

# Covid-19 protocol for testing and infection control

FIS Cross-Country Junior- and U23 World Ski Championships, Lygna  
February 20 – 27, 2022



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## DEFINITIONS:

*All participants:* Teams, coaches, athletes, SRS, FIS, Media

*LOC staff:* Volunteers, Organization committee, race committee, Implementation staff and other staff from NSA and contractors hired by LOC

# 1. Brief factual information about the event

## a) Implementation and scope

Date: February 20 - 27, 2022

Disciplines: Cross country skiing

Arenas: Lygna, NOR

Accommodation: Scandic Oslo Airport Hotel and cabins in Gran Municipality

Arrival to the event will be from 18.02 – 20.02.2022. Most participants arrive by airplane at Oslo Gardermoen airport. The Official arrival date is 20.02.2022.

## b) The responsible local organizing committee (LOC):

A complete overview of the organizing committee with contact information is attached.

## c) Arrival and transport

All participants shall register all relevant information by email to the project leader of the event, Brit Baldishol. Through this, the organizer has a detailed overview of the following information:

- Flights, who arrives in which flights, at what times and from where.
- Hotel bookings with all details about who shares rooms etc.
- Transport needs to and from the airport as well as between hotels and training and competition areas.

## d) FIS-covid-19 passport

A valid "FIS-covid-19 passport" is mandatory for all participants, support staff and all other accredited personnel. The test results will be available at the test center and will be stored safely by the covid-19 coordinator. Everyone needs to update their FIS-passport with the result by them self. Updated registration of information in the "FIS-covid-19-passport" is a prerequisite for participation and accreditation for the event.

<https://fisspassport.fis-ski.com/fis/portal/>.

## **2. Brief description of the authorities' requirements / restrictions for travelers into Norway**

**Norway has removed all Covid-19 entry restrictions for entering the country and all participants to World Cup/Championship events has entry rights to Norway.**

**The following Government Covid-19 requirements still apply to foreigners entering Norway:**

- All travelers arriving in Norway must complete a registration of personal and travel information prior to departure from home country here: <https://reg.entrynorway.no>.
- Travelers that cannot document by an EU digital passport or other written proof, that they are either fully vaccinated or have had Covid-19 infection the last 6 months (positive PCR test) must perform a PCR or Antigen test within 24h prior to departure of flight to Norway and show proof of a negative test at the border.

**Norway have removed requirements for entry quarantine and testing at border for all travelers into the country.**

**An overview of the testing requirements that applies to all participants in the event is given in a table at the end of this protocol.**

## **3. The Organizer's obligations towards Government requirements and recommendations for infection control**

The Organizer and The Norwegian Ski Federation are fully aware of the increased Covid-19 infection rates in many of the Norwegian regions. National and local Covid-19 requirements may change at any day or week and thus affect the protocol for this event. Changes will be communicated to FIS and the participating nations as soon they are published and official.

The Norwegian Government has recently lifted many of the Covid-19 restrictions, but the following general requirements remains:

- Stay at home and get tested if you have fever or airway symptoms
- Keep a 1m distance to anyone outside your own household
- Wear a face mask if you cannot keep 1m distance and when you are in public places, transport systems, shops, etc.
- Wash/disinfect hands frequently and cough/sneeze into your elbow

The organizer's infection control measures are based on the following principles:

1. Avoid that sick people encounter healthy participants by informing everyone not to participate even with the slightest feeling of illness. Quick reporting routines in case of illness will be ensured. Sick persons must be isolated and are not allowed to be present at the event.
2. Good information about hand hygiene, coughing routines and how to limit contact from hands to face.
3. Ensure frequent cleaning of all common areas and surfaces in hotels, gyms, arenas, etc.
4. Ensure effective routines for identifying infection via testing of all participants in the event
5. Good preparedness and capacity for isolation, infection detection and infection remediation.
6. To practice clear consequences for individuals and groups who are breaking the infection control rules/covid protocol, such as revocation of accreditation and expulsion/repatriation from the event.

Anchoring of Event infection controls plans with the Municipality Medical Officer will take place in meetings ahead of the event. The extent of this collaboration is governed by the Municipality Medical Officers' need for clarifications in relation to roles, responsibilities, and shared tasks.

#### **4. FIS and LOC test-and infection control requirements**

The FIS Covid-19 World Cup Risk Management and Testing Protocol defines the procedures, requirements, roles, and responsibilities for the persons who are part of FIS World Cup events to minimize any risk of Covid-19 infection.

