

2023-04-01

K 18 år Startlist

Jury/Competition management			Data of course	
Technical Delegate	Magnus Elmkvist		Name of course	
FIS Race Director			Height Difference (HD)	79
Assistand Technical Delegate	Hans Jørgen Kvåle		Maximum climb (MM)	31
Assistant TD Nat.			Total Climb (MT)	177
Chief of Competition	Anne Berit Nordvang		Laps	2
			Laplength	5344

Startno	Fis code	Name	Team	Nation	Starttime	Ecard	Gpr	YOB	Fis Points
1	3427874	Malin Hoelsveen	Raufoss IL	NOR	10:00:00	4103289	2005	116,18	
2	3427964	Hanna Engesæter Sørbye	Røa	NOR	10:00:00	4299285	2005	118,64	
3	3427889	Eline Klevberg Lerfall	Lånke IL	NOR	10:00:00	4339248	2005	124,34	
4	3427972	Milla Grosberghaugen Andreassen	Bækkelaget SK	NOR	10:00:00	4068607	2005	48,9	
5	3427912	Petronella Haram	Strindheim IL	NOR	10:00:00	4300349	2005	119,25	
6	3427888	Andrine Rønning	IL Aasguten	NOR	10:00:00	4335071	2005	159,84	
7	3427994	Synne Andersen Buen	Rustad IL	NOR	10:00:00	4069290	2005	139,34	
8	3428002	Tora Rønneberg Weng	Eidsberg IL	NOR	10:00:00	4304044	2005	147,38	
9	3427948	Marie Hopsnes	Fana IL	NOR	10:00:00	4161386	2005	149,84	
10	3427902	Mathea Tegdal	IL Skrim	NOR	10:00:00	4157095	2005	131,64	
11	3427919	Matilde Strøm	Tverlandet IL	NOR	10:00:00	4060760	2005	138,35	
12	3427939	Ellinor Marie Ness	TUIL Ski Tromsdalen	NOR	10:00:00	4079752	2005	133,79	
13	3427917	Nora Christine Hansen	Asker SK	NOR	10:00:00	4106357	2005	153,93	
14	3427907	Mari Vang	Tynset IF	NOR	10:00:00	4251617	2005	169,64	
15	3427956	Helene Ludahl Stangeland	Røa	NOR	10:00:00	4104022	2005	189,86	
16	3427910	Sara Hovde	MjøsSki	NOR	10:00:00	4267498	2005	190,41	
17	3427966	Mathea Perlestenbakken Barland	Røa	NOR	10:00:00	4240883	2005	172,33	
18	3427961	Synne Strande Omland	Kjelsås IL	NOR	10:00:00	4069837	2005	189,96	
19	3427951	Tine Alfstad Olsen	Viking, TIF	NOR	10:00:00	4346334	2005	172,72	
20	3427945	Hedda Halvari	Sandnes IL	NOR	10:00:00	4294310	2005	168,49	
21	3427872	Sofie Kjør Jørgensen	Lillehammer Skiklub	NOR	10:00:00	4022638	2005	179,24	
22	3427861	Astrid Horgen	Skarphedin, IL	NOR	10:00:00	3996063	2005	177,7	
23	3427873	Astrid Bekken Woldengen	Moen Sportsklubb	NOR	10:00:00	4274619	2005	177,97	
24	3427893	Hannah Fossheim	Spillum IL	NOR	10:00:00	4068797	2005	194,47	
25	3427851	Kaja Kvalvåg Hetlelid	Hjelmeland IL - ski	NOR	10:00:00	4226239	2005	189,61	
26	3427933	Hanna Skarphol Villadsen	IL Jardar	NOR	10:00:00	4103230	2005	199,15	
27	3427906	Mari Ovidia Ranestad	Hamar SK	NOR	10:00:00	4188280	2005	198,61	
28	3427898	Hanna Jensen	Holeværingen IL	NOR	10:00:00	4282455	2005	188,94	
29	3427846	Embla Aksnes	Hommelvik IL	NOR	10:00:00	4105730	2005	202,57	
30	3427911	Kristine Aune Aakerli	Heimdals Ski	NOR	10:00:00	4160149	2005	212,98	
31	3427918	Ingrid Bentsen	Vinger IL	NOR	10:00:00	4295044	2005	239,3	
32	3427993	Sara Bøhmer	Rustad IL	NOR	10:00:00	4104303	2005	186,98	
33	3427989	Eline Aasdalen	Kjelsås IL	NOR	10:00:00	4277034	2005	205,18	
34	3427844	Madelen Løvoll Vikan	Byåsen IL	NOR	10:00:00	4069043	2005	197,58	
35	3427952	Emma Elisabeth Lefdal	Fana IL	NOR	10:00:00	4330767	2005	227,26	
36	3427847	Nora Byrkjedal Levang	Gjesdal IL	NOR	10:00:00	4098968	2005	213,97	

