



**27th February – 1<sup>st</sup> March 2026**  
**Open Championship for people with intellectual impairment**  
**ALPINE – CROSS-COUNTRY - SNOWSHOEING**

«Kick The Limits» is an open championship for athletes with an intellectual impairment, and we have the pleasure to invite our friends from Sweden, Finland and Denmark

This is a weekend with competitions in three sports – a meeting place with a high factor of socializing

## KICK THE LIMITS

In March 2026 Kick The Limits is coming «home» to Furutangen, where it all started in 2018  
The collaboration with Norwegian Athletics Sports Federation makes the event to expand with one

### EVENT VENUE:

Furutangen, Fuglåsveien 47, 2460 Osen  
45 km from Rena and 180 km from Gardermoen Airport Oslo  
The Alpin hill and the stadium for cross-country and snowshoeing are in the same area, just a few minutes' walk away.

### ORGANIZING COMMITTEE:

Collaboration between the Norwegian Ski Federation, Norwegian Athletics Sports Federation, and the local clubs, Rena IL and Åslia Skilag.

### COMPETITION PROGRAM:

**Alpine:** Slalom, Giant slalom and Parallel Slalom  
**Cross Country:** sprint, distance race (1,3, 5km) and Relay  
**Snowshoeing:** 100m, and 4x25m relay  
More information about the competition program and classes is on [our website](#)

### ENTRY – Open 27<sup>th</sup> December 2025

The entry has to be sent by email.  
See more information on the [website](#)  
**Deadline for entries:** 1th. February 2026

### ENTRY FEE:

Girls/Boys 13-16 yrs: 130 NOK pr. race  
Junior/Senior: 170 NOK pr race  
To be paid on site at the Race Office  
Participants from foreign countries must ensure that valid insurance is in order.

### ACCOMMODATION – DINING:

All accommodation needs to be booked by the participants themselves:  
Information about cabins for rental in the competition area will be found on our website.

It will be lunch and dinner buffets at the stadium area for all participants.  
Banquet on Saturday evening

More information about accommodation and dining on our [website](#)

### TEAM CAPTAINS MEETING:

Will be held in advance of the competition in the stadium area

### CONTACT INFORMATION BEFORE THE EVENT:

General question can be made by email to [anne.kroken@skiforbundet.no](mailto:anne.kroken@skiforbundet.no)

Question about snowshoes, send an email to: [Runar.Steinstad@friidrett.no](mailto:Runar.Steinstad@friidrett.no)

FOLLOW [THE EVENT's WEBSITE](#) FOR MORE INFORMATION

This page will be updated continuously