	-3,0°C	-2,0°C	115/1	90/1	13/1	12/1	0/0	0/0

**FORKLARING**

**DNF** Ikke fullført

**DNS** Ikke startet

?txtLPD?  
**DSQ** Diskvalifisert

= Samme Rang  
**NSA** National Ski Association

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**NM SKI 2010**  
**STOKKE**  
**Storås skiarena**

**Kvinner 3 x 5 km K/F Stafett**  
**Resultater**

Søndag 24 JAN 2010

Starttid: 10:50

Siste innkomst: 11:43

Rennkomite				Løypedata					
Technical Delegate	DAHLEN Barbro Tomter (NOR)			Navn:	Storås - 5 km				
Assistant Technical Delegate	BJERKE Ole (NOR)			Høydifferanse:	48 m				
Assistant Technical Delegate	JONHAUGEN Espen (NOR)			Lengste stigning:	39 m				
Chief of Competition	KNOTTEN Jon Olav (NOR)			Total Stigning:	3 x 203 m				
Chief of Course	OPSTAD Jon Arne (NOR)			Lengde på Løypa:	5200 m				
				Runder:	3				

  

Rg.	St.Nr.	Startnummer	Navn	Krets	Etappe Tid	Etappe Rg.	Etappe Bak	Team Tid	Team Rg.	Bak
<b>1</b>	<b>1</b>	<b>IL HEMING 1</b>		<b>Oslo</b>				<b>41:28.3</b>		
	1-1	r / c	HANSEN Marte Monrad		13:44.6	6	+18.9	13:44.6	6	+18.9
	1-2	g / f	TOFTDAHL STAVER Tuva		14:32.7	3	+30.3	28:17.3	5	+19.0
	1-3	y / f	JACOBSEN Astrid Uhrenholdt		13:11.0	1	0.0	41:28.3	1	0.0
<b>2</b>	<b>3</b>	<b>HENNING SKILAG - SKI</b>		<b>Nord-Trøndelag</b>				<b>41:28.4</b>		<b>+0.1</b>
	3-1	r / c	GJEITNES Kari Vikhagen		13:56.3	12	+30.6	13:56.3	12	+30.6
	3-2	g / f	BJELLÅNES Karianne Gåsland		14:17.4	2	+15.0	28:13.7	4	+15.4
	3-3	y / f	ELDEN Marte		13:14.7	2	+3.7	41:28.4	2	+0.1
<b>3</b>	<b>2</b>	<b>NJÅRD 1</b>		<b>Oslo</b>				<b>42:05.1</b>		<b>+36.8</b>
	2-1	r / c	BRUN-LIE Celine		13:26.1	2	+0.4	13:26.1	2	+0.4
	2-2	g / f	NYDAL Britt Ingunn		14:37.7	4	+35.3	28:03.8	2	+5.5
	2-3	y / f	MARKSET Anne-Tine		14:01.3	7	+50.3	42:05.1	3	+36.8
<b>4</b>	<b>5</b>	<b>IL VARDEN - SKI</b>		<b>Nord-Trøndelag</b>				<b>42:06.3</b>		<b>+38.0</b>
	5-1	r / c	HETLAND Guri		13:55.9	11	+30.2	13:55.9	11	+30.2
	5-2	g / f	KRISTOFFERSEN Marthe		14:02.4	1	0.0	27:58.3	1	0.0
	5-3	y / f	RINGEN Elise		14:08.0	10	+57.0	42:06.3	4	+38.0
<b>5</b>	<b>8</b>	<b>RUSTAD IL 1</b>		<b>Oslo</b>				<b>43:15.0</b>		<b>+1:46.7</b>
	8-1	r / c	HANSSON Sandra		13:27.9	3	+2.2	13:27.9	3	+2.2
	8-2	g / f	JENSEN Lena		14:53.9	6	+51.5	28:21.8	6	+23.5
	8-3	y / f	ANDERSEN Tove		14:53.2	23	+1:42.2	43:15.0	5	+1:46.7
<b>6</b>	<b>4</b>	<b>NYBYGDA IL</b>		<b>Hedmark</b>				<b>43:24.7</b>		<b>+1:56.4</b>
	4-1	r / c	PEDERSEN Eli Gjermundshaug		14:32.8	19	+1:07.1	14:32.8	19	+1:07.1
	4-2	g / f	PEDERSEN Ida Gjermundshaug		15:18.8	7	+1:16.4	29:51.6	11	+1:53.3
	4-3	y / f	PEDERSEN Hilde Gjermundshaug		13:33.1	3	+22.1	43:24.7	6	+1:56.4

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21 - 24 Januar 2010



**NM SKI 2010**  
STOKKE  
Storås skiarena

**Kvinner 3 x 5 km K/F Stafett**  
**Resultater**

Søndag 24 JAN 2010

Starttid: 10:50

Siste innkomst: 11:43

Rg.	St.Nr. Etappe	Startnummer Farge	Navn	Krets	Etappe Tid	Etappe Rg.	Etappe Bak	Team Tid	Team Rg.	Bak
7	6	<b>STRINDHEIM IL 1</b>		<b>Sør-Trøndelag</b>				<b>44:05.8</b>		<b>+2:37.5</b>
	6-1	r / c	BØ Kjersti		13:55.3	9	+29.6	13:55.3	9	+29.6
	6-2	g / f	ROE Magnhild		16:13.0	25	+2:10.6	30:08.3	13	+2:10.0
	6-3	y / f	REENAAS Marte		13:57.5	6	+46.5	44:05.8	7	+2:37.5
8	26	<b>ØYSTRE SLIDRE IL</b>		<b>Oppland</b>				<b>44:06.8</b>		<b>+2:38.5</b>
	26-1	r / c	EIDE Mari		13:54.2	8	+28.5	13:54.2	8	+28.5
	26-2	g / f	EIDE Ida		15:55.5	21	+1:53.1	29:49.7	10	+1:51.4
	26-3	y / f	WANGENSTEEN Maren		14:17.1	14	+1:06.1	44:06.8	8	+2:38.5
9	38	<b>BÆKKELAGETS SK - SKI</b>		<b>Oslo</b>				<b>44:15.5</b>		<b>+2:47.2</b>
	38-1	r / c	NILSEN Inger Liv Bjerkreim		14:09.3	13	+43.6	14:09.3	13	+43.6
	38-2	g / f	HAUSKEN Anne Margrethe		15:58.6	23	+1:56.2	30:07.9	12	+2:09.6
	38-3	y / f	NILSEN Betty Ann Bjerkreim		14:07.6	9	+56.6	44:15.5	9	+2:47.2
10	10	<b>IL HEMING 2</b>		<b>Oslo</b>				<b>44:20.4</b>		<b>+2:52.1</b>
	10-1	r / c	ULVESTAD Siri		14:47.6	=24	+1:21.9	14:47.6	=24	+1:21.9
	10-2	g / f	JEVNE Karianne		15:40.2	=14	+1:37.8	30:27.8	18	+2:29.5
	10-3	y / f	HORN Fanny Welle Strand		13:52.6	4	+41.6	44:20.4	10	+2:52.1
11	7	<b>HØYBRÅTEN OG STOVNER IL 1</b>		<b>Oslo</b>				<b>44:29.8</b>		<b>+3:01.5</b>
	7-1	r / c	BRAATHEN Solfrid		13:39.1	5	+13.4	13:39.1	5	+13.4
	7-2	g / f	BRAATHEN Merethe		15:40.1	13	+1:37.7	29:19.2	7	+1:20.9
	7-3	y / f	KALNÆS Maria		15:10.6	27	+1:59.6	44:29.8	11	+3:01.5
12	19	<b>GOL IL</b>		<b>Buskerud</b>				<b>44:34.3</b>		<b>+3:06.0</b>
	19-1	r / c	FLETEN Emilie		15:04.8	35	+1:39.1	15:04.8	35	+1:39.1
	19-2	g / f	JEGLEIM Rannveig		15:36.2	10	+1:33.8	30:41.0	21	+2:42.7
	19-3	y / f	JORDE Liv Birgit		13:53.3	5	+42.3	44:34.3	12	+3:06.0
13	13	<b>GJERDRUM IL - SKI 1</b>		<b>Akershus</b>				<b>44:45.8</b>		<b>+3:17.5</b>
	13-1	r / c	MOXNES Eldbjørg Dirdal		14:47.2	23	+1:21.5	14:47.2	23	+1:21.5
	13-2	g / f	BREEN Trine		15:36.7	11	+1:34.3	30:23.9	17	+2:25.6
	13-3	y / f	SANDHOLT Sina		14:21.9	15	+1:10.9	44:45.8	13	+3:17.5

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21 - 24 Januar 2010



**NM SKI 2010**  
STOKKE  
Storås skiarena

**Kvinner 3 x 5 km K/F Stafett**  
**Resultater**

Søndag 24 JAN 2010

Starttid: 10:50

Siste innkomst: 11:43

Rg.	St.Nr. Etappe	Startnummer Farge	Navn	Krets	Etappe Tid	Etappe Rg.	Etappe Bak	Team Tid	Team Rg.	Bak
14	12	<b>DRIV IL</b>		<b>Akershus</b>				<b>44:51.6</b>		<b>+3:23.3</b>
	12-1	r / c	HAGEN Martine Ek		13:55.7	10	+30.0	13:55.7	10	+30.0
	12-2	g / f	WENG Merete		15:41.8	16	+1:39.4	29:37.5	9	+1:39.2
	12-3	y / f	NÆSS Kristin Solhaug		15:14.1	31	+2:03.1	44:51.6	14	+3:23.3
15	40	<b>OVERHALLA IL - SKI</b>		<b>Nord-Trøndelag</b>				<b>45:03.7</b>		<b>+3:35.4</b>
	40-1	r / c	TYLDUM Ingri Aunet		13:25.7	1	0.0	13:25.7	1	0.0
	40-2	g / f	TYLDUM Elise Aunet		14:44.1	5	+41.7	28:09.8	3	+11.5
	40-3	y / f	AUNET Lovise Øvereng		16:53.9	55	+3:42.9	45:03.7	15	+3:35.4
16	17	<b>INDERØY IL</b>		<b>Nord-Trøndelag</b>				<b>45:24.2</b>		<b>+3:55.9</b>
	17-1	r / c	GAUSEN Kristin		13:52.4	7	+26.7	13:52.4	7	+26.7
	17-2	g / f	GAUSEN Julie		15:38.5	12	+1:36.1	29:30.9	8	+1:32.6
	17-3	y / f	GAUSEN Tonje		15:53.3	45	+2:42.3	45:24.2	16	+3:55.9
17	14	<b>KJELSÅS IL - SKI 1</b>		<b>Oslo</b>				<b>45:33.4</b>		<b>+4:05.1</b>
	14-1	r / c	BRULAND Astrid		14:59.3	31	+1:33.6	14:59.3	31	+1:33.6
	14-2	g / f	SANDBAKKEN Ellen		15:24.0	9	+1:21.6	30:23.3	16	+2:25.0
	14-3	y / f	UTNE BELSBY Anne Maren		15:10.1	26	+1:59.1	45:33.4	17	+4:05.1
18	39	<b>MJØNDALEN IF</b>		<b>Buskerud</b>				<b>45:33.6</b>		<b>+4:05.3</b>
	39-1	r / c	RYEN Linn		14:20.5	14	+54.8	14:20.5	14	+54.8
	39-2	g / f	STIE Ida Lobben		16:46.5	41	+2:44.1	31:07.0	28	+3:08.7
	39-3	y / f	THUNES Hannah		14:26.6	16	+1:15.6	45:33.6	18	+4:05.3
19	22	<b>IL NANSEN</b>		<b>Hedmark</b>				<b>45:34.2</b>		<b>+4:05.9</b>
	22-1	r / c	JOHAUG Therese		13:28.9	4	+3.2	13:28.9	4	+3.2
	22-2	g / f	SMEDÅS Hildegunn Gjeltten		16:51.4	46	+2:49.0	30:20.3	15	+2:22.0
	22-3	y / f	SMEDÅS Magni		15:13.9	30	+2:02.9	45:34.2	19	+4:05.9
20	32	<b>HARESTUA IL</b>		<b>Oppland</b>				<b>45:40.3</b>		<b>+4:12.0</b>
	32-1	r / c	LØVBRØTTE Ingrid		14:23.9	15	+58.2	14:23.9	15	+58.2
	32-2	g / f	STENSÆTER Trude		16:33.8	=34	+2:31.4	30:57.7	25	+2:59.4
	32-3	y / f	HUSEBY Ann-Karin		14:42.6	17	+1:31.6	45:40.3	20	+4:12.0