2023-04-01

37	3427905	Tiril Næss Iversen	Mjøndalen IF	NOR	10:00:00	4168811	2005	254,59
38	3427997	Karoline Longva	Rustad IL	NOR	10:00:00	4032165	2005	198,34
39	3427930	Marie Svendby Sveen	Fet SK	NOR	10:00:00	4227948	2005	203,9
40	3427942	Runa Myrslett Bakke	Nordreisa IL	NOR	10:00:00	4276481	2005	316,65
41	3427886	Anniken Evenhus	IL Aasguten	NOR	10:00:00	4331575	2005	210,04
42	3427963	Christine Thurmann-Moe	Røa	NOR	10:00:00	4105821	2005	191,93
43	3427891	Fredrikke Baglo Bjørkeng	Leirådal IL	NOR	10:00:00	4212429	2005	270,38
44	3427985	Oda Elise Berg	Leksvik IL	NOR	10:00:00	4073565	2005	222,46
45	3428000	Mia Skjerve	Markabygda IL	NOR	10:00:00	4150637	2005	215,33

2023-04-01
**K 17 år
Startlist**

Jury/Competition management			Data of course	
Technical Delegate	Magnus Elmkvist		Name of course	
FIS Race Director			Height Difference (HD)	79
Assistand Technical Delegate	Hans Jørgen Kvåle		Maximum climb (MM)	31
Assistant TD Nat.			Total Climb (MT)	177
Chief of Competition	Anne Berit Nordvang		Laps	2
			Laplength	5344

Startno	Fis code	Name	Team	Nation	Starttime	Ecard	Gpr	YOB	Fis Points
101	3428059	Kamilla Aasebø	Kjelsås IL	NOR	10:05:00	4257473	2006	124,52	
102	3428022	Marie Wollan Benum	Byåsen IL	NOR	10:05:00	4339768	2006	123,14	
103	3428117	Johanne Bjugan	Leksdal IL	NOR	10:05:00	4100053	2006	133,74	
104	3428127	Jenny Farbu	Inderøy IL	NOR	10:05:00	4065017	2006	141,85	
105	3428120	Astrid Elida Vaeng Bernhardsen	Tromsø SK	NOR	10:05:00	4150009	2006	135,53	
106	3428122	Erle Sagerup-Nordkild	Kvaløysletta Skilag	NOR	10:05:00	4282083	2006	137,3	
107	3428019	Camilla Nygård	Il Vindbjart	NOR	10:05:00	4304887	2006	149,93	
108	3428146	Norah Sand-Hanssen	Eiker SK	NOR	10:05:00	4281911	2006	188,06	
109	3428062	Tuva Meinke Kylland	Konnerud IL	NOR	10:05:00	4330254	2006	168,36	
110	3428089	Tuva Thorstensen Adolfsen	Kjelsås IL	NOR	10:05:00	4064879	2006	150,29	
111	3428171	Tuva Svindland	Oseberg Skilag	NOR	10:05:00	4281622	2006	187,22	
112	3428133	Malena Sirekrok	Gjesdal IL	NOR	10:05:00	4234571	2006	189,97	
113	3428187	Liv Smith Kvalvaag	Heming, IL	NOR	10:05:00	4018628	2006	161,9	
114	3428049	Veronika Vikhamar Schuler	Heming, IL	NOR	10:05:00	4257952	2006	156,52	
115	3428098	Frida Hofgaard	Lyn Ski	NOR	10:05:00	4073664	2006	175,25	
116	3428097	Eira Engen Scheinert	Lyn Ski	NOR	10:05:00	4337770	2006	180,33	
117	3428174	Maren Sofie Fremstad	Runar, IL	NOR	10:05:00	4317806	2006	186,42	
118	3428145	Julie Sand-Hanssen	Eiker SK	NOR	10:05:00	4281952	2006	189,7	
119	3428140	Ingrid Kattelund Kihle	Konnerud IL	NOR	10:05:00	4282349	2006	206,58	
120	3428163	Hedda Stenumgard	Ringebu/Fåvang SK	NOR	10:05:00	4296836	2006	185,12	
121	3428151	Hanne Martinsen	Fana IL	NOR	10:05:00	4334330	2006	184,21	
122	3428055	Olivia Stordalen	Heming, IL	NOR	10:05:00	4243234	2006	204,99	
123	3428124	Benedikte Langaune Vaeng	Medkila Skilag	NOR	10:05:00	4300042	2006	196,68	
124	3428028	Ingeborg Rosager	Granli IL	NOR	10:05:00	4079661	2006	204,32	
125	3428162	Marthe Olsen Katnosa	Jevnaker	NOR	10:05:00	4172581	2006	212,23	
126	3428020	Nora Hafsmo	Byåsen IL	NOR	10:05:00	4031134	2006	170,34	
127	3428138	Julie Fulford	Konnerud IL	NOR	10:05:00	4223897	2006	205,27	
128	3428156	Vårinn Johanson Hagen	IL Korlevoll - Odda	NOR	10:05:00	4278818	2006	203,11	
129	3428029	Inger Grini	Moelven IL	NOR	10:05:00	4256574	2006	214,47	
130	3428045	Helene Løken	Bækkelaget SK	NOR	10:05:00	4273298	2006	203,28	
131	3428039	Iselin Bjervig Drivenes	Lommedalens IL	NOR	10:05:00	4300190	2006	246,36	
132	3428054	Hedda Helena Braaten	Heming, IL	NOR	10:05:00	4279238	2006	215,21	
133	3428075	Tuva Grasbekk Pedersen	Gjelleråsen IF	NOR	10:05:00	4331807	2006	213,4	
134	3428132	Isa Gjertsås Larsen	Lierne IL	NOR	10:05:00	4107033	2006	210,08	
135	3428096	Anna Fjeldheim Skjerven	Lyn Ski	NOR	10:05:00	4257978	2006	225,86	
136	3428081	Nora Heuer Thorstensen	Nittedal IL	NOR	10:05:00	4251393	2006	215,53	

