



## The NORDIC JUNIOR SKI COMPETITION

January 25<sup>th</sup>-27<sup>th</sup> 2019 in Otepää, Estonia

- Organizers:** Estonian Ski Association and Karupesa Team Club
- Place:** Cross-Country and Nordic Combined ski tracks at Otepää Tehvandi Sports Center, Ski Jumping and Nordic Combined jumping on HS100 Jumping Hill at Otepää Tehvandi Sports Center (<http://bit.ly/2IH0oOg>)
- Rules:** Nordic Junior Ski Competition in Nordic Events

### Closing date for Entries:

- Preliminary entry with the number of athletes and officials and request of hotel reservation – **latest December 28<sup>th</sup>, 2018**
- Official entry with names, birthday, FIS-code and gender – **latest January 14<sup>th</sup>, 2019**
- Participants outside the national team entry with names, birthday, FIS-code and gender – **latest January 15<sup>th</sup>, 2019**

**Entry fee:** 20€ athlete per race and 45€ per relay team. Entry fees needs to be paid before competition **latest January 23<sup>rd</sup>**, to the bank account MTÜ Eesti Suusaliit, EE442200221002100473 SWIFT HABAEEX

### Entries Cross-country

Estonian Ski Association  
Sõjakooli 10, 11316  
Tallinn, Estonia  
Tel: +372 5563 3635  
[ergo@suusaliit.ee](mailto:ergo@suusaliit.ee)

### Entries Nordic Combined and Ski Jumping

Estonian Ski Association  
Sõjakooli 10, 11316  
Tallinn, Estonia  
Tel: +372 514 8705  
[urve.loit@gmail.com](mailto:urve.loit@gmail.com)

**Accommodation:** Tehvandi Sports Hotel and Hotel Karupesa located in Otepää next to the competition ski tracks (no transportation to and from the tracks/jumping hill necessary). 75€/per person for triple room, 85€/per person in twin room and 100€/per person for a single room per night with full board. NB! There is possibility to use credit cards for payments.

**Waxing Facilities:** The wax cabins will be available from Wednesday, January 23<sup>rd</sup> until Monday, January 28<sup>th</sup>. Every nation gets one free wax cabin. There is possible to get extra wax cabins and the price for the entire stay for extra 18m2 wax cabin at Tehvandi Ski Stadium is 400€. Please notify us about your extra need of wax cabin with the first preliminary entry.



**Teams:** Each of the Nordic nations (DEN-EST-FIN-ISL-LAT-LIT-NOR-SWE) may enter an unlimited number of participants. For the nations competition of the Nordic Junior Ski Competition only a limited number of competitors from each nation DEN-EST-FIN-ISL-LAT-LIT-NOR-SWE will count (see description below). These competitors must be clearly designed in the entry.

Each nation can enter:

<b>Ski jumping boys</b>	<b>Ski jumping ladies</b>	<b>Nordic Combined</b>	<b>Cross Country</b>	<b>Other nations</b>
Athletes born in 2001 and younger	Athletes born in 2001 and younger	4 athletes born 2001 and Younger - Up to 18 years during the competition year, national team, equipments ICR rules, cross country race 8 km	6 women and 6 men born 2001 or 2002	These and additional athletes from the Nordic countries do not participate in the nations competition, only in the races.

Ski Jumping boys: Athletes born in 2001 and younger FIS rules/BMI Counting in competition.

Ski Jumping ladies: Athletes born in 2001 and younger FIS rules/BMI Counting in competition.

Nordic Combined: Athletes born 2001 and Younger - Up to 18 years during the competition year, national team, equipments ICR rules, cross country race 8 km

Cross Country: 6 women and 6 men born 2001 or 2002.

*It is also permitted to enter up to 2 substitutes in each discipline, in case any of the selected athletes can not start due to illness.*

Beyond the Nordic countries several European nation are invited: These and additional athletes from the Nordic countries do not participate in the nations competition, only in the races.

**Competiton groups:** Jumping and Nordic Combined should be seeded in 4 groups. The athletes in Cross Country should be seeded in 3 groups. Two athletes in each group. Other national and/or international participants will be seeded in the C-group.



