



EQUINOR NC Lygna Sprint

2021-01-08



FH Kvinner senior stående Startlist

Jury/Competition management				Data of course			
Technical Delegate	Pettersen Torbjoern Broks			Name of course			
FIS Race Director				Height Difference (HD)			
Assistand Technical Delegate				Maximum climb (MM)			
Assistant TD Nat.				Total Climb (MT)			
Chief of Competition				Laps			
				Laplength			

Startno	Fis code	Name	Team	Nation	Starttime	Gpr	YOB	Fis Points
53	3427678	Vilde Nilsen	Kvaløysletta Skilag	NOR	08:45:00	0	2001	0

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Chief of Competition		Laps	
		Laplength	

Startno	Fis code	Name	Team	Nation	Starttime	Gpr	YOB	Fis Points
54	8420443	Thomas Karbøl Oxaal	Sauda IL	NOR	08:45:15	0	1999	0
55	8420038	Trygve Steinar Toskedal Larsen	Trysilgutten IL	NOR	08:45:30	0	1972	0



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FIS Race Director		Height Difference (HD)	
Assistand Technical Delegate		Maximum climb (MM)	
Assistant TD Nat.		Total Climb (MT)	
Chief of Competition		Laps	
		Laplength	

Startno	Fis code	Name	Team	Nation	Starttime	Gpr	YOB	Fis Points
56	0	Birgit Lovise Røkkum Skarstein	Frol IL	NOR	08:45:45	0	1989	0
57	0	Indira Milena Hopsdal Liseth	Fana IL	NOR	08:46:00	0	1986	0



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FIS Race Director		Height Difference (HD)	
Assistand Technical Delegate		Maximum climb (MM)	
Assistant TD Nat.		Total Climb (MT)	
Chief of Competition		Laps	
		Laplength	

Startno	Fis code	Name	Team	Nation	Starttime	Gpr	YOB	Fis Points
87	0	Andreas Skår Bjørnstad	Svelvik IF	NOR	08:46:15	0	1997	0
88	0	Lars Andresen	Sp.kl. Nessegutten	NOR	08:46:30	0	1968	0

Kvinner senior Startlist

Jury/Competition management		Data of course	
Technical Delegate	Pettersen Torbjørn Broks	Name of course	Lygna Sprint
FIS Race Director		Height Difference (HD)	
Assistand Technical Delegate		Maximum climb (MM)	
Assistant TD Nat.		Total Climb (MT)	
Chief of Competition		Laps	1
		Laplength	1400