2023-04-01

137	3428033	Martine Hoel Kleven	Ottestad IL	NOR	10:05:00	4340196	2006	216,52
138	3428164	Celine Storlien	Lillehammer Skiklub	NOR	10:05:00	4127064	2006	210,61
139	3428169	Hanna Hagen Voytovich	Skrautvål IL	NOR	10:05:00	4256103	2006	242,05
140	3428126	Elise Bredesen Øvereng	Mosjøen IL	NOR	10:05:00	4281770	2006	268,2
141	3428046	Astrid Grønnevet Benserud	Heming, IL	NOR	10:05:00	4337796	2006	227,51
142	3428130	Karoline Kvalvåg Hetlelid	Hjelmeland IL - ski	NOR	10:05:00	4226262	2006	207,89
143	3428032	Eir Elise Røstelién Gangås	Moelven IL	NOR	10:05:00	4103479	2006	233,11
144	3428079	Manda Nordhus Thuv	Nesodden IF	NOR	10:05:00	4321725	2006	226,43
145	3428116	Agathe Digre	Røa	NOR	10:05:00	4260774	2006	237,2

2023-04-01
**K 19/20 år
Startlist**

Jury/Competition management			Data of course	
Technical Delegate	Magnus Elmkvist		Name of course	
FIS Race Director			Height Difference (HD)	79
Assistand Technical Delegate	Hans Jørgen Kvåle		Maximum climb (MM)	31
Assistant TD Nat.			Total Climb (MT)	177
Chief of Competition	Anne Berit Nordvang		Laps	3
			Laplength	5344

Startno	Fis code	Name	Team	Nation	Starttime	Ecard	Gpr	YOB	Fis Points
201	3427756	Oline Vestad	Vågå IL	NOR	10:50:00	4293395	2004		68,16
202	3427584	Nora Elisabeth Falster	Heming, IL	NOR	10:50:00	4078994	2003		71,3
203	3427702	Julie Hammer	Eidsvold Værks	NOR	10:50:00	4019691	2004		71,39
204	3427521	Nora Sofie Doksrød	Runar, IL	NOR	10:50:00	4078705	2003		77
205	3427693	Solveig Lie Støverud	Holmen IF	NOR	10:50:00	4291076	2004		83,78
206	3427812	Eva Ingebrigtsen	Bratsberg IL	NOR	10:50:00	4338653	2004		66,93
207	3427556	Tuva Anine Brusveen-Jensen	Lyn Ski	NOR	10:50:00	4020681	2003		52,68
208	3427704	Helene Ekrehim Haugen	Holmen IF	NOR	10:50:00	3992666	2004		80,54
209	3427676	Marie Risvoll Amundsen	Fauske IL Langrenn	NOR	10:50:00	3993938	2003		78,99
210	3427522	Maren Halle Haugen	Runar, IL	NOR	10:50:00	4095675	2003		92,16
211	3427634	Tone Lise Pedersen	Tromsø SK	NOR	10:50:00	4299582	2003		83,03
212	3427651	Julie Jeistad	Lismarka Skilag	NOR	10:50:00	4024600	2003		113,45
213	3427670	Mali Eidnes Bakken	Rindal IL	NOR	10:50:00	4104980	2003		86,83
214	3427461	Marianne Haug	Bjerke IL Ski	NOR	10:50:00	4256665	2003		106,37
215	3427856	Selma Nevin	Byaasen Skiklub	NOR	10:50:00	4303988	2004		95,65
216	3427559	Nora Sødal Raastad	Lyn Ski	NOR	10:50:00	4079000	2003		123,9
217	3427773	Astrid Haugen Kleppa	Beitstad IL	NOR	10:50:00	4226015	2004		125,2
218	3427805	Oda Kirstine Aanestad	Røa	NOR	10:50:00	4278057	2004		111,31
219	3427686	Elise Fredheim Simonsen	Trøsken IL	NOR	10:50:00	4266391	2004		125,28
220	3427821	Emilie Marie Moland Krogsrud	Røa	NOR	10:50:00	4106415	2004		134,92
221	3427530	Lone Lorgen Øvrebust	Stordal IL	NOR	10:50:00	4257341	2003		110,32
222	3427766	Mina Sofie Kjærås Moland	Stokke IL	NOR	10:50:00	4031175	2004		123,73
223	3427724	Vårin Olsen	Alta IF	NOR	10:50:00	4228003	2004		114,83
224	3427817	Anna Marie Nordengen Sirevåg	Lyn Ski	NOR	10:50:00	4294195	2004		119,01
225	3427713	Siri Lindbergsengen Nesheim	Bærums Skiklub	NOR	10:50:00	3996196	2004		153,43
226	3427732	Ingeborg Håkonsen	Kjellmyra IL	NOR	10:50:00	4087375	2004		136,4
227	3427745	Anniken Sand	Sjåstad/Vestre Lier	NOR	10:50:00	4081485	2004		78,18
228	3427783	Amalie Galaaen Røthe	Voss IL	NOR	10:50:00	4083333	2004		137,89
229	3427705	Marthe Johanne Hjelmset	Gjelleråsen IF	NOR	10:50:00	4081600	2004		134,11
230	3427460	Marthe Skram Botterud	Bærums Skiklub	NOR	10:50:00	4024279	2003		135,08
231	3427472	Synne Selberg	Gjelleråsen IF	NOR	10:50:00	4006078	2003		117,13
232	3427841	Marie Fossdal Drøpping	Kverneland Ski	NOR	10:50:00	4038113	2004		129,24
233	3427779	Maren Skei Mjømen	Inderøy IL	NOR	10:50:00	4299665	2004		143,99
234	3427531	Maria Masovn Haave	Lillehammer Skiklub	NOR	10:50:00	4290458	2003		153,96
235	3427497	Maren Hjelmset Kirkeeide	Markane IL	NOR	10:50:00	4076709	2003		174,59
236	3427793	Andrea Sæther Verdenius	Tolga IL	NOR	10:50:00	4030474	2004		145,94

