

Rules for FIS Scandinavian Cup 2020/2021

Rules updated: October 6th, 2020

1. General rules

The Scandinavian Cup consists of a series of FIS competitions in Scandinavia (Iceland, Lithuania, Latvia, Estonia, Finland, Sweden and Norway).

The Scandinavian cup season 2020/2021 contains of nine (9) races and one (1) mini tour, race schedule can be found in the FIS calendar.

The goal with the cup is to stimulate senior women and men near World Cup level to race against each other and to give the best women and men the chance to race in the World Cup via the free quota system FIS provides for Continental Cups.

Each of the national Ski Associations selected to host a cup event will appoint a technical organizer.

Each organizer needs a substitute place where it is possible to organize the assigned event on the same date. If jury decides to cancel competitions, an expert commission will decide about new date. The expert commission consists of one member of each country mentioned above.

During a Scandinavian Cup event only senior categories will be organized.

NOTE! Extra rules for the Scandinavian cup 20/21 regarding the Covid-19 pandemic. These extra rules are decided by the Scandiavian conferens 06.10.2020:

- *30 days before an event the OC must give a “green” or “red” light for the event, this means:
11 November for Piteå
8 December for Lygna
5 February for Madona*
- *At the dates mentioned above 2 of 3 of the “big nations” (NOR, SWE, FIN) has to announce if they can participate in the upcoming event, if less than 2 countries can attend the event can be organized as a FIS race but will not be valid as a stage in the Scandinavian Cup.*
- *If the Scandinavian Cup 20/21 shall be valid as a cup, 2 of 3 events has to be organized as mentioned above otherwise the cup is cancelled.*

2. FIS/ICR rules

The current ICR Cross Country (distributed from FIS normally in June each year for the upcoming season) is valid as competition rules for all Scandinavian Cup events.

3. Quotas and starting times

The cup is open for all skiers with an active FIS code for Cross Country.

The Scandinavian Conference can decide to use the “General quota rules for Scandinavian cup events” if there is a reason to limit the starting field, this will be communicated in the invitation to the or those events that the rules apply.

To make booking of travels easier for the national teams and ski clubs the last racing day of an event must start at 9 o'clock in the morning and evening races shall be avoided.

Juniors can principally start in a Scandinavian cup race if the number of participants does not exceed 150 and if the national ski federations allow their juniors to enter the race.

Juniors that are selected to represent a national team from NSA's in Scandinavia are allowed to start regardless the number of participants.

4. Entries and entry fees

Entries must be done to all competitions by the national ski associations. FIS entry form or a form containing the same data about the athletes must be used.

Entries for an event must be sent to the organizer latest Tuesday at 23.59 h before the event start.

The entry fee must not exceed 20 € per athlete per race.

5. Calculation of Scandinavian cup points

Only athletes from Scandinavian region are eligible to score points in the Scandinavian Cup.

If athletes outside of the region is taking part in a competition and are among top 30 the athlete will be taken away when the calculation of the cup is done.

30 best ranked athletes in a race get points as follows:

1st place = 60 points	16th place = 25 points
2nd place = 54 points	17th place = 24 points
3rd place = 48 points	18th place = 23 points
4th place = 43 points	19th place = 22 points
5th place = 40 points	20th place = 21 points
6th place = 38 points	21st place = 20 points
7th place = 36 points	22nd place = 18 points
8th place = 34 points	23rd place = 16 points
9th place = 32 points	24th place = 14 points
10th place = 31 points	25th place = 12 points
11th place = 30 points	26th place = 10 points
12th place = 29 points	27th place = 8 points
13th place = 28 points	28th place = 6 points
14th place = 27 points	29th place = 4 points
15th place = 26 points	30th place = 2 points

The FIS calendar automatically calculates the general classification for the Scandinavian Cup, which includes all races and final overall standings in mintour.

The calculation is based from the XML-result from each competition, therefore each organizer must upload the result after a finished race as soon as possible in the FIS data base. (must be confirmed from FIS IT, otherwise calculation has to be done manually)

If at end of all the events, a number of competitors are placed equally in the general classification, then they shall be placed according to the number of their 1st places, then their 2nd places, 3rd places, etc. If they cannot be classified by this system, they will each receive the medals corresponding to their placing.

6. Mini Tour (*if organised*)

If some of the Scandinavian Cup-weekends are organised as a “Mini Tour” the following rules applies:

1. Basic Rules

- Only one entry for all stages is possible.
- Abandonment or disqualification in one race will lead to exclusion from the rest of the stage event.
- The overall results for the Scandinavian Cup General Classification will be based on the overall time score in the three stages (including sprint).
- There will be bonus seconds for top 30 in the sprint race. The bonus seconds listed below are subtracted according to the sprint final result from the competitor’s actual race time in the sprint qualification before being added into the overall time score.

1st place = 30 seconds	9th place = 14 seconds
2nd place = 27 seconds	10th place = 13 seconds
3rd place = 24 seconds	11th place = 12 seconds
4th place = 23 seconds	12st place = 11 seconds
5th place = 22 seconds	13th place to 15th place = 5 seconds
6th place = 21 seconds	16th place to 20th place = 4 seconds
7th place = 16 seconds	21st place to 25th place = 3 seconds
8th place = 15 seconds	26th place to 30th place = 2 seconds

2. Scandinavian Cup Points for the Scandinavian MINI TOUR

Scandinavian Cup points will be awarded after the last stage according to the points scale mentioned in paragraph 5.

In addition to the Scandinavian Cup points awarded, each stage will also receive Scandinavian Cup points according to the points scale mentioned in paragraph 5.