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21 - 24 Januar 2010



**NM SKI 2010**  
STOKKE  
Storås skiarena

**Kvinner 3 x 5 km K/F Stafett**  
**Resultater**

Søndag 24 JAN 2010

Starttid: 10:50

Siste innkomst: 11:43

Rg.	St.Nr. Etappe	Startnummer Farge	Navn	Krets	Etappe Tid	Etappe Rg.	Etappe Bak	Team Tid	Team Rg.	Bak
21	28	<b>LYN SKI 1</b>		<b>Oslo</b>				<b>45:41.0</b>		<b>+4:12.7</b>
	28-1	r / c	GJØMLE BERG Ella		14:32.3	18	+1:06.6	14:32.3	18	+1:06.6
	28-2	g / f	KRÜGER Inger Hegstad		15:40.2	=14	+1:37.8	30:12.5	14	+2:14.2
	28-3	y / f	KRÜGER Solveig Hegstad		15:28.5	34	+2:17.5	45:41.0	21	+4:12.7
22	16	<b>RINGKOLLEN SKIKLUBB</b>		<b>Buskerud</b>				<b>45:47.6</b>		<b>+4:19.3</b>
	16-1	r / c	AXELSEN Lene Kilsund		14:25.3	16	+59.6	14:25.3	16	+59.6
	16-2	g / f	AASHEIM Maren		16:32.6	33	+2:30.2	30:57.9	26	+2:59.6
	16-3	y / f	ANDREASSEN Gunn Margit		14:49.7	21	+1:38.7	45:47.6	22	+4:19.3
23	34	<b>OSLOSTUDENTENES IK - SKI 1</b>		<b>Oslo</b>				<b>45:52.6</b>		<b>+4:24.3</b>
	34-1	r / c	BROX Mari		14:38.3	20	+1:12.6	14:38.3	20	+1:12.6
	34-2	g / f	BRENNA Heidi Ramstad		16:26.4	29	+2:24.0	31:04.7	27	+3:06.4
	34-3	y / f	TOLAROVA Sona		14:47.9	=19	+1:36.9	45:52.6	23	+4:24.3
24	58	<b>GJERDRUM IL - SKI 2</b>		<b>Akershus</b>				<b>45:52.9</b>		<b>+4:24.6</b>
	58-1	r / c	ALNÆS Anikken Gjerde		15:01.5	34	+1:35.8	15:01.5	34	+1:35.8
	58-2	g / f	SNORTHEIM Ida Sofie		15:56.2	22	+1:53.8	30:57.7	24	+2:59.4
	58-3	y / f	SKJØLÅS Mailene		14:55.2	24	+1:44.2	45:52.9	24	+4:24.6
25	37	<b>BARDU IL 1</b>		<b>Troms</b>				<b>45:53.1</b>		<b>+4:24.8</b>
	37-1	r / c	HEIMDAL Ingrid Elise Krane		15:05.2	=36	+1:39.5	15:05.2	37	+1:39.5
	37-2	g / f	KVERNMO Kathrine		16:44.1	40	+2:41.7	31:49.3	42	+3:51.0
	37-3	y / f	DAHLEN Ida Olivia Midttun		14:03.8	8	+52.8	45:53.1	25	+4:24.8
26	30	<b>NTNUI-LANGRENN</b>		<b>Sør-Trøndelag</b>				<b>45:56.3</b>		<b>+4:28.0</b>
	30-1	r / c	DRETVIK Katrine		15:00.1	32	+1:34.4	15:00.1	32	+1:34.4
	30-2	g / f	TVETER BRATLIE Solveig		16:47.5	42	+2:45.1	31:47.6	41	+3:49.3
	30-3	y / f	GJELTEN Berit		14:08.7	11	+57.7	45:56.3	26	+4:28.0
27	24	<b>IL IVRIG</b>		<b>Telemark og Vestfold</b>				<b>45:56.5</b>		<b>+4:28.2</b>
	24-1	r / c	VERMELID Randi		15:10.7	39	+1:45.0	15:10.7	39	+1:45.0
	24-2	g / f	DAMGAARD Randi		16:35.3	37	+2:32.9	31:46.0	39	+3:47.7
	24-3	y / f	DAMGAARD Ingrid		14:10.5	12	+59.5	45:56.5	27	+4:28.2

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21 - 24 Januar 2010



**NM SKI 2010**  
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**Kvinner 3 x 5 km K/F Stafett**  
**Resultater**

Søndag 24 JAN 2010

Starttid: 10:50

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Rg.	St.Nr. Etappe	Startnummer Farge	Navn	Krets	Etappe Tid	Etappe Rg.	Etappe Bak	Team Tid	Team Rg.	Bak
28	43	<b>SØRE ÅL IL - SKI</b>		<b>Oppland</b>				<b>45:59.9</b>		<b>+4:31.6</b>
	43-1	r / c	ROGNSTAD Audhild Bakken		15:07.7	38	+1:42.0	15:07.7	38	+1:42.0
	43-2	g / f	TOKHEIM Beate Eide		16:36.9	39	+2:34.5	31:44.6	38	+3:46.3
	43-3	y / f	GURIGARD Vilde Ravnsborg		14:15.3	13	+1:04.3	45:59.9	28	+4:31.6
29	41	<b>ODDERSJAA SSK - SKI</b>		<b>Agder og Rogaland</b>				<b>46:07.2</b>		<b>+4:38.9</b>
	41-1	r / c	PEDERSEN Solveig		15:01.0	33	+1:35.3	15:01.0	33	+1:35.3
	41-2	g / f	FREDVIK Grethe		15:55.2	20	+1:52.8	30:56.2	22	+2:57.9
	41-3	y / f	NILSEN Josefine		15:11.0	28	+2:00.0	46:07.2	29	+4:38.9
30	29	<b>IL HEMING 3</b>		<b>Oslo</b>				<b>46:10.2</b>		<b>+4:41.9</b>
	29-1	r / c	MADSEN Marianne		15:11.2	40	+1:45.5	15:11.2	40	+1:45.5
	29-2	g / f	ERIKSEN Linn		15:46.0	17	+1:43.6	30:57.2	23	+2:58.9
	29-3	y / f	JULSVOLL Victoria		15:13.0	29	+2:02.0	46:10.2	30	+4:41.9
31	23	<b>STEINKJER SKIKLUBB</b>		<b>Nord-Trøndelag</b>				<b>46:11.4</b>		<b>+4:43.1</b>
	23-1	r / c	BØGSETH Hanne		14:48.1	27	+1:22.4	14:48.1	27	+1:22.4
	23-2	g / f	BØGSETH Tina		15:48.8	18	+1:46.4	30:36.9	20	+2:38.6
	23-3	y / f	FJONE Hild Riseth		15:34.5	38	+2:23.5	46:11.4	31	+4:43.1
32	18	<b>NJÅRD 2</b>		<b>Oslo</b>				<b>46:22.2</b>		<b>+4:53.9</b>
	18-1	r / c	MUREN Marit		15:16.5	44	+1:50.8	15:16.5	44	+1:50.8
	18-2	g / f	BRUN-LIE Agnes		15:19.7	8	+1:17.3	30:36.2	19	+2:37.9
	18-3	y / f	SOMMER Sylvi		15:46.0	43	+2:35.0	46:22.2	32	+4:53.9
33	42	<b>STATHELLE OG OMEGN IL</b>		<b>Telemark og Vestfold</b>				<b>46:36.1</b>		<b>+5:07.8</b>
	42-1	r / c	MÅBØ Pia Sofie		14:53.0	29	+1:27.3	14:53.0	29	+1:27.3
	42-2	g / f	SEM Marthe		16:23.4	28	+2:21.0	31:16.4	31	+3:18.1
	42-3	y / f	KRISTOFFERSEN Karen		15:19.7	33	+2:08.7	46:36.1	33	+5:07.8
34	60	<b>HØYBRÅTEN OG STOVNER IL 2</b>		<b>Oslo</b>				<b>46:36.8</b>		<b>+5:08.5</b>
	60-1	r / c	HAGEN Elise Rivenes		15:05.2	=36	+1:39.5	15:05.2	36	+1:39.5
	60-2	g / f	MOI Vilde		16:31.3	32	+2:28.9	31:36.5	37	+3:38.2
	60-3	y / f	SØRNES Elise		15:00.3	25	+1:49.3	46:36.8	34	+5:08.5

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35	21	<b>LILLEHAMMER SKIKLUB</b>		<b>Oppland</b>				<b>46:40.5</b>		<b>+5:12.2</b>
	21-1	r / c	BJØRNSGAARD Marthe		15:22.2	45	+1:56.5	15:22.2	45	+1:56.5
	21-2	g / f	UDNÆS Marthe Cecilie Roland		16:02.6	24	+2:00.2	31:24.8	34	+3:26.5
	21-3	y / f	SKAARSETH Stine		15:15.7	32	+2:04.7	46:40.5	35	+5:12.2
36	15	<b>FOSSUM IF</b>		<b>Akershus</b>				<b>46:50.4</b>		<b>+5:22.1</b>
	15-1	r / c	BRULAND Synnøve		14:46.5	22	+1:20.8	14:46.5	22	+1:20.8
	15-2	g / f	IRGENS Malin		16:33.8	=34	+2:31.4	31:20.3	33	+3:22.0
	15-3	y / f	RØE Ingeborg Treu		15:30.1	35	+2:19.1	46:50.4	36	+5:22.1
37	27	<b>VIND IL</b>		<b>Oppland</b>				<b>47:06.9</b>		<b>+5:38.6</b>
	27-1	r / c	TORGENSEN Kristine K.		14:49.7	28	+1:24.0	14:49.7	28	+1:24.0
	27-2	g / f	HVALBYE Inger Pernille		16:35.6	38	+2:33.2	31:25.3	35	+3:27.0
	27-3	y / f	BRATLIEN Marianne Belboe		15:41.6	39	+2:30.6	47:06.9	37	+5:38.6
38	31	<b>ASKER SKIKLUBB</b>		<b>Akershus</b>				<b>47:17.1</b>		<b>+5:48.8</b>
	31-1	r / c	ANDERSEN Aurora Solbakk		15:54.8	50	+2:29.1	15:54.8	50	+2:29.1
	31-2	g / f	NYGAARD Martine Fossem		16:35.1	36	+2:32.7	32:29.9	48	+4:31.6
	31-3	y / f	ANDERSEN Rikke Hald		14:47.2	18	+1:36.2	47:17.1	38	+5:48.8
39	51	<b>IL RUNAR</b>		<b>Telemark og Vestfold</b>				<b>47:17.4</b>		<b>+5:49.1</b>
	51-1	r / c	ASPRUSTEN Marie		14:54.1	30	+1:28.4	14:54.1	30	+1:28.4
	51-2	g / f	KRISTOFFERSEN Ann Kristin Tverås		16:20.1	26	+2:17.7	31:14.2	29	+3:15.9
	51-3	y / f	JENSEN Marte		16:03.2	47	+2:52.2	47:17.4	39	+5:49.1
40	20	<b>STRINDHEIM IL 2</b>		<b>Sør-Trøndelag</b>				<b>47:19.9</b>		<b>+5:51.6</b>
	20-1	r / c	ALMELAND Silje Kreken		15:25.1	46	+1:59.4	15:25.1	46	+1:59.4
	20-2	g / f	LORVIK Ingrid		16:21.1	27	+2:18.7	31:46.2	40	+3:47.9
	20-3	y / f	SKJÆRLI Ragnhild		15:33.7	37	+2:22.7	47:19.9	40	+5:51.6
41	9	<b>RUSTAD IL 2</b>		<b>Oslo</b>				<b>47:20.3</b>		<b>+5:52.0</b>
	9-1	r / c	SOLVOLL Oda		16:01.3	51	+2:35.6	16:01.3	51	+2:35.6
	9-2	g / f	TVEITA Elise		16:28.0	30	+2:25.6	32:29.3	47	+4:31.0
	9-3	y / f	HAUGEN Stine		14:51.0	22	+1:40.0	47:20.3	41	+5:52.0