- A negative PCR-test no later than 48 hours before arrival at the event must be documented and entered to the FIS Covid-19 passport before obtaining the accreditation
  - The FIS requirement for a negative test no later than 48h before arrival at the event will automatically be fulfilled if the person has performed a test 24h before departure or at the Norwegian border when arriving (government mandate).
- The FIS health/symptom questionnaire shall be filled out and entered to the FIS-Covid-19 passport prior to arrival
- An antigen test during the first days after arrival (TEST 1) is required for all participants of the event, including all staff and volunteers (with close contact to the participants), and regardless of vaccination status or previous COVID-19 infection history. This will be a prerequisite to obtain personal accreditation.
- In events lasting more that 5 days, an additional Antigen test is required from all participants on day 4-6, depending on which day is logistically most feasible (TEST 2).
- There will be two test centers, and the teams must do the test at the closest center to where they are accommodated.

- Scandic Oslo Airport Hotel
- Lygna
- Antigen and/or rapid PCR testing will be performed on all participants with fever, airway symptoms or other possible COVID-19 infection signs.
- Face masks must be used in all accredited areas (inside and outside) of the event as much as practically possible and in all situations where it is not possible to keep minimum one meter distance.

## 5. Event COVID-19 team

The organizer will establish a COVID-19 team in close collaboration with the municipality Medical Officer and is responsible for all handling of testing and infection control measures.

The main task for the Event Covid-19 team is:

- 1) Prepare and update this Covid-19 infection control and testing protocol in cooperation with local infection authority (Municipality Medical Officer)
- 2) Inform FIS, Event delegates, media and participating national teams about the national and local infection situation and regulations
- 3) Respond to questions from FIS, Event delegates, media and participating national teams
- 4) Establish Covid-19 testing regimes according to the specification in this protocol (FIS and Government requirements)
- 5) Plan and execute infection control measures according to this protocol
- 6) Manage Return to competition cases where athletes recently have had Covid-19 infection, according to FIS protocol
- 7) Manage participants with positive test results at Event entry or during the Event.
- 8) Ensure isolation of all confirmed positive participants according to Norwegian Covid-19 regulation
- 9) Ensure records of all positive test results or delegate this to Event Testing Agency (Volvat)

The COVID-19 team consists of the following representatives:

- LOC Covid-19 coordinator
- LOC Covid-19 coordinator (head of volunteers, LOC staff, and infection control on competition venue)
- Testing coordinator from Volvat Medical Center AS

Per request from the COVID-19 team

- Municipality Medical Officer
- Chief Medical Officer for the Norwegian Ski Federation

## 6. Testing, isolation, close-contact tracing, and quarantine management

The organizer will follow the current Norwegian «Regulations on infection control measures etc. in case of a corona outbreak» and National Institute of Public Health's (NIPH/no:FHI) recommendations regarding testing, close-contact tracing and follow-up of positive cases for everyone coming from abroad and for Norwegian people who will participate in the event.

Testing at the event is organized and carried out by Volvat Medical Center AS according to a plan from the Covid-19 team. All test results will be logged in a separate computer system and treated as sensitive information in accordance with current Norwegian rules for storage of health information and in line with the GDPR directive.

### Positive test routines

- The COVID-19 team is responsible for ensuring that all routines related to notification of a positive COVID-19 test, isolation of the infected person and tracking of close contacts will follow the NIPH and the Municipality Medical Officers' guidelines.
- The infected person is notified according to the FIS protocol.
- The organizer's COVID-19 team will, in collaboration with the Municipality Medical Officer, immediately implement isolation of the infected person according to FHI's guidelines for isolation. Currently, the isolation period is 4 days and a 24h period of no fever.
- Close contacts in the same group/team /cohort are also identified immediately, i.e., by means of the organizer's cohort lists, room lists and event database.
- There is no requirement for close contacts to quarantine, but to test daily (mornings) before leaving the household. The result must be reported to the Covid-19 coordinator.
- Other infection control measures can be Introduced by the COVID-19 team in consultation with the Municipality Medical Officer according to local infection regulations.

### Return to Competition after recent COVID-19 infection.

- Eligibility for returning safely into the red-bubble of an WC/Championship Event will be decided by the COVID-19 team. FIS criteria for Return to Competition will be used in combination with case information from the athlete.
- In case of a positive test after arrival to Norway, it is not possible to return to Competition after isolation (4 days).

## **7. Information to all incoming participants before the event**

This protocol will be updated if significant changes in COVID-19 regulations should be issued by local or national health authorities. The English version will be published in FIS information channel as soon as it is approved or updated. In addition, an updated version will be sent to all accredited persons coming from red countries.

## **8. Specific infection control measures for the following areas/places:**

### **Hotel**

- All nations/ participants will have designated placing in the dining area.
- Face mask must be used in all common areas at the event hotels.

### **Use of indoor facilities at the hotel, including fitness facilities, massage / treatment rooms and meeting rooms**

- Participants are free to use the areas from arrival.

