



RESULTATER

JR. NM '89



DOMBÅS

25.02.1989

KOMPLETT LISTE

KR.20,-



Lorenskog Skiklubb



Rælingen Skiklubb

Lørenskog Skiklubb/
Rølingen Skiklubb
Rennleder: Nydal/Løkken

RESULTATER

Junior-NM 1989 Torsdag 23. februar 1989
Menn 16 år TD : Thorbjørn Refseth



PLASS NR.	NAVN	LAG	T I D	ETTER
1	699 ALSGAARD, Thomas	Eidsvold Værk SK	31.40,0	00.00,0
2	703 WEMANN, Thomas	Vestfossen IF	32.16,0	00.36,0
3	711 RENA, Hans Jørgen	Hommelvik	32.48,0	01.08,0
4	705 BAKKEN, Torodd	Botne	33.09,0	01.29,0
4	710 TJØGERSEN, Kjetil	Høybråten og Stovner	33.09,0	01.29,0
6	715 TRONVOLL, Ove Erik	Svorkmo IL	33.24,0	01.44,0
7	700 LOE JOHANSEN, Øyvind	Nidelv IL	33.29,0	01.49,0
8	630 ØSTVOLD, Ola	Vind IL	33.41,0	02.01,0
9	708 ELIASSEN, Odd Arne	Idun's IL	33.43,0	02.03,0
10	714 AAS, Arnstein	Voss	33.53,0	02.13,0
11	648 FOSSE, Morten	Harestua IL	33.55,0	02.15,0
12	685 RØRHUS, Atle	Raufoss IL	34.00,0	02.20,0
13	649 TØNDEVOLDSHAGEN, Jon	Øyer IL	34.03,0	02.23,0
13	712 WESTER, Hans Egil	Overhalla	34.03,0	02.23,0
15	631 TØLLEFSEN, Esben	Silsand & Omegn IF	34.07,0	02.27,0
16	713 OLSEN, Even	Rotsundelv IL	34.09,0	02.29,0
17	642 ELBOTH, Thomas	Kjelsås	34.10,0	02.30,0
18	698 FØRLAND, Thomas	Heggedal IL	34.14,0	02.34,0
19	654 KVERNSMYHR, Ståle	Andebu IL	34.15,0	02.35,0
20	684 SANDVIK, Olav	Nidelv IL	34.16,0	02.36,0
21	658 OMLAND, Ole J.	Skedsmo	34.19,0	02.39,0
21	687 AUKLAND, Anders	Oseberg	34.19,0	02.39,0
23	599 HOEM, Magne Reier	Isfjorden IL	34.21,0	02.41,0
24	675 GALAEN, Jan Magne	Moelven IL	34.22,0	02.42,0
25	605 BERGERSEN, Hein	Rølingen SK	34.31,0	02.51,0
26	677 HVAMB, Jostein	Sauland	34.32,0	02.52,0
27	716 BJERVIG, Espen	Oseberg	34.33,0	02.53,0
28	610 KAGEN, Thorbjørn	IL Ros	34.35,0	02.55,0
28	681 ELLEFSEN, Helge	Fauske IL	34.35,0	02.55,0
30	657 HOLTRE, Jan Erik	Jonsvatnet IL	34.36,0	02.56,0
31	618 SAXRUD, Amund	Tangen IL	34.38,0	02.58,0
32	688 NORVIK, Frank	Frosta	34.41,0	03.01,0
33	647 BAKKEN, Vidar	Barum Skiklubb	34.42,0	03.02,0
34	660 KARLSEN, Knut	Voss	34.43,0	03.03,0
35	640 SIGRIDNES, Jon Salve	Dristug IL	34.45,0	03.05,0
36	595 HEGGEN, Hovel	Gran IL	34.46,0	03.06,0
37	607 GLOMNES, Tore	Holmen	34.48,0	03.08,0
37	702 ESTIL, Frode	Sørli	34.48,0	03.08,0
39	634 FLATOU, Hans Chr.	Drammens Ballklubb	34.49,0	03.09,0
40	689 BARDESEN, Sindre	Vang SL	34.50,0	03.10,0
40	693 RINGHUS, Helge	IL Rein	34.50,0	03.10,0
42	683 LILLEFJELL, Roar	Stod	34.52,0	03.12,0
43	657 BERG, Thormod	Greåker IF	34.53,0	03.13,0
44	629 JACOBSEN, Anders	Kjelsås	34.55,0	03.15,0
45	666 ALLERGODT, Espen	Høybråten og Stovner	34.58,0	03.18,0
46	650 JENSVOLL, Bernt	Rinna IL	35.01,0	03.21,0
46	668 HAUKLAND, Lars Utne	Innstrandens IL	35.01,0	03.21,0
48	670 WALAKER, Roger	Jotun	35.02,0	03.22,0
49	632 RYKHUS, Geir Kåre	Dovre IL	35.03,0	03.23,0
50	594 PEDERSEN, Vegard	Siso IL	35.08,0	03.28,0
51	679 JØRGENSEN, Tore	Lekang Skilag	35.11,0	03.31,0
52	626 BERNTSEN, Erik	Eidsvold Værk SK	35.14,0	03.34,0
53	694 FUGLEN, Tord	Selbu IL	35.17,0	03.37,0
54	692 THORSTENSEN, Dag	Høybråten og Stovner	35.18,0	03.38,0
55	644 JOHANSEN, Yngve	Bardufoss & omegn IF	35.19,0	03.39,0

Lørenskog Skiklubb/
Rølingen Skiklubb
Rennleder: Nydal/Løkken

RESULTATER

Junior-NM 1989 Torsdag 23. februar 1989
Menn 16 år TD : Thorbjørn Refseth



PLASS NR.	NAVN	LAG	T I D	ETTER
56	637 HELLERUD, Jørgen	NSG/Frisk	35.22,0	03.42,0
57	619 RØ, Arnulf	IL Skrim	35.29,0	03.49,0
58	604 ESPEDAL, Terje	Bjerkreim IL	35.32,0	03.52,0
59	673 NORDAHL, Jon Audun	Kjelsås	35.33,0	03.53,0
60	678 THORSTENSEN, Morten	Høybråten og Stovner	35.34,0	03.54,0
61	635 SIMONSEN, Sverre	Oppsal	35.36,0	03.56,0
61	645 WETHE, Espen	Koll	35.36,0	03.56,0
63	652 STOUUM, Ronny	IL Fjellørnen	35.38,0	03.58,0
64	606 BRÆKKE, Svein Age	Veldre IL	35.39,0	03.59,0
65	638 HAMMARI, Rune	Alta IF	35.40,0	04.00,0
66	598 NORDBØ, Vidar	Otra IL	35.41,0	04.01,0
66	613 STAKKELAND, Pål Martin	Fjotland IL	35.41,0	04.01,0
68	662 VASSENGEN Niri	Bakke IF	35.43,0	04.03,0
69	636 BACHKE, Ole Marius	Heming	35.44,0	04.04,0
70	614 MOE, ESKIL	IF Birkebeineren	35.45,0	04.05,0
70	617 CLIFFORD, Ryder	Heming	35.45,0	04.05,0
72	674 SIMENSEN, Ivar	IL Frea	35.50,0	04.10,0
72	676 SNERTHAMMER, Odd	Knaben IL	35.50,0	04.10,0
74	616 KLUNGERBO, Morten	Selsbakk IF	35.51,0	04.11,0
75	609 HOLT, Espen H.	Høland IL	35.54,0	04.14,0
76	592 MYRVOLD, Tommas	Hernes	35.56,0	04.16,0
77	641 NAKSTAD, Endre	IL Jutul	35.58,0	04.18,0
78	663 SÆTHERASEN, Uno	Magnor UL	36.06,0	04.26,0
78	665 SOLVANG, Jostein	Heddal	36.06,0	04.26,0
81	697 SKATTEBO, Audun	Ø. Slidre IL	36.15,0	04.35,0
82	622 GUVAG, Per A.	Hosle IL	36.20,0	04.40,0
83	593 HUGAS MOLDEN, Thomas	Selsbakk IF	36.23,0	04.43,0
83	671 BAKKE, Jørn H.	Øyer IL	36.23,0	04.43,0
85	667 ØSTENSEN, Rolf E.	IF Birkebeineren	36.28,0	04.48,0
86	612 BÆRSETH, Sven M.	NORD-TRØNDELAG Skikr	36.35,0	04.55,0
87	695 SMEVOLL, Frode	Sykkylven IL	36.42,0	05.02,0
88	597 MOLBERG, Kjetil	Vikersund IF	36.45,0	05.05,0
88	706 KNABENES, Glenn Ivar	Knaben IL	36.45,0	05.05,0
90	600 PEDERSEN, Ola G.	Strømmen & Lillestrøm	36.46,0	05.06,0
91	672 TOTLAND, Tore	Fana	36.49,0	05.09,0
92	682 HANSEN, Frode	Bardufoss & omegn IF	36.52,0	05.12,0
93	602 WOLLEBÆK, Ørjan	Hørlund IL	36.53,0	05.13,0
94	653 BAKKESTUEN, Roger	Gausdal IL	36.57,0	05.17,0
95	627 GJELSVIK, Einar	Flatås IL	36.58,0	05.18,0
96	643 HAUGOM, Sten A.	Gulset	36.59,0	05.19,0
97	661 SUHR, Vegar	Alta IF	37.01,0	05.21,0
98	621 HELLSTRØM, Torgeir	Koll	37.05,0	05.25,0
99	603 BJØRKENG, Stein O.	Lairådal	37.11,0	05.31,0
100	623 HYNNE, Terje	Runar	37.13,0	05.33,0
101	628 RAKE, Geir	Gulset	37.24,0	05.44,0
102	690 KRISTIANSEN, Jørn	S. Al IL	37.37,0	05.57,0
103	639 KLOKSET, Viggo	Tomrefjord IL	37.39,0	05.59,0
104	625 SLETTEN, Geir Ole.	Molde og Omegn IF	37.46,0	06.06,0
105	680 KLUND, Even	Ørje IL	37.52,0	06.12,0
106	611 HØIAS, Rune	IF Birkebeineren	38.03,0	06.23,0
107	608 STENSETH, Eivind	IL Jardar	38.07,0	06.27,0
108	601 FORMOE, Espen	Konnerud IL	39.18,0	07.38,0
BRUTT	656 DAHLE, Frode	Mittet IL		
BRUTT	704 HAMMER, Tore	Buvik IL		

RESULTATER

 Rønskog Skiklubb/
 Rønskog Skiklubb
 Leder: Nydal/Løkken Junior-NM 1989 Torsdag 23. februar 1989
 Menn 17 år TD : Thorbjørn Refseth

SS NR.	NAVN	LAG	T I D	ETTER
502	EIDE, Anders	Snåsa	31.30,0	00.00,0
503	SANDAL, Svein Tore	Støren Sp.kl.	31.32,0	00.02,0
504	HJELMESET, Oddbjørn	Fj.h./Ver	32.21,0	00.51,0
573	LANGSETH, Bjørn	Bjerke	32.22,0	00.52,0
575	BERGERSEN, Jon-Olaf	Kjelsås	32.35,0	01.05,0
580	HAUGEN, Tor Arne	Kolbu IL	32.38,0	01.08,0
588	SKAANES, Torbjørn	Utleira IL	32.42,0	01.12,0
490	GRØNLI, Odd Anders	IF Birkebeineren	32.54,0	01.24,0
557	ØSTERAS, Håvard	Skatval Skilag	32.57,0	01.27,0
577	JONDUM, Torgeir	Strindheim IL	33.11,0	01.41,0
511	SVENDSEN, Arne Markus	Lavangen IL	33.16,0	01.46,0
587	BØE, Anders	IL Snøhetta	33.20,0	01.50,0
524	FREMSTAD, Asgeir	Rannes	33.23,0	01.53,0
586	KVENNAS, Øivind	Byåsen IL	33.25,0	01.55,0
529	HOLEN, Andreas	Gausdal IL	33.28,0	01.58,0
504	ROSSDAL, Ståle	Terråk IL	33.36,0	02.06,0
572	HENNUM, Steinar	Lier IL	33.36,0	02.06,0
491	HUSTAD, Stig	Røra	33.41,0	02.11,0
493	THON, Jens Petter	Askim IF	33.41,0	02.11,0
574	KNUDSEN, Per Kristian	NSG/Fenstad SK	33.41,0	02.11,0
576	WERGELAND, Harald	Rannes	33.42,0	02.12,0
578	HAGEN, Ragnar	Al IL	33.42,0	02.12,0
512	OUS, Lars Brede	Fet SK	33.45,0	02.15,0
571	SUND, Lyder	Spillum	33.50,0	02.20,0
514	SALTNES, Torgeir	As IL	33.52,0	02.22,0
558	WIIG, Rune	Trøgstad IL	34.01,0	02.31,0
581	KROKEN, Erlend	Bardufoss & omegn IF	34.02,0	02.32,0
527	STAALEN, Svein Olav	Nedre Sigdal IF	34.06,0	02.36,0
532	RYGG, Pål	Selsbakk IF	34.07,0	02.37,0
551	PEDERSEN, Henning	Moss Skiklubb	34.07,0	02.37,0
585	HANSEN, Trym	Høybråten og Stovner	34.09,0	02.39,0
400	REITEN, Johannes	Betna IL	34.11,0	02.41,0
519	ASPESLAEN, Geir	Tormod Skilag	34.14,0	02.44,0
522	EIDISSEN, Trond	Medkila Skilag	34.15,0	02.45,0
565	LIEN, Rune	Hernes	34.15,0	02.45,0
540	SIMENSEN, Erik	Høybråten og Stovner	34.17,0	02.47,0
589	SANDBERG, Odd Inge	Neverfjord IL	34.17,0	02.47,0
484	BLANDHOEL, John T.	Bærum Værk IF	34.20,0	02.50,0
507	LUNDAMO, Rolf	Bardufoss & omegn IF	34.23,0	02.53,0
570	LAUVRAK, Erik	Imås IL	34.25,0	02.55,0
500	LILLE, Steinar	Alta IF	34.27,0	02.57,0
531	KLØVEN, Anders	IF Liungen	34.27,0	02.57,0
559	HEGGEN, Trygve	Gran IL	34.27,0	02.57,0
563	IVERSEN, Trond	Henning	34.27,0	02.57,0
482	MEDHUS, Odd Ivar	Røldal	34.28,0	02.58,0
497	MYKLAND, Per Anton	Hokksund IL	34.34,0	03.04,0
516	RISTE, Svein	V. Slidre IL	34.34,0	03.04,0
555	FJELLHAUG, Kristian	Høybråten og Stovner	34.36,0	03.06,0
543	BJØRNSTAD, Per Erik	Fauske IL	34.43,0	03.13,0
544	TORSETH, Terje	Koll	34.46,0	03.16,0
552	HANSEN, Roger	Rognan IL	34.46,0	03.16,0
303	RICHSTAD, Tor Arne	Beitstad	34.53,0	03.23,0
510	JOHANSEN, Kristian	Narvik Skiklubb	34.53,0	03.23,0
506	OVERLAND, Tormod	IL Fjellørnen	34.56,0	03.26,0
549	ØVERNES, Eirik	Tromsø Skiklubb	35.01,0	03.31,0

RESULTATER

 Lørenskog Skiklubb/
 Rølingen Skiklubb
 Rennleder: Nydal/Løkken Junior-NM 1989 Torsdag 23. februar 1989
 Menn 17 år TD : Thorbjørn Refseth

PLASS NR.	NAVN	LAG	T I D	ETTER
56	568 KNOTTEN, Jon Erik	NSG/Rannes	35.02,0	03.32,0
57	562 MOLAND, Per Øyvind	Andebu IL	35.03,0	03.33,0
58	567 SØRLIE, Ove	Høybråten og Stovner	35.04,0	03.34,0
59	547 GRANHEIM, Rune	Strindheim IL	35.05,0	03.35,0
60	536 DALE, Jo	Fet SK	35.07,0	03.37,0
61	550 MELBØ, Hans Petter	Vind IL	35.08,0	03.38,0
62	483 SMIDESANG, Jørn	Rinna IL	35.12,0	03.42,0
63	548 VALØEN, Lars Ole	Byafossen	35.13,0	03.43,0
64	494 FURUHAUG, Rune	Sjetne IL	35.18,0	03.48,0
65	518 GJERDINGEN, Halvor	Gran IL	35.19,0	03.49,0
66	513 LUNDEKVAM, Håvar	Gaular	35.23,0	03.53,0
67	556 FANTOFT, Erik	Fana	35.26,0	03.56,0
68	537 RØYNESTAD, Kjell	Knaben IL	35.28,0	03.58,0
69	486 SØRLIEN, Tommy	Vang SL	35.30,0	04.00,0
70	509 HOLST, Anders	Stathelle	35.32,0	04.02,0
71	485 LARSEN, Erik	Flatås IL	35.33,0	04.03,0
72	541 MISUND, Per Magne	Måndalen IL	35.34,0	04.04,0
73	525 LUND, EIVIND	Gjelleråsen	35.37,0	04.07,0
74	499 MODELL, Pål G.	Føling	35.39,0	04.09,0
74	533 ØSTBY, Trond	Lensbygda Spki	35.39,0	04.09,0
76	561 MOLDEN, Ole	Gran IL	35.41,0	04.11,0
77	496 PAY, Henrik	Holmen	35.47,0	04.17,0
78	553 SKOVLY, Niklas	Moss Skiklubb	35.48,0	04.18,0
79	579 VETHE, Lars	NSG/Heggedal IL	35.52,0	04.22,0
80	538 HØIAS, Olav	Kløbu IL	35.53,0	04.23,0
81	530 OPBERGET, Ole Jacob	Jømna/Heradsbygd	36.00,0	04.30,0
82	498 HORN, Fredrik	Hosle IL	36.10,0	04.40,0
83	560 FORFOED, Henry	Malm	36.12,0	04.42,0
84	542 RØRVIK, Jan Gustav	Siso IL	36.15,0	04.45,0
85	489 KJENAAS, Stig	Svene IL	36.20,0	04.50,0
86	523 ARNESEN, Hans K.	Runar	36.22,0	04.52,0
87	545 GAUTEFALL, Tor Kr.	Kragerø	36.23,0	04.53,0
88	492 UNDHEIM, Dag Inge	Rølingen SK	36.30,0	05.00,0
89	534 NALUM, Knut Ingar	Runar	36.33,0	05.03,0
90	515 RIDENG, Steinar	Nydalen	36.35,0	05.05,0
91	526 HUBERT, Hans Petter	Koll	36.41,0	05.11,0
92	521 PEDERSEN, Bjørn	Skjervøy IK	36.47,0	05.17,0
93	569 STRØMSNES, Rune	Osterøy	36.49,0	05.19,0
94	495 SEIM, Jan Erik	Voss	36.55,0	05.25,0
95	554 MARTINSEN, Bjørn	Nybygda	37.04,0	05.34,0
96	517 BREDESEN, Trond Ove	Tynset	37.23,0	05.53,0
97	505 ØPSTAD, Kjetil	IF Birkebeineren	37.35,0	06.05,0
98	502 FLOTHYL, Trond Neri	IL Rein	37.51,0	06.21,0
99	487 JOHANNESSEN, Even	Drøbak/Frogn	38.05,0	06.35,0
100	520 SLATTO, Thorbjørn	IL Høleværingen	38.27,0	06.57,0
101	528 TVEIDA, Aksel	Oddersjaa IL	41.22,0	09.52,0
BRUTT	481 HUSUM, Thomas	As IL		