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21 - 24 Januar 2010



**NM SKI 2010**  
**STOKKE**  
**Storås skiarena**

**Kvinner 3 x 5 km K/F Stafett**  
**Resultater**

Søndag 24 JAN 2010

Starttid: 10:50

Siste innkomst: 11:43

Rg.	St.Nr. Etappe	Startnummer Farge	Navn	Krets	Etappe Tid	Etappe Rg.	Etappe Bak	Team Tid	Team Rg.	Bak
42	44	<b>ØVERBYGD IL</b>		<b>Troms</b>				<b>47:33.9</b>		<b>+6:05.6</b>
	44-1	r / c	MYRSETH Merete		14:47.6	=24	+1:21.9	14:47.6	=24	+1:21.9
	44-2	g / f	DAHLKVIST Siren Ingeborg		16:28.5	31	+2:26.1	31:16.1	30	+3:17.8
	44-3	y / f	MYRSETH Emma		16:17.8	50	+3:06.8	47:33.9	42	+6:05.6
43	61	<b>BARDU IL 2</b>		<b>Troms</b>				<b>47:50.8</b>		<b>+6:22.5</b>
	61-1	r / c	HEIMDAL Eline		15:11.7	41	+1:46.0	15:11.7	41	+1:46.0
	61-2	g / f	HEIMDAL Line Elise		17:08.6	49	+3:06.2	32:20.3	44	+4:22.0
	61-3	y / f	HEIMDAL Lovise		15:30.5	36	+2:19.5	47:50.8	43	+6:22.5
44	54	<b>VANG SKILØPERFORENING</b>		<b>Hedmark</b>				<b>48:02.6</b>		<b>+6:34.3</b>
	54-1	r / c	KARSET Ragnhild M. Hafsahl		14:28.3	17	+1:02.6	14:28.3	17	+1:02.6
	54-2	g / f	NORDLI Marte		16:51.3	45	+2:48.9	31:19.6	32	+3:21.3
	54-3	y / f	STENSETH Marianne		16:43.0	54	+3:32.0	48:02.6	44	+6:34.3
45	48	<b>IL BEVER'N</b>		<b>Buskerud</b>				<b>48:17.2</b>		<b>+6:48.9</b>
	48-1	r / c	MYHRE Ingjerd		15:34.1	48	+2:08.4	15:34.1	48	+2:08.4
	48-2	g / f	DRAGE Eline		16:51.0	44	+2:48.6	32:25.1	45	+4:26.8
	48-3	y / f	MYRVOLLEN Mari		15:52.1	44	+2:41.1	48:17.2	45	+6:48.9
46	52	<b>LYN SKI 2</b>		<b>Oslo</b>				<b>48:33.7</b>		<b>+7:05.4</b>
	52-1	r / c	KARLSENG Agnes		15:31.5	47	+2:05.8	15:31.5	47	+2:05.8
	52-2	g / f	BERGENDAHL Mari		16:57.6	47	+2:55.2	32:29.1	46	+4:30.8
	52-3	y / f	MYHRE Synne		16:04.6	48	+2:53.6	48:33.7	46	+7:05.4
47	35	<b>ALTA IF</b>		<b>Finnmark</b>				<b>49:09.6</b>		<b>+7:41.3</b>
	35-1	r / c	KRISTOFFERSEN Emilie		14:47.8	26	+1:22.1	14:47.8	26	+1:22.1
	35-2	g / f	SUHR Ann Kristin		17:03.9	48	+3:01.5	31:51.7	43	+3:53.4
	35-3	y / f	TVERELV Liv Reidun		17:17.9	56	+4:06.9	49:09.6	47	+7:41.3
48	59	<b>BJERKREIM IL</b>		<b>Agder og Rogaland</b>				<b>49:10.2</b>		<b>+7:41.9</b>
	59-1	r / c	SUNDVOR Tone		14:45.0	21	+1:19.3	14:45.0	21	+1:19.3
	59-2	g / f	EIKELAND Silvia		16:47.9	43	+2:45.5	31:32.9	36	+3:34.6
	59-3	y / f	SØDERGREN Guro		17:37.3	57	+4:26.3	49:10.2	48	+7:41.9

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21 - 24 Januar 2010



**NM SKI 2010**  
STOKKE  
Storås skiarena

**Kvinner 3 x 5 km K/F Stafett**  
**Resultater**

Søndag 24 JAN 2010

Starttid: 10:50

Siste innkomst: 11:43

Rg.	St.Nr. Etappe	Startnummer Farge	Navn	Krets	Etappe Tid	Etappe Rg.	Etappe Bak	Team Tid	Team Rg.	Bak
49	36	<b>ANDEBU IL</b>		<b>Telemark og Vestfold</b>				<b>49:38.4</b>		<b>+8:10.1</b>
	36-1	r / c	MOLAND Signe		15:14.1	42	+1:48.4	15:14.1	42	+1:48.4
	36-2	g / f	LOHNE Britt Røed		18:41.2	56	+4:38.8	33:55.3	50	+5:57.0
	36-3	y / f	LISET Inger Synnøve		15:43.1	40	+2:32.1	49:38.4	49	+8:10.1
50	47	<b>NITTEDAL IL</b>		<b>Akershus</b>				<b>49:49.6</b>		<b>+8:21.3</b>
	47-1	r / c	SOLBAKKEN Andrea		18:13.1	58	+4:47.4	18:13.1	58	+4:47.4
	47-2	g / f	RUD Astrid Kristin		15:52.4	19	+1:50.0	34:05.5	52	+6:07.2
	47-3	y / f	SKERSTAD Emma		15:44.1	42	+2:33.1	49:49.6	50	+8:21.3
51	25	<b>RUSTAD IL 3</b>		<b>Oslo</b>				<b>49:55.6</b>		<b>+8:27.3</b>
	25-1	r / c	KLAESSON Thea		16:39.9	52	+3:14.2	16:39.9	52	+3:14.2
	25-2	g / f	KORSBREKKE Synne		17:19.2	50	+3:16.8	33:59.1	51	+6:00.8
	25-3	y / f	PAULSEN Pia Helene		15:56.5	46	+2:45.5	49:55.6	51	+8:27.3
52	56	<b>KJELSÅS IL - SKI 2</b>		<b>Oslo</b>				<b>49:56.6</b>		<b>+8:28.3</b>
	56-1	r / c	SAUPSTAD Ingrid		15:34.3	49	+2:08.6	15:34.3	49	+2:08.6
	56-2	g / f	SØRSET Astrid B.		18:03.3	52	+4:00.9	33:37.6	49	+5:39.3
	56-3	y / f	BJØRNERUD Mona		16:19.0	51	+3:08.0	49:56.6	52	+8:28.3
53	33	<b>BURFJORD IL</b>		<b>Troms</b>				<b>49:57.0</b>		<b>+8:28.7</b>
	33-1	r / c	GJERSTAD Karen Oxlund		17:32.2	57	+4:06.5	17:32.2	57	+4:06.5
	33-2	g / f	GJERSTAD Kristin Oxlund		17:36.9	51	+3:34.5	35:09.1	54	+7:10.8
	33-3	y / f	GJERSTAD Johanne Oxlund		14:47.9	=19	+1:36.9	49:57.0	53	+8:28.7
54	49	<b>IL VILJAR</b>		<b>Hordaland</b>				<b>51:00.3</b>		<b>+9:32.0</b>
	49-1	r / c	BAKKETUN Kjersti Solvoll		15:15.3	43	+1:49.6	15:15.3	43	+1:49.6
	49-2	g / f	STEINSLAND Synne		19:23.4	58	+5:21.0	34:38.7	53	+6:40.4
	49-3	y / f	VEUM Kjersti Rynning		16:21.6	52	+3:10.6	51:00.3	54	+9:32.0
55	45	<b>SANDE SPORTSKLUBB</b>		<b>Telemark og Vestfold</b>				<b>51:01.4</b>		<b>+9:33.1</b>
	45-1	r / c	BREDA Tille Marie		16:42.7	54	+3:17.0	16:42.7	54	+3:17.0
	45-2	g / f	BURUD Marianne Wike		18:34.7	55	+4:32.3	35:17.4	56	+7:19.1
	45-3	y / f	BONDEN Inger		15:44.0	41	+2:33.0	51:01.4	55	+9:33.1

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21 - 24 Januar 2010



**NM SKI 2010**  
**STOKKE**  
**Storås skiarena**

**Kvinner 3 x 5 km K/F Stafett**  
**Resultater**

Søndag 24 JAN 2010

Starttid: 10:50

Siste innkomst: 11:43

Rg.	St.Nr. Etappe	Startnummer Farge	Navn	Krets	Etappe Tid	Etappe Rg.	Etappe Bak	Team Tid	Team Rg.	Bak
56	<b>55</b>	<b>STATHELLE OG OMEGN IL - SKI 2</b>		<b>Telemark og Vestfold</b>				<b>51:18.4</b>		<b>+9:50.1</b>
	55-1	r / c	KRISTIANSEN Larisa		16:41.8	53	+3:16.1	16:41.8	53	+3:16.1
	55-2	g / f	AMUNDSEN Amalie Næss		18:29.0	54	+4:26.6	35:10.8	55	+7:12.5
	55-3	y / f	TUFTE Kristine Ringsjø		16:07.6	49	+2:56.6	51:18.4	56	+9:50.1
57	<b>46</b>	<b>STOKKE IL</b>		<b>Telemark og Vestfold</b>				<b>52:09.1</b>		<b>+10:40.8</b>
	46-1	r / c	GRAVNINGEN Elin Fredheim		17:18.8	56	+3:53.1	17:18.8	56	+3:53.1
	46-2	g / f	KVANDE Karoline		18:12.0	53	+4:09.6	35:30.8	57	+7:32.5
	46-3	y / f	THODESEN SANDE Tiril Marie		16:38.3	53	+3:27.3	52:09.1	57	+10:40.8
58	<b>57</b>	<b>OSLOSTUDENTENES IK - SKI 2</b>		<b>Oslo</b>				<b>53:53.7</b>		<b>+12:25.4</b>
	57-1	r / c	DAMGAARD Katrine		16:46.7	55	+3:21.0	16:46.7	55	+3:21.0
	57-2	g / f	HELGERUD Mari Jellum		18:56.5	57	+4:54.1	35:43.2	58	+7:44.9
	57-3	y / f	FJOGSTAD NILSEN Agni		18:10.5	58	+4:59.5	53:53.7	58	+12:25.4

## Ikke startet

<b>11</b>	<b>NOR - TYNSET IF</b>									
11-1	r / C	HUBER Marion Rønning								
11-2	g / C	LANDHEIM Hilde Losgård								
11-3	y / F	LANDHEIM Bente Losgård								
<b>50</b>	<b>NOR - EIKER KVIKK IF</b>									
50-1	r / C	HAUGEN Eirin								
50-2	g / C	AMUNDSEN Andrea								
50-3	y / F	MOEN Kristine K.								

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21 - 24 Januar 2010



**NM SKI 2010**  
STOKKE  
Storås skiarena

**Kvinner 3 x 5 km K/F Stafett**  
**Resultater**

**Søndag 24 JAN 2010**

Starttid: 10:50  
Siste innkomst: 11:43

<b>53</b>	<b>NOR - SKOPPUM IL</b>
53-1	r / C ULVENSØEN Marta
53-2	g / C ULVENSØEN Anna
53-3	y / F

Vaer	Sno Forhold	Temperatur		Deltakere					
		Luft	Sno	Pameld.	Rangering	DNS	DNF	DSQ	LAP
Mostly cloudy	Packed powder	-4,0 °C	-3,0 °C	183/1	174/1	9/1	0/0	0/0	0/0

<b>FORKLARING</b>	= Samme Rang	<b>DNF</b> Ikke fullført	<b>DNS</b> Ikke startet	<b>DSQ</b> Diskvalifisert
?txtLPD?	<b>Grønn</b> Grønn	<b>Gul</b> Gul	<b>Klassisk</b> Klassisk	<b>Rod</b> Rod

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21 - 24 Januar 2010



**NM SKI 2010**  
**STOKKE**  
**Storås skiarena**

**Menn 3 x 10 km K/F Stafett**  
**Resultater**

Søndag 24 JAN 2010

Starttid: 13:40

Siste innkomst: 15:18

Rennkomite				Löypedata					
Technical Delegate	DAHLEN Barbro Tomter (NOR)			Navn:	Storås - 5 km				
Assistant Technical Delegate	BJERKE Ole (NOR)			Høydedifferanse:	48 m				
Assistant Technical Delegate	JONHAUGEN Espen (NOR)			Lengste stigning:	39 m				
Chief of Competition	KNOTTEN Jon Olav (NOR)			Total Stigning:	3 x 406 m				
Chief of Course	OPSTAD Jon Arne (NOR)			Lengde på Löypa:	5200 m				
				Runder:	3 x 2				

  

Rg.	St.Nr.	Startnummer	Navn	Krets	Etappe Tid	Etappe Rg.	Etappe Bak	Team Tid	Team Rg.	Bak
<b>1</b>	<b>3</b>	<b>SKOGN IL</b>		<b>Nord-Trøndelag</b>				<b>1:14:48.3</b>		
	3-1	r / c	MYRLAND Anders		25:48.0	22	+56.7	25:48.0	22	+56.7
	3-2	g / c	RØNNING Eldar		24:50.6	1	0.0	50:38.6	1	0.0
	3-3	y / f	KJØLSTAD Johan		24:09.7	8	+42.9	1:14:48.3	1	0.0
<b>2</b>	<b>4</b>	<b>BYÅSEN IL 1</b>		<b>Sør-Trøndelag</b>				<b>1:14:49.6</b>		<b>+1.3</b>
	4-1	r / c	ELIASSEN Petter		24:57.3	6	+6.0	24:57.3	6	+6.0
	4-2	g / c	HELGESTAD Daniel Myrmæl		26:10.9	9	+1:20.3	51:08.2	2	+29.6
	4-3	y / f	JESPERSEN Chris André		23:41.4	2	+14.6	1:14:49.6	2	+1.3
<b>3</b>	<b>79</b>	<b>KLÆBU IL</b>		<b>Sør-Trøndelag</b>				<b>1:15:00.9</b>		<b>+12.6</b>
	79-1	r / c	THUN Stein Vidar		25:07.8	11	+16.5	25:07.8	11	+16.5
	79-2	g / c	TELEBOND Eirik		26:26.3	10	+1:35.7	51:34.1	8	+55.5
	79-3	y / f	ANSNES Ronny Fredrik		23:26.8	1	0.0	1:15:00.9	3	+12.6
<b>4</b>	<b>7</b>	<b>KJELSÅS IL - SKI 1</b>		<b>Oslo</b>				<b>1:15:29.6</b>		<b>+41.3</b>
	7-1	r / c	HALLÉN Stian		25:28.5	18	+37.2	25:28.5	18	+37.2
	7-2	g / c	POST Arne		26:05.9	8	+1:15.3	51:34.4	9	+55.8
	7-3	y / f	BRANDSDAL Eirik		23:55.2	3	+28.4	1:15:29.6	4	+41.3
<b>5</b>	<b>12</b>	<b>LEKSVIK IL</b>		<b>Nord-Trøndelag</b>				<b>1:15:29.8</b>		<b>+41.5</b>
	12-1	r / c	RENNEMO Kristian Tettli		24:51.5	2	+0.2	24:51.5	2	+0.2
	12-2	g / c	RENNEMO Anders Tettli		26:32.6	11	+1:42.0	51:24.1	4	+45.5
	12-3	y / f	FREMO Thomas		24:05.7	7	+38.9	1:15:29.8	5	+41.5
<b>6</b>	<b>11</b>	<b>RUSTAD IL 1</b>		<b>Oslo</b>				<b>1:15:30.0</b>		<b>+41.7</b>
	11-1	r / c	GLØERSEN Anders		25:07.6	10	+16.3	25:07.6	10	+16.3
	11-2	g / c	GLØERSEN Øyvind Nøstdahl		26:00.8	5	+1:10.2	51:08.4	3	+29.8
	11-3	y / f	DAMMEN Kjetil Hagtvedt		24:21.6	12	+54.8	1:15:30.0	6	+41.7

