

## K 17 år Official results

Jury/Competition management		Data of course	
Technical Delegate	Smiseth Gunnar	Name of course	Lygna 5 km Red
Assistand Technical Delegate	Anita Østmoe	Height Difference (HD)	59
Assistant TD Nat.	Jorunn Nymo	Maximum climb (MM)	42
Chief of Competition	Terje Nilsen	Total Climb (MT)	142
Codex	2946	Laps	1
		Laplength	5000

Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
1	726	3427623	Ingeborg Østgård	Nansen, IL	NOR	0:14:45,7	00:00,0	126,74
2	715	3427556	Tuva Anine Brusveen-Jensen	Lyn Ski	NOR	0:14:48,9	00:03,2	129,63
3	685	3427522	Maren Halle Haugen	Runar, IL	NOR	0:15:02,9	00:17,2	142,28
4	630	3427619	Andrine Østervold	Fana IL	NOR	0:15:11,5	00:25,8	150,04
5	771	3427525	Ingerid Vadder	Morgedal IL	NOR	0:15:17,6	00:31,9	155,55
6	677	3427651	Julie Jeistad	Lismarka Skilag	NOR	0:15:24,6	00:38,9	161,88
7	655	3427584	Nora Elisabeth Falster	Heming, IL	NOR	0:15:25,0	00:39,3	162,24
8	740	3427666	Mabel Ovedie Herskedal Amundsen	Byaasen Skiklub	NOR	0:15:27,9	00:42,2	164,86
9	751	3427670	Mali Eidnes Bakken	Rindal IL	NOR	0:15:28,9	00:43,2	165,76
9	627	3427466	Thea Johansen	Fet SK	NOR	0:15:28,9	00:43,2	165,76
11	708	3427557	Ingvild Julie Schrøder Brennhovd	Lyn Ski	NOR	0:15:29,3	00:43,6	166,12
12	734	3427497	Maren Hjelmeset Kirkeeide	Markane IL	NOR	0:15:33,4	00:47,7	169,82
13	765	3427559	Nora Sødal Raastad	Lyn Ski	NOR	0:15:34,3	00:48,6	170,64
14	729	3427475	Janne Alseth	Haslum IL	NOR	0:15:37,0	00:51,3	173,08
15	745	8420174	Marie Risvoll Amundsen	Fauske IL Langrenn	NOR	0:15:39,6	00:53,9	175,42
16	676	3427639	Ingeborg Andberg Stenersen	Kvaløysletta Skilag	NOR	0:15:39,8	00:54,1	175,61
17	707	3427664	Mari Eidsmo	Byaasen Skiklub	NOR	0:15:41,7	00:56,0	177,32
17	651	3427460	Marthe Skram Botterud	Bærums Skiklub	NOR	0:15:41,7	00:56,0	177,32
19	632	3427540	Hanne Sløgedal	Il Vindbjart	NOR	0:15:44,1	00:58,4	179,49
20	723	3427471	Henriette Nilssen	Gjelleråsen IF	NOR	0:15:45,0	00:59,3	180,30
21	626	3427606	Solveig Steen Hofstad	Eiker SK	NOR	0:15:49,7	01:04,0	184,55
22	737	3427598	Caroline Westad Embergstrud	IL Skrim	NOR	0:15:49,8	01:04,1	184,64
23	699	3427531	Maria Masovn Haave	Lillehammer Skiklub	NOR	0:15:50,8	01:05,1	185,54
24	757	3427674	Ane Høsflot Klæbo	Byåsen IL	NOR	0:15:56,3	01:10,6	190,51
25	673	3427573	Pia Young Vik	Njård	NOR	0:15:57,1	01:11,4	191,23
26	693	3427521	Nora Sofie Doksrød	Runar, IL	NOR	0:15:58,2	01:12,5	192,22
27	772	3427527	Nora Hegdahl	Steinkjer SK	NOR	0:16:00,4	01:14,7	194,21
28	732	3427530	Lone Lorgen Øvrebust	Stordal IL	NOR	0:16:00,5	01:14,8	194,30
29	674	3427561	Fredrikke Hagen	Lyn Ski	NOR	0:16:01,7	01:16,0	195,39
30	667	3427634	Tone Lise Pedersen	Tromsø SK	NOR	0:16:02,0	01:16,3	195,66
31	639	3427501	Mari Grøtli Svergja	Kvikne IL	NOR	0:16:02,1	01:16,4	195,75
32	641	3427472	Synne Selberg	Gjelleråsen IF	NOR	0:16:04,9	01:19,2	198,28
33	702	3427593	Alma Riiber	Røa IL	NOR	0:16:05,9	01:20,2	199,18
34	718	3427538	Camilla Kjelleberg Netland	Oddersjaa SSK	NOR	0:16:08,2	01:22,5	201,26
35	698	3427574	Ines Aloy-Lislerud	Njård	NOR	0:16:08,3	01:22,6	201,35
36	748	3427526	Camilla Brørs	Beitstad IL	NOR	0:16:10,3	01:24,6	203,15
37	703	3427668	Tuva Henden Grøtte	Utleira IL	NOR	0:16:12,7	01:27,0	205,32