X-SPORT RESULTATSYSTEM 890223 14:05.17

RESULTATER

 Lørenskog Skiklubb/
 Rølingen Skiklubb
 Rennleder: Nydal/Løkken

 Junior-NM 1989 Torsdag 23. februar 1989
 Menn 18/19 år TD : Thorbjørn Refseth

PLASS NR.	NAVN	LAG	T I D	ETTER
1	473 SØRGARD, Krister	Sandnes IL	45.01,0	00.00,0
2	462 STRØMSKAG, Geir O.	Frosta	46.33,0	01.32,0
3	459 SKJELDAL, Gudmund	Bulken IL	46.34,0	01.33,0
4	468 BØHLE, Arne	Geilo IL	46.49,0	01.48,0
5	469 SKARI, Geir	Lensbygda Spkl	47.03,0	02.02,0
6	464 LANDSEM, Even	IK Rindals Troll	47.15,0	02.14,0
7	379 REE, Martin	Støren Sp.kl.	47.27,0	02.26,0
8	347 HOLTH, Trond	NSG/Magror UL	47.38,0	02.37,0
9	384 THORSRUD, Jarle	Geilo IL	47.43,0	02.42,0
9	408 KORSVOLD, Torstein	Faaberg IL	47.43,0	02.42,0
11	438 OLSEN, Tore	Rotsundelv IL	47.47,0	02.46,0
12	476 GUIN, Morten	Varden	47.48,0	02.47,0
13	342 MELLEMESETER, Asmund	IL Snøhetta	47.50,0	02.49,0
14	351 HASKJOLD, Arve	Strindheim IL	47.59,0	02.58,0
15	376 MOEN, Nils Inge	Vikersund IF	48.17,0	03.16,0
15	467-SUGAREN, Jon Sverre	IL Nor	48.17,0	03.16,0
17	449 OTTERLEI, Robert	Byåsen IL	48.21,0	03.20,0
18	348 STRAND, Arthur	Bratsberg IL	48.23,0	03.22,0
19	396 RØNBECK, Øystein	Rafsbotn IL	48.28,0	03.27,0
19	466 MIKKELSEN, Bjørn Røald	IL Frea	48.28,0	03.27,0
21	458 MILLERJORD, Roy Roger	Selfors UL	48.29,0	03.28,0
22	474 BERGERSEN, Kjetil	Rølingen SK	48.42,0	03.41,0
23	336 RYE, Birger	Fagernes IL	48.49,0	03.48,0
24	460 HAUGLAND, Heiki	IL Snøhetta	48.50,0	03.49,0
25	470 MOHEIM, Håvard	Øyer IL	48.52,0	03.51,0
26	430 OLSEN, Kjetil	Grorud	48.55,0	03.54,0
27	420 MOEN, Morten	Tyllidal IL	48.56,0	03.55,0
28	365 HILLESTAD, Per Fridolf	Hafslo	49.00,0	03.59,0
28	404 JOHNSEN, Per Inge	Eidsvold Værk SK	49.00,0	03.59,0
30	398 RØNNEBERG, Geir Age	Eidsdal IL	49.03,0	04.02,0
31	444 SULUTVEDT, Ole Håkon	Andebu IL	49.04,0	04.03,0
32	454 KAGGESTAD, Martin	Vikersund IF	49.05,0	04.04,0
33	385 BUHAUG, Svein Inge	Jotun	49.06,0	04.05,0
33	387 BRUROK, Ståle	Bærum Værk IF	49.06,0	04.05,0
35	333 ALSAKER, Roar	Eid	49.09,0	04.08,0
35	367 BØE, Simen	Kjelsås	49.09,0	04.08,0
35	369 JOHNSEN, Lars Kr.	Eidsvold Værk SK	49.09,0	04.08,0
38	341 VAGEN, Frode	Strindheim IL	49.10,0	04.09,0
39	388 KRISTIANSEN, Bjørn	Bærum Værk IF	49.17,0	04.16,0
40	370 LARSEN, Frode	Mjøndalen IF	49.21,0	04.20,0
40	392 SKARBEKK, Jan Erik	Svene IL	49.21,0	04.20,0
42	389 THORSEN, Jan Audun	Rygene IL	49.25,0	04.24,0
42	457 BENBERG, Hasse	Heimdal IF	49.25,0	04.24,0
44	343 LØFSHUS, Vidar	IL Nor	49.26,0	04.25,0
45	448 KARLSEN, Tom Arne	Jevnaker IF	49.27,0	04.26,0
46	360 PEDERSEN, Knut H.V.	Eidsvold Værk SK	49.30,0	04.29,0
47	472 KRISTIANSEN, Kjetil	Vollen UIL	49.32,0	04.31,0
48	463 FALCK, Harald	Follo SK	49.35,0	04.34,0
49	445 HANSEN, Geir Inge	Fenstad SK	49.38,0	04.37,0
50	335 PEDERSEN, Arnfinn	Vang SL	49.40,0	04.39,0
50	364 SUNDAL, Runar	Hokksund IL	49.40,0	04.39,0
52	373 DRAGER, Henning	NSG/Reinsvoll IF	49.44,0	04.43,0
53	471 NILSEN, Frode	Fauske IL	49.46,0	04.45,0
54	442 LØVOLL, Jon Kåre	Eidsdal IL	49.50,0	04.49,0
55	366 MEDHUS, Rangvald	Røidal	49.53,0	04.52,0

RESULTATER

 Lørenskog Skiklubb/
 Rølingen Skiklubb
 Rennleder: Nydal/Løkken

 Junior-NM 1989 Torsdag 23. februar 1989
 Menn 18/19 år TD : Thorbjørn Refseth

PLASS NR.	NAVN	LAG	T I D	ETTER
56	359 FLAGSTAD, Trond	Ottestad	50.00,0	04.59,0
57	381 KIHLE, Lars	Konnerud IL	50.04,0	05.03,0
58	337 TVEITAN, Rune	Gjerpen	50.09,0	05.08,0
58	380 SAGMYR, Tommy	Hommelvik	50.09,0	05.08,0
60	455 ERIKSEN, Einar Anders	Klæbu IL	50.10,0	05.09,0
61	453 MELBYE, Jon Einar	NSG/Vollen	50.14,0	05.13,0
62	361 ØVSTEDAL, Torstein	Dombås IL	50.16,0	05.15,0
63	332 JOHNSEN, Tommy	IF Kilkameratene	50.19,0	05.18,0
64	346 ØVESEN, Karle	Malm	50.25,0	05.24,0
65	339 MYHRE, Kjetil	Bærum Værk IF	50.28,0	05.27,0
65	356 JENSEN, Håvard	Strindheim IL	50.28,0	05.27,0
67	395 WIIG, Torgeir	Strindheim IL	50.30,0	05.29,0
68	391 CARLSEN, Tom Espen	Grei	50.34,0	05.33,0
69	443 HEIMDAL, Toralf	Bardufoss & omegn IF	50.35,0	05.34,0
70	424 AMUNDSEN, Stig	Fri	50.38,0	05.37,0
71	340 FUGLEM, Nils Even	Selbu IL	50.39,0	05.38,0
71	456 JOHANSEN, Frank Tore	Talvik IL	50.39,0	05.38,0
73	407 SANDE, Ole-Jakob	Gaular	50.47,0	05.46,0
74	436 ØFSTEDAL, Roar	Hernes	50.50,0	05.49,0
75	368 NORDBØ, Erling	Otra IL	50.55,0	05.54,0
76	450 SALAMONSEN, Øyvind	Grorud	50.57,0	05.56,0
77	397 STENVOLD, Magne	IL Pioner	51.00,0	05.59,0
78	465 EIDE, Arnt O.	Snåsa	51.01,0	06.00,0
79	378 HUSTAD, Ole Morten	Spkl. Rival	51.02,0	06.01,0
80	423 LUND, Pål Andre	Innstrandens IL	51.05,0	06.04,0
81	417 BEKKEN, Torbjørn	Lyn	51.10,0	06.09,0
82	403 JOHANNESSEN, Håvard	Kvaløysletta IL	51.11,0	06.10,0
83	353 MOSTRAUM, Johnny	Osterøy	51.13,0	06.12,0
84	357 FØLSTAD, Eskild	Spillum	51.15,0	06.14,0
85	414 GUDBRANDSEN, Terje	Gausdal IL	51.18,0	06.17,0
86	362 BRASETHVIK, Terje	Urædd	51.21,0	06.20,0
87	345 SUNDVIK, Tore	Nordli	51.24,0	06.23,0
88	431 KAUSERUD, Jostein	Harestua IL	51.32,0	06.31,0
88	461 LANDERØ, Lars Gunnar	Lensvik IL	51.32,0	06.31,0
90	439 ALMBERG, Jørn	Ulvungen IL	51.33,0	06.32,0
91	435 VEIGLUM, Morten	Grorud	51.34,0	06.33,0
92	334 BARTNES, Jørgen	Beitstad	51.50,0	06.49,0
92	352 NILSEN, Martin	Kolbotn IL	51.50,0	06.49,0
92	415 EVENSEN, Ørjan	Gran IL	51.50,0	06.49,0
95	409 MARTINSEN, Pål	Nordvågen IL	51.52,0	06.51,0
96	390 HAUG, Cato	Bækkelaget	51.55,0	06.54,0
96	400 FUGLEM, Jon Olav	Selbu IL	51.55,0	06.54,0
98	354 VIKEN, Morten	Øyer IL	51.58,0	06.57,0
99	429 HAKONSMOEN, Bjørnar	Risberget	52.03,0	07.02,0
100	386 SASTAD, Per Kr.	Runar	52.06,0	07.05,0
101	413 SUGAREN, Even	IL Nor	52.13,0	07.12,0
102	446 BRATTEBØ, Sjur	Jondal IL	52.18,0	07.17,0
103	374 ØVERAS, Tore	IL Hei	52.24,0	07.23,0
104	383 LØKEN, Jan Henning	Bækkelaget	52.35,0	07.34,0
104	405 DASTØL, Kennet	Skoppum	52.35,0	07.34,0
106	428 JOHNSEN, Frank	IF Kilkameratene	52.41,0	07.40,0
107	363 KRISTOFFERSEN, Bernt Ivar	Høybråten og Stovner	52.42,0	07.41,0
108	426 BERGSTUEN, Halgeir	BUSKERUD Skikrets	52.43,0	07.42,0
109	419 REED, Lars Bjarne	Bærum Skiklubb	52.46,0	07.45,0
110	437 HESTNES, Magn	Ottestad	52.51,0	07.50,0

RESULTATER

 Lørenskog Skiklubb/
 Rølingen Skiklubb
 Rennleder: Nydal/Løkken

 Junior-NM 1989
 Menn 18/19 år

Torsdag 23. februar 1989

TD : Thorbjørn Refseth

PLASS NR.	NAVN	LAG	T I D	ETTER
111	393 KRISTIANSEN, Thor E.	NSG/Haugsbjgd IF	52.59,0	07.58,0
112	406 RUD, Knut	Gjerdrum IL	53.15,0	08.14,0
113	394 STOKKE, Torbj.	Høybråten/Stovner	53.18,0	08.17,0
114	338 KROGH, Tore	Byåsen IL	53.23,0	08.22,0
115	377 JOHANSEN, Helge	Skjervøy IK	53.32,0	08.31,0
116	421 GRINDAHL, Odd Petter	Fredrikstad SK	53.43,0	08.42,0
117	399 ISAKSEN, Ronny	Båtsfjord IF	54.00,0	08.59,0
118	433 KRISTIANSEN, Morten	Gran IL	54.15,0	09.14,0
119	447 LANDE, Eivind	Skarphedin	54.55,0	09.54,0
120	411 FINBERG, Vegard	Ottestad	55.19,0	10.18,0
121	422 THARALDSEN, Truls	Ette	55.35,0	10.34,0
122	425 SVENDSEN, Bjørn	Kjelsås	56.30,0	11.29,0
123	432 LANGERØD, Espen	Gjerpen	56.40,0	11.39,0
BRUTT	372 SIVERTSEN, Odd Kåre	IL Pioner		

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RESULTATER

 Lørenskog Skiklubb/
 Rølingen Skiklubb
 Rennleder: Nydal/Løkken

 Junior-NM 1989 Torsdag 23. februar 1989
 Kvinner 16 år TD : Thorbjørn Refseth

PLASS NR.	NAVN	LAG	T I D	ETTER
1	090 MARTINSEN, Bente	Nittedal	18.04,0	00.00,0
1	091 MJØEN, Cecilie	IF Graabein	18.04,0	00.00,0
3	097 STØVEREN, Helga Therese	Nedre Sigdal IF	18.29,0	00.25,0
4	099 SELNES, Line	Lensvik IL	18.30,0	00.26,0
5	030 EITREIM, Tone	Odda	18.35,0	00.31,0
5	088 AMLIE, Ragnhild	Røa	18.35,0	00.31,0
7	092 TJELLE, Kristin	Børsa IL	18.46,0	00.42,0
8	076 JOHNSEN, Anette	Frisk	18.47,0	00.43,0
9	013 LANDRØ, Ellen	Lensvik IL	18.49,0	00.45,0
10	009 SYSE, Astri	Kirkenes IF	18.53,0	00.49,0
11	006 SLETNER, Hanne	Dovre IL	18.56,0	00.52,0
12	095 SÆTHER, Grethe	IK Rindals Troll	19.00,0	00.56,0
13	096 PEDERSEN, Hilde Juul	IL LIV/Fossekalen	19.07,0	01.03,0
14	103 BRØRS, Ahne Sofie	Beitstad	19.08,0	01.04,0
15	081 HOVELSEN, Gøril -	IL Jardar	19.13,0	01.09,0
16	054 VASVEEN, Torunn	Ø. Toten Skilag	19.19,0	01.15,0
16	057 ERSLAND, Anita	Ternen	19.19,0	01.15,0
16	079 NYLAND, Ranveig	Raufoss IL	19.19,0	01.15,0
19	082 ARVNES, Gry	Bærum Værk IF	19.24,0	01.20,0
20	021 SKARSETH, Nina	Kilebygda IL	19.25,0	01.21,0
20	108 OPGARD, Karianne	Tverrelvdalen IL	19.25,0	01.21,0
22	011 GULLIKSEN, Ashild	Bamble IL	19.27,0	01.23,0
23	055 LANDSEM, Gunvor	IK Rindals Troll	19.28,0	01.24,0
24	026 BERG, Marianne	Rinna IL	19.29,0	01.25,0
24	106 SVENDSEN, Brit Monica	IL Frea	19.29,0	01.25,0
26	083 JOHNSEN, Trine	Støren Sp.kl.	19.32,0	01.28,0
27	053 NYBORG, Tove	Spillum	19.33,0	01.29,0
28	010 EIDE, Astrid	Eidsdal IL	19.38,0	01.34,0
28	042 NILSEN, Mona	Kjøpsnes IL	19.38,0	01.34,0
30	101 REINE, Hege	Konnerud IL	19.39,0	01.35,0
31	043 TALLHAUG, Gry	IL LIV/Fossekalen	19.40,0	01.36,0
32	048 TEIGE, Christine	Driv	19.41,0	01.37,0
32	094 KJELSBERG, Tone	Røros IL	19.41,0	01.37,0
34	070 SANDVOLL, Merete	S. Al IL	19.44,0	01.40,0
35	089 HELASAUNET, Nina	Bratsberg IL	19.48,0	01.44,0
36	001 KASPERSEN, Wenche	IL Stålkameratene	19.50,0	01.46,0
36	100 NYGARD, Nina	NSG/Runar	19.50,0	01.46,0
38	067 ØIUM, Sissel R.	Eidsvold Værk SK	19.54,0	01.50,0
39	066 HAUGERUD, Trine E	Konnerud IL	19.56,0	01.52,0
40	077 MARKEN, Hanne	Vind IL	19.59,0	01.55,0
41	098 BUKTEN, Trine	Mosjøen IL	20.00,0	01.56,0
42	002 RYE, Rita	Byneset	20.02,0	01.58,0
42	105 BENTDAL, Yngvil	NSG/Bærum Skiklubb	20.02,0	01.58,0
44	047 HAUGNES, Lillian	Trysilguten	20.03,0	01.59,0
45	060 RØSTE, Inger	Nes SPKL	20.04,0	02.00,0
46	031 ECKMANN, Stine	Hasle Løren	20.05,0	02.01,0
47	107 TÆRUD, Rigmor	NSG/Ullensaker SK	20.06,0	02.02,0
48	052 FOLLSTAD, Marit	Stor Elvdal SK	20.08,0	02.04,0
49	050 HALDORSEN, Elisabeth	Korlevold	20.13,0	02.09,0
50	024 MØ, Randi	Overhalla	20.19,0	02.15,0
51	017 RINHEIM, Marit	Øyer IL	20.20,0	02.16,0
51	087 JOHANSEN, Janne	Talvik IL	20.20,0	02.16,0
53	023 GJERDRUM, Therese	Kjelsås	20.21,0	02.17,0
54	039 SOLBERG, Kari-Anne	IL Beveren	20.24,0	02.20,0
54	062 MAJORMOEN, Erna	Nesbyen IL	20.24,0	02.20,0