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21 - 24 Januar 2010



**NM SKI 2010**  
**STOKKE**  
**Storås skiarena**

**Menn 3 x 10 km K/F Stafett**  
**Resultater**

Søndag 24 JAN 2010

Starttid: 13:40

Siste innkomst: 15:18

Rg.	St.Nr. Etappe	Startnummer Farge	Navn	Krets	Etappe Tid	Etappe Rg.	Etappe Bak	Team Tid	Team Rg.	Bak
<b>7</b>	<b>39</b>	<b>ØRJE IL - SKI</b>		<b>Østfold</b>				<b>1:15:38.6</b>		<b>+50.3</b>
	39-1	r/c	GASMANN Per Ola		26:00.0	28	+1:08.7	26:00.0	28	+1:08.7
	39-2	g/c	HATTESTAD Ola Vigen		25:34.0	4	+43.4	51:34.0	7	+55.4
	39-3	y/f	JENSEN Vegar Hattestad		24:04.6	6	+37.8	1:15:38.6	7	+50.3
<b>8</b>	<b>42</b>	<b>OSEBERG SKILAG 1</b>		<b>Telemark og Vestfold</b>				<b>1:15:44.0</b>		<b>+55.7</b>
	42-1	r/c	AUKLAND Anders		24:53.8	3	+2.5	24:53.8	3	+2.5
	42-2	g/c	AUKLAND Jørgen		26:34.0	13	+1:43.4	51:27.8	5	+49.2
	42-3	y/f	MOE Markus		24:16.2	11	+49.4	1:15:44.0	8	+55.7
<b>9</b>	<b>8</b>	<b>HAMAR SKIKLUBB</b>		<b>Hedmark</b>				<b>1:16:23.8</b>		<b>+1:35.5</b>
	8-1	r/c	ÅSEN Tommy		25:19.6	13	+28.3	25:19.6	13	+28.3
	8-2	g/c	GAUSTAD John Anders		26:51.4	18	+2:00.8	52:11.0	17	+1:32.4
	8-3	y/f	ANDRESEN Jan Egil		24:12.8	10	+46.0	1:16:23.8	9	+1:35.5
<b>10</b>	<b>45</b>	<b>STOKKE IL 1</b>		<b>Telemark og Vestfold</b>				<b>1:16:26.1</b>		<b>+1:37.8</b>
	45-1	r/c	HORNTVEDT Kristian		24:57.8	7	+6.5	24:57.8	7	+6.5
	45-2	g/c	MOSLET Kristoffer Robin		26:48.8	16	+1:58.2	51:46.6	13	+1:08.0
	45-3	y/f	STOKKE Sindre Clementsen		24:39.5	=15	+1:12.7	1:16:26.1	10	+1:37.8
<b>11</b>	<b>5</b>	<b>STRINDHEIM IL 1</b>		<b>Sør-Trøndelag</b>				<b>1:16:28.2</b>		<b>+1:39.9</b>
	5-1	r/c	BJØRGÅRD John		26:19.5	32	+1:28.2	26:19.5	32	+1:28.2
	5-2	g/c	DAHL John Kristian		25:25.0	3	+34.4	51:44.5	11	+1:05.9
	5-3	y/f	FINES Ola Berg		24:43.7	20	+1:16.9	1:16:28.2	11	+1:39.9
<b>12</b>	<b>10</b>	<b>ODDERSJAA SSK 1</b>		<b>Agder og Rogaland</b>				<b>1:16:29.2</b>		<b>+1:40.9</b>
	10-1	r/c	OUREN Geir Ludvig Aasen		24:55.3	4	+4.0	24:55.3	4	+4.0
	10-2	g/c	KNUTSEN Eivind		26:50.8	17	+2:00.2	51:46.1	12	+1:07.5
	10-3	y/f	SVALAND Jon Kristian		24:43.1	=18	+1:16.3	1:16:29.2	12	+1:40.9
<b>13</b>	<b>20</b>	<b>HØYBRÅTEN OG STOVNER IL 1</b>		<b>Oslo</b>				<b>1:16:31.5</b>		<b>+1:43.2</b>
	20-1	r/c	BRAATHEN Jørgen		25:03.7	8	+12.4	25:03.7	8	+12.4
	20-2	g/c	UPADHYAY Varun		26:54.9	20	+2:04.3	51:58.6	15	+1:20.0
	20-3	y/f	BRAATHEN Kristian		24:32.9	13	+1:06.1	1:16:31.5	13	+1:43.2

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**NM SKI 2010**  
**STOKKE**  
**Storås skiarena**

**Menn 3 x 10 km K/F Stafett**  
**Resultater**

Søndag 24 JAN 2010

Starttid: 13:40

Siste innkomst: 15:18

Rg.	St.Nr. Etappe	Startnummer Farge	Navn	Krets	Etappe Tid	Etappe Rg.	Etappe Bak	Team Tid	Team Rg.	Bak
14	1	<b>LILLEHAMMER SKIKLUB - SKI 1</b>		<b>Oppland</b>				<b>1:16:46.0</b>		<b>+1:57.7</b>
	1-1	r/c	PEDERSEN Morten Eide		25:27.8	16	+36.5	25:27.8	16	+36.5
	1-2	g/c	ODSÆTER Lars Vingli		26:03.1	7	+1:12.5	51:30.9	6	+52.3
	1-3	y/f	TAUGBØL Håvard Solås		25:15.1	29	+1:48.3	1:16:46.0	14	+1:57.7
15	17	<b>NJÅRD 1</b>		<b>Oslo</b>				<b>1:17:01.3</b>		<b>+2:13.0</b>
	17-1	r/c	NYDAL Hallvard Moian		25:06.8	9	+15.5	25:06.8	9	+15.5
	17-2	g/c	KNUDTZON Nicolas Brun		26:33.2	12	+1:42.6	51:40.0	10	+1:01.4
	17-3	y/f	NYDAL Erlend Moian		25:21.3	31	+1:54.5	1:17:01.3	15	+2:13.0
16	68	<b>FOSSUM IF 1</b>		<b>Akershus</b>				<b>1:17:08.7</b>		<b>+2:20.4</b>
	68-1	r/c	UTISTOG Svein Olav		26:33.5	38	+1:42.2	26:33.5	38	+1:42.2
	68-2	g/c	HENRIKSEN Thomas		26:37.7	15	+1:47.1	53:11.2	22	+2:32.6
	68-3	y/f	ØSTENSEN Simen		23:57.5	5	+30.7	1:17:08.7	16	+2:20.4
17	19	<b>GJERDRUM IL - SKI 1</b>		<b>Akershus</b>				<b>1:18:01.5</b>		<b>+3:13.2</b>
	19-1	r/c	ELVESTAD Glenn		25:18.6	12	+27.3	25:18.6	12	+27.3
	19-2	g/c	FUGLERUD Fredrik		27:59.8	35	+3:09.2	53:18.4	23	+2:39.8
	19-3	y/f	MOE Ola Erik Heen		24:43.1	=18	+1:16.3	1:18:01.5	17	+3:13.2
18	18	<b>ENGERDAL SP.KL.</b>		<b>Hedmark</b>				<b>1:18:06.9</b>		<b>+3:18.6</b>
	18-1	r/c	ANDERSEN Martin		25:24.1	15	+32.8	25:24.1	15	+32.8
	18-2	g/c	L'ABÉE-LUND Henrik		27:15.3	23	+2:24.7	52:39.4	18	+2:00.8
	18-3	y/f	L'ABÉE-LUND Magnus		25:27.5	34	+2:00.7	1:18:06.9	18	+3:18.6
19	22	<b>BÆRUMS VERK IF 1</b>		<b>Akershus</b>				<b>1:18:17.2</b>		<b>+3:28.9</b>
	22-1	r/c	SKAR Sindre Bjørnstad		25:43.4	21	+52.1	25:43.4	21	+52.1
	22-2	g/c	STRØM Mads Ek		27:38.9	29	+2:48.3	53:22.3	24	+2:43.7
	22-3	y/f	HØYDAHL Sigve Fredrik		24:54.9	22	+1:28.1	1:18:17.2	19	+3:28.9
20	28	<b>TYNSET IF</b>		<b>Hedmark</b>				<b>1:18:18.8</b>		<b>+3:30.5</b>
	28-1	r/c	FISVIK Anders		26:43.3	44	+1:52.0	26:43.3	44	+1:52.0
	28-2	g/c	BROVOLD Erik Bergfall		26:53.1	19	+2:02.5	53:36.4	27	+2:57.8
	28-3	y/f	LANDHEIM Eirik Losgård		24:42.4	17	+1:15.6	1:18:18.8	20	+3:30.5

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**NM SKI 2010**  
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**Storås skiarena**

**Menn 3 x 10 km K/F Stafett**  
**Resultater**

Søndag 24 JAN 2010

Starttid: 13:40

Siste innkomst: 15:18

Rg.	St.Nr. Etappe	Startnummer Farge	Navn	Krets	Etappe Tid	Etappe Rg.	Etappe Bak	Team Tid	Team Rg.	Bak
21	9	<b>HENNING SKILAG - SKI</b>		<b>Nord-Trøndelag</b>				<b>1:18:33.8</b>		<b>+3:45.5</b>
	9-1	r/c	LORENTSEN Eirik		25:31.1	19	+39.8	25:31.1	19	+39.8
	9-2	g/c	KOLSTAD Jonas Austmo		26:37.0	14	+1:46.4	52:08.1	16	+1:29.5
	9-3	y/f	LILLEFJELL Frode		26:25.7	53	+2:58.9	1:18:33.8	21	+3:45.5
22	6	<b>BYÅSEN IL 2</b>		<b>Sør-Trøndelag</b>				<b>1:18:44.7</b>		<b>+3:56.4</b>
	6-1	r/c	ULSUND Einar A		24:56.7	5	+5.4	24:56.7	5	+5.4
	6-2	g/c	HAMMER Kristian Riseth		27:57.0	34	+3:06.4	52:53.7	20	+2:15.1
	6-3	y/f	BROVOLD Henrik		25:51.0	37	+2:24.2	1:18:44.7	22	+3:56.4
23	33	<b>VADSØ SKIKLUBB - SKI</b>		<b>Finnmark</b>				<b>1:18:48.0</b>		<b>+3:59.7</b>
	33-1	r/c	PETTERSEN Morten Harjo		25:20.6	14	+29.3	25:20.6	14	+29.3
	33-2	g/c	WICKSTRØM Jørgen		28:14.6	43	+3:24.0	53:35.2	26	+2:56.6
	33-3	y/f	MIKKELSEN Espen		25:12.8	28	+1:46.0	1:18:48.0	23	+3:59.7
24	16	<b>KJELSÅS IL - SKI 2</b>		<b>Oslo</b>				<b>1:18:50.6</b>		<b>+4:02.3</b>
	16-1	r/c	FJELD Øyvind Moen		25:33.5	20	+42.2	25:33.5	20	+42.2
	16-2	g/c	WELTZIEN Espen		27:08.2	21	+2:17.6	52:41.7	19	+2:03.1
	16-3	y/f	PEDERSEN Bendik Bang		26:08.9	45	+2:42.1	1:18:50.6	24	+4:02.3
25	71	<b>KOLL IL</b>		<b>Oslo</b>				<b>1:18:50.6</b>		<b>+4:02.3</b>
	71-1	r/c	CHRISTIANSEN Erling A N		25:48.4	23	+57.1	25:48.4	23	+57.1
	71-2	g/c	MARKSET Kjell-Christian Bendixen		26:01.3	6	+1:10.7	51:49.7	14	+1:11.1
	71-3	y/f	BRAATHEN Christoffer		27:00.9	69	+3:34.1	1:18:50.6	25	+4:02.3
26	14	<b>RAUFOSS IL LANGRENN - LANGRENN</b>		<b>Oppland</b>				<b>1:19:06.7</b>		<b>+4:18.4</b>
	14-1	r/c	ØSTLIEN Espen		26:17.6	30	+1:26.3	26:17.6	30	+1:26.3
	14-2	g/c	TAJET Jonas		28:11.4	42	+3:20.8	54:29.0	38	+3:50.4
	14-3	y/f	THYLI Vetle		24:37.7	14	+1:10.9	1:19:06.7	26	+4:18.4
27	30	<b>ASKER SKIKLUBB 1</b>		<b>Akershus</b>				<b>1:19:07.6</b>		<b>+4:19.3</b>
	30-1	r/c	CALLESEN Christoffer		25:58.7	25	+1:07.4	25:58.7	25	+1:07.4
	30-2	g/c	REE Andreas		28:29.4	51	+3:38.8	54:28.1	37	+3:49.5
	30-3	y/f	HANSEN John Christian Deighan		24:39.5	=15	+1:12.7	1:19:07.6	27	+4:19.3