### **Internal transport**

- All transport takes place with the organizer's closed transport system or the individual nations' dedicated vehicles.
- All means of transport from the organizer are disinfected between each transport.
- The organizer has officials who control access to the individual transport in accordance with cohort.

### **The arenas**

- Organizer will keep athletes, leaders and officials separated from the spectators.
- There will be an opening ceremony (outside) February 20. All athletes and team officials will be in a separate area from the locals at arrival, during the ceremony and at departure from the ceremony. The opening ceremony is not mandatory.
- All meals are served at the hotel/residence. Personnel who will be at the arena for a longer period of time have been offered ready packed food from the hotel.
- The bib and chip are packed in advance and hung up for collection by the individual athlete. Wrapping and hanging up is done by an official who has followed internal procedures for disinfection. The Prize giving ceremony will be carried out with the current distance rules and without distributors.
  - Face masks must be used in accredited areas and where distance requirements cannot be maintained.

### **Arena security**

- The organizer establishes access control and shell security in the areas that are closely connected to the cohorts so that unwanted audiences are not given access to stay in the vicinity of these areas.



## Media

- International media representatives follow all test and infection control measures outlined above for athletes and support staff from abroad. Including signing up for the FIS-Passport.
- National media must be able to document a negative PCR test taken within 48 hours before entering the event.
- A separate dedicated area for media is created.
- In the mixed zone (outdoors), double fences are rigged for increased distance between the media and athletes.
- Any press conferences before, during or after the event are conducted digitally or in such a way that athletes and support staff do not have physical contact with the media at any time.
- Media is accommodated in dedicated hotels.
- The media must wear a face mask in accredited areas.

## Volunteers and other implementation staff (LOC staff)

- Covid-19 testing of LOC staff, who will be in close contact with participants is carried out within 48 hours before entering the event.
- LOC Staff presence at the arena shall be in accordance with rosters and in predefined limited areas.
- LOC staff must wear face masks in all accredited areas and where distance requirements cannot be met, both indoor and outdoor.

## 9. About the protocol

This protocol has been prepared in accordance with current requirements in the Covid-19 regulations with accompanying recommendations and guidelines on infection control given by NIPH and the Norwegian Directorate of Health. In addition, the requirements of the "FIS - Covid-19 World Cup Risk Management and Testing Protocol" are incorporated.

Any changes in the regulations, as well as orders and input from national and local health authorities, will be continuously included and updated in the document.

The protocol has been prepared by Chair of the LOC, Chief Medical Officer for the Norwegian Ski Federation Ola Rønsen, Head of organization for the Norwegian Ski Federation Øistein Lunde.

## ATTACHMENT

### CONTACT PERSONS - LOCAL ORGANIZING COMMITTEE

Event manager	Brit Baldishol	+47 95178884	<a href="mailto:brit.baldishol@skiforbundet.no">brit.baldishol@skiforbundet.no</a>
Head of Medical Services	TBA		

### CONTACT PERSONS – THE NORWEGIAN SKI FEDERATION

Medical manager	Ola Rønsen	+47 45505239	<a href="mailto:ola.ronsen@skiforbundet.no">ola.ronsen@skiforbundet.no</a>
Covid-19 coordinator	Therese Bentsen	+47 97462242	<a href="mailto:Therese.bentsen@skiforbundet.no">Therese.bentsen@skiforbundet.no</a>

### FIS COVID-19 HUB

Find the protocol in the Covid-19 [information hub](#).

### COVID-19 TESTING REQUIREMENT OVERVIEW

Day -2	Day -1	Day 0	Day 1-2	Day 3-6
PCR test		Accreditation	TEST 1: Antigen	TEST 2: Antigen

If your PCR test is older than 48 hours when you come to the accreditation, you must make a new PCR test on site.

If you have to take a PCR in Norway at the day of accreditation, you do not have to do the TEST 1.

### COVID-19 TESTING OPENING HOURS

Opening hours	Scandic Oslo Airport	Lygna
19 February	17:00 – 20:00	
20 February	12:00 – 20:00	
21 February		12:00 – 20:00
22 February	07:00 – 12:00	
23 February	07:00 – 12:00	
24 February		07:00 – 12:00

Everyone accommodated at Scandic Oslo Airport must perform the test there.

Everyone accommodated other places must perform the test at [Lygna](#) close to the competition venue.

Send an email to [therese.bentsen@skiforbundet.no](mailto:therese.bentsen@skiforbundet.no) to book time for testing.

## **LOGISTICS AND TRANSPORT ARRANGEMENTS**

There will be shuttle busses going from Scandic Oslo Airport to the venue every day. Approximately 50% of the seats will be in use if there are teams from different nations traveling together.