RESULTATER

 Lørenskog Skiklubb/
 Rølingen Skiklubb
 Rennleder: Nydal/Løkken

 Junior-NM 1989 Torsdag 23. februar 1989
 Kvinner 16 år TD : Thorbjørn Refseth

PLASS NR.	NAVN	LAG	T I D	ETTER
56	041 SOLBERG, Line	Oseberg	20.30,0	02.26,0
57	008 BREKKEN, Marianne	Bærum Skiklubb	20.32,0	02.28,0
57	019 LUND, Inger	Sørum IL	20.32,0	02.28,0
59	044 HAUG, Anne Cathrine	Bækkelaget	20.33,0	02.29,0
60	104 SANDAUNET, Britt	Skatval Skilag	20.37,0	02.33,0
61	071 NORSETH, Anne-Kath.	Bærum Skiklubb	20.39,0	02.35,0
62	020 GALAEN, Berit Marie	Tynset	20.41,0	02.37,0
62	074 HALLAND, Hilde	Innstrandens IL	20.41,0	02.37,0
64	003 BØGSET, Kristin	Buvik IL	20.42,0	02.38,0
64	049 AAS, Ann Kristin	Strindheim IL	20.42,0	02.38,0
64	059 LARSEN, Tone	Botne	20.42,0	02.38,0
67	005 JENTOFT, Marianne	Innstrandens IL	20.43,0	02.39,0
68	016 VOLD, Margit	Flatås IL	20.44,0	02.40,0
69	078 NORBOM, Hilde K	Konnerud IL	20.45,0	02.41,0
70	032 EIDE, Valborg	Vågå IL	20.48,0	02.44,0
71	072 ØLSEN, Hege	Salangen IF	20.49,0	02.45,0
72	027 HOEM, Monica	Utleira IL	20.51,0	02.47,0
73	080 ILEBEKK, Anne Gro	Øvrebø IL	20.54,0	02.50,0
74	012 RØSTE, Kjersti	Nes SPKL	20.55,0	02.51,0
74	064 BERGESEN, Lin	Lekang Skilag	20.55,0	02.51,0
76	063 EJELLEHEIM, Line K.	Oppstad IL	20.58,0	02.54,0
77	025 JULNOC, Ellen	Holgådal	21.00,0	02.56,0
78	045 HOLMLI, Lillian	Vinne Skilag	21.01,0	02.57,0
79	018 TAJET, Guri	Brumundal	21.02,0	02.58,0
80	085 KRISIANSEN, Ingunn	Vang SL	21.04,0	03.00,0
81	032 MELAS, Karianne	Kjosens IL	21.07,0	03.03,0
82	007 MOE, Eli	Øvrebø IL	21.08,0	03.04,0
83	040 ANDERSEN, Thrine Scharp	Koll	21.11,0	03.07,0
84	102 KLEVSTAD, Tine	Skjervøy IK	21.14,0	03.10,0
85	086 BJERKNES, Anita	IF Birkebeineren	21.22,0	03.18,0
86	014 AAM, Maj Britt	Ørsta IL	21.23,0	03.19,0
86	037 KARLSEN, Marion	Innstrandens IL	21.23,0	03.19,0
88	061 STRAND, Silja H.	Stor Elvdal SK	21.27,0	03.23,0
89	073 KJØNSBERG, Eli	Aslia	21.28,0	03.24,0
90	084 ROSTADMO, Vanja	Sør-Tranøy IL	21.34,0	03.30,0
91	075 BAKKEN, Beate	NORD-TRØNDELAG Skikr	21.38,0	03.34,0
92	004 STENSAS, Linda	Flatås IL	21.41,0	03.37,0
93	028 JENSEN, Birgit Ø.	Bærum Skiklubb	21.56,0	03.52,0
94	065 BLÆKA, Berit	Øyer IL	22.04,0	04.00,0
95	051 KALSETH, Merete	Rotsundelv IL	22.11,0	04.07,0
96	058 JACOBSEN, Gro Anette	Gulset	22.17,0	04.13,0
97	022 WILHELMSEN, Cathrine	Moss Skiklubb	22.36,0	04.32,0
98	038 JACOBSEN, Laila	Koll	23.01,0	04.57,0
99	015 ASERUD, Trine-Lise	Trøsken IL	23.04,0	05.00,0
100	029 FRANTZEN, Elisabeth	Hasle Løren	23.34,0	05.30,0
101	056 ØLMHEIM, Caterine	Øystese	24.05,0	06.01,0

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RESULTATER

 Lørenskog Skiklubb/
 Rølingen Skiklubb
 Rennleder: Nydal/Løkken

 Junior-NM 1989 Torsdag 23. februar 1989
 Kvinner 17 år TD : Thorbjørn Refseth

PLASS NR.	NAVN	LAG	T I D	ETTER
1	182 BRANDSNES, Karianne	Vollan IK	18.26,0	00.00,0
2	159 KVERNLAND, Hege	Heimdal IF	18.29,0	00.03,0
2	200 KVIKNE, Ingrid	Strindheim IL	18.29,0	00.03,0
4	170 HAUGEN, Ann Kristin*	Helgerød	18.40,0	00.14,0
4	205 PAULSEN, Liv	Stjørdals-Blink	18.40,0	00.14,0
6	211 TUSETH, Hilde	Varden	18.41,0	00.15,0
7	209 SKARI, Hege	Lensbygda Spkl	18.47,0	00.21,0
8	132 SPARRE, Lene	Høybråten og Stovner	18.54,0	00.28,0
9	193 BRISEID, Thale M.	IL Jardar	18.56,0	00.30,0
9	197 HØSFLOT, Elisabeth	Heimdal IF	18.56,0	00.30,0
11	208 HALLE, Siri	NSG/Fossum IF	19.02,0	00.36,0
12	131 RYSTAD, Liv	Grane IL	19.04,0	00.38,0
13	180 MYRLAND, Mona	Trysilgutten	19.05,0	00.39,0
13	191 VANGEN, Ingun	Tynset	19.05,0	00.39,0
15	201 KARLSEN, Anita	NSG/Frisk	19.09,0	00.43,0
15	212 AKSETH, Kristine	IF Birkebeineren	19.09,0	00.43,0
17	121 AABERG, Rita	Rygene IL	19.10,0	00.44,0
18	204 ØYEN, Jannike	Molde og Omegn IF	19.11,0	00.45,0
19	169 SIMENSEN, Birgit D.	Tverrelvdalen IL	19.12,0	00.46,0
20	194 SKAU, Beate	Stokke	19.17,0	00.51,0
21	178 JØRGENSEN, Nina	Sarpsborg IL	19.18,0	00.52,0
21	184 CARLSEN, Kjersti	Drammens Ballklubb	19.18,0	00.52,0
23	160 NYMOEN, Linn J.	Raufoss IL	19.22,0	00.56,0
24	172 EIKEVIK, Gro	Sogndal	19.24,0	00.58,0
25	207 BYSTØL, Gry	Voss	19.25,0	00.59,0
26	138 HESSEBERG, Karin	Emblem IL	19.28,0	01.02,0
27	141 SOLBERG, May Ingela	Drammens Ballklubb	19.31,0	01.05,0
27	148 JOHANSEN, Inger Heidi	Nordreisa IL	19.31,0	01.05,0
29	152 SANDE, Guri	IK Rindals Troll	19.33,0	01.07,0
29	174 STEFFENSEN, Kari-Anne	Trøgstad IL	19.33,0	01.07,0
29	196 NICKELSEN, Hege	NSG/Bærum Skiklubb	19.33,0	01.07,0
32	206 ØSTLI, Kari	Jevnaker IF	19.34,0	01.08,0
33	140 HAAGENSEN, Ellen	Hasle Løren	19.37,0	01.11,0
34	158 ØVERGARD, Torun	Bardu IL	19.40,0	01.14,0
35	153 OS, Vibeke	Fauske IL	19.42,0	01.16,0
36	124 SØGARD, Ellen	Nordbygda IL	19.44,0	01.18,0
37	187 BERGGREN, Tonje	Røa	19.46,0	01.20,0
38	167 LILLESVEEN, Hilde	Veldre IL	19.48,0	01.22,0
39	202 RAMSRUD, Gunn	Bjerke	19.49,0	01.23,0
40	119 EVJEN, Vigdis	Ørkdal IL	19.52,0	01.26,0
40	154 HANSEN, Lene	Runar	19.52,0	01.26,0
42	112 LERSTAD, Randi	Leksvik	19.54,0	01.28,0
43	179 KRISTIENSEN, Anne-Kari	Ullensaker SK	19.55,0	01.29,0
44	185 MYREN, Hilde	S. Al IL	19.56,0	01.30,0
45	125 NORDBY, Heidi	Follo SK	19.59,0	01.33,0
46	186 MOE, May Elin	Gjerdrum IL	20.08,0	01.42,0
47	126 HOVDENAK, Hilde	Skåla IL	20.10,0	01.44,0
47	210 HOEL, Toné Merethe	IL Jardar	20.10,0	01.44,0
49	177 LARSEN, Heidi	Eidsvold Værk SK	20.12,0	01.46,0
50	117 KJERSEH, Linn Hege	Tomrefjord IL	20.13,0	01.47,0
50	145 KOLLERUD, Marianne	Konnerud IL	20.13,0	01.47,0
52	149 STEINUM, Lene	Fet SK	20.14,0	01.48,0
52	190 NORDENG, Ann Kristin	Mann dalen UIL	20.14,0	01.48,0
54	162 DULLUM, Elisabeth	Stjørdals-Blink	20.16,0	01.50,0
55	173 HAKONSEN, Ellen Karine	Rølingen SK	20.17,0	01.51,0

RESULTATER

 Lørenskog Skiklubb/
 Rølingen Skiklubb
 Rennleder: Nydal/Løkken

 Junior-NM 1989 Torsdag 23. februar 1989
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PLASS NR.	NAVN	LAG	T I D	ETTER
56	122 SANDELIN, Elisabeth	Rotsundelv IL	20.18,0	01.52,0
57	111 KARLSEN, Marianne	Runar	20.20,0	01.54,0
57	136 AUNE, Anne Berit	Selbu IL	20.20,0	01.54,0
59	113 UNDHEIM, Ingrid	Sirdal Skilag	20.23,0	01.57,0
60	116 FUGLEM, Marit Irene	Selbu IL	20.24,0	01.58,0
61	189 HALS, Brit Ina	Mosjøen IL	20.29,0	02.03,0
62	203 ISAKSEN, Marianne	BUL	20.32,0	02.06,0
63	130 MYHREN, Marit	S. Al IL	20.33,0	02.07,0
64	115 ØYEN, Grete	IL Rein	20.35,0	02.09,0
64	137 MARKSETH, Gunn	Gjerstad IL	20.35,0	02.09,0
66	114 FORSMO, Mette Marit	Mosjøen IL	20.42,0	02.16,0
66	171 TVETEN, Camilla	Drammens Ballklubb	20.42,0	02.16,0
68	155 HANSEN, Berit	Målselv IL	20.56,0	02.30,0
69	134 HALVORSEN, Ingvild	Vågå IL	20.58,0	02.32,0
70	161 HUSDAL, Eli Bente	Ørkdal IL	21.06,0	02.40,0
71	198 SEVERINSEN, Linda	Oddersjaa IL	21.08,0	02.42,0
72	188 STILLE, Line	Fet SK	21.09,0	02.43,0
73	181 STANGELAND, Siri	Gjerpen	21.12,0	02.46,0
74	146 VEIGLUM, Trine	Grorud	21.14,0	02.48,0
75	183 KLUFTEN, Siri	Sjårdalen IL	21.16,0	02.50,0
76	156 FROSTHAMMER, Wenche	Spillum	21.17,0	02.51,0
77	144 RØNEID, Nina	Kragerø	21.24,0	02.58,0
78	168 AURDAL, Turid	Voss	21.26,0	03.00,0
79	166 BJØRKLUND, Lill Hege	Sørskogbygda IL	21.31,0	03.05,0
80	157 HANSEN, Lene	Mann dalen UIL	21.32,0	03.06,0
81	163 ROLSETH, Turid	Forra	21.44,0	03.18,0
82	165 PETERSEN, Tove	Eik	21.49,0	03.23,0
83	133 ØKVIK, Berit	NORD-TRØNDELAG Skikr	21.55,0	03.29,0
84	150 WALLE, Berit	Medkila Skilag	21.56,0	03.30,0
85	118 BOLSTAD, Sissel	Aslia	22.06,0	03.40,0
85	147 ENGEN, Marit	Spydeberg IL	22.06,0	03.40,0
87	142 LUNDE, Gry Anita	Høybråten og Stovner	22.26,0	04.00,0
88	129 ØYE, Vibeke	Spydeberg IL	22.45,0	04.19,0
BRUTT	151 JOHNSEN, Hege	Heddal		

X-SPORT RESULTATSYSTEM 890223 11:30.50

RESULTATER

 Lørenskog Skiklubb/
 Rølingen Skiklubb
 Rennleder: Nydal/Løkken

 Junior-NM 1989 Torsdag 23. februar 1989
 Kvinner 18/19 år TD : Thorbjørn Refseth

PLASS NR.	NAVN	LAG	T I D	ETTER
1	304 UGLEM, Kari	Strindheim IL	35.54,0	00.00,0
2	318 TRONSTAD, Laila	Leksvik	36.18,0	00.24,0
3	308 HANSEN, Kari Mette	Strindheim IL	36.23,0	00.29,0
4	325 NYMOEN, Maj Helen	Trysilgutten	36.30,0	00.36,0
5	326 VISNES, Siw Kristin	Gol IL	36.34,0	00.40,0
6	306 TØMMERVOLD, Monica	Strindheim IL	36.53,0	00.59,0
7	313 VESTGREN, Kristin	IF Bødalen	37.07,0	01.13,0
8	312 RUUD, Astrid	Vind IL	37.21,0	01.27,0
9	324 BJØRGEN, Kathrine	Aasguten	37.30,0	01.36,0
10	315 TANDE, Inger Mai	Strindheim IL	37.35,0	01.41,0
11	237 RYKHUS, Sonja	Dovre IL	37.43,0	01.49,0
12	314 SKJOLDEN, Anette	IL LIV/Fossekalen	37.47,0	01.53,0
13	322 RØKKE, Kathrine	Stjerdals-Blink	37.49,0	01.55,0
14	298 HOEL, Kirsti Elisabeth	NSG/Fossum IF	37.51,0	01.57,0
15	316 HANSEN, Gøril	Senja Skilag	38.17,0	02.23,0
16	319 SANDSTAD, Hanne	Selbu IL	38.25,0	02.31,0
17	226 GUNDERSEN, Nancy	S. Al IL	38.28,0	02.34,0
18	300 HANSEN, Lene	Senja Skilag	38.34,0	02.40,0
19	320 ANDERSEN, Heidi	Aslia	38.38,0	02.44,0
20	279 HAUKLAND, Ingrid Utne	Innstrandens IL	38.40,0	02.46,0
21	309 FJØSNE, Magnhild	BUL	38.45,0	02.51,0
22	233 KARLSEN, Siv Elise	Spkl. Rival	38.46,0	02.52,0
22	250 WIERØD, Lene	Gjerpen	38.46,0	02.52,0
24	317 KVAMME, Anita	Strindheim IL	38.53,0	02.59,0
25	223 RINDALSHOLT, Merete	Strindheim IL	39.01,0	03.07,0
25	303 SKJELLAND, Inger	Andebu IL	39.01,0	03.07,0
27	321 LAUKLI, Ase Helene	Konnerud IL	39.07,0	03.13,0
28	294 HATLEBERG, Gro	Kongsberg IF	39.10,0	03.16,0
29	236 HELASAUNET, Arnhild	Bratsberg IL	39.11,0	03.17,0
30	235 KLUCK, Vibeke	Tamarskj.	39.15,0	03.21,0
30	307 ENGEN, May-Brith	Spydeberg IL	39.15,0	03.21,0
32	265 HUSE, Katrine	Ullensaker SK	39.20,0	03.26,0
33	286 SMEDBAKKEN, Tone	Eidsvold Værk SK	39.24,0	03.30,0
34	256 HANSEN, Monica	Høybråten og Stovner	39.26,0	03.32,0
35	221 TANEM, Sissel I.	Sparbu	39.35,0	03.41,0
36	301 EMANUELSEN, Lone	IL Nordlyset	39.37,0	03.43,0
37	255 SKAVHAUG, Ase Mette	Bratsberg IL	39.39,0	03.45,0
38	292 KONGSLI, Anita	Tormod Skilag	39.43,0	03.49,0
39	273 SØRLI, Ellinor	Lånke	39.45,0	03.51,0
39	311 ENGH, Karianne	Ø. Toten Skilag	39.45,0	03.51,0
41	239 FUGLI, Mona	Fet SK	39.49,0	03.55,0
42	222 DOLMSET, Mai Anita	IL Leik	39.56,0	04.02,0
43	299 AUNE, Gunn Heidi	Selbu IL	40.01,0	04.07,0
44	254 STIEN, Nancy	Aga IL	40.03,0	04.09,0
45	251 BREEN, Liv Randi	Bratsberg IL	40.16,0	04.22,0
46	249 MARTINSEN, Kirsti	Kolvereid	40.19,0	04.25,0
47	259 SÆTHER, Berit	Byåsen IL	40.20,0	04.26,0
48	224 SKEIDE, Anette	Follo SK	40.27,0	04.33,0
48	244 SUND, Janne	Spillum	40.27,0	04.33,0
50	260 WIGERNES, Ine	Grorud	40.37,0	04.43,0
51	248 BJERVIG, Kristin	Bærum Skiklubb	40.39,0	04.45,0
52	227 SÆTERS DAL, Ida	Viking	40.46,0	04.52,0
53	283 SKIRSTAD, Katharina	Haslum IL	40.49,0	04.55,0
54	310 ARNESON, Aste	Oseberg	40.51,0	04.57,0
55	252 MYHRE, Siw Kristin	S. Al IL	40.58,0	05.04,0

RESULTATER

 Lørenskog Skiklubb/
 Rølingen Skiklubb
 Rennleder: Nydal/Løkken

 Junior-NM 1989 Torsdag 23. februar 1989
 Kvinner 18/19 år TD : Thorbjørn Refseth

PLASS NR.	NAVN	LAG	T I D	ETTER
56	225 BJØRNAA, Karen	Byåsen IL	40.59,0	05.05,0
56	276 SØRBØ, Aud	Gjerstad IL	40.59,0	05.05,0
56	291 HELLNE, Nina	Fet SK	40.59,0	05.05,0
59	228 HABBERSTAD, Kjersti	Eidsvold Værk SK	41.00,0	05.06,0
60	281 RASMUSSEN, Line	NSG/Mjøndalen IF	41.05,0	05.11,0
60	297 STIGEN, Marianne	Bækkelaget	41.05,0	05.11,0
62	230 GJØRA, Elisabeth	Driva IL	41.06,0	05.12,0
63	278 FLATEN, Anne-Kirsti	Kvås IL	41.11,0	05.17,0
64	271 HØGAAS, Hege	Eidsvold Værk SK	41.16,0	05.22,0
65	305 JOHNSEN, Lisbeth	Tromsø Skiklubb	41.18,0	05.24,0
66	231 HAAKSTAD, Lis Karin	Melbo IL	41.21,0	05.27,0
67	238 LILLEBAKKEN, Monica	Nordbygda IL	41.25,0	05.31,0
67	277 SAGMOEN, Brita	Vang SL	41.25,0	05.31,0
-69	262 STEINKJER, Harrieth	Nordreisa IL	41.27,0	05.33,0
70	270 KLYKKEN, Ase	Overhalla	41.30,0	05.36,0
71	289 JEBENS, Kathrine	Fossum IF	41.38,0	05.44,0
72	267 EITHUN, Marit B.	IL Nor	41.42,0	05.48,0
73	295 THAGAARD, Kristin Sem	Fossum IF	41.43,0	05.49,0
74	288 LUND, Trine	Bærum Værk IF	42.09,0	06.15,0
75	282 LUNDEMO, Inger J.	Varden	42.13,0	06.19,0
76	234 SKJELHAUG, Tone	Grorud	42.14,0	06.20,0
77	264 BRÆKKE, Tove	Veldre IL	42.20,0	06.26,0
78	253 FOSSBERG, Berit	Tonstad IL	42.28,0	06.34,0
79	266 OLSEN, Mona	Rotsundelv IL	42.34,0	06.40,0
80	274 SUND, Jorun	Spillum	42.37,0	06.43,0
81	285 TØNDEVOLDSHAGEN, Karin	Øyer IL	42.40,0	06.46,0
82	275 KAASA, Karin	Skarphedin	42.58,0	07.04,0
83	257 LØNSTAD, Britt Unni	N. Snertingdal IL	43.17,0	07.23,0
84	240 VOLLAUG, Ann-Kristin	Ullensaker SK	43.41,0	07.47,0
85	241 SVALENG, Tina	Mosjøen IL	43.51,0	07.57,0
86	232 LINDSTAD, Margrethe	Vang SL	43.59,0	08.05,0
86	268 EIDE, Inger Helen	Vågå IL	43.59,0	08.05,0
88	263 FLATLAND, Sissel	Hemsedal IL	44.05,0	08.11,0
89	272 GULLINGSRUD, Kristin	Nesbyen IL	44.18,0	08.24,0
90	280 HAUGLI, Anne	S. Al IL	44.44,0	08.50,0
91	284 BLEKKAN, Tove	Steinkjer Skiklubb	45.09,0	09.15,0
92	246 FJELLSTAD, Kathrine	Stovnerkameratene	46.28,0	10.34,0
93	287 BLEKKAN, Grete	Steinkjer Skiklubb	47.18,0	11.24,0
BRUTT	245 SJØL, Hanne	IF Bødalen		