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**Menn 3 x 10 km K/F Stafett**  
**Resultater**

Søndag 24 JAN 2010

Starttid: 13:40

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Rg.	St.Nr. Etappe	Startnummer Farge	Navn	Krets	Etappe Tid	Etappe Rg.	Etappe Bak	Team Tid	Team Rg.	Bak
28	48	<b>NTNUI-LANGRENN 1</b>		<b>Sør-Trøndelag</b>				<b>1:19:17.1</b>		<b>+4:28.8</b>
	48-1	r / c	BRIKSELLI Tomas		26:32.0	36	+1:40.7	26:32.0	36	+1:40.7
	48-2	g / c	GULLHAV Anders Nordby		27:55.9	33	+3:05.3	54:27.9	36	+3:49.3
	48-3	y / f	SANDBAKK Sindre		24:49.2	21	+1:22.4	1:19:17.1	28	+4:28.8
29	38	<b>MJØNDALEN IF</b>		<b>Buskerud</b>				<b>1:19:22.0</b>		<b>+4:33.7</b>
	38-1	r / c	IVERSEN Trond		26:12.0	29	+1:20.7	26:12.0	29	+1:20.7
	38-2	g / c	BAKKEN Timo Andre		27:17.1	24	+2:26.5	53:29.1	25	+2:50.5
	38-3	y / f	KARLSEN Lars Christian T.		25:52.9	38	+2:26.1	1:19:22.0	29	+4:33.7
30	25	<b>STEINKJER SKIKLUBB</b>		<b>Nord-Trøndelag</b>				<b>1:19:28.6</b>		<b>+4:40.3</b>
	25-1	r / c	HAMMER Martin		25:54.4	24	+1:03.1	25:54.4	24	+1:03.1
	25-2	g / c	AUNE Pål Trøan		28:22.8	46	+3:32.2	54:17.2	33	+3:38.6
	25-3	y / f	VANNEBO Morten		25:11.4	27	+1:44.6	1:19:28.6	30	+4:40.3
31	35	<b>BÆRUMS VERK IF 2</b>		<b>Akershus</b>				<b>1:19:35.0</b>		<b>+4:46.7</b>
	35-1	r / c	KABBE Ole-Henrik		26:51.4	52	+2:00.1	26:51.4	52	+2:00.1
	35-2	g / c	UNHJEM-TEIGENES Henrik		27:42.4	30	+2:51.8	54:33.8	39	+3:55.2
	35-3	y / f	BERGAN HUGSTED Sondre		25:01.2	24	+1:34.4	1:19:35.0	31	+4:46.7
32	47	<b>LILLOMARKA SKIKLUBB</b>		<b>Oslo</b>				<b>1:19:44.3</b>		<b>+4:56.0</b>
	47-1	r / c	BAKKE Eirik		27:32.3	70	+2:41.0	27:32.3	70	+2:41.0
	47-2	g / c	PETTERSEN Øystein		25:24.5	2	+33.9	52:56.8	21	+2:18.2
	47-3	y / f	FAHLE Hans Fredrik		26:47.5	64	+3:20.7	1:19:44.3	32	+4:56.0
33	40	<b>IL HEMING 1</b>		<b>Oslo</b>				<b>1:19:44.8</b>		<b>+4:56.5</b>
	40-1	r / c	KAAS Carl Waaler		26:37.2	41	+1:45.9	26:37.2	41	+1:45.9
	40-2	g / c	BORGNES Mathias		27:47.7	31	+2:57.1	54:24.9	35	+3:46.3
	40-3	y / f	KAAS Sverre Waaler		25:19.9	30	+1:53.1	1:19:44.8	33	+4:56.5
34	13	<b>LILLEHAMMER SKIKLUB - SKI 2</b>		<b>Oppland</b>				<b>1:19:56.8</b>		<b>+5:08.5</b>
	13-1	r / c	SÆLE Eirik Dimmen		26:47.5	50	+1:56.2	26:47.5	50	+1:56.2
	13-2	g / c	ERIKSSON Michael		28:09.3	41	+3:18.7	54:56.8	43	+4:18.2
	13-3	y / f	EGGE Vegard Kjøs		25:00.0	23	+1:33.2	1:19:56.8	34	+5:08.5

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**NM SKI 2010**  
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**Menn 3 x 10 km K/F Stafett**  
**Resultater**

Søndag 24 JAN 2010

Starttid: 13:40

Siste innkomst: 15:18

Rg.	St.Nr. Etappe	Startnummer Farge	Navn	Krets	Etappe Tid	Etappe Rg.	Etappe Bak	Team Tid	Team Rg.	Bak
35	53	<b>GJØVIK SKIKLUBB</b>		<b>Oppland</b>				<b>1:19:57.2</b>		<b>+5:08.9</b>
	53-1	r / c	RAMSTAD Håkon		26:31.3	35	+1:40.0	26:31.3	35	+1:40.0
	53-2	g / c	AASLUND Simen Rise		29:13.6	58	+4:23.0	55:44.9	53	+5:06.3
	53-3	y / f	ØSTBERG Eivind Flugstad		24:12.3	9	+45.5	1:19:57.2	35	+5:08.9
36	23	<b>LØRENSKOG SKIKLUBB - SKI 1</b>		<b>Akershus</b>				<b>1:20:07.5</b>		<b>+5:19.2</b>
	23-1	r / c	HELGESEN Håkon Hagen		26:50.8	51	+1:59.5	26:50.8	51	+1:59.5
	23-2	g / c	VESTMO Gisle		28:07.3	38	+3:16.7	54:58.1	44	+4:19.5
	23-3	y / f	NIELSEN Jonas		25:09.4	26	+1:42.6	1:20:07.5	36	+5:19.2
37	70	<b>JEVNAKER IDRETTSFORENING SKI</b>		<b>Oppland</b>				<b>1:20:21.5</b>		<b>+5:33.2</b>
	70-1	r / c	SVINGHEIM Magnus		26:34.8	39	+1:43.5	26:34.8	39	+1:43.5
	70-2	g / c	OLIMB Henrik		27:23.5	25	+2:32.9	53:58.3	29	+3:19.7
	70-3	y / f	BJERTNÆS Jens		26:23.2	51	+2:56.4	1:20:21.5	37	+5:33.2
38	26	<b>VANG SKILØPERFORENING 1</b>		<b>Hedmark</b>				<b>1:20:24.5</b>		<b>+5:36.2</b>
	26-1	r / c	FROGNER Audun Sveen		28:04.3	76	+3:13.0	28:04.3	76	+3:13.0
	26-2	g / c	GJENDAHL Tony		28:23.6	47	+3:33.0	56:27.9	62	+5:49.3
	26-3	y / f	GUNDERSEN Tore Martin Søbak		23:56.6	4	+29.8	1:20:24.5	38	+5:36.2
39	24	<b>ALTA IF</b>		<b>Finnmark</b>				<b>1:20:33.1</b>		<b>+5:44.8</b>
	24-1	r / c	HÅPNES Mats		26:52.7	55	+2:01.4	26:52.7	55	+2:01.4
	24-2	g / c	EINVIK Kenneth H.		28:36.8	=53	+3:46.2	55:29.5	50	+4:50.9
	24-3	y / f	NYGÅRD Bjørn Thomas		25:03.6	25	+1:36.8	1:20:33.1	39	+5:44.8
40	81	<b>IL BEVER'N - SKI</b>		<b>Buskerud</b>				<b>1:20:33.5</b>		<b>+5:45.2</b>
	81-1	r / c	RESALAND Mats Rudin		26:44.2	45	+1:52.9	26:44.2	45	+1:52.9
	81-2	g / c	TVEITEN Ivar		27:13.7	22	+2:23.1	53:57.9	28	+3:19.3
	81-3	y / f	LUCHSINGER Tommi		26:35.6	58	+3:08.8	1:20:33.5	40	+5:45.2
41	86	<b>GJESDAL IL</b>		<b>Rogaland</b>				<b>1:20:38.1</b>		<b>+5:49.8</b>
	86-1	r / c	RAVNDAL Tor Joar		26:42.9	43	+1:51.6	26:42.9	43	+1:51.6
	86-2	g / c	NEVLAND Torgeir		27:34.0	27	+2:43.4	54:16.9	32	+3:38.3
	86-3	y / f	HOELGAARD Stian		26:21.2	50	+2:54.4	1:20:38.1	41	+5:49.8

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Rg.	St.Nr. Etappe	Startnummer Farge	Navn	Krets	Etappe Tid	Etappe Rg.	Etappe Bak	Team Tid	Team Rg.	Bak
42	<b>85</b>	<b>BARDU IL</b>		<b>Troms</b>				<b>1:20:42.9</b>		<b>+5:54.6</b>
	85-1	r / c	PAULSEN Sven-Are		26:26.7	33	+1:35.4	26:26.7	33	+1:35.4
	85-2	g / c	OLSEN Matias		28:31.9	52	+3:41.3	54:58.6	=45	+4:20.0
	85-3	y / f	ØSTVIK Håvard		25:44.3	36	+2:17.5	1:20:42.9	42	+5:54.6
43	<b>59</b>	<b>IL HEMING 2</b>		<b>Oslo</b>				<b>1:21:04.2</b>		<b>+6:15.9</b>
	59-1	r / c	HØYE Andreas Wold		26:32.7	37	+1:41.4	26:32.7	37	+1:41.4
	59-2	g / c	SVIEN Aleksander		27:27.1	26	+2:36.5	53:59.8	30	+3:21.2
	59-3	y / f	STADAAS Peder		27:04.4	71	+3:37.6	1:21:04.2	43	+6:15.9
44	<b>100</b>	<b>SKIPTVET IL - SKI</b>		<b>Østfold</b>				<b>1:21:06.1</b>		<b>+6:17.8</b>
	100-1	r / c	FRORUD Espen Udjus		26:46.1	48	+1:54.8	26:46.1	48	+1:54.8
	100-2	g / c	FRORUD Jonas		27:47.9	32	+2:57.3	54:34.0	40	+3:55.4
	100-3	y / f	NYMOEN Lars Myhre		26:32.1	55	+3:05.3	1:21:06.1	44	+6:17.8
45	<b>69</b>	<b>IL VARDEN</b>		<b>Nord-Trøndelag</b>				<b>1:21:10.1</b>		<b>+6:21.8</b>
	69-1	r / c	IVERSEN Emil		25:28.3	17	+37.0	25:28.3	17	+37.0
	69-2	g / c	IVERSEN Mats		29:30.3	68	+4:39.7	54:58.6	=45	+4:20.0
	69-3	y / f	GJEMSE Magnus		26:11.5	46	+2:44.7	1:21:10.1	45	+6:21.8
46	<b>52</b>	<b>GJERDRUM IL - SKI 2</b>		<b>Akershus</b>				<b>1:21:11.5</b>		<b>+6:23.2</b>
	52-1	r / c	VEGHEIM Marius		26:18.5	31	+1:27.2	26:18.5	31	+1:27.2
	52-2	g / c	KARLSTAD Håkon		29:31.4	69	+4:40.8	55:49.9	54	+5:11.3
	52-3	y / f	FALLA Marius Caspersen		25:21.6	32	+1:54.8	1:21:11.5	46	+6:23.2
47	<b>29</b>	<b>RUSTAD IL 2</b>		<b>Oslo</b>				<b>1:21:14.7</b>		<b>+6:26.4</b>
	29-1	r / c	ROGN Geir Endre		26:36.5	40	+1:45.2	26:36.5	40	+1:45.2
	29-2	g / c	CROFF Jonas		29:15.4	61	+4:24.8	55:51.9	55	+5:13.3
	29-3	y / f	PAULSEN Steffen Sæterhagen		25:22.8	33	+1:56.0	1:21:14.7	47	+6:26.4
48	<b>31</b>	<b>IL ROS</b>		<b>Buskerud</b>				<b>1:21:16.1</b>		<b>+6:27.8</b>
	31-1	r / c	KURLAND OLSEN Eirik		24:51.3	1	0.0	24:51.3	1	0.0
	31-2	g / c	WAHL Anders		29:17.0	62	+4:26.4	54:08.3	31	+3:29.7
	31-3	y / f	LINDLAND Martin		27:07.8	=72	+3:41.0	1:21:16.1	48	+6:27.8