# EQUINOR NC JR Lygna K

Lygna

fre. 10 jan 2020



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Assistand Technical Delegate	Anita Østmoe	Height Difference (HD)	59
Assistant TD Nat.	Jorunn Nymo	Maximum climb (MM)	42
Chief of Competition	Terje Nilsen	Total Climb (MT)	142
Codex	2946	Laps	1
		Laplength	5000

Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
38	719	3427468	Eva Liheim Alfstad	Fossum IF	NOR	0:16:14,6	01:28,9	207,04
39	692	3427588	Rikke Bogdanovski Lorenzen	Røa IL	NOR	0:16:14,8	01:29,1	207,22
40	721	3427555	Tirill Marie Møller Gundersen	Lyn Ski	NOR	0:16:15,1	01:29,4	207,49
41	686	3427604	Gro Torsteinsrud	Fjellet IL	NOR	0:16:15,2	01:29,5	207,58
42	645	3427582	Adele Sofie Aschehoug	Heming, IL	NOR	0:16:15,4	01:29,7	207,76
43	683	3427564	Elisabeth Hekneby	Lyn Ski	NOR	0:16:19,7	01:34,0	211,64
44	666	3427563	Gjendine Eidslott	Lyn Ski	NOR	0:16:19,8	01:34,1	211,73
45	659	3427633	Vilde Sagerup-Nordkild	Kvaløysletta Skilag	NOR	0:16:21,0	01:35,3	212,82
46	661	3427498	Johanne Peroline Norheim	Eidsvold Værks	NOR	0:16:21,2	01:35,5	213,00
47	642	3427461	Marianne Haug	Bjerke IL Ski	NOR	0:16:21,7	01:36,0	213,45
48	704	3427462	Andrea Mohaugen	Bjerke IL Ski	NOR	0:16:21,8	01:36,1	213,54
49	671	3427566	Oda Paulsen Laforce	Rustad IL	NOR	0:16:25,5	01:39,8	216,88
50	652	3427620	Helene Martinsen	Fana IL	NOR	0:16:27,1	01:41,4	218,33
51	725	3427562	Christina Elise Osnes-Ringen	Lyn Ski	NOR	0:16:28,8	01:43,1	219,86
52	688	3427464	Martine Smedsrud	Eidsvold Værks	NOR	0:16:29,3	01:43,6	220,32
53	636	3427572	Regine Ellingsen Gotaas	Njård	NOR	0:16:30,9	01:45,2	221,76
54	747	3427514	Kristine Louise Kvamme	Lillehammer Skiklub	NOR	0:16:33,7	01:48,0	224,29