2023-04-01

237	3427666	Mabel Ovedie Herskedal Amundsen	Byaasen Skiklub	NOR	10:50:00	4290763	2003	85,83
238	3427458	Martine Ellefsen	Asker SK	NOR	10:50:00	4079869	2003	197,73
239	3427540	Hanne Sløgedal	Il Vindbjart	NOR	10:50:00	4303525	2003	158,83
240	3427557	Ingvild Julie Schrøder Brennhovd	Lyn Ski	NOR	10:50:00	4083283	2003	127,6
241	3427715	Synne Lindbergsengen Nesheim	Bærums Skiklub	NOR	10:50:00	3997558	2004	283,71
242	3427606	Solveig Steen Hofstad	Eiker SK	NOR	10:50:00	4081832	2003	142,34
243	3427776	Mia Mossige	IL Varden Meråker	NOR	10:50:00	4169207	2004	150,1
244	3427633	Vilde Sagerup-Nordkild	Kvaløysletta Skilag	NOR	10:50:00	4251294	2003	156,93
245	3427513	Kristina Masovn Haave	Lillehammer Skiklub	NOR	10:50:00	4030045	2003	179,01

2023-04-01

M 18 år Startlist

Jury/Competition management		Data of course	
Technical Delegate	Magnus Elmkvist	Name of course	
FIS Race Director		Height Difference (HD)	79
Assistand Technical Delegate	Hans Jørgen Kvåle	Maximum climb (MM)	31
Assistant TD Nat.		Total Climb (MT)	177
Chief of Competition	Anne Berit Nordvang	Laps	3
		Laplength	5344