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**NM SKI 2010**  
**STOKKE**  
**Storås skiarena**

**Menn 3 x 10 km K/F Stafett**  
**Resultater**

Søndag 24 JAN 2010

Starttid: 13:40

Siste innkomst: 15:18

Rg.	St.Nr. Etappe	Startnummer Farge	Navn	Krets	Etappe Tid	Etappe Rg.	Etappe Bak	Team Tid	Team Rg.	Bak
<b>49</b>	<b>104</b>	<b>OSEBERG SKILAG 2</b>		<b>Telemark og Vestfold</b>				<b>1:21:48.8</b>		<b>+7:00.5</b>
	104-1	r / c	LANES Simen		27:17.8	65	+2:26.5	27:17.8	65	+2:26.5
	104-2	g / c	HOEL Alexander Rød		28:15.3	44	+3:24.7	55:33.1	51	+4:54.5
	104-3	y / f	KLUNGSETH Joachim		26:15.7	48	+2:48.9	1:21:48.8	49	+7:00.5
<b>50</b>	<b>51</b>	<b>KONNERUD IL 1</b>		<b>Buskerud</b>				<b>1:21:49.0</b>		<b>+7:00.7</b>
	51-1	r / c	ERIKSRUD Ole Vidar		28:09.8	79	+3:18.5	28:09.8	79	+3:18.5
	51-2	g / c	FJELL Anders		28:05.2	36	+3:14.6	56:15.0	60	+5:36.4
	51-3	y / f	HILLESTAD Andreas		25:34.0	35	+2:07.2	1:21:49.0	50	+7:00.7
<b>51</b>	<b>32</b>	<b>HØYBRÅTEN OG STOVNER IL 2</b>		<b>Oslo</b>				<b>1:21:55.7</b>		<b>+7:07.4</b>
	32-1	r / c	MAUER Andreas		26:51.8	53	+2:00.5	26:51.8	53	+2:00.5
	32-2	g / c	OLSEN Jon		28:21.3	45	+3:30.7	55:13.1	48	+4:34.5
	32-3	y / f	NYLUND Kristoffer E.		26:42.6	61	+3:15.8	1:21:55.7	51	+7:07.4
<b>52</b>	<b>37</b>	<b>KJELSÅS IL - SKI 3</b>		<b>Oslo</b>				<b>1:21:59.9</b>		<b>+7:11.6</b>
	37-1	r / c	SELVIG Sindre		26:58.4	58	+2:07.1	26:58.4	58	+2:07.1
	37-2	g / c	RØGEBERG Ole		29:07.3	57	+4:16.7	56:05.7	59	+5:27.1
	37-3	y / f	STRUKSNAES Henrik		25:54.2	39	+2:27.4	1:21:59.9	52	+7:11.6
<b>53</b>	<b>36</b>	<b>NJÅRD 2</b>		<b>Oslo</b>				<b>1:22:00.1</b>		<b>+7:11.8</b>
	36-1	r / c	ARONSVEEN Espen		26:52.1	54	+2:00.8	26:52.1	54	+2:00.8
	36-2	g / c	TROLLEBØ Dag Frode		29:01.4	55	+4:10.8	55:53.5	56	+5:14.9
	36-3	y / f	BRAGVIN ANDRESEN Ragnar		26:06.6	42	+2:39.8	1:22:00.1	53	+7:11.8
<b>54</b>	<b>93</b>	<b>FOSSUM IF 2</b>		<b>Akershus</b>				<b>1:22:02.8</b>		<b>+7:14.5</b>
	93-1	r / c	RØE Åsmund Treu		26:45.1	46	+1:53.8	26:45.1	46	+1:53.8
	93-2	g / c	FOSNÆS Eirik Austgulen		28:06.8	37	+3:16.2	54:51.9	41	+4:13.3
	93-3	y / f	BENESTAD Sindre L		27:10.9	74	+3:44.1	1:22:02.8	54	+7:14.5
<b>55</b>	<b>21</b>	<b>TYDAL IL</b>		<b>Sør-Trøndelag</b>				<b>1:22:12.2</b>		<b>+7:23.9</b>
	21-1	r / c	HILMO Jo Vegard		27:40.6	71	+2:49.3	27:40.6	71	+2:49.3
	21-2	g / c	STORRØNNING Christer		28:24.2	48	+3:33.6	56:04.8	58	+5:26.2
	21-3	y / f	BRYNHILDVOLD Ove		26:07.4	44	+2:40.6	1:22:12.2	55	+7:23.9

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**NM SKI 2010**  
**STOKKE**  
**Storås skiarena**

**Menn 3 x 10 km K/F Stafett**  
**Resultater**

Søndag 24 JAN 2010

Starttid: 13:40

Siste innkomst: 15:18

Rg.	St.Nr. Etappe	Startnummer Farge	Navn	Krets	Etappe Tid	Etappe Rg.	Etappe Bak	Team Tid	Team Rg.	Bak
56	72	<b>LYN SKI 2</b>		<b>Oslo</b>				<b>1:22:35.3</b>		<b>+7:47.0</b>
	72-1	r / c	ANDERSEN Fredrik Ole Oldereid		27:17.1	64	+2:25.8	27:17.1	64	+2:25.8
	72-2	g / c	HJELSTUEN Håkon		29:02.9	56	+4:12.3	56:20.0	61	+5:41.4
	72-3	y / f	KRÜGER Simen Hegstad		26:15.3	47	+2:48.5	1:22:35.3	56	+7:47.0
57	57	<b>KONNERUD IL 2</b>		<b>Buskerud</b>				<b>1:22:39.4</b>		<b>+7:51.1</b>
	57-1	r / c	ANDERSEN Emil Oliver		26:57.3	56	+2:06.0	26:57.3	56	+2:06.0
	57-2	g / c	BØRNICK Daniel		29:39.0	72	+4:48.4	56:36.3	65	+5:57.7
	57-3	y / f	MADSGÅRD Mads O. G.		26:03.1	41	+2:36.3	1:22:39.4	57	+7:51.1
58	55	<b>STRØMMEN OG LILLESTRØM SKIKLUB</b>		<b>Bærshus</b>				<b>1:22:46.1</b>		<b>+7:57.8</b>
	55-1	r / c	ROKKERUD Erik		27:09.6	62	+2:18.3	27:09.6	62	+2:18.3
	55-2	g / c	FAGERÅS Sondre Jakobsen		28:28.7	50	+3:38.1	55:38.3	52	+4:59.7
	55-3	y / f	PETTERSEN Joachim		27:07.8	=72	+3:41.0	1:22:46.1	58	+7:57.8
59	83	<b>BÆRUMS VERK IF 3</b>		<b>Akershus</b>				<b>1:22:50.1</b>		<b>+8:01.8</b>
	83-1	r / c	MYROLDHAUG Sondre		27:16.9	63	+2:25.6	27:16.9	63	+2:25.6
	83-2	g / c	SKAR Vegard Bjørnestad		28:36.8	=53	+3:46.2	55:53.7	57	+5:15.1
	83-3	y / f	JENSEN Ludvig Søgner		26:56.4	68	+3:29.6	1:22:50.1	59	+8:01.8
60	99	<b>SANNIDAL IL - SKI</b>		<b>Telemark og Vestfold</b>				<b>1:23:05.2</b>		<b>+8:16.9</b>
	99-1	r / c	BARLAND Jørgen		26:46.0	47	+1:54.7	26:46.0	47	+1:54.7
	99-2	g / c	ØVERLAND Petter Rinde		28:08.9	39	+3:18.3	54:54.9	42	+4:16.3
	99-3	y / f	LUNDSTRØM Torgeir		28:10.3	80	+4:43.5	1:23:05.2	60	+8:16.9
61	46	<b>LYN SKI 1</b>		<b>Oslo</b>				<b>1:23:09.4</b>		<b>+8:21.1</b>
	46-1	r / c	HOVE ANDERSEN Sondre		28:14.0	82	+3:22.7	28:14.0	82	+3:22.7
	46-2	g / c	SCHWENCKE Fredrik		28:27.4	49	+3:36.8	56:41.4	66	+6:02.8
	46-3	y / f	HAY Audun Formo		26:28.0	54	+3:01.2	1:23:09.4	61	+8:21.1
62	73	<b>LILLEHAMMER SKIKLUB - SKI 3</b>		<b>Oppland</b>				<b>1:23:10.2</b>		<b>+8:21.9</b>
	73-1	r / c	MORK Ole Christian		25:58.9	26	+1:07.6	25:58.9	26	+1:07.6
	73-2	g / c	SLETTEN Even Skjelbostad		30:32.4	91	+5:41.8	56:31.3	63	+5:52.7
	73-3	y / f	ANDERS Fallérås		26:38.9	59	+3:12.1	1:23:10.2	62	+8:21.9

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**Menn 3 x 10 km K/F Stafett**  
**Resultater**

Søndag 24 JAN 2010

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Rg.	St.Nr. Etappe	Startnummer Farge	Navn	Krets	Etappe Tid	Etappe Rg.	Etappe Bak	Team Tid	Team Rg.	Bak
63	88	<b>IL RUNAR 1</b>		<b>Telemark og Vestfold</b>				<b>1:23:15.2</b>		<b>+8:26.9</b>
	88-1	r / c	HANSEN Magne Lund		27:03.2	60	+2:11.9	27:03.2	60	+2:11.9
	88-2	g / c	KRISTIANSEN Brian Otterdal		29:32.6	70	+4:42.0	56:35.8	64	+5:57.2
	88-3	y / f	SAASTAD Per Kristian		26:39.4	60	+3:12.6	1:23:15.2	63	+8:26.9
64	27	<b>IL HOLEVÆRINGEN</b>		<b>Buskerud</b>				<b>1:23:24.4</b>		<b>+8:36.1</b>
	27-1	r / c	GJERDALEN Gard Filip		26:57.7	57	+2:06.4	26:57.7	57	+2:06.4
	27-2	g / c	GJERDALEN Njål Tage		28:09.0	40	+3:18.4	55:06.7	47	+4:28.1
	27-3	y / f	VIK Lars Hagelsten		28:17.7	81	+4:50.9	1:23:24.4	64	+8:36.1
65	43	<b>ASKER SKIKLUBB 2</b>		<b>Akershus</b>				<b>1:23:48.4</b>		<b>+9:00.1</b>
	43-1	r / c	TORGERSEN Jonas		28:24.1	86	+3:32.8	28:24.1	86	+3:32.8
	43-2	g / c	TORGERSEN Jens		29:25.0	65	+4:34.4	57:49.1	79	+7:10.5
	43-3	y / f	HAMMERLUND Sindre Sætre		25:59.3	40	+2:32.5	1:23:48.4	65	+9:00.1
66	49	<b>NITTEDAL IL</b>		<b>Akershus</b>				<b>1:23:50.8</b>		<b>+9:02.5</b>
	49-1	r / c	RISCHMANN Sebastian		27:47.5	72	+2:56.2	27:47.5	72	+2:56.2
	49-2	g / c	ERIKSEN Sondre Hansen		29:44.6	73	+4:54.0	57:32.1	75	+6:53.5
	49-3	y / f	NØSTVIK Christian		26:18.7	49	+2:51.9	1:23:50.8	66	+9:02.5
67	78	<b>LYN SKI 3</b>		<b>Oslo</b>				<b>1:23:54.5</b>		<b>+9:06.2</b>
	78-1	r / c	SKAVLAN Anders Molander		26:46.5	49	+1:55.2	26:46.5	49	+1:55.2
	78-2	g / c	GRØVDAL Fredrik		30:16.7	84	+5:26.1	57:03.2	69	+6:24.6
	78-3	y / f	HAGERUP Johannes Sørli		26:51.3	66	+3:24.5	1:23:54.5	67	+9:06.2
68	15	<b>HARESTUA IL</b>		<b>Oppland</b>				<b>1:23:56.8</b>		<b>+9:08.5</b>
	15-1	r / c	LUNDE Daniel		26:59.1	59	+2:07.8	26:59.1	59	+2:07.8
	15-2	g / c	KNUTSEN Thomas M.		30:12.6	83	+5:22.0	57:11.7	72	+6:33.1
	15-3	y / f	SYVERSEN Gøran		26:45.1	63	+3:18.3	1:23:56.8	68	+9:08.5
69	96	<b>KONNERUD IL 3</b>		<b>Buskerud</b>				<b>1:24:15.5</b>		<b>+9:27.2</b>
	96-1	r / c	BREDA Mats Håkon		28:06.1	77	+3:14.8	28:06.1	77	+3:14.8
	96-2	g / c	MIKALSEN Fredrik		29:14.7	59	+4:24.1	57:20.8	73	+6:42.2
	96-3	y / f	BERGMANN Nicolai Edman		26:54.7	67	+3:27.9	1:24:15.5	69	+9:27.2