On the last day, the winner of the day (fastest time on this stage for those specific kilometres) will get the Scandinavian Cup points according to paragraph 5.

3. Scandinavian MINI TOUR prize money

The prize money after stage one and two will be distributed according to paragraph 7.

On the last day prize money will be distributed to the top three woman and men in the final classification of the mini tour according to paragraph 7.

4. Scandinavian Cup MINI TOUR Starting Order

Stage 1 (Sprint)

In sprint qualification the starting order will be according to the FIS sprint points in reversed order; the athlete with lowest points will start first, all other competitors will be assigned start positions according to their FIS sprint points (ordered by pts) and lastly a group for those with no FIS sprint points are drawn.

Stage 2 (Interval start)

The starting order will be according to the overall standing after stage 1 in reversed order. The winning athlete from stage 1 will start last.

Stage 3 (Pursuit)

The starting order will be according to the current overall standing in the mini tour after two stages.

The athlete reaching the finish line first is the overall winner of the mini tour.

To prevent too large start time differences, the Jury can decide to use a "wave start" for the end of the starting field.

7. The winners

The price ceremony will take place immediately after each race.

Each organiser or organising federation pay money price for each race:

No 1 = **600 €**, - No 2 = **400 €**, - No 3 = **200 €**

The cost is divided 50% from the local organiser and 50% from the hosting ski federation.

In season 2020/2021 there will be a money prize for the overall winners' ladies and men.

No 1 = **800 €**, - No 2 = **600 €**, - No 3 = **400 €**

Every NSA hosting a Scandinavian Cup during the season will be invoiced 1200 € (in total 3600 €) by the NOR NSA who is responsible to pay prize money to the athletes. These 3600 € will be used for the price money here above.

The 3 best overall women and men will also receive a medal purchased by FIS.

The leaders (male and female) of Scandinavian Cup at the following dates have the right to start in World Cup competitions during the next World Cup period:

1 st World Cup Period	COC Winners season 2019-2020
2 nd World Cup Period	28 th December 2020
3 rd World Cup Period	11 th January 2021
4 th World Cup Period	15 th February 2021
5 th World Cup Period	8 th March 2021

A valid list of the qualified athletes will be published on the FIS website. These additional quotas are nominative; the athletes can not be substituted if they can not start due to force majeure.

8. Seeding for individual races

In sprint qualifications the starting order will be according to the FIS sprint points in reversed order; the athlete with lowest points will start first, all other competitors will be assigned start positions according to their FIS sprint points (ordered by pts) and lastly a group for those with no FIS sprint points are drawn.

In mass start races the starting order will be according to the FIS distance points; the athlete with the lowest points will be assigned the best starting position, all other competitors will be assigned start positions according to their FIS distance points (ordered by pts) and lastly in the starting field a group for those with no FIS distance points is drawn.

In distance races the following seeding rules applies:

- 25 % of the number of entries in the starting field is seeded.
- The seeded field is divided into two (2) groups, A (50%) and B (50%).
- The seeding always starts with a B-seeded skier, then an A-seeded, etc. A-seeded skiers are placed on an even starting minute.
- The seeded field is complemented by a C-group and a D-group.
- The C group is seeded according to FIS points immediately before the B – A seeded group.
- The D-group contains all skiers without FIS points and the starting order of these are decided by a draw. The D-Group shall usually start first in the competition.

- The jury has the jurisdiction to place the A – B seeded group first in the competition due to i.e. heavy snowfall or other circumstances.

9. Results

All races in the Scandinavian Cup must be live timed via FIS live.

Official results and ranking from every race must be available in FIS data base immediately after the race.

10. Jury and TD

The TD will be appointed from the neighbouring country, i.e. FIN-EST/LAT and SWE-NOR. For events organized in DAN, LTU and ISL the Scandinavian conferences will decide which NSA who appoints the TD.

11. Homologation

The organizer of a Scandinavian Cup event must have homologated courses according to ICR.

12. Temperature limits

For Scandinavian Cup the Scandinavian conference has agreed to use minus 17°C as limit for the jury to cancel a race.

13. Official languages by the organiser

The organiser must use at least English language in addition to the country's own language. This means also the speaker at the stadium and the team captains' meeting.

14. Carrying cost

The organiser should offer accommodation for World Cup prices (maximum 125 €/day full board, double room).

All athletes and leaders have to pay for accommodation and for the valid starting fee.

15. Transport

On request the organiser will offer adequate transport for national teams to acceptable price.

16. Leader bib

After each race a calculation will be done to assign the overall leader of the Scandinavian Cup.

The overall leader will be awarded with the Scandinavian Cup leader bib. The athlete must attend if the organizer has a ceremony to honor the leader and the athlete must wear the bib at the upcoming races as long as she or he is the overall leader of the Scandinavian Cup.

The bib is purchased and distributed by the SWE NSA.

17. Waxing facilities

Sufficient and lockable waxing facilities must be suitable for all national teams (maximum 6+6) without cost. The size of this should be according to the FIS rules.

The OC have to offer one waxing cabin per nation in the Scandinavian region free of charge. If a nation wants more cabins the recommended maximum prize is **600 €* per cabin** for cabin 2-3. 4 cabins or more can be rented to market prizes.

The organizer and the participating nations **MUST** pay attention to this, and book waxing facilities in due time.

** = This is the maximum prize for a cabin; the recommendation is that the organizer try to find cabins with a lower prize. If an organizer only can arrange cabins above the maximum prize the race director must be informed immediately. This information will be forwarded to an expert commission which will decide if the prize is acceptable or not. The expert commission consists of one member of each country mentioned in paragraph 1.*

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