X-SPORT RESULTATSYSTEM 890223 12:42.53

RESULTATER

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Lørenskog Skiklubb/

Rølingen Skiklubb

Rennleder : Nydal/Løkken

Junior-NM 1989 Lørdag 25. februar 1989

Menn 16 år

TD : Thorbjørn Refseth

KLASS NR.	NAVN	LAG	T I D	ETTER
1	379 ALSGAARD, Thomas	Eidsvold Værk SK	45.57,0	00.00,0
2	372 WEMANN, Thomas	Vestfossen IF	46.36,0	00.39,0
3	396 AAS, Arnstein	Voss	46.42,0	00.45,0
4	395 BJERVIG, Espen	NSG/Oseberg	46.51,0	00.54,0
5	353 LOE JOHANSEN, Øyvind	Nidelv IL	47.01,0	01.04,0
6	349 TRONVOLL, Ove Erik	Svorkmo IL	47.25,0	01.28,0
7	303 RENA, Hans Jørgen	Hommelvik	47.33,0	01.36,0
8	296 HAAGENSEN, Karl Helge	Grytting IL	47.46,0	01.49,0
9	295 OMLAND, Ole J.	Skedsmo	47.47,0	01.50,0
10	371 GUVAG, Per A.	Hosle IL	48.01,0	02.04,0
11	346 AUKLAND, Anders	Oseberg	48.02,0	02.05,0
12	301 HEGGEN, Hovel	Gran IL	48.04,0	02.07,0
13	326 ESTIL, Frode	Sørli	48.06,0	02.09,0
14	373 JACOBSEN, Anders	Kjelsås	48.13,0	02.16,0
15	323 JØRGENSEN, Tore	Lekang Skilag	48.22,0	02.25,0
16	316 FØRLAND, Thomas	Heggedal IL	48.30,0	02.33,0
17	298 BACHKE, Ole Marius	Heming	48.33,0	02.36,0
18	390 BAKKEN, Torodd	Botne	48.33,0	02.36,0
19	322 OLSEN, Even	Rotsundelv IL	48.39,0	02.42,0
20	294 PLATOU, Hans Chr.	Drammens Ballklubb	48.43,0	02.46,0
21	344 JACOBSEN, Espen	Eidsvold Værk SK	48.51,0	02.54,0
22	355 KARLSEN, Knut	Voss	48.54,0	02.57,0
23	279 ELBOTH, Thomas	Kjelsås	49.02,0	03.05,0
24	317 KVERNSMYHR, Ståle	Andebu IL	49.02,0	03.05,0
25	385 RINGHUS, Helge	IL Rein	49.14,0	03.17,0
26	389 GLOMNES, Tore	Holmen	49.24,0	03.27,0
27	281 RØRHUS, Atle	Raufoss IL	49.25,0	03.28,0
28	383 KNABENES, Glenn Ivar	Knaben IL	49.29,0	03.32,0
29	343 RØ, Arnulf	IL Skrim	49.30,0	03.33,0
30	367 BARTNES, Helge	Beitstad	49.31,0	03.34,0
31	360 HVAMB, Jostein	Sauland	49.33,0	03.36,0
32	368 JOHANSEN, Yngve	Bardufoss & omegn IF	49.33,0	03.36,0
33	365 NAKSTAD, Endre	IL Jutul	49.35,0	03.38,0
34	306 KRINGEN, Pål	Byåsen IL	49.38,0	03.41,0
35	359 TOTLAND, Tore	Fana	49.40,0	03.43,0
36	397 SKATTEBO, Audun	Ø. Slidre IL	49.40,0	03.43,0
37	374 WESTER, Hans Egil	Overhalla	49.45,0	03.48,0
38	283 TØNDEVOLDSHAGEN, Jon	Øyer IL	49.52,0	03.55,0
39	297 SVENDGARD, Ståle	Hommelvik	49.53,0	03.56,0
40	393 ELIASSEN, Odd Arne	Idun's IL	49.55,0	03.58,0
41	288 CHIODERA, Even	NSG/Heming	49.59,0	04.02,0
42	321 KAGEN, Thorbjørn	IL Ros	49.59,0	04.02,0
43	271 BARDESENG, Sindre	Vang SL	50.03,0	04.06,0
44	276 TØLLEFSEN, Esben	Silsand & Omegn IF	50.03,0	04.06,0
45	338 DAMMEN, Tor Arne	Hedrum	50.04,0	04.07,0
46	361 UELAND, Jarle	IL Beveren	50.10,0	04.13,0
47	382 BERNTZEN, Svein	Stovnerkameratene	50.11,0	04.14,0
48	384 PEDERSEN, Ola G.	Strømmen & Lillestrøm	50.14,0	04.17,0
49	351 FUGLEM, Tord	Selbu IL	50.19,0	04.22,0
50	311 HØIAS, Rune	IF Birkebeineren	50.22,0	04.25,0
51	333 BERNTSEN, Erik	Eidsvold Værk SK	50.34,0	04.37,0
52	377 WALAKER, Roger	Jotun	50.35,0	04.38,0
53	392 ØSTVOLD, Ola	Vind IL	50.39,0	04.42,0
54	387 VASSENGEN, Niri	Bakke IF	50.40,0	04.43,0
55	291 HANSEN, Frode	Bardufoss & omegn IF	50.41,0	04.44,0

KLASS NR.	NAVN	LAG	T I D	ETTER
56	280 GJELSVIK, Einar	Flatås IL	50.47,0	04.50,0
57	350 HOLTHE, Jan Erik	Jonsvatnet IL	50.48,0	04.51,0
58	300 BJERKE, Trond Arne	Vind IL	50.51,0	04.54,0
59	278 NILSEN, Rune	Oppsal	50.54,0	04.57,0
60	312 MOLDEN, Tomas Hugaas	Selsbakk IL	50.59,0	05.02,0
61	334 FORMOE, Espen	Konnerud IL	51.00,0	05.03,0
62	336 EMBERLAND, Torkil	Nordreisa IL	51.01,0	05.04,0
63	348 ANDREASSEN, Gøran	Narvik Skiklubb	51.01,0	05.04,0
64	357 SNERTHAMMER, Odd	Knaben IL	51.05,0	05.08,0
65	318 WOLLEBÆK, Ørjan	Hærland IL	51.07,0	05.10,0
66	358 WINTHER, Fredrik	Oppsal	51.09,0	05.12,0
67	375 KLUNGERØ, Morten	Selsbakk IF	51.09,0	05.12,0
68	282 BERG, Thormod	Greåker IF	51.16,0	05.19,0
69	289 HOEM, Magne Reier	Isfjorden IL	51.16,0	05.19,0
70	319 BERGERSEN, Hein	Rølingen SK	51.23,0	05.26,0
71	347 PEDERSEN, Vegard	Siso IL	51.25,0	05.28,0
72	369 THORSTENSEN, Dag	Høybråten og Stovner	51.27,0	05.30,0
73	331 HENDEN, Ingebrigt	Betna IL	51.33,0	05.36,0
74	277 HAUKLAND, Lars Utne	Innstrandens IL	51.57,0	06.00,0
75	352 HERMANNSEN, Morten	Botne	51.58,0	06.01,0
76	366 PEDERSEN, Oddbjørn	S. Al IL	52.00,0	06.03,0
77	340 BAKKESTUEN, Roger	Gausdal IL	52.02,0	06.05,0
78	308 KRISTIANSEN, Jørn	S. Al IL	52.11,0	06.14,0
79	362 HOLT, Espen H.	Høland IL	52.12,0	06.15,0
80	290 AAS, Roar	Sjetne IL	52.15,0	06.18,0
81	320 SOLVANG, Jostein	Heddal	52.19,0	06.22,0
82	354 CLIFFORD, Ryder	Heming	52.19,0	06.22,0
83	391 FRAMNES, Roger	Raufoss IL	52.20,0	06.23,0
84	337 JENSVOG, Bernt	Rinna IL	52.31,0	06.34,0
85	380 SLETTEN, Geir Ole	Molde og Omegn IF	52.38,0	06.41,0
86	325 NORDBØ, Vidar	Otra IL	52.39,0	06.42,0
87	363 MOE, Eskil	IF Birkebeineren	52.42,0	06.45,0
88	356 TJØGERSEN, Kjetil	Høybråten og Stovner	52.46,0	06.49,0
89	309 SAND, Simen	Eidsvold Værk SK	52.48,0	06.51,0
90	286 SAXRUD, Amund	Tangen IL	52.49,0	06.52,0
91	330 GJERDET, Håkon	Skedsmo	52.51,0	06.54,0
92	284 GALAEN, Jan Magne	Moelven IL	52.57,0	07.00,0
93	293 HAMMARI, Rune	Alta IF	52.58,0	07.01,0
94	381 MYRTRØEN, Jan Erik	Tynset	52.58,0	07.01,0
95	310 ESPEDAL, Terje	Bjerkreim IL	53.02,0	07.05,0
96	299 WETHE, Espen	Koll	53.03,0	07.06,0
97	287 SIGRIDNES, Jon Salve	Dristug IL	53.15,0	07.18,0
98	285 THORSTENSEN, Morten	Høybråten og Stovner	53.23,0	07.26,0
99	370 MÆLE, Robert	Rausand IL	53.40,0	07.43,0
100	388 SUHR, Vegar	Alta IF	53.48,0	07.51,0
101	335 SIMENSEN, Ivar	IL Frea	53.58,0	08.01,0
102	345 HAUGOM, Sten A.	Gulset	54.02,0	08.05,0
103	342 ALLERGØDT, Espen	Høybråten og Stovner	54.06,0	08.09,0
104	313 NORDAHL, Jon Audun	Kjelsås	54.19,0	08.22,0
105	341 STAKKELAND, Pål Martin	Fjotland IL	54.23,0	08.26,0
106	332 HOLTET, Jon Arne	Kjellmyra IL	54.30,0	08.33,0
107	339 KLUND, Even	Ørje IL	54.43,0	08.46,0
108	386 SAURO, Trond	Kongsberg IF	54.55,0	08.58,0
109	327 MYHRSVEEN, Bjørn O.	Fåvang IL	55.50,0	09.53,0
110	376 LØYNING, Terje	Taustad IL	56.49,0	10.52,0
BRUTT	273 JOHANSON, Trond	IF Ørn		
BRUTT	304 FOSSE, Morten	Harestua IL		
BRUTT	324 MYRVOLD, Tommas	Hernes		
BRUTT	328 BJØRKENG, Stein O.	Leirdal		

RESULTATER

Lørenskog Skiklubb/

Rølingen Skiklubb

Rennleder : Nydal/Lækken

Junior-NM 1989

Lørdag 25. februar 1989

TD : Thorbjørn Refseth

PLASS NR.	NAVN	LAG	T I D	ETTER
1	515 VETHE, Lars	NSG/Heggedal IL	45.27,0	00.00,0
2	458 HAUGEN, Tor Arne	Kolbu IL	45.31,0	00.04,0
3	443 EIDE, Anders	Snåsa	45.39,0	00.12,0
4	513 SAMDAL, Svein Tore	Støren Sp.kl.	45.42,0	00.15,0
5	422 HAGEN, Ragnar	Al IL	46.03,0	00.36,0
6	484 HENNUM, Steinar	Lier IL	46.06,0	00.39,0
7	424 KNUDSEN, Per Kristian	NSG/Fenstad SK	46.36,0	01.09,0
8	494 LUNDAMO, Rolf	Bardufoss & omegn IF	47.11,0	01.44,0
9	492 BERGERSEN, Jon Olaf	Kjelsås	47.31,0	02.04,0
10	528 SUND, Lyder	Spillum	47.32,0	02.05,0
11	442 SLETTEMOEN, Asle	Geilo IL	47.39,0	02.12,0
12	437 MYKLAND, Per Anton	Hokksund IL	47.46,0	02.19,0
13	523 WERGELAND, Harald	Rannes	47.48,0	02.21,0
14	471 HJELMESET, Oddbjørn	Fj.h./Ver	47.49,0	02.22,0
15	468 LAUVRAK, Erik	Imås IL	47.50,0	02.23,0
15	493 TOVMO, Terje	Budal IL	47.50,0	02.23,0
17	462 RICHSTAD, Tor Arne	Beitstad	47.57,0	02.30,0
18	453 BLANDHOEL, John T.	Bærum Værk IF	48.15,0	02.48,0
19	452 KJENAAS, Stig	Svene IL	48.19,0	02.52,0
20	490 RYGG, Pål	Selsbakk IF	48.21,0	02.54,0
20	491 JONDUM, Torgeir	Strindheim IL	48.21,0	02.54,0
22	487 BØE, Anders	IL Snøhetta	48.22,0	02.55,0
23	451 LIEN, Rune	Hernes	48.31,0	03.04,0
24	503 GRØNLI, Odd Anders	IF Birkebeineren	48.35,0	03.08,0
25	450 SKAANES, Torbjørn	Utleira IL	48.38,0	03.11,0
26	440 HANSEN, Trym	Høybråten og Stovner	48.43,0	03.16,0
27	482 THON, Jens Petter	Askim IF	48.51,0	03.24,0
28	522 REITEN, Johannes	Betna IL	48.52,0	03.25,0
29	495 ØSTERAS, Håvard	Skatval Skilag	48.53,0	03.26,0
30	481 RISTE, Svein	V. Slidre IL	48.56,0	03.29,0
31	464 GULBRANDSEN, Ole Gunnar	NSG/Svene IL	49.03,0	03.36,0
32	524 ASPESLAEN, Geir	Tormod Skilag	49.07,0	03.40,0
33	438 LANGSETH, Bjørn	Bjerke	49.13,0	03.46,0
34	475 SALTNES, Torgeir	Ås IL	49.15,0	03.48,0
35	488 WIIG, Rune	Trøgstad IL	49.20,0	03.53,0
36	435 ISTAD, Martin	Bjærgum	49.27,0	04.00,0
37	427 EIDISSEN, Trond	Medkila Skilag	49.30,0	04.03,0
38	473 DALE, Jo	Fet SK	49.31,0	04.04,0
38	508 LUND, Eivind	Gjelleråsen	49.31,0	04.04,0
40	445 KROKEN, Erlend	Bardu IL	49.44,0	04.17,0
41	425 HOLEN, Andreas	Gausdal IL	49.51,0	04.24,0
42	478 FRIDHOLM, Tor	Veldre IL	49.55,0	04.28,0
43	516 STRØMSNES, Rune	Ostergøy	49.59,0	04.32,0
44	459 OUS, Lars Brede	Fet SK	50.00,0	04.33,0
44	510 HUSTAD, Stig	Røra	50.00,0	04.33,0
46	499 VALØEN, Lars Ole	Byafossen	50.03,0	04.36,0
47	470 SMIDESANG, Jørn	Rinna IL	50.04,0	04.37,0
47	526 ROSSDAL, Ståle	Terråk IL	50.04,0	04.37,0
49	457 KVENNAS, Øivind	Byåsen IL	50.09,0	04.42,0
50	436 FREMSTAD, Asgeir	Rannes	50.13,0	04.46,0
51	446 FJELLHAUG, Kristian	Høybråten og Stovner	50.14,0	04.47,0
52	444 VERNES, Arve	Rennebu IL	50.15,0	04.48,0
52	449 IVERSEN, Trond	Henning	50.15,0	04.48,0
54	467 FANTOFT, Erik	Fana	50.19,0	04.52,0
55	432 SOMMERSTAD, Vegar	Bøverbru IL	50.23,0	04.56,0

RESULTATER

Lørenskog Skiklubb/

Rølingen Skiklubb

Rennleder : Nydal/Lækken

Junior-NM 1989

Lørdag 25. februar 1989

TD : Thorbjørn Refseth

PLASS NR.	NAVN	LAG	T I D	ETTER
56	461 MIKKELSEN, Henning	Runar	50.27,0	05.00,0
57	527 KNOTTEN, Jon Erik	NSG/Rannes	50.29,0	05.02,0
58	521 PAY, Henrik	Holmen	50.33,0	05.06,0
59	506 HEGGEN, Trygve	Gran IL	50.42,0	05.15,0
60	532 SANDBERG, Odd Inge	Neverfjord IL	50.47,0	05.20,0
61	429 GRANHEIM, Rune	Strindheim IL	50.53,0	05.26,0
61	454 BRUSTAD, Stig	Skarnes	50.53,0	05.26,0
63	441 UNDHEIM, Dag Inge	Rølingen SK	50.56,0	05.29,0
64	426 PEDERSEN, Henning	Moss Skiklubb	50.57,0	05.30,0
65	477 MELBØ, Hans Petter	Vind IL	51.04,0	05.37,0
66	472 KLØVEN, Anders	IF Liungen	51.05,0	05.38,0
67	448 ASEN, Bjørn	Alvdal	51.23,0	05.56,0
68	507 SCHEFTE, Geir	Assiden IF	51.25,0	05.58,0
68	518 EVENSEN, Arne	Næroset	51.25,0	05.58,0
70	496 SIMENSEN, Erik	Høybråten og Stovner	51.26,0	05.59,0
71	498 SVENDSEN, Arne Markus	Lavangen IL	51.36,0	06.09,0
72	465 GJERDINGEN, Halvor	Gran IL	51.38,0	06.11,0
73	519 KJOS, Audun	Ullensaker SK	51.39,0	06.12,0
74	474 SEIM, Jan Erik	Voss	51.47,0	06.20,0
75	504 BREDESEN, Trond Ove	Tynset	51.51,0	06.24,0
76	439 MELBØ, Ole Morten	Vind IL	52.07,0	06.40,0
77	517 PEDERSEN, Bjørn	Skjervøy IK	52.19,0	06.52,0
78	486 MOLAND, Per Øyvind	Andebu IL	52.24,0	06.57,0
79	497 BJØRNSTAD, Per Erik	Fauske IL	52.27,0	07.00,0
80	514 BRØTO, Age	Bromma IL	52.29,0	07.02,0
81	430 ØSTBY, Trond	Lensbygda Spkl	52.33,0	07.06,0
81	460 SNILDAL, Tore	Hønefoss Skiskytter1	52.33,0	07.06,0
83	421 MEDHUS, Odd Ivar	Røldal	52.56,0	07.29,0
83	520 ANDERSEN, Leif Magne	IL Søya	52.56,0	07.29,0
85	505 LUNDEKVAM, Håvar	Gaular	53.01,0	07.34,0
86	456 GAUTEFALL, Tor Kr.	Kragerø	53.08,0	07.41,0
87	479 KVEEN, Frode	Selvik	53.13,0	07.46,0
87	501 LILLE, Steinar	Alta IF	53.13,0	07.46,0
89	525 RØYNESTAD, Kjell	Knaben IL	53.20,0	07.53,0
90	480 FORFOED, Henry	Malm	53.25,0	07.58,0
91	487 SKOVLY, Niklas	Moss Skiklubb	53.27,0	08.00,0
92	447 OPBERGET, Ole Jacob	Jømna/Heradsbygd	53.43,0	08.16,0
93	433 RAME, Knut Erik	Klypetussen	53.47,0	08.20,0
94	469 VALØEN, Torgeir	Kvam	54.06,0	08.39,0
95	434 TØRSETH, Terje	Koll	54.42,0	09.15,0
95	509 RIDENG, Steinar	Nydalen	54.42,0	09.15,0
97	500 KRISTIANSEN, Runar	Ullensaker SK	56.32,0	11.05,0
98	466 ERØY, Lars Erik	Spydeberg IL	57.35,0	12.08,0
99	463 HOLST, Anders	Stathelle	57.51,0	12.24,0
100	502 JØDAHL, Ole Kr.	Gjerdrum IL	1:00.06,0	14.39,0
BRUTT 511	SOMMERVOLD, Stig	Klæbu IL		
BRUTT 512	JOHANSEN, Kristian	Narvik Skiklubb		