## Event Program for Cross-Country

DATE	COMPETITION	TRAININGS	MEETINGS	OTHER
Wed, 23.01		15.00-18.00 free training		14.00-22.00 arrival of the teams
Thu, 24.01		10.00-12.00 official training 16.00-19.00 official training	19.30 TCM (Biathlon Stadium 1 <sup>st</sup> floor)	09.00-19.30 race office open (Biathlon Stadium 1 <sup>st</sup> floor)
Fri, 25.01	10.30 XC-sprint qualification 1 km (CL) girl and 1,3 km (CL) boys 12.30 XC-sprint ¼ finals girls and boys (CL) 13.45 XC-sprint ½ finals girls and boys (CL) 14.15 XC-sprint final girls and boys (CL)	18.30-20.00 official training	11.30 TCM (Biathlon Stadium 1 <sup>st</sup> floor) 16.00 TCM (Biathlon Stadium 1 <sup>st</sup> floor)	08.30-19.00 race office open (Biathlon Stadium 1 <sup>st</sup> floor) 15.00 flower ceremony at Tehvandi Biathlon Stadium
Sat, 26.01	11.00 XC ladies 5 km (F) 12.30 XC men 10 km (F)		17.00 TCM (Biathlon Stadium 1 <sup>st</sup> floor)	8.30-18.00 race office open (Biathlon Stadium 1 <sup>st</sup> floor) 19.00 banquet and prize giving ceremony
Sun, 27.01	10.00 XC girls relay 3x3 km (C, F, F) 11.00 XC boys relay 3x5 km (C, F, F)			12.30 prize giving ceremony at Tehvandi Biathlon Stadium

**NB!** This is a preliminary timetable and changes may occur!



## Event Program for Nordic Combined and Ski Jumping

DATE	COMPETITION	TRAININGS	MEETINGS	OTHER
Wed, 23.01		<b>15.00-18.00</b> ski jumping HS100		<b>14.00-22.00</b> arrival of the teams
Thu, 24.01		<b>10.00-12.00</b> NC XC-free training <b>16.00</b> official training NC (3 trial rounds) <b>17.30</b> official training SJ (3 trial rounds) <b>17.30-19.00</b> XC-official training NC	<b>15.00</b> TCM (Biathlon Stadium 1 <sup>st</sup> floor)	<b>09.00-19.30</b> race office open (Tehvandi Ski Jumping Hill 2 <sup>nd</sup> floor)
Fri, 25.01	<b>10.00</b> NC trial round girls HS100 <b>10.30</b> NC competition girls HS100 <b>11.00</b> SJ trial round girls HS100 <b>11.30</b> SJ competition girls HS100 <b>12.30</b> NC trial round boys HS100 <b>13.00</b> NC competition boys HS100 <b>17.00</b> NC 5 km XC-race girls Tehvandi Stadium <b>17.45</b> NC 8 km XC-race boys Tehvandi Stadium <b>19.30</b> SJ trial round boys HS100 <b>20.00</b> SJ competition boys HS100			<b>08.30-19.00</b> race office open (Tehvandi Ski Jumping Hill 2 <sup>nd</sup> floor) <b>18.30</b> NC flower ceremony at Tehvandi Biathlon Stadium



DATE	COMPETITION	TRAININGS	MEETINGS	OTHER
Sat, 26.01	<p><b>10.00</b> NC team sprint girls trial round HS100</p> <p><b>10.30</b> NC team sprint girls competition HS100</p> <p><b>11.00</b> NC team sprint boys trial round HS100</p> <p><b>11.30</b> NC team sprint boys competition HS100</p> <p><b>13.30</b> SJ team trial round girls HS100</p> <p><b>14.00</b> SJ team competition girls HS100</p> <p><b>15.00</b> SJ team trial round boys HS100</p> <p><b>15.30</b> SJ team competition boys HS100</p> <p><b>15.30</b> NC team sprint girls (2ath x 1 km x 3 rounds)</p> <p><b>16.15</b> NC team sprint boys (2ath x 1 km x 5 rounds)</p>			<p><b>08.30-18.00</b> race office open (Tehvandi Ski Jumping Hill 2<sup>nd</sup> floor)</p> <p><b>19.00</b> banquet and prize giving ceremony</p>

***NB!*** This is a preliminary timetable and changes may occur!