Startno	Fis code	Name	Team	Nation	Starttime	Ecard	Gpr	YOB	Fis Points
301	8420837	Lars Heggen	Harestua IL	NOR	12:00:00	4009676	2005		52,54
302	8420808	Storm Haugenes Pedersen	Hovden Sportsklubb	NOR	12:00:00	4091187	2005		91,25
303	8420984	Mons Melbye	Årvoll IL	NOR	12:00:00	4242020	2005		93,16
304	8420907	Birk Haugnes	Oppegård IL	NOR	12:00:00	4013736	2005		110,84
305	8420941	Simen Gløgård Stensrud	Nittedal IL	NOR	12:00:00	4048872	2005		90,89
306	8420828	Jens Kristoffer Dyrdaahl	Berger IL	NOR	12:00:00	4008520	2005		114,51
307	8420886	Andreas Hermansen	Vang	NOR	12:00:00	4255915	2005		120,49
308	8420878	Simen Fossesholm	Eiker SK	NOR	12:00:00	4020582	2005		100,95
309	8420935	Filip Skari	Nittedal IL	NOR	12:00:00	4242392	2005		96,6
310	8420928	Fredrik Flo Øfstaas	Nittedal IL	NOR	12:00:00	4184784	2005		121,98
311	8420954	Ask Jørgensen	If Kilkameratene	NOR	12:00:00	4039442	2005		140,44
312	8421018	Tørres Bjelland Nøstdal	Eid IL	NOR	12:00:00	4252946	2005		123,9
313	8420993	Nikolai Wik Håland	Koll, IL	NOR	12:00:00	4104758	2005		139,86
314	8421003	Marius Andre Bernhardsen	Polarstjernen, IL	NOR	12:00:00	4267076	2005		133,39
315	8420967	Oskar Eek-Reme	Fana IL	NOR	12:00:00	4031860	2005		137,05
316	8420982	Birk Elias Moeng Jensen	Kjelsås IL	NOR	12:00:00	4024022	2005		144,87
317	8420866	Vemund Totsås Johnsborg	Leksdal IL	NOR	12:00:00	4011029	2005		130,79
318	8420877	Sebastian Santiago Kildebo	Konnerud IL	NOR	12:00:00	4048617	2005		144,11
319	8420933	Eskil Skarstein Rød	Oppegård IL	NOR	12:00:00	4333506	2005		111,61
320	8420926	Sondre Nikolai Norheim	Eidsvold Værks	NOR	12:00:00	4103891	2005		124,53
321	8420938	Martin Spigseth	Nes Ski	NOR	12:00:00	4339289	2005		154,92
322	8420795	Nikolai Fossum	Byåsen IL	NOR	12:00:00	4345773	2005		139,25
323	3250080	Frode Hymer	Ås IL	ISL	12:00:00	4095451	2005		136,8
324	8420831	Nicholas Torvund	Ørn, IF	NOR	12:00:00	4078275	2005		142,43
325	8420994	Martin Christoffer Borg	Koll, IL	NOR	12:00:00	4117420	2005		156,55
326	8420846	Markus Bryan Grøthe	Tormod Skilag	NOR	12:00:00	4029815	2005		141,85
327	8420800	Mats Augdal Dahl	Byåsen IL	NOR	12:00:00	4345682	2005		185,17
328	8420829	Lucas Broby Heimdal	Gulset IF	NOR	12:00:00	4346615	2005		164,67
329	8421034	Aksel Bjørkhaug	Førde IL	NOR	12:00:00	4240966	2005		137,83
330	8420978	David Bertnes Leite	Innstranda IL	NOR	12:00:00	4252011	2005		162,96
331	8420817	Hermod Ingemann Bangstad	Nordreisa IL	NOR	12:00:00	4082673	2005		109,7
332	8420835	Adrian Cornelius Eide Kaasbøll	Byåsen IL	NOR	12:00:00	4206868	2005		117,83
333	8420796	Niklas Almås	Byåsen IL	NOR	12:00:00	4213617	2005		153,08
334	8420884	Jonathan Hemb Fjeldstad	Hamar SK	NOR	12:00:00	4158036	2005		186,9
335	8420970	Åsmund Samnøy Skjeldal	Voss IL	NOR	12:00:00	4300091	2005		157,51
336	8420876	Sander Werket-Haug	Mjøndalen IF	NOR	12:00:00	4283198	2005		144,07

2023-04-01

337	8420820	Fredrik Camillo Wille	Oseberg Skilag	NOR	12:00:00	4340287	2005	172,99
338	8421020	Magnus Furnes Degnepoll	Førde IL	NOR	12:00:00	4281960	2005	165,85
339	8420991	Wilhelm Hjelpdahl Deinboll	Bækkelagets SK	NOR	12:00:00	4086682	2005	168,05
340	8420850	Martin Jørstad Ringli	Øystre Slidre IL	NOR	12:00:00	4333076	2005	192,75
341	8420841	Jørgen Landmark Johansen	Lillehammer Skiklub	NOR	12:00:00	4298360	2005	160,72
342	8421051	Vegard Bråthen	Alsvåg IL	NOR	12:00:00	4338877	2005	166,43
343	8420974	Simen Vestmo Almåsbak	Grue IL	NOR	12:00:00	4345674	2005	163,08
344	8420873	Hans Sylling	Sjåstad/Vestre Lier	NOR	12:00:00	4057683	2005	172,72
345	8420953	Elias Thorstensen Brennvik	Kvaløysletta Skilag	NOR	12:00:00	4338240	2005	172,71
346	8420963	Einar Nicolai Gaard Storvestre	Viking, TIF	NOR	12:00:00	4031415	2005	157,34

**M 17 år
Startlist**

Jury/Competition management		Data of course	
Technical Delegate	Magnus Elmkvist	Name of course	
FIS Race Director		Height Difference (HD)	79
Assistand Technical Delegate	Hans Jørgen Kvåle	Maximum climb (MM)	31
Assistant TD Nat.		Total Climb (MT)	177
Chief of Competition	Anne Berit Nordvang	Laps	3
		Laplength	5344