Startno	Fis code	Name	Team	Nation	Starttime	Gpr	YOB	Fis Points
1	3426112	Ane Appelkvist Stenseth	Grong IL	NOR	09:00:00		1995	13,58
2	3425365	Maiken Caspersen Falla	Strandbygda IL	NOR	09:00:15		1990	21,14
3	3425381	Anna Svendsen	Tromsø SK	NOR	09:00:30		1990	25,94
4	3426201	Tiril Udnes Weng	Nes Ski	NOR	09:00:45		1996	31,39
5	3426496	Mathilde Skjærdalen Myhrvold	Vind IL	NOR	09:01:00		1998	33,84
6	3426163	Julie Myhre	Byåsen IL	NOR	09:01:15		1996	39,39
7	3425863	Anikken Gjerde Alnæs	Rustad IL	NOR	09:01:30		1994	47,28
8	3426200	Lotta Udnes Weng	Nes Ski	NOR	09:01:45		1996	47,3
9	3425355	Silje Øyre Slind	Oppdal IL	NOR	09:02:00		1988	53,9
10	3425397	Kathrine Rolsted Harsem	IL Varden Meråker	NOR	09:02:15		1989	56,02
11	3426456	Hedda Østberg Amundsen	Asker SK	NOR	09:02:30		1998	68,7
12	3426562	Martine Stina Astrid Engebretsen	Heming, IL	NOR	09:02:45		1998	70,63
13	3426811	Hanne Wilberg Rofstad	Byåsen IL	NOR	09:03:00		2000	77,86
14	3125103	Yilamujiang Dinigeer	Kjelsås IL	CHN	09:03:15		2001	79,03
15	3427109	Helene Marie Fossesholm	Eiker SK	NOR	09:03:30		2001	80,16
16	3426849	Kristin Austgulen Fosnæs	Fossum IF	NOR	09:03:45		2000	83,68
17	3426383	Johanne Hauge Harviken	Strandbygda IL	NOR	09:04:00		1997	84,12
18	3426852	Elena Rise Johnsen	Asker SK	NOR	09:04:15		2000	87,3
19	3425896	Silje Theodorsen	Kvaløysletta Skilag	NOR	09:04:30		1994	91,01
20	3426537	Amalie Honerud Olsen	Mjøndalen IF	NOR	09:04:45		1998	93
21	3426148	Hanne Skulbru	Strindheim IL	NOR	09:05:00		1996	93,69
22	3426650	Tuva Bakkemo	Gjøvik SK	NOR	09:05:15		1999	98,73
23	3426278	Margrete Røssum Dyrhovd	Krødsherad IL	NOR	09:05:30		1993	106,81
24	3426535	Tiril Liverud Knudsen	Konnerud IL	NOR	09:05:45		1998	108,78
25	3426762	Eivor Vestrheim Skjerven	Voss IL	NOR	09:06:00		1999	114,98
26	3426153	Guro Bostad	Strindheim IL	NOR	09:06:15		1996	119,94
27	3535463	Nichole Marie Bathe	Heming, IL	NOR	09:06:30		1995	123,53
28	3426712	Julie Bjervig Drivenes	Lommedalens IL	NOR	09:06:45		1999	123,87
29	3426414	Nora Lian Aarrestad	Sandnes IL	NOR	09:07:00		1997	126,81
30	3426482	Maiken Min Midtskogen	Stor-Elvdal SK	NOR	09:07:15		1998	128,21
31	3426921	Ingrid Andréa Gulbrandsen	Bardufoss og	NOR	09:07:30		2000	129,27
32	3426689	Hanna Kristine Gunlaugsdatter Larsen	Heddal IL	NOR	09:07:45		1999	129,33
33	3426270	Guro Jordheim	Kjelsås IL	NOR	09:08:00		1996	131,68
34	3426356	Julie Victoria Berg	Leksvik IL	NOR	09:08:15		1997	132,27
35	3426046	Caroline Madsen	Konnerud IL	NOR	09:08:30		1995	134,67
36	3426638	Dorthe Ballangrud Seierstad	Raufoss IL	NOR	09:08:45		1999	135,8
37	3427051	Margrethe Wettre Andreassen	Asker SK	NOR	09:09:00		2001	142,4



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38	3425945	Anette Kjellbergvik	Kvaløysletta Skilag	NOR	09:09:15	1994	146,64
39	3426641	Julie Waltenberg	Lyngen/Karnes IL	NOR	09:09:30	1999	148,7
40	3426928	Ronja Håkenstad Evertsen	Øystre Slidre IL	NOR	09:09:45	2000	150,63
41	3427148	Sigrid Leseth Føyen	Kjelsås IL	NOR	09:10:00	2001	152,73
42	3427026	Julie Henriette Arnesen	Konnerud IL	NOR	09:10:15	2001	162,91
43	3426903	Karianne Olsvik Dengerud	Kjelsås IL	NOR	09:10:30	2000	172,83
44	3426375	Gina Flugstad Øistuen	Lyn Ski	NOR	09:10:45	1997	174,02
45	3426376	Susann Sagstuen	Gjøvik SK	NOR	09:11:00	1997	174,19
46	3426444	Alise Einmo	Strindheim IL	NOR	09:11:15	1998	179,24
47	3426524	Synne Arnesen	Tromsø SK	NOR	09:11:30	1998	180,21
48	3426648	Sigrid Stakston	Søre Ål IL	NOR	09:11:45	1999	189,78
49	3426295	Hilde Eide	Øystre Slidre IL	NOR	09:12:00	1996	198,22
50	3426825	Linn Ravndal	Gjesdal IL	NOR	09:12:15	2000	205,79
51	3055136	Katharina Brudermann	IL Varden Meråker	AUT	09:12:30	1999	210,77
52	3427099	Ida Ramstad	Nittedal IL	NOR	09:12:45	2001	224,25

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Assistand Technical Delegate		Maximum climb (MM)	
Assistant TD Nat.		Total Climb (MT)	
Chief of Competition		Laps	1
		Laplength	1600