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**NM SKI 2010**  
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**Menn 3 x 10 km K/F Stafett**  
**Resultater**

Søndag 24 JAN 2010

Starttid: 13:40

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Rg.	St.Nr. Etappe	Startnummer Farge	Navn	Krets	Etappe Tid	Etappe Rg.	Etappe Bak	Team Tid	Team Rg.	Bak
<b>70</b>	<b>113</b>	<b>STOKKE IL 2</b>		<b>Telemark og Vestfold</b>				<b>1:24:28.9</b>		<b>+9:40.6</b>
	113-1	r/c	GRANERØD Bjørnar Skjold		27:59.5	75	+3:08.2	27:59.5	75	+3:08.2
	113-2	g/c	STORVIK Håvard		29:26.2	66	+4:35.6	57:25.7	74	+6:47.1
	113-3	y/f	SKAUG Joakim Granlund		27:03.2	70	+3:36.4	1:24:28.9	70	+9:40.6
<b>71</b>	<b>105</b>	<b>ODDERSJAA SSK 2</b>		<b>Agder og Rogaland</b>				<b>1:24:31.9</b>		<b>+9:43.6</b>
	105-1	r/c	ELIESON Morten Horn		28:08.7	78	+3:17.4	28:08.7	78	+3:17.4
	105-2	g/c	ELIESON Markus Horn		29:38.7	71	+4:48.1	57:47.4	78	+7:08.8
	105-3	y/f	DØBLE Andreas		26:44.5	62	+3:17.7	1:24:31.9	71	+9:43.6
<b>72</b>	<b>82</b>	<b>IL HEMING 3</b>		<b>Oslo</b>				<b>1:24:42.9</b>		<b>+9:54.6</b>
	82-1	r/c	HUITFELDT Peder		28:43.7	91	+3:52.4	28:43.7	91	+3:52.4
	82-2	g/c	ANGEL Balder		29:52.2	75	+5:01.6	58:35.9	83	+7:57.3
	82-3	y/f	GRAV Jørgen		26:07.0	43	+2:40.2	1:24:42.9	72	+9:54.6
<b>73</b>	<b>44</b>	<b>VANG SKILØPERFORENING 2</b>		<b>Hedmark</b>				<b>1:24:45.2</b>		<b>+9:56.9</b>
	44-1	r/c	NORDLI Simen Engebretsen		27:49.8	73	+2:58.5	27:49.8	73	+2:58.5
	44-2	g/c	KVERNEVIK Thor Emil		30:19.9	86	+5:29.3	58:09.7	81	+7:31.1
	44-3	y/f	STENSETH Lars		26:35.5	57	+3:08.7	1:24:45.2	73	+9:56.9
<b>74</b>	<b>90</b>	<b>IL VINDBJART</b>		<b>Agder og Rogaland</b>				<b>1:24:55.3</b>		<b>+10:07.0</b>
	90-1	r/c	BIRKENES Anders		27:22.2	67	+2:30.9	27:22.2	67	+2:30.9
	90-2	g/c	KONRADSEN Kjartan Topstad		29:47.9	74	+4:57.3	57:10.1	71	+6:31.5
	90-3	y/f	STEINSLAND Gjermund		27:45.2	77	+4:18.4	1:24:55.3	74	+10:07.0
<b>75</b>	<b>94</b>	<b>IL SKARPHEDIN</b>		<b>Telemark og Vestfold</b>				<b>1:24:55.4</b>		<b>+10:07.1</b>
	94-1	r/c	DAHL Svein Halvor		25:59.6	27	+1:08.3	25:59.6	27	+1:08.3
	94-2	g/c	REINBOTH Michael Sæther		29:15.2	60	+4:24.6	55:14.8	49	+4:36.2
	94-3	y/f	SLETTEMEÅS Øystein Bakkåker		29:40.6	92	+6:13.8	1:24:55.4	75	+10:07.1
<b>76</b>	<b>2</b>	<b>BÆKKELAGETS SK - SKI 1</b>		<b>Oslo</b>				<b>1:25:10.8</b>		<b>+10:22.5</b>
	2-1	r/c	VISTER Fredrik Skirbekk		28:43.9	92	+3:52.6	28:43.9	92	+3:52.6
	2-2	g/c	BERGLAND Jonas Kinge		29:52.6	76	+5:02.0	58:36.5	84	+7:57.9
	2-3	y/f	STEEN Tobias Vik		26:34.3	56	+3:07.5	1:25:10.8	76	+10:22.5

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**NM SKI 2010**  
**STOKKE**  
**Storås skiarena**

**Menn 3 x 10 km K/F Stafett**  
**Resultater**

Søndag 24 JAN 2010

Starttid: 13:40

Siste innkomst: 15:18

Rg.	St.Nr. Etappe	Startnummer Farge	Navn	Krets	Etappe Tid	Etappe Rg.	Etappe Bak	Team Tid	Team Rg.	Bak
<b>77</b>	<b>98</b>	<b>NØTTERØY IF - SKI 1</b>		<b>Telemark og Vestfold</b>				<b>1:25:16.3</b>		<b>+10:28.0</b>
	98-1	r/c	WATTERDAL Øyvind		26:41.4	42	+1:50.1	26:41.4	42	+1:50.1
	98-2	g/c	WATTERDAL Eirik		27:38.5	28	+2:47.9	54:19.9	34	+3:41.3
	98-3	y/f	PÅKK Robert		30:56.4	100	+7:29.6	1:25:16.3	77	+10:28.0
<b>78</b>	<b>84</b>	<b>DRIV IL</b>		<b>Akershus</b>				<b>1:26:03.1</b>		<b>+11:14.8</b>
	84-1	r/c	BAKKE Henrik		26:29.8	34	+1:38.5	26:29.8	34	+1:38.5
	84-2	g/c	NÆSS Harald Solhaug		30:24.9	88	+5:34.3	56:54.7	67	+6:16.1
	84-3	y/f	CELIUS Brage		29:08.4	87	+5:41.6	1:26:03.1	78	+11:14.8
<b>79</b>	<b>56</b>	<b>OPPEGÅRD IL</b>		<b>Akershus</b>				<b>1:26:12.9</b>		<b>+11:24.6</b>
	56-1	r/c	WESTGAARD Christian		30:00.6	100	+5:09.3	30:00.6	100	+5:09.3
	56-2	g/c	MYKLAND Martin		29:23.8	63	+4:33.2	59:24.4	89	+8:45.8
	56-3	y/f	GIFSTAD Thomas		26:48.5	65	+3:21.7	1:26:12.9	79	+11:24.6
<b>80</b>	<b>101</b>	<b>STATHELLE OG OMEGN IL</b>		<b>Telemark og Vestfold</b>				<b>1:26:14.1</b>		<b>+11:25.8</b>
	101-1	r/c	GJØMLE Erik		27:54.4	74	+3:03.1	27:54.4	74	+3:03.1
	101-2	g/c	SKEI Vagleik		30:20.1	87	+5:29.5	58:14.5	82	+7:35.9
	101-3	y/f	MUSTAD Per-Gunnar		27:59.6	78	+4:32.8	1:26:14.1	80	+11:25.8
<b>81</b>	<b>97</b>	<b>NANSET IF</b>		<b>Telemark og Vestfold</b>				<b>1:26:29.3</b>		<b>+11:41.0</b>
	97-1	r/c	LUND Tor Martin		28:23.3	84	+3:32.0	28:23.3	84	+3:32.0
	97-2	g/c	FREMSTAD Asgeir		29:23.9	64	+4:33.3	57:47.2	77	+7:08.6
	97-3	y/f	KREKEN Tom		28:42.1	86	+5:15.3	1:26:29.3	81	+11:41.0
<b>82</b>	<b>54</b>	<b>RUSTAD IL 3</b>		<b>Oslo</b>				<b>1:26:33.9</b>		<b>+11:45.6</b>
	54-1	r/c	SMENES Atle		28:46.3	94	+3:55.0	28:46.3	94	+3:55.0
	54-2	g/c	EVENSEN Torfinn		30:06.6	80	+5:16.0	58:52.9	85	+8:14.3
	54-3	y/f	HESTENGEN Truls		27:41.0	76	+4:14.2	1:26:33.9	82	+11:45.6
<b>83</b>	<b>61</b>	<b>OSLOSTUDENTENES IK - SKI 1</b>		<b>Oslo</b>				<b>1:26:35.9</b>		<b>+11:47.6</b>
	61-1	r/c	JOHANSSON SOLUM Eirik		27:31.3	69	+2:40.0	27:31.3	69	+2:40.0
	61-2	g/c	GRAMSTAD Eirik		29:28.5	67	+4:37.9	56:59.8	68	+6:21.2
	61-3	y/f	STOKKE Per Christian		29:36.1	91	+6:09.3	1:26:35.9	83	+11:47.6

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**NM SKI 2010**  
**STOKKE**  
**Storås skiarena**

**Menn 3 x 10 km K/F Stafett**  
**Resultater**

Søndag 24 JAN 2010

Starttid: 13:40

Siste innkomst: 15:18

Rg.	St.Nr. Etappe	Startnummer Farge	Navn	Krets	Etappe Tid	Etappe Rg.	Etappe Bak	Team Tid	Team Rg.	Bak
<b>84</b>	<b>89</b>	<b>IL SISO - SKI</b>		<b>Nordland</b>				<b>1:27:12.8</b>		<b>+12:24.5</b>
	89-1	r/c	VALVIK Vidar		28:53.9	95	+4:02.6	28:53.9	95	+4:02.6
	89-2	g/c	PEDERSEN Vegar		31:54.8	97	+7:04.2	1:00:48.7	=97	+10:10.1
	89-3	y/f	KRISTIANSEN Kenneth Støre		26:24.1	52	+2:57.3	1:27:12.8	84	+12:24.5
<b>85</b>	<b>111</b>	<b>SANDE SPORTSKLUBB 2</b>		<b>Telemark og Vestfold</b>				<b>1:27:15.9</b>		<b>+12:27.6</b>
	111-1	r/c	LILLE Fredrik Stenestø		28:10.3	80	+3:19.0	28:10.3	80	+3:19.0
	111-2	g/c	SOLLIE Ove		29:55.7	77	+5:05.1	58:06.0	80	+7:27.4
	111-3	y/f	TRØMBORG Stian		29:09.9	88	+5:43.1	1:27:15.9	85	+12:27.6
<b>86</b>	<b>58</b>	<b>GJERDRUM IL - SKI 3</b>		<b>Akershus</b>				<b>1:27:18.1</b>		<b>+12:29.8</b>
	58-1	r/c	HUSTAD Jørgen		27:18.4	66	+2:27.1	27:18.4	66	+2:27.1
	58-2	g/c	SKOGSHOLM Sondre		30:25.6	90	+5:35.0	57:44.0	76	+7:05.4
	58-3	y/f	THEODORSEN Martin		29:34.1	90	+6:07.3	1:27:18.1	86	+12:29.8
<b>87</b>	<b>110</b>	<b>OSEBERG SKILAG 3</b>		<b>Telemark og Vestfold</b>				<b>1:27:18.2</b>		<b>+12:29.9</b>
	110-1	r/c	OTTERSTAD Nils Marius		28:45.3	93	+3:54.0	28:45.3	93	+3:54.0
	110-2	g/c	MYSEN Eirik		30:09.9	81	+5:19.3	58:55.2	86	+8:16.6
	110-3	y/f	ANKERSEN Kristian		28:23.0	85	+4:56.2	1:27:18.2	87	+12:29.9
<b>88</b>	<b>76</b>	<b>RYGENE IL 1</b>		<b>Agder og Rogaland</b>				<b>1:27:43.2</b>		<b>+12:54.9</b>
	76-1	r/c	FALCK Ole Christian		29:15.2	96	+4:23.9	29:15.2	96	+4:23.9
	76-2	g/c	SYVERTSEN Christopher Øiestad		30:17.8	85	+5:27.2	59:33.0	90	+8:54.4
	76-3	y/f	HODNEBROG Jørgen R		28:10.2	79	+4:43.4	1:27:43.2	88	+12:54.9
<b>89</b>	<b>115</b>	<b>IL HEMING 4</b>		<b>Oslo</b>				<b>1:28:42.2</b>		<b>+13:53.9</b>
	115-1	r/c	REUSCH Christian Henrik		30:10.7	103	+5:19.4	30:10.7	103	+5:19.4
	115-2	g/c	RØSTUM Helge		30:12.2	82	+5:21.6	1:00:22.9	95	+9:44.3
	115-3	y/f	TRIER Øivind Thorvald Due		28:19.3	82	+4:52.5	1:28:42.2	89	+13:53.9
<b>90</b>	<b>112</b>	<b>IL RUNAR 2</b>		<b>Telemark og Vestfold</b>				<b>1:29:00.1</b>		<b>+14:11.8</b>
	112-1	r/c	HÅRSTADHAUGEN Tor Einar		30:14.4	104	+5:23.1	30:14.4	104	+5:23.1
	112-2	g/c	HAUGHEM Hans Martin		30:25.4	89	+5:34.8	1:00:39.8	96	+10:01.2
	112-3	y/f	HAUGHEM Stian		28:20.3	83	+4:53.5	1:29:00.1	90	+14:11.8