X-SPORT RESULTATSYSTEM 890225 16:23.00



Lørenskog Skiklubb



Rølingen Skiklubb

RESULTATER

Lørenskog Skiklubb/
 Rølingen Skiklubb Junior-NM 1989 Lørdag 25. februar 1989
 Rennleder : Nydal/Løkken Menn 18/19 år TD : Thorbjørn Refseth

PLASS NR.	NAVN	LAG	T I D	ETTEF
1	125 STRØMSKAG, Geir O.	Frosta	56.10,0	00.00,0
2	131 SKJELDAL, Gudmund	Bulken IL	56.34,0	00.24,0
3	127 ARNTSEN, Terje	Ballangen IL	56.54,0	00.44,0
4	129 BERGERSEN, Kjetil	Rølingen SK	57.04,0	00.54,0
5	135 BÖHLE, Arne	Geilo IL	57.14,0	01.04,0
6	088 THORSRUD, Jarle	Geilo IL	57.54,0	01.44,0
7	134 ERIKSEN, Einar Anders	Klæbu IL	57.55,0	01.45,0
8	090 STRAND, Arthur	Bratsberg IL	57.56,0	01.46,0
9	137 GUIN, Morten	Varden	58.22,0	02.12,0
10	119 OTTERLEI, Robert	Byåsen IL	58.28,0	02.18,0
11	147 KNUDSEN, Eddy R.	Stokke	58.30,0	02.20,0
12	118 LARSEN, Frode	Mjøndalen IF	58.38,0	02.28,0
12	144 SUGAREN, Jon Sverre	IL Nor	58.38,0	02.28,0
14	142 BENBERG, Hasse	Heimdal IF	58.39,0	02.29,0
15	143 SØRGARD, Krister	Sandnes IL	58.41,0	02.31,0
16	015 KRISTIANSEN, Bjørn	Grorud	58.44,0	02.34,0
17	138 EIDE, Arnt O.	Snåsa	58.51,0	02.41,0
18	139 MILLERJORD, Roy Roger	Selfors UL	59.10,0	03.00,0
19	124 KORSVOLD, Torstein	Faaberg IL	59.11,0	03.01,0
20	132 HAUGLAND, Heiki	IL Snøhetta	59.15,0	03.05,0
21	126 MELLESETER, Asmund	IL Snøhetta	59.20,0	03.10,0
22	136 SKARI, Geir	Lensbygda Spkl	59.22,0	03.12,0
23	076 RØNBECK, Øystein	Rafsbotn IL	59.38,0	03.28,0
23	097 OLSEN, Tore	Rotsundelv IL	59.38,0	03.28,0
25	114 REE, Martin	Støren Sp.kl.	59.39,0	03.29,0
26	098 OLSEN, Kjetil	Grorud	59.47,0	03.37,0
27	036 KARLSEN, Tom Arne	Jevnaker IF	59.51,0	03.41,0
28	020 HILLESTAD, Per Fridolf	Hafslo	1:00.03,0	03.53,0
29	062 MOEN, Nils Inge	Vikersund IF	1:00.09,0	03.59,0
29	074 JOHNSEN, Lars Kr.	Eidsvold Værk SK	1:00.09,0	03.59,0
31	146 MOHEIM, Håvard	Øyer IL	1:00.16,0	04.06,0
32	148 NILSEN, Frode	Fauske IL	1:00.17,0	04.07,0
33	102 NYENG, Frode	Heimdal IF	1:00.20,0	04.10,0
34	010 VEIGLUM, Morten	Grorud	1:00.21,0	04.11,0
35	104 HERHEIM, Frank	IL Eldar	1:00.33,0	04.23,0
36	141 JOHANSEN, Frank Tore	Talvik IL	1:00.34,0	04.24,0
37	034 BRATTABØ, Sjur	Jondal	1:00.36,0	04.26,0
38	145 FALCK, Harald	Follo SK	1:00.37,0	04.27,0
39	071 MOSTRAUM, Johnny	Osterøy	1:00.40,0	04.30,0
40	122 LARSEN, Arnt H.	Tromsdalen UIL	1:00.54,0	04.44,0
41	078 SULUTVEDT, Ole Håkon	Andebu IL	1:01.01,0	04.51,0
42	006 HASKJOLD, Arve	Strindheim IL	1:01.03,0	04.53,0
43	005 HANSEN, Geir Inge	NSG/Fenstad SK	1:01.06,0	04.56,0
44	065 FLAGSTAD, Trond	Ottestad	1:01.12,0	05.02,0
45	018 SAGMYR, Tommy	Hommelvik	1:01.25,0	05.15,0
45	044 MARTINSEN, Pål	Nordvågen IL	1:01.25,0	05.15,0
47	058 BRÆKKE, Stein Vidar	Veldre IL	1:01.33,0	05.23,0
48	068 JOHNSEN, Frank	IF Kilkameratene	1:01.38,0	05.28,0
49	045 SUNDAL, Runar	Hokksund IL	1:01.40,0	05.30,0
50	085 BØE, Simen	Kjelsås	1:01.44,0	05.34,0
51	038 BRURØK, Ståle	Barum Værk IF	1:01.50,0	05.40,0
51	061 AMUNDSEN, Stig	Fri	1:01.50,0	05.40,0
53	054 HOLT, Sverre	IL LIV/Fossekalen	1:01.55,0	05.45,0
54	080 MOEN, Morten	Tyllidal IL	1:01.57,0	05.47,0
55	011 JOHANNESSEN, Håvard	Kvaløysletta IL	1:01.58,0	05.48,0

RESULTATER

Lørenskog Skiklubb/
 Rølingen Skiklubb Junior-NM 1989 Lørdag 25. februar 1989
 Rennleder : Nydal/Løkken Menn 18/19 år TD : Thorbjørn Refseth

PLASS NR.	NAVN	LAG	T I D	ETTEF
55	079 FLATEN, Gunnar	Tolga IL	1:01.58,0	05.48,0
57	094 LØFSHUS, Vidar	IL Nor	1:02.04,0	05.54,0
57	130 MIKKELSEN, Bjørn Roald	IL Frea	1:02.04,0	05.54,0
59	060 MIKKELSEN, Tommy	Dyrøy Skilag	1:02.06,0	05.56,0
60	027 LØVOLL, Jon Kåre	Eidsdal IL	1:02.07,0	05.57,0
61	092 HANEVOLD, Harald	Asker Skiklubb	1:02.09,0	05.59,0
62	069 SANGNES, Geir Atle	Eina IL	1:02.15,0	06.05,0
63	031 BEKKEN, Torbjørn	Lyn	1:02.17,0	06.07,0
64	063 KROGH, Tore	Byåsen IL	1:02.18,0	06.08,0
65	051 SUGAREN, Even	IL Nor	1:02.21,0	06.11,0
66	021 JOHNSEN, Per Inge	Eidsvold Værk SK	1:02.23,0	06.13,0
66	032 RYE, Birger	Fagernes IL	1:02.23,0	06.13,0
66	046 MELBYE, Jon Einar	NSG/Vollen	1:02.23,0	06.13,0
69	056 FUGLEM, Nils Even	Selbu IL	1:02.33,0	06.23,0
70	019 TVEITAN, Rune	Gjerpen	1:02.38,0	06.28,0
71	095 DRAGER, Henning	NSG/Reinsvoll IF	1:02.39,0	06.29,0
72	115 KRISTIANSEN, Thor E.	NSG/Haugbygda IF	1:02.40,0	06.30,0
73	055 LURAS, Helge	Konnerud IL	1:02.51,0	06.41,0
74	040 JENSEN, Håvard	Strindheim IL	1:02.56,0	06.46,0
75	049 SKARBEKK, Jan Erik	Svene IL	1:02.57,0	06.47,0
76	007 HEIMDAL, Toralf	Bardu IL	1:02.58,0	06.48,0
76	030 FOSSE, Håvard	Oppsal	1:02.58,0	06.48,0
78	059 PEDERSEN, Arnfinn	Vang SL	1:02.59,0	06.49,0
79	016 ØFSTEDAL, Roar	Hernes	1:03.01,0	06.51,0
79	023 STENVOLD, Magne	IL Pioner	1:03.01,0	06.51,0
81	110 HOLTH, Trond	NSG/Magnor UL	1:03.05,0	06.55,0
82	112 LØKKEN, Tarjei	Dombås IL	1:03.12,0	07.02,0
83	042 EVENSEN, Ørjan	Gran IL	1:03.24,0	07.14,0
84	003 BUHAUG, Svein Inge	Jotun	1:03.47,0	07.37,0
84	017 THORSEN, Jan Audun	Rygene IL	1:03.47,0	07.37,0
86	107 VAGEN, Frode	Strindheim IL	1:03.54,0	07.44,0
87	083 AAS, Torgeir	Malm	1:04.04,0	07.54,0
87	099 ALMBERG, Jørn	Ulvungen IL	1:04.04,0	07.54,0
89	077 GABRIELSEN, Ivar	Kongsberg IF	1:04.13,0	08.03,0
90	120 LERVIK, Jon Markus	Øksendal IL	1:04.25,0	08.15,0
91	009 LØKEN, Jan Henning	Bekkelaget	1:04.33,0	08.23,0
92	096 MEDHUS, Rangvald	Røldal	1:04.35,0	08.25,0
93	087 STOKKE, Torbjørn	Høybråten og Stovner	1:04.45,0	08.35,0
94	041 SANDE, Ole-Jakob	Gaular	1:04.47,0	08.37,0
95	037 RUSTAND, Helge	Bromma IL	1:04.50,0	08.40,0
96	070 HANSEN, Trond	Skoppum	1:04.54,0	08.44,0
97	081 BARTNES, Jørgen	Beitstad	1:04.55,0	08.45,0
98	025 LAURENZ, Lars	Vollen UIL	1:05.04,0	08.54,0
99	026 KULSETH, Vegar	Utleira IL	1:05.07,0	08.57,0
100	004 ISAKSEN, Ronny	Båtsfjord IF	1:05.15,0	09.05,0
101	123 KAUSERUD, Jostein	Harestua IL	1:05.16,0	09.06,0
102	043 FLØNES, Per Helge	Selbu IL	1:05.17,0	09.07,0
103	108 ØVERAS, Tore	IL Hei	1:05.23,0	09.13,0
104	008 BORDAL, Jon Anders	Mølven IL	1:05.25,0	09.15,0
105	101 JACOBSEN, Øystein	Gjerdrum IL	1:05.40,0	09.30,0
106	035 GRANLI, Oddbjørn	Ørje IL	1:05.41,0	09.31,0
106	103 ANDRESEN, Tomas	Grorud	1:05.41,0	09.31,0
108	113 HUSTAD, Ole Morten	Spkl. Rival	1:05.48,0	09.38,0
109	052 DASTØL, Kennet	Skoppum	1:06.12,0	10.02,0
110	086 VIKEN, Morten	Øyer IL	1:06.17,0	10.07,0

RESULTATER

Lørenskog Skiklubb/
Rølingen Skiklubb
Rennleder : Nydal/Lækken
Junior-NM 1989 Lørdag 25. februar 1989
Kvinner 16 år TD : Thorbjørn Refseth

PLASS NR.	NAVN	LAG	T I D	ETTER
1	748 TJELLE, Kristin	Børsla IL	36.21,0	00.00,0
2	683 BRØRS, Anne Sofie	Beitstad	36.31,0	00.10,0
3	680 MARTINSEN, Bente	Nittedal	37.21,0	01.00,0
4	676 STØVEREN, Helga Therese	Nedre Sigdal IF	37.25,0	01.04,0
5	705 LANDSEM, Gunvor	IK Rindals Troll	37.29,0	01.08,0
6	704 PEDERSEN, Hilde Juul	IL LIV/Fossekalen	37.38,0	01.17,0
7	703 SÆTHER, Grethe	IK Rindals Troll	38.20,0	01.59,0
8	708 OPGÅRD, Karianne	Tverrelvdalen IL	38.34,0	02.13,0
9	712 HOVELSEN, Gørill	IL Jardar	38.51,0	02.30,0
10	699 SANDAUNET, Britt	Skatval Skilag	38.55,0	02.34,0
11	679 AMLIE, Ragnhild	Rwa	38.59,0	02.38,0
12	722 LANDRØ, Ellen	Lensvik IL	39.01,0	02.40,0
13	734 ARVNES, Gry	Bærum Værk IF	39.02,0	02.41,0
14	745 SELNES, Line	Lensvik IL	39.13,0	02.52,0
15	682 SYSE, Astri	Kirkenes IF	39.26,0	03.05,0
16	677 KJELSBERG, Tone	Røros IL	39.28,0	03.07,0
17	752 KLEVSTAD, Tine	Skjervøy IK	39.32,0	03.11,0
18	678 HARSTAD, Guro	Birkenes IL	39.37,0	03.16,0
19	776 LEANGEN, Karina	Drøbak/Frogn	39.39,0	03.18,0
20	742 GULLIKSEN, Ashild	Bamble IL	39.44,0	03.23,0
21	740 TEIG, Christine	Driv	39.45,0	03.24,0
22	709 JOHNSEN, Anette	Frisk	39.49,0	03.28,0
23	672 HALDORSEN, Elisabeth	Korlevold	39.51,0	03.30,0
24	727 TÆRUD, Rigmor	NSG/Ullensaker SK	39.56,0	03.35,0
25	715 ERSLAND, Anita	Ternen	40.08,0	03.47,0
25	738 LUND, Inger	Sørum IL	40.08,0	03.47,0
27	702 SOLBERG, Kari-Anne	IL Beveren	40.15,0	03.54,0
28	674 GRUT, Jorid	IL Nor	40.16,0	03.55,0
28	764 FOLLSTAD, Marit	Stor Elvdal SK	40.16,0	03.55,0
30	723 GALAEN, Berit Marie	Tynset	40.24,0	04.03,0
31	759 AAS, Ann Kristin	Strindheim IL	40.31,0	04.10,0
32	690 BUKTEN, Trine	Mosjøen IL	40.32,0	04.11,0
32	726 SANDVOLL, Merete	S. Al IL	40.32,0	04.11,0
34	754 AUSTMO, Katrine	Sparbu	40.37,0	04.16,0
35	766 SKARSETH, Nina	Kilebygda IL	40.38,0	04.17,0
36	687 NYLAND, Ranveig	Raufoss IL	40.40,0	04.19,0
37	762 RØSTE, Inger	Nes SPKL	40.47,0	04.26,0
37	767 NILSEN, Mona	Kjøpsnes IL	40.47,0	04.26,0
39	765 BREIVIK, Siv H.	Eidsvold Værk SK	40.55,0	04.34,0
40	778 AARFLOT, Bente	Ullensaker SK	40.59,0	04.38,0
41	724 BØGSET, Kristin	Buvik IL	41.00,0	04.39,0
42	691 ROSTADMO, Vanja	Sør-Tranøy IL	41.04,0	04.43,0
43	671 LARSEN, Tone	Botne	41.08,0	04.47,0
43	733 HOLMLI, Lillian	Vinne Skilag	41.08,0	04.47,0
45	755 GJERDRUM, Therese	Kjelsås	41.12,0	04.51,0
46	701 HOLEN, Wenche Irene	Stor Elvdal SK	41.18,0	04.57,0
46	716 MO, Randi	Overhalla	41.18,0	04.57,0
48	732 BENTDAL, Yngvil	NSG/Bærum Skiklubb	41.24,0	05.03,0
49	739 HAUGERUD, Trine E	Konnerud IL	41.25,0	05.04,0
50	721 RYE, Rida	Byneset IL	41.26,0	05.05,0
51	719 SVENDSEN, Brit Monica	IL Frea	41.29,0	05.08,0
51	774 LILLEBY, Hanne	Vind IL	41.29,0	05.08,0
53	685 TAJET, Guri	Brumundal	41.33,0	05.12,0
54	747 HALLAND, Hilde	Innstrandens IL	41.35,0	05.14,0
55	673 NORBOM, Hilde K	Konnerud IL	41.37,0	05.16,0

RESULTATER

Lørenskog Skiklubb/
Rølingen Skiklubb
Rennleder : Nydal/Lækken
Junior-NM 1989 Lørdag 25. februar 1989
Kvinner 16 år TD : Thorbjørn Refseth

PLASS NR.	NAVN	LAG	T I D	ETTER
56	686 ØIUM, Sissel R.	Eidsvold Værk SK	41.40,0	05.19,0
56	700 ECKMANN, Stine	Hasle Løren	41.40,0	05.19,0
58	713 MAJORMOEN, Erna	Nesbyen IL	41.46,0	05.25,0
58	769 RYDNINGEN, Siri	Øverbygd IL	41.46,0	05.25,0
60	749 HOVLAND, May L.	Eidsvold Værk SK	41.54,0	05.33,0
61	758 TALLHAUG, Gry	IL LIV/Fossekalen	42.09,0	05.48,0
62	693 JULNOC, Ellen	Helgådalen	42.15,0	05.54,0
63	717 KASPERSEN, Wenche	IL Stålkameratene	42.22,0	06.01,0
64	725 JENTOFT, Marianne	Innstrandens IL	42.49,0	06.28,0
65	681 RØSTE, Kjersti	Nes SPKL	42.50,0	06.29,0
66	756 VOLD, Margit	Flatås IL	42.51,0	06.30,0
67	753 RINHEIM, Marit	Øyer IL	42.53,0	06.32,0
68	760 VASVEEN, Torunn	Ø. Toten Skilag	43.02,0	06.41,0
69	697 HAUG, Anne Cathrine	Bækkelaget	43.08,0	06.47,0
70	714 ILEBEKK, Anne Gro	Øvrebø IL	43.12,0	06.51,0
71	731 HAUGNES, Lillian	Trysilgutten	43.13,0	06.52,0
72	735 EIDE, Astrid	Eidsdal IL	43.16,0	06.55,0
72	746 STRAND, Silja H.	Stor Elvdal SK	43.16,0	06.55,0
74	675 SLETNER, Hanne	Dovre IL	43.40,0	07.19,0
75	729 KALSETH, Merete	Rotsundelv IL	43.44,0	07.23,0
76	750 BERGESEN, Lin	Lekang Skilag	43.52,0	07.31,0
77	777 ASERUD, Trine-Lise	Trøsken IL	44.35,0	08.14,0
78	772 ANDERSEN, Thrine Scharp	Koll	44.58,0	08.37,0
79	689 MOE, Eli	Øvrebø IL	45.05,0	08.44,0
79	751 JACOBSEN, Gro Anette	Gulset	45.05,0	08.44,0
81	688 KRISIANSEN, Ingunn	Vang SL	45.09,0	08.48,0
82	770 AAM, Maj Britt	Ørsta IL	45.56,0	09.35,0
83	743 MELAS, Karianne	Kjosens IL	46.22,0	10.01,0
84	768 WILHELMSEN, Cathrine	Moss Skiklubb	46.25,0	10.04,0
85	718 JACOBSEN, Laila	Koll	46.41,0	10.20,0
BRUTT 692	JOHNSEN, Trine	Støren Sp.kl.		
BRUTT 694	NYGARD, Nina	NSG/Runar		
BRUTT 698	MJØEN, Cecilie	IF Graaben		
BRUTT 706	HOEM, Monica	Utleira IL		
BRUTT 707	EITREIM, Tone	Odda		
BRUTT 728	BERG, Marianne	Rinna IL		
BRUTT 736	ØLMHEIM, Caterine	Øystese		
BRUTT 737	STENSAS, Linda	Flatås IL		
BRUTT 741	BJERKNES, Anita	IF Birkebeineren		
BRUTT 744	FRANTZEN, Elisabeth	Hasle Løren		
BRUTT 763	NYBORG, Tove	Spillum		
BRUTT 771	BAKKEN, Beate	Røyrvik		
BRUTT 779	SOLBERG, Line	Oseberg		

X-SPORT RESULTATSYSTEM 890225 17:27.56

RETTINGER OG TILLEGG
som ikke er med i de andre listene.

