



Rules for FIS Continental Cups - Scandinavia 2011-2012

June 17, 2011

1. General rules

The Scandinavian Cup consists of one series of FIS competitions in Scandinavia (Latvia, Estonia, Finland, Norway and Sweden).

The competition for men and women near WC level.

FIS and responsible Ski Association give informations about the cup.

2. Number of participants

The cup is open for all skiers with FIS license from all nations. All get points who take part. If the race contains juniorclasses or other classes, the Scandinavian Cup should have the best starting time. The last racing day must have an early starting time and evening races shall be avoided.

3. Quota and carrying cost

The organiser should offer accommodation possibilities for World Cup prices (CHF 125/day full board), which the nations can choose.

All athletes and leaders have to pay for accommodation and for the valid starting fee.

4. Final scoring for individuals

All races count in the final scoring.

If at end of all the events, a number of competitors are placed equally within the top six (6) positions in the overall classification, then they shall be placed according to the number of their 1st places, then their 2nd places, 3rd places, etc.

If they cannot be classified by this system, they will each receive the medals corresponding to their placing.

5. Sprint race

At least two of the races will be sprint races. The sprint races will be organised according to the current rules and World Cup practice.

6. Calculation of points

The same points as for World Cup. 30 best get points as follows: 100, 80, 60, 50, 45, 40, 36, 32, 29, 26, 24, 22, 20, 18, 16, 15, 14 and so on.

7. Seedingrules for individuals

The Basis for the seeding and grouping will be at the ICR art 334. In dependence to ICR art 334, the following recommendations are valid for the Scandinavian Cup:

In sprint qualifications the starting order will be according to the FIS sprint points: The athletes with lowest points will have startnumber 1, and so on. Athletes with no FIS sprintpoints but with overall points will start thereafter, and finally athletes with no FIS points (order is drawn).



In mass start races the starting order will be according to the same principles as the sprint qualifications. The order will be based upon the FIS distance points.

In individual races the athletes will be divided into 4 groups:

Group 1, athletes with no FIS-points (order is drawn).

Group 2, 3 and 4 consists of athletes with FIS-points. These 3 groups are equal in size. Group 4 is for the athletes with the lowest FIS-distance points, and group 2 for athletes with the highest FIS-distance points. If there are athletes with only sprintpoints, they will be put into group 2.

The starting order within each group will be drawn. The normal starting order will be group 1-2-3-4.

8. Jury and TD

The TD will be appointed from the neighbouring country, i.e FIN-EST and SWE-NOR

9. FIS-points

The Organizer has to send correct resultlist with FIS code and TD must calculate the penalty. Every Organizer should calculate the FIS points.

10. FIS/IWO rules are valid

11. FIS-Homologation of courses

The organiser should have homologated courses.

12. The winners

The price ceremony will take place immediately after each race.

Each organiser or organising Federation pay money price for each race:

No 1 = **6.000** SEK, - No 2 = **4.000** SEK, - No 3 = **2.000** SEK

The cost is divided 50% from the organiser and 50% from the ski federations.

According to FIS decision the 3 best overall from the nordic countries (men and women) on the final Scandinavian Cup list will start in the WC-races in March outside the national quota. The winner of the Scandinavian Cup also gets costs carried by WC-organiser (as red group). The winner of Scandinavian Cup (or best place athlete from nordic countries) has free place in World Cup in November-December following year.

The current leader of the Scandinavian Cup (best places from nordic countries) before each World Cup period will have free place in World Cup in the following World Cup-period. To calculate the current leader, all races will count.

The overall winner (women and men) will receive a trophy (purchased by NOR) after the last race.

13. Results

Official results and ranking from every race must directly be available on the internet immediately after the race. Norway is responsible for the points list after each race.

Immediately after approval of the Technical Delegate, the Organisers must transmit the official results and penalty calculation as well as combined standing electronically in FIS Data format by e-mail to:

AlpineResults@fisski.ch

Direct Phone concerning FIS points (Judith Lessing) +47 (33) 244 61 05

FIS Office: Phone + 41 (33) 244 61 71



E-mail: lessing@fisski.ch
 Software for FIS format: <ftp://ftp.fisski.ch>

14. Waxing facilities

Sufficient and lockable waxing facilities must be suitable for all national teams (maximum 6+6) without cost. The size of this should be according to the FIS rules. More waxing facilities are to be paid for. The organiser and the participating nations MUST pay attention to this, and book waxing facilities in due time.

15. Official languages by the organiser

The organiser **must use** at least English language in addition to the country's own language. This means also the speaker at the stadium and the team captains' meeting.

16. Transport

On request the organiser will offer adequate transport for national teams to acceptable price.

17. Juniors

Juniors principally start in the senior class, if the number of participants (men) does not exceed 150.

18. Mini-Tours (if organised)

If some of the Scandinavian Cup-weekends are organised as "mini-tours" the following rules are valid:

Each of the **first two or three** races will give 100 points to the winner. If you do not enter a competition, you do not lose points.

To take part at the **final race**, the athlete must have fulfilled the first three races. The 4th race will be handicap start. The finish order in the final race also gives 100 points to the winner.

For the "Tours" we will use bonus system for sprint races, like in World Cup tours. This is to calculate the start times in the handicap start.

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Updated by May 25, 2011

COC Calendar Scandinavian Cup Cross Country 2011-2012:

16. dec FIN	Vuokatti	2,5/3,75 F
17. dec FIN		10/15 C
18. dec FIN		10/15 F
7. jan SWE	Hudiksvall	10/15C
8. jan SWE		Sprint F
20.jan NOR	Nes	10/15F
21.jan NOR		Sprint C
8. feb LAT	Madona	Sprint F
9. feb LAT		15/30 F Mass
11. feb EST	Albu	Sprint C
12. feb EST		10/15 C

Per N.