55	682	3427600	Maren Karlsen Bekkestad	Vikersund IF	NOR	0:16:35,4	01:49,7	225,83
56	712	3427489	Kine Evensen Rye-Holmboe	Oppegård IL	NOR	0:16:37,8	01:52,1	227,99
57	678	3427576	Eline Holter Henriksen	Bækkelagets SK	NOR	0:16:38,5	01:52,8	228,63
58	635	3427523	Hedda Madeleine Gjerstad	Runar, IL	NOR	0:16:40,2	01:54,5	230,16
59	643	3427580	Cecilie Kinne Bjørnstad	Bækkelagets SK	NOR	0:16:41,1	01:55,4	230,97
60	758	3427618	Ingrid Brattabø	Osterøy IL	NOR	0:16:42,1	01:56,4	231,88
61	628	3427541	Frida Haugstad	Kverneland Ski	NOR	0:16:45,6	01:59,9	235,04
62	731	3427458	Martine Ellefsen	Asker SK	NOR	0:16:48,1	02:02,4	237,30
63	657	3427513	Kristina Masovn Haave	Lillehammer Skiklub	NOR	0:16:49,3	02:03,6	238,38
64	637	3427595	Vilma Helena Larsen	Kjelsås IL	NOR	0:16:50,9	02:05,2	239,83
65	689	3427477	Merete Sperstad	Haslum IL	NOR	0:16:52,1	02:06,4	240,91
66	727	3427629	Bertine Haneberg	Haslum IL	NOR	0:16:52,5	02:06,8	241,27
67	752	3427589	Heidi Melhus Høeg	Røa IL	NOR	0:16:52,6	02:06,9	241,36
68	631	3427536	Karen Skjæveland	Bjerkreim IL	NOR	0:16:55,6	02:09,9	244,07
68	705	3427524	Karoline Wergeland Kvestad	Runar, IL	NOR	0:16:55,6	02:09,9	244,07
70	669	3427488	Marie Meinert Rød	Oppegård IL	NOR	0:16:59,4	02:13,7	247,50
71	681	3427499	Vilde Fjorden Ree	Støren Sportsklubb	NOR	0:17:00,1	02:14,4	248,14
72	654	3427655	Viktoria Røvik Kvamvold	Hommelvik IL	NOR	0:17:00,9	02:15,2	248,86
73	672	3427485	Hedda Finne Byrløkken	Nittedal IL	NOR	0:17:01,2	02:15,5	249,13
74	742	3427614	Sofie Torvet	Mjøndalen IF	NOR	0:17:02,5	02:16,8	250,30



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Assistant TD Nat.	Jorunn Nymo	Maximum climb (MM)	42
Chief of Competition	Terje Nilsen	Total Climb (MT)	142
Codex	2946	Laps	1
		Laplength	5000

Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
75	647	3427667	Aurora Aarekol	Vindafjord IL	NOR	0:17:03,8	02:18,1	251,48
76	711	3427547	Emma Bangstad Bergersen	Hamar SK	NOR	0:17:03,9	02:18,2	251,57
77	634	3427545	Ane Hjørungdal Vika	Hjelmeland IL - ski	NOR	0:17:06,8	02:21,1	254,19
78	750	3427660	Elen Kristine Petterson	Ilar, IL	NOR	0:17:07,2	02:21,5	254,55
79	680	3427585	Fredrikke Louise Donberg Nymo	Heming, IL	NOR	0:17:08,0	02:22,3	255,27
80	736	3427638	Katrine Storjord Tovås	Fjell Skilag	NOR	0:17:13,3	02:27,6	260,06
81	764	3427601	Tuva Bratvold Fossen	Vikersund IF	NOR	0:17:14,8	02:29,1	261,41
82	744	3427649	Mathilde Skoglund Østvold	Vang	NOR	0:17:15,7	02:30,0	262,23
83	684	3427506	Ingrid Dragerengen	Raufoss IL	NOR	0:17:15,9	02:30,2	262,41
84	741	3427507	Helena Vesteng	Svea Skilag	NOR	0:17:16,6	02:30,9	263,04
85	660	3427643	Tuva Katrine Pettersen	Melbo IL	NOR	0:17:16,9	02:31,2	263,31
86	730	3427578	Tiril Myrme-Johansen	Bækkelagets SK	NOR	0:17:17,1	02:31,4	263,49
87	664	3427587	Tale Kalberg Aasheim	Røa IL	NOR	0:17:18,5	02:32,8	264,76
88	695	3427610	Tiril Holen	Konnerud IL	NOR	0:17:19,0	02:33,3	265,21
89	640	3427459	Marte Sofia Lier	Asker SK	NOR	0:17:24,6	02:38,9	270,26
90	743	3427484	Lea Sofie Bratland	Nittedal IL	NOR	0:17:24,7	02:39,0	270,36
91	706	3427476	Mia Halvorsen-Røgeberg	Haslum IL	NOR	0:17:27,0	02:41,3	272,43
92	648	3427669	Hedda Nordgård Jakobsen	Hommelvik IL	NOR	0:17:28,9	02:43,2	274,15
93	720	3427528	Kaisa Bergin Holtan	Steinkjer SK	NOR	0:17:37,7	02:52,0	282,10
94	749	3427591	Ida Ludahl Stangeland	Røa IL	NOR	0:17:38,3	02:52,6	282,64
95	665	3427672	Ingrid Mathilde Bjørgum Sagneskar	Valle IL	NOR	0:17:39,4	02:53,7	283,63
95	762	3427490	Thelma Olea Gaarder	Nittedal IL	NOR	0:17:39,4	02:53,7	283,63
97	668	3427622	Bina Randen	Leik, IL	NOR	0:17:41,9	02:56,2	285,89
98	696	3427511	Eline Prestmo	Lillehammer Skiklub	NOR	0:17:43,3	02:57,6	287,16
99	755	3427543	Maja Marie Ottersland Andresen	Imås, IL	NOR	0:17:43,9	02:58,2	287,70
100	769	3427570	Marie Glomnes Rudi	Njård	NOR	0:17:46,6	03:00,9	290,14
101	728	3427575	Kristin Ådland Hansen	Njård	NOR	0:17:48,2	03:02,5	291,58
102	716	3427486	Vilde Martinsen	Nittedal IL	NOR	0:17:51,8	03:06,1	294,83
103	754	3427641	Anna Sofie Andreassen	Fjell Skilag	NOR	0:17:51,9	03:06,2	294,92
104	733	3427673	Kristine Gøbel	Hernes IL	NOR	0:17:54,4	03:08,7	297,18
105	656	3427599	Pia Frodahl Lystad	IL Jardar	NOR	0:18:00,6	03:14,9	302,78
106	658	3427569	Helene Antonsen Eggen	Rustad IL	NOR	0:18:01,3	03:15,6	303,41
107	724	3427590	Johanne Grønlien Gjedrem	Røa IL	NOR	0:18:03,9	03:18,2	305,76
108	633	3427652	Hanne Svanemyr Kjos	Åndalsnes IF	NOR	0:18:04,5	03:18,8	306,30
109	738	3427505	Aurora Normann Andersen	Raufoss IL	NOR	0:18:06,5	03:20,8	308,11
110	756	3427616	Hanna Søgård Evensen	Nordbygda/Løten Ski	NOR	0:18:12,5	03:26,8	313,53
111	768	3427478	Live Johanne Thørud	Lørenskog SK	NOR	0:18:18,0	03:32,3	318,50