RESULTATER

Junior-NM 1989 Lørdag 25. februar 1989
Menn 10/19 år TD : Thorbjørn Refseth

BRUTT 002	KAGGESTAD, Martin	NSG/Vikersund
BRUTT 066	ØVERLAND, Jan Håvard	Bpkl. Rival
BRUTT 073	SALAMONSEN, Øyvind	Grorud
BRUTT 091	RØNNEBERG, Gøir Age	Eidsdal IL
BRUTT 105	THARALDSEN, Truls	Egge
BRUTT 106	GRINDAM, Odd Pottor	Frødrickstad SK
BRUTT 121	NORDBØ, Erling	Otra IL
BRUTT 120	LANDSEN, Even	IK Rindals Troll
BRUTT 133	KRISTIANSEN, Kjetil	Vollen UIL

RESULTATER

 Lørenskog Skiklubb/
 Rølingen Skiklubb
 Rennleder : Nydal/Løkken

 Junior-NM 1989 Lørdag 25. februar 1989
 Kvinner 17 år TD : Thorbjørn Refseth

PLASS NR.	NAVN	LAG	T I D	ETTER
1	599 PAULSEN, Liv	Stjørdals-Blink	35.32,0	00.00,0
2	631 ØYEN, Jannike	Molde og Omegn IF	36.18,0	00.46,0
3	646 HALLE, Siri	NSG/Fossum IF	36.24,0	00.52,0
4	565 SKAU, Beate	Stokke	36.28,0	00.56,0
5	573 MYREN, Hilde	S. Al IL	36.47,0	01.15,0
6	643 HAUGEN, Ann Kristin	Helgerød	37.00,0	01.28,0
7	654 NICKELSEN, Hege	NSG/Bærum Skiklubb	37.06,0	01.34,0
8	650 BRANDSNES, Karianne	Vollan IK	37.46,0	02.14,0
9	656 RAMSRUD, Gunn	Bjerke	37.49,0	02.17,0
10	602 TUSETH, Hilde	Varden	37.52,0	02.20,0
11	567 HALS, Brit Ina	Mosjøen IL	37.55,0	02.23,0
12	582 KVIKNE, Ingrid	Strindheim IL	37.57,0	02.25,0
13	655 HØSFLOT, Elisabeth	Heimdal IF	37.59,0	02.27,0
14	563 CARLSEN, Kjersti	Drammens Ballklubb	38.00,0	02.28,0
15	633 BRISEID, Thale M.	IL Jardar	38.04,0	02.32,0
16	578 FLATUM, Ann Chr.	Varden	38.13,0	02.41,0
17	629 SANDE, Guri	IK Rindals Troll	38.25,0	02.53,0
18	645 KVERNLAND, Hege	Heimdal IF	38.28,0	02.56,0
19	601 AKSETH, Kristine	IF Birkebeineren	38.37,0	03.05,0
20	591 SOLBERG, May Ingela	Drammens Ballklubb	38.38,0	03.06,0
21	614 KARLSEN, Anita	NSG/Frisk	38.42,0	03.10,0
22	589 SOLBAKKEN, Heidi	Høybråten og Stovner	38.51,0	03.19,0
23	569 SPARRE, Lene	Høybråten og Stovner	38.55,0	03.23,0
23	571 BYSTØL, Gry	Voss	38.55,0	03.23,0
25	575 LARSEN, Heidi	Eidsvold Værk SK	38.57,0	03.25,0
26	593 JOHANSEN, Inger Heidi	Nordreisa IL	39.03,0	03.31,0
27	588 JØRGENSEN, Nina	Sarpsborg IL	39.06,0	03.34,0
28	616 ØVERGARD, Torun	Bardu IL	39.20,0	03.48,0
29	624 HAKONSEN, Ellen Karine	Rølingen SK	39.28,0	03.56,0
30	605 SIMONSEN, Birgit O.	Tverrelvdalen IL	39.30,0	03.58,0
31	597 NORDBY, Heidi	Follo SK	39.39,0	04.07,0
32	636 STEFFENSEN, Kari-Anne	Trøgstad IL	39.52,0	04.20,0
33	577 VANGEN, Ingun	Tynset	39.59,0	04.27,0
34	580 NORDENG, Ann Kristin	Manndalen UIL	40.10,0	04.38,0
35	635 AABERG, Rita	Rygene IL	40.11,0	04.39,0
36	607 MYRLAND, Mona	Trysilgutten	40.23,0	04.51,0
37	590 LILLESVEEN, Hilde	Veldre IL	40.24,0	04.52,0
38	568 HANSEN, Lene	Runar	40.28,0	04.56,0
39	595 LERSTAD, Randi	Leksvik	40.29,0	04.57,0
40	615 SKARI, Hege	Lensbygda Spkl	40.32,0	05.00,0
41	610 SOLHAUG, Bente	Nes SPKL	40.33,0	05.01,0
42	600 HOEL, Tone Merethe	IL Jardar	40.34,0	05.02,0
43	581 OS, Vibeke	Fauske IL	40.39,0	05.07,0
44	617 BARSTAD, Siw Kr.	Spillum	40.41,0	05.09,0
45	609 EVJEN, Vigdis	Orkdal IL	40.47,0	05.15,0
46	623 JOHNSEN, Hege	Heddal	40.48,0	05.16,0
47	584 MARKSETH, Gunn	Gjerstad IL	40.57,0	05.25,0
48	585 HANSEN, Berit	Målselv IL	41.16,0	05.44,0
49	652 NYMOEN, Linn J.	Raufoss IL	41.19,0	05.47,0
50	598 UNDHEIM, Ingrid	Sirdal Skilag	41.20,0	05.48,0
51	594 HUSDAL, Eli Bente	Orkdal IL	41.24,0	05.52,0
52	626 KRISTIANSEN, Anne-Kari	Ullensaker SK	41.26,0	05.54,0
53	608 RØNEID, Nina	Kragerø	41.31,0	05.59,0
54	644 PERSON, Britt Ingalill	Lunderseter IL	41.44,0	06.12,0
55	586 BERGGREN, Tonje	Røa	41.48,0	06.16,0

RESULTATER

 Lørenskog Skiklubb/
 Rølingen Skiklubb
 Rennleder : Nydal/Løkken

 Junior-NM 1989 Lørdag 25. februar 1989
 Kvinner 17 år TD : Thorbjørn Refseth

PLASS NR.	NAVN	LAG	T I D	ETTER
56	561 ISAKSEN, Marianne	BUL	41.49,0	06.17,0
57	630 SØGARD, Ellen	Nordbygda IL	41.58,0	06.26,0
58	634 HANSEN, Lene	Manndalen UIL	41.59,0	06.27,0
59	628 HAAGENSEN, Ellen	Hasle Løren	42.03,0	06.31,0
59	648 KJERSEM, Linn Hege	Tomrefjord IL	42.03,0	06.31,0
61	651 CORNELIUSSEN, Janne	BUL	42.09,0	06.37,0
62	640 TUFT, Hanne	IL Moingen	42.21,0	06.49,0
63	574 BJØRKLUND, Lill Hege	Sørskogbygda IL	42.30,0	06.58,0
63	592 AUNE, Anne Berit	Selbu IL	42.30,0	06.58,0
65	627 KOLLERUD, Marianne	Konnerud IL	42.32,0	07.00,0
66	657 PETTERSEN, Tove	Eik	42.54,0	07.22,0
67	653 FUGLEM, Marit Irene	Selbu IL	42.57,0	07.25,0
68	570 STEINUM, Lene	Fet SK	43.15,0	07.43,0
69	583 SEVERINSEN, Linda	Oddersjaa IL	43.19,0	07.47,0
70	625 TVETEN, Camilla	Drammens Ballklubb	43.32,0	08.00,0
71	622 ROLSETH, Turid	Forra	43.40,0	08.08,0
72	618 AURDAL, Turid	Voss	43.50,0	08.18,0
73	603 FROSTHAMMER, Wenche	Spillum	43.51,0	08.19,0
74	604 ØYE, Vibeke	Spydeberg IL	44.37,0	09.05,0
75	619 MOE, May Elin	Gjerdrum IL	44.54,0	09.22,0
76	613 HALVORSEN, Ingvild	Vågå IL	44.56,0	09.24,0
77	620 ENGEN, Marit	Spydeberg IL	47.10,0	11.38,0
BRUTT 562	DULLUM, Elisabeth	Stjørdals-Blink		
BRUTT 566	WALLE, Berit	Medkila Skilag		
BRUTT 572	EIKEVIK, Gro	Sogndal		
BRUTT 579	STANGELAND, Siri	Gjerpen		
BRUTT 587	SANDELIN, Elisabeth	Rotsundelv IL		
BRUTT 596	BENTZEN, Ann Kr.	Kvam		
BRUTT 611	FORSMO, Mette Marit	Mosjøen IL		
BRUTT 621	FINSTAD, Monica	Nittedal		
BRUTT 638	RYSTAD, Liv	Grane IL		
BRUTT 649	HAVDAL, Heidi Anita	Rennebu IL		

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Studio a

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RESULTATER

 Lørenskog Skiklubb/
 Rølingen Skiklubb
 Rennleder : Nydal/Løkken
 Junior-NM 1989 Lørdag 25. februar 1989
 Kvinner 18/19 år TD : Thorbjørn Refseth

PLASS NR.	NAVN	LAG	T I D	ETTER
1	250 UGLEM, Kari	Strindheim IL	51.05,0	00.00,0
2	244 NYMOEN, Maj Helen	Trysilgutten	51.10,0	00.05,0
3	249 VISNES, Siw Kristin	Gol IL	52.36,0	01.31,0
4	252 TANDE, Inger Mai	Strindheim IL	52.54,0	01.49,0
5	246 BJØRGEN, Kathrine	Aasguten	53.03,0	01.58,0
6	255 HANSEN, Kari Mette	Strindheim IL	53.07,0	02.02,0
7	239 ROKKE, Kathrine	Stjørdals-Blink	53.36,0	02.31,0
8	238 SKJOLDEN, Anette	IL LIV/Fossekalen	53.46,0	02.41,0
9	195 HATLEBERG, Gro	Kongsberg IF	54.09,0	03.04,0
10	248 TØMMERVOLD, Monica	Strindheim IL	54.37,0	03.32,0
11	243 SELNES, Heidi	Lensvik IL	54.40,0	03.35,0
12	204 RASMUSSEN, Line	NSG/Mjøndalen IF	54.44,0	03.39,0
13	234 KVAMME, Anita	Strindheim IL	54.48,0	03.43,0
14	199 HUSE, Katrine	Ullensaker SK	54.59,0	03.54,0
14	245 HANSEN, Gøril	Senja Skilag	54.59,0	03.54,0
16	254 SANDSTAD, Hanne	Selbu IL	55.06,0	04.01,0
17	223 HOEL, Kirsti Elisabeth	NSG/Fossum IF	55.16,0	04.11,0
18	253 ENGEN, May-Brith	Spydeberg IL	55.17,0	04.12,0
19	168 KLUCK, Vibeke	Tamarskj.	55.21,0	04.16,0
20	251 RUUD, Astrid	Vind IL	55.51,0	04.46,0
21	229 BJERVIG, Kristin	Bærum Skiklubb	55.55,0	04.50,0
21	256 SKJELLAND, Inger	Andebu IL	55.55,0	04.50,0
23	190 SKAVHAUG, Ase Mette	Bratsberg IL	56.04,0	04.59,0
24	242 ANDERSEN, Heidi	Aslia	56.06,0	05.01,0
25	185 SÆTERS DAL, Ida	Viking	56.08,0	05.03,0
26	193 RYKHUS, Sonja	Dovre IL	56.12,0	05.07,0
27	230 BUVIK, Marianne	Fet SK	56.13,0	05.08,0
28	235 FJØSNE, Magnhild	BUL	56.16,0	05.11,0
29	209 STIEN, Nancy	Aga IL	56.31,0	05.26,0
30	247 LAUKLI, Ase Helene	Konnerud IL	56.39,0	05.34,0
31	170 GUNDERSEN, Nancy	S. Al IL	56.40,0	05.35,0
31	191 EITHUN, Marit B.	IL Nor	56.40,0	05.35,0
33	179 TANEM, Sissel I.	Sparbu	56.44,0	05.39,0
34	225 HAUKLAND, Ingrid Utne	Innstrandens IL	56.51,0	05.46,0
35	178 BREEN, Liv Randi	Bratsberg IL	57.08,0	06.03,0
36	167 HELASAUNET, Arnhild	Bratsberg IL	57.32,0	06.27,0
37	206 EMANUELSEN, Lone	IL Nordlyset	57.41,0	06.36,0
38	215 HANSEN, Monica	Høybråten og Stovner	57.42,0	06.37,0
39	184 SJØL, Hanne	IF Bødalen	57.50,0	06.45,0
40	226 WIGERNES, Ine	Grorud	57.51,0	06.46,0
41	177 STEINKJER, Harrieth	Nordreisa IL	57.52,0	06.47,0
42	207 SPARRE, Trude	Høybråten og Stovner	57.54,0	06.49,0
42	221 SUND, Janne	Spillum	57.54,0	06.49,0
44	152 SÆTHER, Berit	Byåsen IL	58.01,0	06.56,0
45	189 KARLSEN, Siv Elise	Spkl. Rival	58.03,0	06.58,0
46	197 THAGAARD, Kristin Sem	Fossum IF	58.13,0	07.08,0
47	183 HELLNE, Nina	Fet SK	58.15,0	07.10,0
48	232 ARNESON, Asté	Oseberg	58.29,0	07.24,0
49	176 AUNE, Gunn Heidi	Selbu IL	58.41,0	07.36,0
50	169 SØRBØ, Aud	Gjerstad IL	58.48,0	07.43,0
51	163 FLATLAND, Sissel	Hemsedal IL	58.50,0	07.45,0
52	156 STIGEN, Marianne	Bækkelaget	58.58,0	07.53,0
53	218 FOSSEN, Linda	Bratsberg IL	59.02,0	07.57,0
54	210 HABBERSTAD, Kjersti	Eidsvold Værk SK	59.04,0	07.59,0
55	175 SAGMOEN, Brita	Vang SL	59.05,0	08.00,0

RESULTATER

 Lørenskog Skiklubb/
 Rølingen Skiklubb
 Rennleder : Nydal/Løkken
 Junior-NM 1989 Lørdag 25. februar 1989
 Kvinner 18/19 år TD : Thorbjørn Refseth

PLASS NR.	NAVN	LAG	T I D	ETTER
56	166 HANSEN, Lene	Senja Skilag	59.13,0	08.08,0
57	182 FLATEN, Anne-Kirsti	Kvås IL	59.23,0	08.18,0
58	151 SØRLI, Ellinor	Lånke	59.36,0	08.31,0
59	211 HAAKSTAD, Lis Karin	Melbo IL	59.40,0	08.35,0
60	186 MARTINSEN, Kirsti	Kolvereid	59.49,0	08.44,0
61	162 SMEDBAKKEN, Tone	Eidsvold Værk SK	59.57,0	08.52,0
62	161 BRÆKKE, Tove	Veldre IL	1:00.00,0	08.55,0
63	164 LILLEBAKKEN, Monica	Nordbygda IL	1:00.18,0	09.13,0
64	201 DOLMSET, Mai Anita	IL Leik	1:00.24,0	09.19,0
65	213 MYHRE, Siw Kristin	S. Al IL	1:00.47,0	09.42,0
66	165 FOSSBERG, Berit	Taustad IL	1:00.59,0	09.54,0
67	202 SKIRSTAD, Katharina	Haslum IL	1:01.09,0	10.04,0
68	224 WIERØD, Lene	Gjerpen	1:01.34,0	10.29,0
69	208 LINDSTAD, Margrethe	Vang SL	1:01.53,0	10.48,0
69	222 SKEIDE, Anette	Follo SK	1:01.53,0	10.48,0
71	154 OLSEN, Mona	Rotsundelv IL	1:02.01,0	10.56,0
72	160 GULLINGSRUD, Kristin	Nesbyen IL	1:02.45,0	11.40,0
73	159 KLYKKEN, Ase	Overhalla	1:03.09,0	12.04,0
74	173 BLEKKAN, Tove	Steinkjer Skiklubb	1:03.14,0	12.09,0
75	181 FUGLI, Mona	Fet SK	1:03.21,0	12.16,0
76	220 STENSLIE, Klara Holen	Veldre IL	1:03.34,0	12.29,0
77	219 EIDE, Inger Helen	Vågå IL	1:04.03,0	12.58,0
78	198 LILLEFJELL, Monica	Stod	1:04.30,0	13.25,0
79	214 LUNDEMO, Inger J.	Varden	1:04.42,0	13.37,0
80	158 LARSEN, Mona	Gulset	1:07.11,0	16.06,0
BRUTT 155	LØNSTAD, Britt Unni	N. Snerthingdal IL		
BRUTT 157	KONGSSUND, Lina	Narøset		
BRUTT 187	BJØRNAA, Karen	Byåsen IL		
BRUTT 192	SVALENG, Tina	Mosjøen IL		
BRUTT 194	FJELLSTAD, Kathrine	Stovnerkameratene		
BRUTT 200	SUND, Jorun	Spillum		
BRUTT 203	LUND, Trine	Bærum Værk IF		
BRUTT 205	KAASA, Karin	Skarphedin		
BRUTT 216	RINDALSHOLT, Merete	Strindheim IL		
BRUTT 237	JOHNSEN, Lisbeth	Tromsø Skiklubb		