Startno	Fis code	Name	Team	Nation	Starttime	Ecard	Gpr	YOB	Fis Points
401	8421146	Kristian Kirkeng	Idrettslaget Ros	NOR	12:05:00	4019485	2006		123,11
402	3201198	Christoffer Rüger	Gulset IF	GER	12:05:00	3987666	2006		114,9
403	8421128	Torjus Magnus Harbo	Fossum IF	NOR	12:05:00	4330619	2006		133,7
404	8421088	Olav Fugelsøy	Surnadal IL	NOR	12:05:00	4012530	2006		112,16
405	8421093	Halvor Kvennås	Byåsen IL	NOR	12:05:00	4340246	2006		137,65
406	8421239	Emil Amundsen	Konnerud IL	NOR	12:05:00	4331336	2006		125,05
407	8421266	Jonas Malmo Skogstad	Kvaløysletta Skilag	NOR	12:05:00	4298287	2006		125,56
408	8421076	Sindre Østlien Evensen	Vind IL	NOR	12:05:00	4066809	2006		129,81
409	8421231	Theodor Pedersen Østerås	IL Varden Meråker	NOR	12:05:00	4027728	2006		150,46
410	8421214	Noah Marius Olsen	Tromsø SK	NOR	12:05:00	4009155	2006		116,58
411	8421224	Edvard Bjåstad	Sandnes IL	NOR	12:05:00	4129300	2006		149,28
412	8421210	Sigve Eirik Benonisen	Nordreisa IL	NOR	12:05:00	4297842	2006		127,43
413	8421149	Kristoffer Jebens Katla	Haslum IL	NOR	12:05:00	4254165	2006		150,15
414	8421087	Ottar Rekstad	Byåsen IL	NOR	12:05:00	4316741	2006		152,53
415	8421099	Elfinn Borg Faldmo	Trysil IL	NOR	12:05:00	4332524	2006		169,7
416	8421194	Jørgen Hvatum	Njård	NOR	12:05:00	4153938	2006		176,21
417	8421180	Niklas Bosdal Thorsen	Førde IL	NOR	12:05:00	4325585	2006		159,85
418	8421258	Elias Nagypal Svendsen	Konnerud IL	NOR	12:05:00	4332938	2006		172,23
419	8421301	Magnus Emaus Christoffersen	Bossekop UL	NOR	12:05:00	3995537	2006		159,87
420	8421170	Eirik Sjølv Værnes	Asker SK	NOR	12:05:00	4200705	2006		174,88
421	8421291	Kasper Fet Støtvig	Oseberg Skilag	NOR	12:05:00	4330171	2006		187,2
422	8421161	Marcus Alexander Næss	Nittedal IL	NOR	12:05:00	4334157	2006		154,23
423	8421245	Benjamin Hunstad	Konnerud IL	NOR	12:05:00	4333167	2006		170,49
424	8421264	Emil Reite	Hammerfest SK	NOR	12:05:00	4298113	2006		150,66
425	8421122	Theodor Dilling Gomo	Oppegård IL	NOR	12:05:00	4010088	2006		181,38
426	8421102	Endre Sæterbø Nielsen	Strindheim IL	NOR	12:05:00	4005450	2006		161,39
427	8421177	Magnus Bergsli Rogstad	Kjelsås IL	NOR	12:05:00	4243002	2006		170,94
428	8421138	Alfred Oscar Foss	Kjelsås IL	NOR	12:05:00	4255907	2006		195,31
429	8421233	Stian Rønning	Lånke IL	NOR	12:05:00	4321923	2006		181,05
430	8421126	Christopher Holberg	Heming, IL	NOR	12:05:00	4280756	2006		179,34
431	8421121	Mats Daviknes-Andreassen	Nittedal IL	NOR	12:05:00	4321949	2006		183,48
432	8421216	Snorre Skogstad	Kvaløysletta Skilag	NOR	12:05:00	4267035	2006		179,74
433	8421113	Tor Even Askautrud	Nesodden IF	NOR	12:05:00	4169983	2006		191,21
434	8421090	Nichlas Storø	Hommelvik IL	NOR	12:05:00	3999679	2006		212,8
435	8421293	Håkon Fleischer	Hof IL	NOR	12:05:00	4078606	2006		283,01
436	8421229	Fredrik Mollan	Inderøy IL	NOR	12:05:00	4183588	2006		191,97

2023-04-01

437	8421289	Benjamin Kulsetås	Strindheim IL	NOR	12:05:00	4162848	2006	253,34
438	8421184	Emil Aslaksen Røed	Molde og Omegn IF	NOR	12:05:00	4038170	2006	222,13
439	8421191	William Abel Majak	Lyn Ski	NOR	12:05:00	3998754	2006	207,35
440	8421094	Jørgen Storli	Strindheim IL	NOR	12:05:00	4299392	2006	177,93
441	8421317	Martin Haabeth	IL Aasguten	NOR	12:05:00	4273058	2006	214,5
442	8421287	Lars Opstad Vike	Oseberg Skilag	NOR	12:05:00	4030664	2006	213,97
443	8421186	Jakob Bruun Lorentsen	Koll, IL	NOR	12:05:00	4104931	2006	180,22
444	8421163	Markus Lie Petterson	Haslum IL	NOR	12:05:00	4232435	2006	181,49
445	8421292	Vetle Høgseth Grønn	Larvik Ski	NOR	12:05:00	4068565	2006	183,82
446	8421192	Olav Andreas Underhaug	Lyn Ski	NOR	12:05:00	4292801	2006	181,96
447	8421133	Vegard Sjaastad	Heming, IL	NOR	12:05:00	4245429	2006	255,39

2023-04-01
**M 19/20 år
Startlist**

Jury/Competition management			Data of course	
Technical Delegate	Magnus Elmkvist		Name of course	
FIS Race Director			Height Difference (HD)	79
Assistand Technical Delegate	Hans Jørgen Kvåle		Maximum climb (MM)	31
Assistant TD Nat.			Total Climb (MT)	177
Chief of Competition	Anne Berit Nordvang		Laps	4
			Laplength	5344