# EQUINOR NC JR Lygna K

Lygna

fre. 10 jan 2020



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Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
112	722	3427661	Tuva Sveadalen	Asmarka IL	NOR	0:18:19,6	03:33,9	319,94
113	646	3427533	Helene Skarphol Villadsen	IL Jardar	NOR	0:18:21,7	03:36,0	321,84
114	649	3427553	Eline Bentsen	Vinger IL	NOR	0:18:23,8	03:38,1	323,74
115	697	3427592	Alma Røttingen	Røa IL	NOR	0:18:25,5	03:39,8	325,27
116	710	3427554	Ella Ellingsen Mortensen	KS Ski Lofoten	NOR	0:18:27,0	03:41,3	326,63
117	717	3427539	Ida Roland	Il Vindbjart	NOR	0:18:27,3	03:41,6	326,90
118	767	3427492	Maren Hamre Køber	Jutul IL	NOR	0:18:37,1	03:51,4	335,75
119	650	3427659	Emilie Lindvall Dahle	Sømna IL	NOR	0:18:39,1	03:53,4	337,56
120	675	3427581	Ida Marie Flågen	Heming, IL	NOR	0:18:43,8	03:58,1	341,80
121	735	3427491	Marie Haug Laukeland	Jutul IL	NOR	0:18:46,0	04:00,3	343,79
122	638	3427617	Tiril Lundsveen Flagstad	Vang	NOR	0:18:49,6	04:03,9	347,04
123	687	3427549	Nina Cornelia Kurås Galgum	Vang	NOR	0:18:51,8	04:06,1	349,03
124	766	3427671	Malin Andrea Nilsen Brandtzæg	Båtsfjord	NOR	0:18:52,5	04:06,8	349,66
125	700	3427465	Ragnhild Mathea Helmersen	Fet SK	NOR	0:18:55,2	04:09,5	352,10
126	759	3427456	Sara Engeskaug	MjøsSki	NOR	0:18:55,9	04:10,2	352,73
127	761	3427636	Sarah Michelle Lambertsen	Medkila Skilag	NOR	0:19:10,8	04:25,1	366,19
128	663	3427567	Cornelia Maria Usler	Rustad IL	NOR	0:19:12,0	04:26,3	367,27
129	753	3427568	Henriette Bjørnstøl Berg	Rustad IL	NOR	0:19:15,3	04:29,6	370,25
130	709	3427502	Tuva Gjerdrum Vatland	Stavanger SK	NOR	0:19:18,5	04:32,8	373,14
131	713	3427663	Wilma Camille Iversen	Herkules Ski	NOR	0:19:23,4	04:37,7	377,57
132	629	3427662	Ida Breivik Amundsen	Leirfjord IL	NOR	0:19:24,7	04:39,0	378,74
133	644	3427480	Nora Berg Odden	Lørenskog SK	NOR	0:20:01,5	05:15,8	411,98
134	691	3427529	Julie Strand Aunan	Molde og Omegn IF	NOR	0:20:11,1	05:25,4	420,65
135	701	3427665	Sara Christoffersen	Askim IF	NOR	0:20:17,0	05:31,3	425,98
136	653	3427653	Albertine Thorsteinsen	Vang	NOR	0:20:46,6	06:00,9	452,72
137	662	3427647	Marthe Skoglund Østvold	Vang	NOR	0:24:28,2	09:42,5	652,88
	670	3427542	Carina Due	Kverneland Ski	NOR	DNF		
	746	3427479	Sofie Solberg	Lørenskog SK	NOR	DNF		
	770	3535911	Abigail Winston Smith	Lyn Ski	USA	DNS		
	679	3427640	Amalie Hansen Kristiansen	Kvaløysletta Skilag	NOR	DNS		
	690	3427463	Frida Valeria Fodstad	Eidsvold Værks	NOR	DNS		
	694	3427470	Ida Mørch Myhre	Gjelleråsen IF	NOR	DNS		
	760	3427626	Ingrid Beate Østbyhaug	Tydal IL	NOR	DNS		
	763	3427482	Maja Ellefsrud	Nesodden IF - Ski	NOR	DNS		
	739	3427675	Maja Bostrøm Celius	Byåsen IL	NOR	DNS		
	714	3427535	Marie Vikeså Rekeland	Bjerkreim IL	NOR	DNS		

Number of entered: 147

Number of started: 139

VI STØTTER  
MORGENDAGENS  
HELT

Equinor  
Norgescup