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Dombås Samvirkeag

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26.02.1989

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KR.20,-



Lorenskog Skiklubb



Rælingen Skiklubb

RESULTATER
 Junior-NM 1989

 Lørenskog Skiklubb/
 Rølingen Skiklubb

Rennleder : Nydal/Løkken

Kvinner 4 x 5 km

 Søndag 26. februar 1989
 TD : Thorbjørn Refseth

PLASS	START	N A V N	ETAPPETID	T I D	ETTER
1	002	SØR-TRØNDELAG 1 1. HANSEN, Kari Mette 2. TØMMERVOLD, Monica 3. TANDE, Inger Mai 4. UGLEM, Kari	17.32,0 18.24,0 17.47,0 17.04,0	1:10.47,0	00.00,0
2	006	NORD-TRØNDELAG 1 1. ROKKE, Kathrine 2. BJØRGEN, Kathrine 3. BRØRS, Anne Sofie 4. PAULSEN, Liv	18.26,0 18.09,0 17.49,0 17.11,0	1:11.35,0	00.48,0
3	100	BUSKERUD 1 1. VISNES, Siw Kristin 2. SKJOLDEN, Anette 3. HATLEBERG, Gro 4. STØVEREN, Helga Th.	18.31,0 17.51,0 17.59,0 17.21,0	1:11.42,0	00.55,0
4	022	SØR-TRØNDELAG 2 1. SELNES, Heidi 2. KVAMME, Anita 3. SANDSTAD, Hanne 4. TJELLE, Kristin	18.20,0 18.26,0 18.00,0 18.03,0	1:12.49,0	02.02,0
5	007	AKERSHUS 1 1. HALLE, Siri 2. NICKELSEN, Hege 3. RAMSRUD, Gunn 4. MARTINSEN, Bente	18.25,0 18.28,0 17.51,0 18.46,0	1:13.30,0	02.43,0
6	020	BUSKERUD 2 1. RASMUSSEN, Line 2. PEDERSEN, Hilde Juul 3. CARLSEN, Kjersti 4. LAUKLI, Ase Helene	18.38,0 18.38,0 18.31,0 18.19,0	1:14.06,0	03.19,0
7	026	AKERSHUS 2 1. HOEL, Kirsti 2. HUUSE, Katrine 3. BRISEID, Thale 4. KARLSEN, Anita	18.53,0 18.37,0 18.17,0 18.33,0	1:14.20,0	03.33,0
8	003	OPPLAND 1 1. RUUD, Astrid 2. MYHREN, Hilde 3. GUNDERSEN, Nancy 4. RYKKHUS, Sonja	18.36,0 18.09,0 18.42,0 18.59,0	1:14.26,0	03.39,0
9	027	SØR-TRØNDELAG 4 1. LANDSEM, Gunvor 2. SELNES, Line 3. SANDE, Guri 4. SÆTHER, Grete	18.36,0 18.31,0 18.48,0 18.48,0	1:14.43,0	03.56,0

RESULTATER
 Junior-NM 1989

 Lørenskog Skiklubb/
 Rølingen Skiklubb

Rennleder : Nydal/Løkken

Kvinner 4 x 5 km

 Søndag 26. februar 1989
 TD : Thorbjørn Refseth

PLASS	START	N A V N	ETAPPETID	T I D	ETTER
10	004	HEDMARK 1 1. NYMOEN, Maj Helen 2. FOLLSTAD, Marit 3. ANDERSEN, Heidi 4. VANGEN, Ingunn	17.28,0 20.06,0 18.06,0 19.21,0	1:15.01,0	04.14,0
11	025	SØR-TRØNDELAG 3 1. KVERNLAND, Hege 2. HØSFLOT, Elisabeth 3. BRANDSNES, Karianne 4. KVIKNE, Inger	19.10,0 19.09,0 18.30,0 18.17,0	1:15.06,0	04.19,0
12	009	VESTFOLD 1 1. SKJELLAND, Inger 2. ARNESON, Aste 3. HAUGEN, Ann Kristin 4. SKAU, Beate	19.58,0 19.13,0 18.39,0 17.58,0	1:15.48,0	05.01,0
13	023	NORD-TRØNDELAG 2 1. TUSETH, Hilde 2. FLATUM, Ann Christin 3. SANDAUNE, Brit 4. TANEM, Sissel I.	19.29,0 18.47,0 18.34,0 19.11,0	1:16.01,0	05.14,0
14	035	SØR-TRØNDELAG 5 1. LANDRØ, Ellen 2. EITHUN, Marit B. 3. KJELSBERG, Tone 4. SKAVHAUG, Ase Mette	19.44,0 19.22,0 18.25,0 18.55,0	1:16.26,0	05.39,0
15	010	FINNMARK 1 1. SIMENSEN, Birgit 2. EMANUELSEN, Lone 3. OPGARD, Karianne 4. SYSE, Astri	20.15,0 18.40,0 18.39,0 18.55,0	1:16.29,0	05.42,0
16	016	BERGEN & HORDALAND 1 1. BYSTØL, Bry 2. SÆTESDAL, Ida 3. EITRHEIM, Tone 4. HALDORSEN, Elisabeth	20.06,0 18.44,0 18.44,0 19.16,0	1:16.50,0	06.03,0
17	005	OSLO 1 1. WIGERNES, Ine 2. FJØSNE, Magnhild 3. HANSEN, Monica 4. SOLBAKKEN, Heidi S.	19.35,0 18.55,0 19.30,0 19.12,0	1:17.12,0	06.25,0
18	037	SØR-TRØNDELAG 6 1. HELASAUNET, Arnhild 2. BREEN, Liv Randi 3. GRUT, Jorid 4. SÆTHER, Berit	19.23,0 19.19,0 19.37,0 19.00,0	1:17.19,0	06.32,0

RESULTATER
 Junior-NM 1989

 Lørenskog Skiklubb/
 Rølingen Skiklubb

Rennleder : Nydal/Lækken

Kvinner 4 x 5 km

 Søndag 26. februar 1989
 TD : Thorbjørn Refseth

PLASS	START	N A V N	ETAPPETID	T I D	ETTER
19	052	SØR-TRØNDELAGE 8 1. FOSSEN, Linda 2. AUNE, Gunn Heidi 3. RINDALSHOLT, Merete 4. DOLMSET, Mai Anita	19.39,0 18.45,0 19.16,0 19.55,0	1:17.35,0	06.48,0
20	024	BUSKERUD 3 1. AKSETH, Kristine 2. SOLBERG, Kari Anne 3. SOLBERG, May Ingela 4. SJØL, Hanne	19.40,0 19.14,0 19.45,0 19.09,0	1:17.48,0	07.01,0
21	050	AKERSHUS 5 1. ARVNES, Gry 2. HOVELSEN, Gøril 3. LEANGEN, Karina 4. TEIG, Christine	20.03,0 19.24,0 19.20,0 19.03,0	1:17.50,0	07.03,0
22	014	MØRE & ROMSDAL 1 1. ØYEN, Janice 2. KARLSEN, Siv Elise 3. EIDE, Astrid 4. KJERSEM, Linn Hege	18.28,0 19.21,0 19.54,0 20.12,0	1:17.55,0	07.08,0
23	012	TROMS 1 1. JOHANSEN, Inger H. 2. ØVERGARD, Torunn 3. STEINKJER, Harrieth 4. HANSEN, Gøril	20.00,0 20.02,0 19.32,0 18.24,0	1:17.58,0	07.11,0
23	021	OPPLAND 2 1. SKARI, Hege 2. NYLAND, Ranveig 3. SANDVOLL, Merete 4. NYMOEN, Linn J.	18.32,0 19.45,0 19.49,0 19.52,0	1:17.58,0	07.11,0
25	028	OSLO 2 1. SPARRE, Lene 2. AMLIE, Ragnhild 3. STIGEN, MArianne 4. SPARRE, Trude	20.32,0 18.55,0 19.34,0 19.09,0	1:18.10,0	07.23,0
26	044	TROMS 2 1. KLEVSTAD, Tine 2. JOHNSEN, Lisbeth 3. NORDENG, Ann K. 4. HANSEN, Lene	20.40,0 19.09,0 19.43,0 18.41,0	1:18.13,0	07.26,0
27	008	NORDLAND 1 1. STIEN, Nancy 2. HALS, Brit Ina 3. HAUKLAND, Ingrid U. 4. HAAKSTAD, Lis-Karin	20.22,0 19.06,0 18.38,0 20.11,0	1:18.17,0	07.30,0

RESULTATER
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Rennleder : Nydal/Lækken

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PLASS	START	N A V N	ETAPPETID	T I D	ETTER
28	048	AKERSHUS 4 1. LARSEN, Heidi 2. HAKONSEN, Ellen 3. HOEL, Tone 4. NORDBY, Heidi	19.44,0 19.37,0 19.35,0 19.28,0	1:18.24,0	07.37,0
29	039	AKERSHUS 3 1. BJERVIK, Kristin 2. BUVIK, Marianne 3. THAGARD, Kristin 4. HELLNE, Nina	19.47,0 19.05,0 20.11,0 19.24,0	1:18.27,0	07.40,0
30	033	HEDMARK 2 1. MYRLAND, Mona 2. LILLESVEEN, Hilde 3. SOLHAUG, Bente 4. GALAEN, Berit Marit	20.20,0 19.35,0 18.56,0 19.38,0	1:18.29,0	07.42,0
31	013	AUST-AGDER 1 1. AABERG, Rita 2. SØRBØ, Aud 3. MARKSETH, Gunn 4. HARSTAD, Guro	19.46,0 19.57,0 19.59,0 19.02,0	1:18.44,0	07.57,0
32	030	NORD-TRØNDELAGE 3 1. SØRLI, Ellinor 2. SUND, Janne 3. LERSTAD, Randi 4. AUSTMO, Katrine	19.50,0 19.29,0 19.52,0 19.49,0	1:19.00,0	08.13,0
33	068	AKERSHUS 7 1. JOHNSEN, Anette 2. TØRUD, Rigmor 3. BREIVIK, Siw 4. AARFLOT, Bente	19.45,0 19.41,0 19.29,0 20.08,0	1:19.03,0	08.16,0
34	015	ØSTFOLD 1 1. ENGEN, May-Brith 2. JØRGENSEN, Nina 3. STEFFENSEN, Kari-Ann 4. ASERØD, Trine Lise	18.29,0 19.21,0 19.12,0 22.04,0	1:19.06,0	08.19,0
35	061	AKERSHUS 6 1. SMEDBAKKEN, Tone 2. HABBERSTAD, Kjersti 3. LUND, Trine 4. SKIRSTAD, Katharina	20.17,0 19.53,0 20.26,0 19.33,0	1:20.09,0	09.22,0
36	011	TELEMARK 1 1. WIERØD, Lene 2. SKARSETH, Nina 3. JOHNSEN, Hege 4. GULLIKSEN, Ashild	20.37,0 20.18,0 20.04,0 19.17,0	1:20.16,0	09.29,0

RESULTATER
 Junior-NM 1989

 Lørenskog Skiklubb/
 Rølingen Skiklubb
 Rennleder : Nydal/Løkken

Kvinner 4 x 5 km

 Søndag 26. februar 1989
 TD : Thorbjørn Refseth

PLASS	START	N A V N	ETAPPETID	T I D	ETTER
37	059	SØR-TRØNDELAG 9 1. BØGSET, Kristin 2. RYE, Rita 3. HUSDAL, Eli Bente 4. AUNE, Anne Berit	20.44,0 19.49,0 19.56,0 20.13,0	1:20.42,0	09.55,0
38	045	HEDMARK 3 1. SAGMOEN, Brita 2. RØSTE, Inger 3. BRÆKKE, Tove 4. LILLEBAKKEN, Monica	20.33,0 19.50,0 20.18,0 20.07,0	1:20.48,0	10.01,0
39	032	NORD-TRØNDELAG 4 1. MO, Randi 2. HOLMLI, Lillian 3. BARSTAD, Siv Kr. 4. MARTINSEN, Kirsti	20.30,0 20.21,0 20.14,0 19.48,0	1:20.53,0	10.06,0
40	049	TROMS 3 1. SANDELIN, Elisabeth 2. OLSEN, Mona 3. HANSEN, Berit 4. ROSTADMO, Vanja	20.31,0 19.38,0 20.19,0 20.32,0	1:21.00,0	10.13,0
41	040	SØR-TRØNDELAG 7 1. HOEM, Monica 2. JOHNSEN, Trine 3. AAS, Ann Kristin 4. EVJEN, Vigdis	22.28,0 19.14,0 20.21,0 19.09,0	1:21.12,0	10.25,0
42	036	NORDLAND 2 1. RYSTAD, Liv 2. BUKTEN, Trine 3. NILSEN, Mona 4. KASPERSEN, Wenche	20.34,0 20.16,0 20.15,0 20.09,0	1:21.14,0	10.27,0
43	029	OPPLAND 3 1. SLETNER, Hanne 2. LILLEBY, Hanne 3. RINHEIM, Marit 4. MYHRE, Siv K.	21.25,0 19.08,0 20.36,0 20.08,0	1:21.17,0	10.30,0
44	017	VEST-AGDER 1 1. UNDHEIM, Ingrid 2. FOSSBERG, Berit 3. ILEBEKK, Anne Gro 4. FLATEN, Anne Kirsti	21.05,0 20.10,0 20.46,0 19.18,0	1:21.19,0	10.32,0
45	038	BUSKERUD 4 1. NORBOM, Hilde 2. HAUGERUD, Trine 3. FLATLAND, Sissel 4. MAJORMOEN, Erna	21.04,0 20.35,0 20.23,0 20.05,0	1:22.07,0	11.20,0
45	042	VESTFOLD 2 1. HANSEN, Lene 2. NYGARD, Nina 3. PETTERSEN, Tove 4. LARSEN, Tone	21.18,0 19.56,0 20.57,0 19.56,0	1:22.07,0	11.20,0

RESULTATER
 Junior-NM 1989

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 Rølingen Skiklubb
 Rennleder : Nydal/Løkken

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PLASS	START	N A V N	ETAPPETID	T I D	ETTER
47	062	SØR-TRØNDELAG 10 1. BJØRNAA, Karen 2. VOLØ, Margit 3. FUGLEM, Marit Irene 4. STENSAS, Linda	20.35,0 21.15,0 20.11,0 20.22,0	1:22.23,0	11.36,0
48	051	HEDMARK 4 1. SØGARD, Ellen 2. HOLEN, Wenche J. 3. TAJET, Guri 4. LINDSTAD, Margrethe	21.14,0 20.54,0 20.12,0 20.32,0	1:22.52,0	12.05,0
49	034	OSLO 3 1. HAAGENSEN, Ellen 2. GJERDRUM, Therese 3. ECKMAN, Stine 4. BERGGREN, Tonje	21.47,0 20.19,0 20.42,0 20.26,0	1:23.14,0	12.27,0
50	060	HEDMARK 5 1. STENSLIE, Klara H. 2. FERSSON, Britt I. 3. BJØRKLUND, Lill Hege 4. RØSTE, Kjersti	21.19,0 20.22,0 21.36,0 20.31,0	1:23.48,0	13.01,0
51	058	NORD-TRØNDELAG 5 1. JULSNES, Ellen 2. ØKVIK, Berit 3. NYBORG, Tove 4. KLYKKEN, Ase	21.18,0 21.15,0 20.17,0 21.02,0	1:23.52,0	13.05,0
52	046	NORDLAND 3 1. HALLAND, Hilde 2. JENTOFT, Marianne 3. BERGESEN, Lin 4. FORSMO, Mette Marit	21.15,0 21.06,0 21.54,0 20.41,0	1:24.56,0	14.09,0
53	047	TELEMARK 2 1. RØNEID, Nina 2. KAASA, Karin 3. LARSEN, Mona 4. JACOBSEN, Gro Anette	21.23,0 21.18,0 20.58,0 21.57,0	1:25.36,0	14.49,0
54	053	TROMS 4 1. RYDNINGEN, Siri 2. KALSETH, Merete 3. WALLE, Berit 4. HANSEN, Lene	21.41,0 22.49,0 21.14,0 20.47,0	1:26.31,0	15.44,0
55	063	NORD-TRØNDELAG 6 1. LUNDEMO, Inger J. 2. BLEKKAN, Tove 3. BLEKKAN, Grete 4. FROSTHAMMER, Wenche	22.10,0 21.44,0 22.01,0 21.17,0	1:27.12,0	16.25,0
56	043	OSLO 4 1. HAUG, Anne Cathrine 2. ANDERSEN, Trine S. 3. JACOBSEN, Laila 4. FJELLSTAD, Katrine	21.46,0 22.26,0 23.01,0 21.20,0	1:28.33,0	17.46,0

PLASS	START	N A V N	ETAPPETID	T I D	ETTER
1	104	SØR-TRØNDELAG 1 1. ERIKSEN, Einar A. 2. SUGAREN, Jon S 3. SANDAL, Svein T. 4. STRAND, Arthur	21.30,0 22.06,0 21.26,0 21.32,0	1:26.34,0	00.00,0
2	102	NORD-TRØNDELAG 1 1. GUIN, Morten 2. EIDE, Arnt O. 3. EIDE, Anders 4. STRØMSKAG, Geir O.	21.42,0 22.12,0 21.45,0 21.35,0	1:27.14,0	00.40,0
3	101	BUSKERUD 1 1. THORSRUD, Jarle 2. LARSEN, Frode 3. HAGEN, Ragnar 4. BØHLE, Arne	21.55,0 22.43,0 21.35,0 21.27,0	1:27.40,0	01.06,0
4	103	OPPLAND 1 1. HAUGEN, Tor Arne 2. KARLSEN, Tom Arne 3. KORSVOLL, Torstein 4. SKARI, Geir	22.04,0 22.04,0 21.58,0 21.55,0	1:28.01,0	01.27,0
5	106	NORDLAND 1 1. MILLERJORD, Roy 2. NILSSEN, Frode 3. HAAGENSEN, Karl H. 4. ARNTSEN, Terje	22.30,0 22.24,0 22.45,0 20.28,0	1:28.07,0	01.33,0
6	112	AKERSHUS 1 1. BERGERSEN, Kjetil 2. ALSGAARD, Thomas 3. FALCH, Harald 4. VETHE, Lars	22.04,0 22.05,0 22.05,0 21.57,0	1:28.11,0	01.37,0
7	107	OSLO 1 1. KRISTIANSEN, Bjørn 2. BERGERSEN, Jon O. 3. VEIGLUM, Morten 4. OLSEN, Kjetil	22.05,0 22.02,0 22.21,0 21.44,0	1:28.12,0	01.38,0
8	113	FINNMARK 1 1. JOHANSEN, Frank T. 2. RØNBECK, Øystein 3. SØRGARD, Krister 4. MIKKELSEN, Bjørn R.	23.02,0 22.26,0 21.14,0 21.38,0	1:28.20,0	01.46,0
9	122	SØR-TRØNDELAG 2 1. HAUGLAND, Heiki 2. OTTERLEI, Robert 3. BENBERG, Hasse 4. REE, Martin	21.48,0 22.18,0 22.44,0 22.38,0	1:29.28,0	02.54,0