Startno	Fis code	Name	Team	Nation	Starttime	Ecard	Gpr	YOB	Fis Points
501	8420246	Mathias Holbæk	Il Vindbjart	NOR	12:50:00	4339610	2003	49,93	
502	8420708	Lars Michael Saab Bjertnæs	Njård	NOR	12:50:00	4286589	2004	69,16	
503	8420797	Casper Kvam Grindhagen	Byaasen Skiklub	NOR	12:50:00	4079398	2004	56,08	
504	8420323	Thomas Linnebo Mollestad	Oddersjaa SSK	NOR	12:50:00	4272696	2003	59,63	
505	8420175	Johan Lien Nordeng	Alsvåg IL	NOR	12:50:00	4151320	2003	65,27	
506	8420533	Jardar Olsen	Alta IF	NOR	12:50:00	4228045	2004	90,66	
507	8420785	Tobias Aarekol	Vindafjord IL	NOR	12:50:00	4006862	2004	88,05	
508	8420464	Sture Thoresen	Heimdal Ski	NOR	12:50:00	4028973	2003	68,9	
509	8420651	Linus Engdahl	Torvikbukt IL	NOR	12:50:00	4323788	2004	93,47	
510	8420411	Henrik Kvennås	Byåsen IL	NOR	12:50:00	4338612	2003	73,62	
511	8421010	Peder Rygg	Byaasen Skiklub	NOR	12:50:00	4104956	2004	82,18	
512	8420163	Tørres Lutnæs	Rustad IL	NOR	12:50:00	4104212	2003	89,56	
513	8420468	Andreas Fon Heierstad	Ivrig, IL	NOR	12:50:00	4080222	2003	92,66	
514	8420245	Sondre Østervold	Il Vindbjart	NOR	12:50:00	4307674	2003	89,09	
515	8420748	Sander Haukvik-Jensen	Årvoll IL	NOR	12:50:00	4019790	2004	91,88	
516	8420317	Thomas Blom	Imås, IL	NOR	12:50:00	4289450	2003	83,17	
517	8420470	Iver Synstnes Hole	Åndalsnes IF	NOR	12:50:00	4104576	2003	99,76	
518	8420377	Erik Øfstedal	Sjåstad/Vestre Lier	NOR	12:50:00	4030862	2003	99,72	
519	8420360	Gard Lindby	Røa	NOR	12:50:00	4062899	2003	96,59	
520	8420628	Sivert Borgen	Østre Toten Skilag	NOR	12:50:00	4339966	2004	106,46	
521	8420432	William Lundberg	Tromsø SK	NOR	12:50:00	4061651	2003	91,21	
522	8420300	Jørgen Bertram Dyr Dahl	Berger IL	NOR	12:50:00	4238895	2003	96,74	
523	8420304	Niklas Landsem Melhus	Steinkjer SK	NOR	12:50:00	4028890	2003	106,74	
524	8420519	Erling Bjørnstad	Alta IF	NOR	12:50:00	4291936	2004	91,31	
525	8420422	Vetle Arder Skildheim	Tromsø SK	NOR	12:50:00	4029039	2003	105,75	
526	8420636	Oskar Opstad Vike	Runar, IL	NOR	12:50:00	4031464	2004	134,78	
527	8420408	August Lunde	Byåsen IL	NOR	12:50:00	4090353	2003	103,81	
528	8420210	Andreas Lerø	Fossum IF	NOR	12:50:00	4031936	2003	118,5	
529	8420749	Ola Nymark-Veum	Heming, IL	NOR	12:50:00	4029757	2004	104,32	
530	8420388	Per Ingvar Tollehaug	Eiker SK	NOR	12:50:00	4324653	2003	87,04	
531	8420410	Torgeir Vassmo Mæhlumsveen	Byåsen IL	NOR	12:50:00	4033353	2003	235,14	
532	8420314	Robin Sælen	Imås, IL	NOR	12:50:00	4338513	2003	90,07	
533	8420601	Kristian Kongssund	Næroset IL	NOR	12:50:00	4232708	2004	91,82	
534	8420474	Morten Skaanes	Strindheim IL	NOR	12:50:00	4104675	2003	131,64	
535	8420696	Jonas Johansen Grøslund	Drammen Strong	NOR	12:50:00	4077384	2004	119,17	
536	8420680	Henry Skjønsvell	Nordreisa IL	NOR	12:50:00	4104741	2004	93,15	