Startno	Fis code	Name	Team	Nation	Starttime	Gpr	YOB	Fis Points
1	3422819	Johannes Høsflot Klæbo	Byåsen IL	NOR	09:20:00	0	1996	0
2	3422619	Erik Valnes	Bardufoss og	NOR	09:20:15		1996	11,03
3	3421754	Håvard Solås Taugbøl	Lillehammer Skiklub	NOR	09:20:30		1993	18,57
4	3420909	Pål Golberg	Gol IL	NOR	09:20:45		1990	20,09
5	3421164	Sindre Bjørnstad Skar	Bærum's Verk	NOR	09:21:00		1992	21,6
6	3422115	Gjører Holstad Tefre	Førde IL	NOR	09:21:15		1994	24,96
7	3220016	Andrew Travers Cosgrove Young	Bækkelaget's SK	GBR	09:21:30		1992	27,11
8	3421316	Pål Trøan Aune	Steinkjer SK	NOR	09:21:45		1992	27,99
9	3422358	Harald Astrup Arnesen	Heming, IL	NOR	09:22:00		1995	36,05
10	3422161	Kasper Stadaas	Heming, IL	NOR	09:22:15		1994	36,27
11	3423388	Vebjørn Hegdal	Søre Ål IL	NOR	09:22:30		1998	39,7
12	3422477	Even Northug	Strindheim IL	NOR	09:22:45		1995	41,81
13	3420961	Finn-Hågen Krogh	Tverrelvdalen IL	NOR	09:23:00		1990	48,96
14	3423291	Thomas Helland Larsen	Fossum IF	NOR	09:23:15		1998	49,18
15	3421320	Emil Iversen	IL Varden Meråker	NOR	09:23:30		1991	51,49
16	3422992	Sivert Wiig	Gjesdal IL	NOR	09:23:45		1997	55,53
17	3422841	Joachim Aurland	Kjellmyra IL	NOR	09:24:00		1996	56,53
18	3424269	Ansgar Evensen	Vind IL	NOR	09:24:15		2000	56,87
19	3421849	Eirik Mysen	Oseberg Skilag	NOR	09:24:30		1993	57,52
20	3423008	Herman Martens Meyer	Åsen IL	NOR	09:24:45		1997	58,18
21	3423749	Aron Åkre Rysstad	Valle IL	NOR	09:25:00		1999	58,51
22	3423205	Sivert Knotten	Runar, IL	NOR	09:25:15		1997	58,56
23	3423627	Håkon Skaanes	Strindheim IL	NOR	09:25:30		1999	60,27
24	3423006	Amund Hoel	Åsen IL	NOR	09:25:45		1997	60,61
25	3423782	Håvard Moseby	Kjelsås IL	NOR	09:26:00		1999	63,83
26	3423370	Vebjørn Moen	Tverlandet IL	NOR	09:26:15		1998	64,49
27	3423317	Jørgen Lippert	Trøsken IL	NOR	09:26:30		1998	70,82
28	3423303	Håkon Asdøl	IL Jardar	NOR	09:26:45		1998	72,65
29	3423101	Fredrik Helgestad	Hamar SK	NOR	09:27:00		1997	73,68
30	3423298	Patrick Fossum Kristoffersen	Gjerdrum IL	NOR	09:27:15		1998	74,75
31	3423088	Petter Stakston	Søre Ål IL	NOR	09:27:30		1997	74,8
32	3423258	Sondre Skomedal Ramse	Otra IL	NOR	09:27:45		1998	76,47
33	3421655	Gjermund Løfald	Rindal IL	NOR	09:28:00		1993	77,09
34	3423629	Kristoffer Berset	Strindheim IL	NOR	09:28:15		1999	77,58
35	3422004	Erik Lippestad Thorstensen	Røa	NOR	09:28:30		1994	82,33
36	3423482	Simen Myhre	Heming, IL	NOR	09:28:45		1998	83,16
37	3423306	Andreas Finni Magnussen	Lillehammer Skiklub	NOR	09:29:00		1998	86,75