PLASS	START	N A V N	ETAPPETID	T I D	ETTER
10	125	BUSKERUD 2 1. MOEN, Nils Inge 2. WEMAN, Thomas 3. MYKLAND, Per Anton 4. HENNUM, Steinar	23.22,0 21.48,0 22.35,0 21.51,0	1:29.36,0	03.02,0
11	111	BERGEN & HORDALAND 1. SKJELDAL, Gudmund 2. HERHEIM, Frank 3. MOSTRØM, Jonny 4. AAS, Arnstein	21.29,0 22.46,0 23.32,0 21.55,0	1:29.42,0	03.08,0
12	139	SØR-TRØNDELAG 5 1. SKANES, Torbjørn 2. BØE, Anders 3. JONDUM, Torgeir 4. RYGG, Pål	23.20,0 21.49,0 22.21,0 22.19,0	1:29.49,0	03.15,0
13	120	OPPLAND 2 1. SAGNES, Geir Atle 2. HEGGEN, Hovel 3. RYE, Birger 4. MOHEIM, Håvard	23.14,0 22.19,0 22.05,0 22.32,0	1:30.10,0	03.36,0
14	105	HEDMARK 1 1. MOEN, Morten 2. BRÆKKE, Stein V. 3. LIEN, Rune 4. FLAGSTAD, Trond	22.15,0 22.37,0 22.21,0 23.20,0	1:30.33,0	03.59,0
14	108	VESTFOLD 1 1. KNUDSEN, Eddy R. 2. BJERVIG, Espen 3. SULUTVEDT, Ole H. 4. WERGELAND, Harald	22.29,0 22.23,0 22.20,0 23.21,0	1:30.33,0	03.59,0
16	126	AKERSHUS 2 1. HANSEN, Geir Inge 2. JOHNSEN, Lars K. 3. KNUTSEN, Per K. 4. BRUROK, Ståle	23.54,0 22.20,0 22.43,0 22.33,0	1:31.30,0	04.56,0
17	129	OSLO 2 1. BØE, Simen 2. JACOBSEN, Anders 3. BACHKE, Ole M. 4. SALAMONSEN, Øyvind	22.50,0 23.01,0 23.39,0 22.20,0	1:31.50,0	05.16,0
17	133	SØR-TRØNDELAG 4 1. TOVMO, Terje 2. RENA, Hans J. 3. TRONVOLL, Ove E. 4. JOHANSEN, Øyvind L.	24.07,0 22.34,0 22.43,0 22.26,0	1:31.50,0	05.16,0

PLASS	START	N A V N	ETAPPETID	T I D	ETTER
19	144	TROMS 2 1. LARSEN, Arnt 2. EIDISSEN, Trond 3. JOHANNSSSEN, Håvard 4. JOHNSEN, Frank	23.50,0 22.20,0 22.46,0 23.07,0	1:32.03,0	05.29,0
20	127	VESTFOLD 2 1. KNOTTEN, Jon E. 2. FREMSTAD, Asgeir 3. KVERNSMYR, Ståle 4. BAKKEN, Torodd	24.04,0 22.53,0 23.00,0 22.32,0	1:32.29,0	05.55,0
21	128	BUSKERUD 3 1. HOLT, Sverre 2. SLETTEMOEN, Asle 3. KJENNAS, Stig 4. SUNDAL, Runar	24.05,0 23.02,0 22.48,0 22.51,0	1:32.46,0	06.12,0
22	132	SØR-TRØNDELAG 3 1. NYENG, Frode 2. MELLESETER, Asmund 3. HASKJOLD, Arve 4. FUGLEM, Nils Even	24.19,0 22.36,0 23.30,0 22.26,0	1:32.51,0	06.17,0
23	142	BERGEN & HORDALAND 2 1. AMUNDSEN, Stig 2. ISTAD, Martin 3. KARLSEN, Knut O. 4. BRATTABØ, Sjur	22.49,0 23.06,0 24.03,0 23.02,0	1:33.00,0	06.26,0
24	110	TROMS 1 1. OLSEN, Even 2. HEIMDAL, Toralf 3. LUNDAMO, Rolf 4. OLSEN, Tore	24.44,0 22.44,0 22.49,0 22.55,0	1:33.12,0	06.38,0
25	124	OPPLAND 4 1. EVENSEN, Ørjar 2. HOLEN, Andreas 3. DRAGER, Henning 4. TØNDERVOLDSHAGEN, J.	24.00,0 23.02,0 22.53,0 23.20,0	1:33.15,0	06.41,0
26	138	BUSKERUD 5 1. PLATOU, Hans Ch. 2. GRØNLI, Odd A. 3. KAGEN, Thorbjørn 4. RØ, Arnulf	24.20,0 22.48,0 23.12,0 23.02,0	1:33.22,0	06.48,0
27	123	NORD-TRØNDELAG 2 1. ØSTERAS, Håvard 2. RICHSTAD, Tor Arne 3. ESTIL, Frode 4. SUND, Lyder	24.31,0 23.34,0 23.05,0 22.24,0	1:33.34,0	07.00,0

PLASS	START	N A V N	ETAPPETID	T I D	ETTER
28	146	OSLO 3 1. BEKKEN, Torbjørn 2. ELBOTH, Thomas 3. HANSEN, Trym 4. CHIODERA, Even	23.43,0 23.14,0 23.38,0 23.04,0	1:33.39,0	07.05,0
29	130	BUSKERUD 4 1. KRISTIANSEN, Tor E. 2. KLØVEN, Anders 3. GABRIELSEN, Ivar 4. JAHREN, Anders	23.18,0 23.56,0 23.11,0 23.16,0	1:33.41,0	07.07,0
30	114	SOGN & FJORDANE 1 1. SANDE, Ole J. 2. BUHAUG, Svein I. 3. HJELMESET, Oddbjørn 4. HILLESTAD, Per F.	24.57,0 23.21,0 22.53,0 22.31,0	1:33.42,0	07.08,0
31	121	OPPLAND 3 1. ASPESLAEN, Audun 2. SKATTEBØ, Audun 3. RØRHUS, Atle 4. RISTE, Svein	23.53,0 23.36,0 23.37,0 22.37,0	1:33.43,0	07.09,0
32	145	SØR-TRØNDELAG 7 1. LØFSHUS, Vidar 2. KROGH, Tore 3. SUGAREN, Even 4. VÆRNES, Arve	23.37,0 22.47,0 23.47,0 23.43,0	1:33.54,0	07.20,0
33	159	SØR-TRØNDELAG 9 1. VAGEN, Frode 2. GRANHEIM, Rune 3. KLUNGERBØ, Morten 4. KULSETH, Vegard	23.01,0 23.25,0 23.17,0 24.14,0	1:33.57,0	07.23,0
34	140	SØR-TRØNDELAG 6 1. SVENDGARD, Ståle 2. SAGMYR, Tommy 3. KRINGEN, Pål 4. KVENNAS, Øyvind	25.09,0 22.57,0 23.08,0 22.54,0	1:34.08,0	07.34,0
35	134	AKERSHUS 4 1. BLANDHOEL, Jon Th. 2. LUND, Eivind 3. OUS, Lars Brede 4. JACOBSEN, Øystein	24.02,0 22.57,0 23.28,0 23.45,0	1:34.12,0	07.38,0
36	141	OPPLAND 5 1. ØSTVOLD, Ola 2. SMIDESANG, Jørn 3. SOMMERSTAD, Vegar 4. HEGGEN, Trygve	23.23,0 23.41,0 24.09,0 23.16,0	1:34.29,0	07.55,0

PLASS	START	N A V N	ETAPPETID	T I D	ETTER
37	109	MØRE & ROMSDAL 1 1. ALMBERG, Jørn 2. LØVOLL, Jon Kåre 3. RØNNEBERG, Geir A. 4. REITEN, Johannes	25.01,0 23.07,0 23.01,0 23.21,0	1:34.30,0	07.56,0
38	136	HEDMARK 3 1. HOLTH, Trond 2. BRUSTAD, Stig 3. SAXRUD, Amund 4. BARSÆNG, Sindre	23.26,0 23.40,0 24.10,0 23.16,0	1:34.32,0	07.58,0
39	116	ØSTFOLD 1 1. WIIG, Rune 2. THON, Jens P. 3. GRANLI, Oddbjørn 4. PEDERSEN, Henning	25.05,0 22.07,0 24.00,0 23.24,0	1:34.36,0	08.02,0
40	131	AKERSHUS 3 1. JOHNSEN, Per Inge 2. LAURENZ, Lars 3. GJØDAL, Ole Kr. 4. MELBYE, Jon E.	23.13,0 23.13,0 25.50,0 22.30,0	1:34.46,0	08.12,0
41	153	BUSKERUD 6 1. HØIAS, Rune 2. UELAND, Jarle 3. VASSENGEN, Niri 4. SCHEFTE, Geir	23.40,0 23.29,0 23.48,0 23.56,0	1:34.53,0	08.19,0
42	147	AKERSHUS 5 1. OMLAND, Ole J. 2. GUVÅG, Per A. 3. FØRLAND, Thomas 4. JACOBSEN, Espen	24.08,0 23.33,0 23.24,0 24.06,0	1:35.11,0	08.37,0
43	115	AUST-AGDER 1 1. THORSEN, Jan A. 2. NORDBØ, Erling 3. ELIASSEN, Odd Arne 4. LAUVRAK, Erik	24.26,0 24.31,0 23.34,0 22.57,0	1:35.28,0	08.54,0
44	119	VEST-AGDER 1 1. KNABENES, Glenn I. 2. RØYNESTAD, Kjell H. 3. HODNE, Frode 4. SNERTHAMMER, Odd	23.32,0 24.41,0 23.55,0 23.27,0	1:35.35,0	09.01,0
45	152	TROMS 3 1. MIKKELSEN, Tommy 2. SIVERTSEN, Odd K. 3. STENVOLD, Magne 4. KROKEN, Erlend	24.23,0 24.00,0 23.21,0 24.08,0	1:35.52,0	09.18,0

PLASS	START	N A V N	ETAPPETID	T I D	ETTER
46	156	TROMS 4 1. HANSEN, Bård 2. JOHANSEN, Yngve 3. TOLLEFSEN, Espen 4. HANSEN, Frode	24.06,0 23.34,0 23.43,0 24.31,0	1:35.54,0	09.20,0
47	151	SØR-TRØNDELAG 8 1. Holthe, Jan Erik 2. FUGLEM, Tord 3. JENSEN, Håvard 4. GJELSVIK, Einar	24.56,0 23.46,0 22.41,0 24.32,0	1:35.55,0	09.21,0
48	143	BERGEN & HORDALAND 3 1. MEDHUS, Rangvald 2. FANTOFT, Erik 3. TOTLAND, Tore 4. SEIM, Jan E.	24.38,0 24.16,0 23.14,0 23.51,0	1:35.59,0	09.25,0
49	155	MØRE & ROMSDAL 2 1. HOEM, Magne 2. LERVIK, John M. 3. HUSTAD, Ole M. 4. HENDEN, Ingebrigt	24.16,0 23.17,0 24.42,0 23.54,0	1:36.09,0	09.35,0
50	148	NORDLAND 2 1. PEDERSEN, Vegard 2. JØRGENSEN, Tore 3. BJØRNSTAD, Per-Erik 4. ROSSDAL, Ståle	24.47,0 23.27,0 24.11,0 23.53,0	1:36.18,0	09.44,0
51	135	HEDMARK 2 1. ØVSTEDAL, Roar 2. FLATEN, Gunnar 3. FRIDHOLM, Tor 4. PEDERSEN, Arnfinn	24.46,0 23.17,0 24.12,0 24.07,0	1:36.22,0	09.48,0
51	158	OPPLAND 6 1. GJERDINGEN, Halvor 2. FOSSE, Morten 3. BJERKE, Trond Arne 4. MELBØ, Hans Petter	24.47,0 23.13,0 24.07,0 24.15,0	1:36.22,0	09.48,0
53	137	NORD-TRØNDELAG 3 1. AAS, Torgar 2. VIKEN, Stig 3. BARTNES, Jørgen 4. WESTER, Hans E.	23.39,0 23.28,0 25.23,0 24.10,0	1:36.40,0	10.06,0
54	172	NORD-TRØNDELAG 5 1. MODELL, Pål G. 2. SJAASTAD, Ketil 3. SUNOVIK, Tore 4. THARALDSEN, Truls	25.08,0 23.48,0 24.34,0 23.29,0	1:36.59,0	10.25,0

PLASS	START	N A V N	ETAPPETID	T I D	ETTER
55	150	NORD-TRØNDELAG 4 1. HUSTAD, Stig A. 2. BARTNES, Helge 3. VALØEN, Lars 4. IVERSEN, Trond	24.54,0 23.24,0 24.35,0 24.07,0	1:37.00,0	10.26,0
56	157	AKERSHUS 7 1. UNDHEIM, Dag Inge 2. PEDERSEN, Ola G. 3. BERNTSEN, Erik 4. BERGERSEN, Hein	24.12,0 24.03,0 24.42,0 24.09,0	1:37.06,0	10.32,0
57	161	OSLO 4 1. FJELLHAUG, Kristian 2. NILSSEN, Rune 3. BERNTZEN, Svein 4. FOSSE, Håvard	24.43,0 24.29,0 24.04,0 24.03,0	1:37.19,0	10.45,0
58	168	OSLO 6 1. STOKKE, Torbjørn 2. TJØGERSEN, Ketil 3. WETHE, Espen 4. LØKEN, Jan H.	24.32,0 23.24,0 25.13,0 24.22,0	1:37.31,0	10.57,0
59	188	VESTFOLD 3 1. HANSEN, Trond 2. DAASTØL, Kennet 3. MIKKELSEN, Henning 4. DAMMEN, Tor A.	24.37,0 24.58,0 24.30,0 23.31,0	1:37.36,0	11.02,0
60	118	TELEMARK 1 1. HVAMB, Jostein 2. TVEITAN, Rune 3. ØVERAS, Tore 4. RINGHUS, Helge	24.03,0 23.41,0 25.25,0 24.33,0	1:37.42,0	11.08,0
61	154	AKERSHUS 6 1. KJOS, Audun 2. PAY, Henrik 3. NAKSTAD, Endre 4. GLØMNES, Tore	25.54,0 24.12,0 24.08,0 23.35,0	1:37.49,0	11.15,0
61	191	OPPLAND 8 1. VIKEN, Morten 2. JENSVOLL, Bernt 3. KRISTIANSEN, Morten 4. FRAMNES, Roger	24.37,0 23.58,0 24.21,0 24.53,0	1:37.49,0	11.15,0
63	171	HEDMARK 5 1. OPBERGET, Ole J. 2. HOLTET, Jon A. 3. MYRVOLD, Tommas 4. SØRLIEN, Tommy	24.03,0 25.13,0 24.10,0 25.11,0	1:38.37,0	12.03,0

PLASS	START	N A V N	ETAPPETID	T I D	ETTER
64	149	HEDMARK 4 1. ASEN, Bjørn 2. EVENSEN, Arne 3. MYRTRØEN, Jan E. 4. BREDESEN, Trond O.	24.48,0 24.48,0 24.43,0 24.28,0	1:39.47,0	12.13,0
65	176	OSLO 7 1. ANDRESEN, Tomas 2. ALLERGOT, Espen 3. NORDAHL, Jon A. 4. THORSTENSEN, Morten	24.29,0 25.22,0 25.21,0 23.47,0	1:38.59,0	12.25,0
66	187	ØSTFOLD 2 1. BERG, Thormod 2. WOLLEBEKK, Ørjan 3. SKOVLY, Niklas 4. KLUND, Even	25.01,0 24.28,0 25.43,0 25.06,0	1:40.18,0	13.44,0
67	181	TELEMARK 2 1. BRASETHVIK, Terje 2. GAUTEFALL, Tor K. 3. HOLST, Anders 4. SOLVANG, Jostein	24.49,0 24.30,0 26.09,0 25.03,0	1:40.31,0	13.57,0
68	189	VESTFOLD 4 1. MØLAND, Per Ø. 2. HERMANSEN, Morten 3. HYNNE, Terje 4. NALUM, Knut I.	24.50,0 23.49,0 26.09,0 25.46,0	1:40.34,0	14.00,0
69	160	OPPLAND 7 1. BAKKESTUEN, Roger 2. MELBØ, Ole Morten 3. KRISTIANSEN, Jørn 4. ØSTBY, Trond	25.19,0 24.54,0 25.38,0 24.52,0	1:40.43,0	14.09,0
69	190	NORD-TRØNDELAG 6 1. BJØRKENG, Stein O. 2. FORFOED, Henry 3. BØRSETH, Sverre M. 4. FØLSTAD, Eskild	24.42,0 24.48,0 24.46,0 26.27,0	1:40.43,0	14.09,0
71	178	OSLO 8 1. GUSTAVSSON, Geir 2. TORSETH, Terje 3. RIDENG, Steinar 4. PERSSON, Bengt	26.37,0 25.04,0 25.18,0 24.18,0	1:41.17,0	14.43,0
72	165	AKERSHUS 8 1. HOLTH, Espen 2. SAND, Simen 3. GJERDE, Håkon 4. KRISTIANSEN, Runar	25.40,0 24.40,0 25.30,0 25.41,0	1:41.31,0	14.57,0

PLASS	START	N A V N	ETAPPETID	T I D	ETTER
73	183	MØRE & ROMSDAL 3 1. ANDERSEN, Leif M. 2. SLETTEN, Geir O. 3. MÆLE, Robert 4. MISUND, Magne	25.31,0 25.33,0 25.24,0 25.07,0	1:41.35,0	15.01,0
74	186	TELEMARK 3 1. JOHANSSON, Trond 2. LANDE, Eivind 3. HAUGOM, Sten Arild 4. RAVE, Geir	25.55,0 24.46,0 25.34,0 25.31,0	1:41.46,0	15.12,0
75	164	OSLO 5 1. SIMENSEN, Erik 2. WINTER, Fredrik 3. CLIFFORD, Ryder 4. TORSTENSEN, Dag	27.18,0 24.52,0 26.25,0 24.22,0	1:42.57,0	16.23,0

12:38.25 90 Påmeldte, 75 Fullførte, 1 Startet ikke

X-SPORT RESULTATSYSTEM 890226

RETTINGER

Korrekt lagoppstilling - Kvinner 4 x 5 km stafett

3	100	BUSKERUD 1 1 Støveren, Helga Th. 2 Skjolden, Anette 3 Hatleberg, Gro 4 Visnes, Siw Kristin	18.31.0 17.51.0 17.59.0 17.21.0
20	024	BUSKERUD 3 1 Kristine Akseth 2 May Ingela Solberg 3 Kari Anne Solberg 4 Hanne Sjøli	19.40.0 19.14.0 19.45.0 19.09.0
6	020	BUSKERUD 2 1 Rasmussen, Line 2 Kjersti Carlsen 3 Hilde Juul Pedersen 4 Åse Helene Laukli	18.38.0 18.38.0 18.31.0 18.19.0
45	038	BUSKERUD 4 1 Sissel Flatland 2 Erna Majormoen 3 Hilde Nordbom 4 Trine Haugerud	21.04.0 20.35.0 20.23.0 20.05.0