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**Menn 3 x 10 km K/F Stafett**  
**Resultater**

Søndag 24 JAN 2010

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Rg.	St.Nr. Etappe	Startnummer Farge	Navn	Krets	Etappe Tid	Etappe Rg.	Etappe Bak	Team Tid	Team Rg.	Bak
91	74	<b>MALM IL</b>		<b>Nord-Trøndelag</b>				<b>1:29:09.1</b>		<b>+14:20.8</b>
	74-1	r / c	HJULSTAD Frank Robert		28:25.1	87	+3:33.8	28:25.1	87	+3:33.8
	74-2	g / c	TØMMERVIK Lars Håvard		32:23.6	101	+7:33.0	1:00:48.7	=97	+10:10.1
	74-3	y / f	MYHRE Kenneth		28:20.4	84	+4:53.6	1:29:09.1	91	+14:20.8
92	102	<b>SKOPPUM IL - SKI 1</b>		<b>Telemark og Vestfold</b>				<b>1:29:23.4</b>		<b>+14:35.1</b>
	102-1	r / c	HENRIKSEN Jørgen		29:54.3	99	+5:03.0	29:54.3	99	+5:03.0
	102-2	g / c	SKAUG Jan Kjetil		32:05.1	98	+7:14.5	1:01:59.4	101	+11:20.8
	102-3	y / f	EGGUM Anders		27:24.0	75	+3:57.2	1:29:23.4	92	+14:35.1
93	92	<b>HEDDAL IL</b>		<b>Telemark og Vestfold</b>				<b>1:29:29.0</b>		<b>+14:40.7</b>
	92-1	r / c	MARTHINSEN Vegard Bø		28:13.8	81	+3:22.5	28:13.8	81	+3:22.5
	92-2	g / c	GOLID Ole Christian		31:20.4	94	+6:29.8	59:34.2	91	+8:55.6
	92-3	y / f	AAS Sveinung		29:54.8	94	+6:28.0	1:29:29.0	93	+14:40.7
94	63	<b>LØRENSKOG SKIKLUBB - SKI 2</b>		<b>Akershus</b>				<b>1:29:44.1</b>		<b>+14:55.8</b>
	63-1	r / c	GRINDLAND Ola		28:15.0	83	+3:23.7	28:15.0	83	+3:23.7
	63-2	g / c	BAARLID Kennet		30:48.0	93	+5:57.4	59:03.0	87	+8:24.4
	63-3	y / f	RUUD-JR Hans Håkon		30:41.1	99	+7:14.3	1:29:44.1	94	+14:55.8
95	62	<b>NTNUI-LANGRENN 2</b>		<b>Sør-Trøndelag</b>				<b>1:30:04.4</b>		<b>+15:16.1</b>
	62-1	r / c	AASTEBØL Truls Johansen		30:16.1	105	+5:24.8	30:16.1	105	+5:24.8
	62-2	g / c	PEDERSEN Asgeir Domaas		30:00.6	78	+5:10.0	1:00:16.7	94	+9:38.1
	62-3	y / f	LARSEN Magnus Mellby		29:47.7	93	+6:20.9	1:30:04.4	95	+15:16.1
96	117	<b>STOKKE IL 4</b>		<b>Telemark og Vestfold</b>				<b>1:31:18.7</b>		<b>+16:30.4</b>
	117-1	r / c	KJÆR Thomas		28:42.8	89	+3:51.5	28:42.8	89	+3:51.5
	117-2	g / c	AABOL Lars Christian		30:38.2	92	+5:47.6	59:21.0	88	+8:42.4
	117-3	y / f	KARLSON Stian Rene		31:57.7	101	+8:30.9	1:31:18.7	96	+16:30.4
97	50	<b>BÆKKELAGETS SK - SKI 2</b>		<b>Oslo</b>				<b>1:31:33.5</b>		<b>+16:45.2</b>
	50-1	r / c	SØRLAND Ole Kristian		28:36.3	88	+3:45.0	28:36.3	88	+3:45.0
	50-2	g / c	RØER Eirik Lund		32:35.8	104	+7:45.2	1:01:12.1	99	+10:33.5
	50-3	y / f	AANSTAD Marius		30:21.4	96	+6:54.6	1:31:33.5	97	+16:45.2

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**NM SKI 2010**  
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Rg.	St.Nr. Etappe	Startnummer Farge	Navn	Krets	Etappe Tid	Etappe Rg.	Etappe Bak	Team Tid	Team Rg.	Bak
<b>98</b>	<b>91</b>	<b>IL HEI - SKI</b>		<b>Telemark og Vestfold</b>				<b>1:31:43.8</b>		<b>+16:55.5</b>
	91-1	r / c	GUNNULFSEN Mikael		28:43.3	90	+3:52.0	28:43.3	90	+3:52.0
	91-2	g / c	BERTELSEN Håvard		32:54.8	107	+8:04.2	1:01:38.1	100	+10:59.5
	91-3	y / f	MIDTGARDEN Eivind Aasrum		30:05.7	95	+6:38.9	1:31:43.8	98	+16:55.5
<b>99</b>	<b>116</b>	<b>STOKKE IL 3</b>		<b>Telemark og Vestfold</b>				<b>1:31:47.4</b>		<b>+16:59.1</b>
	116-1	r / c	HAUG Ola		30:48.1	108	+5:56.8	30:48.1	108	+5:56.8
	116-2	g / c	WÅLE Ole Edvard		31:35.2	95	+6:44.6	1:02:23.3	102	+11:44.7
	116-3	y / f	STENDAHL Martin		29:24.1	89	+5:57.3	1:31:47.4	99	+16:59.1
<b>100</b>	<b>108</b>	<b>ANDEBU IL</b>		<b>Telemark og Vestfold</b>				<b>1:32:13.8</b>		<b>+17:25.5</b>
	108-1	r / c	IDLAND Einar		28:23.5	85	+3:32.2	28:23.5	85	+3:32.2
	108-2	g / c	KVÆRNSMYR Stian		31:48.3	96	+6:57.7	1:00:11.8	=92	+9:33.2
	108-3	y / f	ASKE Martin		32:02.0	102	+8:35.2	1:32:13.8	100	+17:25.5
<b>101</b>	<b>64</b>	<b>OSLOSTUDENTENES IK - SKI 2</b>		<b>Oslo</b>				<b>1:33:09.3</b>		<b>+18:21.0</b>
	64-1	r / c	NIELSEN Halvar Møll		30:09.7	102	+5:18.4	30:09.7	102	+5:18.4
	64-2	g / c	SKJEGGESTAD Sjur Iversen		32:31.1	102	+7:40.5	1:02:40.8	104	+12:02.2
	64-3	y / f	NIELSEN William Iver		30:28.5	97	+7:01.7	1:33:09.3	101	+18:21.0
<b>102</b>	<b>118</b>	<b>STOKKE IL 5</b>		<b>Telemark og Vestfold</b>				<b>1:33:11.5</b>		<b>+18:23.2</b>
	118-1	r / c	LIE Fredrik		29:50.9	98	+4:59.6	29:50.9	98	+4:59.6
	118-2	g / c	BERGSHOLM Haakon		32:40.6	105	+7:50.0	1:02:31.5	103	+11:52.9
	118-3	y / f	KJØNIKSEN Emil		30:40.0	98	+7:13.2	1:33:11.5	102	+18:23.2

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Ikke fullført

<b>41 NOR - IL NANSEN - SKI</b>									
41-1	r / C		JOHAUG JR. Karstein	27:25.7	68	+2:34.4	27:25.7	68	+2:34.4
41-2	g / C		BERG TUVENG Martin	32:46.1	106	+7:55.5	1:00:11.8	=92	+9:33.2
41-3	y / F		ØSTGÅRDSDGJELTEN Geir						
<b>65 NOR - OSLOSTUDENTENES IK - SKI 3</b>									
65-1	r / C		SKYRUD Tord Erik	30:48.7	109	+5:57.4	30:48.7	109	+5:57.4
65-2	g / C		NERMOEN Anders	33:41.9	108	+8:51.3	1:04:30.6	108	+13:52.0
65-3	y / F		ELVESTUD Tobias Ruud						
<b>66 NOR - OSLOSTUDENTENES IK - SKI 4</b>									
66-1	r / C		HOLSTAD Henrik	34:54.8	113	+10:03.5	34:54.8	113	+10:03.5
66-2	g / C		GAASEMYR Gaute	35:25.0	111	+10:34.4	1:10:19.8	113	+19:41.2
66-3	y / F		KIELLAND Anders						
<b>75 NOR - STRINDHEIM IL 2</b>									
75-1	r / C		BÆKKEN Simen	27:06.9	61	+2:15.6	27:06.9	61	+2:15.6
75-2	g / C		BALTO Bård Vegard Ytrehaug	30:00.7	79	+5:10.1	57:07.6	70	+6:29.0
75-3	y / F		KROGSVEEN Tore						
<b>80 NOR - KODAL IL</b>									
80-1	r / C		DAHL Tinus	32:55.3	111	+8:04.0	32:55.3	111	+8:04.0
80-2	g / C		VESTBY Thomas	34:18.6	110	+9:28.0	1:07:13.9	111	+16:35.3
80-3	y / F		HALVORSEN Odd Martin						
<b>95 NOR - KILEBYGDA IL</b>									
95-1	r / C		BRUUN Nils Anders	29:23.4	97	+4:32.1	29:23.4	97	+4:32.1
95-2	g / C		LØBERG Erik	34:11.9	109	+9:21.3	1:03:35.3	107	+12:56.7
95-3	y / F		PEDERSEN Robert Søreid						
<b>103 NOR - SANDE SPORTSKLUBB 1</b>									
103-1	r / C		AASERUD August	30:17.8	106	+5:26.5	30:17.8	106	+5:26.5
103-2	g / C		GRAVNINGEN Hans Gunnar	32:33.6	103	+7:43.0	1:02:51.4	=105	+12:12.8
103-3	y / F		BONDEN Hans Kristian						

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**NM SKI 2010**  
**STOKKE**  
**Storås skiarena**

<b>106 NOR - RYGENE IL 2</b>							
106-1	r / C	MYRNES Erlend	30:38.2	107 +5:46.9	30:38.2	107 +5:46.9	
106-2	g / C	FORGÅRD Jan Christian	32:13.2	99 +7:22.6	1:02:51.4	=105 +12:12.8	
106-3	y / F	RISHOLT Mats					
<b>107 NOR - BERGENS SKILAG</b>							
107-1	r / C	STRAND Peder	33:03.6	112 +8:12.3	33:03.6	112 +8:12.3	
107-2	g / C	STRAND Andreas	37:05.8	113 +12:15.2	1:10:09.4	112 +19:30.8	
107-3	y / F	WIRSCHING Andreas					
<b>109 NOR - GULSET IF</b>							
109-1	r / C	JONSDJORD Didrik Strand	30:09.3	101 +5:18.0	30:09.3	101 +5:18.0	
109-2	g / C	STRAND Ulf	36:05.6	112 +11:15.0	1:06:14.9	110 +15:36.3	
109-3	y / F	STRAND Jørgen					
<b>114 NOR - SKOPPUM IL - SKI 2</b>							
114-1	r / C	SØRDAL Eirik	32:37.8	110 +7:46.5	32:37.8	110 +7:46.5	
114-2	g / C	KJELLSTADLI Andreas	32:14.8	100 +7:24.2	1:04:52.6	109 +14:14.0	
114-3	y / F	KALLESTAD Andreas Lund					

**Ikke startet**

<b>34 NOR - BRØTTUM IL</b>							
34-1	r / C	TOFTEGAARD Lars Amund					
34-2	g / C	MÆHLUM Nils Einar					
34-3	y / F	SKJELDNESTORGEIR					
<b>60 NOR - VIKERSUND IF - SKI</b>							
60-1	r / C	JELSTAD Stian Stærkeby					
60-2	g / C	WIGER Øyvind					
60-3	y / F	ERIKSEN Sondre					
<b>67 NOR - RØA IL</b>							
67-1	r / C	SUNDBY Martin Johnsrud					
67-2	g / C	FENRE Tobias Dahl					
67-3	y / F	SANDBAKKEN Sindre Schafroth					
<b>77 NOR - SJÅSTAD/VESTRE LIER IL</b>							
77-1	r / C	ERIKSRUD Rolv					
77-2	g / C	NYGAARD Håvard					
77-3	y / F	NILSEN Martin Bekken					
<b>87 NOR - HOKKSUND IL</b>							
87-1	r / C	FOSSLI Sondre					
87-2	g / C	FOSSLI Endre					
87-3	y / F	GRINNA Jørgen Thorrud					

Vaer	Sno Forhold	Temperatur		Deltakere					
		Luft	Sno	Pameld.	Rangering	DNS	DNF	DSQ	LAP
Mostly cloudy	Packed powder	-4,0°C	-3,0°C	354/1	306/1	15/1	33/1	0/0	0/0

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