2023-04-01

537	8420512	Daniel Aakervik	Fet SK	NOR	12:50:00	4079158	2004	79,49
538	8420699	Tobias Dyrli Thoresen	Røa	NOR	12:50:00	4249322	2004	96,35
539	8420582	Alexander Thorud	Birkebeineren, IF	NOR	12:50:00	4338075	2004	111,29
540	8420751	Marius Meldalen	Rustad IL	NOR	12:50:00	4011532	2004	106,31
541	8420472	Birk Fjellheim	Bossmo og Ytteren	NOR	12:50:00	4281291	2003	139,2
542	8420781	Niklas Ekeberg Pålsson	Hovden Sportsklubb	NOR	12:50:00	4276150	2004	110,19
543	8420263	Peder Elias Nordseth	Snertingdal IF Ski	NOR	12:50:00	4073300	2003	117,62
544	8420400	Eirik Linderud	Hernes IL	NOR	12:50:00	4021564	2003	114,7
545	8420346	Audun Nesheim Hægeland	Rustad IL	NOR	12:50:00	4095774	2003	112,75
546	8420404	Olve Løseth	Buvik IL	NOR	12:50:00	4108452	2003	121,56
547	8420198	Isak Leknes Frey	Bærums Skiklub	NOR	12:50:00	4021119	2003	9999
548	8420676	Andreas Skjelle	Medkila Skilag	NOR	12:50:00	4325775	2004	147,6
549	8420451	Amund Engesvold Flataker	Hommelvik IL	NOR	12:50:00	4029773	2003	123,58
550	8420186	Ulrik Auestad Tollefsen	Åsen IL	NOR	12:50:00	4079356	2003	122,07
551	8420646	Lars Olav Aspheim Kåsa	Gulset IF	NOR	12:50:00	4282059	2004	114,65
552	8420685	Julian André Mikkelsen Lorentsen	Bardufoss og	NOR	12:50:00	4255816	2004	98,01

2023-04-01

**FH Kvinner senior sittende
Startlist**

Jury/Competition management		Data of course	
Technical Delegate	Magnus Elmkvist	Name of course	
FIS Race Director		Height Difference (HD)	
Assistand Technical Delegate	Hans Jørgen Kvåle	Maximum climb (MM)	
Assistant TD Nat.		Total Climb (MT)	
Chief of Competition	Anne Berit Nordvang	Laps	
		Laplength	

Startno	Fis code	Name	Team	Nation	Starttime	Ecard	Gpr	YOB	Fis Points
71	0	Isabell Katharina Valen	Innstranda IL	NOR	09:00:00	4254538	0	1994	9999,99

2023-04-01

FH Menn senior sittende Startlist

Jury/Competition management				Data of course			
Technical Delegate	Magnus Elmkvist			Name of course			
FIS Race Director				Height Difference (HD)			
Assistand Technical Delegate	Hans Jørgen Kvåle			Maximum climb (MM)			
Assistant TD Nat.				Total Climb (MT)			
Chief of Competition	Anne Berit Nordvang			Laps			
				Laplength			

Startno	Fis code	Name	Team	Nation	Starttime	Ecard	Gpr	YOB	Fis Points
72	0	Thomas Morud	Lyn Ski	NOR	09:00:00	4183349	0	1984	9999,99
73	0	Lars Andresen	Sp.kl. Nessegutten	NOR	09:00:00	0	0	1968	9999,99

2023-04-01

FH Kvinner senior stående Startlist

Jury/Competition management		Data of course	
Technical Delegate	Magnus Elmkvist	Name of course	
FIS Race Director		Height Difference (HD)	79
Assistand Technical Delegate	Hans Jørgen Kvåle	Maximum climb (MM)	31
Assistant TD Nat.		Total Climb (MT)	177
Chief of Competition	Anne Berit Nordvang	Laps	2
		Laplength	5344

Startno	Fis code	Name	Team	Nation	Starttime	Ecard	Gpr	YOB	Fis Points
271	3427678	Vilde Nilsen	Kvaløysletta Skilag	NOR	10:50:00	4331468	0	2001	9999,99

2023-04-01

**FH Menn junior stående
Startlist**

Jury/Competition management		Data of course	
Technical Delegate	Magnus Elmkvist	Name of course	
FIS Race Director		Height Difference (HD)	79
Assistand Technical Delegate	Hans Jørgen Kvåle	Maximum climb (MM)	31
Assistant TD Nat.		Total Climb (MT)	177
Chief of Competition	Anne Berit Nordvang	Laps	3
		Laplength	5344

Startno	Fis code	Name	Team	Nation	Starttime	Ecard	Gpr	YOB	Fis Points
272	8421281	Endre Lykken	Vind IL	NOR	10:50:00	4162152	0	2006	9999,99
273	8420959	Emil Moore-Carlsen	Fossum IF	NOR	10:50:00	4183752	0	2005	9999,99

2023-04-01
**FH Menn senior stående
Startlist**

Jury/Competition management		Data of course	
Technical Delegate	Magnus Elmkvist	Name of course	
FIS Race Director		Height Difference (HD)	79
Assistand Technical Delegate	Hans Jørgen Kvåle	Maximum climb (MM)	31
Assistant TD Nat.		Total Climb (MT)	177
Chief of Competition	Anne Berit Nordvang	Laps	3
		Laplength	5344

Startno	Fis code	Name	Team	Nation	Starttime	Ecard	Gpr	YOB	Fis Points
274	3423693	Alexander Letrud	Øyer-Tretten IF	NOR	10:50:00	4012464	0	1992	9999,99