38	3422291	Edvin Kristoffer Frost	Tromsø SK	NOR	09:29:15	1995	87,91
39	3422029	Johan Hoel	Asen IL	NOR	09:29:30	1994	88,27
40	3421939	Kjetil Andre Bjerkheim	Bromma IL	NOR	09:29:45	1993	88,65
41	3423375	Geir Kristian Hoås	Lånke IL	NOR	09:30:00	1998	89,36
42	3423540	Eirik Bergene Aabrekk	Runar, IL	NOR	09:30:15	1998	90,32
43	3422898	Aslak Ole Rognerud Eira	Tverrelvdalen IL	NOR	09:30:30	1996	90,53
44	3422771	Torstein Buan Røvik	IL Varden Meråker	NOR	09:30:45	1996	90,86
45	3421685	Eirik Asdøl	IL Jardar	NOR	09:31:00	1993	91,01
46	3423433	Emil Intelhus Brøto	Gol IL	NOR	09:31:15	1998	95,99
47	3422795	Simen Christopher Bratberg Ramstad	Vind IL	NOR	09:31:30	1996	99,27
48	3530835	Zak Ketterson	USA	USA	09:31:45	1997	99,41
49	3423561	Johannes Bordal	MjøsSki	NOR	09:32:00	1998	99,9
50	3423881	Håvard Hovde	MjøsSki	NOR	09:32:15	1999	103,22
51	3424335	Kristoffer Kvarstad	Hamar SK	NOR	09:32:30	2000	105,58
52	3421645	Lars Ove Aunli	Strindheim IL	NOR	09:32:45	1993	106,07
53	3423896	Vegard Ek Hagen	Lillehammer Skiklub	NOR	09:33:00	1999	107,59
54	3423084	Mårten Soleng Skinstad	Vind IL	NOR	09:33:15	1997	107,89
55	3422942	Vegard Vårheim	Strindheim IL	NOR	09:33:30	1997	109,32
56	3422417	Mikkel Arntsen	Sortland og Omegn	NOR	09:33:45	1995	110,06
57	3390167	Alvar Johannes Alev	Heming, IL	EST	09:34:00	1993	110,53
58	3422986	Jonas Aasbø	Surnadal IL	NOR	09:34:15	1997	110,64
59	3423314	Ole Haldor Ensrud	Strindheim IL	NOR	09:34:30	1998	111,21
60	3250053	Isak Stianson Pedersen	Henning Skilag	ISL	09:34:45	1997	112,19
61	3422669	Kristoffer By Vollset	Klæbu IL	NOR	09:35:00	1996	118,17
62	3423681	Bjørnar Stensrud Tyribakken	Bromma IL	NOR	09:35:15	1999	119,22
63	3424263	Arngrim Sørumsaugen	Gjøvik SK	NOR	09:35:30	2000	120,73
64	3422717	Alexander Løvik Nyheim	Henning Skilag	NOR	09:35:45	1996	120,83
65	3423826	Jan-Henrik Melbø	Bygdø IL	NOR	09:36:00	1999	122,4
66	3423660	Sivert Leander Johansen	Drammens Ballklubb	NOR	09:36:15	1999	122,86
67	3422274	Stian Grastveit	Heming, IL	NOR	09:36:30	1995	130,82
68	3422954	Mats Burud Skjølsvold	Bækkelagets SK	NOR	09:36:45	1997	132,88
69	3424057	Andreas Kirkeng	Idrettslaget Ros	NOR	09:37:00	2000	133,99
70	3422702	Lasse Løvstrøm Aulin	Bækkelagets SK	NOR	09:37:15	1996	136,82
71	3423046	Ole-Jørgen Folkestad	Trøsken IL	NOR	09:37:30	1997	142,61
72	3180565	Heikki Sakari Korpela	Svalbard Turn IL	FIN	09:37:45	1990	145,54
73	3423307	Even Olaus Seeberg	Lillehammer Skiklub	NOR	09:38:00	1998	150,08
74	3423500	Simen Munch Wahl	Bækkelagets SK	NOR	09:38:15	1998	152,19
75	3423628	Gaute Norland	Oppdal IL	NOR	09:38:30	1999	152,63
76	3423402	Kristoffer Liset	Ivrig, IL	NOR	09:38:45	1998	155,38
77	3423087	Ola Nygård Snellingen	Svea Skilag	NOR	09:39:00	1997	156,02
78	3423892	Hans Bernhard Burud	Sande Sportsklubb	NOR	09:39:15	1999	157,57
79	3421882	Vegard Hamnes	Lillehammer Skiklub	NOR	09:39:30	1993	158,9
80	3423833	Vebjørn Weldingh Nilsen	Gulset IF	NOR	09:39:45	1999	160,33
81	3424685	Matz William Jenssen	Njård	NOR	09:40:00	2001	161,26
82	3424121	Fredrik Johnsrud	Oseberg Skilag	NOR	09:40:15	2000	163,07
83	3423932	Hermann Skram Botterud	Bærums Skiklub	NOR	09:40:30	1999	164,8
84	3423884	Lars-Martin Fossgard	Asker SK	NOR	09:40:45	1999	168,23
85	3423843	Anders Lervik	Asker SK	NOR	09:41:00	1999	168,55
86	3422333	Maximilian Von Selchow Bie	Bardufoss og	NOR	09:41:15	1995	183,13